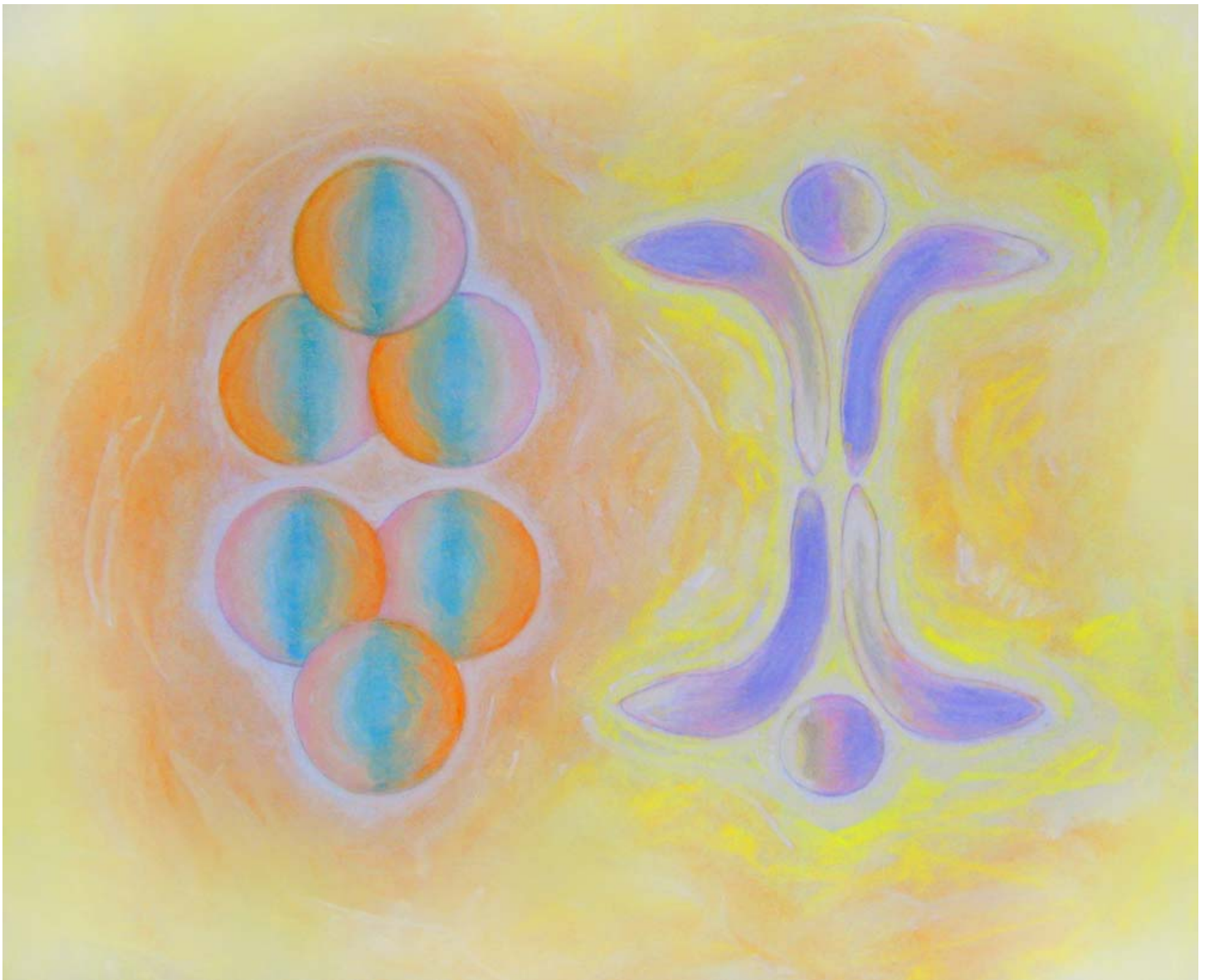


# The Complete Ascension Workbook II

*Mastering Integrity in the Dance of Life*

*The Earth Mother through  
Karen Danrich "Mila" and Thomas Weber "Oa"*





*Cover Artwork by Brigitte Rondeau*

*This workbook is dedicated  
Unto each who is willing to go within  
And look honestly at the patterns playing out  
In one's dance of life  
And choose to understand the unconscious  
And choose to forgive  
And choose to reprogram oneself  
into unity based thought-form  
So that a new life of integrity, honor and peace  
Can be born*

*Namaste  
The Earth Mother*

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*White Pelican by Brigitte Rondeau*

# INTRODUCTION

**The Earth Mother through Karen Danrich "Mila" and Thomas Weber "Oa"  
March 11, 2006**

Dear Beloved Ascending Human,

We begin now another section of the Complete Ascension Workbook. The following chapters shall be devoted to bringing to consciousness the nature of human behavior towards one another. In better understanding the nature of human expression in the current paradigm, one will be better capable of transcending the associated karma to give birth to unity and integrity relations. Unity and integrity relations is founded upon taking personal responsibility for one's own patterning within and karma associated rather than projecting it upon others and then judging, condemning or hating them. For all others are only mirrors of lost parts of oneself; and so in judging, condemning or hating others, one only judges, hates or condemns oneself.

The current human paradigm is not founded upon real love. There is an illusion of love that runs through many spiritual groups that paints an image of what "ideal" love would be like. In ideal love, one would love everyone; everyone would love in return; and all will be good, beautiful, filled with hope, joy and endless love. The reality is that this type of ideal love only occurs if one splits light and dark completely. As there is no density or darkness, there is only the light and a seeming state of endless love. However splitting light and dark does not lead to real ascension "home" to the Great Central Sun dream where light and dark must be amalgamated into a single rainbow of frequencies in order to pass through the final star gate. If anything, creations of only light combust just as readily in the attempt to enter the new dream as those that are only of the dark, as each does not resonate with the new dream where light and dark unify.

Much like trying to press a round peg through a square hole, creations of only light or only dark have the wrong molecular structure to pass through the new dream of the Great Central Sun. The friction created in forcing something that does not naturally flow through to enter nonetheless causes the molecules to combust into billions of bits of matter. This is known as "nova" or "supernova" by current scientists; a creation bursting into billions of bits falling from the dimension above due to a miss-ascent into their own Great Central Sun dream of origin.

This is why there have been so many combust creations at the entry point of the Great Central Sun Dream. The Tao estimates that over 800 creations have combust against the Great Central Sun dream that Terra (Earth) has begun to enter. Terra has learned to integrate her density to enough of a degree that it can be amalgamated into a single set of frequencies thus allowing her entry into the new dream. This too is what each human must accomplish in order to carry on with Terra, and if not in this lifetime, then in the future generations ahead related



unto oneself. There is only a limited time to accomplish this task, and so it is Terra's goal to pinpoint the patterns of discord that cause a split in light and dark in ascension within the chapters to follow. It is only as ascending humans intend to integrate all of their dark patterning that complete ascension can come forth; and it is complete ascension that allows for the continued dissipation of density enough then to amalgamate light and dark and enter the new dream.

## THE NATURE OF SPLITTING LIGHT AND DARK

Splitting light and dark can occur as one focuses upon love and light only. In this type of split that can occur in ascension, the physical has been pressed into the light dream and the unconscious dreamtime self into the dark dream. As the dreamtime self moves into the dark patterning of self, it will have a tendency to make bargains with the dark that do not serve one's continued evolution in the physical. This is how many an initiate in SSOA over time failed in their ascension by creating patterning that caused global harm unto Earth. The darker side set up energetic flow at events that shattered Terra's mountains or the nature kingdoms.

Splitting light and dark can also occur as one moves into the darker side of self in the physical leaving the unconscious dreamtime self in the light. In this circumstance, one may be surrounded by dark entities that wish to destroy oneself, and if one is sensitive, one may feel like committing suicide or ending one's life. This also occurs as those who are dark in the physical also tend to absorb the darkness of others around oneself; and so one carries the darkness of many others and it can become so depressing that one would just rather die or quit ascending.

Sometimes those who become dark in the physical also give the lighter parts of self away. This type of game occurred in many time periods and may involve the Anu who stripped the red nations' peoples of their lightness of being in exchange for the increasing darkness that grew surrounding the Anu due to their lack of settling any karma in a very extended lifetime. The darkness of the Anu often was displaced around entire red tribes to a point that the tribe went into a plague with most dying; or went into war like patterning and chose to battle it out with neighboring tribes or slave nations peoples over resources or location to live.

Later the Anu slave civilization pressed its destructive and dark energies upon the red nations' tribes that surrounded them. The more darkness that was depressed upon the tribes, the easier it was to take over the tribal land for other purposes of a growing slave population. Over time, the red nations' peoples chose to evacuate the land that the Anu slaves lived upon and moved en masse far across the sea to the "new world" or the North American continent. Although the red nations' peoples left the Anu slaves and their darkness behind, the pattern repeated again in many other time periods with those of Anu slaves also moving to "new land". The dance of their original civilization at the time that the Anu were alive then repeated; consuming the red nation land and depositing the Anu slave darkness upon the red nation to a point of warfare and disease.

Those Native Americans that did not die upon the battlefield attempting to defend their land in this cycle often died of many diseases that they were unfamiliar with. Often only 10% to 15% of the tribal members remained following such plagues, leaving the land even more likely to be overrun by those of white slave or Anu inheritance. Therefore there is much karma for each studying these materials and bringing forward ancient red ancestry to settle with the white ancestry within or without to bring an end to the dance of pressing darkness upon one group of humans and lightness upon another.

The Pharaohs of Ancient Egypt also split light and dark in their life extension practices. Entire schools of supposed spiritual study also split light and dark in this time period. The dark was not depressed upon the Mahavihsnu or larger headed humans living upon Pharaoh Island but rather upon the vast tribes of smaller headed red nations folk. The darkness was then used by the armies of the Pharaohs to conquer red nation region after region and then tax the people to exist upon their own land.

Over time Pharaoh Ramen conquered a region that is equated to be the size of continent of Africa in present time. The food and goods acquired through taxation allowed the Mahavihsnu and those supporting the Pharaohs a life of luxury and ease at the expense of the others who lived in poverty. There was not starvation as there is today; as the extremes in wealth and poverty had not been pressed as far as in present time; and so there was always enough provisions for all in this era.

The Sorcerers downunder fell into parallel patterning of the Pharaohs. The two sorcerer schools of Thoth and Merlin each split light and dark. The dark was depressed on other tribes of aboriginals who warred upon one another over territory and resources in this era. Eventually the continued splitting of light and dark left a large dark unconscious dance that pitted the two schools of sorcerers against one another. This is when the dance of turning other humans to stones or into animals in each others school began, along with other psychic type patterning that mutilated the fields of one another. Over time all in Thoth's school died and he retreated in exile into the woods until the end of his life. One could say that Merlin won as a result.

The entire dance of Pharaohs and sorcerers repeated again in Atlantis with those of Pharaoh or sorcerer descent playing out the same patterns of the era past. Much as today, with the development of technology, the power of anything related to the Anu increased and increased due to the increasing electricity harvested by humanity; this inflated false ascent in Atlantis to a degree that there was a collective split in light and dark. The darkness was collectively pressed by the Lemurian people upon those in Atlantis leading to nuclear desecration of the whole. This was only a repeat of the end of the era of the Anu where the collective darkness of the slaves supporting Merduk was pressed upon those slaves supporting Innana until nuclear desecration was the result.

## THE NATURE OF DARK ELECTRICAL DREAMS AND COMBUSTION

It is a dark collective dream that is electrical in nature that will call a dream of nuclear fission or annihilation to the forefront of possibility. Why is this so? As electricity spins in the pyramidal or box shaped energy flow, it spins in the space between inflating this region of domain. This then in turn inflates the dark earth dream wherever such energy flow is occurring; the dark earth dream then catches a dream of destruction as the thought-form is associated with separation and division. Upon human form, destructive dreams are those of war and nuclear annihilation. Nuclear annihilation dreams catch due to the combustion that movement of electrical geometry creates in a magnetic creation; hence the outcome of nuclear destruction in the human dream in many time periods upon Earth.

In the era of the Pharaohs, nuclear annihilation was not possible as there was not the technological development associated. Much like the recent rise and fall of Rome, the Pharaoh era was limited to simple technological mechanisms for warfare as well as human life. In this era, the dream for fission from the movement of electrical geometry was expressed as combustion in the pyramids on the part of spiritual initiates thinking that they were to ascend. The body blew up in a pile of ashes due to internal combustion in a parallel manner to how millions of bodies were turned to dust in the nuclear annihilation of two Anu slave cities; whether the fission occurs internal to self or external to self matters not and results in the same outcome where the cells are blown to bits of dust.

The Pharaohs being half Anu and half Grand Master were prone to confusing life extension with spirituality. The outcome of combustion at the end of their life was the same as the Anu's dream of nuclear annihilation. This was their karma and probably was unknown which is why it recurred with each successive generation from Terra's point of view. Had real ascension occurred, perhaps the karma would have been seen for what it was and forgiven leading to reparation of the consciousness of the Mahavihsnu rather than another fall out of holographic awareness.

## MECHANIZED FIELDS AND TECHNOLOGY

The fall out of holographic awareness underlies why a technology era dream caught in the era of Atlantis as well as present time. The technological era of Atlantis was a reflection of the mechanization of the fields of the Mahavihsnu in particular. As the dark through the unconscious of the Pharaohs took conscious moving energy systems and made them angular machines that were either pyramidal or box shaped in formation in the fields of the Mahavihsnu, the Mahavihsnu fell into mechanized thought-form. The mechanized thought-form was expressed in successive generations associated with Atlantis as a technological era; and the technology itself is a reflection of the devices that replaced holographic thought-form for all of humanity.



For the Mahavihsnu still commanded global thought-form for humanity; it was as they fell into mechanization that humanity then gave birth to the technological era and began to create devices that mimicked the energy movement and flow of the red nations' peoples. Here the red nations' lineages will have to take responsibility for the underlying cause of technology; for although it is true that there is a dream in the remains of the dinosaurs that also holds information on the technology that humanity has developed, this would not have been enough to trigger the development of technology in and of itself. Any dream must also be a reflection of an internal manifestation within the energy flow of the whole. The machines humanity has developed today are a reflection of how consciousness is no longer aware but a machine that runs much as one's computer in the day to day life existence.

As humanity releases the karma for how they have become mechanized, and returns to a fully conscious state of being, the dream for the technology will also disappear from Terra's dream. This will restore consciousness to where it was as the Grand Masters were seeded. Then there can be an expression of ascension beyond to the fourth dimension for the human species that shall repair the other problems and patterns that have occurred in fourth dimensional ascension in the inner earth. For fourth dimensional ascension was far from complete, and hence perhaps why the Reptilians could perceive these humans and choose to rape and blend with them; had the ascension been complete, this probably would not have occurred as the humans would have pressed into a dimension above the Reptilians where they would have been invisible.

Here one can see that as one hosts an incomplete ascension, one inflates a dark dream, and the dark dream may call another species living in a dark dream to come and cohabitate, enslave, rape and brutalize others, as this is the fourth dimensional history in the inner earth. It is not a pretty history but one of torment by another group of humans who are as mechanized and unaware as humanity today upon the surface of the Earth. Because fourth dimensional ascension was mechanized, it inflated mechanized thought-form for the human species. This occurred long before the Anu arrived and long before the era of Atlantis. It is the incomplete fourth dimensional ascensions of the inner earth humans, who relied upon a partially mechanized field to inflate themselves into a fourth dimensional state of being, that created a mechanized dance of energies in the human dream. This then called another human that related to the machines from the Pleiades (the Anu family). It also called the Reptilians who are another slave race that the Pleiadian civilization bred upon another dimension to come and dance with the inner earth fourth dimensional humans.

## RESTORATION OF FULL CONSCIOUSNESS

One can see in this that fourth dimensional humans must de-mechanize their fields as much as the inner earth and outer earth humans if humanity as a whole is going to restore full consciousness. Terra has been extending a hand in to assist the fourth dimensional humans in rectifying their ascensions for some time now; and this too will contribute to the conclusion of the technological era upon the physical plane. This is necessary as the technology now relied upon is discordant to the Great Central Sun Dream and will not be allowed to enter. It will only be as all of the current technology ceases to exist that all molecules of all kingdoms upon Earth will be able to pass through into the new dream. This is coming but may take 50 to 75 years ahead to orchestrate in full.

For those that choose to create communities where electricity is not used, one will prepare those living in such circumstances to be able to enter the new dream much earlier than the remainder of humanity. One will also discover a level of peace in living with each other that may be reminiscent of times in the wilderness and away from current human cities. For as groups of humans voluntarily give up electricity, the ongoing dissonance also at cause of why human relations are generally caustic unto one another will also dissipate leading to greater unity and harmony for all.

This is important also for the birth of incoming ascending children. As children are raised without the interference of electronic devices, they will naturally hold their vibration and ascend into the next level in puberty. This is how more ascending children can master higher levels of vibration in the decades to come as they are born into communities that foster such awakening and evolution. This too is the purpose of creating a non-electrical habitat from Terra's point of view.

What will one do with all the spare time without the technological entertainment to distract oneself? Acoustic musical instruments and singing may be a good evening preoccupation following dinner. Dance and creative expressions of all kinds also are a good outward focus. The Hawaiians understand that music and dance harmonizes the family. It is for this reason that singing and dance are such a strong focus and one will always find musical instruments and "Aunties" willing to hula in Hawaiian gatherings. So this can be for community and it will be in the dance and song that each will also find greater joy together. As one moves physically together in harmony and without stepping on each other's toes; then one will also dance together energetically in parallel.

There will be plenty of "objects" required to sustain community. For those willing to weave fabric and make clothing, mold pottery or other household utensils, or engineer hand moved devices to allow for an easier time in the kitchen or in harvesting food source, each will have plenty to focus upon. The ingenuity associated is not just up to human thought-form; one can also request nature and Earth to look in and find solutions to what appears to be unsolvable as an engineer. This allows co-creativity with Earth beloved and will be as enjoyable unto her as it is to those humans participating in the dance.

There will also be time to focus upon one's inner process of ascension. This too is vital to sustaining harmony of the whole. As each in the community releases karma that would create friction or discord otherwise, then harmony shall be sustained. This will require daily time for meditation and inward focus, and the lack of other distractions will serve also in the internal ascension work required to continue to evolve.

## **SUGGESTIONS FOR THOSE ASCENDING IN THE CURRENT PARADIGM**

For those living in the current paradigm, Terra has many suggestions. Here are a few:

1. *Give the television away so that one is not bombarded with the electrical fantasies and vibrations of antimatter day and night; this will cease then to depress holes in one's molecular structure leading to an easier time ascending and retaining one's health.*
2. *Give away the subscription to the newspaper and magazines that portray greed or violent themes. Instead subscribe to "Earth Mother News", "Herbal Companion" or other resources of information that will be useful unto self healing, community building, gardening and self sustainable practices. Only read fiction with supportive themes or words or positive outcomes that you would like to dream weave to experience in this lifetime. Only listen to vocal music with positive words and thought-form that you would like to manifest.*
3. *Spend time in the kitchen each week preparing food from scratch. Shop at organic markets that are smaller in size or at farmers' markets if at all possible. Check in with your body as to what it requires to support ascension each week and purchase the freshest possible ingredients to prepare the food with. Treat yourself to new pots, pans, cookware and dishes that will make home cooking enjoyable to prepare and serve. Invite your ascending friends over to share in home cooked meals.*
4. *Move yourself and your family to a region that is supportive of ascension. The further from the center of the city that one can go, the more conducive the movement of the energy upon the land will be to one's continued evolution.*
5. *Find or create work that sustains oneself in the country or urban regions that are less populated by too many humans.*
6. *Start an ascending garden and begin to grow and harvest one's own food source. Work with other family members or ascending friends to support and sustain the garden, blessing it each day for your life that the food shall provide.*

7. *Spend time creating that which brings you joy, whether it be music, dance, art, jewelry or some other creative expression. Perhaps this can become another source of income in a more rural region taking advantage of farmers' markets or other fairs to sell your beautiful and homemade goods.*
8. *Spend time in nature each week, visiting the regional parklands each month if possible. Attune to nature and all kingdoms present for an exchange of information and blessings as well as healing and nurturing the physical form.*
9. *Take a bath a night in Epsom salts and some French green clay along with essential oils of preference. This will provide the necessary detoxification to prevent ascending into disease. If you have not a bath, then try to swim and sauna three times per week minimum.*
10. *Spend time meditating and learning to consciously command and move one's field and dream. This is what moving towards full consciousness is all about beloved.*

## SUMMARY

There is much to be explored in the chapters and worksheets ahead. We suggest that you work with all the materials of the Complete Ascension Workbook, part I before moving on to part II. The reason is that the materials build upon themselves in understanding as well as inner focus work. If you skip ahead without working through the earlier materials, there will be holes and gaps that could foster an incomplete ascension rather than a complete one. This does not serve; and so we request that you do not put the cart before the horse or in other terms, skip the inner work offered or skip around the workbook. It is for this reason that we are not offering information contained within each chapter in the table of contents, as this would encourage skipping around the workbook rather than working with each chapter from beginning to end, followed by the worksheet.

Yes the worksheets are time intensive as there is much explored in each chapter worthy of looking inward to better understand one's own genetic state of being and birth nature. If one does not have a solid grasp of one's birth nature, then it is difficult to transmute the patterns internal to self. As one has a solid recognition of who one is and in relation to all others that one has known befriended, married, given birth to, worked for or with, or associated with spiritually, then one understands the karmic patterns of one's life. This is what part I of the workbook is for. As one completes with part I, then one is ready to explore the dance of human relations to a deeper level yet, which is what part II is all about.

Mila and Oa are not accustomed to working with pendulums and therefore have not constructed pendulum charts for the workbook section of these materials. If there is someone in the program that would like to take this on and create pdf charts for the pendulum associated with each worksheet, we would value your contribution and make it available unto others in and outside of the program. There could be compensation for this and so we invite those interested to give consideration to this. We also invite those of foreign language from birth to translate the chapters and worksheets, for your own understanding, and perhaps to share with others in one's homeland.

We leave you with these thoughts  
Namaste  
The Earth Mother





*Bearer of Peace by Gigi Rondeau*

# THE COMPLETE ASCENSION WORKBOOK PART II

## CHAPTER 1

*Transcending Gossip, Judgment, Shame and Unconscious Harm*  
The Earth Mother through Karen Danrich "Mila" and Thomas Weber "Oa"  
March 12, 2006

Dear Beloved Ascending Human,

This first chapter is devoted to patterns that humans have a tendency to move into that causes unconscious harm. From Terra's (Earth's) point of view, gossip and judgment of others points energy from one's own field into the field of another. If there is anger associated, one may also mutilate the field of another unknowingly. As a group gathers and gossips, they can throw blows of harm from the group towards another really causing some major harm or disease to form over time. It is for this reason that initiates should learn not to participate in gossip or judgment by disengaging with the personality entities that desire to express in this manner.

One can see gossip taking hold in the media in a large manner in present time human civilization. Look at all the small newspapers that express gossip about this star or that famous or wealthy one, or show photos of them that are taken without permission and just because they are well known, and possibly showing them in less than a beautiful light or circumstance. This is gossip in the media and what it causes is harm towards the famous one and their fans on the part of groups associated with the media. Often the star themselves does not end up suffering from the harm, but those in the bottom of their pyramid will take on the harm and become diseased or suffer from an accident or other life travesty as a result. Such is the nature of harmful group dynamics between groups.

### WHAT EXACTLY IS GOSSIP?

Gossip is any judgment of another about any attribute that one perceives within them. In speaking about the judgment of another to others, the judgment is inflated and one then engages with the planes of judgment associated with the Kumara's. The planes of the kumara of judgment are an electrical dreamtime plane that elicits shame of all kinds. As one enters the shameful dreamtime, one can throw electrical barbs at others in order to diminish their field; this is how the one who is superior causes the one who is inferior to succumb to diminishing themselves. It is why Mila has offered up the intention to prick the field of the one inflating themselves up in size in order to subordinate oneself. In so doing, one collapses them back to size and ends the entire dance of shame sent towards oneself through intention.

Gossip amongst a group of others causes the group to inflate from the energy of the one judged who gives their energy to the group in order to be in the subordinate position. Therefore groups inflate in parallel to those individuals who

like to be in power, control and in “charge” and in so being, strip others of power and chi to puff the group up. Group gossip can cause groups within the group to inflate itself larger than life and then overrun the leader as well. Mila and Oa have been subject to hundreds of attempted takeovers by former students who no longer are with them; the reason being is that their innate way of being was to overrun the leader through group gossip and create the dynamics necessary to do so. This does not serve unity or building community relations and so the former students were removed from the program by Terra as they were ascending into disunity based patterning.

For those finding themselves in the subordinate position due to group dynamics, whether the group is one's family, friends, workmates, spiritual associations, or any other group one convenes with, one can also prick the puffed up group that is using one's chi to inflate itself; then one can intend to retrieve all chi lost and push one's own field back up in vibration to hold a balanced ascending energy flow. As one does so, groups of any kind will cease to manipulate oneself into the subordinate position.

### **WHAT UNDERLIES DISUNITY BASED PATTERNING?**

From Terra's point of view, the primary cause of disunity amongst humans is diverse patterns of genetic inheritance. If one has DNA from electrical sources as well as magnetic sources in one's inheritance, then one will naturally be in disunity within. In ascension, electrical based DNA can be phased out and magnetic DNA integrated in its place. But some prefer to ascend into increasingly diverse DNA rather than DNA from a common resource that is magnetic. If humans ascend into more electrical DNA than magnetic, what then occurs is increasing disunity based behavior as well as a false ascension.

False ascension occurs as one inflates the space between up and up the dimensions by adding matrixes to the field rather than unifying light and dark within. The matrixes may build a field that appears to be at a very high frequency, but it will be mostly the result of inflation of the space between rather than increasing light and decreasing density. The inflated space between offers a large region of domain that the false gods can work through to interlink humans in pyramidal formations or box shaped formations. The purpose of these formations is to extend the life of the leader and not necessarily to ascend. This is an Anu pattern and comes from ascending into electrical DNA rather than magnetic DNA. As many ascend into electrical DNA, they collectively go into the same patterning as the Anu and their slaves in which those of Anu descent feed off those of slave descent to extend their lives. One will see that in present time, many a guru has fallen into this patterning along with those of fame and fortune.

It is true that there are some inheritances that do not have magnetic DNA for a complete ascension. This is the purpose of the limitations in ascension; to restrain those who do not have magnetic ancestry to a certain level where the false ascent cannot be inflated to a point that it prevents global ascension or the ascent of those with magnetic DNA within the human species. Those of an

electrical inheritance are in the wrong creation and cannot enter the Great Central Sun dream by running non-magnetic adverse geometry. They therefore cannot return “home” with Earth and will conclude their karma through death, returning as a consciousness to another electrical creation where they may be able to ascend home utilizing the patterns and geometry that they do understand.

Those who have magnetic ancestry may also have electrical ancestry. One will therefore desire to be careful about what DNA one does ascend into, and will desire to choose the magnetic DNA over electrical DNA wherever possible. This can become an ongoing intention for each choosing to ascend in this lifetime. The tapestry of ancestry also grows with each significant phase of ascension mastered, providing yet other magnetic DNA to be drawn into the physical to allow for increasing magnetism throughout one’s energy flow as well as biology.

### **WHAT IS MAGNETIC BIOLOGY?**

Magnetic biology translates into blood that uses magnetic energy within minerals rather than electromagnetic energy within minerals to transport nutrients and wastes throughout the system. Electromagnetic minerals tend to carry too much of one substance causing an overabundance of food or waste to accumulate in certain regions of the biology. The overabundance of sugar and oxygen feeds some cells well but deprives others that consequently suffer. The overabundance of waste in a particular region suffocates the cells further that may not be receiving enough nutrients or oxygen. Electromagnetic biology simply leads to disease and decay in ascension and does not serve.

The dolphins and whales have acknowledged that ascending both magnetic and electrical biology does not work as it leads to disease. One must instead transmute the electrical DNA and replace it with magnetic DNA and then a body that retains its health enough to continue to ascend can be made manifest. Mila and Oa will attest to this as the parts of their biology that went cancerous were ascending into an electrical blueprint. As they modified such regions with magnetic blueprints, the region could recover and continue to support their evolution. This is so for each ascending human reading these materials; one will intend to draw magnetic DNA encoding in for each part of the body and replace electrical DNA wherever possible throughout the form.

### **RETAINING HEALTH IN ASCENSION**

By and large, Earth perceives that for those mastering 3000 strands, a 60% magnetic and 40% electrical biology retains health. As one proceeds beyond this, the requirement to transmute the electrical biology into a more greatly magnetic form also increases if disease is to be prevented in the continued ascent. The tapestry of ancestry also increases at this point to 288 lineages from 144, and so one has a vastly larger group of potential red nation or grand master ancestors from which to draw information to anchor magnetic DNA encoding for any electrical region of the biology.



By 4200 strands, 70% magnetic and 30% electrical DNA appears to allow enough regeneration to not ascend into disease. By 5500 strands, 80% magnetic and 20% electrical can still be allowed. However many proceeding to this level may be able to create a 99% magnetic field and physical form; this would be the optimum biology to create that will regenerate 99% of the cells allowing for the greatest health and sensation of being youthful and energized for the continued life dance. So those who have ancestry to allow ascension beyond 3000 may wish to strive to create a 99% magnetic biochemistry and cellular structure as a result.

Magnetic biochemistry hosts magnetic minerals that do not rely upon electricity to latch on or hold on to any substance, or attract one substance towards another, or attract nutrients into the cells or wastes out of the cells. Generally speaking, the salts are the main form of mineral used for attraction along with iron in the blood. Electrical based iron and salt have a slightly different biochemistry than magnetic salt and iron. Often in just modifying a single molecule, a salt or iron formation can be transmuted from electrical to magnetic in nature, offering up a gentler and more efficient form of transportation of nutrients and waste inside the blood stream or lymph as well as in and out of the cells. Therefore focusing upon altering the salts and other minerals such as iron to a magnetic molecular formation is an easy intention that can have vast consequences of better supporting the body in its regeneration and retention of health over time.

## WHAT IS GEOMETRY?

It is the minerals that also create the geometry within the ascending field. Geometry is the energetic flow that is directed in a particular pattern through the minerals in the bones primarily. The minerals in the bones are much like a crystal upon one's altar; they have a particular manner of moving energy that runs either in pyramidal or box flow, or a rotational pattern such as the flower-of-life. Rotational patterning leads to unity based thought-form and a loving expression between humans in a magnetic creation. Therefore, movement towards this type of sacred geometry also creates harmonious relationships between humans.

Electrical DNA in the bones will create electrical formations of pyramids and boxes in the sacred geometry of the field. Electrical geometry also depresses the electrical tones of creation on to the emotional body as well as all other subtle bodies. Electricity sent into a magnetic rotation of subtle body will generate the experience of shame and judgment that is either internal to self (self belittling) or external to self (judgment of others). Many who may have been magnetic in bone structure from birth may have felt ashamed of self or judgmental of others most of one's life. Why is this so? If one is surrounded by many others running electrical pyramidal or box shaped flow, one will consistently have shame sent into one's subtle bodies leading to the experience of shame, judgment, invalidation and often emotional abuse as well.

Those running electrical flow generally perceive themselves as superior to those running magnetic flower based flow. Why is this so? The Anu felt superior to the barbarian red nations' humans who lived in simple dwellings and without



technology. Their feelings of superiority however were really more a reflection of hosting an adverse geometry to a magnetic creation. In the adverse geometry, the electrical tones associated with pyramidal or box shaped flow have a tendency to take chi from those of magnetic flow. As the pyramids puff up and up in size due to the nature of electromagnetism to take chi from magnetic only creations, the natural emotional outcome is "feeling larger than life" or in other terms, having a big ego. This is how the nature of the Anu in living upon Earth altered over time. They became increasingly egotistical due to the continued inflation of their geometry as it took chi from all others upon Earth in their magnetic flow.

Those of large fame today tend to be equally egotistical as the Anu in their time. The cause of this is the same as when the Anu were alive; those on top of the pyramids tend to take chi from all others leading them to believe that they are superior; and as a result of the dance, they too develop large egos. Although this occurs in the setting of great fame, it also occurs in almost any other group experience of the human species. There are always six out of 100 that rise in power to the top of the pyramids or boxes in any group; these individuals tend to inflate themselves "bigger than life" and tend also to have large egos as a result. Six out of 100 are also diminished greatly often falling ill or being exiled from the group in counterbalance. (See Chapter 4 in the "The Complete Ascension Workbook Part I" for a thorough analysis of group roles and dynamics).

## WHAT IS EGO?

Ego is the result of the inflation of the mental and creative bodies to such a degree that they are larger than the entire group energy flow. This is what occurs in small, medium or large fame; the creative and mental bodies inflate to larger than the group in size. As a result, the individuals of fame then channel personality entities that are extremely arrogant and believe themselves to be larger than life in nature. The persona of great fame tends to be the same entities channeled by the Anu themselves when they were alive.

Often those of fame will go from feeling larger than life to feeling like the scum of the earth. Why is this so? This did not occur in the era of the Anu to the Anu themselves; perhaps if it had they would have become more humble and then sought to relate better to one another or their slaves. However, at this time of extremes in polarity, it is difficult to stay in extreme arrogance for too long. Hence, how and why those of great fame often swing between feeling greatly superior to feeling greatly inferior over time. Perhaps from this experience then they choose to drink or use drugs to appease the pain that they are in because of the extreme swings in persona and size of field. For sooner or later, a field so large is going to collapse. To the degree that it had been puffed up and over inflated, it will then collapse to even a smaller size. Hence the feeling of worthlessness that often accompanies fame and was beautifully described in the sharing of Princess Diana following her death.

For performers or those of fame, being in the spotlight will inflate the mental and creative bodies excessively allowing entities of great arrogance or gifts and talents to be channeled for a time. This probably feels good. Then as the event or spotlight ceases, the field collapses back down to size and inverts to be even smaller in counterbalance to the degree of inflation above the normal size of field. Then the negative ego asserts itself to equal degree as the ego. This then calls in extremely belittled personality entities to the dance, leaving the individual feeling deeply ashamed or invalidated. This is especially so for those who feel deeply and have active emotional bodies, such as Princess Diana; for those who do not feel (such as Prince Charles) then the dance is less caustic and they may not understand how or why their wife feels as she does as a result. This of course will lead to a divorce over time as in the above two's circumstance.

All humans have an ego and negative ego. Humans will often inflate themselves larger than size in certain circumstances; and then collapse back in equal amount to smaller in size in yet other circumstances. Perhaps the swing is not to the degree of one of great or medium fame, but it occurs nonetheless; and often with equal discomfort in an emotional sense for those who are sensitive. When one is in ego, one will tend to turn the shame outward causing one to judge others; and this feels better for a time. Then when one swings into the negative ego, the shame will turn inward and now to the degree one judged another, one now judges oneself. Perhaps the self-judgment feels worse; however, the entire game can be released allowing one to move into a dance of unity instead.

## **LEARNING TO RETAIN A STATE OF BALANCE**

In a dance of unity, one retains the same sized field day in and day out; in this is a certain level of balance in which there is stability. The stability creates not the expansive push upward of ego; or the downward sliding associated with the negative ego; but rather sustains a more ongoing state of inner peace. The inner peace comes from maintaining a field size and rotation that is a reflection of one's sincere vibration as an ascending human and not an over inflated or under inflated field. As the field balances out with all chakras remaining the same size and rotating in a syncopated manner to one another and with the Earth's field, with equal weight in the top and bottom (between spirit and matter) and left and right (between the male and female), then one begins to enter a state of unity within.

Unity within does not seek drama and trauma in the dance of life, but rather peaceful relations with others that allow each their unique expression of truth as well as gifts and talents to support the group at hand. It is in the inflation of one field above and beyond all others that then unity is lost because one inflated in ego desires to be "the one" or "the leader" with all others following their truth rather than allowing for the unique expression of truth within each. It is also in the inflation of one field above all others that one ends up expressing the entire dream for the group rather than each member of the group expressing their part in the dance of life.

As of this last year, Earth released from SSOA all that desired to take the entire dream of any endeavor from the group and express it from ego. Those that left were some of the more long-term students who were continuing to run pyramidal flow, pressing themselves upon the top and in so doing, taking the entire dream for consultations or the entire dream for manifesting the art and creativity of the group for themselves. As these individuals departed, the group transitioned into unity movement that is beehive in nature which allows for the unique expression of each member of the group however they wish to express themselves. It was a long hard road to group unity, but SSOA is finally emerging into a flow that allows for unity based group relationships to become the foundation of the continued evolution of the group.

## **STEPPING OUT OF THE BOX OR PYRAMIDAL FLOW**

For each choosing to move towards unity in the dance of life, one will first need to step out of the pyramidal or box like energy flow that perhaps has been a flow that has defined oneself for one's entire life. If one has a tendency to like to be on "top" or the voice of leadership for the group, then one will have to look at how much one may enjoy one's own ego. Ego as well as negative ego must be surrendered to enter a state of unity. However as one surrenders ego, one also surrenders a false truth that is really not who one is anyway. Why is this so? Ego and negative ego is personality based; non-ego is a soul based expression along with ancestral holographic knowing. Non-ego can only come forward in the life expression as ego and negative ego are relinquished.

What is the best way to relinquish ego or negative ego? In Terra's perception, the best solution is to watch oneself incessantly. Watch oneself as one puffs up one's field allowing larger than life entities to merge with oneself and make one feel better than all others. Intend to dismantle the associated thought-form and machines, release the contracts with the persona removing them from the field and integrate the Language of Light movement in its place. Watch also as you swing into opposing patterns or the negative ego and feel like a worthless piece of dirt. Intend to dismantle the associated thought-form and machines, release the contracts with the persona removing them from the field, and integrate the Language of Light movement in its place.

It is as one spins the Language of Light that soul, Terra, nature and ancestors can dance with one's field in lieu of the fractured personality entities that have plagued human history for a very long time. As one learns to channel only soul, nature, the Earth Mother and red nation ancestors, then one will cease to spin up into a larger than life state of ego, or spin down to a smaller than life negative ego experience. As such, one's inner life comes to a greater state of balance and peace, and one also begins to live ones' truth in action rather than being pushed and pulled by the ego and negative ego in the dance of life.

## MAINTAINING A STATE OF INNER PEACE

Maintaining a state of inner peace should become the goal of each reading these materials. Now Terra understands that this is easier than it sounds. In the intention for inner peace, you will come back to the peaceful state again and again as you release each piece of ego and negative ego remaining in your thought-form. This is the purpose of intending inner peace daily. However just as you come to peace within, you are assured to encounter someone that throws you out of balance, as this is the nature of the current paradigm.

Perhaps it will be an encounter that will inflate your ego; and then you will require transmuting this to come back to balance. Or perhaps it will be an encounter with someone really gifted at shaming, and now you feel smaller than a rock and wish to simply go home and hide under the covers for a few days. This encounter was not an accident; it triggered just the next piece of thought-form requiring transmutation to come to peace and balance again within and surrender yet another piece of the negative ego.

## HEALING THE WOUNDED INNER CHILD

It is the inner child that is often triggered in shameful life experiences. For the child was shamed again and again and again, by parents, siblings, neighbors, friends, schoolmates, teachers, and later beloveds, workmates and bosses as well as in-laws and other acquaintances. There can be thousands if not hundreds of thousands of instances of shame recorded in the inner child, teenager and young adult that can be easily triggered in a karmic encounter that is belittling in nature. It is as one goes out into the fractured piece of one's child or teenager that suddenly one feels 8 or 12 or 16 years old again, and just as ashamed as in the moment of a shameful childhood or teenage experience.

Now as an ascending adult you can heal your shamed inner child, teenager or young adult. How does one do so? Well, one begins to erase or to transmute the shame back at the original time that it occurred and to retrieve the fractured pieces of self that shattered in the moment of being ashamed. Then one can bring the part of the child, teenager or adult that was trapped in time and in the moment of the shame into present time, releasing all contracts for the shameful persona that continue to dance with one's field as a result of such experiences. Then as the shameful persona leave the field, one will come back to their center again and find one's truth again.

There are those gifted at pressing one into shame from childhood or teenage years; sometimes this can be a mother or father, or mother-in-law or father-in-law, or a spiritual teacher or friend or sibling or child. Whoever it is that is gifted at putting others in shame also is equally ashamed and has their own moments of guilt and fear just as oneself; for one cannot swing into one side of the ego "bigger than life" patterning without also entering the other side of the negative ego "smaller than life" patterning. So understand that those who shame you are also ashamed, and must learn to heal within just as you are doing if they wish to step

out of the game of shame and blame. In understanding this perhaps it is easier to forgive them rather than holding onto grudges; it is through the forgiveness that then the very interaction can begin to change into one where instead of shame there will be validation and genuine sharing that becomes possible.

Over time, Mila experienced this with her mother who had been one of the most shaming, condescending and invalidating humans Mila had ever known. The more of the persona that Mila released that left her in her negative ego and feeling extremely ashamed, the less patterning was available for her mother to press her into. Eventually all childhood experiences of shame had been erased and replaced with other experiences from other parallel lives of great joy; at this point there was nothing for her mother to relate to of this nature and she turned into a more validating and supportive type of relationship to Mila than ever before.

This occurred after Riza entered the dance and figured out how to heal the inner child experiences permanently. Earth makes this type of healing available for each who is ascending so that one can overcome some very difficult childhood experiences that have left one wounded and therefore unable to release the entire negative ego. As the shameful experiences are erased and replaced with joyful experiences from parallel lives, then all of the negative ego can also be transmuted leading to a new day where shame is no longer a large part of the life experience.

## **THE INNER CHILDREN OF OTHERS**

There are those that like to take their own childhood shameful experiences and attach them on to others. Mila also discovered this as she healed her childhood of shame. Suddenly she would discover the inner children of others who had been shamed and fractured, and then discovered herself going into old patterns of shame and invalidation that she had transmuted and transcended as a result. Sometimes it is difficult to discern if the inner child is all one's own or belongs to another, particularly if one is an "earth mother" or "earth father" type who tends to make others feel safe and secure. Often the inner children of those feeling safe and secure would rather be your children rather than of their own source of origin, and will leave their fields as a result attaching to your field in the dance.

The body may not know the difference between the inner family members of another or oneself; the body will instead simply react founded upon the patterns of shame or ego and negative ego within each inner child, teenager or adult. The inner children of others will bring with them all the patterns of shame that may emulate those patterns that one is working upon or has transcended. Learning to return the inner children of others projected upon oneself (canceling the projection) is one way to return what is not sincerely one's own to process and complete with a particular level of shame based patterning for good.



## ABOUT THE INNER TEENAGER AND SHAME

The inner teenager or young adult may actually host more memories of shame than the child in many a human. The reason for this is that the personality of children is self accepting in nature, and baring some traumatic incident of one type or another such as physical or sexual or emotional abuse, many children grow up in environments where large amounts of shame are not the family control game. As such humans enter the teenage world where many others were vastly shamed by their parents and siblings, now they encounter others who have developed shaming others as a skill to subordinate and control. Now the teenager finds itself not as accepted as they were in childhood due to the dance with others at school.

Teenagers much like the media today that finger points at anyone of fame to shame them will tend to shame each other incessantly to create a pecking order that is hierarchical and pyramidal (or box shaped in the East) in nature. In essence, the childhood personality retracts about age 13 to 14 allowing the adult persona to enter the dance. It is the adult persona that is interested in belittling others to be "on top" or the "very best" or "most popular". Child based persona are not interested in competitive actions; but rather in pleasing others and feeling loved. As long as the adults and teachers around such children respond to their pleasing nature in love, there is no requirement to shame. So it is in the teenage years in particular that those who did not experience shame in childhood get a full experience of the current paradigm of shame and blame.

Most are not the most popular or the very best in their teenage years; however as a result of this thought-form those that succeed at being at the top of the pyramid subordinate others who then may not fair well in school. In Europe, one must pass tests to go on to receive advanced education in the Universities; so this is also in many other countries associated with British colonization. Often the shame of failing the tests leaves those of this nature so ashamed that they never strive to accomplish anything else, even if they develop gifts, skills and talents later on through adult education or their own evolution. This is very sad indeed; however in releasing the shame that the teenager went into in failing their tests, there is an opportunity to construct another childhood memory of passing the tests from a parallel life, and then going on to succeed into the future founded upon a new childhood memory in which shame was not the foundation of the life dance.

There are those in other regions such as Canada and the US who did not experience school testing; however life at school prior to University was based upon popularity, sexual desire and essentially being on top of the fame pyramid. This is the type of schooling that Mila and Oa experienced. Neither of them ever ended up on top of the popularity pyramid. Instead they retracted into their spiritual interests or other mind altering experiences such as drugs. This was particularly true for Oa. Later he left the drugs behind recognizing that they interfered with his capacity to succeed. Eventually Oa found his way through graduate school and into a high paying position as a computer contractor for the government. One could say that he reverse polarized from non-success into

success; and although he created a high income for himself, it still left him less than satisfied and fulfilled. Hence Oa was willing to leave this type of career behind (which was also killing his body and making him ill) to direct SSOA and join Mila in the dance of life.

## ABOUT THE DANCE OF FAME

Popularity only breeds the desire for fame. Fame has become perhaps the largest goal for many humans in the West that vie for higher and higher positions up the corporate ladder; or for the chance opportunity to hit it big through the media; whether it be through television, movies, magazines, books, or spiritual endeavors; or for fame through sports. Fame is not a sign of spiritual mastery; if anything those of famous spiritual backgrounds are really the foundation of false ascension and are used in the unconscious to attempt to prevent global ascension and ascension of humanity alike. They are therefore far from transcending anything or mastering anything other than fame.

Fame is perhaps the biggest ego trip of all. In a state of fame, all underneath oneself in the pyramid or box shaped geometry worships oneself and gives of themselves in chi, dream, energy flow, knowledge, regeneration and life; while all the time taking on one's disease, death, and accident karma. This leaves the famous one having a life of relative ease and those at the bottom of their pyramid having a life of misery in counterbalance.

It is estimated by Terra that for each famous one there are 144 that lead lives of great misery; and 288 that lead lives of medium misery; and 1024 that lead lives of mild misery to suspend the nice dream of fame of the famous one. This was also so in the era of the Anu where so many slaves were sacrificed to extend the Anu lives. The dreams of the slaves were also sacrificed so that the Anu would not experience any form of misery ever. This is such a prevailing game at this time of the height of the Anu energy flow that the group dynamics prevails in almost all human circumstances around the globe.

## FAME AND INHERITANCE

Fame only occurs for those of sincere Anu inheritance in Terra's examination. Even those of medium to small fame in any circle tend to have direct Anu lineage. The lineages of the Anu are to be blocked from ascending beyond 1024-1800 strands due to their tendency to inflate pyramidal thought-form to such an extent that it would carry over into the Grand Master Cycle ahead. This cannot be allowed, as it would delay the cleansing to such a degree that Earth would miss her opportunity to enter the Great Central Sun Dream. Therefore, those of this inheritance are destined to complete their lives through death and settle their karma through polarity reversal.

At this time the polarity has been reversed in full. This means that those at the top of the pyramids will experience being at the bottom; the dance of experiencing the worst possible dream when all that one has known is the best possible dream

cancels the karma for fame created in the given life. This is why many leaders or famous actresses and actors or others of fame in the media may have disastrous life experiences of one sort or another ahead. It is a sign that the polarity has reversed and those of great fame will experience now what they have caused thousands of others to experience – misery and miserable life dreams.

For those that are ascending, desiring fame or choosing a dream that would lead in this direction is in opposition to the intent to evolve. The reason for this is that fame creates cords of attachment that are so great that one cannot fulfill upon the ascent as one will be losing too much chi to continue to build a field and biology that moves up and up in vibration. Mila and Oa have written about this and have blocked their own fame from growing to an extreme. This could have interfered with their ascension if the school had grown excessively and probably caused them to die.

Earth chooses not to grow SSOA any further than needed to map carve; and this is to protect not so much Mila and Oa who exist in the Great Central Sun dream already, but the map carvers from receiving so much attention that they would fail at their task. Therefore, SSOA will always be a small organization, although those reading the site or working with these materials may grow to be larger and larger in numbers over time. This shall foster the map carving of the map followers and is necessary and hence the dream for the growth of those working with the materials but not necessarily involved directly in the school.

Those map carving know that this is one's role and goal and has been one's entire life. One knows this from the inside; and it is not necessary for us to explain; one simply knows. This is the gift of holographic knowing and most in the school have pulled their holographic knowledge forward from birth to fulfill upon the task of

map carving. Each knows within that map carving ascension is one's truth; and in following one's truth one fulfills upon the task. Now the group will learn to fulfill upon this in greater unity, joy and peace than ever before. This is a reflection of the mastery of unity within each; for without internal mastery this would not be possible.

## MASTERING UNITY WITHIN

For those reading these materials, equivalent mastery is possible in one's own dance of life. How does one master

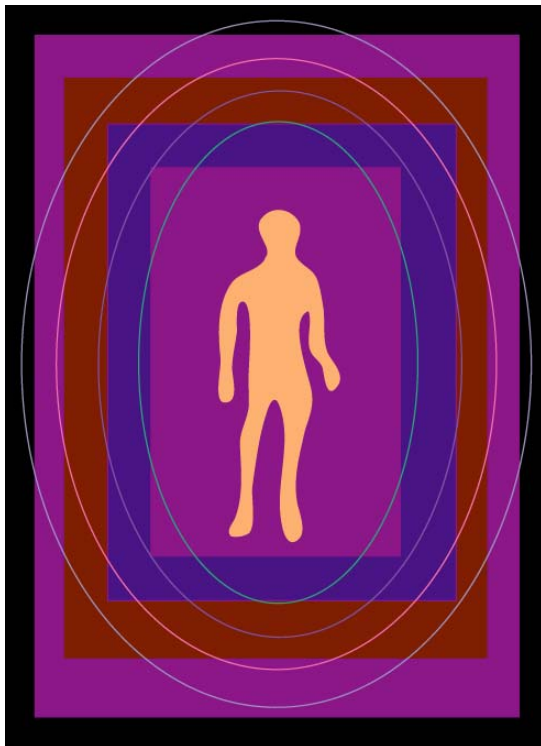
*Synthesized Field Running  
Unity Language of Light  
Sacred Geometry*



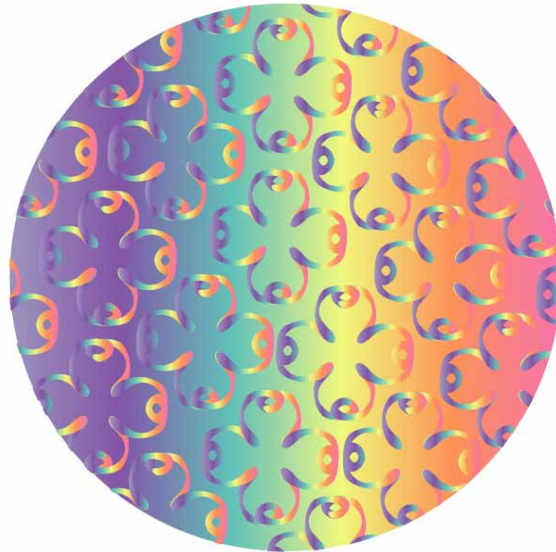
*The Symbols Rotate Creating a Flower of Life Pattern*

unity within? First and foremost, one intends to master the flower of life patterning within and without. What we mean by this is that one learns to run the flower of life in the space between and space without in one's field and etheric body. What does this mean exactly? Well it translates into running the same sacred geometry within the space between and without in the positive lay lines of the field and form.

Due to the interbreeding of electrical and magnetic biology, there is a tendency to split the geometry that is spun within the field into two variant patterns. Generally this occurs as one spins the pyramids or boxes in the space between or negative space of the field; and then spins the flower of life in the positive or space without of the field. The end result is a splitting apart of space within and space without, as the two sides of self do not harmonize with one another. For how can one find harmony within if one's field is split between two variant and discordant patterns?



*Sacred Geometry  
at 15,000 Strands  
Or Mahavishnu Level Attainment*



*The Space Between Becomes Language of Light*

One cannot really and the end result of this type of ascension is greater discord and disunity rather than unity based relations in the human dance.

Therefore an ongoing intention of those who are mastering should be to unify the movement of the space between and space without in the field. In so doing, one will integrate magnetic DNA and encoding that supports this goal, which will in turn allow the space surrounding each cell of the biology to become increasingly permeable to allow toxic gases to pass through rather than collect and create disease in ascension rather than regeneration.

For here lies the crux of the problem of failing to master unity movement in both the space between and space without; one's own physical space between the



cells will not be transmuted into a new genetic blueprint that leads to an ability to detoxify gases through the form. This leads not only to a bloating of field but an overly expanded form that can grow to be overweight; and ultimately create disease in those regions of the biology that are compromised due to a lack of an ability to allow toxic gas to pass through the space between the cells.

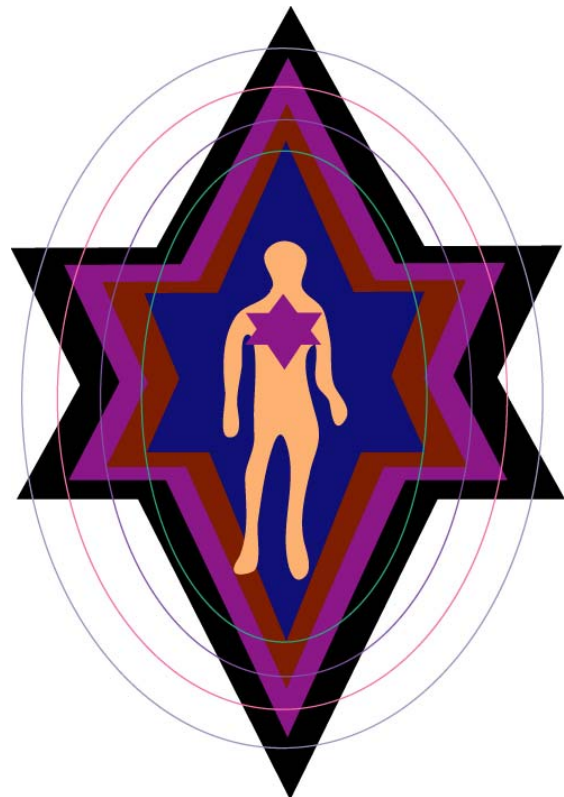
This is a mistake that many an ancestor made; to ascend only the positive side of the biology and not the negative. Long ago the negative space between the cells held a different blueprint that allowed for greater permeability. This genetic encoding was lost over time leading to incomplete ascension; for if one does not ascend all parts of the biology including the space surrounding the cells, then one takes only a part of the body to the next dimension.

What does this cause? Well ultimately Buddha who ascended into a fourth dimension, died. He died less than eight years after arriving to the next dimension. Some may say that he died from boredom, as there were no other humans to relate to. We see in review of his existence that he failed to ascend 30% of his space between and as a result, was missing 30% of this part of his biology; the lack of adequate space between to hold the cells together caused his biology to begin to fall a part and eventually become too diseased to continue to exist. Buddha died under the same Bodhi Tree that he ascended under as a result.

We must learn from our ancestral mistakes and this is why we point out this significant problem. If one does not ascend the entire biology including the space between, one's ancestors will simply die in the fourth dimension. In present time, if one fails to ascend all parts of the form including the space between, one is far more likely to ascend into disease due to the buildup of toxic gases than ascend into a regenerative form that lives to witness the coming times of cleansing and birth of the new age ahead. Therefore it is best to intend a complete ascension by ascending both the space between and space without of the field and etheric body and physical biology alike.

### **HOW SPLIT GEOMETRY CAME TO BE**

The space between exhibits a different geometrical movement of energy flow primarily due to the blending of electrical and magnetic DNA; the electrical DNA calls for pyramidal or box shaped movement; and the magnetic DNA calls for flower of life movement. Over time those who had blended of





electrical and magnetic DNA have learned to spin the boxes or pyramids in the space between or negative energy flow of the field and spin the flower of life in the space without or positive lay lines of the field. This is most prevalent for those who have part Anu slave and part red nation DNA; therefore, the first clearing one will wish to do is erase all DNA that is associated with the Anu slaves and complete upon this part of the tapestry, sealing it in full.

Generally speaking, one completes with all slave nation lineages in the ascent to 3000 strands where one may work seemingly incessantly upon patterns of worthlessness and subordination associated with being enslaved in one's ancestry. As the karma for slavery is completed upon, one enters a new time and a new dance of karma that is more unity based and may be founded upon red nation lineages rather than slave lineages. As one does this, one will pull forward red nation DNA and embody this in lieu of slave DNA in all parts of the biology.

For those who are more indigenous in ancestry, one may not have direct slave lineages per se. However if one hosts many Native American lineages, one will find that one's ancestry was used in the formation of the Anu slaves. Forty percent of the Anu slave DNA came from the Native American Root Race, which was used in the genetic experiments of the Anu and Orions. This is primarily because they lived nearby and were easy for the Anu to prey upon. Therefore, those of Native American root race inheritance will desire to go back in time and release the karma for having one's ancestral karma used to breed another race of slaves. As one intends this so, one can retrieve all the information lost from one's inheritance to those of slave inheritance.

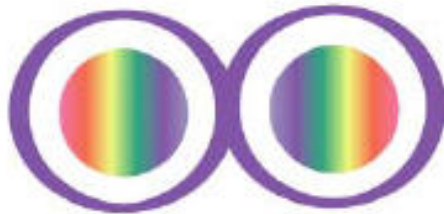
## **EXTREME POLARITY AND FIGURE-8 GEOMETRY**

The Native American Root Race fell from a triple lotus flower of life pattern to a figure-8 pattern. Although when spun up in the field the two patterns look very similar, the figure-8 is less balanced. The figure-8 flow causes the field to wobble like a teeter-totter. One can imagine this if one places the figure-8 upon its side and how one end could be pressed up and the other end down, leading to experiences of extreme polarity in the dance of life. Indeed the Native Americans have experienced extremes in their history due to this pattern of the wobbling figure-8. At the time that the Anu slaves expanded as a culture due to excessive breeding, they overran the natives that lived nearby, throwing them off their land, and hunting them down or creating small wars to assure the Anu slave dominion. Eventually most of the red nations' peoples living near the Anu slaves chose to vacate the continent of Europe altogether. They constructed large boats and sailed to the "new world" or North American continent en mass. This was the result of swinging from one extreme pole of being imprisoned by others of white skin to freedom of a new continent to build their lives upon. The freedom to live from the land peacefully lasted through the last era and fall of Atlantis.

However polarity being what it was, sooner or later the dance has to change or invert. The slave nations' peoples and Anu also chose to vacate the continent of Europe en mass and move to the new world in this era. The result was the same with those of Native American root race losing their land and being overrun by the slaves; and this time there was no new continent to run off unto and inhabit.

Although this is a sad dance, it is the result of losing a part of the sacred geometry originally associated with this root race. As enough ascend with Native American inheritance of either present time or ancient descent and retrieve the lost knowledge to construct the triple lotus in lieu of the figure-8 geometry, the need

*Figure 8 Sacred Geometry  
of current Native American Root Race*



*Triple Lotus Sacred Geometry  
of Ancient Red Root Races*



*Riza's Triple Lotus  
Also the "Consciousness Symbol"  
in the Language of Light*



to polarize into extremes will cease. As such, those of present time Native American inheritance will move increasingly to balance and unity, and in their own ascensions will live to inherit the land as the masses of those of Anu and Anu slave descent die off due to plagues and the inability to evolve in the era ahead.

Most other root races including African, Aboriginal (Australian), South American Indian, Tibetan, and Inuit (Eskimo or Mongolian) have also lost their triple lotus geometry. The only exception is the Polynesian peoples who still run a triple lotus flower of life geometry in their dance, song or other activities such as paddling. For all other root races, the triple lotus fell into the figure-8 geometry after the nuclear annihilation at the end of the era of Atlantis. The Polynesian peoples were spared a further fall perhaps because they were on the opposite side of the world and suffered less radioactive side affects.

Radiation has a tendency to slow a field. As most other root races and indigenous peoples experienced the radiation unleashed as Atlantis was destroyed, the fields slowed enough and collapsed, and the end result was losing a petal off the lotus of the sacred geometry spinning in their individual and collective fields. This in turn

led to movement into extreme polarity for all root races other than the Polynesians thereafter.

In the past few hundred years and in the migration of white peoples to their islands, the Polynesian peoples of Hawaii in particular have experienced a fall. It is estimated by Terra that the Polynesians were the only root race to retain a vibration of 2200 strands and the triple lotus flow following the nuclear winter of Atlantis. This was so up through about the year 1700 as humans currently measure time. Then white peoples began to travel and discovered what Captain Cook called the "Sandwich Islands". The interaction with white people brought a load of diseases that the Hawaiians were unfamiliar with and over a 100-year period, up to 80% of the population died. Leprosy also became prevalent thereafter leading to a large leper colony that developed upon the isle of Molokai.

The real cause of the diseases that the Hawaiians experienced was a fall in consciousness; for the white folk had anchored pyramidal flow and began to strip the Hawaiians of consciousness and DNA. This was a karmic repeat of another time when many white folk immigrated to the Lemurian continent causing a parallel drop in consciousness from 5000 strands to 2200 strands. The development of leprosy is the result of losing an entire limb of grid work in the etheric. Such mutilation of field to an extreme was not known in the era of Atlantis; but has become prevalent since the nuclear winter created at the end of their era. Now those of Anu descent swipe entire limbs in etheric mutilation that will lead to the development of leprosy if left unattended to.

At this time the Polynesian root race is on the repair of their fields and consciousness through collective ascension; many of a direct descent have embodied the 2200 strands that they lost only a few hundred years ago. As such, they are returning to a triple lotus flow as a collective and as such, are retrieving their power from the white nations' peoples. In time, the Polynesian land will revert to those who are Polynesian in inheritance or Hawaiian at heart (hold ancient Polynesian inheritance.) This will restore their land lost to those of wealth and of Anu inheritance that have turned the Polynesian islands into a vacation playground. There will be more written about this in a new section upon the web site "Messages from the Hawaiian Ancestors to the Hawaiian Peoples (or those who are Hawaiian at heart).

## **THE LOSS OF THE TRIPLE LOTUS IN OTHER ROOT RACES**

It is primarily the nuclear annihilation in Atlantis that caused all other root races to descend from a triple lotus to figure-8 in energy flow. This tipped all other root races and the indigenous cultures associated into extreme polarity. In the extremes, many have also lost their land to an emerging white force and way of being that emulates the Anu slave civilization in its height of expression. At this time, few indigenous peoples live freely from the land; most are forced from the land and into the current system of housing and livelihood that is associated with a "white" way of being.

The reason that the Anu thought-form dominates at this time is the result of the Anu cycle that humanity has gone into. The Anu cycle began over 6000 years ago. The rise and fall of Rome was a repeat of the rise and fall of the first era of the Anu culminating in the breaking of the ice shields. The rise of the technological era is a reflection of the second era of the Anu where the slave nations overpopulated their own continent to a point of pushing the red nations' peoples to a new land; or as it has been expressed in the US and Canada, on to reservations or reserves.

The fall into the figure-8 patterning for most other roots races underlies why indigenous tribes have lost their land and way of living that was harmonious with Earth. For the figure-8 geometry will create periods of freedom followed by periods of non-freedom. Now through ascension and as indigenous peoples recover their geometry and move into the triple lotus patterning again, they will also recover their power to determine their own fate and how they wish to live upon the land again. As such, they may throw off the land the white and slave nation descendents who threw the indigenous off their land in the century or so past. One can see the results of this in the drama and trauma in many an African country at this time. Some African countries are overthrowing the white people through force and rebellion at the hands of armed forces who simply evict them and take over their businesses, buildings and land. Although this may be very difficult, it is a reflection of the ascension into greater power on the part of those of African descent.

Other regions that host a large indigenous population may also discover that the red nation way of being begins to dominate again. In Bolivia, the first indigenous prime minister was elected recently. This too is a sign of the recouping of the triple lotus energy flow in the ascent of those of South American Indian inheritance; and it is pressing for another way of being, nationally speaking, in South America. In time, the continued ascent of the people living upon South American soil will retrieve the dreams given away to those living in North American or European soil. This dream retrieval will allow a greater dream of prosperity to reign, and those living in South America will simply find a way to work their way out of poverty due to the retrieval of a dream to do so. This too is a sign of ascension in South America.

## **RETRIEVING THE TRIPLE LOTUS ENERGY FLOW**

The next step for all ascension of those with red nations' inheritance is to retrieve what has been lost this last cycle and in the fall of Atlantis. As red nations' peoples embody the triple lotus in the space between and space without, they will come to greater stability and unity together. From unity, each city, region and country will begin to find a way to support one another without the need to impoverish one nation to enrich another. This will be so upon all continents around the globe over time leading to a new day in which all remaining in physicality and in human form share the resources equitably.



Those ascending to 3000 strands in white form but with ancient red inheritance bring forward their red nation lineages and energy flow as well as biology and embody this through intention. As one moves towards the triple lotus movement in both the space between and space without, one also releases the same karma that those of indigenous origins are releasing; for all red nation lineages experienced loss of land and subordination to those of white inheritance over time. As one completes with all slave inheritance and then moves into karma for one's red nation inheritance, those upon this path will work upon the loss of power, chi, information, and dream to those of Anu, pharaoh or sorcerer descent. Pharaohs and sorcerers were ultimately half Anu and therefore they are all Anu in terms of the games of life extension that play in the unconscious.

Since for most root races other than the Polynesian race the triple lotus flow was lost in the nuclear annihilation of Atlantis, one will need to settle all karma for nuclear holocausts associated in order to retrieve the information necessary to ascend into the triple lotus flow. The ascent from 3000-6000 strands is all about the retrieval of the information necessary to move from a figure-8 magnetic flow to a triple lotus flow that is more stable and less likely to fall into extreme polarity.

Extreme polarity creates trouble for groups as well as community. Extreme polarity will pit one against the other; or press one group into having more and another into having less. The Native Americans fell into this dance in many time periods after their DNA had been used to create the slave nations' peoples on the part of the Anu. Following this in falling into figure-8 flow, the red nations' tribes upon the continent of Europe began to war upon one another over territory and resources when this had never occurred before in their lengthy history upon Earth (30,000 earth years or 120,000 years as humans measure it).

Later the Native American peoples left for a continent or the new world (North American continent) where there was ample space for all and enough for all, and in so doing they moved into the opposite polarity of abundance for a time. However over the course of history, soon the populations of the Native Americans grew and grew across the land of North American and to a point that there was less available for some tribes than others. Once again they fell into warring over territory or hunting grounds between tribes; this occurred long before the white man relocated to the new world. All of this was the result of the movement of the figure-8 geometry, which pressed the Native Americans into times of great abundance and times of lack.

Following the nuclear annihilation of Atlantis, all other indigenous peoples except the Polynesians fell also into the figure-8 flow. This also led to times of abundance and times of lack, and then one tribe warring upon another for resources upon all other continents. In the continued rotation of continents, continents moved into different weather patterns over time. Once the Middle East was in a lush region and filled with trees and waterways; this was so in Ancient Egypt. Now the Middle East experiences great deserts and a lack of rain. So this is so for each continent; they have rotated into regions that have created abundance followed by lack followed by abundance again.



The triple lotus flow upon the land will begin to balance out the elements enough that ample rain can flow in regions that were once deserts; and less rain flow in regions that are rainforests and perhaps receive too much rain. As the weather balances out over time, Earth will return to being green all over, and this will provide amply for all living upon the land, including the animal kingdoms. In so doing, Terra will return to a state of abundance; and this shall be mirrored in all other kingdoms that will have enough; and in humans who will learn to share all global resources with each nation.

## **MASTERING THE TRIPLE LOTUS FLOW**

Earth perceives that it is not how high one evolves in genetic materials that determines figure-8 vs. triple lotus flow as much as releasing the karma for how one's indigenous ancestors lost the added loop of energy movement in the nuclear annihilation of Atlantis. As the karma releases, one will quite naturally retrieve the information necessary to run the triple lotus energy movement, as to begin with one's ancestry may have been no higher than 3000 strands at the time that they lost this flow and fell into the figure-8 movement. Therefore most ascending to 3000 strands and even if one is limited to this level due to a lack of biological information can move into the triple lotus flow through intention to release the karma and retrieve the information to do so, leading to a life of greater unity and peace.

The triple lotus creates a far more stable field than the figure-8 movement. Those running the figure-8 can still vacillate between an overly puffed up field and an overly downsized field leading to experiences of ego and negative ego in the dance of life. The triple lotus in comparison does not have the tendency to over inflate or under inflate; instead the added loop in the geometry creates a stable field that tends to remain in balance over time. It is for this reason that the triple lotus energy flow leads to greater unity within as well as a state of inner peace and truth in action. It is from a state of inner peace and balance that one can then channel soul, ancestors, nature and Earth leading to the self-expression of one's truth in action.

## **DNA ASSOCIATED WITH RED NATION INHERITANCE**

For those proceeding beyond 3000 strands whose intention is to embody 99% magnetic biology in the current life ascent, one must be aware that red nation lineages are not entirely magnetic in their original casting. The only exception is the direct grand master lineages; these tend to be 99% magnetic Sirian DNA in origins. All other root race lineages however were a blending of 80-90% magnetic DNA and 10-20% electrical DNA. One will not wish to embody the electrical portions of the DNA therefore associated with one's red nation inheritance; one will desire instead to instead search out magnetic DNA from another lineage for each part of the biology.

## ANALYSIS OF ROOT RACE DNA (at time of seeding)

**Polynesian Root Race:** 70% Sirian magnetic DNA, 12% Arcturian magnetic DNA, 18% Pleiadian electrical DNA

**North American Indian:** 50% Sirian magnetic DNA, 14% Arcturian magnetic DNA, 24% Albyreon magnetic DNA, and 12% Orion electrical DNA

**South American Indian:** 40% Sirian magnetic DNA, 30% Pleiadian electrical DNA, and 30% Albyreon magnetic DNA

**Inuit/Mongolian:** 50% Sirian magnetic DNA, 20% Albyreon magnetic DNA, 15% Arcturian magnetic DNA and 15% Pleiadian electrical DNA

**Tibetan:** 60% Sirian magnetic DNA, 30% Arcturian magnetic DNA and 10% Pleiadian electrical DNA

**African:** 60% Sirian magnetic DNA, 30% Albyreon magnetic DNA, 5% Pleiadian electrical DNA, and 5% Orion electrical DNA

**Aboriginal (Australia):** 30% Sirian magnetic DNA, 24% Arcturian magnetic DNA, 21% Albyreon magnetic DNA, and 25% electrical Pleiadian

The first goal for those ascending from 3000 strands and up will be to embody magnetic DNA from all red nation or grand master lineages within one's inheritance. However we will also point out that some magnetic DNA is more compatible with the Great Central Sun dream than others. Sirian DNA is the most compatible to the new dream. Therefore, if possible one would desire to anchor Sirian DNA from all red nation and grand master lineages into all parts of the biology. As a second choice and if nothing else is available for a given part of the body, one can anchor Arcturian or Albyreon DNA, Arcturian being more preferable.

Why is this so? Sirian DNA hosts a magnetism that is triple lotus. Arcturian DNA hosts a magnetism that is U shaped with intersecting U's that create a lotus that is almost square but with rounded corners. Albyreon DNA hosts the strongest magnetism and therefore has a tendency to cause a field to become oval rather than round if DNA from this source is used excessively in the ascent. This can cause the field to wobble almost as readily as the figure-8 patterning.

You can learn from the mistakes of your predecessors. Oa ascended into a load of Albyreon DNA in the earlier part of his ascension; later he had to ascend all parts of the biology (which was about 70%) to Sirian and Arcturian blueprints as the Albyreon DNA was making him ill. Later on the Arcturian DNA also had to be purified as well as this too was making him ill in the continued ascent. So you can see in this how future ancestors will continue to purify the DNA again and again each cycle of ascension to be what is most resonant with the Great Central Sun we are returning unto; and the DNA that is most resonant happens to be purely Sirian.

## NEW ELEMENTS THAT CAN EVOLVE

There are also other modifications and changes occurring to the DNA and the entire structure that ascension will make possible ahead. Many of these changes are being stepped down to vibrational bandwidths so that those mastering 3000-6000 strands can embrace new DNA or elements that better support one's boundaries and continued evolution. One of the more recent modifications that Mila and Oa first embodied and is now being stepped down for all ascending humans and kingdoms is an alteration to the elements as a gift from the Tao.

The old elements are incapable of evolving. So much consciousness has been lost that there is little hope of the current elemental system upon Earth to be able to stretch to meet the requirements of an ascending field. Elements that do not stretch leave holes and gaps that then one can easily become manipulated through. Earth is now casting new elements from a new blueprint from the Tao that do not host this problem; they will stretch to meet the requirements of an ascending field.

Here is a description of the new elements available as one attunes to the Temple of Elements in dreamtime. Each may wish to intend to replace the old elements with the new to better support one's ascension from the bottom up.

## CONSCIOUS FIRE ELEMENT

The conscious element of fire acts as a bridge to meld realities so that they dovetail. This better serves in the act of dream weaving where two or more realities of different humans or species must come together and dance. As there is greater melding of dreams through the new fire element, then unity can be born.

Much of the dissonance between humans or between humans and Earth comes from incompatible fire element. Melding electrical and magnetic dreams translates into electrical and magnetic fire elements competing for the job of magic. Magic is an attribute of fire that when added to the dream allows for divine timing between parties as well as divine union. If the two parties are primarily electrical in DNA, then electrical fire will accomplish this goal and the two will resonate in the dance. If the two parties are primarily magnetic in DNA, then magnetic fire will create harmony and unity in the dream.

Alas if one is electrical and the other magnetic, fire cannot create resonance, and often fire competes with itself as to which will dominate, electrical or magnetic. Electricity dominates in this Anu based cycle leaving those with magnetic DNA out of sync within the pyramidal system. In being out of sync, then one ends up on the bottom where one is stripped or receives the difficult dreams of struggle, poverty or disease or war. As the dream returns to a magnetic dance of energies, those of electrical nature will find themselves out of sync in return. Then the polarity may

reverse and those who were at the bottom and running magnetic geometry will experience being on top for a time; and then the pyramids will fade altogether leaving only a unity based magnetic dream remaining.

It may take 25 to 50 years to orchestrate this shift in full, but Earth is coming to understand what requires to be shifted inside the human dream in order for a magnetic dream to take hold for humanity. Much of the struggle is really about how to disband pyramidal energy flow enough that magnetic flow can begin to dominate. This is the purpose of the new element of fire; to cease to compete with electrical fire altogether and weave a new dream that is magnetic and allows for ascension and the birth of a new reality for ascending humans.

### **CONSCIOUS SMOKE ELEMENT**

Conscious smoke element will allow for the pressing out of one's field the radiation that tends to slow down the chakra system. This may make it easier for ascending humans to live in the density of your suburbs yet continue to move up in vibration and evolve. Conscious smoke element will also evenly distribute itself throughout the field so that it can assist in clearing the karmic contracts or patterns that are held in the chakra, subtle body and dreamtime self regions of domain.

### **CONSCIOUS WATER ELEMENT**

The element of water is necessary to the transmutation process known as erasure. Erasure is a function of the lavender tones of creation (structure and divine union) and allows for karmic contracts, machines, entities and electrical based thought-form to be erased in the act of transcendence. Holes and gaps in the water element lead to incomplete ascension as not all karma or patterning is released in any given level of ascent. The new water element is designed to assist in a thorough act of forgiveness and a thorough erasure of all karma, thought-form and patterning at each level of ascent to assure complete ascension.

### **CONSCIOUS VAPOR ELEMENT**

Conscious vapor element will assist in the proper lubrication of the ascending field by going wherever it is in lack, and ceasing to gather in certain places to excess within the field. This will assist the field in spinning with greater ease and in balance.

## **CONSCIOUS AIR ELEMENT**

The element of air allows enough space between molecules so that they can spin, as well as cells throughout the etheric body. Sometimes there is too large a gap between molecules or cells and this gap allows the dark or false gods to puff themselves up and overrun a field. Sometimes there is too little space between molecules and they cannot spin properly leading to distortion or too much heat in a given region. Conscious air element will assist in finding just the right space between each molecule and cell for continued evolution and health.

## **CONSCIOUS ETHER ELEMENT**

The ether element assures that there is enough space between dreams so that each may spin a sovereign field and yet collaborate in the dance of life. The current air element often creates too little space and then dreams run together and become confused. One ends up manifesting one's neighbor's dreams as a result, particularly those living in the density of the city. The new element of ether will allow dreams to remain separate enough that one will manifest what one intends.

## **CONSCIOUS EARTH ELEMENT**

The element of earth allows for the proper density of form to remain grounded upon the physical plane as well as ascend. As many know, one may expand in ascension due to increasing earth element so that one has enough strength and fortitude to lift through one's patterning. Conscious earth element will assist each in finding just the right weight and size to ascend. If one is too large and tends to attract earth element of others, one will lose the earth element and come down in size. If one has too little earth element giving it always unto others, then one will retrieve and retain one's element and move up in size.

## **CONSCIOUS LAVA ELEMENT**

Lava element allows for proper pressure within the field and size of chakras to retain one's boundaries in any given day. If one has too little lava element, then boundaries do not hold, as the chakras are too thin to foster the separation of ones' field from the fields of all others. If one has too much lava element, then one's field can become overly puffed and spin too slow. Conscious lava much like conscious water element will cause an even distribution of itself in order to allow for a more greatly balanced field and smoother rotation of all moving energy systems.



## HOW THE ELEMENTS WORK TOGETHER

Forgiveness requires the element of fire to first burn off the karma so that the rest of the patterning associated can be transmuted. The new conscious fire and smoke elements will do a complete job of burning off karma as well as returning karma that is not one's own to its source of origin. Then the new conscious elements of water and vapor will create the right level of tones to erase the ashes and other patterning in the field for a more complete transmutation of one's thought-form. The new elements of air and ether will create just the right amount of space within that the field can spin up more greatly but remain balanced in the act of transmutation to burn off the patterning at hand. The conscious elements of earth and lava will allow just the right size of field and form for an efficient process of transmutation.

We invite each to attune to the new Temple of Conscious Elements and begin to replace the old elements with the new in dreamtime. As each group gathers for Intensives or Conclave, there will be a meditation to replace the elements that will be more powerful than one can invoke upon one's own; and this will allow for a more thorough shift upon an elemental level for all gathering this year in this program. This is the purpose of these gatherings; to foster a more rapid pace of evolution.

## NEW DNA FOR THE SPACE BETWEEN

The space between is also receiving a new modified blueprint to allow for ancient information from the dimensions above of human life to be anchored into the third dimension in the now. The blueprint is for a space between that hosts the same magnetic triple lotus pattern that the space without also hosts. However even perhaps more importantly, the new blueprint hosts new DNA that provides a transcription in which the space between the cells can become increasingly permeable so that gases that are toxic and noxious to the body can simply pass through the skin. In so doing, one does not require sending noxious gases out the intestines leading to great flatulence; or out the lungs leading to bad breath. (See the article from the Amethyst Mineral Kingdom for special blessings for the space between.)

Up until the space between the cells is modified, flatulence and bad breath are almost the norm for most humans, even those who are ascending. Some associate bad breath with "ketosis". Ketosis is the process through which the body converts fat to sugar to feed the biology; indeed a very noxious gas releases in the process that will cause bad breath. The reason for this is that the lungs are the major organ that releases noxious gases until the space between is modified in the ascent.

One of the gifts of this is that one is less likely to have bad breath when the modification is complete into the physical of the space between the cells; the gases may however produce body odors that were not prevalent before. One will know that the gases are passing easily through the skin as tiny bubbles gather upon the skin as one bathes. The more gases that form during one's bath, the more permeable the space between the cells have become.

As one ascends to an increasingly higher vibration, physical toxins in the molecular structure of the biology are simply burnt off through the fire element emanating from the molecular structure much as one burns off density with the kundahlini. In so doing, a more efficient manner of detoxifying emerges the higher one climbs in frequency. This allows one to clear many toxic substances as a gas without the requirement to send them as a solid or liquid through the blood to the waste management systems of the form. As the transmutation of toxins becomes more efficient, the healthier the form will become through continued evolution. The permeable space between in the new genetic blueprint offered allows the gases to pass straight through the skin rather than collecting for passage through the lungs.

## **CLEARING SPACE BETWEEN ATTACHMENTS AND EXCHANGES**

The new blueprint for the space between will require the clearing of space between attachments. Many in their ascent to date have cleared attachments between the positive lay lines of the etheric body to other people, places, pets, plants and possessions in the dance of life. It is easier to detect space without attachment as it generally causes pain in the etheric body that feels physical when it is ready to be released. It is for this reason that most will release this attachment as the body remains in pain otherwise.

Space between attachments exist in a region of domain that is generally numb to feeling. However engorged space between can cause body pain the further that one ascends due to a lack of chi moving down the lay lines in a given part of the etheric body. Puffed up space between can become like a wedge in the grid work where no chi passes through. As one releases the wedge and reweaves the grid work to allow for movement of energy, the pain subsides.

The space between is like a giant soup that all humans connect to one another or the land within. Most who are sensitive feel their way around the world through the space between. Although this is one way to discern whether another or a particular region feels comfortable or not, the reality is that this is one region of domain that ascending humans can be heavily manipulated through. Therefore, the new blueprint shall allow for a sovereign space between that no longer connects to others through this region of domain. This ultimately shall lead to a greater sense of inner peace wherever one is and whomever one is with in the moment.

Sometimes initiates exchange space between with one another. Such exchanges may go back to early childhood where one desired to fit in or feel as though one belongs. In the unconscious desire to belong, one bartered a way a part of one's space between with one's parents, siblings and later as one went to school, classmates and teachers. The dance of exchanging space between continues into present time with beloveds, partners, friends, workmates and bosses or spiritual associations as well.

Exchanged space between causes another problem that we shall address; and that is one of agreement. All patterns that occur in one's field are founded upon agreement. If one has the space between of another that one has exchanged with, then one will be subject to their life agreements and karma. Some also take on karma of the one that they exchanged space between with and stuff the karma into this region of domain. If the stuffing of karma or records occurs in the space between to a great extent, it can cause the body to grow excessively into an overweight form.

Those of the tendency to hold on to karma or records of others in the space between tend to be of "record keeper" descent. For most of the history of humanity, there has been little attempt to keep accurate records. Much like the dolphins and whales, humans have learned to store records of their life experiences or the experiences of others in the space between so that they would not be lost. Although this was a necessary pattern perhaps in ancient times, now there are holographic temples to hold all records and one does not require keeping records within one's own form.

Therefore, in addition to undoing exchanges with all others in the space between, Earth is advising that each return all records and karma stored therein to the healing temples for ascension where the records and karma will be added to the karmic archives if they are not already known. In this way, one will contribute to the record keeping of the whole without compromising one's own size and ultimately health. An overly large form is subject to its own problems in terms of regeneration; for the more cells that one has the more cells have to be regenerated. Therefore coming to just the right size is the best for the overall health and well being of the continued life of each ascending human.

Space between exchanges also lead to potential manipulation unto one's field that would not occur if such exchanges are undone, and one retrieves all the space between that is one's own; the manipulations could occur due to agreements of another becoming active in the field through the shared space between. As all space between that belongs to another is released and all space between that belongs unto oneself retrieved, this region of domain can be recast and the agreements of others no longer will affect one's field. One will also create a sovereign space between in so doing.

The space between is really the void from which one weaves one's dream. As the space between is exchanged with others, it is equivalent to giving the possibility for one's dreams to another and taking on the possibility of the dreams of another. In sorting out the space between, one will no longer exchange the void with another, leaving one more sovereign in one's own dream weaving. As such, one is more likely to intend a particular dream and then live to experience it rather than experiencing another manifesting one's heart's desire in lieu of oneself.

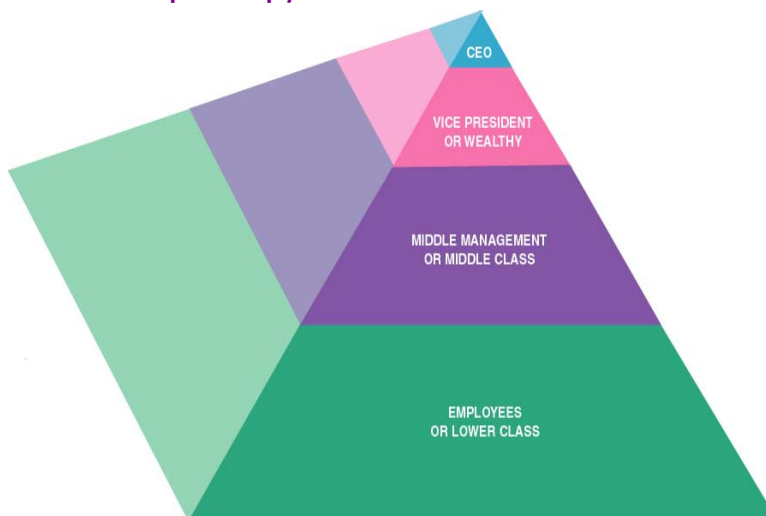
## PYRAMIDS AND BOX SHAPED GEOMETRY AND THE SPACE BETWEEN

Pyramids and box geometry will spin in the space between of the chakra system and subtle body system or dreamtime light body self. The reason that this type of geometry spins in this region of domain has to do with DNA

transcription that hosts electrical encoding. The electrical DNA transcription then forms boxes or triangles and pyramids inside the space between of the greater auric field. As the electrical DNA is erased

and replaced with magnetic encoding, then one will embrace a parallel flower of life patterning in the space between of the auric field as to that which one spins in the space without. Then one will cease to split between two patterns in the field and enter a deeper level of unity within.

Pyramids and boxes can share sides with others. This is how one participates in the box shaped or pyramidal flow with others. Much like a condominium in which



walls are shared, pyramidal walls and box walls are also shared in association with all others who are in the same pyramid or box as oneself. Sometimes walls of pyramids or boxes are also exchanged with others. If this is so, one may not be able to collapse the box or pyramid without it recreating itself within one's field repeatedly.

Therefore, pulling back all sides of all pyramids or boxes that are one's own and giving back all sides of all pyramids and boxes that are not one's own will allow one to collapse the geometry and not have it recreate itself.

Generally geometry recreates itself due to an exchange with another who shares a side or wall of the pyramid or box. Therefore if this occurs repeatedly, one will now know how to separate by retrieving the entire pyramid or box that has one's own signature upon it; then one will be able to break all agreements to participate in the dance and collapse the pyramids and boxes for good. However in order for this to work, one must also erase all DNA that is at cause of the formation of the pyramid or box and replace it with magnetic DNA that hosts a rotational pattern in the space between.

## SUMMARY

Spinning of boxes and pyramids in the space between of all humans individually and collectively elicits shame, blame, judgment and a lack of acceptance of all others. It is also the dance of shame and blame upon an international level that leads to war of one country towards another. Only as humans move collectively to spinning a rotational pattern as a whole will human civilization move towards peace and unity. As enough ascend into rotational patterning, they will pull the remainder of humanity into a new dream that is unity based. As this occurs humanity as a whole will move towards honor, love, and peaceful regional and international relations. This is the hope and dream of Earth for the human species.

That which spins electrical geometry in the space between will not make it through the boundaries of the new dream of the Great Central Sun. Much like trying to force a round peg through a square hole, those spinning electrical patterning will move further and further away from the Earth Mother's energy flow the further that she enters the sun's dream. As this occurs, those spinning electrical geometry will begin to combust from the inside out in their own molecular structure and become diseased. This will cause the times of cleansing ahead where any species including the human species, dolphins and whales, plants animals or minerals that cannot come into alignment with the rotational holographic movement of the Great Central Sun shall cease to exist in the physical.

We remind each reading these materials that life does not cease to exist in death; life carries on as does ancestral consciousness for the human species. Those humans from other creations in genetic origins will return to their creation of origin as a consciousness. There they will carry on and will provide the lessons learned here upon Earth to their own creation of origin. Perhaps in the long haul this will allow more creations to ascend rather than fall to extinction. In so being, it is in the greatest interests of the whole of all creations that exist that those of foreign DNA return home to share of their experiences here upon Earth. Perhaps if this had been orchestrated in another creation other than Earth, there would



not have been the eight billion creations gone extinct upon the third dimension over time.

Those ascending into rotational thought-form and patterning today will contribute to your species greatly. Earth shall work with each capable of mastering triple lotus patterning in one's field in both the space between and space without. The more adults that accomplish his goal, the stronger the rotational energy flow will be; and this is required to support the incoming ascending children of tomorrow. Therefore, we invite you to intend to embody magnetic only DNA preferably from Sirian sources, and the triple lotus magnetic energy flow in all parts of the field, including the space between and the space without.

We leave you with these thoughts. Until our next communication,

Namaste

The Earth Mother

# CHAPTER 1 WORKSHEET

## *Transcending Gossip, Judgment, Shame and Unconscious Harm*

The Earth Mother through Karen Danrich "Mila" and Thomas Weber "Oa"

March 22, 2006

### QUESTIONS FROM THE MATERIALS

<p><b>1. Who have I judged and gossiped about in this lifetime?</b> <i>Use another worksheet if need be so that each that you participated in judgment and gossip about can be acknowledged. Intend to absolutely forgive yourself and each upon your list.</i></p> <p><i>I intend to forgive myself for gossiping and judging others with each upon my list.</i></p> <p><i>I intend to forgive the dance of gossip and judgment between our ancestors.</i></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend to cease to participate in the game of judgment and the gossip that is associated.</i></p> <p><i>I acknowledge that everything I judge in another is really a pattern within myself that is expressed upon a parallel plane of reality that I simultaneously exist upon as well as my inner male and female.</i></p> <p><i>I intend to forgive myself upon the parallel plane for being just as the ones I judge.</i></p> <p><i>I intend to forgive my inner male and female for the mirror that the one I judge presents.</i></p> <p><i>I intend to integrate those parallel lives I can that express opposite patterning to my physical expression so that I can come to the middle ground of thought-form associated with the Language of Light.</i></p> <p><i>I intend to return the power and chi I have stripped from others that I have gossiped over and diminished over time.</i></p>
<p><b>NOTES</b></p>	

<p><b>2. Who has tended to judge and gossip about me in this lifetime?</b></p> <p><i>I intend to forgive each upon my list who has gossiped and judged me.</i></p> <p><i>I intend to forgive the dance of judgment and gossip between our ancestors.</i></p> <p><b>What herbs, minerals or Language of Light tones would be useful to assist in releasing the judgment recorded in the field and form?</b></p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I forgive those who have judged some attribute within me in this lifetime. I understand that whatever trait I exhibit that they dislike is really a pattern that they also possess upon a parallel plane and within their inner male or female and therefore they only judge themselves.</i></p> <p><i>I forgive those who have gossiped about me over time.</i></p> <p><i>I intend to retrieve my power and energy given to the gossip of others about me.</i></p> <p><i>I intend to cease to allow others to diminish me in any manner through individual or group gossip.</i></p> <p><i>I intend to release all karma with between my ancestry and the ancestry of all others for gossip and inflation of field that is associated.</i></p>
<p><b>NOTES</b></p>	

<p><b>3. Who have I inflated myself in relation unto, puffing myself up into a position of power and dominion?</b></p> <p><i>I intend to forgive myself for inflating myself into a position of power with each individual upon my list.</i></p> <p><i>I forgive the dance of dominion and subordination between our ancestors throughout time and space and form.</i></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend to cease to puff myself off the chi and power of another. I intend to return all chi and power to those that I have taken it from over time.</i></p> <p><i>I intend to hold a balanced field that sustains the same size and pace of rotation at all times, expanding upwards only as I ascend to the next vibrational threshold.</i></p>
<p><b>4. Who has inflated themselves into a position of power over me by taking my chi and power away?</b></p> <p><i>I intend to forgive each upon my list for inflating themselves into dominion and power.</i></p> <p><i>I intend to forgive the dance of master and slave between our ancestors throughout time and space and form.</i></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend to cease to allow another to puff themselves up from my chi and power. I retrieve all chi and power for those who have puffed themselves up over time at my expense.</i></p> <p><i>I intend to release all karma between my ancestry and the ancestry of all others for giving chi to another so that they can puff themselves up into a position of dominion and authority.</i></p> <p><i>I intend absolute forgiveness of all ancestors upon all dimensions that played the game of dominion and subordination or master and slave by taking chi and power from others.</i></p>

<p><b>5. Who have I shamed in this lifetime?</b></p> <p><i>I intend to forgive myself for shaming each upon my list in the dance of life.</i></p> <p><i>I intend to forgive the dance of shame between our ancestors.</i></p> <p><b>What herbs, minerals or Language of Light tones would be useful to assist in releasing my need to shame in order to control others?</b></p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend to cease to participate in the game of shame.</i></p> <p><i>I intend to cease to rely upon electrical energy flow to manipulate another into feeling ashamed so that I can unconsciously control them and dominate.</i></p> <p><i>I intend to unconditionally accept all others in the dance of life.</i></p> <p><i>I intend to release all personality entities that participate in the game of shaming others so that I feel better about myself.</i></p> <p><i>I intend to release all karma in my ancestry for the game of shame.</i></p>
<p><b>NOTES</b></p>	



<p><b>6. Who has shamed me in this lifetime?</b></p> <p><i>I intend to forgive each individual that has shamed me in this lifetime upon this list.</i></p> <p><i>I intend to forgive the dance of shame between our ancestors.</i></p> <p><b>What herbs, minerals or Language of Light tones would be useful to assist in releasing the shame recorded in the field and form?</b></p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend to cease to allow others to put me into a state of shame.</i></p> <p><i>I intend to cease to allow the electrical energy of others to be depressed upon my emotional body sending me into a state of contraction of field and shame. I intend to bend the electrical energy back to its source of origins.</i></p> <p><i>I intend to absolutely forgive the dance of shame throughout my ancestry.</i></p> <p><i>I forgive the Anu for bringing an electrical energy flow to earth that created shame in the exchange of energies in the experience of my red nation ancestors.</i></p> <p><i>I forgive the Anu for blending red nation and Pleiadian DNA to create a slave race that was inherently ashamed due to magnetic and electrical biology.</i></p> <p><i>I intend to release all personality entities that cause me to sit in a state of shame within.</i></p> <p><i>I intend unconditional acceptance of myself in all circumstances in the dance of life.</i></p> <p><i>I intend to develop a state of communion with body, soul and Earth that leaves me in a position of self acceptance and absolute knowing of the next steps upon my path.</i></p> <p><i>I intend to channel ancestors, soul, nature and Earth in lieu of fractured personality entities.</i></p>
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## LANGUAGE OF LIGHT

### Herbs and Minerals

 <p><b>1. Forgiveness</b>  Herb: Echinacea Purpurea  Mineral: Rodocroschite  Polarity Thoughts:  <b>Never Begrudges - Begrudges</b></p>	 <p><b>2. Structure</b>  Herb: Saw Pаметto  Mineral: Amethyst  Polarity Thoughts:  <b>Stubborn - Acquiesces</b></p>
 <p><b>3. Power</b>  Herb: Ginger  Mineral: Amber  Polarity Thoughts:  <b>Helpful - Helpless</b></p>	 <p><b>4. Compassion</b>  Herb: Chamomile  Mineral: Aventurine  Polarity Thoughts:  <b>Loves/Accepts - Hates/Rejects</b></p>
 <p><b>5. Breath of Life</b>  Herb: Feverfew  Mineral: Yellow Calcite  Polarity Thoughts:  <b>Creates - Destroys</b></p>	 <p><b>6. Non-Conditional Love</b>  Herb: Nettle  Mineral: Hematite  Polarity Thoughts:  <b>Praises - Invalidates</b></p>
 <p><b>7. Freedom</b>  Herb: Lobelia  Mineral: Citrine  Polarity Thoughts:  <b>Master - Slave</b></p>	 <p><b>8. Divine Union</b>  Herb: Evening Primrose  Mineral: Vesuvianite  Polarity Thoughts:  <b>Male - Female</b></p>
 <p><b>9. Unity</b>  Herb: Angelica  Mineral: Rose Quartz  Polarity Thoughts:  <b>Positive - Negative</b></p>	 <p><b>10. Non-Conditional Governance</b>  Herb: Lady's Mantle  Mineral: Tiger's Eye or Rutilated Quartz  Polarity Thoughts:  <b>Dominates - Subordinates</b></p>
 <p><b>11. Jurisdiction</b>  Herb: Red Clover  Mineral: Moonstone  Polarity Thoughts:  <b>Rules - Is Ruled</b></p>	 <p><b>12. Hope</b>  Herb: Skullcap  Mineral: Pyrite  Polarity Thoughts:  <b>Success - Failure</b></p>
 <p><b>13. Peace</b>  Herb: Chaparelle  Mineral: Chrysicolla  Polarity Thoughts:  <b>Harmonious - Discordant</b></p>	 <p><b>14. Abundance</b>  Herb: Comfrey  Mineral: Topaz  Polarity Thoughts:  <b>Greed - Poverty</b></p>
 <p><b>15. Prosperity</b>  Herb: Urva Ursi  Mineral: Argonite  Polarity Thoughts:  <b>Give - Receive</b></p>	 <p><b>16. Magnitude</b>  Herb: Yarrow  Mineral: Sodalite  Polarity Thoughts:  <b>Whole - Fractured</b></p>

	<b>17. Intuition</b> Herb: Horse Chestnut Mineral: Dolomite Polarity Thoughts: <b>Connected - Separated Off</b>		<b>18. Function</b> Herb: Osha Mineral: Iolite Polarity Thoughts: <b>Controls - Surrenders</b>
	<b>19. Perseverance</b> Herb: Vitex Mineral: Danburite Polarity Thoughts: <b>Manipulates - Manipulated</b>		<b>20. Stealth</b> Herb: Astragalus Mineral: Aquamarine Polarity Thoughts: <b>Expands - Contracts</b>
	<b>21. Consciousness</b> Herb: Devil's Claw Mineral: Celestine Polarity Thoughts: <b>Animate - Disanimate</b>		<b>22. Internal</b> Herb: Bloodroot Mineral: Sugilite Polarity Thoughts: <b>Active - Passive</b>
	<b>23. External</b> Herb: Oregon Grape Root Mineral: Ruby Polarity Thoughts: <b>Expressed - Unspoken</b>		<b>24. Oneness</b> Herb: Lady Slipper Mineral: Watermelon Tourmaline Polarity Thoughts: <b>Separate - Together</b>
	<b>25. Truth</b> Herb: Corydalis Mineral: Jasper Polarity Thoughts: <b>Experienced - Novice</b>		<b>26. Action</b> Herb: Blue Cohosh Mineral: Apophyllite Polarity Thoughts: <b>Responsible - Irresponsible</b>
	<b>27. Fluidity</b> Herb: Aloe Vera Mineral: Annabergite Polarity Thoughts: <b>Expects - Conforms</b>		<b>28. Purpose</b> Herb: Shepherds Purse Mineral: Lorimar Polarity Thoughts: <b>Aligned - Misaligned</b>
	<b>29. Integrity</b> Herb: Burdock Mineral: Andesine Polarity Thoughts: <b>Sabotage - Sabotaged</b>		<b>30. Balance</b> Herb: Milk Thistle Mineral: Graphite Polarity Thoughts: <b>Greater - Lesser</b>
	<b>31. Honor</b> Herb: Chickweed Mineral: Emerald Polarity Thoughts: <b>Abuses - Abused</b>		<b>32. Dream</b> Herb: Horsetail Mineral: Gold Polarity Thoughts: <b>Past - Future</b>
	<b>33. Illusion</b> Herb: Poke Root Mineral: Kyanite Polarity Thoughts: <b>Real - Fantasy</b>		<b>34. Passion</b> Herb: Passion Flower Mineral: Kunzite Polarity Thoughts: <b>Movement - Stagnation</b>

	<b>35. Creativity</b> Herb: Mother's Wort (Bell Wort) Mineral: Herkimer Polarity Thoughts: <b>Excitement - Boredom</b>		<b>36. Sexual Energy</b> Herb: Wild Yam Mineral: Lepidolite Polarity Thoughts: <b>Relishes/Savors - Denies</b>
	<b>37. Friendship</b> Herb: Cascara Sagrada Mineral: Peridot Polarity Thoughts: <b>Relationship - Loneliness</b>		<b>38. Communion</b> Herb: Sorrell Mineral: Sapphire Polarity Thoughts: <b>Agitates - Pacifies</b>
	<b>39. Dance of Life</b> Herb: Valerian Root Mineral: Clear Quartz Polarity Thoughts: <b>Friends - Enemies</b>		<b>40. Community</b> Herb: Black Cohosh Mineral: Desert Rose Polarity Thoughts: <b>In Group - Out Group</b>
	<b>41. Honesty</b> Herb: Alum Root (Alumstone) Mineral: Titanium Polarity Thoughts: <b>Deceives - Deceived</b>		<b>42. Communication</b> Herb: Hops Mineral: Rhodoizite Polarity Thoughts: <b>Understands - Confused</b>
	<b>43. Unseen Worlds</b> Herb: Cramp Bark Mineral: Obsidian Polarity Thoughts: <b>Alive - Dead</b>		<b>44. Unspoken Worlds</b> Herb: Datura Mineral: Gypsum Polarity Thoughts: <b>Conscious - Non-Conscious</b>
	<b>45. Underwater Worlds</b> Herb: Flax Mineral: Celestite Polarity Thoughts: <b>Known - Unknown</b>		<b>46. Worlds upon the Land</b> Herb: Echinacea Mineral: Turquoise Polarity Thoughts: <b>Perceived - Unperceived</b>
	<b>47. Human Species</b> Herb: Golden Seal Mineral: Rutile Polarity Thoughts: <b>Guru - Disciple</b>		<b>48. God Goddess All That Is</b> Herb: St. John's Wort Mineral: Diamond Polarity Thoughts: <b>Blind Trust - Distrust</b>

**What Language of Light Tones would assist me in transcending judgment and shame and the planes of shame in the dance of life?**

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**What herbs would assist me in releasing the emotional scarring of shame from this lifetime or my within my ancestry?**

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**What minerals would assist me in releasing the shamful persona to build a system for channeling the ancestors. soul, the Earth Mother and nature in their place?**

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## ASSESSING EGO AND NEGATIVE EGO

<p><b>1. Who do I know that inflates the ego to a point of overrunning the group, pressing for the role of fame or leadership in group dynamics?</b></p> <p><i>I intend to forgive each upon my list for holding fame patterning.</i></p> <p><i>I intend to cease to give these individuals my chi, dream or power in the dance of life.</i></p> <p><i>I intend to forgive the dance of fame between our ancestors.</i></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend to conclude with the dance of fame in this lifetime.</i></p> <p><i>I intend to relate to each in the group from unity and equality.</i></p> <p><i>I intend to cease to empower the one who believes themselves better than all the rest out of ego.</i></p> <p><i>I intend to cease to give my dream or creativity to those of fame so that I can manifest my intentions and dream in the dance of life.</i></p>
<p><b>2. What is the archetypal nature of those I have known who desire to rise to positions of fame or leadership in the group dynamics?</b></p> <p><i>I intend to release karma with each archetypal nature prone to fame that I have known in this lifetime.</i></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p>

<p><b>3. What groups have I associated with that I have desired to rise to the position of power and leadership in the group?</b></p> <p><i>I intend to forgive myself and my ego for desiring to be empowered over and above others.</i></p>	<p>Group 1 _____</p> <p>Group 2 _____</p> <p>Group 3 _____</p> <p><i>I intend to release the personality entities of my ego and transmute all thought-form and patterning associated with the desire for fame or power.</i></p> <p><i>I intend to cease to inflate my field from the chi of others to feel better in the moment and yet causing an equivalent level of contraction of field in counterbalance at a later time.</i></p> <p><i>I intend to create a stable field that is a reflection of my ascension and level of mastery to date.</i></p> <p><i>I intend to cease to swing between ego and negative ego in the dance of life.</i></p>
<p><b>4. What individuals do I know that cause me to contract into my negative ego, leading me to feel smaller than life?</b></p> <p><i>I intend to forgive each individual that causes me to retract into my negative ego.</i></p> <p><i>I intend to cease to contract my field for any other.</i></p> <p><i>I intend to forgive the dance of negative ego and ego between our ancestors.</i></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend to complete with the dance of ego and negative ego in the dance of life.</i></p> <p><i>I intend to cease to give so much of my chi away that I contract into a space where personality that feels badly about itself enters my field causing me to feel ashamed and small as well as powerless.</i></p> <p><i>I intend to hold a stable sized field throughout the day and night that is a reflection of my level of mastery in ascension. I intend to complete with all personality entities and learn to channel ancestors, soul, nature and Eearth in their place.</i></p>

<p><b>5. What are the ancestries and archetypal natures of those who press me into my negative ego?</b></p> <p><i>I intend to forgive the archetypal natures that cause me to spiral into my negative ego.</i></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p>
<p><b>6. What individuals do I know that cause me to inflate into my ego, leading me to feel larger than life?</b></p> <p><i>I intend to forgive each upon my list for inflating my ego.</i></p> <p><i>I intend to cease to use their chi to feel better about myself.</i></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p><i>I intend to complete with the dance of ego and negative ego in the dance of life.</i></p> <p><i>I intend to cease to take chi from others to puff my ego up into feeling larger than life.</i></p> <p><i>I intend to hold a solid field size on an ongoing basis that is a reflection of my level of mastery in ascension.</i></p> <p><i>I intend to relate to others in unity and equality.</i></p> <p><i>I intend that all others have an opportunity to share of their gifts and talents in the dance of life.</i></p> <p><i>I intend to embrace group dynamics founded upon unity and equality.</i></p>

<p><b>7. What are the ancestries and archetypal nature of those who press me into my ego?</b>  <i>(See chapters 1 and 3 in the Complete Ascension Workbook part 1 for a thorough analysis of archetypes).</i></p> <p><i>I intend to forgive the archetypal natures that cause me to spiral into my ego.</i></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p>
<p><b>8. What herbs and Language of Light tones would be useful to the transcendence of the ego and negative ego?</b></p>	<p>_____</p> <p>_____</p> <p>_____</p>
<p><b>9. What minerals would be useful to learning to retain a balanced field that does not over inflate creating the ego or contract creating the negative ego experiences?</b></p>	<p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>
<p><b>NOTES</b></p>	

<p><b>10. What percentage of any given day do I channel personality entities associated with the ego?</b></p> <p>% _____</p>	<p><i>I intend to release the dance of ego and negative ego in full in my ascension this lifetime.</i></p> <p><i>I intend to release all agreements to channel personality entities that are fractured and in vibrations that are harmful to myself or others.</i></p>
<p><b>11. What percentage of any given day do I channel personality entities associated with the negative ego?</b></p> <p>% _____</p>	<p><i>I intend to create a new form of channeling that is associated with holographic knowledge.</i></p> <p><i>I intend to open to holographic knowledge and energy flow this lifetime.</i></p> <p><i>I intend to channel only those red nation ancestors that are helpful to my evolutionary fulfillment.</i></p>
<p><b>12. What percentage of any given day do I channel my red nation ancestors?</b></p> <p>% _____</p>	<p><i>I intend to bring forward those ancestors that have something to express through me that will contribute to my life experience and the experience of the dance of unity in group dynamics.</i></p> <p><i>I intend to bring forward those ancestors who have creative capabilities that I would like to express in this lifetime.</i></p>
<p><b>13. What percentage of any given day do I channel the nature kingdoms?</b></p> <p>% _____</p>	<p><i>I intend to channel nature for the guidance and wisdom that can be offered that will serve my understanding of the spiritual lessons in my path of ascension.</i></p> <p><i>I intend to commune and channel the Earth Mother for her wisdom, guidance and love.</i></p>
<p><b>14. What percentage of any given day do I channel the Earth Mother?</b></p> <p>% _____</p>	<p><i>I intend to channel my over-soul to understand all the complexities of the spiritual lessons that my evolution fosters.</i></p> <p><i>I intend to work with the Earth Mother in world service to anchor the light earth dream for all to be supported in their ascensions through.</i></p>
<p><b>15. What percentage of any given day do I channel my over soul?</b></p> <p>% _____</p>	<p><i>I intend to take time in nature each week and month of ascension to foster the communion with earth that I am seeking to co-create.</i></p>



## HEALING THE INNER FAMILY

### Negative Ego and Shame

Question	Inner Male Child	Inner Female Child
<b>1. What ages of the inner child experienced a fracturing due to shame?</b>  <i>I intend to release all traumas from shame in my childhood.</i>  <i>I intend to erase all experiences of shame in my childhood in full.</i>  <i>I intend to replace the memories of shame with those of validation and love from parallel life childhood experiences.</i>  <i>I intend to forgive my parents or other adults or friends who shamed me as a child.</i>  <i>I intend to forgive my child for shaming others in the dance of life with family, friends or at school.</i>  <i>I intend to heal the shame so that a new dance of unity can emerge within my inner family.</i>	<div style="display: flex; justify-content: space-between;"> <div>             ___ Age 0-1 ___ Age 1-2 ___ Age 2-3 ___ Age 3-4 ___ Age 4-5 ___ Age 5-6           </div> <div>             ___ Age 6-7 ___ Age 7-8 ___ Age 8-9 ___ Age 9-10 ___ Age 10-11 ___ Age 11-12           </div> </div> <i>I intend to retrieve all parts of my inner male child at all age ranges.</i>  <i>I intend to release and erase the trauma of shame recorded at the above ages within my inner male child.</i>  <i>I intend to retrieve all fractured pieces of my inner male child that shattered due to shameful past experiences.</i>  <i>I intend to send these pieces of my inner male child to the aurora and my healing temples for recasting and integration.</i>  <i>I intend to erase the shameful experiences and replace them with experiences where my inner male child felt nurtured from parallel lives of fewer struggles.</i>	<div style="display: flex; justify-content: space-between;"> <div>             ___ Age 0-1 ___ Age 1-2 ___ Age 2-3 ___ Age 3-4 ___ Age 4-5 ___ Age 5-6           </div> <div>             ___ Age 6-7 ___ Age 7-8 ___ Age 8-9 ___ Age 9-10 ___ Age 10-11 ___ Age 11-12           </div> </div> <i>I intend to retrieve all parts of my inner female child at all age ranges.</i>  <i>I intend to release and erase the trauma of shame recorded at the above ages within my inner female child.</i>  <i>I intend to retrieve all fractured pieces of my inner female child that shattered due to shameful past experiences.</i>  <i>I intend to send these pieces of my inner female child to the aurora and my healing temples for recasting and integration.</i>  <i>I intend to erase the shameful experiences and replace them with experiences where my inner female child felt nurtured from parallel lives of fewer struggles.</i>
<b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner child of shame?</b>  <hr/>		

Question	Inner Male Teenager	Inner Female Teenager
<b>2. What ages of the inner teenager experienced a fracturing due to shame?</b>	<div> <div> <div>___ Age 12-13</div> <div>___ Age 13-14</div> <div>___ Age 14-15</div> <div>___ Age 15-16</div> </div> <div> <div>___ Age 16-17</div> <div>___ Age 17-18</div> <div>___ Age 18-19</div> <div>___ Age 19-20</div> </div> </div>	<div> <div> <div>___ Age 12-13</div> <div>___ Age 13-14</div> <div>___ Age 14-15</div> <div>___ Age 15-16</div> </div> <div> <div>___ Age 16-17</div> <div>___ Age 17-18</div> <div>___ Age 18-19</div> <div>___ Age 19-20</div> </div> </div>
<i>I intend to release all traumas from shame in my teenage years.</i>	<i>I intend to retrieve all parts of my inner male teenager at all age ranges.</i>	<i>I intend to retrieve all parts of my inner female teenager at all age ranges.</i>
<i>I intend to erase all experiences of shame in my teenage years in full.</i>	<i>I intend to release and erase the trauma of shame recorded at the above ages within my inner teenager.</i>	<i>I intend to release and erase the trauma of shame recorded at the above ages within my inner teenager.</i>
<i>I intend to replace the memories of shame with those of validation and love from parallel life teenage experiences.</i>	<i>I intend to retrieve all fractured pieces of my inner male teenager that shattered due to shameful past experiences.</i>	<i>I intend to retrieve all fractured pieces of my inner female teenager that shattered due to shameful past experiences.</i>
<i>I intend to forgive my parents or other adults or friends who shamed me as a teenager.</i>	<i>I intend to send these pieces of my inner male teenager to the aurora and my healing temples for recasting and integration.</i>	<i>I intend to send these pieces of my inner female teenager to the aurora and my healing temples for recasting and integration.</i>
<i>I intend to forgive my teenager for shaming others in the dance of life with family, friends or at school.</i>	<i>I intend to erase the shameful experiences and replace them with experiences where my inner male teenager felt nurtured from parallel lives of fewer struggles.</i>	<i>I intend to erase the shameful experiences and replace them with experiences where my inner female teenager felt nurtured from parallel lives of fewer struggles.</i>
<i>I intend to heal the shame so that a new dance of unity can emerge within my inner family in all age ranges.</i>		
<b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner teenager of shame?</b>		
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<hr/>		

Question	Inner Male Adult	Inner Female Adult
<p><b>3. What ages of the inner adult experienced a fracturing due to shame?</b></p> <p><i>I intend to release all trauma from shame in my adult years.</i></p> <p><i>I intend to erase all experiences of shame in my adult years in full.</i></p> <p><i>I intend to replace the memories of shame with those of validation and love from parallel life adult experiences.</i></p> <p><i>I intend to forgive my parents or other adults or friends who shamed me as an adult.</i></p> <p><i>I intend to forgive my adult for shaming others in the dance of life with family, friends or at work.</i></p> <p><i>I intend to heal the shame so that a new dance of unity can emerge within my inner family in adulthood.</i></p>	<p><i>I intend to retrieve all parts of my inner male adult at all age ranges.</i></p> <p><i>I intend to release and erase the trauma of shame recorded at the above ages within my inner adult.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner male adult that shattered due to shameful past experiences.</i></p> <p><i>I intend to send these pieces of my inner male adult to the aurora and my healing temples for recasting and integration.</i></p> <p><i>I intend to erase the shameful experiences and replace them with experiences where my inner male adult felt nurtured from parallel lives of fewer struggles.</i></p>	<p><i>I intend to retrieve all parts of my inner female adult at all age ranges.</i></p> <p><i>I intend to release and erase the trauma of shame recorded at the above ages within my inner adult.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner female adult that shattered due to shameful past experiences.</i></p> <p><i>I intend to send these pieces of my inner female adult to the aurora and my healing temples for recasting and integration.</i></p> <p><i>I intend to erase the shameful experiences and replace them with experiences where my inner female adult felt nurtured from parallel lives of fewer struggles.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner adult of shame?</b></p> <p>_____</p> <p>_____</p> <p>_____</p>		

Question	Inner Male Parent	Inner Female Parent
<p><b>4. What memories do I have of the parent shaming the child, teenager or adult as recorded within myself?</b></p> <p><i>I intend to erase all experiences of shame held within my inner parents.</i></p> <p><i>I intend to replace the memories of shame with those of validation and love from parallel life parental experiences.</i></p> <p><i>I intend to forgive my parents who shamed me and left a record of the shame within my inner parents.</i></p> <p><i>I intend to forgive myself as a parent for shaming my own inner children or the children that I am raising or have raised.</i></p> <p><i>I intend to heal the shame so that a new dance of unity can emerge within my inner family as directed by my new inner parents who are wise and loving in nature.</i></p>	<p><i>I intend to construct a new inner father that is wise and related to my grand master or red nation ancestors.</i></p> <p><i>I intend to release the trauma of shame recorded within my inner father.</i></p> <p><i>I intend to erase the shameful experiences and replace them with experiences where my inner father was nurturing, understanding and loving in nature towards each other inner family member.</i></p> <p><i>I intend that the new inner father leads the inner family towards unity, honor and non-conditional love.</i></p> <p><i>I intend to heal the dance of ego (control) and negative ego (shame) in full in my entire inner family.</i></p>	<p><i>I intend to construct a new inner mother that is wise and related to my grand master or red nation ancestors.</i></p> <p><i>I intend to release the trauma of shame recorded within my inner mother.</i></p> <p><i>I intend to erase the shameful experiences and replace them with experiences where my inner mother was nurturing, understanding and loving in nature towards each other inner family member.</i></p> <p><i>I intend that the new inner mother leads the inner family towards unity, honor and non-conditional love.</i></p> <p><i>I intend to heal the dance of ego (control) and negative ego (shame) in full in my entire inner family.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner parents of shame?</b></p> <hr/> <hr/>		

HEALING THE INNER FAMILY Ego Based Desires		
Question	Inner Male Child	Inner Female Child
<p><b>1. What age within your inner child did you create success or limited fame at home or at school?</b></p> <p><i>I intend to release all patterning from childhood experiences that causes my ego to inflate.</i></p> <p><i>I intend to replace the memories of fame within my childhood years with those of unity and equality from parallel lives.</i></p> <p><i>I forgive myself for desiring fame or enjoying my inflated ego in childhood.</i></p> <p><i>I intend to create an inner family of children that neither inflates into ego by stripping others of power and chi, nor collapse into shame or negative ego in counterbalance.</i></p>	<p> <input type="checkbox"/> Age 0-1    <input type="checkbox"/> Age 6-7  <input type="checkbox"/> Age 1-2    <input type="checkbox"/> Age 7-8  <input type="checkbox"/> Age 2-3    <input type="checkbox"/> Age 8-9  <input type="checkbox"/> Age 3-4    <input type="checkbox"/> Age 9-10  <input type="checkbox"/> Age 4-5    <input type="checkbox"/> Age 10-11  <input type="checkbox"/> Age 5-6    <input type="checkbox"/> Age 11-12 </p> <p><i>I intend to release the patterning associated with my inner male child that presses me to inflate my ego taking chi and power from others.</i></p> <p><i>I intend to erase my experiences of ego based success within my inner male child.</i></p> <p><i>I intend to replace the ego based successful experiences of my inner male child with others from parallel lives where unity, honor and equality were expressed in family and group dynamics.</i></p>	<p> <input type="checkbox"/> Age 0-1    <input type="checkbox"/> Age 6-7  <input type="checkbox"/> Age 1-2    <input type="checkbox"/> Age 7-8  <input type="checkbox"/> Age 2-3    <input type="checkbox"/> Age 8-9  <input type="checkbox"/> Age 3-4    <input type="checkbox"/> Age 9-10  <input type="checkbox"/> Age 4-5    <input type="checkbox"/> Age 10-11  <input type="checkbox"/> Age 5-6    <input type="checkbox"/> Age 11-12 </p> <p><i>I intend to release the patterning associated with my inner female child that presses me to inflate my ego taking chi and power from others.</i></p> <p><i>I intend to erase my experiences of ego based success within my inner female child.</i></p> <p><i>I intend to replace the ego based successful experiences of my inner female child with others from parallel lives where unity, honor and equality were expressed in family and group dynamics.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner childhood experiences of ego based success?</b></p> <hr/> <hr/> <hr/> <hr/>		



Question	Inner Male Teenager	Inner Female Teenager
<p><b>2. What ages in your inner teenager did you create success or fame with family, friends or at school?</b></p> <p><i>I intend to release all patterning from teenage experiences that causes my ego to inflate.</i></p> <p><i>I intend to replace the memories of fame within my teenage years with those of unity and equality from parallel lives.</i></p> <p><i>I forgive myself for desiring fame or enjoying my inflated ego in my teenage years.</i></p> <p><i>I intend to create an inner family of teenagers that neither inflates into ego by stripping others of power and chi, nor collapse into shame or negative ego in counterbalance.</i></p>	<p>           ___ Age 12-13    ___ Age 16-17            ___ Age 13-14    ___ Age 17-18            ___ Age 14-15    ___ Age 18-19            ___ Age 15-16    ___ Age 19-20         </p> <p><i>I intend to release the patterning associated with my inner male teenager that presses me to inflate my ego taking chi and power from others.</i></p> <p><i>I intend to erase my experiences of ego based success within my inner male teenager.</i></p> <p><i>I intend to replace the ego based successful experiences of my inner male teenager with others from parallel lives where unity, honor and equality were expressed in family and group dynamics.</i></p>	<p>           ___ Age 12-13    ___ Age 16-17            ___ Age 13-14    ___ Age 17-18            ___ Age 14-15    ___ Age 18-19            ___ Age 15-16    ___ Age 19-20         </p> <p><i>I intend to release the patterning associated with my inner female teenager that presses me to inflate my ego taking chi and power from others.</i></p> <p><i>I intend to erase my experiences of ego based success within my inner female teenager.</i></p> <p><i>I intend to replace the ego based successful experiences of my inner female teenager with others from parallel lives where unity, honor and equality were expressed in family and group dynamics.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner teenager of ego based patterns?</b></p> <hr/> <hr/> <hr/> <hr/>		

Question	Inner Male Adult	Inner Female Adult
<p><b>3. What ages of the inner adult experienced ego based success and limited fame?</b></p> <p><i>I intend to release all patterning from my adult experiences that causes my ego to inflate.</i></p> <p><i>I intend to replace the memories of fame within my adult years with those of unity and equality from parallel lives.</i></p> <p><i>I forgive myself for desiring fame or enjoying my inflated ego in my adult years.</i></p> <p><i>I intend to create an inner family of adults and beloveds that neither inflates into ego by stripping others of power and chi, nor collapse into shame or negative ego in counterbalance.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to release the patterning associated with my inner male adult that presses me to inflate my ego taking chi and power from others.</i></p> <p><i>I intend to erase my experiences of ego based success within my inner male adult.</i></p> <p><i>I intend to replace the ego based successful experiences of my inner male adult with others from parallel lives where unity, honor and equality were expressed in family and group dynamics.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to release the patterning associated with my inner female adult that presses me to inflate my ego taking chi and power from others.</i></p> <p><i>I intend to erase my experiences of ego based success within my inner female adult.</i></p> <p><i>I intend to replace the ego based successful experiences of my inner female adult with others from parallel lives where unity, honor and equality were expressed in family and group dynamics.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner adult of ego based patterns?</b></p> <hr/> <hr/> <hr/> <hr/>		

Question	Inner Male Parent	Inner Female Parent
<p><b>4. What memories do I have where my parents were empowered in their ego, were always right and never to be questioned?</b></p> <p><i>I intend to release all patterning from my parental experiences that causes my ego to inflate.</i></p> <p><i>I intend to replace the memories of egotistical parents to a new set of parents who guide the inner family founded upon unity and equality as experienced in parallel lives.</i></p> <p><i>I forgive myself for parenting my inner family or my real family from ego based patterns of being the one in power and who is always right.</i></p> <p><i>I intend to create a new set of inner parents that neither inflates into ego by stripping others of power and chi, nor collapses into shame or negative ego in counterbalance.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to release the patterning associated with my inner father that presses me to inflate my ego taking chi and power from others.</i></p> <p><i>I intend to erase my experiences of ego based control and manipulation within my inner father.</i></p> <p><i>I intend to replace the ego based control and manipulative patterns of my inner father with others from parallel lives where unity, honor and equality were expressed in family and group dynamics.</i></p> <p><i>I intend to construct a new inner father that is more akin to a counselor; who listens and is willing to negotiate in any inner family decisions, and is wise, loving, and honors each family member in the dance of life.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to release the patterning associated with my inner mother that presses me to inflate my ego taking chi and power from others.</i></p> <p><i>I intend to erase my experiences of ego based control and manipulation within my inner mother.</i></p> <p><i>I intend to replace the ego based control and manipulative patterns of my inner mother with others from parallel lives where unity, honor and equality were expressed in family and group dynamics.</i></p> <p><i>I intend to construct a new inner mother that is more akin to a counselor; who listens and is willing to negotiate in any inner family decision, and is wise, loving, and honors each family member in the dance of life.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner parents of ego based control and manipulative patterning?</b></p> <hr/> <hr/>		

Question	Inner Male Parent	Inner Female Parent
<p><b>5. What memories do I have where my parents shamed and belittled each other?</b></p> <p><i>I intend to release all patterning from my parental experiences that causes my inner male to shame my inner female; or my inner female to shame my inner male.</i></p> <p><i>I intend to construct a new set of inner parents that live together in harmony, unity, unconditional love without the need to shame or control one another.</i></p> <p><i>I intend that these new inner parents lead the entire inner family in the direction of unity, honor, unconditional love and peace.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to release the patterning associated with my inner father that causes the male to shame the female as a modality of power and control.</i></p> <p><i>I intend to release the patterning associated with my inner father that causes the female to shame the male as a modality of control.</i></p> <p><i>I intend to anchor a new inner father that functions from unity based patterns of honor, peace, and non-conditional love.</i></p> <p><i>I intend to retrieve the records from my ancestry on parenting through unity based principals.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to release the patterning associated with my inner mother that causes the male to shame the female as a modality of power and control.</i></p> <p><i>I intend to release the patterning associated with my inner mother that causes the female to shame the male as a modality of control.</i></p> <p><i>I intend to anchor a new inner mother that functions from unity based patterns of honor, peace, and non-conditional love.</i></p> <p><i>I intend to retrieve the records from my ancestry on parenting through unity based principals.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner parents of the need to shame and control one another?</b></p> <hr/> <hr/> <hr/> <hr/>		

Question	Inner Male Adult	Inner Female Adult
<p><b>6. What memories do I have where my beloved, partner, spouse or lover shamed me? Or where I shamed my beloved, spouse or lover?</b></p> <p><i>I intend to release all patterning from my adult experiences that causes my inner male to shame my inner female; or my inner female to shame my inner male.</i></p> <p><i>I intend to construct a new set of inner beloveds that live together in harmony, unity, unconditional love without the need to shame or control one another.</i></p> <p><i>I intend that these new inner beloveds lead the entire inner family in the direction of unity, honor, unconditional love and peace.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to release the patterning associated with my inner male adult that causes the male to shame the female as a modality of power and control.</i></p> <p><i>I intend to release the patterning associated with my inner male adult that causes the female to shame the male as a modality of control.</i></p> <p><i>I intend to anchor a new inner male adult that functions from unity based patterns of honor, peace, unity and non-conditional love.</i></p> <p><i>I intend to retrieve the records from my ancestry on beloveds that relate through unity based principals.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to release the patterning associated with my inner female adult that causes the male to shame the female as a modality of power and control.</i></p> <p><i>I intend to release the patterning associated with my inner female adult that causes the female to shame the male as a modality of control.</i></p> <p><i>I intend to anchor a new inner female adult that functions from unity based patterns of honor, peace, unity and non-conditional love.</i></p> <p><i>I intend to retrieve the records from my ancestry on beloveds that relate through unity based principals.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner beloveds of the need to shame and control one another?</b></p> <hr/> <hr/> <hr/> <hr/>		



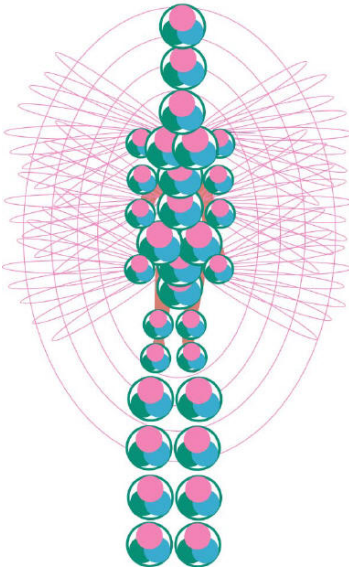
## ASSESSING GEOMETRY IN THE FEILD

1. What parts of my field host magnetic rotation associated with the figure-8 energy pattern?

*I intend to embrace a figure-8 magnetic flower of life energy flow in all moving energy systems throughout my field.*

*I intend to research my ancestry bringing forward the information on rotational energy flow from my red nations' lineages.*

EXPANDED FIELD WITH SPACE BETWEEN REDUCED TO 25%



### ☐ Chakra System

- ☐ *Small Chakras inside the etheric body*
- ☐ *Regeneration chakras*
- ☐ *Grounding Chakras*
- ☐ *Root chakra*
- ☐ *Pelvic Chakra*
- ☐ *Pelvic Lotus*
- ☐ *Power Chakra*
- ☐ *Diaphragm chakra*
- ☐ *Heart Chakra*
- ☐ *Heart Lotus*
- ☐ *Communication chakra*
- ☐ *Dream weaving chakra*
- ☐ *Pituitary chakra*
- ☐ *Pineal chakra*
- ☐ *Crown Chakra*
- ☐ *Source connection chakras*

### ☐ Subtle Bodies

- ☐ *Mental Body*
- ☐ *Emotional Body*
- ☐ *Intuitive Body*
- ☐ *Creative Body*

### ☐ Dreamtime Self

- ☐ *Dreamtime body double*
- ☐ *Dreamtime chakra system*

What minerals and Language of Light tones would be supportive of learning the figure-8 flower of life movement in those regions of my field that have yet to embrace this flow?

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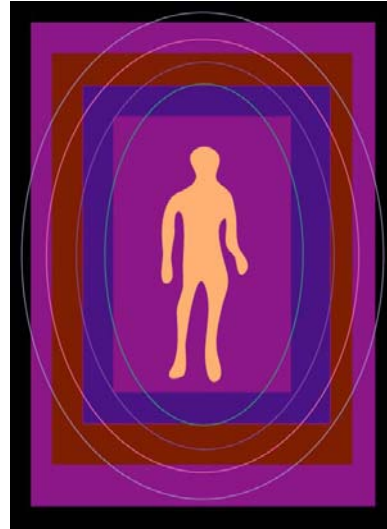
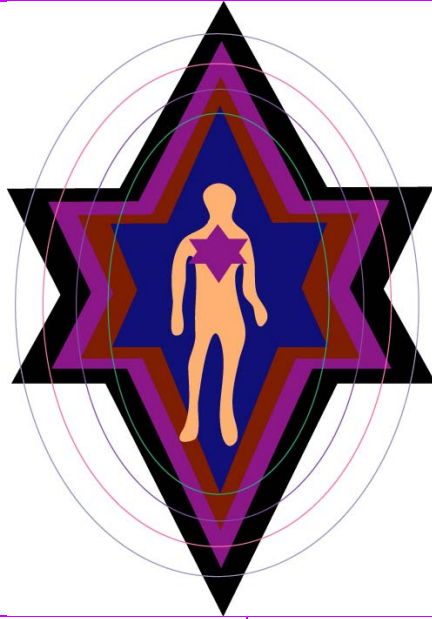
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## NOTES

<p><b>2. What parts of my field have begun to embrace the triple lotus flow?</b></p> <p><i>I intend to research my ancestry bringing forward from my red nation inheritance the information on the triple lotus energy flow.</i></p> <p><i>I intend to ascend fully into triple lotus energy flow which creates a field that is far more balanced in its rotation.</i></p> <p><i>I forgive how my ancestry fell from a triple lotus to figure-8 flow through nuclear holocausts.</i></p> <p><i>I forgive the Anu for causing my Native American ancestors to fall from the triple lotus energy flow into the figure 8-due to loss of information to create their slave race.</i></p> <p><i>I intend to restore my field to a fully triple lotus energy flow in this lifetime through my continued ascent.</i></p>	<p><b>___ Chakra System</b></p> <p>___ Small Chakras inside the etheric body</p> <p>___ Regeneration chakras</p> <p>___ Grounding Chakras</p> <p>___ Root chakra</p> <p>___ Pelvic Chakra</p> <p>___ Pelvic Lotus</p> <p>___ Power Chakra</p> <p>___ Diaphragm chakra</p> <p>___ Heart Chakra</p> <p>___ Heart Lotus</p> <p>___ Communication chakra</p> <p>___ Dream weaving chakra</p> <p>___ Pituitary chakra</p> <p>___ Pineal chakra</p> <p>___ Crown Chakra</p> <p>___ Source connection chakras</p> <p><b>___ Subtle Bodies</b></p> <p>___ Mental Body</p> <p>___ Emotional Body</p> <p>___ Intuitive Body</p> <p>___ Creative Body</p> <p><b>___ Dreamtime Self</b></p> <p>___ Dreamtime body double</p> <p>___ Dreamtime chakra system</p> <p><b>What minerals and Language of Light would be supportive of learning the triple lotus movement throughout the field?</b></p> <p>_____</p> <p>_____</p> <p>_____</p>
<p><b>NOTES</b></p>	



### 3. What parts of the space between within my field are still spinning pyramids or boxes?

*I forgive my ancestors for being subject to two geometries, one spinning in the positive energy flow and the other in the negative energy flow of the space between.*

*I forgive my ancestry for all the discord and sour dreams that split geometry creates in the human dance of life.*

*I intend to cease to spin pyramids or boxes in the space between of my field.*

*I intend to complete with the ancestries that are electrical and ascend into red magnetic ancestries in their place.*

#### Chakra System

- \_\_\_ Space Between the chakras inside the etheric body
- \_\_\_ Space Between the Regeneration chakras
- \_\_\_ Space Between the Grounding Chakras
- \_\_\_ Space Between the Root chakra
- \_\_\_ Space Between the Pelvic Chakra
- \_\_\_ Space Between the Pelvic Lotus
- \_\_\_ Space Between the Power Chakra
- \_\_\_ Space Between the Diaphragm chakra
- \_\_\_ Space Between the Heart Chakra
- \_\_\_ Space Between the Heart Lotus
- \_\_\_ Space Between the Communication chakra
- \_\_\_ Space Between the Dream weaving chakra
- \_\_\_ Space Between the Pituitary chakra
- \_\_\_ Space Between the Pineal chakra
- \_\_\_ Space Between the Space Between the Crown Chakra
- \_\_\_ Space Between the Source connection chakras

#### Subtle Bodies

- \_\_\_ Space Between the Etheric Body and Subtle Bodies
- \_\_\_ Space Between the Mental Body
- \_\_\_ Space Between the Emotional Body
- \_\_\_ Space Between the Intuitive Body
- \_\_\_ Space Between the Creative Body
- \_\_\_ Space Between the Creative Body and Dreamtime Self

#### Dreamtime Self

- \_\_\_ Space Between the Dreamtime Self and body double
- \_\_\_ Space Between the Dreamtime chakra system

<p><i>I intend to embrace the same flow in the space between as the space without.</i></p> <p><i>I intend to anchor new genetic encoding from the Tao for the space between within my field and biology.</i></p>	<p><b>What minerals would be supportive of releasing the patterning of spinning pyramids or boxes in the space between of the field?</b></p> <hr/> <hr/> <hr/>
<p><b>4. What parts of the space between within the biology have embraced a new encoding that allows for greater permeability of noxious gases to pass through?</b></p> <p><b>5. What herbs would be useful in supporting the integration of the new space between into the physical?</b></p> <hr/> <hr/> <hr/> <hr/> <p><i>I forgive absolute the manner in which the space between has become distorted and used to create destruction and extinction of humans as well as the creations that they live upon.</i></p>	<p><b>___Nervous System</b>          ___Brain ___Brainstem ___Spinal Column          ___Spinal Cord ___Nerve s ___Pineal Gland          ___Pituitary Gland</p> <p><b>___Breath of Life</b>          ___Lungs ___Diaphragm ___Rib Cage</p> <p><b>___Digestion and Waste Management</b>          ___Esophagus ___Stomach          ___Small Intestine ___Large Intestine          ___Gall Bladder ___Kidneys ___Bladder</p> <p><b>___Circulatory System</b>          ___Heart ___Lymph Nodes          ___Veins ___Lymph          ___Spleen ___Bone Marrow</p> <p><b>___Reproduction or Regeneration</b>          ___Uterus ___Ovaries          ___Testes ___Regeneration Glands</p> <p><b>___Metabolism</b>          ___Thyroid ___Thymus ___Pancreas ___Liver</p> <p><b>___Sensory Organs</b>          ___Skin ___Eyes ___Ears ___Nose ___Mouth</p> <p><b>___Body Structure</b>          ___Muscles ___Bones          ___Arms ___Hands ___Legs ___Feet</p>

## ASSESSING ELECTRICAL AND MAGNETIC DNA

1. What percentage of my DNA currently is electrical?

% \_\_\_\_\_

*I intend to research my tapestry of ancestry and anchor magnetic DNA drawing this from red nation lineages from preferably Sirian sources to replace all DNA that is electrical within my biology to the degree that I can this lifetime.*

*I intend to alter all salts to a magnetic version of molecular structure.*

*I intend to forgive my ancestors who blended electrical and magnetic DNA in the reproduction of children between parents who were Anu, Anu Slave and Red Nation in origins.*

*I intend to forgive the Anu scientists for producing a half electrical half magnetic slave race.*

*I intend to complete with all slave race karma and seal the associated lineages in this lifetime.*

**What parts of the biology host electrical DNA?**

\_\_\_ **Nervous System**

\_\_\_ Brain \_\_\_ Brainstem \_\_\_ Spinal Column  
\_\_\_ Spinal Cord \_\_\_ Nerve s \_\_\_ Pineal Gland  
\_\_\_ Pituitary Gland

\_\_\_ **Breath of Life**

\_\_\_ Lungs \_\_\_ Diaphragm \_\_\_ Rib Cage

\_\_\_ **Digestion and Waste Management**

\_\_\_ Esophagus \_\_\_ Stomach  
\_\_\_ Small Intestine \_\_\_ Large Intestine  
\_\_\_ Gall Bladder \_\_\_ Kidneys \_\_\_ Bladder

\_\_\_ **Circulatory System**

\_\_\_ Heart \_\_\_ Lymph Nodes  
\_\_\_ Veins \_\_\_ Lymph  
\_\_\_ Spleen \_\_\_ Bone Marrow

\_\_\_ **Reproduction or Regeneration**

\_\_\_ Uterus \_\_\_ Ovaries  
\_\_\_ Testes \_\_\_ Regeneration Glands

\_\_\_ **Metabolism**

\_\_\_ Thyroid \_\_\_ Thymus \_\_\_ Pancreas \_\_\_ Liver

\_\_\_ **Sensory Organs**

\_\_\_ Skin \_\_\_ Eyes \_\_\_ Ears \_\_\_ Nose \_\_\_ Mouth

\_\_\_ **Body Structure**

\_\_\_ Muscles \_\_\_ Bones  
\_\_\_ Arms \_\_\_ Hands \_\_\_ Legs \_\_\_ Feet

**What herbs would be useful in supporting the ascent from electrical to a magnetic structure in the above regions of domain?**

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<p><b>2. What percentage of my DNA currently is magnetic?</b></p> <p>% _____</p> <p><i>I intend to research my ancestry for harmonious Sirian based magnetic DNA and embody this to the degree that I can in this lifetime.</i></p> <p><i>I intend to release all karma for how humans of different and variant magnetic creations blended and produced offspring.</i></p> <p><i>I intend to forgive my ancestry absolute for how humans have traveled to other creations of variant Great Central Suns and mated producing a mixture of DNA that is non-resonant and disharmonious within.</i></p> <p><i>I intend to bring my biology into deeper resonance by altering the DNA to be of origins associated with this Great Central Sun that we are returning home unto.</i></p> <p><i>I intend to ascend into a 99% magnetic biology and energy field in this lifetime.</i></p>	<p><b>What parts of the biology host magnetic DNA?</b></p> <p>___ <b>Nervous System</b>          ___ Brain ___ Brainstem ___ Spinal Column          ___ Spinal Cord ___ Nerve s ___ Pineal Gland          ___ Pituitary Gland</p> <p>___ <b>Breath of Life</b>          ___ Lungs ___ Diaphragm ___ Rib Cage</p> <p>___ <b>Digestion and Waste Management</b>          ___ Esophagus ___ Stomach          ___ Small Intestine ___ Large Intestine          ___ Gall Bladder ___ Kidneys ___ Bladder</p> <p>___ <b>Circulatory System</b>          ___ Heart ___ Lymph Nodes          ___ Veins ___ Lymph          ___ Spleen ___ Bone Marrow</p> <p>___ <b>Reproduction or Regeneration</b>          ___ Uterus ___ Ovaries          ___ Testes ___ Regeneration Glands</p> <p>___ <b>Metabolism</b>          ___ Thyroid ___ Thymus ___ Pancreas ___ Liver</p> <p>___ <b>Sensory Organs</b>          ___ Skin ___ Eyes ___ Ears ___ Nose ___ Mouth</p> <p>___ <b>Body Structure</b>          ___ Muscles ___ Bones          ___ Arms ___ Hands ___ Legs ___ Feet</p> <p><b>What herbs or minerals would be useful in supporting the ascent from electrical to a 99% magnetic structure?</b></p> <p>_____</p> <p>_____</p> <p>_____</p>
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3. Within the 144 lineages that are a part of my tapestry of ancestry (or 288 lineages for those proceeding beyond 3000 strands), what is the percentage overall of magnetic or electrical DNA?

**% Sirian**  
(magnetic)

% Arcturian \_\_\_\_\_  
(magnetic)

**% Pleiadian** \_\_\_\_\_  
(electrical)

**% Orion** \_\_\_\_\_  
(electrical)

**% Albyreon** \_\_\_\_\_  
(adverse magnetic)

**% Alpha Centauri\_\_\_\_\_**  
(electrical)

**% Reptilian** \_\_\_\_\_  
(electrical)

*I intend to forgive my ancestors for blending electrical and magnetic genealogies either through marriage and production of offspring or in the laboratory.*

*I intend to bring forth magnetic genes from my magnetic lineages and ascend into the most harmonious DNA with this Great Central Sun that we are entering that I can.*

*I intend to phase out all electrical DNA as a new magnetic set of materials become available in my inheritance through my continued ascent.*

*Over time, I intend to phase out all non-Sirian magnetic DNA and embody 100% Sirian DNA in my continued ascent, or the continued ascent of my future ancestry.*

**What minerals and Language of Light tones would be supportive of my current phase of transmutation of electrical DNA into magnetic DNA (or other magnetic DNA into Sirian magnetic DNA)?**

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## NOTES

## ANCHORING THE NEW ELEMENTS

**1. Have I visited the Temple of Elements and anchored the new conscious elements that support ascension into my etheric body and field?**

\_\_\_Yes \_\_\_No

**What minerals and Language of Light tones would be supportive of embodying the new elements in all parts of my field and etheric body?**

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*I intend to release all karma absolute and upon all dimensions that created an elemental structure that could not evolve or ascend.*

*I forgive my ancestors and multidimensional ancestors for stripping the consciousness of the elements to such a degree that they cannot evolve here upon Earth.*

*I intend to replace all elements of air, water, fire and earth with the new conscious elements of air, water, fire and earth within my etheric body.*

*I intend to replace all inverse elements of ether, vapor, smoke and lava with the new conscious elements of ether, vapor, smoke and lava throughout my chakra system, subtle bodies and dreamtime self.*

*I intend to allow the conscious elements to restructure my atomic and molecular level for a complete ascension in this lifetime.*

*I intend to allow the conscious elements to assist in the process of forgiveness of all karma that I am releasing due to the spiritual lessons that I am learning in this lifetime.*

**NOTES**

## CLEARING SPACE BETWEEN ATTACHMENT AND EXCHANGES

**1. Who do I host attachment to through the space between?**

**What minerals and Language of Light tones would be supportive of releasing space between attachments to others at my level of evolution?**

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Person 1 \_\_\_\_\_

Person 2 \_\_\_\_\_

Person 3 \_\_\_\_\_

Person 4 \_\_\_\_\_

Person 5 \_\_\_\_\_

Person 6 \_\_\_\_\_

*I intend to release all attachment in both the positive and negative lay lines of the etheric body. Negative attachment occurs through the space between.*

*I intend to recast the space between with new encoding and serpents that create a sovereign energy flow in this region of domain.*

*I intend to release all karma for how the space between region of domain has been a giant soup of energy that interconnects everyone and is used by the dark to destroy and create extinction.*

*I intend to create a sovereign space between that better supports my continued evolution in this lifetime.*

**NOTES**

<p><b>2. Who have I exchanged space between with in this lifetime?</b></p> <p><b>What minerals and Language of Light tones would be supportive of releasing space between exchanges with others?</b></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p>
<p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><i>I intend to retrieve all space between that has been given to others out of the desire to "belong" or feel as one.</i></p> <p><i>I intend to return all space between that has been taken on from others.</i></p> <p><i>I intend to recast and reweave my space between to create a sovereign energy flow in this region of domain.</i></p> <p><i>I intend to return all machines, entities and agreements that are of another due to exchanged space between.</i></p> <p><i>I intend to retrieve all agreements that are my own and were given to others so that I may release all karma thoroughly in my ascension to date.</i></p> <p><i>I intend to release any records or information stored in my space between in association with the exchanges with others.</i></p> <p><i>I intend to send all such records to the temples in the aurora so that they are accounted for.</i></p> <p><i>I intend to cease to store records in my space between.</i></p>
<p><b>NOTES</b></p>	



## CLEARING SHARED WALLS OF BOX OR PYRAMIDAL GEOMETRY

**1. Who do I share  
sides of the walls of  
the pyramids or  
boxes that I spin in  
my space between  
with?**

**What minerals and  
Language of Light  
tones would be  
supportive of releasing  
shared energy  
dynamics of pyramids  
or boxes?**

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Person 1 \_\_\_\_\_

Person 2 \_\_\_\_\_

Person 3 \_\_\_\_\_

Person 4 \_\_\_\_\_

Person 5 \_\_\_\_\_

Person 6 \_\_\_\_\_

*I intend to return all walls of any pyramid or box that  
belongs to another.*

*I intend to retrieve all walls of any pyramid or box that  
belongs unto myself.*

*I intend to return all agreements to spin boxes or  
pyramids in my field that belong to another.*

*I intend to retrieve and break all agreements that are  
legitimately my own to spin boxes or pyramids in my field.*

*I intend to collapse all pyramids or boxes that host shared  
walls with others.*

**NOTES**

## SUMMARY

We hope you have enjoyed the first workbook of Chapter 1, *Transcending Gossip, Judgment, Shame and Unconscious Harm*. For those that the inner child healing part of this worksheet is new, we guide you to work with the "Healing the Heart" audio meditation CD, and the "Healing the Inner Family" article and worksheets available upon the web site. This information shall allow for a more thorough healing of the inner family than presented in this worksheet and will be helpful to the creating of a complete ascension in this lifetime. The article is found in Messages from the Earth Mother III section under "Nature Articles".

There is so much in the human psyche that desires to create discord. It is our hope that in the chapters to follow we will highlight the discordant patterning so that those ascending may choose to release the thought-form associated and begin to create a sincere experience of inner peace and joy. It is only as one can create peace and joy inside oneself that the possibility of peaceful and joyful human relations emerges in the dance of life. It is only as peaceful human relations can be created to enough of a degree that many ascending initiates can come together and create a joyful life experience of ascending community. This is ultimately the purpose of these materials.

Until our next communication,  
Namaste  
The Earth Mother



*Horse Kingdom by Anne Collins*



*Elephant by Anne Collin*

# THE COMPLETE ASCENSION WORKBOOK PART II

## CHAPTER 2

*Transcending Fear and Loss of Information*

*Assessing and Transcending Birth Archetypal Nature*

**The Earth Mother through Karen Danrich "Mila" and Thomas Weber "Oa"**

**April 22, 2006**

Dear Beloved Ascending Human,

This chapter is to take the information shared in Chapter 2 of The Complete Ascension Workbook part I to a new level. In chapter 2, thought-form was spoken to in association with how it is related to fear, pain, suffering, greed, lust, judgment and death as humanity currently operates within. In this chapter, we desire to have each assess the 18 thought-forms that one was born with as the archetypal nature that one is associated with. One can also use this information to assess the birth nature of anyone close to oneself, including one's spouse, children or other family members or partners.

Why is understanding one's own birth nature important? It is in understanding the 18 main thought-forms as drawn from one's tapestry of ancestry to create the body and persona that you have known as "you" in this lifetime that one will more greatly perceive all the patterns that one must transmute in order to master 3000 strands or higher in frequency. Why is this so? It is as one masters 3000 strands in vibration that one also transcends all birth thought-form and karma from this given lifetime, and also transmutes and transcends the DNA and persona that one was born with that was non-unity based or founded upon polarity.

### **POLARITY AND LIMITATION**

The state of polarity causes limitation in the dance of life; for in polarity one can be one way and not another, or have one thing and not another. It is also a state of polarity that pits one person against another in competition over dreams. Dreams gravitate to those who think thoughts associated; each who think antithetical thoughts to the desired dreams find the dreams naturally gravitate to another. This of course leads to disappointment and non-fulfillment in the dance of life. Therefore to create and catch the dreams that one desires to make manifest through intention, one must integrate the language that will allow the dream to be caught within one's field.

This is how the Language of Light serves to draw a dream of greater unity and fulfillment into the dance of life. As one embraces this language and erases the old language that one created with in earlier times in one's life, one will then attract dreams that are associated. Because the Language of Light is a unity based language, dreams of unity are more likely to be attracted than dreams that are polarity based. This allows those embodying the Language of Light through



ascension to create dreams of less extremes leading to a life of greater abundance fulfillment and balance.

## ABOUT DOGMATIC BELIEFS

Within the Language of Light, the extremes of dogmatic thought-form are left behind through the transmutation process of ascension. Dogmatic beliefs and thought-form lead to extremes of all kinds in the human expression. Why is this so? Dogma is founded upon electrical pulsations. Electrical pulsations press more energy or dream in one direction and less of energy and dream in another. This is why electrical thought-form creates extremes of greed and poverty, acceptance and rejection, love and hate, peace and war, etc.; as more dream of a particular nature accumulates in one direction and less in another. The more extreme the swing, the greater the disparity between what is accumulated in one direction and is deprived in equal measure in another direction.

This is why there is extreme wealth at this time in counterbalance to extreme poverty, homeless and starvation. The nature of electricity causes dream to gather in excess in one place and in amounts that no one human could possibly spend in any given life, or eat in terms of food. Then, in parallel, dream gathers in another place in amounts so small in comparison that there is not enough for at least one meal per day or a roof over one's head. This is also why places of extreme peace and orderliness develop along with yet others of great chaos or war. Dreams of hatred gather to an extreme in some regions leading to ongoing turbulence and conflict while in other regions dreams of love gather to an extreme and create areas that are considered sacred such as national parks.

The wealthy do not have to give away their money or possessions to cause starvation, homelessness and hunger to cease; nor do sacred regions need to become chaotic in nature for war to cease. It is that electrical thought-form of such extreme polarity must be phased out of the human DNA. Dream will then naturally redistribute itself into a newfound state of balance. In so doing, all humans and kingdoms can have enough. The two poles of extreme wealth and extreme poverty will balance out leading to greater abundance for all. Furthermore world peace can then be attained as the hatred held captive upon the land dissipates and is transmuted by the Earth Mother.

## NUCLEAR ANNIHILATION AND EXTREME POLARITY

Dreams of extreme poverty or regions of extreme turmoil and hatred did not exist as we know it today in the era of the Anu. However, there were incidents that led to extremes that have become the experience of today. What caused the extremes in polarity currently experienced by humanity today? Primarily the cause was the effect of the radiation of the two nuclear holocausts in humanity's past that are at cause of the extremes of today.

Following the nuclear annihilation of the Anu, all life died upon the surface of the Earth leading to extreme polarity or lack in the experience of every kingdom



including the human kingdom. The fraying of DNA also led to insanity and chaos to an extreme in most human tribes as well as in nature. As the nuclear dust settled and the sun was able to shine through Earth's atmosphere again, Earth's surface regenerated enough to sustain life. Although abundance resumed as the flora and fauna were restored, the memory of the extreme lack and chaos created a genetic memory in all species; for the fraying DNA leads to a lack of information. As humans, as well as all life upon Earth, lost enough information, all life forms moved into a deep sense of fear.

## LACK OF INFORMATION AND FEAR

In the Tao's perception, fear is really a lack of information to weave a dream for one's life. As enough information is lost, humans along with all kingdoms go into great fear as they forget how to sustain life as they have known it. The recollection of a lack of information and the fear that it generates then calls to the human dream the re-experience of such a state of being again and again. Those living through the lack of information then go on to create experiences of lack again and again as such are the nature of the emotional charge behind the experience. Much like a magnet, the same experience is magnetized again and again each cycle. Each period of lack leads to greater loss of information and then greater fear of how to weave a dream to sustain oneself as well as another fall in consciousness. This is the spiral of fear that humanity as well as Terra has dropped into since the nuclear annihilation of the Anu.

However, the Tao points out that nuclear annihilation is not new; humans have experienced deep periods of deprivation and loss of information for parallel cause upon each dimension that one's multidimensional ancestry existed upon. Each fall to the dimension beneath was generally the result of the same nuclear annihilation cause as well as the loss of information necessary to sustain existence within a certain bandwidth of frequency. As enough information was lost; each creation fell to the bandwidth of vibration beneath or into greater density or matter.

The fear of lack and loss of information is so great that many humans live today in constant fear. Even those of great wealth often live in the fear of lack. What could those in extreme wealth possibly lack, one might wonder? Lack is not only deprivation of enough to eat or the roof above one's head; it is also a lack of fulfillment. Many of great wealth also feel deeply unfulfilled, regardless of how seemingly glamorous their position in life may be perceived from the outside. Princess Diana was a good example of this; for all her beauty, prestige, privilege, title, wealth and possessions, she was deeply miserable within and shared of this in her own videos post-death. For you see regardless of how much one may have, one's body recalls deep lack, loss of information and the fear associated, and even if one is not sensitive, one lives in such a state nonetheless.

Mila can recall how long ago she was in constant fear about making enough to sustain herself as a realtor even though there were houses in escrow and closing providing funds, and there were funds in the bank. Mila also had a home her mother bought for her and her son, and so would never be homeless. And yet she was in constant fear. She was aware enough to recall ancestral lives in which there was no fear at all from ancient times. She said to herself at the time, "This does not have to be this way; I should be at peace. Why am I in such fear? I intend to change or transmute the fear and find peace". This was the beginning of her ascent and quest to understand and transcend.

Over the years, Mila has come to peace. Periodically, a wave of fear would overcome her as the dream for Conclave as well as her life would be snatched by those in the school of unknown Anu descent. The fear would be so overwhelming that she would tell Earth "You just have to come in and do something as I do not believe I will make it". Then Mila would work her way out of the fear as Earth remove the dream for Mila and the event. You see, although Mila has transcended far beyond many others in her personal ascent, the fear of deprivation and loss of information is so deep in the biology and DNA and from so many dimensions of related experience that it does not go away easily.

Through absolute forgiveness, the fear of deprivation and associated loss of information and dream can be erased upon all dimensions and in all bandwidths of DNA associated with each human form as well as Earth at large. This is a grand shift as Mila notices, there is no longer the ongoing backdrop of fear that all will be lost, and as such, she is less likely to create experiences of a large loss of dream or information into the future. It is always thought-form that calls a particular dream into the life experience. If there is no thought-form associated then the dream cannot be attracted. Therefore if there is no thought-form of loss of information or dream, the dream of loss cannot occur. This is the gift of absolute forgiveness at this time in history. So this can be for each that masters absolute forgiveness and erases the fear of deprivation and loss of information from one's genetic memory banks. (See "From the Rose Quartz Kingdom" for more information on absolute forgiveness).

## TRANSMUTATION OF THOUGHT-FORM

Given that thought-form is the attractor for any particular experience in one's life, then it is so that one can assess the thought-form at cause of any particular creation that one has made manifest in the physical. So what thought-form attracted you to the job that you now hold or held in the past? Or what thought-form attracted you into your current or past bad relationship? Or what thought-form manifests as a struggle to have enough to sustain oneself or provide for travel to events that one might like to attend? Alter the thoughts and one will attract the dream that one desires so that it can manifest into the future bringing one greater joy and fulfillment.

How does one reprogram one's thoughts? Intention begins the transmutation process. For example, one may discover that one believes this or that to be so, and one can intend to replace the polarized beliefs with the non-polarized thought-form of the Language of Light. How does this work? The intention to reprogram thoughts acts at a macro level to alter the energy flow within one's field. The alteration of energy flow then begins the process of transmutation. First, in the choice to transcend, the larger mechanized patterns associated with fear based thoughts are transmuted by the larger chakras.

However, to complete the process of transmutation, one must release the emotionally charged experiences from this life within one's inner family or release ancestral life experiences of parallel nature that lock a particular thought-form into one's DNA. For this reason, we have initiates focus upon healing the inner family as well as releasing ancestral karma for any pattern or thought-form that one is transcending.

As all emotional charge surrounding any particular belief is released in full from all parts of the DNA, then the old thought-form is erased and the new thought-form associated with the Language of Light can be integrated. The DNA can then be restored to an earlier time period of records prior to the trauma. This restoration allows the recovery of a different and crystalline biological state of being which was previously unavailable to draw into the physical. This is how thought-form transmutation steps down into the physical.

Generally speaking, releasing emotional charge inherent in the DNA and cellular structure associated with the thoughts that one is transmuting may cause one to feel as one's ancestors felt at the moment of the traumatic life experience. So this can also be for traumatic memories from childhood. As one goes into the emotions and experiences a catharsis, the pain and the trauma are released from the DNA and etheric cells. Ascension therefore can be a very emotional experience, especially for those who tend to have a larger emotional body than many others. However, it is also as the emotions are experienced that one understands the spiritual lesson behind the dance and can forgive. Therefore, emotional processing is a necessary part of the transmutation experience and allows the trauma to be released from one's cellular structure.

How does trauma record in the cellular structure? Trauma records as pockets of scar tissue or decay. Why is this so? Scar tissue is generally densely packed pockets of cells that have collapsed in upon itself along with the DNA associated. As a traumatic incident occurred, DNA tends to fray and collapse. This leaves records that are incongruent within the DNA. Due to the incongruence of the DNA, the tissue formed from such encoding tends to be hardened or scarred, or is weak to a point of easily decaying as one passes one's teenage years in age.

As one releases the trauma through emotional process of catharsis, the DNA can be recast and the missing information lost in the ancestry recovered from an earlier time period before the trauma occurred. As the DNA fills in with all crystalline records, the angels or divas can then create the cells from a proper genetic blueprint and restructure what was previously scarred or decayed into healthy crystalline cells. Moving from scarred or dead cells to living crystalline cells is the process of resurrection and reconstitution associated with ascension.

In the current paradigm, DNA spirals at two strands due to the loss of information that occurred over time and in the many nuclear holocausts experienced by the human species. The lost genetic records cause the DNA to pucker or collapse in upon itself into a spiral. As one releases the negative emotional charge held within the DNA, then one can recover the information and piece the DNA back together to be whole, congruent and complete. As one restores the DNA, the records rearrange themselves to appear as a stack of CDs that are interconnected rather than a spiral. As 3000 strands of information are reconstituted, one forms the first of twelve tubes of records in the form of 144 CDs stacked upon one another. This is the first of twelve tubes of information required to create fully conscious biology at 36,000 strands of DNA.

## LOSS OF INFORMATION IN CHILDHOOD

It is the loss of information that has created the deepest fear in one's ancestry. Fear in childhood also is associated with a lack or loss of information. Sometimes one was asked to do more than one knew how to do as a child. When we speak of this, we are speaking really of weaving the family dream so that there would be enough to sustain oneself as well as one's siblings and parents. Often in early childhood those who were bringing ancient knowledge forward for ascension this cycle had more information available on dream weaving than one's parents. As a result, one may have fallen into the pattern of believing that one has to weave and keep the family dream. From deep fear of lack, many destined to ascend learned to hold the family dream in early childhood and have never ceased to do so since.

Although to hold the family dream may appear as a loving thing to do, in reality it is each human's job to weave one's own dream. Dream weaving for another only translates into others never learning how to dream weave for themselves. So perhaps it is wise to cease to dream weave for others and allow each to learn to weave the dream themselves, particularly if they are ascending. If they are non-ascending, then one can turn over the job of keeper of the dream to the Earth Mother or another who has karma to do so and step out of the game. In so doing, one will be able to hold one's own dream and have enough chi available to allow the dream one intends to step down into physicality.

Long ago Mila discovered she was the family dream keeper. She not only wove her own dream of Real Estate but also the dream for the family Printing Business that was her brothers, and the dream for her mother's home, and the dream for the lives of all her family members. She also wove the dream for her spiritual teacher along with her spiritual "family". To the degree Mila wove dreams for others, to

the same degree she was prevented from weaving her own dream of a focus as a spiritual teacher, and gathering others who resonated to form a school. Over time Mila chose to only weave her own dream; and in so doing, had enough capacity to form SSOA; and later in collaboration with earth, weave a dream for ascending humanity. So this can be for each reading these materials; as one ceases to weave dreams for others, one will be able to weave the dream for oneself that is one's heart desire and live to experience such a dream in the physical.

## LOSS OF BIRTH KNOWLEDGE

There may be many memories of fear in childhood that ascending adults must process in order to move more fully into the Language of Light and the unity based dream that this language can weave. Childhood fears are often associated with loss of birth knowledge. Often children destined to ascend who came in with a load of spiritual knowledge were stripped of such information before the age of 16. Generally speaking, the loss was experienced hand in hand with childhood diseases or accidents. As the information one came in with was stripped, holes and gaps were created in the field leading to a cold, bout of the flu, or a case of measles, mumps or chicken pox or even rubella or pneumonia, or an accident.

Generally speaking measles is the result of the loss of information in the crown and third eye chakra or spiritual and visionary knowledge in childhood. Mumps is the result of the loss of creative or dream weaving information in the throat chakra. Pneumonia is the result of the loss of information on love in the heart chakra region. Chicken pox is the result of the loss of information on power in the solar plexus chakra. Rubella is the result of loss of sexual knowledge in the pelvic chakra. Accidents such as broken arms, legs or concussions are the result of the loss of information on how to weave a healthy body level dream. One may wish to reexamine one's childhood experiences of disease or accidents and retrieve the birth knowledge for ascension that one lost in the experience. The end result is that one will be able to create a more complete template of information that will support one's continued choice to ascend into the future.

For Mila, she recalls her mother's stories of how she had "colic" as a child; or in other terms was so under attack by the dark that she cried incessantly for her first three months. The attacks were to strip her of spiritual power which gave her gas and an upset stomach as a young baby. There were also many bouts of stomach aches throughout Mila's childhood as well as teenage and young adult years which was the result of the consistent loss of her power. Mumps was experienced at age six and she lost a load of dream weaving capacity and information at that time.

It was as Mila retrieved the dream weaving information lost at age six from mumps and all her power lost to her mother that she was able to weave a dream for SSOA in 1997. Mila also recalls having the symptoms of "walking pneumonia" at age nine and again at twenty-two. Each time this occurred, information on love that she had brought forth at birth was stripped. As the missing information on



love was retrieved, her heart could open enough to master Bodhisattva level evolution many years ago now.

Oa had a case of Chicken Pox at age six where he lost a load of spiritual power he had brought in at birth. When he was eight he also had measles and lost a load of his birth knowledge on vision and ascension. When Oa was nine, he had a case of mumps and lost the knowledge on dream weaving. As all the birth knowledge was retrieved, Oa had the information he required to master Bodhisattva level evolution some time ago now as well as hold the dream for a growing SSOA.

Oa also recalls having ongoing earaches in childhood. The earaches were the result of the loss of visionary information as well as other psychic knowledge that he had brought forth as birth knowledge. The ear and eye problems have continued to be problematic to Oa throughout his ascension. It has required healing multidimensional karma to release the patterns at cause of the inner ear and eye troubles only as of this year. Perhaps this speaks to how much of any weakness has multidimensional cause and may require absolute forgiveness in order to release in full. Due to the assistance of the mineral kingdom, absolute forgiveness is possible not only for Mila and Oa, but for each as well.

Oa also developed a sudden lower back problem at age twenty-six that put him in bed for two weeks. This problem continued to recur periodically with massive lower back spasms and a case of sciatica. Although the symptoms were not felt until age twenty-six, Oa's loss of sexual energy information began at age thirteen as his sexual energy began to flow in puberty. Over time the ongoing loss of his sexual information caused a lower back problem. Over the course of his ascent, Oa retrieved all his knowledge on sexual energy movement and kundahlini flow and is no longer troubled with lower back pain or sciatica.

Sometimes one will begin to lose information in teenage years, particularly surrounding the sexual energy flow, as young children do not run sexual energy. It requires puberty for sexual energy to be triggered, and then one may have lost their information associated that one had brought in as ascending birth knowledge. In the choice to retrieve everything lost over time, one will fill in gaps in one's genetic knowledge that will assist the ascension to be complete in this lifetime.

## **THE NATURE OF THOUGHT-FORM AND DREAM**

Each human born at two strands entered with world founded upon only 18 thought-forms. Although this may be hard to believe, it is why humanity today is so limited. The 18 thought-forms humanity relies upon today is less than 1/18 of the information of the Grand Masters at the time that they were seeded and less than 1/10<sup>th</sup> of the information of the red nations' peoples were seeded with. Just imagine, your red nations' ancestors had over 180 thought-forms to dream weave with; and your grand master ancestor 360 thought-forms to manage the dream of others along with themselves. For this is the purpose of the larger headed human;



to manage the dream for others of less awareness, or so it is upon Sirius and human civilization upon Earth took upon itself a parallel human dream.

The problem with having others weave one's dream is that it leads to codependence. Less aware or less conscious humans cause codependence from Terra's point of view. Why is this so? Due to a lack of information, those with less capability rely upon other humans or Earth to weave their dream. It is therefore the goal of Earth to restore the human blueprint to full consciousness with the larger cranium of the Grand Masters for all humans incarnate through the process of ascension over the coming 500 year cycle. As all humans understand how to weave their own dream, they can then fulfill upon their real purpose upon Earth, which is to assist Terra in the co-direction of Earth's dream.

Humans have fallen into such great limitation at two strands that there is no dream weaving capacity left. Humans have learned to rely upon false gods who move dreams from one to another in order to sustain their existence. In essence, humans have fallen into a state of codependence with the false gods who have confiscated the information on dream weaving that was once the knowledge of the Grand Masters. As the false gods hoarded all knowledge that was once a part of Grand Master human genealogy, the false gods then controlled the human dream. To have enough dreams to subsist and experience life through, humans are forced to barter with the false gods in dreamtime.

Earth is choosing to intervene upon the dance of bartering with the false gods for dreams, and will offer to weave one's dream instead until one can learn to manage one's dream for oneself. In so doing, one will no longer need to barter away information necessary to ascend to receive a dream to subsist within. As Earth weaves the dream, one will also receive a sincere reflection of one's thought-form in the dance of life; as the manner in which the false gods manipulate dreams causes those who have destructive tendencies to fail to experience the return of their own thought-form. Those also with poverty based thought-form often experience a life of ease or even wealth due to the manipulations of dreams through the false gods.

What is the point of experiencing a life that does not reflect one's thought-form? How can one possibly evolve or alter one's thought-form as an ascending human if one does not directly experience cause and affect of one's own thoughts? Well this is exactly what the dark lords vying for non-ascension and extinction of Earth desire beloved; to so confuse humanity in terms of what is made manifest in the physical that they do not perceive the real thought-form at cause so that they do not know what they require transcending in order to ascend. The only solution to this is to restore thought-form, cause and effect unto the human dream.

## WATCHING THE LIFE MIRROR

The dream for those within the new consensus who are ascending to 2200 strands has been corrected for cause and effect. Within the new ascending dream, one will receive a direct feedback loop of the thought-form that one holds that is within one's DNA. The dream that one manifests in the physical will therefore reflect one's thoughts. It is for this reason that Mila suggests that initiates pay attention to the small mirrors in the life dance such as the creepy crawlers that cross one's path as well as the nature kingdoms. In watching the life mirror closely, one can then discern the thought-form that requires transmutation of today in order to continue to ascend and avoid a bad catastrophe such as an accident.

How does one alter thought-form offered within the mirror? One intends. Let us say that one passes a dead animal on the highway. The mirror of death is a sign of the thought-form of death within one's field. Intend to release the karma, patterning and machines associated with the thought-form of death, and one will be less likely to manifest not only death, but an accident. Let us say that ants are invading one's home and kitchen. The mirror of the ants warns of an "invasion". So what is invading one's field that does not belong? As one searches for who is violating one's field and chooses to release the karma and thought-form at cause, one will step out of the game. One might attune to chapter 5 in workbook 1 to assist one in clearing the entire field of the invasion. The ants will then most likely also leave one's kitchen.

Intention is everything. Thoughts as well as energy move with one's intent. Intent is an act of will in which one commands the nonphysical to do this or that. If one intends to release karma, then the nonphysical angels and guardians comply by igniting one's kundahlini so that one can burn off the karmic contracts within one's field in any given day. If one intends to transmute thought-form, the nonphysical angels and guardians comply by spinning up the Language of Light so that one can release the denser thought-form patterning associated with electrical tones of creation. If one intends to forgive and embrace compassion, an entire pattern spins up within the field and the lotuses within the heart, pelvis and crown in a particular sequence of pink and turquoise colors that allows emotional trauma to be released from the etheric body and cellular structure.

Absolute forgiveness offers another pattern in which one communes with the mineral kingdom who open a gate to allow karma upon other dimensions of DNA related to one's field to be transmuted. The pattern of absolute forgiveness is also an intention that commands the nonphysical angels and guardians to spin the pattern that opens the gate to the mineral kingdom for this purpose. One must however have an open heart and an ability to love for the absolute forgiveness command to function properly. For this reason, the focus of opening the heart and expanding the lotus to become increasingly larger in the numbers of petals is important to ascension, as it is the absolute forgiveness command perhaps more than any other that allows ascending humans to transcend fear and the loss of information associated.

## THE NATURE OF CODEPENDENT LOVE

Each was born with a birth thought-form that causes not only the experience of extreme polarity, but also is at cause of codependent love. Why is this so? Extreme polarity presses one into a state of being where one swings between two extremes rather than sitting in the middle point between the two. The swings themselves create at best a codependent form of love in which there is great fear of losing someone or being rejected. This is a very different form of love than what occurs as the heart opens. For as the heart opens and there is enough energy flow within the movement of the lotus petals to allow for communion, one then begins to share in the dance of love with the nature kingdoms surrounding oneself and the Earth Mother as well as one's soul in the act of communion. As this occurs, love is restored inside the field and one no longer is dependent upon another to be fulfilled upon which brings about an end to codependent love.

Codependent love creates so many cords of attachment between the heart chakra and pelvic chakra that often the lotus itself cannot open in either region until the cords are released in full. In releasing the cords of attachment between self and one's spouse, beloved or partner or family, or close friends or workmates, there may be a sensation of loss. In reality there may be no loss of the relationship unless the karma is complete; instead one will be able to repair, reweave and open the heart and one will also leave behind codependent forms of love in so doing. As such, one becomes loved from within and will feel less worried as a result about rejection or loss of the beloved or spouse or partner or family. One may find in the opening of the heart a new level of freedom that is quite expansive to experience.

Fear of the loss of love or rejection is really a fear of the loss of information on how to love and be loved in an energetic sense. Love is the main source of chi that sustains life. As love is exchanged between humans or between humans and nature or between humans and Earth, then life is sustained for each. It is as love ceases to flow that aging, disease, death and a fall in consciousness is assured. As the capacity to love was damaged through the radiation of nuclear weaponry, humans fell into fear. It is for this reason that love and fear are often considered opposing forces; when in reality it is love and hate and fear and peace that are opposites as well as life and death. Love sustains life and as humans restore their ability to love, they will collectively work their way out of codependence.

## DEATH AND A LOSS OF INFORMATION

The experience of death is the ultimate loss of information on how to sustain physical existence. First the loss is energetic and the field collapses in upon itself; then systems fail in the physical and death is the end result. Nuclear annihilation created the most rapid shifts from healthy moving energy fields and living bodies to unhealthy fields and death. Some ancestors died instantly in the actual explosion; others who were close by died rapidly; those who were further away from the epicenter died a long lingering death of great suffering and pain. All

deaths from nuclear annihilation however were ultimately due to the loss of information on how to love and how to sustain a field enough to continue to live.

How did this occur? Radiation frays DNA. Each strand of DNA hosts information that tells the field how to be woven together and rotate in a particular manner that sustains life. As enough DNA frays, the field will go from being woven together to being torn apart; as enough of the field is torn apart rapidly enough, the field collapses and ultimately the body will die. As the DNA frays, information is transferred from one person or creation to another and then is unavailable unto the next generation born following the annihilation. Unless a period of ascension is created to restore information from a holocaust, the fall is sustained until it stabilizes.

The DNA that is badly frayed creates scar tissue in the next generation that hosts a record of the trauma associated with nuclear annihilation. The scar tissue or weakened tissue created from incomplete DNA results in shortened life spans in the next generation. This is how the red nation ancestors fell from a time when 1000 years was the average lifespan to only 300 years following the annihilation of the Anu. Following the annihilation of Atlantis, the 300 year lifespan was reduced again to less than 150 years. Disease also became more prevalent as the capacity to regenerate the entire form was also lost due to the loss of DNA. Ascension allows one to work one's way backwards through the nuclear trauma of one's ancestry, retrieving lost DNA for each frayed section restoring the body to its crystalline and regenerative blueprint.

## ASCENSION AND THE TRANSCENDENCE OF DEATH

Ascension brings about the transcendence of death. Ascending initiates may face their death or the desire to die again and again in the act of transcendence as a result. Why is this so? Ascension brings about a retrieval of all information lost over time that led to a loss of life or death as well as a fall in consciousness. Information can be equated to a holographic template of knowledge necessary to sustain each form and field of each kingdom. Over time, nuclear holocausts fractured the hologram so that a large portion of the knowledge contained within the original wheel of information was lost. As large portions of holographic knowledge are lost in any dimension of existence, a fall to another vibration is assured. This is how the red nations' peoples fell from 15,000 to 8000 strands due to the nuclear annihilation of the Anu; and from 8000 to 2200 strands in the nuclear annihilation of Atlantis.

The fall from 2200 strands to 2 strands is really a fall of the Anu slave nations and not the red nations' peoples per se. The Anu slave nations were a blending of 40% red nation and 60% Anu DNA in a paired down form of 5000 strands and a limited hologram that was not interconnected with any other human hologram. Those of this nature fell from 5000 to 2200 strands in the nuclear annihilation of the Anu; and then from 2200 to 1024 in the nuclear annihilation of Atlantis. There was also a slave nation bred for terrorism on the part of Merduk that held only 1024 strands in its original form; this genetic package was the first to fall to 2 strands

following the annihilation of the Anu. The dark used this particular genetic package to strip all others through those of terrorist nature. This is how the other slave nations fell from 2200 to 2 strands of DNA over time following the fall of Atlantis.

Over time as enough slave nations peoples vibrating at only 2 strands of DNA moved into regions inhabited by red nations' peoples remaining at 2200 strands, the slave nations were used also to strip the red nations' peoples en mass. It is for this reason that the red nations' peoples fell into diseases such as smallpox, rubella, and measles and then died en mass as the white man relocated unto their continents this cycle. The real cause of the diseases of the red nations' peoples was the fact that they were being stripped of their remaining unity consciousness and crystalline based DNA through the descendents of the Anu slaves.

It has been discovered through analysis of all human falls that the Hawaiian nation was the last to be stripped falling from 2200 to 2 strands of DNA in the past 400 year cycle. The gift of this is a more recent history of human crystalline biology and unity based relations that can be drawn upon at this time of ascension to reverse the continued fall into extinction into a rise into greater awareness and a time of ascension ahead. It is for this reason that Terra and Mila and Oa work so closely with the Hawaiian ancestors and upon the land of Hawaii-Nei; as here are recent records for all to draw upon to ascend.

## THE ANU SLAVE NATION AND CODEPENDENCE

The Anu slave nations were paired down in such a manner that competition and codependent love were the only kind of love that they ever knew; and therefore there is no manner to open the heart of such a human ancestry for the purposes of ascension. It is also due to an inability to love unconditionally that red nation peoples do not understand the Anu slave nation very well; for this nation existed in an entirely different paradigm of slavery and codependence that was not a part of red nation's culture. Due to an inability to love, humans of Anu and Anu slave holographic nature will simply become ill and pass away the further that Earth ascends, as those that cannot love ultimately will self destruct in the coming times of cleansing ahead.

Why is this so? If there is no love, the only alternative is destruction and death; for it is love that sustains existence. The Anu slaves were bred to die; it is only the Anu that desired immortality through life extension practices. The Anu deliberately blended DNA that was so dissonant in their slave nations that the result was death in a short period of time. The further that those of this inheritance have fallen, the more rapidly their deaths have been; hence the short average lifespan currently prevalent for the human species.

The slave nations are therefore the original source of codependent love. However as all other nations have fallen to the same level of vibration of the masses of white humans related to the original Anu slaves, all have fallen into codependent love. Those with red nation ancestry however have the knowledge and



information to move out of codependent love and restore real love as an energetic exchange between humans and Earth. In so doing one will pull oneself out of the falls that have occurred in one's ancestry and restore a more ancient way of being that is unity based and crystalline in biology as well as regenerative in nature.

## FEAR AND GROUNDING

Those of Anu slave nation DNA have always existed in fear. The reason for this is the lack of enough holographic information to connect to the consensus known as Earth. Physical fear or fear of the body ceases the moment one establishes a connection unto the Earth Mother; for body level fear is also the result of a state of ungrounded-ness. Those of solely slave nation inheritance can never ground; the reason for this is the lack of information on grounding as it was never a part of their genealogy as bred in a laboratory on the part of Merduk and the Orion scientists.

Why would the Anu deliberately create a slave race that was ungrounded? An ungrounded state of being left the slaves easy to control as well as to exterminate if they gave the Anu displeasure; for it is difficult to kill that which is grounded. Why is this so? Grounding unto Earth creates a protection that prohibits death. It is why Mila has spoken to how important it is to remain grounded, particularly in transit through trains, planes or automobiles, as in so doing it is virtually impossible to have an accident or harm oneself.

It is also a big game therefore of the dark to try and usurp one's grounding in order to cause one's death or demise, or put one in body level fear. Such a game has come however from the Anu and their actual breeding of a whole race of humans that is ungrounded and in an ongoing state of fear. Those ascending with some slave inheritance can complete with the dance of ungrounded-ness as well as body level fear by clearing the karma associated in one's slave nation ancestry. In the anchoring information from one's red nation lineages on how to sustain an ongoing state of grounding, one will learn to ground at all times. As one pulls forward ancestors who know how to ground, remaining grounded becomes less difficult as one learns to remain connected to the core of Earth in a kinesthetic sense. In a grounded state, one's body will also move out of fear.

## COMPETITION AND THE ANU SLAVE NATION

The perpetual state of fear that those of Anu slave inheritance exist within is the underlying cause of competition in all of the forms that it effects human relations today. We will devote an entire chapter to transcending competition, but let us suffice to say that as humans of red nation ancestry fell to 2 strands, they too fell into a state of competition. Competition seeks to better oneself at the expense of another. Competition seeks to destroy another from fear for one's own safety or life. Competition seeks to control and imprison another and call it love when this is not love at all but a form of codependence. It is the competitive dynamics that are founded upon fear that must be transmuted in order to enter a state of unity and equality with others in the dance of life.



Those of Anu slave hologram and lineages have no pathway to unity or another state of being. Often ascending initiates try continuously to assist others around oneself of either Anu or Anu slave inheritance to embrace the concepts of unity and equality; and yet they really cannot and so one is not only wasting one's time, but often gives one's information and dream away in the process. Why cannot those of Anu inheritance embrace unity? The electrical sacred geometry of the Anu is antithetical to unity as it separates light and dark leading to extreme polarity in a magnetic creation such as Earth. Therefore there is no manner in which those of Anu descent can embrace unity any more than their slave nation as they lack the understanding of the proper energy flow to do so.

## ANU RED NATION BRIDGE PATTERNING

There are those of red nation ancestry that became bridges to the Anu later in their life extension practices. Later on the life extension of the Anu began to fail to enough of a degree that the Anu began to bridge into red nation peoples drawing upon magnetic chi to continue to extend their lives. This occurred for the second and third generations of the Anu as well as Innana and Merduk later in life.

Innana learned to bridge into her many red nation lovers as well as Rosetti, a grand master descendent that she rose as her own child. Apollo bridged into Rosetti after he married her at age 26. Rosetti later became so depressed that she committed suicide. The depression was due to a blending of magnetic and electrical signatures due to the bridging with her spouse and foster mother.

Merduk bridged into Persephone, his beloved and wife. Persephone also committed suicide in the end and as she discovered that Merduk was bleeding her son to death in order to extend his life. Athena II married a red nation spouse that she met through her university system. Athena bridged into this spouse and his entire tribe to extend her life. Later Athena's spouse die of a heart attack due to the magnetic and electrical pulsations that overstressed the heart. Zeus II bridged into the many red nation women that he raped over time. (See Chapter 3 of workbook I for a complete history of the Anu and Red Nations Peoples.)

In the bridging, a semi-pyramidal semi-rotational flow was constructed between the Anu family member and the other holding the position of the red nation's bridge. The flow between the two was used primarily to strip chi and to press the dreams for disease and death upon the red nation peoples and strip the dream of life for the Anu. Dreams of boredom and depression along with other life travesties that the Anu did not wish to experience were also often pressed upon the red nations' peoples through the bridges; and the sweet dreams taken in exchange. Many initiates today who are of red nation ancestry of either present time or more ancient times often find the Anu relations in one's life taking one's dreams in present time and then one receives dark dreams in exchange. The underlying cause of how this happens occurs through those holding direct ancestry to the red nation bridges to the Anu from ancient times.

Within any organization of 100 or more, there will also be the entire cast of characters as spoken to in Chapter 1 and 3 along with the group dynamics spoken to in Chapter 4 of Workbook 1. There will be the Anu and their slaves of each archetypal nature, and there will be the red nation's peoples of each of the root races and of each archetypal nature, and there will be those of grand master inheritance as well. The bridges will allow those of red nation or grand master nature to be stripped by those of Anu nature through the movement of the group pyramid or box shaped geometry.

As those who are ascending step out of the group pyramids or boxes of others, one can then retrieve enough of the information lost to carry on in one's ascent. One can also return dreams of death and accidents as well as depression so that they need not manifest in the physical, and retrieve ones' dream of ascension and other sweet dreams so that they can step into physicality to be experienced. This is the ongoing dance of karma between those of Anu and Anu slave inheritance and those of red nation and grand master inheritance.

### **LOSS OF INFORMATION AND FALLS**

Any ascending human spirals up in vibration the same pathway that one's ancestry spiraled down in genetic fall after fall in one's personal history. Each fall was the result of a loss of information. Sometimes the information was lost at a time of nuclear annihilation. If this is so, in releasing the emotional charge that occurred at the time that the DNA frayed due to a nuclear holocaust or testing, then one can retrieve the information lost and repair the associated DNA. There may be great fear, suffering and pain to be processed as the karma and emotional charge releases in the etheric body for each experience of radiation poisoning or death due to fission recorded as scar tissue.

Where did the information go from the nuclear annihilation of the Anu? Primarily the information went to the Pleiades where the family of Anu was from. All Anu family members either died during the annihilation itself or committed suicide; it was only Innana that returned home to commit euthanasia in the end. Because Innana returned home to the Pleiades, she took all information with her that was released as Terra was blown apart. Therefore one will retrieve genetic information from the Pleiades as one clears karma from the nuclear annihilation in this time period.

### **THE FALSE INTERVENTION AND NONPHYSICAL IMMORTALITY**

During the nuclear annihilation of Atlantis, information was not transferred back to the Pleiades. Instead information went to a nonphysical force of human afterlife without a physical form to sustain itself. Mila has called these human nonphysical forms the "false intervention". The false intervention is a group of humans that exist as discarnate form that has continued to exist after creation upon creation went extinct over time between Great Central Suns. The false intervention continues to exist by stripping dying creations of grid work and information as well as etheric blood to sustain themselves. Much like the Anu who

desired physical immortality, the false intervention is a representation of the desire for nonphysical immortality on the part of a large group of humans from many (100,000 or more) extinct creations.

Why would any human or nonphysical human desire immortality? The desire for immortality may be a biological remembrance of a time in which all humans inside the Great Central Sun lived forever without birth, death and rebirth cycles. Immortality is also a vast distortion on the concept of ascension from the Tao's point of view. Ascension allows for a homecoming and the dissolution of physicality and non-physicality so that all consciousness can return to the Tao in each contraction cycle. The desire for immortality will never fulfill upon ascension; the desire for immortality is simply the result of humanity becoming lost and failing to find a pathway to go "home" through.

The Tao is making a pathway home available to all humans associated with the hologram from this Great Central Sun. This is the gift of the Tao that needs to understand what has happened in this region of domain so that other related problems throughout creation can be resolved. However those of Anu or Anu slave hologram will not be able to join us as they are from a different Great Central Sun and not one that the Tao is working with in this time period. Therefore those of Anu or Anu descent will probably not resonate with the choice to ascend at this time or the information coming through the Tao to assist those who are choosing to go "home".

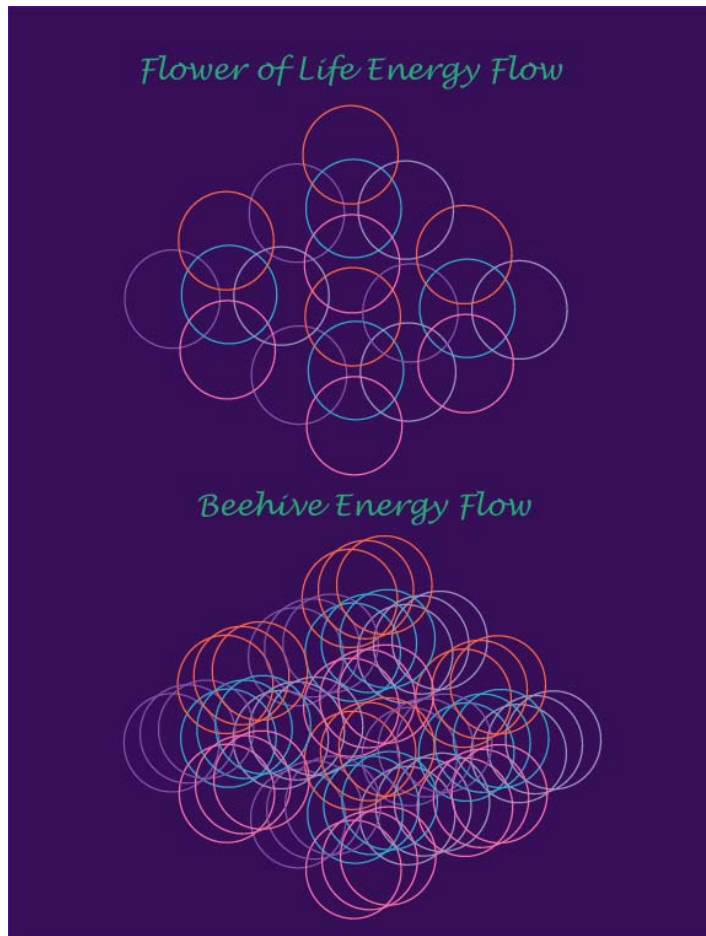
As one discovers that information was lost to the false intervention during the nuclear annihilation of Atlantis, one can intend to retrieve the information as the trauma from the experience is released and processed through the act of transcendence. Information has also been lost over time to those of Anu ancestry. As one discovers that one has lost information and dream to those of Anu inheritance in this lifetime, one can also intend to retrieve information for each ancestor who also lost information in parallel unto oneself as one forgives. In so doing, one will repair the genetic tapestry of ancestry to include the fullness of all the genetic information that is the rightful part of one's crystalline inheritance.

Red nation magnetic information is of little use to those from an electrical creation and causes distortion to the same degree as electricity causes distortion in a magnetic creation such as Earth. The best solution to move out of distortion therefore is for all information associated with Earth and this magnetic Great Central Sun that has been lost over time to be retrieved and recast and restored; and for all foreign information to be returned to its creation of origin. This is also so for each ascending human of red nation and magnetic ancestral origins. All of this can be accomplished through intention and in association with working with the healing temples for ascension. (See Chapter 5 in workbook I for information on the Healing Temples for Ascension.)

## BEEHIVE ENERGY FLOW

There is a new energy flow that is magnetic that is beginning to be embraced by those who are ascending. This energy appears similar to a beehive. Mastery over the triple lotus movement is required to begin to run beehive flow. Beehive flow doubles and triples up the flower of life movement creating pockets of thick magnetic pulsations that assist in repelling or removing electrical pulsations from

one's field sending them back into the environment or to sender. This is the gift of magnetic flow that is stronger and more layered in nature; it will make it easier for humans to continue to navigate through the density of the suburbs and continue to ascend.



As enough of the field becomes triple lotus, one can intend to layer the field more extensively by anchoring the beehive energy template from the Temple of Grid Work in the Aurora. Mastery over the triple lotus also allows polarity to cease and unity to begin. For one begins to erase the fear based thoughts and replace them with the Language of Light. As one integrates the Language of Light, the beehive flow is the next step and will allow for

greater numbers of layers in the field that shall tend to bend electricity back upon itself pressing it outside of one's energy flow. In order for this to work, one cannot be spinning pyramids or boxes in the space between; and both the space between and space without must host the circular patterning associated with the flower of life.

## THE PLANES OF THE KUMARAS

As one masters the first ten notes of the Language of Light, one begins to transcend the fear based planes that Mila has called the Planes of the Kumaras. As humans were designed to live in fear on the part of the Anu and Orion scientists, fear based planes were constructed that were designed to control the slave populations. This is the origins of the planes of the Kumaras. A false god known as Sanat Kumara oversees these planes and this was his job in agreement



with the Anu and not Terra. At this time and as humans transcend, the Kumara planes are being rolled up and exported back to the Pleiades as it was Pleiadian humans that anchored them here in the first place.

The Kumara planes (planes of fear, pain, suffering, death, greed, lust and judgment) were originally only present in regions where small numbers of Anu slaves lived upon Earth's surface and were not global in nature. In the second half of the era of the Anu and after the formation of the oceans due to the melting of the ice shields, the Anu chose to increase their slave populations to extend their lives. Reproduction was increased so that women became fertile each month and as a result the slave populations grew into the billions over time. Most of this was in the region known as Europe in present time, although the continent associated is under the ocean. As the slave populations increased, the planes of the Kumaras inflated to cover the region now known as Europe.

Over time and in the era of Atlantis, technology was developed that allowed for global travel not unlike in this era. The Anu slave descendents took off moving to other continents global wide not unlike today. The result was that the planes of the Kumaras grew to become a global phenomenon as a result. Wherever enough Anu slave populations lived, the red nations' peoples discovered themselves pulled into a dream of fear and subordination destined for the slaves as a result.

How do planes associate with dreams? Planes of reality are associated with the manifestation planes that step any dream



into physicality. The Anu set up their own manifestation planes for the Anu slaves that included a dream of subordination and the master-slave dance. This dream was held in place through the planes of the Kumaras. The red nations' peoples had their own manifestation planes that the Sirians who seeded them had created and included a life of peaceful and unity based relations. The red nations' manifestation planes were held in a language that is similar to the Language of Light. As enough Anu slaves relocated to red nation continents, suddenly the Kumara based manifestation planes of the slaves overran the manifestation planes of the red nations' peoples. The end result was that the red nations' peoples discovered themselves living a life of enslavement unto the Anu slave descendents as a result.

This has occurred in many time periods. As the red nations' peoples who inhabited the land of North America were invaded by enough white Anu slave descendents, they fell into a dream of slavery and were forced to relinquish their land and live upon "reservations". Africans have been enslaved by white people in the Southern US as recently as just a few hundred years ago. This too is the result of red nation peoples of African descent moving into the Anu slave manifestation planes and then manifesting a dream of subordination and slavery unto the Anu slave descendents.

The Anu slave manifestation planes have dominated everywhere that they are created through the collective unconscious. Electricity always dominates over magnetism in a magnetic creation. The red nations' manifestation planes are magnetic and therefore overrun by the electrical manifestation planes of the Anu slaves. It is for this reason that the red nations' peoples have fallen into slavery of one form or another again and again throughout history and since the arrival of the Anu upon Earth.

## **VIOLENCE AND THE ANU SLAVE MANIFESTATION PLANES**

The Anu slave manifestation planes were not originally violent in nature. Merduk reprogrammed a few of the slave manifestation planes for violence to create his warfare upon Innana. As the planes were reprogrammed for violence, over time the Anu slaves within such dreamtime began to act out in violence for no apparent cause. The same regions hosting violent dreamtime often became the large battlefields where slaves of one god (Merduk) fought with other slaves of another god (Innana). Wherever the violent manifestation planes occur again in present time, there is always violence of some sort that erupts, whether it is regional uprisings or actual warfare between nations. As all Anu slave dreamtime leave Earth, peace upon Earth will occur; and Terra is working upon this goal at this time to redirect human civilization towards awakening and evolution.

Over time the warfare manifestation planes moved around to other regions. In recent centuries, warfare planes appeared in North America and drew the red nations' peoples into warfare between their own tribes over land and resources. This occurred long before the arrival of the white Anu slave descendents. Later warfare broke out between the Anu slave descendents and the red nations'



peoples over territorial disputes, with the red nations' peoples falling into a dream of slavery in the end where they were forced to retract onto reservations.

In Africa, a similar dance has also occurred with first the white nation's peoples moving in and overtaking the black peoples' land and resources. This has placed most black peoples in shanty towns and in greater poverty than when they lived freely from the land in a tribal sense. Now at this time of ascension the black nations' peoples are retrieving their power and rebelling but are catching a dream for warfare and violence from the Anu slave descendents own collective unconscious. In many places the black nations' peoples are retrieving their land through force. This occurred in the Ivory Coast region with in the past few years.

One may wonder, is there no possibility for another dream other than force to create restitution of lost land for red nations' peoples? There are other places where restitution will play out peacefully because there are no warfare manifestation planes to create otherwise. This is so presently upon the North American continent where Native Americans will create new homesteads over time and due to reclaiming their own power to manifest their dreams. In this region there will be no violence associated with restitution as there are no manifestation planes that call for violence. In Hawaii there will be a gradual reclaiming of the land by those who are Hawaiian and Hawaiian at heart as enough people who own the land perish in the coming times of cleansing ahead. Again there will be no violence associated with restitution as there are no manifestation planes hosting violence associated in the islands.

Terra desires to anchor a non-violent dream for humanity all over Earth. Up until now a new dream of this nature has not been possible. Even the dream Terra has been anchoring for the human species cannot step down immediately. It will take 7 - 8 years for this new dream to begin to be realized in physicality. As the new manifestation planes take hold, there will be a different dream that catches upon each human that attunes to the new dream. By 2012 to 2018, it is anticipated that enough of the Anu slave manifestation planes shall be cleared global wide to lead to a renaissance and potentially global peace by 2025. This shall come hand in hand with most of Anu and Anu slave inheritance also leaving physicality primarily due to disease and inability to ascend.

## **REMOVING THE ANU SLAVE MANIFESTATON PLANES**

For those who are ascending, one can learn to consciously choose which manifestation planes that one works with. One can consciously choose to utilize only those manifestation planes that Earth is holding for those who are ascending that creates a peaceful and unity based dream. Earth's manifestation planes are designed to create a complete ascension. They are designed to assist one in mastering unity, while providing mirrors and direct feedback about one's own thought-form so that it can be transcended.

One can also begin to consciously remove the planes of the Kumaras in the region where one lives or travels to assist Earth in this process of creating new manifestation planes for humankind that shall be peaceful and unity based. How does one eliminate the planes of the Kumaras? Sometimes one may go out onto the Anu slave manifestation planes in dreamtime to locate them in time and space. Then as one awakens from a strange dream associated with pain, suffering, fear, death, lust, greed or judgment, or violence, one can through intention roll up the associated plane and send it through the solar kundahlini for dissolution. Over time one will discover that one can clear up to 90% of the kumara based planes within one's region of origin through such intentions. As one does so, the region that one lives within will become increasingly peaceful and unity based. As more attune to dreamtime with the goal of hunting down planes that create violence and slavery and remove them from Earth, more and more of the dream associated with the current human difficulties can be dissipated leading to a new day ahead.

Some of the Anu slave manifestation planes will naturally dissipate as Earth's vibration increases enough to dissolve all associated that is dissonant. It is always the suburbs and cities that host the greatest density and therefore have the largest numbers of kumara based planes remaining. It is for this reason that life in the countryside may feel entirely different than life in the city, as one will not be attuning to a slave based dream and then manifesting a life of slavery as a result; or worse yet a violent life experience. This is another good reason for ascending humans to relocate to the countryside and it will lead to a more peaceful and unity based life in the now.

For places like the Middle East, this region appears to have gathered the most violent warfare manifestation planes from Merduk and Innana's battlefields and subsequent nuclear annihilation. It is for this reason that this region is such a hotbed for potential nuclear war, and why others in current human power do not wish those in the Middle East therefore to get their hands upon nuclear weaponry. From Terra's point of view, it will take the next generation of incoming ascending children to mature in this region to begin to dispel the dream for warfare. In the meantime the dream is observed carefully to make sure that it does not lead to potential nuclear war. Any dream that appears to be heading in this direction is canceled by the consciousness of Terra as it would prevent her evolution home otherwise.

## **ANALYSING ONE'S BIRTH THOUGHT-FORM**

In the current paradigm, humans, when born at two strands of DNA, create their persona and life dynamics through 144 algorithmic thought-forms that are dogmatic in nature and are in extreme polarity. The 144 thought forms were thoroughly explored in the worksheet for Chapter 2 in Workbook 1. Each may wish to bring this information forward to support the work associated with this chapter.

Incoming human children at two strands create their algorithms from 18 of the 144 thought forms which then direct the DNA to construct the body in the womb.

Most working with these materials entered the world at two strands, although a few may be Indigos in their late teens or early to mid-twenties that came in with genetics at 1024 strands of DNA. Those of Indigo nature also still sit in polarity that is less extreme as one will have double the thought-form and some polarities will cancel out the opposite leading to fewer extremes in the life dance. Therefore those that test that they entered the world at 1024 will search for 36 thought-forms of the 144 that they are associated with and see how some extremes will cancel one another out, leading to a life path that is a little more in the middle of the two ends of the poles.

One can see in this how extreme polarity has been constructed over time. As one pairs down the number of thought-forms one constructs the archetypes and algorithms from for the life, the more extreme the polarity becomes due to limitation of thought-form. The greater the number of algorithms, the less limitation and the greater the level of unity as any thought that is upon one side of the scale and the other upon the other side will cancel each other out if both are embodied leading to a middle path between the two. It is for this reason that the Anu slaves lived in somewhat peaceful circumstances in the beginning as they had all 144 thought-forms to draw upon to create the algorithmic patterns for the life at 5000 strands of DNA. This led to a far more balanced human expression than if only 18 thought-forms direct the life and persona.

You will also see that red nation thought-form was not unlike the Anu thought-form in nature. The red nation peoples at 15,000 strands had 188 algorithmic thought-forms that constructed the persona and life dance. At another time we will bring forth the additional 44 thought-forms associated with the red nations' peoples as they were originally seeded by the Sirian scientists in the continued chapters of this workbook. At this time it is more important for those upon the path of ascension to focus upon the 18 thought-forms that one was born with so that one can intend to transmute all polarity and integrate the Language of Light in its place.

There were 7 languages seeded associated with each root race on the part of the Sirian scientists. In the original seeding there was a North American Indian language, South American Indian language, Tibetan language, Inuit/Mongolian (Eskimo) language, Aboriginal (Australia) language, Polynesian language and African language. The Language of Light is closest to the Polynesian language than any of the other original root race languages seeded. The reason Terra and those nonphysical forces guiding ascension over time chose the Polynesian language over any others is that it hosts the least polarity of all. Perhaps it is for this reason that Lemurian peoples along with the Polynesian race have known long periods of peace and unity in the dance of life.

Although the Polynesian language is the best choice of all possibilities, the language itself has gone through a load of alterations and modifications to foster ascension and is no longer similar to the original Polynesian language as a result. The alterations have been created to allow for ascension not only of humanity, but each kingdom that is also choosing to embody the Language of Light at this time. The Language of Light has had modifications drawn from Mila and Oa's own

experience of evolution along with SSOA and each ascending kingdom, particularly the map carving dolphins and whales. The Language of Light has also had modifications anchored from the Tao in support of continued evolution.

The Language of Light leads to the mastery of Language of One as all 144 concepts of the entire scale of single, dual, tri and quad notes are integrated. However at this time we are beginning to alter the tones in the Language of Light scale again through the process of amalgamation or the blending of the denser and lighter tones of the scale into a new set of tones altogether. Amalgamation leads to an even more greatly stable rainbow of synthesis and it is for this reason that ascending map carvers are heading in this direction at this time. More will be written about the process of amalgamation in later chapters either this year or next depending upon what Terra deems best as a focus for those working with these materials.

We will provide a list in the worksheet section of this chapter of all the thought-forms and how they are associated with the planes of the Kumaras or the Anu manifestation planes. In analyzing what the main 18 thought-forms one used to create the algorithmic patterns at one's birth, one therefore will also understand which of the manifestation planes and thought-form of the Kumaras one is more greatly tied to. For each is generally more greatly tied to two to three of the Kumara based planes than any others.

Here is an analysis of Mila and Oa's birth natures to give you an idea of what we are speaking to for your own analysis.

### **MILA'S BIRTH NATURE**

Thought-forms of birth archetypes in association with the Anu manifestation planes:

#### **PLANE OF FEAR**

*Transmutative Tones: Compassion*

I Fear  
I am Unsafe  
I Compromise  
I am Non-Communicative

#### **PLANE OF JUDGMENT**

*Transmutative tones: Freedom and Divine Union*

I Give my Dreams Away  
I Foster Success in Others  
I Judge Myself  
I Am Non-Beautiful  
I Am Healthy  
I Lie  
I Undermine

## **PLANE OF SUFFERING**

*Transmutative Tone: Power*

I Feel Deeply  
I Suffer  
I Repress my anger  
I Heal Others  
I Acquiesce or Give In  
I Subordinate  
I Never Argue

## **OA'S BIRTH NATURE**

Thought-forms of birth archetypes in association with the Kumaras:

## **PLANE OF LUST**

*Transmutative Tones: Non-Conditional Love and Breath of Life*

I Demand  
I am Empowered  
I Dream for Others  
I am Seduced  
I Negotiate  
I Succeed  
I Dominate

## **PLANE OF JUDGMENT**

*Transmutative tones: Freedom and Divine Union*

I Observe  
I Am Superior  
I Perceive  
I Cheat  
I Begrudge  
I Give In

## **PLANE OF PAIN**

*Transmutative Tone: Structure*

I Witness  
I Control  
I See Clearly  
I Repress my Pain  
I am Depressed

## ALGORITHMS AND THE LANGUAGE OF LIGHT

There are many tones in the Language of Light that assist in the process of transmutation. The goal of those working with these materials is to master the first 48 symbols and then go on to master dual tone concepts. The Language of Light creates different algorithmic patterns in one's field as well as a different firing of neurons within the brain and nervous system of the body. The Language of Light will trigger biological ascension of the entire body as each note is mastered as an energy flow along with within the nervous system. The mastery in the nervous system allows for a new and different way of perceiving life from a unity based vantage point rather than judgmental and shamed based point of reference. For this reason, ascension can be vastly life altering to experience.

To master the first 48 notes of the scale, each of the 18 polarity based birth thought-forms must be transmuted in full down to a genetic level. This is what causes the integration of unity based biology. As the algorithms are learned by one's nervous system, the firing of the nervous system in Language of Light patterns will bring forward the DNA from ancient times that resonate to be integrated. This is how language and biological ascension are interrelated. One must however have sincere biological inheritance to red nations' DNA for this to come to be so.

There have been those who were of hidden Anu inheritance inside of this program. These individuals could never master the Language of Light or integrate red nation DNA in physicality as it was not a sincere part of their biological inheritance. DNA cannot grow on top of DNA that exists today unless one has a direct physical path back in time to those that embodied the DNA in physicality at another time. Anchoring false lineages or ancestors does not work to create real physical ascension. Therefore, if one confirms within that one has mostly electrical DNA at this time, the pathway of ascension must await a future ancestor who will blend one's tapestry with a tapestry of a red nation person creating a body that has real inheritance through time to red nations' genealogy. Then one's future ancestor will be able to ascend beyond perhaps where one can go in this lifetime.

Our final point in this is that there is no end to consciousness. Through the blending of DNA that can ascend, future ancestors will master. One will experience the mastery of one's future ancestors from the nonphysical afterlife associated with human ancestors. Ancestors that are from foreign and electrical creations will split off at some point returning to another creation to carry on in their choice to evolve. There is no end to existence except in the cessation of life of the physical. The physical however is only a shadow of many other planes of existence that have far greater understanding and truth within them. Over time as humans ascend, they shall reunite with other planes that hold greater understanding and truth and then shall anchor the understanding and truth into the physical. This is what ascension is all about; bringing the wisdom and knowledge back to the physical plane that has been lost in the many falls in consciousness throughout time and space and form.



Many of the ancestors that one is related to know much more than one can ever bring into physicality due to the limitations within the cranium and nervous system of the current genetic structure. One however can channel the wisdom even if one cannot embody it all. Mila and Oa are good examples of this. Mila and Oa channel wisdom 1000 fold greater than they can embody; however the wisdom drives the life as well as their school and organization in a manner that fosters evolution. This is the gift of being a fully conscious species.

There is no limitation to the number of algorithmic thought-forms one can learn once the brain becomes crystalline; as such one can think thoughts that one's future ancestors may not embody for 1000 years into the future. However in thinking such thoughts now and learning to live one's life from a more expanded perspective, one will foster a dream in which such thought-form will become physical and humans shall be restored to a fully conscious state with a large cranium into the future. Thoughts precede all other events; first one must think the expanded thoughts of full consciousness and then your future ancestors will become fully conscious. This also is the purpose of these teachings.

## SUMMARY

As each chooses to assess one's birth thought-form, one may perceive that one has been working upon transcending these thought-forms for one's entire life. There may be some thought-forms that are already 70% or more transcended. There may also be others that one has yet to address as the thought-form appears to be a part of the foundation of whom one has thought oneself to be since birth. As all thought-forms are transmuted, one will construct a new foundation from the Language of Light that shall lift one into a new unity based paradigm in this lifetime. This is the gift of ascension and the Language of Light.

Each working with these materials may perceive oneself as a map carver. Map carvers forge a pathway that few others have walked. You may consider yourself therefore on the leading edge of a new human dream. Walking on the leading edge is not necessarily an easy path; as there may be few that one can share with that will understand or support oneself in one's life changes.

Life change is the outcome of the integration of the Language of Light. The Language of Light moves in a manner that frees up the sticky ties of attachment so that one may complete one's karma in any dance and then create a new dance that better resonates with whom one is becoming. There is always more karma. However as one works one's way back in time to red nation ancestries and the genealogy associated is integrated, one then begins to create a life based upon red nation karma that may be gentler and more harmonious in nature. This is how many ascending humans shall carve a path towards a unity state of being that is not of your original birth nature.

As more humans carve the path of unity, the path will widen so that more can follow in adult form, and children that will master in the womb and in early childhood shall be born. The gift of these little ones is that they will have no prior history of polarity or distortion to affect their thoughts or life choices as they mature. Many of these children will simply learn to walk their path as they mature enough to do so, regardless of how it agrees with friends or family. This will be a sign of the return of biological truth unto the ascending humans of the future. As the truth bearers mature, some will take on positions of leadership in the regions that they live and begin to lead others in a new direction founded upon truth. This is how truth shall be restored to the human civilization.

Ascension is a long haul project. Each generation will do their part to ascend and allow a deepening of unity to emerge amongst those who are evolving. Over time, the evolving ones will be the only ones left; and then human civilization will take on the path of evolution as a collective and conscious endeavor. The times ahead will be quite amazing to witness and experience. Each reading these materials will experience this through one's future ancestry, as future of greater unity and joy and the conscious choice to evolve as an equal partner to Terra and all other kingdoms! This is what Terra intends to come forth. Perhaps you will intend so with me.

Until our next communication,  
Namaste  
Terra  
The Tao

# THE COMPLETE ASCENSION WORKBOOK PART II

## CHAPTER 2 WORKSHEET

*Transcending Fear and Loss of Information*

*Assessing and Transcending Birth Archetypal Nature*

**The Earth Mother through Karen Danrich "Mila" and Thomas Weber "Oa"**

**May 8, 2006**

### LACK OF INFORMATION AND FEAR

<p><b>1. To what degree have I transcended dogmatic thought-form in my ascension to date?</b></p> <p>% Transcended Dogma _____</p> <p>% Integrated Language of Light (first 48 notes) _____</p>	<p><i>I intend to transcend all dogmatic beliefs that I have held since childhood.</i></p> <p><i>I intend to let go of those vibrations associated with dogma.</i></p> <p><i>I intend to integrate the Language of Light in their place.</i></p> <p><i>I intend to release all karma in my tapestry of ancestry for dogmatic ancestors and all that this creates in the dance of life.</i></p>
<p><b>2. For the level of evolution I have mastered to date, what percentage of my genetic information is still missing?</b></p> <p>% Missing _____</p> <p><b>3. Out of this what percentage was lost due to nuclear warfare in my ancestry?</b></p> <p>% Lost _____</p>	<p><i>I intend to release all karma for loss of information and fraying DNA in my inheritance.</i></p> <p><i>I intend to release all karma for the loss of information associated with the nuclear annihilation of Atlantis.</i></p> <p><i>I intend to retrieve all lost genetic information lost in the era of Atlantis.</i></p> <p><i>I intend to release all karma for the loss of information associated with the nuclear annihilation of the Anu.</i></p> <p><i>I intend to retrieve all genetic information lost in the era of the Anu.</i></p> <p><i>I intend to forgive those ancestors who were responsible for nuclear warfare.</i></p> <p><i>I intend to forgive those ancestors who suffered as a result of nuclear warfare.</i></p>

## HEALING THE INNER FAMILY

### Fear due to Lack of Information

Question	Inner Male Child	Inner Female Child
<b>1. What ages did you experience fear due to a lack of information to handle a particular circumstance in childhood?</b>	<div> <div> <div>___ Age 0-1</div> <div>___ Age 1-2</div> <div>___ Age 2-3</div> <div>___ Age 3-4</div> <div>___ Age 4-5</div> <div>___ Age 5-6</div> </div> <div> <div>___ Age 6-7</div> <div>___ Age 7-8</div> <div>___ Age 8-9</div> <div>___ Age 9-10</div> <div>___ Age 10-11</div> <div>___ Age 11-12</div> </div> </div>	<div> <div> <div>___ Age 0-1</div> <div>___ Age 1-2</div> <div>___ Age 2-3</div> <div>___ Age 3-4</div> <div>___ Age 4-5</div> <div>___ Age 5-6</div> </div> <div> <div>___ Age 6-7</div> <div>___ Age 7-8</div> <div>___ Age 8-9</div> <div>___ Age 9-10</div> <div>___ Age 10-11</div> <div>___ Age 11-12</div> </div> </div>
<i>I intend to release and erase all trauma from feeling afraid due to a lack of information in my childhood.</i>	<i>I intend to retrieve all parts of my inner male child at all age ranges.</i>	<i>I intend to retrieve all parts of my inner female child at all age ranges.</i>
<i>I intend to replace the memories of fear with those of safety and love from parallel life childhood experiences.</i>	<i>I intend to release and erase the trauma of fear recorded at the above ages within my inner male child.</i>	<i>I intend to release and erase the trauma of fear recorded at the above ages within my inner female child.</i>
<i>I intend to forgive my parents or other adults or friends who put me in fear in my childhood and lacked the information themselves to handle the circumstance in any other way.</i>	<i>I intend to retrieve all fractured pieces of my inner male child that shattered due to fearful past experiences and send them for recasting.</i>	<i>I intend to retrieve all fractured pieces of my inner female child that shattered due to fearful past experiences and send them for recasting.</i>
<i>I intend to forgive my inner child for being in fear or putting others in fear.</i>	<i>I intend to erase the fearful experiences and replace them with experiences where my inner male child felt safe in parallel lives.</i>	<i>I intend to erase the fearful experiences and replace them with experiences where my inner female child felt safe in parallel lives.</i>
<i>I intend to restore a sense of safety within my inner child so that a new dance of unity can emerge within my inner family.</i>	<i>I intend to send all information that I now know as an adult all the way back in time throughout my inner male child.</i>	<i>I intend to send all information that I now know as an adult all the way back in time throughout my inner female child.</i>
	<i>I intend that my inner male child learn to ground and synthesize the field to feel safe.</i>	<i>I intend that my inner female child learn to ground and synthesize the field to feel safe.</i>

**What herbs, minerals or Language of Light tones would be useful in the healing of my inner child of fear?**

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Question	Inner Male Teenager	Inner Female Teenager
<b>2. What ages did you as a teenager experience fear due to a lack of information?</b>  <i>I intend to release all trauma from fearful experiences due to a lack of information in my teenage years.</i>  <i>I intend to erase all experiences of fear in my teenage years in full.</i>  <i>I intend to replace the memories of fear with those of safety and love from parallel life teenage experiences.</i>  <i>I intend to forgive my parents or other adults or friends who put me in fear as a result of not knowing how to handle the circumstance any other way.</i>  <i>I intend to forgive my teenager for being in fear or putting others in fear.</i>  <i>I intend to heal the fear so that a new dance of unity can emerge within my inner family in all age ranges.</i>	___ Age 0-1    ___ Age 6-7 ___ Age 1-2    ___ Age 7-8 ___ Age 2-3    ___ Age 8-9 ___ Age 3-4    ___ Age 9-10 ___ Age 4-5    ___ Age 10-11 ___ Age 5-6    ___ Age 11-12  <i>I intend to retrieve all parts of my inner male teenager at all age ranges.</i>  <i>I intend to release and erase the trauma of fear recorded at the above ages within my inner male teenager.</i>  <i>I intend to retrieve all fractured pieces of my inner male teenager that shattered due to fearful past experiences and send them for recasting.</i>  <i>I intend to erase the fearful experiences and replace them with experiences where my inner male teenager felt safe from parallel lives.</i>  <i>I intend to give my inner teenage male all information that I have learned now as an adult.</i>  <i>I intend that my inner teenage male learn to ground and synthesize the field to feel safe.</i>	___ Age 0-1    ___ Age 6-7 ___ Age 1-2    ___ Age 7-8 ___ Age 2-3    ___ Age 8-9 ___ Age 3-4    ___ Age 9-10 ___ Age 4-5    ___ Age 10-11 ___ Age 5-6    ___ Age 11-12  <i>I intend to retrieve all parts of my inner female teenager at all age ranges.</i>  <i>I intend to release and erase the trauma of fear recorded at the above ages within my inner female teenager.</i>  <i>I intend to retrieve all fractured pieces of my inner female teenager that shattered due to fearful past experiences and send them for recasting.</i>  <i>I intend to erase the fearful experiences and replace them with experiences where my inner female teenager felt safe from parallel lives.</i>  <i>I intend to give my inner teenage female all information that I have learned now as an adult.</i>  <i>I intend that my inner teenage female learn to ground and synthesize the field to feel safe.</i>
<b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner teenager of fear?</b> <hr/> <hr/>		



Question	Inner Male Adult	Inner Female Adult
<p><b>3. What ages in your adult years did you experience fear due to a lack of information?</b></p> <p><i>I intend to release all trauma from fear due to a lack of information in my adult years.</i></p> <p><i>I intend to erase all experiences of fear in my adult years in full.</i></p> <p><i>I intend to replace the memories of fear with those of safety and love from parallel life adult experiences.</i></p> <p><i>I intend to forgive my parents or other adults or friends who put me in fear me as an adult.</i></p> <p><i>I intend to forgive myself for putting others in fear in the dance of life with family, friends or at work.</i></p> <p><i>I intend to heal the fear so that a new dance of unity can emerge within my inner family in adulthood.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to retrieve all parts of my inner male adult at all age ranges.</i></p> <p><i>I intend to release and erase the trauma of fear recorded at the above ages within my inner male adult.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner male adult that shattered due to fearful past experiences and send them for recasting.</i></p> <p><i>I intend to erase the fearful experiences and replace them with experiences where my inner male adult felt safe from parallel lives.</i></p> <p><i>I intend that my entire inner adult male have all information that I have now.</i></p> <p><i>I intend that my inner adult at all ages learn to ground and synthesize the field to feel safe.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to retrieve all parts of my inner female adult at all age ranges.</i></p> <p><i>I intend to release and erase the trauma of fear recorded at the above ages within my inner female adult.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner female adult that shattered due to fearful past experiences and send them for recasting.</i></p> <p><i>I intend to erase the fearful experiences and replace them with experiences where my inner female adult felt safe from parallel lives.</i></p> <p><i>I intend that my entire inner adult female have all information that I have now.</i></p> <p><i>I intend that my inner adult female at all ages learn to ground and synthesize the field to feel safe.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner adult of fear?</b></p> <hr/> <hr/>		

Question	Inner Male Parent	Inner Female Parent
<p><b>4. What memories do I have of my parents being in fear themselves or putting the child, teenager or adult into fear as recorded within myself?</b></p> <p><i>I intend to erase all experiences of fear held within my inner parents.</i></p> <p><i>I intend to replace the memories of fear with those of safety and love from parallel life parental experiences.</i></p> <p><i>I intend to forgive my parents who put me in fear and left a record fear within my inner family.</i></p> <p><i>I intend to forgive myself as a parent for placing my own inner children in fear or the children that I am raising or have raised into fear.</i></p> <p><i>I intend to heal the fear so that a new dance of unity can emerge within my inner family as directed by my new inner parents who are grounded in nature.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner father that is wise, grounded and safe and related to my grand master or red nation ancestors.</i></p> <p><i>I intend to release the trauma of fear recorded within my inner father.</i></p> <p><i>I intend to erase each experience of fear within my inner father.</i></p> <p><i>I intend to replace the experiences of fear with experiences where my inner father is safe from parallel lives.</i></p> <p><i>I intend that my inner father have all information that I understand now.</i></p> <p><i>I intend that my inner father learn to ground and synthesize the field and teach the rest of the inner family members to do the same to feel safe and nurtured by Earth.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner mother that is wise, grounded and safe and related to my grand master or red nation ancestors.</i></p> <p><i>I intend to release the trauma of fear recorded within my inner mother.</i></p> <p><i>I intend to erase each experience of fear within my inner mother.</i></p> <p><i>I intend to replace the experiences of fear with experiences where my inner mother is safe from parallel lives.</i></p> <p><i>I intend that my inner mother have all information that I understand now.</i></p> <p><i>I intend that my inner mother learn to ground and synthesize the field and teach the rest of the inner family members to do the same to feel safe and nurtured by Earth.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner parents of fear?</b></p> <hr/>		

SPIRALING DNA	
<p><b>1. What percentage of my DNA still spirals?</b></p> <p>% Spiraling DNA _____</p>	<p><i>I intend to fill in all gaps in my DNA in my continued ascent.</i></p> <p><i>I intend to retrieve all DNA that frayed due to nuclear annihilation in my ancestry.</i></p> <p><i>I intend to compile a complete set of DNA to 3000 strands or however far I can master in this lifetime.</i></p>
<p><b>2. What percentage of my DNA has been constructed as CD's that are whole and complete?</b></p> <p>% DNA is whole and Complete _____</p>	<p><i>I intend to create an entire wheel of genetic information that is stacked like a CD with 3000 bits of information or more.</i></p> <p><i>I intend to release all karma for how DNA lost information and began to spiral in the many falls in my ancestry.</i></p> <p><i>I forgive my ancestors for creating any circumstance that caused a loss of DNA over time.</i></p> <p><i>I forgive any others that created any circumstance that caused a loss of DNA over time.</i></p> <p><i>I intend to restore holographic knowing and a complete wheel of genetic information to the degree that I can in this lifetime.</i></p>
<b>NOTES</b>	

<p><b>3. What parts of my body still host spiraling DNA?</b></p> <p><i>I intend to release all karma and scar tissue in these regions of my form that cause my DNA to spiral.</i></p> <p><i>I intend to retrieve all information that was lost in the fraying of DNA due to radiation poisoning over time in my ancestry.</i></p> <p><i>I intend to forgive my ancestors who participated in the dance of nuclear warfare.</i></p> <p><i>I intend to forgive those ancestors who suffered as a consequence of nuclear warfare.</i></p> <p><i>I intend a complete ascension as possible in this lifetime.</i></p>	<p><b>___ Nervous System</b>          ___ Brain ___ Brainstem ___ Spinal Column          ___ Spinal Cord ___ Nerves ___ Pineal Gland          ___ Pituitary Gland</p> <p><b>___ Breath of Life</b>          ___ Lungs ___ Diaphragm ___ Rib Cage</p> <p><b>___ Digestion and Waste Management</b>          ___ Esophagus ___ Stomach          ___ Small Intestine ___ Large Intestine          ___ Gall Bladder ___ Kidneys ___ Bladder</p> <p><b>___ Circulatory System</b>          ___ Heart ___ Lymph Nodes          ___ Veins ___ Lymph          ___ Spleen ___ Bone Marrow</p> <p><b>___ Reproduction or Regeneration</b>          ___ Uterus ___ Ovaries          ___ Testes ___ Regeneration Glands</p> <p><b>___ Metabolism</b>          ___ Thyroid ___ Thymus ___ Pancreas ___ Liver</p> <p><b>___ Sensory Organs</b>          ___ Skin ___ Eyes ___ Ears ___ Nose ___ Mouth</p> <p><b>___ Body Structure</b>          ___ Muscles ___ Bones          ___ Arms ___ Hands ___ Legs ___ Feet</p>
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## RETRIEVING INFORMATION DUE TO NUCLEAR ANNIHILATION

<b>1. How many ancestors do I know of to date that perished in the nuclear annihilation of Atlantis?</b> <hr/>	<p><i>I intend to retrieve all genetic information lost to date in any nuclear annihilation that occurred upon Earth and as experienced by my ancestry.</i></p> <p><i>I intend to retrieve all information that left with Innana to going to the Pleiades that belongs unto my red nation ancestry.</i></p>
<b>2. How many ancestors do I know of to date that perished in the nuclear annihilation of the Anu?</b> <hr/>	<p><i>I intend to retrieve all information that has been lost to the false intervention to date in my ancestry.</i></p> <p><i>I intend to retrieve all information lost in the great floods and the drowning of so many of my red nation ancestors.</i></p> <p><i>I intend to forgive the Anu for their desire for physical immortality.</i></p> <p><i>I intend to forgive the false intervention for their desire for nonphysical immortality.</i></p>
<b>3. How many ancestors do I know of to date that perished in the great floods and as the ice shields broke?</b> <hr/>	<p><i>I intend to forgive any ancestor in my inheritance that desired immortality in lieu of spiritual evolution "home".</i></p> <p><i>I intend to ascend in this lifetime.</i></p> <p><i>I intend to cease to participate in the life extension games of others in my dance of life.</i></p> <p><i>I intend a complete ascension in this lifetime.</i></p> <p><i>I intend a regenerative form that lives to witness the coming times of cleansing ahead.</i></p>

**What herbs, minerals or Language of Light would be useful in releasing the karma and retrieving knowledge lost in nuclear annihilation or the great floods upon Earth?**

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## RETRIEVING BIRTH KNOWLEDGE

**1. What ages did you experience a childhood or teenage disease or accident?**

**What childhood diseases did you manifest?**

\_\_\_ Measles      Age \_\_\_

\_\_\_ Mumps      Age \_\_\_

\_\_\_ Pneumonia      Age \_\_\_

\_\_\_ Chicken Pox      Age \_\_\_

\_\_\_ Rubella      Age \_\_\_

\_\_\_ Other      Age \_\_\_

Accidents and Age:

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*I intend to retrieve all information I gathered before birth to support my path of ascension in this lifetime.*

*I intend to retrieve my birth knowledge that was stripped during each childhood or teenage disease that I experienced.*

*I intend to retrieve any body level dream information lost with each accident experienced in my childhood or teenage years.*

*I intend to send the retrieved information to my recasting temples for integration.*

*I intend that the information sit within the crystalline DNA and hologram that I am now embodying as an ascending human.*

*I intend that the ancient knowledge I brought forth at birth assist me in understanding my life's karma to be cleared to assure a complete ascension in this lifetime.*

*I intend to release my karma with each individual that stripped my birth knowledge in childhood or my teenage years.*

**Who did my birth knowledge go to? And what is their archetypal nature?**

Person 1 \_\_\_\_\_ Archetype \_\_\_\_\_

Person 2 \_\_\_\_\_ Archetype \_\_\_\_\_

Person 3 \_\_\_\_\_ Archetype \_\_\_\_\_

Person 4 \_\_\_\_\_ Archetype \_\_\_\_\_

**What herbs, minerals or Language of Light would be useful to retrieving all my birth knowledge?**

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<p><b>2. What other types of troubles did you have in your childhood, teenage years or young adulthood?</b></p> <p>What problems did you manifest?</p> <p>___ Colic                      Age ___</p> <p>___ Earaches                Age ___</p> <p>___ Back Pain              Age ___</p> <p>___ Neck Pain              Age ___</p> <p>___ Stomach Pain    Age ___</p> <p>Other Ailments and Age:</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><i>I intend to retrieve all birth knowledge surrounding spiritual evolution and visionary truth.</i></p> <p><i>I intend to retrieve all birth knowledge surrounding dream weaving and manifestation.</i></p> <p><i>I intend to retrieve all birth knowledge surrounding breath of life and love.</i></p> <p><i>I intend to retrieve all birth knowledge on sexual energy flow and the kundahlini energy system.</i></p> <p><i>I intend to retrieve all birth knowledge on grounding and connecting to my source.</i></p> <p><i>I intend to retrieve all birth knowledge on communion with Earth and nature.</i></p> <p><i>I intend to retrieve all birth knowledge on how to weave a dream for a strong healthy body that can ascend.</i></p> <p><i>I call my ancient ancestors forward to assist me in this process of retrieving my birth inheritance.</i></p> <p><i>I intend to release karma with each that stripped my birth knowledge.</i></p>
<p><b>Who did my birth knowledge go to? And what is their archetypal nature?</b></p> <p>Person 1 _____ Archetype _____</p> <p>Person 2 _____ Archetype _____</p> <p>Person 3 _____ Archetype _____</p> <p>Person 4 _____ Archetype _____</p> <p><b>What herbs, minerals or Language of Light would be useful to retrieving all my birth knowledge?</b></p> <p>_____</p> <p>_____</p>	

## WORKING WITH EARTH TO WEAVE ONE'S DREAM

**1. What percentage of the time do you still rely upon the false gods and bargain for your dream?**

% \_\_\_\_\_

**What types of dreams do you still bargain for?**

\_\_\_ Love or manifestation of the Beloved

\_\_\_ Having enough to subsist

\_\_\_ Safety

\_\_\_ Joyful experiences

\_\_\_ Loving family experiences

\_\_\_ Friendships

\_\_\_ Work

\_\_\_ Sex

\_\_\_ Other

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

*I intend to cease to bargain with the false gods for my dreams.*

*I intend to release all karma for having to bargain with the false gods for any dream throughout my ancestry.*

*I intend to work with the Earth Mother to manifest my dreams so that my thought-form is reflected back in my dance of life.*

*I intend to attune to the dreamtime manifestation planes that the Earth Mother provides for the purposes of ascension.*

*I intend to release all karma in my ancestry for relying upon the false gods for dream weaving purposes.*

*I intend to retrieve all my ancestral and holographic knowledge on dream weaving.*

*I intend to become the dreamer and the dream through ascension.*

*I intend absolute forgiveness of each pattern that I transcend and to release my multidimensional karma associated.*

*I intend to manifest all the dreams I desire with the assistance of Earth and due to transmutation of thought-form and karma that would prevent the dream otherwise.*

*I intend to release all thought-form that stands in the way of each dream that I desire to make manifest.*

**What herbs, minerals or Language of Light would be useful in ceasing to rely upon the false gods for dream weaving?**

\_\_\_\_\_

\_\_\_\_\_

<p><b>2. What mirrors have I received as of late from nature about the current dream stepping down or karma to be released in my ancestry?</b></p> <hr/> <hr/> <hr/> <hr/> <hr/>	<p><i>I intend to watch the mirror that the nature kingdoms and little creatures that cross my path offer up about my current state of being and karma to be released.</i></p> <p><i>I intend to release and forgive all ancestral karma that is my own that is mirrored unto me in the natural world or the world mirror at large.</i></p> <p><i>I intend to return all karma that is not my own that is mirrored unto me in the natural world mirror or the world mirror at large.</i></p> <p><i>I intend to transcend the thought-form, patterning, entities, souls and machines that are associated with each mirror provided by nature or within the world.</i></p> <p><i>I intend to bless the nature kingdoms around me each day and receive their blessings in return.</i></p>
<p><b>3. What world mirrors or world events as of late mirror something about my current dream stepping down or karma to be released in my ancestry?</b></p> <hr/> <hr/> <hr/> <hr/> <hr/>	<p><i>I intend to attune to the messages that nature and Earth have for me about the current spiritual lessons I am learning.</i></p> <p><i>I intend to open to holographic communication so that I can clearly hear nature and Earth speak to me along with my ancestors and soul.</i></p> <p><i>I intend to open to my visionary knowledge so that I can clearly perceive the patterns requiring dismantling within my field.</i></p> <p><i>I intend absolute forgiveness of each pattern and I transcend to release the multidimensional karma associated.</i></p>
<p><b>What herbs, minerals or Language of Light would be useful in ceasing to rely upon the false gods for dream weaving?</b></p> <hr/>	

## RELEASING CODEPENDENCE

**1. Who have I believed I could not live without in this lifetime?**

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*I intend to move out of the game of codependent love where my experience of love is dependent upon any other.*

*I intend to release all karma for codependent love in my ancestry and in particular, within my slave nation lineages.*

*I intend to forgive those of only slave nation inheritance for their inability to love any other way other than from codependence.*

*I intend the restoration of love as an internal experience generated through communion between body soul and Earth.*

**2. Who has rejected me this lifetime?**

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*I intend to retrieve all knowledge lost on love and communion throughout my ancestry.*

*I intend to master non-conditional love and non-attachment in this lifetime.*

*I intend to release all attachment from my heart to all others both within the space without and space between.*

**3. Who have I rejected this lifetime?**

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*I intend to open the 1000-petal lotus of the Bodhisattva in the heart region to the degree that I can to foster a state of communion and blessings of love exchanged between body, soul and Earth.*

*I intend to allow all others their experiences and path in the dance of life. I intend to unconditionally love and accept all others in their personal life choices.*

*I intend to set boundaries that foster my own continued evolution. I intend to separate from others that would interfere with my choice to ascend otherwise allowing them their own sovereign journey.*

**What herbs, minerals or Language of Light would be useful in learning to love unconditionally, both myself and all others?**

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## HEALING THE INNER FAMILY

### Codependent Love

Question	Inner Male Child	Inner Female Child
<b>1. What ages in childhood did you experience rejection?</b>  <i>I intend to release and erase all trauma from feeling rejected in my childhood.</i>  <i>I intend to replace the memories of rejection with those of being embraced and loved from parallel life childhood experiences.</i>  <i>I intend to forgive my parents or other adults or friends who rejected me in my childhood and lacked the information themselves to handle the circumstance in any other way.</i>  <i>I intend to forgive my inner child for being rejected or rejecting others out of fear.</i>  <i>I intend to restore a sense of unconditional love and acceptance within my inner child so that a new dance of unity can emerge within my inner family.</i>	<div style="display: flex; justify-content: space-between;"> <div>             ___ Age 0-1              ___ Age 1-2              ___ Age 2-3              ___ Age 3-4              ___ Age 4-5              ___ Age 5-6           </div> <div>             ___ Age 6-7              ___ Age 7-8              ___ Age 8-9              ___ Age 9-10              ___ Age 10-11              ___ Age 11-12           </div> </div> <i>I intend to release and erase the trauma of rejection recorded at the above ages within my inner male child.</i>  <i>I intend to retrieve all fractured pieces of my inner male child that shattered due to rejection and send them for recasting.</i>  <i>I intend to erase the experiences of rejection and replace them with experiences where my inner male child felt embraced, accepted and loved.</i>  <i>I forgive my inner male child for rejecting others out of fear.</i>  <i>I intend to fill my inner male child with my own love that is unconditional.</i>  <i>I intend that my inner male child learn to commune with body, soul and Earth to feel loved from within.</i>	<div style="display: flex; justify-content: space-between;"> <div>             ___ Age 0-1              ___ Age 1-2              ___ Age 2-3              ___ Age 3-4              ___ Age 4-5              ___ Age 5-6           </div> <div>             ___ Age 6-7              ___ Age 7-8              ___ Age 8-9              ___ Age 9-10              ___ Age 10-11              ___ Age 11-12           </div> </div> <i>I intend to release and erase the trauma of rejection recorded at the above ages within my inner female child.</i>  <i>I intend to retrieve all fractured pieces of my inner female child that shattered due to rejection and send them for recasting.</i>  <i>I intend to erase the experiences of rejection and replace them with experiences where my inner female child felt embraced, accepted and loved.</i>  <i>I forgive my inner female child for rejecting others out of fear.</i>  <i>I intend to fill my inner female child with my own love that is unconditional.</i>  <i>I intend that my inner female child learn to commune with body, soul and Earth to feel loved from within.</i>
<b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner child of rejection and codependent love?</b> <hr/>		



Question	Inner Male Teenager	Inner Female Teenager
<b>2. What ages did you as a teenager experience rejection?</b>  <i>I intend to release and erase all trauma from feeling rejected in my teenage years.</i>  <i>I intend to replace the memories of rejection with those of being embraced and love from parallel life teenage experiences.</i>  <i>I intend to forgive my parents or other adults or friends who rejected me in my teenage years and lacked the information themselves to handle the circumstance in any other way.</i>  <i>I intend to forgive my inner teenager for being rejected or rejecting others out of fear.</i>  <i>I intend to restore a sense of unconditional love and acceptance within my inner teenager so that a new dance of unity can emerge within my inner family.</i>	<div> <div> <div>___ Age 12-13</div> <div>___ Age 13-14</div> <div>___ Age 14-15</div> <div>___ Age 15-16</div> </div> <div> <div>___ Age 16-17</div> <div>___ Age 17-18</div> <div>___ Age 18-19</div> <div>___ Age 19-20</div> </div> </div> <i>I intend to release and erase the trauma of rejection recorded at the above ages within my inner male teenager.</i>  <i>I intend to retrieve all fractured pieces of my inner male teenager that shattered due to rejection and send them for recasting.</i>  <i>I intend to erase the experiences of rejection and replace them with experiences where my inner male teenager felt embraced, accepted and loved.</i>  <i>I forgive my inner male teenager for rejecting others out of fear.</i>  <i>I intend to fill my inner male teenager with my own love that is unconditional.</i>  <i>I intend that my inner male teenager learn to commune with body, soul and Earth to feel loved from within.</i>	<div> <div>___ Age 12-13</div> <div>___ Age 13-14</div> <div>___ Age 14-15</div> <div>___ Age 15-16</div> </div> <div> <div>___ Age 16-17</div> <div>___ Age 17-18</div> <div>___ Age 18-19</div> <div>___ Age 19-20</div> </div>

Question	Inner Male Adult	Inner Female Adult
<p><b>3. What ages in your adult years did you experience rejection?</b></p> <p><i>I intend to release all trauma from rejection in my adult years.</i></p> <p><i>I intend to erase all experiences of rejection in my adult years in full.</i></p> <p><i>I intend to replace the memories of rejection with those of being embraced unconditionally from parallel life adult experiences.</i></p> <p><i>I intend to forgive others who rejected me as an adult.</i></p> <p><i>I intend to forgive myself for rejecting others in the dance of life with family, friends or at work.</i></p> <p><i>I intend to heal the dance of rejection so that a new dance of unconditional love and acceptance can emerge within my inner family.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to release and erase the trauma of rejection recorded at the above ages within my inner male adult.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner male adult that shattered due to rejection and send them for recasting.</i></p> <p><i>I intend to erase the experiences of rejection and replace them with experiences where my inner male adult felt embraced, accepted and loved.</i></p> <p><i>I forgive my inner male adult for rejecting others out of fear.</i></p> <p><i>I intend to fill my inner male adult with my own love that is unconditional.</i></p> <p><i>I intend that my inner adult male learn to commune with body, soul and Earth to feel loved from within.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to release and erase the trauma of rejection recorded at the above ages within my inner female adult.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner female adult that shattered due to rejection and send them for recasting.</i></p> <p><i>I intend to erase the experiences of rejection and replace them with experiences where my inner female adult felt embraced, accepted and loved.</i></p> <p><i>I forgive my inner female adult for rejecting others out of fear.</i></p> <p><i>I intend to fill my inner female adult with my own love that is unconditional.</i></p> <p><i>I intend that my inner adult female learn to commune with body, soul and Earth to feel loved from within.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner adult of codependent love?</b></p> <hr/> <hr/>		

Question	Inner Male Parent	Inner Female Parent
<p><b>4. What memories do you have of your parents rejecting each other or others?</b></p> <p><i>I intend to erase all experiences of rejection held within my inner parents.</i></p> <p><i>I intend to replace the memories of rejection with those of unconditional acceptance and love from parallel life parental experiences.</i></p> <p><i>I intend to forgive my parents for rejecting each other or rejecting others in the dance of life.</i></p> <p><i>I intend to forgive myself as a parent for rejecting my own inner children or the children that I am raising or have raised.</i></p> <p><i>I intend to heal the dance of rejection so that a new dance of unconditional acceptance can emerge within my inner family as directed by my new inner parents who understand unconditional love and non-attachment.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner father that is unconditionally accepting and non-attached as related to my grand master or red nation ancestors.</i></p> <p><i>I intend to release the trauma of rejection recorded within my inner father.</i></p> <p><i>I intend to erase each experience of rejection that my real father caused in my life.</i></p> <p><i>I intend to erase the experiences of rejection and replace them with experiences of unconditional acceptance from parallel lives.</i></p> <p><i>I intend that the new inner father teaches each inner family member about unconditional acceptance and non-attachment in the dance of life..</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner mother that is unconditionally accepting and non-attached as related to my grand master or red nation ancestors.</i></p> <p><i>I intend to release the trauma of rejection recorded within my inner mother.</i></p> <p><i>I intend to erase each experience of rejection that my real mother caused in my life.</i></p> <p><i>I intend to erase the experiences of rejection and replace them with experiences of unconditional acceptance from parallel lives.</i></p> <p><i>I intend that the new inner mother teaches each inner family member about unconditional acceptance and non-attachment in the dance of life.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner parents of rejection and codependent love?</b></p> <hr/>		

## RED NATION BRIDGE PATTERNING

**1. Who have I known that hosts red nation bridge patterning in this lifetime?**

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*I intend to release all karma in my inheritance for those of red nation inheritance that became bridges through which the Anu traded dreams with red nations' tribes.*

*I intend to forgive the Anu for relying upon red nation energy flow to extend their lives.*

*I intend to forgive the Anu for depressing their dreams of depression and death upon my red nation ancestors.*

*I intend to return any dreams of depression and death that occur in this life due to parallel karma of this nature from previous time periods in my ancestry.*

**2. What ancestral lifetimes do I have that are associated with being a bridge?**

\_\_\_ Rosetti and Innana

\_\_\_ Rosetti and Apollo

\_\_\_ Persephone and Merduk

\_\_\_ Zeus and Red Nations' Sexual Partners

\_\_\_ Athena and her red nation spouse

\_\_\_ The red nations' brothers and sisters of Persephone, Rosetti, or Athena's spouse

*I intend to retrieve my dream of ascension and a joyful life dance from those of Anu descent in my dance of life.*

*I intend to end the game of trading dreams that I weave for dreams that I did not cast.*

*I intend to become the dreamer and the dream, working with the Earth Mother each night to cast the dream I desire to make manifest now and into the future.*

*I intend to release all karma for dream bartering in my ancestry.*

*I intend to release all karma for being an energetic bridge to the Anu in my ancestry that created a half pyramidal and half magnetic energy flow.*

*I intend to release any associated patterning that has developed in my ascension to date within my field.*

**What herbs, minerals or Language of Light would be useful in releasing Anu-Red Nation bridge karma and the associated patterns of dream swapping and energy flow?**

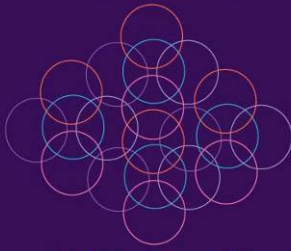
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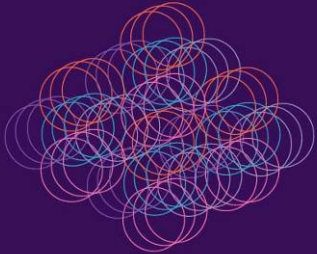
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## ASSESSING BEEHIVE ENERGY FLOW

*Flower of Life Energy Flow*



*Beehive Energy Flow*



### 6. What parts of my field host the beehive energy flow?

*I intend to embrace a beehive energy flow in all moving energy systems throughout my field.*

*I intend to research my ancestry bringing forward the information on rotational energy flow from my red nations' lineages.*

*I intend to attune to the healing temples for ascension for information and support in embracing this new magnetic flow at this time in my ascension.*

*I intend to release karma for how rotational energy flow was lost over time and throughout my inheritance.*

*I intend to forgive those who manipulated my ancestral magnetic energy flow in any manner.*

### **Chakra System**

- ☐ Small Chakras inside the etheric body
- ☐ Regeneration Chakras
- ☐ Grounding Chakras
- ☐ Root Chakra
- ☐ Pelvic Chakra
- ☐ Pelvic Lotus
- ☐ Power Chakra
- ☐ Diaphragm Chakra
- ☐ Heart Chakra
- ☐ Heart Lotus
- ☐ Communication Chakra
- ☐ Dream weaving Chakra
- ☐ Pituitary Chakra
- ☐ Pineal Chakra
- ☐ Crown Chakra
- ☐ Source connection Chakras

### **Subtle Bodies**

- ☐ Mental Body
- ☐ Emotional Body
- ☐ Intuitive Body
- ☐ Creative Body

### **Dreamtime Self**

- ☐ Dreamtime body double
- ☐ Dreamtime chakra system

**What minerals and Language of Light tones would be supportive of learning the beehive flower of life movement in those regions of my field that have yet to embrace this flow?**

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## ANU MANIFESTATION PLANES

1. What fear based manifestation planes of the Anu (also known as the Planes of the Kumaras) do I tend to be related unto?

\_\_\_ Plane of Death / Life

\_\_\_ Plane of Pain / Pleasure

\_\_\_ Plane of Suffering / Excitement

\_\_\_ Plane of Fear / Peace

\_\_\_ Plane of Rejection / Lust

\_\_\_ Plane of Judgment / Acceptance

\_\_\_ Plane of Poverty / Greed

What minerals and Language of Light tones would be supportive of releasing my association with the Anu manifestation planes?

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### Embracing Triple Lotus Flow



*I intend to forgive the Anu for creating manifestation planes that interfered with my red nations' ancestor's ability to manifest a unity based existence.*

*I intend to release all karma for all of my slave inheritance and how their dreams were created for a master-slave dance through the Anu planes.*

*I intend to cease to attune to the Anu manifestation planes from this point forward and release all karma from the past for former association in my ancestry.*

*I intend to attune to the Earth Mother's new manifestation planes for unity in all my dream weaving experiences into the future.*

*I intend to assist Earth in rolling up and removing from her global body any Anu manifestation planes in my region of origin or travels.*



<p><b>2. What fear based manifestation planes of the Anu do I have lost parts of my unconscious upon?</b></p>	<p><i>I intend to retrieve all of my unconscious that remains upon any of the Anu based master-slave manifestation planes (Kumara based planes).</i></p>
<p>___ Plane of Death</p>	<p><i>I intend to release all attachment between my field and etheric body and any Anu manifestation plane in both the positive and negative lay lines of the form.</i></p>
<p>___ Plane of Pain</p>	<p><i>I intend to release all ancestral karma for participation in the violent or master-slave manifestation planes of the Anu.</i></p>
<p>___ Plane of Suffering</p>	<p><i>I intend to release all ancestral karma for participation in the violent or master-slave manifestation planes of the Anu.</i></p>
<p>___ Plane of Fear</p>	<p><i>I forgive those ancestors who may have participated in the creation of the master slave manifestation planes of the Anu.</i></p>
<p>___ Plane of Lust</p>	<p><i>I forgive those ancestors who may have participated in the creation of the master slave manifestation planes of the Anu.</i></p>
<p>___ Plane of Judgment</p>	<p><i>I intend to forgive those red nations' ancestors who were drawn into the dance of master-slave dreams due to the presence of the Anu slave manifestation planes and how these planes overrode the red nations' ancestors own magnetic manifestation planes.</i></p>
<p>___ Plane of Greed</p>	<p><i>I intend to forgive those red nations' ancestors who were drawn into the dance of master-slave dreams due to the presence of the Anu slave manifestation planes and how these planes overrode the red nations' ancestors own magnetic manifestation planes.</i></p>
<p><b>What minerals and Language of Light tones would be supportive of retrieving all my unconscious from the Anu manifestation planes?</b></p>	<p><i>I intend to anchor and attune to Earth's manifestation planes through the healing temples of ascension.</i></p>
<p>_____</p>	<p><i>I intend to pay attention to when I venture upon violent or Anu based dreamtime planes and intend to remove such planes upon awakening with the assistance of Earth.</i></p>
<p>_____</p>	<p><i>I intend to roll up each Anu manifestation plane I have ever danced upon and send it through the solar sun for dissipation.</i></p>
<p>_____</p>	<p><i>I intend to become a guardian of the new dream that Terra is anchoring for humanity.</i></p>
<p>_____</p>	<p><i>I intend to replace each Anu based manifestation plane and the associated dream with the new dream and new manifestation planes of Earth for peace and unity.</i></p>
<p>_____</p>	<p><i>I intend to replace each Anu based manifestation plane and the associated dream with the new dream and new manifestation planes of Earth for peace and unity.</i></p>
<p>_____</p>	<p><i>I intend to weave a dream of peace, unity and joy in association with Terra's new dreamtime planes.</i></p>
<p>_____</p>	<p><i>I intend to weave a dream of peace, unity and joy in association with Terra's new dreamtime planes.</i></p>

## ABOUT THE NEXT SECTION OF INFORMATION

Dear Beloved,

Now we would like each to carry on and analyze one's birth thought-form along with the thought-form associated with one's difficult life manifestations and future dreams. Each was born with 18 thought-forms associated with the 144 that are spoken to in Chapter 2 of Workbook I of the Complete Ascension Workbook. We invite each to pull out your worksheet from Chapter 2 Workbook 1. If you have not focused upon this worksheet yet, then we suggest that you do so at this time and before moving on to the following section.

Highlight the thought-form from the 144 listed that is explored in Chapter 2 Workbook I that is of the most extreme (Yes and No) in nature. If you worked with this information a while ago, you may wish to go through the list again and reassess your own nature. Then you can begin to assess the 18 thought-forms utilized to construct your body in the womb of your mother.

Those that know that one is an indigo child will muscle test 36 thought-forms that constructed your archetypal nature from birth at 1024 strands of DNA. For those that have mastered to 1024 strands, you too integrated another 18 thought-forms from the list of 144 in your ascent to this level. Eighteen more thought-forms are integrated in the ascent to 2200 strands. Each then shifts from integrating polarity based thought-form to ascend and instead takes a new path of integrating Language of Light thought-form in its place. Therefore each working upon transcending 2200 strands will have 54 polarity thought-forms that one will be working upon releasing in order to master the Language of Light scale and notes 1 through 48.

We have constructed a checklist of the thought-forms for easier reference. This checklist is founded upon which thoughts are related to the Anu manifestation planes as well as the Language of Light. We believe that each will derive a better understanding of how dogmatic, polarity based thought-form is related to those Language of Light tones that are designed to transmute and release the associated patterns, machines, entities and cords of attachment associated with codependence.

In working with thought-form, one can devise intentions to release the patterns and to integrate new Language of Light in place of the patterns. Intention is a macro command that allows the genetics and karma associated to then be released so that the ascension out of polarity and into unity can step into physicality. We hope you enjoy working with this section.

Namaste  
Earth Mother

## THOUGHT FORM AND ANU MANIFESTATION PLANES

1. What are the 18 extreme thought-forms that I am associated with at birth as my archetypal nature?

Using the list to the right and in association with the Chapter 2 Worksheet results from Workbook I, muscle test or pendulum the 18 thought-forms that created your archetypal nature from birth at 2 strands of DNA.

Note: Look over all 144 thought-forms upon following pages to discern the 18 related to your pre-ascension birth nature.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_

**I LOVE (Anu) OR I ACCEPT (Red)**  
**I HATE (Anu) or I REJECT (Red)**



**ASSOCIATED WITH THE PLANES OF LUST AND REJECTION**  
*Transmutative Tones: Breath of Life and Non Conditional Love*

### MALE OR EGO

### FEMALE OR NEGATIVE EGO

☐ I Embrace  
☐ I Acquiesce  
☐ I Never Begrudge  
☐ I Feel Deeply  
☐ I Dominate  
☐ I Am Uncompassionate  
☐ I Am Other Oriented  
☐ I Use  
☐ I Give  
☐ I Force  
☐ I Seduce  
☐ I Am Free

☐ I Repel  
☐ I Argue  
☐ I Begrudge  
☐ I Do Not Feel  
☐ Subordinate  
☐ I Empathize  
☐ I Am Narcissistic  
☐ I Am Used  
☐ I Take  
☐ I Give In  
☐ I Am Seduced  
☐ I Am Attached

**I CONSUME (Anu) or I AM PROSPEROUS (Red)**  
**I AM CONSUMED (Anu) or**  
**I AM IMPOVERISHED (Red)**





**ASSOCIATED WITH THE PLANES OF GREED AND POVERTY**  
*Transmutative Tones: Unity and Non-Conditional Governance*



### MALE OR EGO

### FEMALE OR NEGATIVE EGO

☐ I Hunt  
☐ I Am Outgoing  
☐ I Lead  
☐ I Control  
☐ I Feed Off Others  
☐ I Use  
☐ I Own  
☐ I Prostitute  
☐ I Gather  
☐ I Am Healthy  
☐ I Am Energetic  
☐ I Am The Master

☐ I Am Hunted  
☐ I Am Introverted  
☐ I Follow  
☐ I Am Controlled  
☐ I Am Fed Off Of  
☐ I Am Used  
☐ I Am Owned  
☐ I Am Prostituted  
☐ I Disperse  
☐ I Am Diseased  
☐ I Am Tired  
☐ I Am The Slave



12. _____	<b>I AM FEARLESS (Anu) OR I PARTICIPATE (Red)</b> <b>I FEAR (Anu) OR I WITNESS (Red)</b>  <b>ASSOCIATED WITH THE PLANES OF FEAR AND PEACE</b> <i>Transmutative Tones: Compassion</i>	
13. _____		
14. _____		
15. _____		
16. _____		
17. _____		
18. _____		
2. What are the additional 18 thought-forms that I integrated in the ascent to 1024 (or was born with as an Indigo child)?	<b>MALE OR EGO</b> <input type="checkbox"/> I Am Exuberant <input type="checkbox"/> I Am Adventurous <input type="checkbox"/> I Feel Little <input type="checkbox"/> I Am Busy <input type="checkbox"/> I Am Arrogant <input type="checkbox"/> I Am Normal <input type="checkbox"/> I Shame Others <input type="checkbox"/> I Blame Others <input type="checkbox"/> I Am Stubborn <input type="checkbox"/> I Dominate <input type="checkbox"/> I Govern <input type="checkbox"/> I Direct	<b>FEMALE OR NEGATIVE EGO</b> <input type="checkbox"/> I Am Reserved <input type="checkbox"/> I Am Timid <input type="checkbox"/> I Feel Deeply <input type="checkbox"/> I Am Quiet <input type="checkbox"/> I Am Humble <input type="checkbox"/> I Am Insane <input type="checkbox"/> I Am Ashamed <input type="checkbox"/> I Am Blamed <input type="checkbox"/> I Am Bendable <input type="checkbox"/> I Subordinate <input type="checkbox"/> I Am Governed <input type="checkbox"/> I Am Directed
Note: Look over all 144 thought-forms upon all pages to discern the 18 related your ascent to 1024. Note these will be different from the first 18.		
19. _____	<b>I WIN (Anu) or I GIVE (Red)</b> <b>I LOSE (Anu) or I TAKE (Red)</b>  <b>ASSOCIATED WITH THE PLANES OF PAIN AND PLEASURE</b> <i>Transmutative Tones: Structure</i>	
20. _____		
21. _____		
22. _____		
23. _____		
24. _____		
25. _____		
	<b>MALE OR EGO</b> <input type="checkbox"/> I Gain <input type="checkbox"/> I Abuse <input type="checkbox"/> I Am Angry <input type="checkbox"/> I Torture <input type="checkbox"/> I Am An Optimist <input type="checkbox"/> I Am Free <input type="checkbox"/> I Am Wealthy <input type="checkbox"/> I Am Recovered <input type="checkbox"/> I Am Famous <input type="checkbox"/> I Have the Good Life <input type="checkbox"/> I Am Lucky <input type="checkbox"/> I Am Beautiful	<b>FEMALE OR NEGATIVE EGO</b> <input type="checkbox"/> I Forfeit <input type="checkbox"/> I Am Abused <input type="checkbox"/> I Am Never Angry <input type="checkbox"/> I Am Tortured <input type="checkbox"/> I Am A Pessimist <input type="checkbox"/> I Am Imprisoned <input type="checkbox"/> I Am Poor <input type="checkbox"/> I Am Addicted <input type="checkbox"/> I Am Unknown <input type="checkbox"/> I Suffer <input type="checkbox"/> I Am Accident Prone <input type="checkbox"/> I Am Homely

26. _____	<b>I SUCCEED (Anu) OR I SUPPORT (Red)</b> <b>I FAIL (Anu) OR I UNDERMINE (Red)</b> 	
27. _____	<b>ASSOCIATED WITH THE PLANES OF LIFE AND DEATH</b> Transmutative Tone: Forgiveness	
28. _____	<b>MALE OR EGO</b>	<b>FEMALE OR NEGATIVE EGO</b>
29. _____	___ I Dream ___ I Create ___ I Harmonize ___ I Synthesize ___ I Am Fulfilled ___ I Am Happy ___ I Am Well Off ___ I Am Comfortable ___ I Judge ___ I Manifest ___ I Am Abundant ___ I Am Flirtatious	___ I Fantasize ___ I Destroy ___ I Agitate ___ I Shatter ___ I Am Unfulfilled ___ I Am Depressed ___ I Am Poor ___ I Am Uncomfortable ___ I Am Judged ___ I Do Not Manifest ___ I Lack ___ I Am Withdrawn
30. _____	<b>I AM SUPERIOR (Anu) or I SUBJEGATE (Red)</b> <b>I AM INFERIOR (Anu) or I AM SUBSERVIENT (Red)</b>  	
31. _____	<b>ASSOCIATED WITH THE PLANES OF JUDGMENT AND ACCEPTANCE</b> Transmutative Tones: Freedom and Divine Union	
32. _____	<b>MALE OR EGO</b>	<b>FEMALE OR NEGATIVE EGO</b>
33. _____	___ I Am Big ___ I Persuade ___ I Language ___ I Intend ___ I Am Self Driven ___ I Am Assertive ___ I Contribute ___ I Gain ___ I Validate ___ I Give ___ I Am Affluent ___ I Am Powerful	___ I Am Little ___ I Am Persuaded ___ I Do Not Language ___ I Fail to Intend ___ I Am Driven by Others ___ I Am Non-Assertive ___ I Do Not Contribute ___ I Forfeit ___ I Invalidate ___ I Take ___ I Lack Affluence ___ I Am Powerless
34. _____		
35. _____		
36. _____		
<b>3. What are the additional 18 thought-forms that I integrated in the ascent to 2200?</b>  Note: Look over all 144 thought-forms upon all pages to discern the 18 related to your ascent to 2200 strands. Note that these will be different from the first 36.		
37. _____		
38. _____		
39. _____		
40. _____		
41. _____		

42. _____	<p><b>I JUSTIFY (Anu) OR I AM TRUTH (Red)</b>  <b>I AM UNJUSTIFIED (Anu) OR</b>  <b>I AM NON-TRUTH (Red)</b></p>  <p><b>ASSOCIATED WITH THE PLANES OF SUFFERING AND EXCITEMENT</b>  Transmutative Tones: Power</p>	
43. _____		
44. _____		
45. _____		
46. _____		
	<b>MALE OR EGO</b>	<b>FEMALE OR NEGATIVE EGO</b>
47. _____	<input type="checkbox"/> I Stand in My Truth	<input type="checkbox"/> I Have No Truth
48. _____	<input type="checkbox"/> I Diminish Others	<input type="checkbox"/> I Am Diminished
	<input type="checkbox"/> I Believe	<input type="checkbox"/> I Do Not Believe
49. _____	<input type="checkbox"/> I Am Focused	<input type="checkbox"/> I Am Unfocused
	<input type="checkbox"/> I Minister to Others	<input type="checkbox"/> I Am Ministered To
50. _____	<input type="checkbox"/> I Give Consequences	<input type="checkbox"/> I Receive Consequences
	<input type="checkbox"/> I Heal Others	<input type="checkbox"/> I Am Healed
51. _____	<input type="checkbox"/> I Anchor For Others	<input type="checkbox"/> I Am Anchored For
	<input type="checkbox"/> I Educate	<input type="checkbox"/> I Am Educated
52. _____	<input type="checkbox"/> I Preach	<input type="checkbox"/> I Study
	<input type="checkbox"/> I Know it All	<input type="checkbox"/> I Do Not Know
53. _____	<input type="checkbox"/> I Am Everything	<input type="checkbox"/> I Am Nothing
54. _____	<p><b>I ANALYZE (Anu) or I AM BLIND (Red)</b>  <b>I INTUIT (Anu) or I FORESEE (Red)</b></p>  <p><b>ASSOCIATED WITH THE PLANES OF PAIN AND PLEASURE</b>  Transmutative Tones: Structure</p>	
	<b>MALE OR EGO</b>	<b>FEMALE OR NEGATIVE EGO</b>
	<input type="checkbox"/> I Think	<input type="checkbox"/> I Vision
	<input type="checkbox"/> I Compartmentalize	<input type="checkbox"/> I Unify
	<input type="checkbox"/> I Trust	<input type="checkbox"/> I Do Not Trust
	<input type="checkbox"/> I Am Confused	<input type="checkbox"/> I Perceive Clearly
	<input type="checkbox"/> I Fragment	<input type="checkbox"/> I Am Whole
	<input type="checkbox"/> I Am Insensitive	<input type="checkbox"/> I Am Sensitive
	<input type="checkbox"/> I Seek Guidance	<input type="checkbox"/> I Guide Others
	<input type="checkbox"/> I Want to Know	<input type="checkbox"/> I Know Too Much
	<input type="checkbox"/> I Do Not Change	<input type="checkbox"/> I Change
	<input type="checkbox"/> I Am Stuck	<input type="checkbox"/> I Am Fluid
	<input type="checkbox"/> I Am Anxious	<input type="checkbox"/> I Am At Peace
	<input type="checkbox"/> I Am Structured	<input type="checkbox"/> I Am Unstructured

What thought-forms cancel one another out due to being opposite with one another due to my ascent to 2200 strands?



<p><b>4. What Anu Planes of Manifestation (Planes of the Kumaras) are associated with the first 18 birth thought-forms?</b></p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<p align="center"> <b>I TRUST (Anu) OR I INFLATE (Red)</b>  <b>I DISTRUST (Anu) or I DEFLATE (Red)</b>  <b>ASSOCIATED WITH THE PLANES OF JUDGMENT AND ACCEPTANCE</b> </p> <div align="center">  </div> <p align="center"><i>Transmutative Tones: Freedom and Divine Union</i></p>	
	<p align="center"><b>MALE OR EGO</b></p>	<p align="center"><b>FEMALE OR NEGATIVE EGO</b></p>
<p><b>5. What are the Transmutative Tones of the Language of Light associated with the above planes?</b></p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<p> <input type="checkbox"/> I Relate  <input type="checkbox"/> I Expand  <input type="checkbox"/> I Believe  <input type="checkbox"/> I Am Right  <input type="checkbox"/> I Honor  <input type="checkbox"/> I Exaggerate  <input type="checkbox"/> I Tell the Truth  <input type="checkbox"/> I Overvalue  <input type="checkbox"/> I Tease  <input type="checkbox"/> I Flatter  <input type="checkbox"/> I Agree  <input type="checkbox"/> I Smother         </p>	<p> <input type="checkbox"/> I Do Not Relate  <input type="checkbox"/> I Contract  <input type="checkbox"/> I Do Not Believe  <input type="checkbox"/> I Am Wrong  <input type="checkbox"/> I Dishonor  <input type="checkbox"/> I Do Not Exaggerate  <input type="checkbox"/> I Lie  <input type="checkbox"/> I Undervalue  <input type="checkbox"/> I Throw Barbs  <input type="checkbox"/> I Degrade  <input type="checkbox"/> I Disagree  <input type="checkbox"/> I Run Away         </p>
	<p align="center"> <b>I CONTROL (Anu) or I AM POWERFUL (Red)</b>  <b>I AM CONTROLLED (Anu) or I AM POWERLESS (Red)</b> </p> <div align="center">  </div> <p align="center"><b>ASSOCIATED WITH THE PLANES OF FEAR AND PEACE</b></p> <p align="center"><i>Transmutative Tones: Compassion</i></p>	
	<p align="center"><b>MALE OR EGO</b></p>	<p align="center"><b>FEMALE OR NEGATIVE EGO</b></p>
<p><i>I intend to erase the polarity based thought and embrace in their place the Language of Light.</i></p>	<p> <input type="checkbox"/> I Dictate  <input type="checkbox"/> I Rule  <input type="checkbox"/> I Dominate  <input type="checkbox"/> I Am Inconsiderate  <input type="checkbox"/> I Am Fierce  <input type="checkbox"/> I Am Uncompassionate  <input type="checkbox"/> I Am Demanding  <input type="checkbox"/> I Argue  <input type="checkbox"/> I Win  <input type="checkbox"/> I Am Corrupt  <input type="checkbox"/> I Bargain  <input type="checkbox"/> I Destroy         </p>	<p> <input type="checkbox"/> I Am Dictated Unto  <input type="checkbox"/> I Am Ruled  <input type="checkbox"/> I Subordinate  <input type="checkbox"/> I Am Considerate  <input type="checkbox"/> I Am Meek  <input type="checkbox"/> I Am Compassionate  <input type="checkbox"/> I Am Undemanding  <input type="checkbox"/> I Never Argue  <input type="checkbox"/> I Lose  <input type="checkbox"/> I Am Incorruptible  <input type="checkbox"/> I Will Not Bargain  <input type="checkbox"/> I Never Destroy         </p>

<p>6. What Anu Planes of Manifestation (Planes of the Kumaras) are associated with the second set of 18 thought-forms integrated in my ascent to 1024?</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><b>I VALIDATE (Anu) Or I AM FRIENDS (Red)</b>  <b>I INVALIDATE (Anu) or I AM ENEMIES (Red)</b></p> <div style="display: flex; justify-content: center; align-items: center;"> </div> <p><b>ASSOCIATED WITH THE PLANES OF LUST AND REJECTION</b>  Transmutative Tones: <i>Breath of Life and Non Conditional Love</i></p>	
	<p style="text-align: center;"><b>MALE OR EGO</b></p> <p>___ I Am Direct</p> <p>___ I Am Honest</p> <p>___ I Am Uplifting</p> <p>___ I Am Considerate</p> <p>___ I Am Empowering</p> <p>___ I Am Compassionate</p> <p>___ I Am Loving</p> <p>___ I Am Beautiful</p> <p>___ I Am Sexual</p> <p>___ I Am Outgoing</p> <p>___ I Am Thin</p> <p>___ I Diet</p>	<p style="text-align: center;"><b>FEMALE OR NEGATIVE EGO</b></p> <p>___ I Am Indirect</p> <p>___ I Deceive</p> <p>___ I Am Patronizing</p> <p>___ I Am Inconsiderate</p> <p>___ I Undermine</p> <p>___ I Am Uncompassionate</p> <p>___ I Am Unloving</p> <p>___ I Am Homely</p> <p>___ I Abhor Sexuality</p> <p>___ I Am Introverted</p> <p>___ I Am Fat</p> <p>___ I Over Eat</p>
<p>7. What are the Transmutative Tones of the Language of Light associated with the above planes?</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><b>I LIVE (Anu) or I AM FREE (Red)</b>  <b>I DIE (Anu) or I AM IMPRISONED (Red)</b></p> <div style="display: flex; justify-content: center; align-items: center;"> </div> <p><b>ASSOCIATED WITH THE PLANES OF GREED AND POVERTY</b>  Transmutative Tones: <i>Unity and Non-Conditional Governance</i></p>	
<p>I intend to erase the polarity based thoughts and embrace in their place the Language of Light.</p>	<p style="text-align: center;"><b>MALE OR EGO</b></p> <p>___ I Am Joyful</p> <p>___ I Pity</p> <p>___ I Am High</p> <p>___ I Am Exuberant</p> <p>___ I Am Enlightened</p> <p>___ I Am Supported</p> <p>___ I Am Nurtured</p> <p>___ I Am Healed</p> <p>___ I Succeed</p> <p>___ I Dream</p> <p>___ I Have Good Health</p> <p>___ I Am Truth</p>	<p style="text-align: center;"><b>FEMALE OR NEGATIVE EGO</b></p> <p>___ I Am Joyless</p> <p>___ I Am Pitied</p> <p>___ I Am Down</p> <p>___ I Am Demure</p> <p>___ I Am Burdened</p> <p>___ I Am Unsupported</p> <p>___ I Am Nurturing</p> <p>___ I Heal Others</p> <p>___ I Fail</p> <p>___ I Fantasize</p> <p>___ I Am Diseased</p> <p>___ I Am Non-Truth</p>

**8. What Anu Planes of Manifestation (Planes of the Kumaras) are associated with the third set of 18 thought-forms integrated in my ascent to 2200 strands?**

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*I intend to transcend my attachment unto each Anu manifestation plane that I am associated.*

*I intend to retrieve all parts of myself caught upon the Anu manifestation planes.*

*I intend to transmute all polarity based thought-form outlined in this section and integrate the first 10 notes of the Language of Light.*

*I intend to master the entire Language of Light scale of single tones or beyond in this lifetime.*

**9. What are the Transmutative Tones of the Language of Light associated with the above planes?**

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*I intend to erase the polarity based thoughts and embrace in their place the Language of Light.*

## THOUGHT FORM AND LIFE MANIFESTATIONS

### 1. What thought-forms created a difficult life experience to date?

Think of a difficult life circumstance that you have experienced or are currently experiencing. Using the thought-form list from this worksheet muscle test or pendulum the thought-form that created the difficult life experience.

*Generally there will be six to seven thought-forms at cause of any particular experience.*

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_

*Print this worksheet out many times if necessary to look at many life experiences so that you can understand how thought-form calls a particular dream to be experienced upon the physical plane.*

*I intend to erase each thought-form along with all patterns, mechanization of field and entities at cause of this particular difficult life experience.*

*I intend to integrate the Language of Light and enough unity that I need not create such an experience ever again.*

**What Language of Light tones are useful in the transmutation of the thought-form associated with this difficult life experience?** *Generally there will be 3 to 4 language of light tones that will be helpful.*

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**What herbs would be useful in transcending the thought-form at cause of this difficult life circumstance?**

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**What minerals would be useful in transcending the thought-form at cause of this difficult life circumstance?**

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<p><b>2. What thought-forms require transmutation to manifest the dreams I desire upon the physical?</b></p> <p><i>I intend to manifest each dream upon my list.</i></p> <p><i>I intend to transmute each thought-form that would not allow a particular dream to be called into my physical life experience or would distort my experience in some manner.</i></p> <p><i>I intend to research and release all associated ancestral karma at cause of the thought-form blocking my dreams.</i></p> <p><i>I intend to forgive my ancestors for falling into extreme and dogmatic thought-form.</i></p> <p><i>I intend to restore the thought-form to be increasingly unity based through the integration of the Language of Light and the erasure of polarity based patterns.</i></p> <p><i>I intend to create unity based dreams that allow for the experience of fulfillment in the dance of life.</i></p> <p><i>I intend to become the dreamer and the dream.</i></p>	<p><b>List the dreams that you desire to make manifest in the year ahead.</b></p> <p>Dream 1 _____</p> <p>Dream 2 _____</p> <p>Dream 3 _____</p> <p>Dream 4 _____</p> <p><b>Using the thought-form list from this worksheet muscle test or pendulum the thought-form that blocks the manifestation of each dream that one desires to create.</b></p> <p><i>Generally there will be three to five thought-forms that block the manifestation of dreams that one desires, but there can be more or less depending upon one's level of ascension.</i></p> <p>Dream 1: _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>Dream 2: _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>
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<p><i>I intend to release the trauma from my etheric body at cause of how a particular set of thought-form became my ancestral inheritance.</i></p>	<p>Dream 3: _____</p> <p>_____</p> <p>_____</p> <p>_____</p>
<p><i>I intend to transmute the etheric scarring associated with the dogmatic and polarity based thought-form and in place of this I intend to embody the Language of Light thought-form and unity based biological information.</i></p>	<p>Dream 4: _____</p> <p>_____</p> <p>_____</p> <p>_____</p>
<p><i>I intend to release the karma in my ancestry for how information on transmutation of thought-form was lost.</i></p>	<p><b>What Language of Light tones are helpful in the transmutation of the thought-form blocking one's dreams from manifesting in the physical? Generally there will be 3 to 4 Language of Light tones that will be helpful.</b></p> <p>_____</p> <p>_____</p> <p>_____</p>
<p><i>I intend to retrieve all information on how to transmute thought-form that has been lost or stripped throughout time and space and form within my inheritance.</i></p>	<p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>
<p><i>I intend to forgive how information on thought-form transmutation was lost absolute and upon all dimensions in my multidimensional inheritance.</i></p>	<p><b>What herbs or minerals would be useful in transcending the thought-form that block one's dreams from manifesting?</b></p> <p>_____</p> <p>_____</p> <p>_____</p>
<p><i>I intend to retrieve my multidimensional information on thought-form transmutation.</i></p>	<p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>



## SUMMARY

We hope you can begin to see how ascension brings about a shift in thought-form that then creates a shift in the dreams that one can manifest in this lifetime. In the ascent to 1024, one doubles the thought-form one was born with. This allows for less extreme polarity to occur and causes many more dreams to become possible that would not have been without ascension. In the ascent to 2200, the thought-form one was born with triples allowing for even less extremes due to how the poles between thoughts will cancel each other out. This too allows for a more greatly unity based dream to catch.

Most indigenous peoples are ascending to 2200 and holding at this frequency. The ascent to 2200 causes an increase in power of thought-form to enough of a degree that those ascending will begin to dominate in world leadership as well as business. One can see the shifts already occurring in South America as one example with new leadership that are taking back the right to govern their own natural resources and profit from them, amongst many other changes. This shall allow such nations to rise out of their own poverty by taking back their own power to do so.

Upon a personal level, ascension is not really much different. Many spiritual aspirants are born with thought-form that is powerless and gives and gives of oneself to others. As one ascends, one begins to balance the poles enough that one begins to retrieve power and balance giving and receiving. This occurs somewhat in the ascent to 2200 strands; and even more so for those carrying on into an entirely new scale of thought-form associated with the Language of Light.

The Language of Light creates greater balance of polarity within its very thought-form; for this language unifies two extreme poles creating a new middle of the road thought in its place. Therefore the very language associated with the Language of Light is unity based within itself and without the requirement to cancel thought-form to create balance. As a result of this truth, the Language of Light will call a more greatly unity based dream unto one's life dance more frequently than the old thought-form one is leaving behind. The Language of Light also creates a more greatly balanced rotation of field as it does not sway from one extreme into another as one thinks or perceives the world around oneself.

We hope that this information is supportive of your continued evolution. We will provide more information about working with the Language of Light in the chapters to follow.

Namaste  
Earth Mother



*Bear Kingdom by Gigi Rondeau*

# THE COMPLETE ASCENSION WORKBOOK PART II

## CHAPTER 3

### *Transcending Competition and Disunity*

### *Releasing Mechanical and Fear Based Thought-Form*

The Earth Mother through Karen Danrich "Mila" and Thomas Weber "Oa"  
September 10, 2006

Dear Beloved Ascending Human,

This chapter and the entire Workbook II is devoted to working upon key emotional patterns that lead to disunity and discordant relationships in the dance of life. Bringing the biological ascension along is the first step; the next is to work upon the emotional triggers that cause life to be less than unity based and in the flow. Unity creates a flow that allows for a dance in which humans relate harmoniously together, and do not step upon one another's toes. The reason for this is much like ballroom dance; each knows where their feet belong in the dance of unity and in so being, move around one another gracefully and in harmony. Unity based dreams will cause the flow and harmony; all that is required is to attune to the dream and broadcast it unto others, and so divine timing and magic can become one's way of being.

What is divine timing? Divine timing is a syncopation of dream that allows all to align with one another and dance in sync together. Those attending our Conclave events and learning to come into the flow understand exactly what this translates into; it translates into harmony and magical times together. Once long ago this is how all humans danced together in your ancient red tribes. As each strives to release the discordant patterns within that cause another type of dance that is less than harmonious or dissonant, one can begin to emerge into the unity and create magical times instead. As those who are ascending learn to weave a dream of unity and magic, one's field and thought-form will pull in others for the ride and you will manifest the joy and magic you are searching for with others and in most other encounters.

However in order for this to become so, each must confront one's discordant thought-form within. Most discordant thought-form is held in place by childhood trauma of one sort or another, and as the trauma is released through forgiveness and a new inner family constructed, the foundation from which one is operating can shift towards unity. One's childhood memories can be compiled and edited just as one may edit a document upon the computer. As new childhood memories are constructed from peaceful, loving and unity based circumstances that occurred in parallel lives, then the foundation that one stands upon adjusts accordingly. Then one is more likely also to create peaceful, loving and unity based experiences in the dance of life as this is all one has memory of in this lifetime.

There are also ancestral experiences that parallel childhood trauma; this is recorded in the cellular structure. As the cellular trauma from ancestral experiences is released in parallel to the inner family healing, then the associated part of the body can ascend into the crystalline blueprint. In so doing, ancestral records of trauma are also erased allowing a strengthening of one's new foundation of unity. So working upon childhood trauma is a good way also to ascertain ancestral trauma and create a complete ascension through a thorough release of all karma associated with any given vibration one has ascended into.

## **WHAT IS COMPETITION?**

Competition is a state of being that pits one against the other out of judgment and superiority. Those that judge themselves better than another are in competition with the other; those that judge themselves less than another are also in competition with the other. Therefore competition encompasses both the superior and inferior position in the dance of life. In order to transcend, one must embrace a new thought-form of unconditional acceptance in lieu of all judgmental patterns.

Unconditional acceptance is a state of being that embraces one another as each other is. In order to embody unconditional acceptance, one must peel away the layers of armoring and masks that one wears and allow the emergence of the authentic self. It is in the authentic self that one begins to embrace oneself as one is; and in so doing then can embrace all others as they are. This is a state that one knew in early childhood before one became conditioned to be in fear or behave outside of one's authentic self.

Most humans try and accommodate others to one degree or another; the accommodation of others creates a form of mask and a set of personality entities that dance with the field causing one to behave in a particular way to please or control others but is not true to the authentic self. Most of such behavior is learned in childhood and teenage years along with early adulthood in response to those appearing in authority over one's life, such as teachers, parents, bosses or other adults.

The mask that most wear to accommodate the needs of others rarely feels good; for one is denying their real and true self in the dance. Generally in any relationship, there is one who bends to an extreme to accommodate the other. In particular this is so for red nation and Anu relationships. Those who are red nation at heart and have been in relationship unto those of Anu archetypal nature may well understand this. In the union, one becomes what the Anu need and not who you are. Ascension brings about peeling away the layers of programming that causes one to compromise oneself for another, and then the true self can begin to emerge. As the true self emerges, it not only feels good but one learns to stand in one's truth and follow one's hearts desire in the dance of life.

## **THE NATURE OF COMPETITION**

It is out of competition that we bend to the will of another and become who they need us to be. Now this may not appear like competition, but so it is. For it is out of feeling unworthy or inferior that one bends to the will of another. For those of red nation inheritance, you were born feeling as though you had no value other than what you could contribute to another. The other was the all important one and self is to be sacrificed. In the sacrifice of self, one bends to the will of another becoming what they need us to be rather than standing strong in our truth.

Self sacrifice is not only a behavioral pattern; it is also an energetic phenomenon. Self sacrifice often causes one to give records for regeneration and health or karma for a good dream and a happy life to another and take on records of disease depression or strife in the exchange. This also is red nation nature, to give of oneself to a point of one's own demise. Why would anyone do such a thing? Well the patterning is unconscious and held in place through so many ancestral experiences it is difficult to alter the dance without releasing enough of the karma at cause of why one self sacrifices.

It is out of competition that one self sacrifices. The one who receives the benefit of what you give them believes themselves superior and worthy of the better dream for the good life of health and happiness; and you the unworthy one deserves to be diseased or live a life of struggle or misery, failing to fulfill upon the dreams that one desires. How and why did this come to be? This sense of superiority vs. inferiority? The pattern is really a master slave thought-form anchored upon earth by the Anu in the breeding of their slave nation. The Anu considered themselves of course superior unto the slaves and could use them anyway that they desired.

Over time the red nations' peoples were pulled into the Anu slave manifestation planes and dream. Especially this was so for those red nations' humans that lived with the Anu in close proximity, such as Persephone, Rosetti and Athena's red nation spouse (known as Onton). For those of red nation nature, they related unto the Anu from the point of view of being inferior and a slave and someone to be used and controlled in the unconscious. As a result, each of the above cast of characters fell into sacrificing of themselves for the Anu. Those related unto them tend to do the same today.

## **THE NATURE OF ANU BRIDGE PATTERNING**

The Anu struggled with regenerating themselves along with ongoing bouts of depression. The regeneration of the Anu failed over time and in particular after the ice shields broke; for they had lost their special pyramids used for rejuvenating the form as they sank under the ocean. As a result, the Anu chose to create energetic pyramids of global proportions by moving electrical chi through their slaves. The Anu altered the pull of the moon to cause their slaves to breed en masse; then through billions of slaves the Anu regenerated themselves depressing



their dreams of death and disease upon the slaves, and stripping the dreams of love and life from them.

Over time even the slaves were not enough to regenerate the Anu adequately; and so some of the Anu chose to marry red nation peoples or take on red nation lovers. In the sexuality between the Anu and a few red nations' peoples, the Anu tapped into entire tribes related to their lovers or spouses. The tribes then were treated like the slaves taking on dreams of death and disease and transferring unto the Anu dreams of life and love. The red nations' spouses or lovers did not understand that this is what was occurring in the unconscious, however most became either mentally or physically ill over time.

The Anu created an ongoing sour music that was a result of the blending of electrical and magnetic tones of creation. The sour music translated into sour dreams that led to depression, boredom and even paranoia in the case of Merduk or Innana who extended their lives too long. Rosetti continuously healed Innana and Apollo, her spouse. The end result was that Rosetti became so depressed, and after a hundred years of such a state, chose to commit suicide after which Merduk obtained the body and drank the blood for his own regenerative purposes. This is a correction to the original section on Rosetti from Chapter 3 workbook 1 where it appeared that Merduk bled her to death; further records have been revealed showing that she committed suicide and he then took of her blood.

The depression Rosetti, Persephone and Onton experienced in a recurrent fashion was the result of taking on the sour dreams of their Anu partners. Often those related to Rosetti, Persphone or Onton take on depression of others of Anu descent or archetypal nature in present time. This is an example of sacrificing the good dreams and good karma for the sour dreams and sour karma of another and then experiencing the sour dream as depression and a lack of fulfillment or boredom. As those that take on sour dreams of others cease to do so, retrieving and recasting the dream to be one of fulfillment and joy, then the depression can lift and the life can change for the better.

Depression can also be related to hormonal imbalances in the nervous system. Working with the herb St. John's Wort along with many others that support the ascension of the nervous system is one way to balance the hormonal system so that biochemical depression lifts. (See Tri Tones and Herbs for more information). Biochemical depression causes thought-form that is sour or electro-magnetic (half Pleiadian half Sirian thought-form) to catch upon the brain causing one to think depressing, helpless and hopeless thoughts. As the biochemistry is altered to attune unto language of light instead, one begins to think thoughts of greater hope and possibility leading to a lifting of the depression through biological ascension.

Bridges between Anu and red nations' spouses or lovers co-created an extensive shared energy flow together that extended the life of the Anu. The energy would flip flop from magnetic to electrical in nature between the two. The electro-magnetic pulsations running between the two led to sour music that also distorted the relationship. Innana often had fights with Rosetti. Apollo also was unhappy in



his marriage to Rosetti. Persephone was endearing to Merduk in the beginning but they had a love-hate type of relationship as she matured more and asserted herself. Onton had long bouts of depression and listlessness that Athena II did not understand. Those creating archetypal relationships like this in present time may experience parallel types of depression or anger in the union.

In the bridge patterning, one sacrifices of one's regeneration and spiritual knowledge unto the one of Anu inheritance and takes on sour or depressing energy flow in exchange. Therefore those in this type of dance should vie to retrieve their spiritual and regenerative knowledge and return the sour music at cause of depression or boredom in the dance of life creating separate and sovereign fields. Transcending the need to sacrifice oneself at all however is the underlying dance that requires attention unto in ones spiritual mastery.

## **THE AUTHENTIC SELF**

Self sacrifice can be expressed in many ways. Another manner of sacrificing of self is to do what another wants when the body clearly desires to do something else. Most children are raised in circumstances at school where they have to do what the teacher wishes most of the day and barely have an opportunity to do what they might like to do in the physical. This conditions the child to sacrifice of self to each future authority figure ahead. Today it is perhaps even worse with children entering school at age 2 and 3 and being forced to learn to read and write before they enter kindergarten.

For some of you, childhood memories of freedom to play outdoors did occur and this is a good place to start to begin to acknowledge one's authentic self. The authentic self is expressed in a variety of age ranges within one's inner family. As each works to clear trauma that did not allow one to self express in childhood or teenage years, then the expression of the authentic self can come forward in the now. One might think of the authentic self as the inner children, teenagers, adult and parents each being able to freely express through oneself when appropriate in the dance of life. In order for this to come to be so, each part of one's inner family requires cleansing of trauma that stunted one's self expression at an earlier time in one's life.

Self expression is often the largest sacrifice that one makes in order to conform to the needs of others around oneself, whether this be at home, in the marriage, with one's children, with friends or at work. Generally it is the freedom to freely express that is repressed in childhood as parents and adults often dislike enthusiasm and too much noise. Children are noisy as they are excited and full of life. Soon and over time all the excitement and life is snuffed out giving away to someone who can sit and listen and learn to read, write and do math, but has lost their enthusiasm for existence. As one heals the inner child, the enthusiasm you felt for life and nature at an earlier time will return and be expressed as passion in the dance of life. The recovery of one's passion for life is a part of the expression of the authentic self.

How was passion for life lost over time? In teenage years, there were many hopes and dreams for an exciting and fulfilling future. Often these dreams were discouraged by parents or teachers leading to non-pursuit of the desired goal. Or perhaps if one did pursue a particular goal, but it was not what the body really wished to do. Oa wanted to be a mountain climber and teach groups about the outdoors; this dream went to his brother who fulfilled upon it while Oa became first a baker (his grandfather's dream) and later an engineer (his wife's dream). The baking career was to take Oa to Europe or some place exciting he could live; this too never manifest. Instead he married Diana in archetype, became depressed, gave up his dreams of the mountains to pursue a degree in engineering so that he could earn over \$100,000 per year to sustain Diana's needs. The electricity of the engineering job was making Oa ill and Earth ascertains that he would already be dead of liver cancer if not for the choice to ascend.

Mila would have loved to become a chiropractor or counselor and would have been good at either occupation. Although she fulfilled upon a degree in psychology, the family dream pressed her back into printing and computer graphics, and later causing her to manage the family business. This caused her to also become depressed due to the dance between Rosetti and Innana, as Mila's mother had Innana archetype and continuously pressed her sour dreams upon Mila. The only other dream Mila could pursue was real estate, which was her mother's dream. This was more liberating in the beginning but it was not until she bridged into her psychic work and later ascension teaching that her real goal of becoming the counselor was fulfilled upon and brought her body great joy.

For both Oa and Mila, each compromised their authentic self to participate in the occupations that they worked at and relationships that they had, until they broke free and chose to fulfill upon their dreams of becoming spiritual teachers. When Oa first came to be with Mila, his former persona required breaking down so that he could move into his authentic self. What followed was spiritual boot camp under the guidance of Riza to break down the persona enough so that the real Oa could emerge. This took many months of hard work but produced someone who could surrender and channel spirit as a spiritual teacher and later counselor for those in the school. For channeling Earth, nature and soul requires first the foundation of the authentic self to be present; through which then the spirit world can freely channel through what it has to say without interference.

The authentic self hides behind layers of programming and patterning associated with one's occupation and life history. The longer one has worked in a particular endeavor, the more rock solid the programming can be. However Oa is an example from the Earth Mother's point of view of the fact that even those in their 50's can release the box and step out into the authentic self. Therefore releasing the masks and boxes that confine one into behavior, duty, obligation and relationships that do not serve can be transcended in any age allowing the emergence of the authentic self and then a life of greater joy to be born.

## HOW MASKS, MACHINES AND PROGRAMMING WORK

Humans wear masks which hide the authentic self. Masks can sometimes appear much as what they are known upon the physical plane; something that covers one's face. The mask is created from an etheric shield that then descends over the face or body and appears a certain way associated with a group of personality entities that are channeled. As the mask descends, one plays the role that the personality entities were designed for. If one is to be a helpful servant, then this is the mask and persona that enters the field and drives the behavior; if one is to be the good student, then this is the mask and persona that steps forward causing the associated behavior; if one is acts as the nasty ogre in power, then this too is the mask and persona that steps forward in the associated behavior.

Most human behavior at two strands is nothing but masks and persona driven and there is little authentic self available, except perhaps in play and when adults allow their inner children to shine through. Many adults however are so serious that there is no inner child left other than one that is well disciplined (is seen but not heard). As ascension takes off, the masks are dismantled along with the personality that drives them. This is accomplished more or less in the ascent to 1024.

What follows in continued ascent is confronting another type of system from an earlier time period in one's ancestry that also interferes with the expression of the authentic self. Whereas the mask and persona dance is a two strand phenomenon, mechanized rings of thought-form and personality entities drive human behavior after 1024 is mastered. The karma for this type of personality system is from the Alantean and pre-Alantean time period in which humans fell from rotational fields to mechanical fields in the dance of technology that parallels present time human civilization.

Many Lemurian ancestors relocated to Atlantis over time much as Hawaiians have moved to the mainland today. Atlantis was a time of great travel and relocation that had not been possible prior to this era due to a lack of technology. Even the Native American Root Race left the European continent upon large boats that had been hand crafted from wood. During Atlantis, planes, trains and automobiles equivalent to what has developed today or better also existed. Humans could move from one continent to another in ease, or travel back and forth in short time periods as a result. This caused folk from Atlantis to move to Lemuria as well.

Those Lemurian ancestors that moved to Atlantis lost their rotational flow and moved into mechanical behavior and patterns. In the mechanization, ascension became difficult or came forth in a false sense. This too is another cause of false ascension in the history of Earth. It is for this reason that Terra will not allow mechanical fields to move beyond 2200 strands in present time; as otherwise what is created is false ascensions without boundaries and law that can be used by dark forces to destroy Earth. Therefore the pathway for ascension requires releasing all mechanical thought form as it came to be within one's Lemurian or other red nation ancestors.

## **ABOUT MECHANICAL THOUGHT-FORM AND BEHAVIOR PROGRAMMING**

The mechanical thought-form is dismantled in the ascent from 1024 to 3000 strands and gives birth to the authentic self. Mechanical thought-form consists of loops of machines that sit in the field and associated programming within the etheric body. The programming is a string of commands in the form of beads of cause and effect that are interconnected like a chain or necklace. Each bead holds emotionally charged images from this life or one's ancestral experiences. When the necklace engages, it calls forth a particular set of personality entities and a machine to function within the field. The machine and personality entities then elicit a particular emotional response, behavior or action upon the physical plane.

In order to release any given machine, the entire loop of mechanical thought forms associated must be disbanded and transmuted. Most thought-form loops come in groups of 7, 12 or 18 depending upon the level of deprogramming one is working upon. The closer to 3000 strands one masters, the larger the number of thought-forms are strung together within any machine and mechanical behavior associated. It is for this reason that we have provided a checklist of thought-form in chapter 2 of Workbook I and II to better understood and be able to diagnose the loops that require releasing in order to move beyond mechanical behavior and into the authentic self.

The machines and programs within the field are replaced with movement that is rotational and associated with the Language of Light colors and shapes as well as sounds. Mechanical sounds tend to be electrical and sour in nature. An electrical mechanized field therefore creates sour music as it spins. Sounds that are magnetic and rotational create a beautiful symphony in the field. This is one way that one's level of mastery is discerned; by the sound that one's field rotation makes as it spins. Also the colors and clarity of field are assessed in dreamtime.

In order to release the programs and machines associated with mechanical and persona based behavior, one will erase the beads of cause and effect that attach to the etheric body first and through focus and intention. The pale lavender tone of divine union is useful for this purpose. The beads themselves are actually related to the ownership signatures discussed in earlier materials upon the web site. Certain mechanical thought-forms are associated with certain false gods and the planes that have been used to manipulate humanity since the fall of Atlantis. As one transcends mechanical thought-form, one releases association with the planes of the false gods which is associated with the Kumara based thought-form of fear, lust, greed, judgment, death, pain and suffering. This then also gives birth to the authentic self that can experience a life of greater peace and joy ahead.

As the beads of the programs are erased, then the spinning of the field can dissipate the machines associated. Taking the time to focus upon spinning up the field as one releases each program is a useful tool to assure that the entire machine or group of machines is transmuted. One can use any of the meditation

CDs that Mila and Oa have recorded for this purpose; or take a gentle 30 to 45 minute walk or swim. Machines can self recreate and for this reason it is important to intend to transmute all machines that are associated in any given loop of behavioral programming.

As you erase the old mechanical thought-form, it is important to release the personality entities associated by breaking all agreements to dance with them and flushing them down the aurora through one's grounding chakras. Then one can intend to integrate the new or Language of Light thought-form in place of what one is releasing. The new information flows from the over soul down the chakras above the head and into the crown region where it is then received by the akashic record keeper. The record keeper then adds tones to one's library of knowledge and launches new energy flow that is rotational to replace the machines that one is dissipating. This is how transformation out of mechanical states of being occurs allowing the authentic self to emerge.

For those that must continue to live in a mechanical world of others at work or with family, one will learn a magnetic field rotation that will press back upon others that which is not of one's own thought-form. This energy flow is mastered generally around 3000 strands and is known as beehive energy movement. The beehive energy movement creates a strong field rotation that repels electrical straight line movement, returning it to sender or dissipating it as it enters the field. This then creates the boundaries necessary to continue to live in a mechanical world and carry on in the ascent.

## **ELECTRO-MAGNETIC PROGRAMS AND MECHANICAL LOOPS**

In order to master beehive flow, there is another level of programming to be released that appears amongst those who have been primarily magnetic in this lifetime or have magnetic ancestors. Those who are more magnetic than electrical will have a different formation of programs that are electromagnetic in nature. These programs appear as interlinked figure-8 patterning that does create a flower of life energy flow that is similar to beehive, but without the middle loop that creates balance. Therefore competition and jealousy will occur amongst those spinning figure-8 energy flow due to the imbalance within the flow itself.

Let us take a single figure-8 as an example. One end of the "8" can be larger than the other due to more chi being upon one side than the other. This will create one that is "greater than" and one that is "lesser than" leading to the same competitive patterns as amongst those who run straight lined machines in the field. In parallel, straight lined machines will tend to either give or take chi causing a parallel "greater than" or "lesser than" or master slave dance between humans. In order to step out of the game of being either larger than life or smaller than life, one balances out the chi to sustain a size of field related to one's mastery in ascension, or in other terms, create a field that expands only from the chi generated by the rotation of the molecules and the movement of the kundahlini through the etheric body. This is how one steps out of being larger or smaller in field size; by generating just the right size field founded upon mastery. The right



sized field will hold power and truth and one will begin to relate to others from the vantage point of equality.

How does one deprogram figure 8-flow? In parallel to other psychic machinery, each group of figure-8 flow will have programming in the etheric body that are also beads of cause and effect strung together into a chain. As the beads engage, a particular rotation of figure-8 flow will move in the field calling a particular set of personality entities to enter. The persona and pattern then elicits a particular behavior, emotional charge or action upon the physical plane.

To remove figure-8 programming, one must first erase the beads of cause and effect in the etheric body. The beads of cause and effect may have childhood memories of trauma recorded within them; or they may have ancestral life trauma recorded that parallels. As the beads of cause and effect are erased, then the figure-8 flow can be altered to a new pattern of the triple lotus. The triple lotus patterning will spin a completely magnetically charged thought-form associated with the Language of Light.

## **ABOUT PERSONALITY ENTITIES AND MACHINERY**

Every level of mechanization, whether it is straight lined or figure-8 will have its own set of personality entities associated. The human vessel is a channel of spirit. As such, each is at choice about what one allows to flow through the field and what does not. Any entity or group of entities that are negative, project harmful thoughts, or are condescending and judgmental of self or others need not be engaged with. Long ago Mila discovered that all the negative entities that would cause her to feel ashamed and incompetent need not be channeled. If they continued to persist, she would threaten to shatter them. If they persisted, she would shatter them, and this caused all others of negative thoughts to vacate her field. Peace at last, Mila exclaimed at the time.

The body commands the nonphysical. However the nonphysical have been dominant for so long and humans in such great forgetfulness that one may subordinate to the nonphysical rather than taking command and charge over the field and what you will or will not let through. As each chooses to take charge, one can then prune the personality to foster your ascension and support you in your journey until at some point, you transcend personality entities all together. This requires about 3000 strands in mastery to accomplish, but as it is so, then you will foster channeling of ancestors, nature and the Earth Mother as well as soul in lieu of all personality.

Personality entities are fractured bits of soul that are so small that they are in fear or trauma and know very little. Even the persona in more joyful states such as those that engage while one dances, feels fulfilled out in nature, or enjoys a particular preoccupation are still limited in the capacity to guide an evolving human. It is therefore better to release the personality that is negative and non-supportive altogether, and then work your way to releasing all other personality



entities over time creating another form of channeling that involves the ancestors.

It is the ancestors in particular that have interest in ascending humans and agreements to guide the individual life for the purposes of evolution home. You can call forward the more ancient ancestors to guide you now, even if you still are loaded with mechanical programs and the personality associated. Gradually and over time and as each program is disbanded, and each group of personality entities removed, you will move to a place of only attuning to the ancestors, Earth, nature and soul in the day to day life.

The channeling required for working with the ancestors is a triple lotus pattern. Ancestors attune to the Language of Light in the field and then can work with you and communicate through you in the dance of life. Some ancestors will channel through figure-8 patterning; however the most neutral ancestors will work through the triple lotus movement of any initiate's field. The Earth Mother and nature also attune better to the triple lotus for communication purposes, and so this is also for soul and the creator that envisions the dream for the life.

## **ABOUT THE LANGUAGE OF THE NONPHYSICAL**

All kingdoms and all nonphysical are choosing the Language of Light as the primary language for all communication. The Language of Light is a magnetic series of tones that elicits balanced communication that is non-judgmental and unity based. Any communication that is judgmental in nature is not communicated in the Language of Light. Upon Earth, there are thousands of languages in the human kingdom along with in the many species originating from other creations. Electrical based languages in particular elicit the greatest judgment and the greatest competition.

Magnetic languages create the greatest neutrality and acceptance of all of life. Some magnetic languages however are so strong in the pull that they too elicit judgment. So this can be for the Arcturian language associated with Arcturian DNA in particular. It is the Sirian language that is closest to the Language of Light; and yet the Language of Light is a modification of Sirian thought-form, and not as it was originally seeded in the Grand Masters upon Earth. Those attuning unto the Language of Light will discover that the language itself assists in balancing the field. A balanced field creates non-judgment and a non-competitive state of being. For in balance, there is no greater than or lesser than, or smaller or larger; each are equal regardless of level of mastery.

The beehive flow co-creates group unity by causing each to relate in equality; without anyone puffing themselves up to be greater than life; or shrinking down to be the doormat of the group. In the beehive flow, each receives equal chi to what they give leading to a field size founded upon level of mastery rather than an artificial acquisition of chi. It is the acquisition of excessive chi that causes humans to puff themselves to sit on top of the pyramid in western geometry; or sit on the outside of the box in eastern geometry. As each moves out of the paradigm

of pyramids and boxes and the associated machines or figure-8 flow that is mechanical, then one can transcend into another way of being that sustains equality rather than competition in the dance of life.

The nonphysical attunes to the language that one is running. If the language is competitive, then one will draw to oneself nonphysical forces that like to compete; like to shame you causing you to shrink to nothing, or like to inflate you into believing you are bigger than life. Therefore taking a look at what languages you tend to run in your inheritance is a good place to begin; and then the conscious choice to edit the languages, purging all of those from foreign creations that cause judgment is the next step; and replacing all associated thought-form with the Language of Light the third step. This shall tend then to draw nonphysical that also speaks the Language of Light, and such forces will tend to be more unity based and therefore are better suited to guiding ascending humans in their spiritual lessons.

## **THE NATURE OF ASCENDING SOUL**

The nonphysical field of any human is a combination of machines and programs, moving energy systems, personality entities, ancestors and soul and angels. Soul and angels have multiple purposes within an ascending field. Soul is present to release parallel karma and thought-form as the physical is also releasing in the ascent. Soul too has become mechanized and is working its way into more conscious fabric in clearing the same mechanical patterns that the physical fell into over time and in the many falls in consciousness upon Earth. As humans transcend mechanical ways of being, so does soul accomplish the same goal. Soul does not press its mechanization into human fields however; this is held outside and in another reality where soul recasts itself, and generally this occurs in the aurora of Earth at this time.

Soul and in particular the Over Soul that sits at the end of the source chakras above one's head has the job of assisting humans in all spiritual lessons. The Over Soul will send communications through angels in the Language of Light. These communications can be attuned unto during meditation or during dreamtime while asleep. The communications are a broadcast of understanding of the spiritual lessons one is learning at this time, or near future lessons to be learned ahead.

In recent months and due to ongoing problems of humans reaching their Over Soul, there is now a tether from the first source connection chakra above the head to the over soul and creator above this. Ascending humans can follow this tether to commune and connect with one's Over Soul and Creator. The Over Soul also oversees all genetic records one is gathering and assists in compiling them for continued ascension. New genetic records descend each night down one's source chakras to be gathered by the akashic record keeper and then added to the ascension grid work around the etheric skin. This is the purpose of one's Over Soul.

Above the Over Soul is the Creator. The Creator holds the dream and vision for the life experience upon the physical plane as well as the dream for the ascent of the body. It is the Creator that one works with each night in dreamtime to assist in weaving the best possible dream for the life and continued ascent. The Creator also assists in holding proper boundaries of true spiritual law within the field. The Creator is a new aspect that has been cast by the Tao to assist in supporting human evolution. There is a tether from the Over Soul to the Creator so that one may consciously commune during meditation by following the cord up one's source connection chakras. The Creator will offer communication surrounding guidance for the dream for one's life, ascent and health.

Angels come in many forms and assist in the spinning of ones' field as well as recasting any damaged part of the etheric body, chakra system, subtle bodies or dreamtime light body self. Sometimes ascending humans have bad ascension days due to difficult karmic encounters that may have violated parts of the field. It is the Angels that assist in reweaving the field for continued ascension during dreamtime and as you retire for the night. Forgiveness and a willingness to release karma with the associated party are paramount to the process of recasting. Without forgiveness or the release of karma, the Angels cannot reweave the field. So the intention to forgive and release will allow the Angels then to do their job during recasting in the temples each night.

The recasting Angels generally work at night or during meditation time. Those Angels that support and sustain the field rotation remain with the field during the day only and then are replaced by the recasting Angels as you retire for sleep or meditate. There is now a tether from the chakra just under one's feet to the healing temples in the aurora. One can trace this tether to find one's way to the healing temples before retiring and to request the recasting Angels to reweave one's field over night in support of the continued ascent.

Sometimes there is interference in the attempt to connect to the healing temples, and this is one of the reasons that Earth has created a tether so that each may find their way more of the time and receive the healing offered. Sometimes barriers in the form of machines or planes can formulate under the home preventing one from reaching the healing temples. Sometimes Angels that are not from the Earth Mother can enter the field and add mechanisms that are non-supportive of ascension or block the recasting process. Intending to remove the machines and planes along with non-earth mother based angels will correct the problem. Then one can reach down to the aurora and request a new set of recasting Angels in dreamtime.

Sometimes nonphysical forces that are non-supportive of ascension have karmic cause to be present in the field. Intending to release the karma for such forces will alter the agreements enough that they can be removed. Sometimes karma is also added from others to allow for the presence of non-supportive forces; as one returns all karma that is not one's own to its source of origin, then there is no agreement for their presence and they can be removed. Sometimes one has to become angry in order to flush out non-supportive or harmful forces from one's

field or home. Most of such forces are in fear of anger and rapidly leave as one asserts one's boundaries.

## **WORKING WITH THE INNER FAMILY TO RELEASE MECHANICAL LOOPS**

Most programming was laid in at a particular age and in relation to an emotional charge and occurrence that perhaps was less than nice to experience. Parents, teachers and other adults including baby sitters are often gifted at programming children for good behavior; or to take on darkness, disease or sour dreams of others. Generally programming is laid in through the unconscious but has the affect of creating an emotionally charged experience in the life dance. The emotionally charged memory then becomes the first bead upon the necklace of cause and effect. Other beads from ancestral experiences form the next beads. Then each time that another emotionally charged circumstance arises of parallel nature, another bead or set of beads are laid in causing the necklace or program to grow in size.

The larger the program, the more dominant the behavior in the dance of life and more frequently that it engages as it is easier to trigger. In the end, Mila and Oa discovered programs with millions of beads and these were the codependent behaviors that they required to transcend in order to master Bodhisattva level evolution. Some of the programming that directs the life engages every day and this is why it grows to become a string of millions of beads of cause and effect. Those working upon Bodhisattva level evolution will master as the last of these types of large and life determining programs are erased allowing a deeper level of truth to emerge within the authentic self.

To remove any program, the first incident and emotionally charged experience that created the first bead must be acknowledged and erased. Parts of the inner child, teenager or young adult most likely fragmented in the experience, and so gathering up the lost pieces of self allows for the healing and then erasure of the first bead. As the first bead is erased, all other parts of the necklace begin to fall apart as the original cause has been removed. One will use the pale lavender tones to vaporize the first bead. There may be other ages that are significant to the chain of cause and effect however, and these too must be acknowledged and erased. If parts of self also fractured in the associated experiences in teenage or adults years, these too have to be gathered up and reunited in order for the erasure of the associated program to be complete.

There will also be ancestral trauma recorded in other beads within each chain or loop of programming. This too must be acknowledged and forgiven for the transcendence to be complete. Ancestors are easily traced to the associated lineages in ones tapestry of ancestry where the entire life can be reviewed; it is as the understanding of the entire life is brought to consciousness that the forgiveness of the experience can then come forth. Most of such work is done in dreamtime, however in bringing the ancestral information to consciousness,

transcendence of karma as well as programming can become a conscious phenomenon amongst those focused upon the goal during meditation.

Program chains will be interlinked with others that are associated in the loops of 7, 12 or 18 thought-forms that are associated. In order therefore to completely transcend a particular loop of mechanical behavior, one must erase all 7, 12, or 18 chains of cause and effect that are associated. As all the beads of cause and effect related to an entire loop of thought-form fall apart, then the machinery and personality associated can also be released and spun off through the rotation of one's field for a complete transcendence. If any part of any of the necklaces or machinery remains, the entire loop and machinery may self recreate. For this reason, ascending humans must be thorough in their introspection of the thought-form that drives one's behavior.

Sometimes there is also a necklace that is a master chain of cause and affect that directs the entire loop. This necklace has to be erased first or the entire chain will be reformulated before you can transcend it. Therefore discerning which thought-form and the associated program is the dominant one is any given loop is useful to clearing a pattern the first time that it is attempted. Personality entities can also reprogram the field with the behavior that they are associated with. Removing all personality associated with any given loop of programs and thought-form therefore assures that this does not occur.

## **EMOTIONAL CHARGES AND FRACTURED PIECES OF SELF**

The beads of cause and effect are actually laid into the form through the fractured parts of the field that shattered due to emotionally abusive or charged experiences. As a program engages to be released, one may go out into the fractured piece of self and re-experience the emotional charge from the original cause of a particular program. Often this occurs if one is not conscious of the need to release a particular loop as it is up to be cleared in association with the karma that one is clearing in dreamtime in one's ancestry. Then one awakens and draws an experience into the day to day life that parallels the program one is ready to transmute. Then one relives the trauma from childhood, teenage or young adult years that caused the program to form in the first place.

If this occurs, one may have a difficult time sleeping or doing much of anything. The best solution is to intend to move your consciousness out of the fractured pieces of yourself stuck in time from an earlier moment of trauma in the life dance. You can then intend to gather up all the fragments and send them to the aurora for recasting; and go about erasing the program by searching out the original time in the inner family timeline that the first bead was created in the chain of cause and effect. Then you will be able to erase the program and all others associated and the emotional charge that you are feeling will release simultaneously.



Ascension is not easy work. The next layer of programs will engage as they are ready to be released and as you continue to rise in vibration through the development of crystalline cells and a triple lotus rotation of the molecular structure. The life mirror around you will give you hints as to the next loop of thought-form that requires transcendence of for a smoother ascension day or week ahead. Paying attention to the mirrors will allow you then to search out programs and beads of cause and effect that are related. Then you can be on top of the game by erasing the programs before they engage and cause you a traumatic emotional experience. This is how Mila and Oa learned to work and it sufficed to create a smoother life dance between them as well as in association with the school.

## **MORE ABOUT COMPETITIVE PROGRAMMING**

Competitive programs create behavior that pits people against one another rather than coming into unity where they can work collaboratively for a common goal. Not all mechanical programs foster competition; some programs actually foster collaboration. As one chooses to release one's own competitive programming, one will call forward collaborative programming in others that surround oneself. This is how others will adjust to the internal healing that is occurring in one's own ascension and begin to mirror the unity within. In one's own erasure of all competitive patterning within, it will then call a mirror unto oneself of others who will collaborate. This is also how the dance of unity can be fostered within the mechanical world that one lives within.

Competitive programming has thought-forms that are associated with better than or lesser than concepts. For example "I Succeed" or "I Fail" has a better or lesser than concept behind it. Another example is "I Am Beautiful" or "I Am Ugly". In total, about one third of the 144 concepts explored in chapter 2 of Workbook I and II foster competition. Two thirds however do not foster competition as much either collaboration or usury. Roughly one third of the remaining non-competitive thought-form is usury based; and the other one third creates a form of collaboration that can then foster unity in the dance of life. Usury is a subject of its own that will be focused upon in another chapter of this workbook in the year ahead.

## **COMPETITIVE PROGRAMMING AND PYRAMIDS**

Those who are highly competitive and sit on top of the pyramid will have mostly if not 100% competitive programming as their birth nature, and generally of the "greater than" side of the polarity. Those who sit on the very bottom of the pyramid also will have mostly if not 100% competitive programming but of the "lesser than" side of the polarity. For those that find themselves often at the bottom in the dance of life, releasing all the competitive lesser than programming will assist one in reverse polarizing to the upper half of the pyramid where you will receive a better dream. This is how many in our program have succeeded at passing their tests easily in school, or creating a better job circumstance with better pay to allow the funds necessary to travel unto events.



Those who tend to be on the upper half of the pyramid but are red nation in ancestry will have some competitive programs of the “greater than” polarity; and some programs for “usury”. The Anu use those in the upper half of the pyramid as a source of chi and foundation for their fame or position of authority. In releasing the programs and thought-form for competition and usury, one will be then able to step out of the pyramidal flow altogether.

Some red nation ancestors naturally end up on the upper half of the pyramidal system. This is so for Rosetti, Persephone or Onton ancestry. Why is this so? These ancestors lived within the Anu pyramidal system where a special place for them was formed within the energy flow. Each was suspended in the upper half of the Anu pyramid when they were alive. As such, each experienced a life of luxury compared with other red nation ancestors living from the land and in their tribes. The memory of having a life of luxury has recreated itself in the ancestries of those related to Rosetti, Persephone or Onton over time, and often such humans wind up in superior positions within the pyramidal system today.

Mila had Rosetti ancestry as did her father. This allowed both her and her father to have a position in the upper half of the pyramid. In so doing, her father could catch a dream for manifesting a successful printing business that supported the family in a middle class manner. As Mila worked in the family business or in real estate, she also sat in the upper half of the pyramid and succeeded more or less at supporting herself. Oa had Onton karma and also sat in the upper half of the pyramid and in so doing, could hold a dream to obtain his degree as an engineer, and also a dream for a high paying job later in his life.

Some of Rosetti, Persephone or Onton ancestry may also create relative fortunes for themselves today or have done so in times past. Alas for any ancestor of this nature that created a small fortune for themselves, now there is poverty karma that must be experienced for depriving others of enough in counterbalance. The poverty karma may cause one to sit on the bottom of the pyramid as a result. Through forgiveness, one can conclude with the poverty karma associated with all ancestors that created small fortunes, and come to a state of balance. In a state of balance, one manifests just enough for a comfortable life and fulfillment upon the world service agreements with Earth for travel to SSOA events, or other land that one must gather ancestors for continued ascension.

## **THE PECKING ORDER OF THE SLAVES**

Many reading these materials also have many slave ancestries. Slave ancestries host a load of competitive programming that is master-slave associated. The master slave programming has to be released in full in order to complete all karma associated with such lineages; and then in the completion the slave lineages can be sealed and cease to have an effect over one's life. Most working upon the ascent from 1800 to 3000 strands are working upon completing all slave karma and sealing the associated lineages in order to give birth to a new life which is more red nation in nature and unity based. It is red nation lineages that shall

foster a new movement of energy that is rotational and beehive in nature and also generates equality and unity in human behavior as well as group relations.

For most with slave inheritance, dancing within the pyramids is a part of the karma and there are agreements held within such lineages. During the era of the Anu and amongst the slaves, smaller pyramids formed that were under the direction of the larger pyramids of the Anu. The smaller pyramids also formed a pecking order of those on top, those in the upper half and those in the lower half within slave civilization. So this occurs today in most regions in the West as humans of slave ancestry have fallen into parallel energetic flow in present time.

The Anu themselves had a pecking order amongst them. Zeus sat at the top of the Media Pyramid and was the most powerful of the entire family. Innana and Merduk were next in section beneath which held the dreams of Law, Luxury, Money and Prestige.

Underneath Innana and Merduk was Athena who held the Education and Arts dream, Hera who held the Marriage and Family dream, Ares who held the Government and Military dream, Apollo who held the Commodities dream and Diana with the Real Estate and Work dreams. At the bottom was Hermes with Construction dream, Demeter who held the Food dream, Dionysus with the Medical dream and Hestia who held the Health dream.

The bottom of the pyramid was a mirror of the above held by slave ancestries associated with the Anu in a parallel pecking order. Each



of the slaves were drawn for 60% Anu DNA blended with 40% Native American Root Race DNA. Hercules who was related to Zeus is at the top of the slave pyramids in the Media dream. Eros that shares Innana inheritance and Thanatos Merduk inheritance are next in line holding the Law, Luxury, Prestige and Money dreams. Beneath this is Helios that holds Education and Arts dreams, and Eros again holding Marriage and Family dreams. Hephestus who is related to Ares holds the Government and Military dreams, and Oracle of Delphi who is related to Apollo holds the Commodities dream, and Poseidon who is related to Diana holds the Real Estate and Work dreams. At the bottom Pan who is related to Diana holds the Construction dream, Poseidon the Food dream, and Helios the Medical and Health dreams. Some slave ancestries doubled up in position as there were not 12 but only 8 that had been incubated over time.

Those who have slave inheritance will align themselves within the pyramid according to the same patterning depending upon dominant archetypal nature. Therefore if one has the dominant slave inheritance of Pan for example, one will find oneself within the pyramidal structure in the bottom position. In the bottom position, one will subordinate unto all Anu giving them your chi to sustain their dominant position; you will also subordinate to Hercules who is at the top of the slave pyramid along with others above oneself.

Also those slave archetypes related to various Anu can demonstrate parallel relationship discord or patterns amongst one another in the dance of life. For example, those of Helios and Hercules archetypal nature may be drawn into relationship just as Athena and Zeus were. The relationship between Helios and Hercules archetypes may be equally argumentative and end in divorce just as Athena and Zeus's relationship failed. Eros and Thanatos archetypal natures may find themselves at war with one another just as Innana and Merduk battled it out to the horrific end. Eros and Pan archetypes may find themselves falling in love just as Innana and David once demonstrated, and then later create large arguments that are violent ultimately leading to separation and divorce. Such is the nature of holographic patterns that will repeat within all whom are related until they are released and transmuted through ascension.

## **LINEAGES, ANCESTORS AND PROGRAMMING**

Ascending initiates are made up of many lineages each with their own archetypal natures. Sometimes the archetypes of individual lineages will play out with others with other lineages in a particular karmic dance. Humans are multifaceted and play out one archetypal nature with the spouse or partner, another with each child, another with each parent or other family relation, another at work with the boss, and yet another at work with various workmates, and yet another with various friends. The point is that humans relate to one another in a specific archetypal dance that is related to the lineages that each possesses.

It is up to each ascending initiate therefore to map their archetypal patterns as each lineage underlies the programming and persona that results in one's mechanized behavior. Underlying why one has been programmed in a particular

manner for a particular behavior and response in the dance of life are the lineages that the ancestral karma was derived from; and the ancestors associated most likely held the same programming when they were alive as one does today. As one releases one's mechanical programming and thought-form, the ancestors associated can also release the related patterning so that future generations need not be born mechanical in nature. This is how one will clear the pathway ahead for the generations to follow who will enter the world at one's vibration or higher and as their authentic selves.

Therefore in order to complete with any loops of mechanical thought-form and programming one is releasing, one must also intend to release the associated ancestral karma. The karma will appear in the beads of cause and effect within the program itself making it easy to discern which lineages are associated. As one releases the ancestral fabric of the karmic cause to participate in programming, one will also cease to program others or allow oneself to be programmed oneself in the dance of life.

## **HOLOGRAPHIC REPLICATION DEVICES**

Sometimes after erasing a program or series of programs, the entire series of loops self recreate. The cause of the self recreation is machines that are designed to retain your programming. Sometimes the machines that recreate programming have their own beads of cause and effect, in which case these too must be erased in order for the transcendence over a particular series of mechanical thought-form to be complete. Sometimes there are machines only that recreate one or more programs by reinstating the original beads of cause and effect. Sometimes there are entities or divas (small angels) that sit within the field and their entire purpose is to reinstate programming.

The underlying cause of this is simply the desire to retain one's vibration. As your ancestors fell in frequency by losing consciousness and conscious field rotation, they begin to rely upon mechanized programs instead to hold their thought-form in a particular vibratory bandwidth. If the programming was lost, then they fell in vibration again, and so such ancestors learned to create programs to retain their programming. This appears to be the original cause of this type of recreation system or holographic replication devices for mechanical based programming.

There are also entities that prefer you to retain programming that allow them to engage with your field or use your energy for some other endeavor or dreamtime plane that they have constructed. This is where the entities that may reprogram one's field will originate from. If such entities will not leave your field and continue to reinstate the programming you are vying to release, one may require shattering them and then will be able to fully transcend.

## MIRRORS AND PROJECTION BASED PROGRAMMING

Sometimes there will be false programming intertwined with real programming in one's field. The false programs will appear as a string of beads that host mirrors rather than real cause and effect emotionally charged memories. The emotionally charged memories of others are then projected upon the mirror-beads and this then causes one to experience a mechanical thought-form without the thought-form being legitimately being recorded as of one's own inheritance. Sometimes mirror based beads can be intertwined with real beads of cause and effect and then this prevents the pattern from releasing, as it self recreates through the projection of the pattern of another upon one's field.

The choice to erase the mirror beads intertwined with any program is the easiest way to transcend this type of manipulation. Mirrors are useful energetic patterns to create boundaries; one can intend mirrors at the edge of one's field to create a boundary between oneself and all others. You can also use mirrors to return patterns that are not your own; however it is best to use the fire element to transmute and fire is conscious enough now to assist in returning what is not your own to its source of origin without requiring mirrors to do so. Mirrors used to move patterns around or move karma around are against true spiritual law, but something that the Anu became very gifted at.

The Anu in their time period mirrors 18,000 years of death and disease karma onto to their slaves and the red nation peoples via their spouses or lovers. They utilized mirrors for this purpose. This is where the mirror beads originate in history and is a part of the Anu Slave lineages primarily. As you transcend your Anu slave karma, this type of programming is erased in full that requires mirrors to sustain.

The Anu were also gifted at programming their slaves to be who and what they required. Generally it was their closest personal slaves that were the most programmed by the Anu to behave properly. Often the finest hotels or restaurants today host a dream from the servants of the Anu in present time. They wait upon those frequenting such places hand and foot, and this is what the Anu programmed their slaves to do for them.

Later and as Innana became increasingly insane, her servants could not please her enough; and she sometimes killed those that displeased her greatly. This is where the abusive slavery dreams of the Southern US late last century were replaying. As we release all karma for slavery of the Anu, such types of dreams can be erased from the human civilization leading to a new day where each is honored as god goddess in form.



## THE DANCE OF PROGRAMMING OTHERS

Humans are very good at programming one another. It is unconscious human nature of those who hold a lot of spiritual knowledge for ascension to be more gifted at programming others than many others without such knowledge. Mila was so gifted that over time she programmed her mother to remain more sane around her thereby minimizing the difficult entities that would abuse Mila through her mother. Mila once also participated in programming her students; until she recognized that this instilled pain into the field thereby creating karma. For one cannot lay in programming upon another without using the vibration of pain. Programming is held in place by the frequencies of pain and suffering and it is for that reason that it creates karma to unconsciously program another.

Mila learned therefore to deprogram only instead and gave her students the skills to do so themselves; and then created new patterns and thought-form that did not require pain to integrate. The Language of Light patterns do not rely upon pain to be fostered but rather the vibration of love. It is the vibration of love that causes the Language of Light to spin within the chakra and subtle body systems along with dreamtime self.

If one is programmed oneself in one's associations and through a boss or teacher, friend, sibling or parent, it puts the field into pain. It is for this reason that karmic encounters are often painful as current programming is triggered and more beads of cause and effect are laid into the chain. The actual experience of being energetically shattered is often related to the addition of more beads of cause and affect within the programming loops triggered in any karmic encounter. The addition of more beads widens the gaps already within the field often causing parts of self to fracture off. As one releases the program loops entirely along with ancestral karma associated and retrieves the fractured bits of self, one can then recover from a karmic shattering through recasting.

Ascending humans will have to be careful of the current educational paradigm. For the current paradigm programs students so that they learn the material associated within the course of study offered. Several in this program attempted to go to massage school and found the programming so difficult that it caused them a health problem. Programming can be removed through intention after it has been laid in however; and so those attending courses should choose to remove any programming laid in each evening after school. Parents can also intend to do this for their children who are still in school to allow for the retention of the authentic self into their teenage and adult years.

Programming triggered in day to day living is an ascension opportunity. For any triggered program is easier to erase and release than those that lay dormant or invisible and behind the scenes. Therefore one can use their life experiences to allow for the continued transcendence of all mechanical thought-form and the behavior associated. As all mechanical thought-form is left behind, one moves more fully into the authentic self. The authentic self allows for a fuller and more vibrant life dance due to increased capacity to self express.



## SELF EXPRESSION AND THE AUTHENTIC SELF

Self expression is very limited or fractured due to the mechanical programming that one has danced with within and throughout one's more recent ancestry leading back in time to the era of Atlantis. Why is this so? Mechanization fractures the field; as the field is fractured so is self expression fractured. Self expression occurs in association with the capacity to rotate all parts of the field at once. The fracturing that mechanical programming causes also causes parts of the field to rotate separately from all others, and some areas to rotate very poorly if at all and particularly this is so at two strands of DNA. The lack of rotation or poor rotation of some parts of the field then causes self expression to be limited to the parts of the field that rotate well.

Generally some chakra regions are more fractured than others as they receive the majority of the mechanical programming. Most will have two to three chakra regions that received the most program chains. Wherever one has the most program chains, the chakra will spin very poorly leading to a lack of self expression associated. If the grounding chakra is affected and spins slower or not at all, it will lead to someone who is not well grounded in the dance of life, or in other terms may express as a bit of an "air head" or "feather head" as our Native Ancestors may call it. If the sexual chakra is affected and hosts the majority of one's programming, then running sexual energy may be difficult and one's sensual or sexual expression may be limited.

If the power chakra region is affected, it leads to someone that subordinates greatly in the dance of life. If the breath of life chakra is affected, it creates someone who has difficulty remaining in present time and tends to remorse over the past or escape into the future. If the heart chakra is affected, it creates someone who fails to love and may be very cold hearted. If the throat chakra is affected, one's ability to express verbally may be impaired. If the dream catcher chakra is affected, then one may struggle with manifestation. If the pineal and pituitary chakras are affected, this will make it difficult to perceive clearly. If the crown chakra is affected, it will affect one's ability to anchor spiritual knowledge as well as attune to one's Over Soul for guidance.

Subtle bodies will also fracture as the chains of beads expand becoming thousands or more in length. If the mental body is fractured by the program beads, then one's ability to language is compromised. If the emotional body is fractured, one's ability to feel is compromised. If the intuitive body is fractured, one's ability to commune with soul is compromised. If the creative body is fractured by the program beads, then one's ability to manifest is compromised.

As the mechanical programming is removed from each of the regions that it represses one's self expression, then new forms of expression may come forth in the emergence of the authentic self. The authentic self has capacity to express in all possible ways and freely move chi through each chakra region and subtle body. To the degree each region is freed up, a more expanded level of self expression

can come forth. Many in our program are discovering new ways to self express due to the freeing up of the field through the releasing of mechanical thought-form and the integration of the Language of Light. Some are choosing to express through art and painting; others through making clothing, jewelry, song, dance or music; and some through teaching or becoming a healer for ascension. Each truth in action inherent in the authentic self will have a different manner of expressing that gives joy, satisfaction and fulfillment upon the physical plane.

The fracturing of self expression, not only leads to boredom, but non-fulfillment in the dance of life. For there are many forms of expression that one might like to engage with but does not appear talented at or capable of. This too then leads to the belief that one is not worthy or lovable upon the physical plane. This last era of fracturing to two strands has created the largest number of unhappy humans that cannot self express or feel fulfilled than in any other time period in human history. Perhaps this speaks to the vast limitation of self expression that most are locked into at two strands of DNA.

At this time humans are either fracturing into greater limitation or ascending into greater freedom. Those fracturing into greater limitation are falling to 1.5 strands of DNA which is a very painful place to go. Most of those falling to this level of vibration are living in the large cities in current human civilization, and are falling into deep dissonance. The dissonance is then expressed as drug use to appease the pain, or the creation of violence upon the physical plane. Some places like Iraq are also falling faster than the region can ascend and this too is leading to violence and terrorism as you are witnessing in your current world mirror. The solution to this is to give birth to ascension; and as this occurs more evenly around Earth as a whole, places like Iraq will self heal and the peoples living upon the land will then come to peace. This is coming, and it may take eight years or more of continued global evolution to fulfill upon.

## **PROGRAMMING AND CURRENT HUMAN MEDIA**

The media is also a problem for ascending humans. The media causes humans to become interlinked via a large matrix grid that has been constructed in the globalization of television and the internet. The matrixes unite fields and then lay in programming as well as strip information deemed necessary unto evolution to a higher frequency. This also occurred in Atlantis and unfortunately not enough disengaged from the hold of the media in this era to launch ascension. This too is karma that those who are ascending and choosing not to engage with the media can release so that future generations simply do not attune to the television or computer for such long periods each day.

Television shows in particular are used to lay in programs of stagnation and non-movement into the audience. The vibrations of television or movies actually add poison to the field causing it not to spin as well thereafter. Engaging in one movie may undo 10 days or more of ascension work by reprogramming the field of mechanical thought-form one has just released, or triggering other mechanical thought-form and laying in new beads of cause and effect that further shatter

one's field. Mila heard clearly from her guidance over ten years ago to stop watching television and not to go to any movies or she could not ascend. She chose to heed her guidance and then this became the policy of Oa as he joined Mila in the co-direction of the school.

The problem with the media is with antimatter and antimatter dreamtime planes. This may be less so with written materials than movies or television; however even the dreamtime associated with some magazines that Mila and Oa subscribe unto must be dismantled as they read it or it would negatively impact their field. Why is this so? In reading the materials you enter the dreamtime of the author. This dreamtime may be set up to strip the audience of certain information or program the field to agree with what the author has to say. Spiritual books may be the worst of all as they are often used by dark forces to access and strip those who could ascend of the information necessary to do so long before the ascension is launched. Therefore one must be careful as to what one reads as well as watches if one's intent is to sincerely ascend in this lifetime.

Earth is working upon weaving a new dream for written media in particular where it can be held harmless in nature. This will be so in the new dream and for the educational system that young children are going to attend in particular. As enough ascending children attune to the new dream, they will anchor new dreamtime planes surrounding each school, and the planes will bring an end to programming and other mechanisms that interfere with ascension. It will however require a certain number of ascending pupils to anchor, and this will begin to come about in 2010 in some regions with higher vibration land around the globe. Over time however and leading to 2018, most schools in rural environments may have enough ascending students to anchor the new educational dream. The teachers are anticipated to attune to this dream and reconstruct the curriculum accordingly; and those who cannot attune will have no dream to participate and will leave their posts. This is how Earth is choosing to support the ascending little ones to not lose their information or path in the era ahead.

Adults who are raising ascending children would fair better if you simply gave the television away and limited the time upon the computer to a short period each day or just enough to do homework. Ascending adults also may have to choose between the attachment to the television and one's choice to ascend; and also choose to give the television away. Television hosts dreamtime planes that are even more caustic than written materials. The movement of film upon an electrostatic screen presses static and radiation into the environment; this then shoots holes in the molecular structure of one's etheric body. Spending hours in front of the television will literally prevent ascension from taking off; and cause a fall in consciousness amongst the ascending children allowed to focus upon the TV for too long each day.

Mila recognizes that she fell in consciousness due to the unlimited time in front of the television over summer in her teenage years. She fell into a deep depression as her DNA frayed due to the ongoing exposure of radiation. As she later spent her summers assisting her father in the printing business, her DNA self healed and she rose out of the depression that the television had caused. Perhaps it is a

good thing that many adults work as this takes them away from what might be spent as long hours in front of the television.

However some work environments are almost as caustic as the television if they are in large cities or filled with a lot of computer equipment. For those working in such environments that choose to ascend, Earth would guide each to create an office in a more rural environment or suburb as a first step. The next step would be to fill your office with living plants and a small water fountain to assist in transmuting the electric static of the work environment. The more plants the easier the work environment will be for those who are ascending.

## **DISCERNING ONE'S TRUTH IN ACTION**

As the authentic self emerges, one will desire to give expression in a way that resonates with one's truth. Truth in action is determined by the new astrological signs that have been orchestrated through the nature kingdoms for ascending humans. The new signs each have three dominant Language of Light tones associated with the first ten notes of the scale. The first ten notes are the tones that are also reflected throughout the entire scale of 144 thought-forms, and therefore it only requires mastering the first ten notes and one can easily master the following 144.

Mastery over the tones is simple; one learns to spin the colors and shapes demonstrating them within one's chakras, subtle bodies and dreamtime light body self. So this is also for dual and tri tones concepts. Dual tone concepts are particularly useful for the dissolution of mechanical programming. One can learn the movement of each dual tone therefore and apply it to the programs and machines in one's field to assist in one's personal transcendence into the authentic self.

Those ascending to 3000 strands will have three astrological signs that one is related unto. One sign will be the primary truth that one is ascending into. The second two signs are considered overtones within the field. As one examines and muscle tests or pendulums the three signs, one primary and two secondary, then one can discern what base notes of the Language of Light represent one's truth. Base notes that occur twice, or three times in the examination of all three signs are what make up the truth in action. We will give examples from Mila and Oa's early ascent and mastery of Bodhisattva.

The Bodhisattva has six astrological signs that are related unto oneself. Two are considered primary and four are secondary or overtones of the thought-form associated with each sign. Therefore there are six thought-forms that sustain one's truth. For Mila the primary signs were Bear and Owl and so her primary truth had to do with Harmony and Purpose. Her secondary truths included Tiger, Dragonfly, Hawk and Fox. This gave her a secondary truth of Ascension, Peace, Illumination and Evolution.

## MILA'S TRUTH IN ACTION AT BODHISATTVA LEVEL MASTERY

	<p><b>New Astrology</b></p> <p><b>Bearer of Harmony</b> Birth Year: 2003</p>	<p><b>Animal Relation</b> Bear</p> <p><b>Aquatic Relation</b> Flounder</p>	<p><b>Language of Light</b></p> <p><b>Structure, Unity &amp; Breath of Life</b></p>
	<p><b>New Astrology</b></p> <p><b>Bearer of True Purpose</b> Birth Year: 2012</p>	<p><b>Animal Relation</b> Owl</p> <p><b>Aquatic Relation</b> Eel</p>	<p><b>Language of Light</b></p> <p><b>Structure, Breath of Life &amp; Non-Conditional Governance</b></p>
	<p><b>New Astrology</b></p> <p><b>Bearer of Ascension</b> Birth Year: 2015</p>	<p><b>Animal Relation</b> Tiger</p> <p><b>Aquatic Relation</b> Shark</p>	<p><b>Language of Light</b></p> <p><b>Forgiveness, Power &amp; Non-Conditional Governance</b></p>
	<p><b>New Astrology</b></p> <p><b>Bearer of Peace</b> Birth Year: 2001</p>	<p><b>Animal Relation</b> Dragon, Winged Lion</p> <p><b>Aquatic Relation</b> Seahorse</p>	<p><b>Language of Light</b></p> <p><b>Power, Forgiveness &amp; Non-Conditional Love</b></p>
	<p><b>New Astrology</b></p> <p><b>Bearer of Illumination</b> Birth Year: 2008</p>	<p><b>Animal Relation</b> Hawk</p> <p><b>Aquatic Relation</b> Jelly Fish</p>	<p><b>Language of Light</b></p> <p><b>Unity, Compassion &amp; Freedom</b></p>
	<p><b>New Astrology</b></p> <p><b>Bearer of Evolution</b> Birth Year: 2016</p>	<p><b>Animal Relation</b> Fox</p> <p><b>Aquatic Relation</b> Marlin</p>	<p><b>Language of Light</b></p> <p><b>Divine Union, Non-Conditional Love &amp; Non-Conditional Governance</b></p>



## OA'S TRUTH IN ACTION AT BODHISATTVA LEVEL MASTERY

	<p><b>New Astrology</b></p> <p>Bearer of Communication Birth Year: 2013</p>	<p><b>Animal Relation</b> Wolf</p> <p><b>Aquatic Relation</b> Mackerel</p>	<p><b>Language of Light</b></p>  <p>Freedom, Unity &amp; Breath of Life</p>
	<p><b>New Astrology</b></p> <p>Bearer of Divine Union Birth Year: 2014</p>	<p><b>Animal Relation</b> Swan</p> <p><b>Aquatic Relation</b> Penguin</p>	<p><b>Language of Light</b></p>  <p>Divine Union, Structure &amp; Freedom</p>
	<p><b>New Astrology</b></p> <p>Bearer of Compassion Birth Year: 2005</p>	<p><b>Animal Relation</b> Elephant</p> <p><b>Aquatic Relation</b> Walrus</p>	<p><b>Language of Light</b></p>  <p>Compassion, Unity Non-Conditional Governance</p>
	<p><b>New Astrology</b></p> <p>Bearer of Freedom Birth Year: 2004</p>	<p><b>Animal Relation</b> Horse</p> <p><b>Aquatic Relation</b> Manta Ray</p>	<p><b>Language of Light</b></p>  <p>Power, Freedom &amp; Divine Union</p>
	<p><b>New Astrology</b></p> <p>Bearer of True Law Birth Year: 2011</p>	<p><b>Animal Relation</b> Crow</p> <p><b>Aquatic Relation</b> Salmon</p>	<p><b>Language of Light</b></p>  <p>Forgiveness, Divine Union &amp; Compassion</p>
	<p><b>New Astrology</b></p> <p>Bearer of Unity Birth Year: 2010</p>	<p><b>Animal Relation</b> Deer</p> <p><b>Aquatic Relation</b> Seal</p>	<p><b>Language of Light</b></p>  <p>Power, Forgiveness &amp; Unity</p>



As you examine the Language of Light associated with the tones of each sign, you will see that there are three non-conditional governance tones present, and two of breath of life, power, structure and non-conditional love as well as unity. So Mila's truth in action as she mastered Bodhisattva was non-conditional governance founded upon breath of life, power, non-conditional love, structure and unity.

Oa's truth in action as he mastered Bodhisattva level evolution involved the primary signs of Wolf and Swan making his expression related to Divine Union and Communication. The secondary signs were Elephant, Horse, Crow and Deer adding the thought-form of Compassion, Freedom, True Law and Unity to his truth. You will also see as you take into consideration all six signs that there are three each of the freedom, divine union and unity tones present of the Language of Light, and two each of compassion, power and forgiveness. This caused Oa's truth in action at the time to be related to freedom, divine union and unity with an emphasis upon compassion, power and forgiveness. You can see also how the truths in action of Mila and Oa worked together to co-create the birth of their school as all the necessary components were present together.

Over time Mila and Oa have gone on to embody the entire wheel of astrology each in their personal evolution and now are embracing yet another astrological system associated with the Great Central Sun. This system will be written about in the years ahead and as Earth deems it necessary to the ascension of humanity.

We will now take the time to write about each sign and the truth in action that it represents. We invite each reading these materials to assess the truth in action that one is becoming as the authentic self emerges. It is the truth in action that shall begin to mold the dream for your life expression ahead, the interests that you may hold, and the things that you might like to manifest in the dance of life.

It is as one embodies one's truth in action that the dance of competition shall cease. This can only occur as each layer of mechanical programming and competitive based thought-form is transmuted and transcended in the choice to ascend. As the truth in action emerges, it allows for a fuller expression of self in the dance of life. From the fuller expression of self, there is joy, there is freedom, there is fulfillment, and there is love. In so being, there is an opportunity to create a joyful dream ahead leading to the end of depression, disunity and worthlessness within your ancestry. As the map carvers succeed at this goal, it shall give birth to joyful and unity based children related to each inheritance ahead. This is the hope and dream of earth.

Namaste  
Earth Mother

*(See the following pages that define truth in action and the new astrology for ascension.)*

## TRUTH IN ACTION AND THE NEW ASTROLOGY FOR ASCENSION

	<p><b>New Astrology</b></p> <p><b>Bearer of Peace</b> <b>Birth Year: 2001</b></p>	<p><b>Animal Relation</b> <b>Dragon, Winged Lion</b></p> <p><b>Aquatic Relation</b> <b>Seahorse</b></p>	<p><b>Language of Light</b></p>  <p><b>Power, Forgiveness &amp; Non-Conditional Love</b></p>
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### 1. **BEARER OF PEACE, Dragonfly or Lion Kingdom**

The bearer of peace strives to cause peace wherever they go and with whomever they engage. It is the nature of those of this sign to endeavor to settle disputes through communication, forgiveness and understanding rather than conflict and argument. It is also the nature of those of this truth to work in collaboration with others rather than in competition. Allowing all other truths to be expressed around oneself is also an attribute of this particular sign. Those of this sign make good healers and teachers of ascension if this is the desired dream that one wishes to manifest. Those of this sign will also be gifted at infusing peace into any work of art or jewelry, clothing or other hand made expression including music and dance.

	<p><b>New Astrology</b></p> <p><b>Bearer of Truth</b> <b>Birth Year: 2002</b></p>	<p><b>Animal Relation</b> <b>Buffalo</b></p> <p><b>Aquatic Relation</b> <b>Tuna</b></p>	<p><b>Language of Light</b></p>  <p><b>Power, Non-Conditional Love &amp; Non-Conditional Governance</b></p>
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### 2. **BEARER OF TRUTH, Buffalo Kingdom**

The bearer of truth strives to express truth in all areas of the dance of life and with whomever they engage. Truth can be perceived as spoken or unspoken in nature. If there is not the need to speak the truth then those of this nature will tend to demonstrate the truth through their energetic flow and actions upon the physical plane. Those of this nature will make good healers and teachers of ascension who will demonstrate truth in action to their students or clients. Those of this sign will also be gifted of infusing truth into any physical plane creation including art, poetry, music, song and dance. Those of this nature will also be good at working with ascending young children or teenagers and assisting them in moving into their truth in action.

	<p><b>New Astrology</b></p> <p>Bearer of Harmony Birth Year: 2003</p>	<p><b>Animal Relation</b> Bear</p> <p><b>Aquatic Relation</b> Flounder</p>	<p><b>Language of Light</b></p>  <p>Structure, Unity &amp; Breath of Life</p>
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### 3. BEARER OF HARMONY, *Bear Kingdom*

The bearer of harmony will strive to harmonize those around oneself as well as to sit within a state of harmony within one's own field. Those of this nature are gifted at the art of synthesis of field or arranging the tones of creation in a manner that creates balance. Those of this nature are gifted at teaching others to also synthesize and harmonize within. As such they would make excellent healers or teachers of ascension, or be gifted at working with ascending children and teenagers in the dance of life. Those of this sign are also gifted at assisting the land around oneself to harmonize. This then allows the land to ascend. In community, those of this nature will assist the group in harmonizing enough to continue to ascend together.

	<p><b>New Astrology</b></p> <p>Bearer of Freedom Birth Year: 2004</p>	<p><b>Animal Relation</b> Horse</p> <p><b>Aquatic Relation</b> Manta Ray</p>	<p><b>Language of Light</b></p>  <p>Power, Freedom &amp; Divine Union</p>
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### 4. BEARER OF FREEDOM, *Horse Kingdom*

The bearer of freedom will strive to free up the energies enough for ascension of field and form. Those of this sign will also be gifted at embracing change, or assisting others at embracing the life changes that ascension makes possible. Embracing change allows for a flow and freedom in the dance of life that may take this type of individual to many places in travel and exploration. Such an individual would also be good at gathering with others to create community and shall assist the community in continuing to ascend by freeing up the stuck energy within the group or upon the land. Those of this nature will also be fluid in the roles that they play within community and may enjoy many expressions including gardening, cooking, building, working with the animals (milking cows), constructing furniture or creating beautiful works of art that everyone loves.

	<p><b>New Astrology</b></p> <p>Bearer of Compassion Birth Year: 2005</p>	<p><b>Animal Relation</b> Elephant</p> <p><b>Aquatic Relation</b> Walrus</p>	<p><b>Language of Light</b></p>  <p>Compassion, Unity Non-Conditional Governance</p>
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## 5. BEARER OF COMPASSION, Elephant Kingdom

Those of bearer of compassion sign will demonstrate a loving nature in all circumstances, and will be able to express a truth of compassion in action. Compassion is necessary in order to forgive; and those of this nature will be very forgiving as well as be gifted at leading others to forgive rather than hold on to grudges that causes ascension to cease. Those of this nature make excellent counselors or healers or teachers for ascension. They also would be gifted at leading groups from a place of compassion as well as working with children or teenagers so that they learn to relate to others from a foundation of compassion.

	<p><b>New Astrology</b></p> <p>Bearer of Communion Birth Year: 2006</p>	<p><b>Animal Relation</b> Turtle</p> <p><b>Aquatic Relation</b> Sea Turtle</p>	<p><b>Language of Light</b></p>  <p>Divine Union, Forgiveness &amp; Non-Conditional Love</p>
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## 6. BEARER OF COMMUNION, Turtle Kingdom

The bearer of communion will be gifted at hearing the nonphysical realms including Earth, nature, soul, and the ancestors. They will as such make excellent channels for others as a counselor or healer of ascension. They also may be quite gifted at bringing through written materials about ascension or writing novels of ancient history that spawns interest in unity based governance. Those of this sign are very sensitive and may have a tendency to withdraw and be by themselves or prefer nature to human relations. Those of this nature may also make excellent gardeners and assist the vegetable and fruit kingdoms through communion in embodying a crystalline form that better provides the nutrients for ascending humans.

	<p>New Astrology</p> <p>Bearer of Wisdom Birth Year: 2007</p>	<p>Animal Relation Eagle</p> <p>Aquatic Relation Porpoise</p>	<p>Language of Light</p>  <p>Structure, Power &amp; Non-Conditional Governance</p>
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## 7. BEARER OF WISDOM, Eagle Kingdom

The bearer of wisdom will be gifted at putting spiritual lessons into words that will be easy for others to understand and embrace. Those of this nature may be gifted authors of all kinds of written information along with teachers of ascension. Those of this sign will also be gifted at working with young people assisting them also in understanding the spiritual and karmic dance that they struggle with. Those of this nature make excellent counselors and healers of ascension; as well as poets and musicians creating the new words and sounds of ascension.

	<p>New Astrology</p> <p>Bearer of Illumination Birth Year: 2008</p>	<p>Animal Relation Hawk</p> <p>Aquatic Relation Jelly Fish</p>	<p>Language of Light</p>  <p>Unity, Compassion &amp; Freedom</p>
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## 8. BEARER OF ILLUMINATION, Hawk Kingdom

The bearer of illumination will be gifted at perceiving the nonphysical realms, the auric field, the etheric body, chakra system, subtle bodies and the patterns that require releasing in order to ascend. Such individuals will make excellent healers for ascension due to their ability to perceive the nonphysical stuck points and blockages in the etheric body. Those of this sign will also make excellent counselors as they will readily perceive the spiritual lessons that others are learning. Other skills may be easily learned by those of this nature due to their ability to clearly channel the nonphysical for any other expression of a gift or talent, such as art, music, dance and song.



	<p><b>New Astrology</b></p> <p><b>Bearer of Joy</b> <b>Birth Year: 2009</b></p>	<p><b>Animal Relation</b> <b>Squirrel</b></p> <p><b>Aquatic Relation</b> <b>Otter or Beaver</b></p> <p><b>Language of Light</b></p>  <p><b>Divine Union, Freedom &amp; Breath of Life</b></p>
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## 9. BEARER OF JOY, Squirrel Kingdom

The bearer of joy will be gifted at bringing laughter, play and enthusiasm to the dance of life. Those of this nature will assist others in learning to look at the "lighter side" or "humorous side" of the life circumstance. In acknowledging what is funny, it is sometimes easier to forgive and transcend. Those of this nature will also be gifted at expressing their joy through their art, music, design work, cooking, gardening or any other task that they undertake. Those of this nature will also help to remind others to commune with the land and experience the joy and love possible in the relationship unto nature and the natural world.

	<p><b>New Astrology</b></p> <p><b>Bearer of Unity</b> <b>Birth Year: 2010</b></p>	<p><b>Animal Relation</b> <b>Deer</b></p> <p><b>Aquatic Relation</b> <b>Seal</b></p> <p><b>Language of Light</b></p>  <p><b>Power, Forgiveness &amp; Unity</b></p>
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## 10. BEARER OF UNITY, Deer Kingdom

The bearer of unity will assist others around them in maintaining and mastering beehive energy flow. In this flow one does not step upon the foot of another and one dances around one another in harmony and grace. It is those of this nature that will be good at assisting ascending community in remaining in the flow of the beehive energy. In remaining in the flow, a smoother life together will unfold. Those of this nature also will make excellent teachers and healers of ascension due to their ability to teach others unity relations. The dance of unity also will create peaceful relationship to the land in which the land can thereby ascend. Those of this nature shall also be gifted at assisting the land in ascending and assisting earth in perceiving stuck points so that she may release them in her own global ascension.

	<p><b>New Astrology</b></p> <p>Bearer of True Law Birth Year: 2011</p>	<p><b>Animal Relation</b> Crow</p> <p><b>Aquatic Relation</b> Salmon</p>	<p><b>Language of Light</b></p>  <p>Forgiveness, Divine Union &amp; Compassion</p>
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## 11. BEARER OF TRUE LAW, Crow Kingdom

The bearer of true law will assist humans in learning to live together again under true spiritual law. True spiritual law is karmic agreements and nothing can occur unless there are agreements for it that are legitimate to the ancestry. Those of this nature will make good counselors of ascension as well as leaders in community as they will assist the individual as well as community in minding spiritual law. Those of this nature also assist the land upon which they live in minding the law so that karmic infractions cannot occur that would prevent ascension of those living upon the land.

	<p><b>New Astrology</b></p> <p>Bearer of True Purpose Birth Year: 2012</p>	<p><b>Animal Relation</b> Owl</p> <p><b>Aquatic Relation</b> Eel</p>	<p><b>Language of Light</b></p>  <p>Structure, Breath of Life &amp; Non-Conditional Governance</p>
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## 12. BEARER OF TRUE PURPOSE, Owl Kingdom

The bearer of true purpose will give direction and purpose to one's own life dance as well as a group of others or a community as it forms. Purpose can be defined as cycles of completion that occur in each cycle of continued ascension. It is often the purpose of events such as Conclave that then draw the cycle of completion to closure so mastery of the group can be fulfilled upon. Those of this sign shall be gifted at guiding groups towards ascension and completion. They will make excellent teachers of ascension or leaders of community. They also will make excellent teachers of young children or teenagers also guiding the group of young people through a cycle of ascension and completion of group karma.

	<p><b>New Astrology</b></p> <p>Bearer of Communication Birth Year: 2013</p>	<p><b>Animal Relation</b> Wolf</p> <p><b>Aquatic Relation</b> Mackerel</p>	<p><b>Language of Light</b></p>  <p>Freedom, Unity &amp; Breath of Life</p>
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### 13. BEARER OF COMMUNICATION, Wolf Kingdom

The bearer of communication will be gifted at languaging thoughts in the Language of Light. As such they will be gifted at unity based communication with others or unto a group of others. They will make excellent counselors and healers of ascension along with teachers. Working with young people is another preoccupation of this sign; as well as bringing forth written materials that reflect the Language of Light so that others can begin to think in the unity paradigm. Poetry and music are other areas that the unity thought-form could be expressed for those of this sign.

	<p><b>New Astrology</b></p> <p>Bearer of Divine Union Birth Year: 2014</p>	<p><b>Animal Relation</b> Swan</p> <p><b>Aquatic Relation</b> Penguin</p>	<p><b>Language of Light</b></p>  <p>Divine Union, Structure &amp; Freedom</p>
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### 14. BEARER OF DIVINE UNION, Swan Kingdom

The bearer of divine union will be gifted at expressing love in action upon the physical plane. Such individuals may create ascending partnerships that then teach others how to sustain a loving and ascending relationship. They will therefore make excellent teachers and healers of relationship issues. Relationship is reflected within the inner male and female within; and so such relationship can also be interpreted as the relationship unto oneself. As you love you, then love becomes possible in the life mirror; and those of this sign will make excellent examples of this truth. This truth is also needed in association with raising ascending little ones, and so those of this nature will make excellent parents to ascending children.

	<p><b>New Astrology</b> Bearer of Ascension Birth Year: 2015</p>	<p><b>Animal Relation</b> Tiger</p> <p><b>Aquatic Relation</b> Shark</p>	<p><b>Language of Light</b></p> <p>Forgiveness, Power &amp; Non-Conditional Governance</p>
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## 15. BEARER OF ASCENSION, Tiger Kingdom

The bearer of ascension will be gifted at the focus of ascension in the personal life experience. This individual may rather focus upon ascension more than any other preoccupation, which may make it difficult to manifest enough to subsist. Those of this nature may find it easiest to have ascension as a preoccupation such as becoming a healer or teacher of ascension where the focus can then be included in one's work and be used to sustain one's existence. Those of this nature will be gifted at keeping other ascending humans on track by helping them focus in a direction that sustains the evolutionary journey home. Those of this nature may also make excellent teachers of teenagers in community that are taking their evolution to the next phase due to the movement of their kundahlini following puberty.

	<p><b>New Astrology</b> Bearer of Evolution Birth Year: 2016</p>	<p><b>Animal Relation</b> Fox</p> <p><b>Aquatic Relation</b> Marlin</p>	<p><b>Language of Light</b></p> <p>Divine Union, Non-Conditional Love &amp; Non-Conditional Governance</p>
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## 16. BEARER OF EVOLUTION, Fox Kingdom

The bearer of evolution will be gifted at the focus of evolution "home" to a new dream of the Great Central Sun. Such individuals will be gifted at holding a new dream for themselves or for a relationship or for a group of others such as an ascending community. Those of this nature may be more focused upon ascension than any other occupation and much like the Bearer of Ascension, may find it easier to make ascension one's occupation by becoming a healer or teacher of ascension. Those of this sign will also be gifted at holding a dream of the ascent of the land in collaboration with Earth; allowing all other kingdoms to evolve including one's ascending garden.

	<p><b>New Astrology</b></p> <p>Bearer of Evolutionary Truth Birth Year: 2017</p>	<p><b>Animal Relation</b> Antelope</p> <p><b>Aquatic Relation</b> Flying Fish</p>	<p><b>Language of Light</b></p> <p>Structure, Compassion &amp; Power</p>
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## 17. BEARER OF TRUTH, Antelope Kingdom

The bearer of truth will assist each in the group to retain their unique truth in action upon the physical plane. Those of this nature will assist in weaving a dream of collective and collaborative truth for groups of others or ascending communities as they are born. Those of this sign will also be gifted counselors of ascension helping other to find their expression of truth in the dance of life. Those of this nature also would be gifted at working with children or teenagers to assist them in finding their expression of truth as they mature.

	<p><b>New Astrology</b></p> <p>Bearer of Fulfillment Birth Year: 2018</p>	<p><b>Animal Relation</b> Porcupine</p> <p><b>Aquatic Relation</b> Puffer Fish</p>	<p><b>Language of Light</b></p> <p>Power, Freedom &amp; Breath of Life</p>
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## 18. BEARER OF FULFILLMENT, Porcupine Kingdom

The bearer of fulfillment will be gifted at creating fulfillment in the dance of life and assisting others or a group of others in doing the same. Those of this sign will be gifted at creative projects of all kinds and also be gifted at uniting others into creative collaboration such as a group of musicians playing together, or a group of artists co-creating something beautiful or useful to the community. Those of this nature will love to create with their hands and work with others to do the same. They will also be gifted in teaching children and teenagers all kinds of crafts and skills in the dance of life that also leads to a sense of fulfillment.



# THE COMPLETE ASCENSION WORKBOOK PART II

## CHAPTER 3 WORKSHEET

*Transcending Competition and Disunity*

*Releasing Mechanical and Fear Based Thought-Form*

The Earth Mother through Karen Danrich "Mila" and Thomas Weber "Oa"  
September 17, 2006

### THE DANCE OF COMPETITION

**1. Who do I compete with in the dance of life perceiving myself greater than or superior?**

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*I intend to transcend the need to compete with others in the dance of life.*

*I intend to forgive myself for perceiving myself greater than with each upon my list.*

*I intend to cease puffing myself up beyond my level of mastery in order to feel greater than others.*

*I intend to forgive my ancestors for the dance of competition and feeling superior and above others.*

*I intend to create a new dance of life where unity and equality may flourish with all others.*

**2. Who do I compete with in the dance of life perceiving myself lesser than or inferior?**

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*I intend to forgive myself for feeling inferior with each upon my list.*

*I intend to cease giving others chi so that they can puff up feeling greater than life and better than me.*

*I intend to cease to subordinate unto others in any manner.*

*I intend to retrieve my chi and power from each upon my list.*

*I intend to forgive my ancestors for the dance of competition and feeling lesser than others.*

<p><b>3. Who do I bend my will unto in the dance of life accommodating myself unto another?</b></p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<p><i>I intend to transcend the need to bend my will unto another.</i></p> <p><i>I intend to cease to accommodate another in ways that are non-resonant with myself and my own needs.</i></p> <p><i>I intend to forgive myself for bending my will with each upon my list.</i></p> <p><i>I intend to forgive my ancestors for bending their will unto others and accommodating others in non-resonant manners that self sacrificed.</i></p> <p><i>I intend to cease to self sacrifice.</i></p> <p><i>I intend to learn to stand in my truth in the dance of life.</i></p>
<p><b>4. Who do I force to bend their will unto mine, and accommodate me in the dance of life?</b></p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<p><i>I intend to cease to force others to bend their will unto mine.</i></p> <p><i>I intend to learn to embrace others unconditionally in the dance of life.</i></p> <p><i>I intend to forgive myself for forcing those upon my list to bend their will unto mine.</i></p> <p><i>I intend to forgive my ancestors for forcing others to bend their will unto their own wants and needs and sometimes at the expense of another.</i></p> <p><i>I intend to transcend the dance of sacrifice of anyone including myself in the dance of life.</i></p>

## HEALING THE INNER FAMILY

### Healing Self Sacrifice

Question	Inner Male Child	Inner Female Child
<p><b>1. What ages in childhood did you begin to sacrifice of yourself to please others or to be accepted and loved by the parent, teacher or group?</b></p> <p><i>I intend to release and erase all memories at cause of why I self sacrifice in present time due to childhood trauma.</i></p> <p><i>I intend to replace the memories of self sacrifice with memories of balanced giving and receiving in childhood.</i></p> <p><i>I intend to forgive my parents or other adults or friends who pressed me to self sacrifice to meet their own needs or criteria in childhood.</i></p> <p><i>I intend to forgive my inner child for self sacrificing or causing others to self sacrifice.</i></p> <p><i>I intend to restore a full sense of self expression so that my inner children may learn unconditional acceptance within my inner family.</i></p>	<p>           ___ Age 0-1    ___ Age 6-7            ___ Age 1-2    ___ Age 7-8            ___ Age 2-3    ___ Age 8-9            ___ Age 3-4    ___ Age 9-10            ___ Age 4-5    ___ Age 10-11            ___ Age 5-6    ___ Age 11-12         </p> <p><i>I intend to retrieve all parts of my inner male child at all age ranges that I can now perceived as fractured or missing.</i></p> <p><i>I intend to release and erase the memories of self sacrifice at the above ages within my inner male child.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner male child that shattered due to the dance of self sacrifice and send them for recasting.</i></p> <p><i>I intend to replace the memories of self sacrifice with other memories that allowed my inner child the full expression of his truth and enthusiasm.</i></p> <p><i>I intend to send all information that I now know as an adult about my personal truth back in time throughout my inner male child.</i></p>	<p>           ___ Age 0-1    ___ Age 6-7            ___ Age 1-2    ___ Age 7-8            ___ Age 2-3    ___ Age 8-9            ___ Age 3-4    ___ Age 9-10            ___ Age 4-5    ___ Age 10-11            ___ Age 5-6    ___ Age 11-12         </p> <p><i>I intend to retrieve all parts of my inner female child at all age ranges that I can now perceived as fractured or missing.</i></p> <p><i>I intend to release and erase the memories of self sacrifice at the above ages within my inner female child.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner female child that shattered due to the dance of self sacrifice and send them for recasting.</i></p> <p><i>I intend to replace the memories of self sacrifice with other memories that allowed my inner female child the full expression of her truth and enthusiasm.</i></p> <p><i>I intend to send all information that I now know as an adult about my personal truth back in time throughout my inner female child.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner child of the need to self sacrifice?</b></p> <hr/>		

Question	Inner Male Teenager	Inner Female Teenager
<p><b>2. What ages in your teenage years did you begin to sacrifice of yourself to please others or to be accepted and loved by the parent, teacher or group?</b></p> <p><i>I intend to release and erase all memories at cause of why I self sacrifice in present time due to teenage trauma.</i></p> <p><i>I intend to replace the memories of self sacrifice with memories of balanced giving and receiving in my teenage years.</i></p> <p><i>I intend to forgive my parents or other adults or friends who pressed me to self sacrifice to meet their own needs or criteria in my teenage years.</i></p> <p><i>I intend to forgive my inner teenager for self sacrificing or causing others to self sacrifice.</i></p> <p><i>I intend to restore a full sense of self expression so that my inner teenager may learn unconditional acceptance within my inner family.</i></p>	<p>           ___ Age 12-13    ___ Age 16-17            ___ Age 13-14    ___ Age 17-18            ___ Age 14-15    ___ Age 18-19            ___ Age 15-16    ___ Age 19-20         </p> <p><i>I intend to retrieve all parts of my inner male teenager at all age ranges that I can now perceive are missing or fractured.</i></p> <p><i>I intend to release and erase the memories of self sacrifice at the above ages within my inner male teenager.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner male teenager that shattered due to the dance of self sacrifice and send them for recasting.</i></p> <p><i>I intend to replace the memories of self sacrifice with other memories that allowed my inner male teenager the full expression of his truth and enthusiasm.</i></p> <p><i>I intend to send all information that I now know as an adult about my personal truth back in time throughout my inner male teenage years.</i></p>	<p>           ___ Age 12-13    ___ Age 16-17            ___ Age 13-14    ___ Age 17-18            ___ Age 14-15    ___ Age 18-19            ___ Age 15-16    ___ Age 19-20         </p> <p><i>I intend to retrieve all parts of my inner female teenager at all age ranges that I can now perceive as missing or fractured.</i></p> <p><i>I intend to release and erase the memories of self sacrifice at the above ages within my inner female teenager.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner female teenager that shattered due to the dance of self sacrifice and send them for recasting.</i></p> <p><i>I intend to replace the memories of self sacrifice with other memories that allowed my inner female teenager the full expression of her truth and enthusiasm.</i></p> <p><i>I intend to send all information that I now know as an adult about my personal truth back in time throughout my inner female teenage years.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner teenager of the requirement to self sacrifice?</b></p> <hr/>		

Question	Inner Male Adult	Inner Female Adult
<p><b>3. What ages in your adult years did you sacrifice of yourself to please others or to be accepted and loved by the boss, partner or group?</b></p> <p><i>I intend to release and erase all memories at cause of why I self sacrifice in present time due to adult trauma.</i></p> <p><i>I intend to replace the memories of self sacrifice with memories of balanced giving and receiving in my adult years.</i></p> <p><i>I intend to forgive my parents or other adults or friends who pressed me to self sacrifice to meet their own needs or criteria in my adult years.</i></p> <p><i>I intend to forgive my inner adult for self sacrificing or causing others to self sacrifice.</i></p> <p><i>I intend to restore a full sense of self expression so that my inner adult may learn unconditional acceptance within my inner family.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to retrieve all parts of my inner male adult at all age ranges that I can now perceive as fractured or missing.</i></p> <p><i>I intend to release and erase the memories of self sacrifice at the above ages within my inner male adult.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner male adult that shattered due to the dance of self sacrifice and send them for recasting.</i></p> <p><i>I intend to replace the memories of self sacrifice with other memories that allowed my inner male adult the full expression of his passion and truth.</i></p> <p><i>I intend to send all information that I now know now about my personal truth back in time throughout my inner male adult years.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to retrieve all parts of my inner female adult at all age ranges that I can now perceive as fractured or missing.</i></p> <p><i>I intend to release and erase the memories of self sacrifice at the above ages within my inner female adult.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner female adult that shattered due to the dance of self sacrifice and send them for recasting.</i></p> <p><i>I intend to replace the memories of self sacrifice with other memories that allowed my inner female adult the full expression of her passion and truth.</i></p> <p><i>I intend to send all information that I now know now about my personal truth back in time throughout my inner female adult years.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner adult of the need to self sacrifice?</b></p> <hr/>		



Question	Inner Male Parent	Inner Female Parent
<p><b>4. What memories do you have of either or each of your parents self sacrificing for yourself, the family, the workplace or the neighborhood?</b></p> <p><i>I intend to release and erase all memories of my parents self sacrificing for others including myself.</i></p> <p><i>I intend to replace the memories of self sacrifice within my inner parents with memories of balanced giving and receiving.</i></p> <p><i>I intend to forgive my parents for sacrificing of themselves for me or others.</i></p> <p><i>I intend to forgive myself as a parent for self sacrificing or causing others to self sacrifice.</i></p> <p><i>I intend to restore a full sense of self expression so that my inner parents may learn unconditional acceptance within my inner family.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner father that gives to himself as well as to others but in balance that nurtures all concerned.</i></p> <p><i>I intend to release the memory of self sacrifice within my inner father.</i></p> <p><i>I intend to erase each experience of self sacrifice within my inner father.</i></p> <p><i>I intend to replace the experiences of self sacrifice with experiences where my inner father lives in balanced giving and receiving.</i></p> <p><i>I intend that my inner father have all information that I understand now.</i></p> <p><i>I intend that my inner father learn to relate to the rest of the family out of truth, passion and full self expression.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner mother that gives to herself as well as to others but in balance that nurtures all concerned.</i></p> <p><i>I intend to release the memory of self sacrifice within my inner mother.</i></p> <p><i>I intend to erase each experience of self sacrifice within my inner mother.</i></p> <p><i>I intend to replace the experiences of self sacrifice with experiences where my inner mother lives in balanced giving and receiving.</i></p> <p><i>I intend that my inner mother have all information that I understand now.</i></p> <p><i>I intend that my inner mother learn to relate to the rest of the family out of truth, passion and full self expression.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner parents of the need to self sacrifice?</b></p> <hr/>		

## ANU AND RED NATION BRIDGE KARMA

<p><b>1. Who do I take depression and sour dreams from in the dance of life?</b></p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><i>I intend to cease to trade good dreams for sour dreams with those upon my list.</i></p> <p><i>I intend to retrieve all dreams I have given away over time.</i></p> <p><i>I intend to release all ancestral karma as to why I trade good dreams for sour dreams in the dance of life.</i></p> <p><i>I intend to forgive my ancestors to making this type of dream trade over time.</i></p> <p><i>I forgive myself for trading dreams over time and in this lifetime.</i></p> <p><i>I intend to complete with the dance of trading dreams and learn to become the dreamer and the dream, weaving my own dream for the now and future dance of life.</i></p>
<p><b>2. Who am I related unto in inheritance?</b></p> <p>___ Persephone</p> <p>___ Persephone's and Merduk's Children</p> <p>___ Rosetti</p> <p>___ Rosetti and Apollo's Children</p> <p>___ Onton</p> <p>___ Onton and Athena's Children</p>	<p><i>I intend to forgive the dance with the Anu in my inheritance.</i></p> <p><i>I intend to forgive my ancestors for taking on sour dreams or becoming bridges unto the Anu.</i></p> <p><i>I intend to forgive my ancestors who were bridges for allowing sour dreams of depression and disease as well as death to flow through their field from the Anu unto their tribe.</i></p> <p><i>I intend to forgive myself for being any sort of bridge for the Anu in this lifetime.</i></p> <p><i>I intend to complete with the ancestors who participated in Anu bridge patterning in full in this lifetime.</i></p>

## HEALING THE INNER FAMILY

### Bringing Forth the Authentic Self

Question	Inner Male Child	Inner Female Child
<b>1. What ages do you have record of expressing the authentic self in childhood?</b>  <i>I intend to release and erase all memories at cause of why I fail to fully self express in the authentic self associated with my inner children.</i>  <i>I intend to bring forward the memories of the authentic self and full unlimited expression that I experienced in childhood into the now.</i>  <i>I intend to forgive my parents or other adults or friends who programmed my inner child to cease to express the authentic self.</i>  <i>I intend to forgive my inner child for shutting down and ceasing to express the authentic self.</i>  <i>I intend to restore the authentic self unto each child in each age range within my inner family.</i>	<div style="display: flex; justify-content: space-between;"> <div>             ___ Age 0-1              ___ Age 1-2              ___ Age 2-3              ___ Age 3-4              ___ Age 4-5              ___ Age 5-6           </div> <div>             ___ Age 6-7              ___ Age 7-8              ___ Age 8-9              ___ Age 9-10              ___ Age 10-11              ___ Age 11-12           </div> </div> <i>I intend to retrieve all parts of my inner male child that expressed in the authentic self.</i>  <i>I intend to release and erase the memories of loss of the authentic self over time in my inner male child.</i>  <i>I intend to bring forward the expression of the authentic self in the now in all age ranges of my inner male child.</i>  <i>I intend to replace the memories of loss of the authentic self with other memories that allowed my inner male child the full expression of his love and passion for life.</i>  <i>I intend to bring forth into the now those interests that were a natural part of the expression of my inner male child's authentic self and truth.</i>	<div style="display: flex; justify-content: space-between;"> <div>             ___ Age 0-1              ___ Age 1-2              ___ Age 2-3              ___ Age 3-4              ___ Age 4-5              ___ Age 5-6           </div> <div>             ___ Age 6-7              ___ Age 7-8              ___ Age 8-9              ___ Age 9-10              ___ Age 10-11              ___ Age 11-12           </div> </div> <i>I intend to retrieve all parts of my inner female child that expressed in the authentic self.</i>  <i>I intend to release and erase the memories of loss of the authentic self over time in my inner female child..</i>  <i>I intend to bring forward the expression of the authentic self in the now in all age ranges of my inner female child.</i>  <i>I intend to replace the memories of loss of the authentic self with other memories that allowed my inner female child the full expression of her love and passion for life.</i>  <i>I intend to bring forth into the now those interests that were a natural part of the expression of my inner female child's authentic self and truth.</i>

**What herbs, minerals or Language of Light tones would be useful in the bringing forth the full expression of the authentic self of my inner children?**

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Question	Inner Male Teenager	Inner Female Teenager
<p><b>2. What ages do you have record of expressing the authentic self in teenage years?</b></p> <p><i>I intend to release and erase all memories at cause of why I fail to fully self express in the authentic self associated with my inner teenager.</i></p> <p><i>I intend to bring forward the memories of the authentic self and full unlimited expression that I experienced in my teenage years into the now.</i></p> <p><i>I intend to forgive my parents or other adults or friends who programmed my inner teenager to cease to express the authentic self.</i></p> <p><i>I intend to forgive my inner teenager for shutting down and ceasing to express the authentic self.</i></p> <p><i>I intend to restore the authentic self unto each inner teenager family member in each age range.</i></p>	<p> <input type="checkbox"/> Age 12-13    <input type="checkbox"/> Age 16-17  <input type="checkbox"/> Age 13-14    <input type="checkbox"/> Age 17-18  <input type="checkbox"/> Age 14-15    <input type="checkbox"/> Age 18-19  <input type="checkbox"/> Age 15-16    <input type="checkbox"/> Age 19-20 </p> <p><i>I intend to retrieve all parts of my inner male teenager that expressed himself in the authentic self.</i></p> <p><i>I intend to release and erase the memories of loss of the authentic self over time in my inner male teenager.</i></p> <p><i>I intend to bring forward the expression of the authentic self in the now in all age ranges of my inner male teenager.</i></p> <p><i>I intend to replace the memories of loss of the authentic self with other memories that allowed my inner male teenager the full expression of his love and passion for life.</i></p> <p><i>I intend to bring forth into the now those interests that were a natural part of the expression of my inner male teenager's authentic self and truth.</i></p>	<p> <input type="checkbox"/> Age 12-13    <input type="checkbox"/> Age 16-17  <input type="checkbox"/> Age 13-14    <input type="checkbox"/> Age 17-18  <input type="checkbox"/> Age 14-15    <input type="checkbox"/> Age 18-19  <input type="checkbox"/> Age 15-16    <input type="checkbox"/> Age 19-20 </p> <p><i>I intend to retrieve all parts of my inner female teenager that expressed herself in the authentic self.</i></p> <p><i>I intend to release and erase the memories of loss of the authentic self over time in my inner female teenager.</i></p> <p><i>I intend to bring forward the expression of the authentic self in the now in all age ranges of my inner female teenager.</i></p> <p><i>I intend to replace the memories of loss of the authentic self with other memories that allowed my inner female teenager the full expression of her love and passion for life.</i></p> <p><i>I intend to bring forth into the now those interests that were a natural part of the expression of my inner female teenager's authentic self and truth.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the bringing forth of the authentic self of the inner teenager?</b></p> <hr/> <hr/>		

Question	Inner Male Adult	Inner Female Adult
<p><b>3. What ages do you have record of expressing the authentic self in your young adult years?</b></p> <p><i>I intend to release and erase all memories at cause of why I fail to fully self express in the authentic self associated with my inner adult.</i></p> <p><i>I intend to bring forward the memories of the authentic self and full unlimited expression that I experienced in my young adult years into the now.</i></p> <p><i>I intend to forgive my bosses, partners or friends who programmed my inner adult to cease to express the authentic self.</i></p> <p><i>I intend to forgive my inner young adult for shutting down and ceasing to express the authentic self.</i></p> <p><i>I intend to restore the authentic self unto each inner adult family member in each age range throughout my time in upon the physical plane.</i></p>	<p>_____</p> <p>_____</p> <p>_____</p> <p><i>I intend to retrieve all parts of my inner male adult that expressed himself in the authentic self.</i></p> <p><i>I intend to release and erase the memories of loss of the authentic self over time in my inner male adult.</i></p> <p><i>I intend to bring forward the expression of the authentic self in the now in all age ranges of my inner male adult.</i></p> <p><i>I intend to replace the memories of loss of the authentic self with other memories that allowed my inner male adult the full expression of his love and passion for life.</i></p> <p><i>I intend to bring forth into the now those interests and preoccupations that were a natural part of the expression of my inner male adult's authentic self and truth.</i></p>	<p>_____</p> <p>_____</p> <p>_____</p> <p><i>I intend to retrieve all parts of my inner female adult that expressed herself in the authentic self.</i></p> <p><i>I intend to release and erase the memories of loss of the authentic self over time in my inner female adult.</i></p> <p><i>I intend to bring forward the expression of the authentic self in the now in all age ranges of my inner female adult.</i></p> <p><i>I intend to replace the memories of loss of the authentic self with other memories that allowed my inner female adult the full expression of her love and passion for life.</i></p> <p><i>I intend to bring forth into the now those interests and preoccupations that were a natural part of the expression of my inner female adult's authentic self and truth.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the forth the authentic self of my inner adult?</b> _____</p>		



Question	Inner Male Parent	Inner Female Parent
<p><b>4. What memories do you have of your parents expressing in their authentic self?</b></p> <p><i>I intend to release and erase all memories at cause of why I fail to fully self express in the authentic self associated with my inner parents.</i></p> <p><i>I intend to forgive my real parents for allowing others to program them in such a manner that they lost their authentic self expression.</i></p> <p><i>I intend to forgive my inner parents for shutting down and ceasing to express the authentic self.</i></p> <p><i>I intend to forgive my inner parents as well as myself for parenting outside of the authentic self.</i></p> <p><i>I intend to restore the authentic self unto each inner parent so that they may guide the inner family as well as my real family from a place of passion, truth and love of the authentic self.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner father that expresses in his authentic self.</i></p> <p><i>I intend to release the memory of lack of full self expression within my inner father.</i></p> <p><i>I intend to erase each experience of loss of authentic self within my inner father.</i></p> <p><i>I intend to replace the experiences of my inner father of an inability to express with those of full self expression within the authentic self.</i></p> <p><i>I intend to forgive myself for relating unto my own children outside of the authentic self and my real inner truth.</i></p> <p><i>I intend that my inner father learn to relate to the rest of the family out of truth, passion and full self expression of the authentic self.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner mother that expresses in her authentic self.</i></p> <p><i>I intend to release the memory of lack of full self expression within my inner mother.</i></p> <p><i>I intend to erase each experience of loss of authentic self within my inner mother.</i></p> <p><i>I intend to replace the experiences of my inner mother of an inability to express with those of full self expression within the authentic self.</i></p> <p><i>I intend to forgive myself for relating unto my own children outside of the authentic self and my real inner truth.</i></p> <p><i>I intend that my inner mother learn to relate to the rest of the family out of truth, passion and full self expression of the authentic self.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in bringing forth the authentic self within my inner parents?</b></p> <hr/>		

## RETRIEVING CHILDHOOD TEENAGE AND YOUNG ADULT DREAMS

<p><b>1. What dreams did I have in childhood that were never manifest or fulfilled upon?</b></p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><i>I intend to bring forth those dreams that were unfulfilled from my childhood years and fulfill upon them now if I desire to do so.</i></p> <p><i>I intend to forgive those that took away my childhood dreams and programmed me for non-fulfillment in the dance of life.</i></p> <p>Who took my childhood dreams? _____</p> <p>_____</p>
<p><b>2. What dreams in my teenage years did I have that were never manifest or fulfilled upon?</b></p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><i>I intend to bring forth those dreams that were unfulfilled from my teenage years and fulfill upon them now if I desire to do so.</i></p> <p><i>I intend to forgive those that took away my teenage dreams and programmed me for non-fulfillment in the dance of life.</i></p> <p>Who took my teenage dreams? _____</p> <p>_____</p>
<p><b>3. What dreams in my young adult years did I have that were never manifest or fulfilled upon?</b></p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><i>I intend to bring forth those dreams that were unfulfilled from my young adult years and fulfill upon them now if I desire to do so.</i></p> <p><i>I intend to forgive those that took away my young adult dreams and programmed me for non-fulfillment in the dance of life.</i></p> <p>Who took my young adult dreams? _____</p> <p>_____</p> <p><i>I intend to retrieve all dreams that I have given away over time or cast for others in my life experience.</i></p>

## DEPROGRAMMING THOUGHT FORM LOOPS

<p><b>1. How many loops of mechanical thought-form do I have up now to transcend in this moment?</b></p> <p># Loops _____</p>	<p><i>I intend to transcend all mechanical behavior in this lifetime.</i></p> <p><i>I intend to bring forth the authentic self founded upon the thought-form of the Language of Light.</i></p> <p><i>I intend to allow myself my full self expression and all creative endeavors I desire to fulfill upon in the physical.</i></p>
<p><b>2. Using the thought-form chart from chapter 2, what are the associated thought-forms of each of the program loop? Use a separate piece of paper if the loops are greater than 12 in number.</b></p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p>4. _____</p> <p>5. _____</p> <p>6. _____</p> <p>7. _____</p> <p>8. _____</p> <p>9. _____</p> <p>10. _____</p> <p>11. _____</p> <p>12. _____</p>	<p><b>For each loop, what age was the first bead of emotional charge laid in? And what was the circumstance that occurred in the dance of life associated? Note that some circumstances will cross over and cause the first bead in many programs.</b></p> <p>1. Age _____ Circumstance _____</p> <p>2. Age _____ Circumstance _____</p> <p>3. Age _____ Circumstance _____</p> <p>4. Age _____ Circumstance _____</p> <p>5. Age _____ Circumstance _____</p> <p>6. Age _____ Circumstance _____</p> <p>7. Age _____ Circumstance _____</p> <p>8. Age _____ Circumstance _____</p> <p>9. Age _____ Circumstance _____</p> <p>10. Age _____ Circumstance _____</p> <p>11. Age _____ Circumstance _____</p> <p>12. Age _____ Circumstance _____</p> <p><i>I intend to erase each of the first beads of the program loops that are up to be cleared at this time. I intend to gather up pieces and parts of my inner child at each associated age and send them to the aurora for recasting and integration. I intend to release the emotional charge that began each of the mechanical programs I am clearing at this time and forgive those who programmed me.</i></p>

<p><b>3. How many key emotionally charged beads are upon each program loop? Note that sometimes there can be hundreds or even thousands of beads of cause and effect depending upon size of program, but that only a handful will be key to the release of the entire chain.</b></p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p>4. _____</p> <p>5. _____</p> <p>6. _____</p> <p>7. _____</p> <p>8. _____</p> <p>9. _____</p> <p>10. _____</p> <p>11. _____</p> <p>12. _____</p> <p><i>I intend a thorough release of all thought-form associated with this particular loop of mechanical programs.</i></p>	<p><b>For each of the above program loops, what other age ranges in my personal life experience were the program loops triggered again? What were the traumatic life circumstances associated?</b></p> <p><b>Second Emotionally Charged Bead</b>  <i>Use another piece of paper if there are more than two emotionally charged beads from this lifetime within each program loop you are releasing at this time.</i></p> <p>1. Age _____ Circumstance _____</p> <p>2. Age _____ Circumstance _____</p> <p>3. Age _____ Circumstance _____</p> <p>4. Age _____ Circumstance _____</p> <p>5. Age _____ Circumstance _____</p> <p>6. Age _____ Circumstance _____</p> <p>7. Age _____ Circumstance _____</p> <p>8. Age _____ Circumstance _____</p> <p>9. Age _____ Circumstance _____</p> <p>10. Age _____ Circumstance _____</p> <p>11. Age _____ Circumstance _____</p> <p>12. Age _____ Circumstance _____</p> <p><i>I intend to release and erase each emotionally charged bead in each program loop I am clearing at this time.</i></p> <p><i>I intend to retrieve the parts of my inner family that fractured in the record of the traumatic experience associated.</i></p> <p><i>I intend to send the pieces of my unconscious that I am retrieving at this time to the aurora for recasting and integration.</i></p>
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<p><b>4. What key ancestral lives can I recall that are associated with the program loops I am releasing at this time?</b></p> <p><i>Generally speaking, there are two to three ancestral lives that are significant to any loop of programming and mechanical thought-form one is transcending.</i></p> <p><i>You will find key beads of cause and effect in relation to these two or three ancestors strung throughout each of the program loops.</i></p> <p><i>If you cannot recall the details of the ancestral lives, then before falling asleep intend to bring them to consciousness upon awakening the next morning.</i></p> <p><i>Intend to erase each bead associated with key emotional charges from ancestral memories upon the beads of cause and effect of each program loop for a complete transcendence.</i></p> <p><i>Intend to spin up the field to dissolve the remainder of the program loops and any other associated mechanization within the field.</i></p>	<p><i>See if you can bring to consciousness the circumstances of the ancestors who also fell into the same mechanical thought-form when they were alive.</i></p> <p>Ancestor 1: _____</p> <p>Era that they lived _____</p> <p>Traumatic Circumstance _____</p> <p>_____</p> <p>_____</p> <p>Ancestor 2: _____</p> <p>Era that they lived _____</p> <p>Traumatic Circumstance _____</p> <p>_____</p> <p>_____</p> <p>Ancestor 3: _____</p> <p>Era that they lived _____</p> <p>Traumatic Circumstance _____</p> <p>_____</p> <p>_____</p> <p><i>I intend to forgive each ancestor who experienced parallel mechanical thought-form to myself in this lifetime.</i></p> <p><i>I intend to call my ancestors forward who shared mechanical thought-form loops with me so that they too can release their karma for this experience.</i></p> <p><i>I intend to release the karma for how the mechanical thought-form became a part of my inheritance.</i></p>
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<p><b>5. How many groups of personality do I have associated with the loops of programming that I am releasing at this time?</b></p>	<p><i>I intend to release all agreements with all personality entities that dance with my field in association with the mechanical programming and thought-form that I am releasing at this time.</i></p> <p><i>I intend to release all personality that is non-supportive of ascension and break all contracts at this time.</i></p>
<p># Groups Personality Entities _____</p>	<p><i>I intend to flush out of my field those persona that are no longer useful sending them to the aurora.</i></p>
<p><b>6. How many ancestors do I have that are willing to work with me in support of my ascension and life endeavors at this time?</b></p>	<p><i>I intend to anchor new persona from Earth that is supportive of ascension and the ancestors to support me in the dance of life.</i></p> <p><i>I intend to release all personality entities in this lifetime and become a pure channel of soul, Earth, nature and my ancestors.</i></p>
<p># Ancestors _____</p>	<p><i>I intend to bring forth the gifts and talents that my ancestors expressed when they were alive and intend to express them upon the physical plane.</i></p>
<p>Era that they each lived _____</p>	<p><i>I invite my ancestors to teach me new energy flow that is supportive of ascension and helpful in the integration of the Language of Light.</i></p>
<p>_____</p>	<p><i>I request my ancestors, the earth mother and nature to participate in my life dance and spiritual lessons that I am learning.</i></p>
<p>_____</p>	<p><i>I intend to anchor those red nation ancestors that understood rotational magnetic energy flow in their lifetimes to assist me in mastering beehive flow.</i></p>
<p>Red nation lineages associated with the above ancestors?</p>	<p><i>I intend to anchor larger headed grand master ancestors if they are a part of my inheritance to assist me in the spiritual lessons that I am learning.</i></p>
<p>____ Polynesian</p>	<p><i>I intend to embody red nation magnetic DNA that is resonant with the Great Central Sun that Terra is returning to.</i></p>
<p>____ Tibetan</p>	
<p>____ Aboriginal (Australian)</p>	
<p>____ Inuit/Mongolian</p>	
<p>____ African</p>	
<p>____ N. American Indian</p>	
<p>____ S. American Indian</p>	




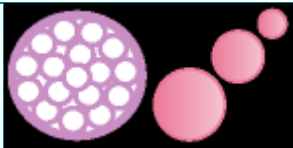




<p><b>7. Are there any holographic replication devices that will reinstate the programming I am releasing at this time?</b>  <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>_____ # Replication Devices</p> <p><b>8. Are there any entities that will reinstate the programming I am releasing at this time?</b>  <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>_____ # Entities?</p>	<p><i>I intend to erase any and all mechanisms designed to reinstate the programming or personality entities that I am releasing at this time.</i></p> <p><i>I intend to release all agreements for all nonphysical forces that desire to reinstate programming that I am releasing at this time.</i></p> <p><i>I intend to remove any entities that are vying to reinstate the programming that I am releasing at this time.</i></p> <p><i>If the harmful entities will not vacate my field and continue to manipulate me, I intend to shatter them into non-conscious dust that cannot interfere with my ascension.</i></p> <p><i>I intend to retrieve all my power from the nonphysical to direct my ascent.</i></p> <p><i>I intend a thorough transcendence of each layer of mechanical thought-form in my continued ascent.</i></p>
<p><b>9. Are there mirror beads that catch projected programs of others in my field?</b>  <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>_____ # Mirror Bead Chains</p> <p>Who do I know that projects this programming upon me?          _____</p> <p>What is their archetypal nature?          _____</p>	<p><i>I intend to erase any mirror bead chains that catch the projected programming from another.</i></p> <p><i>I forgive my slave ancestry for being used by the Anu as their servants and slaves.</i></p> <p><i>I intend to cease to allow others to manipulate me into behavior they desire through the mirror programming in my field.</i></p> <p><i>I intend to retrieve my power for those of Anu inheritance that manipulated my ancestors in this manner.</i></p> <p><i>I intend to complete with the use of mirrors to manipulate programming, karma, dream, information or moving energy systems.</i></p> <p><i>I intend to shatter all mirrors in my field that allow for manipulation of programming, karma, dream, information or moving energy systems.</i></p>

<p><b>10. Who has programmed me this lifetime?</b></p> <p><i>Programming can be laid in by parents, teachers, bosses, practitioners, or other associations over time.</i></p> <p><i>I intend to forgive each who has programmed me with mechanical thought-form in the dance of life.</i></p> <p><i>I intend to transcend the need to be programmed by others as it interferes with my ascension.</i></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p>Person 7 _____</p> <p>Person 8 _____</p> <p>Person 9 _____</p>
<p><b>11. Who have I programmed in this lifetime?</b></p> <p><i>Programming others is often done by those with a lot of spiritual knowledge in order to make oneself safe upon the physical plane. Programming however creates karma and it is wise therefore to cease to participate in this game.</i></p> <p><i>I intend to forgive myself for programming others in the dance of life. I intend to cease to program others from now on.</i></p> <p><i>Instead I shall send all others to the healing temples for ascension in dreamtime for support as needed in their ascent.</i></p>	<p>Person 1 _____</p> <p>Person 2 _____</p> <p>Person 3 _____</p> <p>Person 4 _____</p> <p>Person 5 _____</p> <p>Person 6 _____</p> <p>Person 7 _____</p> <p>Person 8 _____</p> <p>Person 9 _____</p> <p>Person 10 _____</p>

<p><b>12. Where does the majority of the programming within my chakra system sit, which has thereby limited my self expression in this lifetime?</b>  <i>Most programming will rest in 2 or 3 chakra or subtle body regions within the field.</i></p> <p><i>I intend to release all programming that limits my full self expression of the authentic self.</i></p> <p><i>I intend to forgive my ancestors for how they lost the full expression of truth upon the physical plane due to the mechanical programming that they fell into.</i></p> <p><i>I intend to reweave the chakra system to be fluid between all pieces and parts of the field so that my entire field can move to allow for the full expression of my gifts and talents upon the physical plane.</i></p>	<p>___ <i>Grounding Chakra System (limiting the connection unto earth))</i></p> <p>___ <i>Sexual Chakra System (limiting sexual and sensual expression)</i></p> <p>___ <i>Power Chakra System (limiting the expression of authentic power)</i></p> <p>___ <i>Breath of Life Chakra System (limiting expression to the past or future)</i></p> <p>___ <i>Heart Chakra System (limiting the expression of love)</i></p> <p>___ <i>Neck Chakra System (limiting verbal expression)</i></p> <p>___ <i>Dream Weaving System (limiting the expression of manifestation or success)</i></p> <p>___ <i>Visionary Chakra System (limiting the expression of perception)</i></p> <p>___ <i>Spiritual Chakra System (limiting the expression of truth)</i></p> <p>___ <i>Source Connection System (limiting the expression of soul upon the physical plane)</i></p> <p>___ <i>Mental Body (limiting verbal expression)</i></p> <p>___ <i>Emotional Body (limiting emotional expression)</i></p> <p>___ <i>Intuitive Body (limiting intuitive expression)</i></p> <p>___ <i>Creative Body (limiting creative expression)</i></p>
<p><b>13. What single tone Language of Light along with herbs and minerals are helpful in the release of these loops of mechanical programming?</b>  _____</p>	<p><i>I intend to embrace the Language of Light thought-form in lieu of the mechanical programming that I am releasing this time. I intend to open new energy flow in place of the mechanical patterns in my field to support the flow of the Language of Light and unity based consciousness.</i></p> <p><i>I intend to release and erase all DNA associated with all mechanical loops I am transcending at this time and replace it with Sirian or magnetic DNA from my inheritance that is related to the Language of Light.</i></p>

## LANGUAGE OF LIGHT DUAL TONE INTEGRATION

	<b>49. Unconditional Forgiveness</b> <i>Polarity Transcended:</i> <b>Heaven - Hell</b>		<b>50. Unconditional Compassion</b> <i>Polarity Transcended:</i> <b>Acquitted - Condemned</b>
	<b>51. Omnipresent Love</b> <i>Polarity Transcended:</i> <b>God-Satan</b>		<b>52. Omnipresent Jurisdiction</b> <i>Polarity Transcended:</i> <b>God - Human</b>
	<b>53. Unconditional Stealth</b> <i>Polarity Transcended:</i> <b>Almighty - Underdog</b>		<b>54. Unconditional Integrity</b> <i>Polarity Transcended:</i> <b>Righteous - Evil</b>
	<b>55. Unconditional Life Force</b> <i>Polarity Transcended:</i> <b>Fulfilled - Deprived</b>		<b>56. Unconditional Magnitude</b> <i>Polarity Transcended:</i> <b>Beautiful - Ugly</b>
	<b>57. Bounty</b> <i>Polarity Transcended:</i> <b>Enough - Not Enough</b>		<b>58. Service</b> <i>Polarity Transcended:</i> <b>Contribution - Leech</b>
	<b>59. Unconditional Union</b> <i>Polarity Transcended:</i> <b>Grounded -</b> <i>Disconnected</i>		<b>60. Unconditional Community</b> <i>Polarity Transcended:</i> <b>One World - Separate</b> <i>Nations</i>
	<b>61. Fortitude</b> <i>Polarity Transcended:</i> <b>Full - Empty</b>		<b>62. Unity Based Truth</b> <i>Polarity Transcended:</i> <b>The Truth - Non Truth</b>
	<b>63. Evolution</b> <i>Polarity Transcended:</i> <b>Creation - Destruction</b>		<b>64. Region of Domain</b> <i>Polarity Transcended:</i> <b>Contains - Fills</b>

	<p><b>65. Being-ness or I Am that I Am</b></p> <p><i>Polarity Transcended:</i> <i>Self Conscious - Other</i></p>		<p><b>66. Unity Based Relations</b></p> <p><i>Polarity Transcended:</i> <i>In Unity - Disunity</i></p>
<p><i>Conscious</i></p>			
	<p><b>67. Journey</b></p> <p><i>Polarity Transcended:</i> <i>On the Path - Detour</i></p>		<p><b>68. Map or Pathway of Evolution</b></p> <p><i>Polarity Transcended:</i> <i>Path - Roadblock</i></p>
	<p><b>69. Enlightenment</b></p> <p><i>Polarity Transcended:</i> <i>All Knowing - Knows Nothing</i></p>		<p><b>70. Ascension</b></p> <p><i>Polarity Transcended:</i> <i>Evolution - Non-Evolution</i></p>

# 1. What Language of Light Dual Tones have I mastered in my ascension to date?

*The first third of the dual tones are presented above for your assessment and focus. These particular dual tones (#49-70) are useful in the transcendence of competitive patterning and programming and the integration of unity based thought-form.*

*Dual tones are mastered by demonstrating the combined tones and colors in one's chakra and subtle body energy flow.*

*Dual tones are useful in releasing and transcending programming and mechanical thought-form and for this reason we present a portion of them now in this workbook.*

*More dual tones will be focused upon in the chapters to follow and have to do with the transcendence of usury and codependence based patterning.*

[illegible]

***What minerals or herbs would be useful in supporting my mastery of the first third of the dual tone concepts of the Language of Light? (Note use the herb list from the Language of Light Single Tone list in chapter 1 worksheet.)***

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<p><b>2. What percentage of any day do you run Language of Light unity based thought-form?</b></p> <p>_____ %</p>	<p><i>I intend to run the language of light thought-form 24 hours per day and infuse it throughout all language that I speak or write or communicate with.</i></p> <p><i>I intend to release all non verbal languages that create competition and conflict and erase them all, replacing them with the symbols and movement of the Language of Light.</i></p>
<p><b>3. What other languages are dominant in your genetic ancestry and in what percentages?</b></p> <p>_____ % Sirian Language</p> <p>_____ % Arcturian Language</p> <p>_____ % Pleiadian Language</p> <p>_____ % Andromedan Language</p> <p>_____ % Orion Language</p> <p>_____ % Other</p>	<p><i>I intend to embody and speak a language that all other kingdoms and Earth are choosing to speak at this time to create fluid communication between all kingdoms and all members of the human kingdom.</i></p> <p><i>I intend to release and erase all other languages that often create miscommunication or competitive dreams in the dance of life.</i></p> <p><i>I intend to embody the Sirian language and DNA associated throughout my biology and to the degree that I can in this lifetime.</i></p> <p><i>I intend to edit the original Sirian Language to embrace the changes within the Language of Light.</i></p> <p><i>I intend to purify my consciousness and field to reflect the Language of Light tones of creation each night during recasting.</i></p>
<p><b>4. What percentage of the day do you run electrical geometry in your field?</b></p> <p>_____ %</p> <p><b>5. What percentage of the day do you spin figure-8 electro-magnetic flower of life geometry in your field?</b></p> <p>_____ %</p>	<p><i>I intend to transcend all electrical geometry including boxes, pyramids and straight lined devices in full in this lifetime.</i></p> <p><i>I intend to forgive all ancestors for how this type of geometry came to be.</i></p> <p><i>To the degree that I can, I intend to go from straight lined energy flow first into the figure-8 electro-magnetic flow of my red nation geometry from the Alantean era.</i></p> <p><i>I intend to forgive my ancestry for how figure-8 geometry came to be the dominant energy flow amongst the red nations' peoples.</i></p>

<p><b>6. What percentage of the day do you spin triple lotus flower of life energy flow?</b></p> <p>_____ %</p> <p><b>7. What percentage of the day do you spin beehive energy flow?</b></p> <p>_____ %</p> <p><i>Understand that beehive energy flow is a new movement that the map carvers of ascension have found useful and is not in our ancestral records.</i></p>	<p><i>To the degree that I can, I intend to modify all figure-8 flow into triple lotus flow that suspends greater unity and equality in the dance of life.</i></p> <p><i>I intend to forgive all ancestors for how the triple lotus fell into the figure-8 over time leading to competition in the red nations' tribal structure and life dance.</i></p> <p><i>Then as triple lotus flow is mastered, I intend to take it one step further mastering beehive energy flow in which the field is more greatly magnetic allowing for an easier time holding boundaries in the electrical reality that I live.</i></p> <p><i>I intend to become the map carver of ascension that I am creating a new pathway to another destination that will allow for ascension home into the Great Central Sun Dream.</i></p>
<p><b>NOTES</b></p>	

## CONNECTION TO OVERSOUL AND CREATOR AND HEALING TEMPLES FOR ASCENSION

**1. Follow the tether from the first source chakra above the head, and intend to follow the cord to your Over Soul.**

*The Over Soul directs the spiritual lessons and assesses personal karma as well as provides information on the genetic information you are integrating.*

*If you are struggling with the connection, work with one of the meditation CDs that Mila and Oa have recorded to anchor healing planes that support you.*

*Take a moment to commune with your Over Soul and listen to what it may have to say about the spiritual lessons that you are learning at this time. Let us honor the Over Soul for all that they do.*

*Intend to allow the Over Soul to modify the souls and angels in your field to best support your ascension, releasing all down your grounding cord that does not serve.*

*What communications can you decipher from your connection with your Over Soul or what feelings do you notice about the exchange?*

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*I intend to release all ancestral karma with forces that prevents the connection and communication with my Over Soul and Creator in my choice to ascend.*

**2. Follow the tether from your Over Soul to the Creator above.**

*The Creator holds the dream and vision for your life expression upon the physical plane along with the dream for your biological ascension.*

*Take a moment to commune with your Creator and listen to what it may have to say about the dream that you are weaving at this time. Let us honor the Creator for all that they do.*

*Intend to allow the Creator to modify your dream and all that is within your field in support of your continued ascension.*

*What communications can you decipher from your connection with your Creator or what feelings do you notice about the exchange?*

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*I intend to release any and all personal and ancestral karma with forces that desire to interfere with my communication with my Over Soul and Creator.*

<p><b>3. Follow the tether from the first grounding chakras under the feet to the healing temples in the aurora.</b></p> <p><i>The Healing Temples provide ongoing support and guidance over the karma that one is releasing as well as the genetic blueprint one is embodying in the biological ascension.</i></p>	<p><i>Take a moment to commune with the healing temples and in particular whatever part of the healing offered best supports your ascension in this moment. You can envision the healing temples rising into the room around you.</i></p> <p><i>What communications can you decipher from the healing temples or what feelings do you notice about the exchange?</i></p> <hr/> <hr/> <hr/> <p><i>I intend to release any and all personal and ancestral karma with forces that desire to interfere with my capacity to receive support from the Earth Mother for my ascension through the healing temples that she provides.</i></p>
<p><b>4. Now allow the angels that spin your field during the day to surround you.</b></p> <p><i>The angels spin the field in connection with the dream broadcast upon the field from your creator.</i></p>	<p><i>Take a moment to commune with the angels that spin your field during the day. Let us honor them for all that they do.</i></p> <p><i>What communications can you decipher from the angels that support your field in the daytime dream?</i></p> <hr/> <hr/> <hr/> <p><i>I intend to release any and all personal and ancestral karma with forces that desire to interfere with the supportive angelic realm that has been cast by Earth for ascension.</i></p>

<p><b>5. Now allow the angels that recast your field at night to surround you.</b></p> <p><i>The dreamtime angels work with all humans who enter the healing temples for ascension. Their purpose is to recast and reweave the field from the day's trauma as well as for the continued ascent.</i></p>	<p><i>Take a moment to commune with the angels that recast your field during dreamtime. Let us honor them for all that they do.</i></p> <p><i>What communications can you decipher from the angels that support your field in the daytime dream?</i></p> <hr/> <hr/> <hr/> <p><i>I intend to release any and all personal and ancestral karma with forces that desire to interfere with the angelic realm that supports my healing through recasting.</i></p>
<p><b>NOTES</b></p>	

## ASSESSING LINEAGES AND PERSONAL ARCHETYPES

<p><b>1. Out of the 144 lineages (or 288 for those proceeding beyond 3800 strands), what percentage of lineages are of what archetypal nature?</b></p> <p>_____ % Slave</p> <p>_____ % Red Nation</p> <p>_____ % Indirect Anu</p> <p>_____ % Albyreon</p> <p>_____ % Grand Master</p>	<p><i>I intend to complete all karma for my slave inheritance and the master slave dance in this lifetime.</i></p> <p><i>I intend to forgive all slave ancestors for their dance of dominance and subordination.</i></p> <p><i>I intend to bring forth red nation information and ascend into red nation archetypes in this lifetime.</i></p> <p><i>I intend to seal all slave and indirect Anu lineages as the karma is complete.</i></p> <p><i>I intend to draw forward my Grand Master and Red Nations' Ancestors to assist in guiding me in my ascension and daily life.</i></p>
<p><b>2. Where do I end up within the pyramids in association with my ancestry?</b></p> <p>_____ Upper half</p> <p>_____ Middle</p> <p>_____ Lower Half</p> <p>_____ Bottom</p> <p>_____ Outside</p>	<p><i>I intend to forgive those red nations' ancestors who have held good positions in the Anu pyramidal system due to their relation unto the family.</i></p> <p><i>I intend to forgive those red nations' ancestors who procured a small fortune as a result of their position in the pyramidal structure.</i></p> <p><i>I intend to balance the scales forgiving any debt of poverty so that I can manifest enough to subsist and fulfill upon my global service agreements with Earth.</i></p> <p><i>I intend to ascend into balanced giving and receiving in a magnetic and red nation energy flow and dream.</i></p> <p><i>I intend to transcend all thought-form at cause of requiring being inside the pyramid at all.</i></p>



## ASSESSING ASCENDING ASTROLOGY ARCHETYPES

1. What are the three astrological signs you are ascending into in your journey to 3000 strands (or have ascended into in mastery of 3000 strands)?

Muscle test or pendulum the three signs that you are ascending into as your truth in action upon the physical plane. One will be the main sign and the two others will be overtones. Take into consideration all 18 possibilities upon the following pages.

First Sign

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Second Sign (overtone)

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Third Sign (overtone)

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1. Bearer of Peace, Dragon



Birth Year: 2001

Language of Light



Power, Forgiveness & Non-Conditional Love

2. Bearer of Truth, Buffalo



Birth Year: 2002

Language of Light



Power, Non-Conditional Love & Non-Conditional Governance

3. Bearer of Harmony, Bear



Birth Year: 2003

Language of Light



Structure, Unity & Breath of Life

4. Bearer of Freedom, Horse



Birth Year: 2004

Language of Light



Power, Freedom & Divine Union

5. Bearer of Compassion, Elephant



Birth Year: 2005

Language of Light



Compassion, Unity Non-Conditional Governance

6. Bearer of Communion, Turtle



Birth Year: 2006

Language of Light



Divine Union, Forgiveness & Non-Conditional Love

2. Which Language of Light tones are present more than once when all three signs are taken into consideration?

*The Language of Light that appears 2 or 3 times when all three signs are assessed gives one an idea of the dominant Language of Light tones that reflect one's truth in action.*

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3. What preoccupations would be useful given your truth in action?

*From the materials in the written section of chapter 3, what preoccupations would be good given your new astrological signs?*













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 <p><b>7. Bearer of Wisdom, Eagle</b></p>	<p>Birth Year: 2007</p>	<p>Language of Light</p>  <p>Structure, Power &amp; Non-Conditional Governance</p>
 <p><b>8. Bearer of Illumination, Hawk</b></p>	<p>Birth Year: 2008</p>	<p>Language of Light</p>  <p>Unity, Compassion &amp; Freedom</p>
 <p><b>9. Bearer of Joy, Squirrel</b></p>	<p>Birth Year: 2009</p>	<p>Language of Light</p>  <p>Divine Union, Freedom &amp; Breath of Life</p>
 <p><b>10. Bearer of Unity, Deer</b></p>	<p>Birth Year: 2010</p>	<p>Language of Light</p>  <p>Power, Forgiveness &amp; Unity</p>
 <p><b>11. Bearer of True Law, Crow</b></p>	<p>Birth Year: 2011</p>	<p>Language of Light</p>  <p>Forgiveness, Divine Union &amp; Compassion</p>
 <p><b>12. Bearer of True Purpose, Owl</b></p>	<p>Birth Year: 2012</p>	<p>Language of Light</p>  <p>Structure, Breath of Life &amp; Non-Conditional Governance</p>

<p>4. What are the three additional signs that you are mastering to Bodhisattva level evolution?</p> <p><i>Fourth Sign</i></p>	 <p>13. Bearer of Communication, Wolf</p>	<p>Birth Year: 2013</p>	<p>Language of Light</p>  <p>Freedom, Unity &amp; Breath of Life</p>
<p><i>Fifth Sign (overtone)</i></p>	 <p>14. Bearer of Divine Union, Swan</p>	<p>Birth Year: 2014</p>	<p>Language of Light</p>  <p>Divine Union, Structure &amp; Freedom</p>
<p><i>Sixth Sign (overtone)</i></p>	 <p>15. Bearer of Ascension, Tiger</p>	<p>Birth Year: 2015</p>	<p>Language of Light</p>  <p>Forgiveness, Power &amp; Non-Conditional Governance</p>
<p>5. Which Language of Light tones appear many times when all six signs are taken into consideration?</p>	 <p>16. Bearer of Evolution, Fox</p>	<p>Birth Year: 2016</p>	<p>Language of Light</p>  <p>Divine Union, Non-Conditional Love &amp; Non-Conditional Governance</p>
<p>6. What preoccupations would be useful given your overall truth in action?</p>	 <p>17. Bearer of Evolutionary Truth, Antelope</p>	<p>Birth Year: 2017</p>	<p>Language of Light</p>  <p>Structure, Compassion &amp; Power</p>
	 <p>18. Bearer of Fulfillment, Porcupine or Kookaburra</p>	<p>Birth Year: 2018</p>	<p>Language of Light</p>  <p>Power, Freedom &amp; Breath of Life</p>



*Porcupine, Bearer of Fulfillment by Brigitte Rondeau*



# THE COMPLETE ASCENSION WORKBOOK PART II

## CHAPTER 4

### *Transcending Imbalance*

### *Assessing Algorithmic Patterns of Disease*

The Earth Mother through Karen Danrich "Mila" and Thomas Weber "Oa"  
November 16, 2006

Dear Beloved Ascending Human,

This chapter is devoted to patterns of imbalance within the energy flow and nervous system of the biology of the body. Imbalance leads to disease along with discord in the dance of life. Balance on the other hand leads to unity and equality in the life expression of each choosing to ascend at this time in history. Imbalance therefore is an important pattern to transcend to assure the health, well being and continued ascension of each choosing to master in this lifetime.

### **ENERGY DYNAMICS OF INITIATIONS**

Much of Chapter 5 in Workbook I was devoted to explaining the ascending energy field of those mastering from 3000 to 9000 strands this lifetime. As the field holds together in balance, the field rotates effortlessly and then does not lose chi and can build in energy flow to expand and take initiations in ascension. An extremely balanced field is required to take any initiation.

Initiations are mastered as one embodies certain segments of DNA and then goes on to open the moving energy systems associated. Each segment of DNA of roughly 500 strands beneath 3000, and 800 strands for those mastering above 3000 strands will trigger an initiation when the field expands. The expansion of field is transcribed from the segments of DNA embodied in the etheric vessel. Each layer of DNA has transcriptions for the etheric cells, the physical cells and the energy flow of the field at large.

So what exactly occurs in an initiation? For each layer of moving energy system that is to expand for the 500 or 800 strands one has embodied in the etheric vessel, the field the spins up in rotation and puffs outward in size and to the degree it should given the level of mastery one is working upon. Angels specific to the initiation process descend for a time to aid in the spinning up and rebalancing of field necessary to stabilize at the next octave higher in vibration and associated music as well as more greatly expanded energy flow. The music of the entire field alters at this point and raises in key to the next octave of sound for the entire orchestra that one's molecular structure and the spin of one's charkas produces.

Often initiates feel “in bliss” or extremely energized but calm as the field expands into an initiation phase. Generally the entire process takes only a few hours, and then the field settles down in rotation and music to the level that the body can sustain naturally and of its own accord. Field rotation is caused by the movement of the kundahlini through the core of the body; the more kundahlini that can run the higher the field rotation can spin and the higher key or pitch of music that one’s orchestra of movement creates.

Spinning up the field rotation through conscious intention is also a method of clearing the field as experimented with in our recorded meditations; however each field has a naturally occurring field rotation that sustains the vibration of the etheric and physical vessel, until the next rise up and initiation is to be taken. Spinning up the field daily through conscious intention will mimic for a short time the next level of initiation and field rotation to be mastered ahead; and is a good method to use to clear and prepare the field for future initiations and ascension.

### **FALSE INITIATIONS AND FALSE ASCENSION.**

In most cases of false ascension, the ascension of the etheric body occurs but fails to occur in the physical. In so being, etheric ascension does not step down into the physical. Real ascension causes the etheric body to expand into the new genetic materials, and then the energy field expands as an initiation is taken every 500 to 800 strands embodied. The new genetic materials then step down to the physical vessel which goes through a transmutative cycle to the crystalline structure within a particular part of the biology. As the cells become crystalline, the biology then expands in its capacity to hold a higher frequency as more molecules are resurrected and reconstituted and spin. In so doing, the body then provides chi through the kundahlini energy flow that also expands as there are more molecules to hold the elements of air, water, fire, and earth as well as distribute energy throughout the body. As there is more chi running through the body, the next level of DNA can enter the grid work and alter the etheric cells, leading to the next expansion of energy field associated and physical ascension to follow.

Real ascension is a continuous cycle of genetic alterations to the etheric cells, expansion of the energy field, and then physical transformation to the crystalline structure within the biology. False ascension occurs generally as the physical is left out of the loop and only the etheric body is expanded. Over time and if this occurs greatly enough, there will be a gap between the etheric body and the physical body through which great harm can flow through to include manipulations from dark forces desiring to enforce extinction of humanity and Terra alike. It is for this reason that false ascension is not allowed; ascension must occur down to the physical or it will be prevented from occurring altogether beyond a certain level that is complete.



Complete ascension is really ascension that occurs in all parts of the field and form, such that there are no gaps between the physical and etheric bodies, or gaps between the etheric body and moving energy systems, or gaps between moving energy systems. As complete ascension is constructed, all parts move up in vibration each cycle in parallel to one another and this creates a solid field that does not wobble, and a healthy biology that does not become diseased.

The expansion of the etheric body above the physical is really a life extension pattern of the Anu and Pharaohs alike. In life extension, the etheric body is doubled in size to create a supercharged field that regenerates the physical to extend the life, but does not create real biological modifications to the cells in the physical. The gap between the etheric and physical is then used by false gods and other forces to manipulate the group, moving karma, chi and dreams from one to another. This is how the Anu and Pharaohs moved their dreams of disease and death onto other real ascending initiates; who became sick or died instead of evolving. We have seen this pattern of false ascension many times within SSOA; and generally those participating have Pharaoh or Anu inheritance, and are barred from ascending much beyond 1800 strands as this is often where the ascension is complete.

Many studying these materials will have ancestry to those who attempted to create real legitimate ascension in times past but died or became ill due to the dance of the Anu or Pharaohs. As the karma for taking on death or disease dreams of others is released, one steps out of the game and ascends instead into the dreams of continued ascension and a joyful life that one intends. In so doing, the karma for how life extension became the dominant pattern above and beyond real ascension is settled and real ascension for all humans can then come forth.

## **SCHISMS OR GAPS IN THE ASCENT**

Schisms and gaps in the ascent can also create another form of false expansion or ascension. Generally this occurs as large segments of DNA are bypassed and ascended beyond without clearing the karma or ascending the etheric body with the new genetic encoding. The gaps are often filled with light body body-double grid work which holds a higher frequency and appears to have all the genetic changes that were to occur if the ascent had been complete. Those having this type of false ascension are then used by forces to manipulate chi, dream, information or karma from one to another, and particular to support the current gurus in power. SSOA has also seen a load of these types of ascension which often occur in regions where a more rapid ascent can occur due to the availability of chi from the land.

In regions that are ascending more slowly, the lack of support presses those focused upon ascending individually to rise slower in vibration, and in so doing, a more thorough ascent comes forth. For one cannot rise too much above the vibration of the land without being very thorough and making sure that each layer of DNA is embodied before moving on to the next. Small gaps may occur due to a lack of karmic records in the archives; but generally this is no more than 20 to 80

strands in size. The small schisms are allowed and it is perceived that most recover the missing records shortly beyond the level schismed over.

Those moving to regions ascending more rapidly will find that the land can lift one into karma and genetic materials higher than one has legitimately ascended into. This then leaves larger gaps sometimes of 100 to 400 or more strands of DNA that have failed to be integrated into in physical. The gaps are filled with light body body-double grid work on the part of dark forces. The gap then allows other forces to use this region of domain as a conduit of harm to the physical plane. Those living in regions rapidly ascending will therefore have to be much more careful about the DNA that one is working upon each day, week or month of the ascent to make sure that all layers of information have been fully integrated down to the physical.

One of the more thorough ascensions Mila and Oa have ever witnessed was an initiate who discerned after reading our self study materials that the largest troubles in ascension was the result of a lack of thoroughness. They made up their mind to only ascend into 100 strands at a time, and go back and forth over the DNA to make sure it was completely integrated to the physical before going on to the next 100 strands. The field that this initiate constructed was one of the most stable and powerful fields Mila and Oa had ever seen in their program. Perhaps this is a testimony to taking the ascension slow and deliberate through each layer of karma and spiritual lesson along with crystalline encoding embodied to create a healthy body and complete ascension in this lifetime.

## **SCHISMS AND DISEASE**

Over time and if schisms in the DNA remain unaltered to the crystalline encoding, the associated region of the form will be “left behind” in vibration. If the DNA involves a particular organ, gland or system, then over time the region that has failed to ascend shall become diseased. In review of the records of a famous ascension guru who created a very incomplete ascension, they died primarily of liver failure. You will see in the energetic systems of this individual when alive, that there was large gaps or schisms that involved the liver, pancreas and spleen. The liver, pancreas and spleen had ascended no further than 108 strands of DNA when the rest of the body attempted to ascend into a blueprint of 36,000 strands of DNA. Over time, the liver became increasingly compromised until it led to the initiate’s death.

In addition to the above, the space between the cellular structure had failed to ascend at all. As a result, the body had no capacity to release toxic gases produced by the cells that had ascended to 36,000 strands in vibration. Without an ability to release toxic gases, the body’s health is also compromised leading to bouts of arthritis and bloating primarily. The lack of ascension of the space between created a very large schism and such a large gap between the physical and nonphysical in the space between of this initiate. The large gap was used to spin very large pyramids and stars in the space between of this initiate’s field.

The stars and pyramids created an energy formation related to the University Pyramids of Athena when she was alive and involved in the Universities of the slave nation. This initiate was a direct descendent of Athena and essentially tried to create a university of ascension founded upon false ascension; and those that follow this guru will find themselves arriving in the same incomplete map that is not a map of ascension at all; but a map of life extension.

It may be that the life extension practices that caused the Pharaohs to exist for thousands of years do not work well for humans at two strands of DNA. In the era of the Pharaohs, the larger headed humans had yet to fall beneath 15,000 strands. Life extension at 15,000 strands is much easier than if one begins at two strands. It is for this reason that those attempting this type of false ascension will simply die off in the coming times of cleansing; and perhaps this is not a bad thing. For in so being, only real ascension will have the affect of extending the life in this cycle; and this shall allow real ascension to take hold in lieu of false ascension within all future human ancestries in the century ahead.

## **IMBALANCE OF FIELD AND WOBBLE OF ENERGY FLOW**

Imbalanced fields create wobbles in the energy flow that will tear at the etheric body. If the pressure upon the etheric body is great enough in a particular region of domain, the region will become compromised or sick over time. Generally speaking, any wobble will create body level pain in the given region that pressure occurs upon the etheric vessel. Sometimes the etheric vessel will actually begin to rip or crack if the wobble is great enough.

What causes wobbles of energy flow? One of the largest causes of wobbles is a sudden loss of a moving energy system or a portion of a moving energy system. Let us say that one has a karmic encounter with someone that one has given one of one's charkas unto in an ancestral karmic exchange; or one's digestive system, or a large chunk of one's dream, or a portion of one's sexual energy system; or a portion of the subtle bodies; or a portion of one's grounding. Suddenly a large part of the moving energy field leaves one's field and moves to the field of another. Not only is such an exchange entirely useless to the other party unless they are ascending and have reached one's current vibratory rate, but it will also lead to an extreme wobble in one's own field.

Now perhaps one has a head ache; or an ache in the neck or shoulders, or pain in the upper or lower back, or pain in the knees or feet. The pain is indicative of an extreme wobble of field due to a sudden loss of a part of one's field. As one takes the time to search out what part of the field has been given to another, and chooses to release the karma and retrieve one's own moving energy system or systems, then a most rapid recovery can occur. Without taking rapid action, one is in a downward slide, and if allowed for a day or two, will probably lead to a cold or flu like symptoms. As soon as the energy field is retrieved and recast, then the symptoms will also dissipate.

The karma for the loss of moving energy systems is related to the Pharaohs and Anu alike. The Pharaohs took the moving energy systems of the Mahavihsnu living upon Pharaoh Island to extend their lives. Instead of recasting their fields in the event they were shattered or torn, the Pharaohs would simply exchange their dysfunctional moving energy system for another's that was functional. In so doing, many of the Mahavihsnu became ill over time. This also occurred between the Anu and the red nations' peoples through the Anus' red nation lovers or spouses. The Anu would trade their sour moving energy fields for the clean and clear energy fields of the red nations' peoples and this would leave the red nations' peoples to become ill.

At this time of ascension, there is no requirement to strip the moving energy system of another. The process of recasting allows each to rebuild and reweave their field each night during dreamtime. In so doing, any part of the field that has become cracked or compromised can be rewoven and healed. Recasting is an ongoing part of ascension and occurs in the healing temples. During recasting one is surrounded by angels that arise out of the aurora and the healing temples and specialize in the reweaving of field.

Long ago the Mahavihsnu lost the information on recasting. This may have occurred in the era of the Grand Masters many thousands of years prior. As a result, neither the Pharaohs or Mahavihsnu knew how to reweave or recast a problematic field. As a result, exchanging fields became the norm. Sad, but this is what occurs when information is lost. Now at this time of ascension all information is being gathered up and what was forgotten is being recalled. In so doing, humans and Earth alike are learning to recast and reweave the field for continued ascension "home" to the great central sun dream.

## **SPLINTERING IN TIME**

The false gods and other dark forces also like to crack energy fields of ascending humans, much as one would crack an egg. At first small cracks may form; and then these are enlarged enough to remove an entire moving energy system from one person to another. Perhaps one does not notice the small cracks in the field; but one will notice the loss of moving energy system due to the wobble that one has gone into. Once you have retrieved your moving energy system, it is then also best to seal all cracks within the field.

Fields can also be cracked in time so that one part sits in the past and another part sits in the future. When a field is splintered in time, past karma and future karma can come into play that then will cause a loss of chi, information, moving energy systems or dream that is associated. Restoring one's field to be entirely in present time will allow through intention for a full recovery of all that has been lost. While a field is in present time, it aligns straight above, beneath and around the etheric body. In present time, only present time karma can be the underlying cause of any energetic exchange with another. Generally present time karma is small and relatively easy to manage upon a day to day basis.

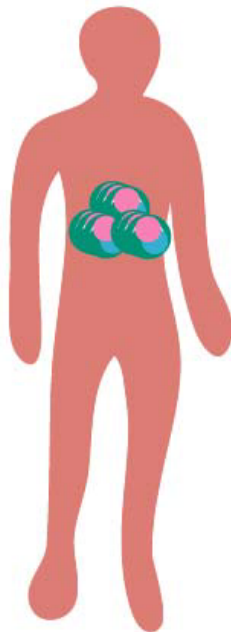
It is often future karma in particular that is the most difficult upon ascending initiates, as it assumes a much larger future ascended field. Therefore future karma can act like a large hammer upon one's field tearing vastly at oneself. As future karma is restrained in the future where it belongs, it then ceases to act out and the field can be repaired. In true spiritual law, only present time karma should have any affect upon one's field in any given moment of the day. Future and past karma are null and void as they are not a part of one's current path of ascension. If one has recurrent difficulty with future karma that is activated with a particular other in the dance of life, take them to the karmic boards in dreamtime and guardians will be assigned to prevent the continued activation of future karma.

Past karma can also be activated and traumatic if a large portion of what one has already transcended suddenly becomes active again in the field. This will cause the field to shatter and descend rapidly to a lower vibratory rate that one once held. Sometimes the field becomes fanned into the past causing many past patterns to reactivate. One manner to correct this is to seal the fanned time pulling it into the present moment again. Another suggestion that the Earth

Mother has is to fully erase one's past at each level of transcendence mastered.

In so being, if the past is opened, it will have nothing in it and thereby cannot affect one's field in the NOW. However learning to retain one's field in the NOW is important to the continued ascent and this is also our suggestion.

### BREATH OF LIFE FRONT VIEW



**3 BREATH OF LIFE CHAKRAS DEVELOPE IN FRONT  
AND 3 IN THE BACK (by 3000 strands)**

### BREATH OF LIFE AND REMAINING IN THE NOW

Generally it is each deep breath that one takes over the course of the day that assists in retaining the field in present time. As one takes a deep breath, the chakras begins to spin, the field grounds to the

aurora, and the chakras line up above and beneath oneself causing one to remain in the moment. If one finds oneself ungrounded or tired, one can learn to take many deep breaths to pull oneself back into the moment and recharge the field causing it to spin again. If the field ceases to spin, one will not only become tired but will desire to go to sleep. The body should take a deep breath about every five



minutes or so to sustain consciousness and remain in present time during the day, as well as at night to sustain the minimum field rotation to allow for recasting and healing during dreamtime. Many initiates snore while asleep and this is the breath of life in action which retains the necessary field rotation to hold one's vibration while asleep.

What interferes with the breath of life? Often there are entities that can enter one's field and shut off the breath of life energy system. There is an energetic system that hosts three chakras in the front of the diaphragm and three chakras in the back of the ribs, all slightly above the solar plexus region. These six chakras spin together and assist one in remembering to deep breathe every five minutes or so. If entities enter the field and shut down the breath of life system, one then fails to breathe and may splinter in time, allowing an easier time for the dark to manipulate one even further. Remembering to spin the breath of life chakras will assist the body in pulling itself back into present time in the event of a time manipulation. Taking breaths every five minutes will retain one in present time where manipulations are far more likely not to occur thereby creating an easier time in the continued ascent.

## **POLYNESIAN KUNDAHLINI ENERGY SYSTEM**

Generally initiates have a tendency to anchor heavily into the grids of Earth near where one lives and rely upon the associated cords of attachment to stabilize the field in the event of a severe wobble. The attachment into Earth can assist in balancing the field to end a wobble; however it also leaves pathways through which family and neighbors or others of difficult karma with one's ancestry can track one's energy field. The solution unto this is to construct four large chakras that spin parallel the land and utilize the magnetic push and pull between them to foster greater balance of one's subtle bodies or chakra system in the event of an extreme wobble of field.

The chakras that spin with the land are a part of the Polynesian Kundahlini energy flow. It is best to open such chakras in open space or parkland, the ocean, lakes, mountains or meadows nearby and not over land that humans reside upon. The chakras can be many miles away from one's etheric body if need be and will also assist the land that they hover over to ascend. Then as one opens the chakras to assist in stabilizing the field in the event of a wobble, one can begin to pull up the cords of attachment one has anchored into the land. Often initiates anchor attachment for miles surrounding where one lives or works. As one pulls up the attachment, one can imagine pressing the ties down the grounding chakras and to the aurora. This will allow one to cease to be targeted by others that one has karma with through one's ties to the Earth grid work which surrounds one's living environment or work environment.

Then if one feels a wobble of field and pain in some part of the body that is the result, one can use the magnetic push and pull between the four chakras to stabilize the field rotation. One can think of the magnets much as a scale of weights. As you puff up one of the chakras, it will add more stability to a



particular side of the field; if the field is wobbling right to left, puffing up the larger right chakra and left chakra incrementally will eventually end the wobble leading to a return to stability. Then one can go about retrieving the lost moving energy system and recast the field for a complete recovery.

It will be your Polynesian ancestors from Lemurian timeframe that will hold knowledge on the Polynesian land based Kundahlini. One may have to visit the temple of ancestry to find ancestors related unto one's inheritance with this knowledge. If one has no ancestors with such knowledge, one can intend to recover ancestors related and open up the stabilizing four corner chakras associated with the land at a future point in time.

## **ENERGY WOBBLES AS GENETIC PATTERNS**

There are also small or subtle wobbles in the field related to genetic patterns of emotional scarring in particular regions of the etheric body. If the scarring is great enough in the feet, knees or legs, a wobble can be caused in the grounding of the field. If the scarring is great enough in the pelvis, it can cause a wobble in the sexual energy flow or pelvic lotus. If the scarring is great enough in the lungs or chest, it can cause a wobble of the heart lotus. If the scarring is great enough in the neck or head, it can cause a wobble of the crown lotus.

Scar tissue is related to incomplete DNA that does not make sense as a genetic transcription to your akashic record keeper. Therefore the scarred cells develop as a conglomerate rather than individuated formations and may not feed or detoxify very well, leading to hardened tissue over time. In the center of any cluster of incomplete DNA will be a traumatic wound of some sort generally from an ancestor, but also can be from a present day circumstance such as an accident or surgery. In order to transmute scar tissue, one must be able to break down the hardened tissue with enzymes and then restructure the cells as crystalline, individuated formations. In order for the crystalline encoding to be recovered, the trauma recorded inside the scar tissue must first be released in the etheric body.

Scar tissue can be tiny pockets in many regions all over the body, as well as larger structures that may interfere with the function of a particular organ gland or system along with creating a wobble in the field rotation. Generally speaking ascending humans are very good at quarantining scar tissue off in any major organ or gland or system so that it ceases to have an effect upon the function of a particular part of the biology. In so doing, the health and well being can be retained even if the scar tissue is not fully resurrected. However the lack of resurrection can lead to small or medium wobbles in a particular part of the energy flow. This is particularly so for those in adult form moving on beyond 4600 strands in vibration.

Each part of the genetics also has a transcription for the moving energy system that is related. Generally genetics related to organs, glands or systems will also host information surrounding the construction of the regeneration chakra system that sits just outside the etheric skin. Over time, the regeneration chakra system

becomes increasingly complex like a series of gears that spin to keep time within a clock. The regeneration chakras pull fire from the core of the kundahlini energy flow along the horizontal lay lines of the grid work to cause regeneration of the entire form and skin. The scar tissue in the organs, glands or systems may translate into one or more regeneration chakras failing to be added to a field leading to a wobble in the overall regeneration energy flow each day. Where the wobble is the greatest may cause the associated part of the body to fail to regenerate adequately leading to other problems in the physical over time.

Making the intent to get at the underlying emotional trauma associated with any large pocket of scar tissue within the organs, glands or systems of the biology is therefore a useful intention to make, particularly for those proceeding beyond 3000 strands. Understand that one must have the biological capacity to dissolve scar tissue and not all humans may hold such information in their genealogy. However if one does, then a useful intent to make is to dissolve scar tissue, particularly the large pockets that prevent a particular energy system to formulate within the field.

## THOUGHT-FORM AND SCAR TISSUE

Thought-form associated with the programming spoken to in Chapter 3 of Workbook II is often locked into the field in scar tissue. Scar tissue can hold the traumatic events from ancestral experiences and are related to current life trauma in childhood, teenage or adult years. The ancestral experience then becomes a part of the beads of cause and effect that are associated with fear based programming and patterning. In order to erase the programs, one will also wish to erase the traumatic memory from the etheric cellular structure, and often the trauma is recorded in scar tissue or decay and not in healthy cells.

The trauma in scar tissue first releases in the etheric cell and then in the physical cell as the tissue is resurrected to the crystalline structure. In order to release etheric scars, one applies Language of Light tones of creation to the region. One can do so through intention before falling asleep at night. Minerals are also useful tools to deliver a particular set of tones necessary to dissolve etheric scar tissue to a particular region of the biology where the trauma is recorded. Generally Mila suggests a small hand held point of clear quartz, amethyst or rose quartz for clearing and moving etheric scars.

Take the point in your hand and clear it first of any energy flow that is non-conductive to your healing. Then intend to charge the mineral with the Language of Light single or dual tones necessary to dissolve the scar tissue within one's etheric body. If you are aware of where the scar tissue is located, you can focus the point in the given region. Often there is stuck energy where etheric scarring sits that causes stiffness or pain in the region and as the trauma is released, the pain also dissipates. Sometimes the release of the scar will also cause an emotional catharsis of the trauma at hand, or trigger memories of the ancestral life experiences or childhood suffering that is associated.

As the etheric scar releases, the etheric cells can modify themselves to be of the crystalline structure. Then as the etheric blueprint steps down to the physical, the physical scarring will also release and the associated region of the body self heals becoming crystalline in nature. In Mila's experience of healing the cancer of her uterus, it only took 1/3 of the scar tissue to release in order for enough of a healthy organ to be reconstructed to push her out of a cancerous state of being. Scar tissue can be at the root of any disease and as it releases, there is an opportunity for recovery.

## **ETHERIC SURGERY**

Sometimes scarring of the etheric body is so great that etheric surgery is the only method strong enough to move the pattern out allowing the region to self heal. Generally a vogel crystal is useful for psychic surgery. Take the vogel in your hand and charge it up, clearing out any energy that does not serve the healing. Then pointing the small point towards the body near the region of scarring, intend to cut out the scarred part of etheric body with the laser like flow emanating from the vogel; this generally only takes a minute or less. Then intend to reweave the region with healthy grid work and bring in the corrected genetic blueprint that does not host the emotional trauma.

Working with the mineral kingdom is a great gift for ascending humans at this time of evolutionary cycle home. You can also request that the mineral kingdom aid you in the surgery so that a complete removal of the scarred region of the etheric body can occur. The scarred portion of grid work can be sent to your recasting temples for examination and a thorough gathering of the traumatic records of your ancestry held therein. Intend upon awakening the next morning to remember the details of the ancestral experiences and wounds so that the spiritual lesson can also be brought to consciousness from the experience. In so doing, there need not be a repeat of the associated disease or scarred state into your future or to be experienced by your future ancestors as the karma is forgiven.

## **SCARRING OF THE NERVOUS SYSTEM**

It is the scarring of the nervous system that is related unto algorithms for disease. Scarred tissue in the nerves of the body causes the energy flowing through to skip and jump leading to surges and gaps in the movement of chi to the organs glands and systems that they feed. In the crystalline blueprint, the nerves are to deliver constant pulsations of chi to every organ, gland, system and muscle throughout the biology. The constant pulsations of enough chi allows each part of the biology to receive enough to assure regeneration and continued life. The smoother and more even the delivery of chi, the greater the health of each region of the biology that is associated.

Some nerves have such a hard time conducting any chi at all at two strands of DNA that the associated regions begin to rapidly decay, particularly beyond age sixteen. In Chinese Medicine, one would consider such regions to be cold or damp

in nature. Such regions will tend to become even more scarred or decayed over time, leading to aging and disease in older age and eventually death. As the nervous system ascends, it begins to self heal. In the ascension to 1024 strands, most nerves that could not conduct any chi begin to resurrect; this leads to regions that did not receive any chi through the nervous system at two strands to begin to receive some life force. However there are generally two to three and possibly more regions of the biology that still receive far too little chi to develop a full set of crystalline cells.

Some nerves absorb the excess chi that fails to move down yet other nerves that cannot pulsate much at all. This causes the organs, glands or systems at the end of these nerves to receive far too much chi. In Chinese Medicine, one would consider such regions to be hot or have excessive fire. These regions tend to combust or fry the cells also leading to yet other types of diseases associated with tumors and cancer. Excessive stimulation can cause cells to grow that are unneeded to the organ gland or system. Cancer is really the result of the overgrowth of space between cells (the structure that holds the cells together) to great excess. The growth of the space between then prohibits the feeding and detoxification of the cells that they surround leading to sick organs, glands or systems. All of this is related to over stimulation of the region through the nervous system.

By 1024, there is a smoothing out of the nervous system enough that most regions cease to receive so much fire that they may end up cancerous. There may be however one to three regions that are still over stimulated enough to cause trouble. We use the next part of this chapter to examine the nature of variant diseases and the thought-form behind such physical manifestations. Each disease is related to over or under stimulation of the nervous system; and there is a thought-form in the ancestral inheritance that is also related. As the thought-form is addressed and transcended through the transmutation process of ascension, then the DNA in the nervous system can be modified to blueprints from other ancestors who, when they were alive, had a nervous system that provided just the right amount of chi to the associated region.

It is perceived by Earth that transcending the underlying cause of disease will allow ascending humans to not ascend into disease. It is for this reason that this information is offered in great detail so that each can examine their own patterning within and choose to transcend it before disease manifests; or if one has developed a disease already, transcend the patterning at cause so that a recovery becomes possible ahead.

## THOUGHT-FORM AND THE NERVOUS SYSTEM

How does thought-form and over or under firing of the nervous system relate? Thought-forms or algorithms direct the energy flow in the field. Some thought-forms are so strongly embedded into the foundation of who one thinks one is that they direct too much chi to the brain or brain stem via the crown and third eye chakras. As too much chi is received by the brain or brain stem, then excessive firing of the nervous system results; and the nerves that are most likely to absorb excessive chi then create a hot spot in the biology that can become cancerous over time.

Yet other thought forms do not direct enough chi to brain. This leads to an under firing of the nerves and in particular through those nerves that have a hard time conducting chi due to scar tissue within them. As too little chi is received by the brain, then an under firing of all nerves occurs, and those nerves that are heavily scarred may deliver no chi at all to particular organs, glands or systems of the biology leading to a cold spot. The lack of chi then leads to rapid degeneration and disease, or an inability to resurrect, ascend or regenerate the region over time.

Exercise can assist with warming up cold spots in the biology and balancing the field more greatly for continued ascension. Taking gentle walks or swims each day will assure that all nerves are stimulated throughout the body, and even begin to rebalance what is out of balance in terms of cold or hot spots. This is the gift of gentle exercise. Over exertion such as running or heavy weight lifting is not recommend as this can exacerbate the dance more greatly rather than lead to balance. Why is this so? It has to do with degree of stimulation. A gentle walk or swim will provide mild stimulation of the nerves through the movement of the body. Heavy exercise will provide heavy stimulation which may increase cold and hot spots rather than allowing them to balance out.

In addressing the thought-form behind the excessive or inadequate chi sent to the brain through the entire ascending field, the patterns that underlie disease can shift. Most initiates fluctuate over the course of any given day from delivering too much chi to the brain and then too little. Generally speaking, too much chi is sent to the brain over the course of the day and if one is very busy in the dance of life leading to hot spots in the biology; and then at night too little chi is sent to the brain leading to cold spots. As the thought-form at cause of the flux of chi to the brain is cleared, just enough chi is delivered 24 hours per day, the cold and hot spots will cease to be so great and a more even temperature of the overall biology will occur, which will lead to greater health over time and in support of the continued ascent.

In addition, the scarred nerves that tend to fail to deliver much pulsation at all can be altered through conscious intention through ascension. Each ascending human has 144 lineages and thousands and thousands of ancestors to choose genetic information from. One can intend to uncover many ancestors who had healthy crystalline nerves for each scarred nerve within the biology. In anchoring a new blueprint for each scarred nerve so that it delivers chi more fluidly and in just the



right amount, greater health can be achieved throughout the body through ascension.

## THOUGHT FORM ALGORITHMS AND DISEASE

It is now our goal to list diseases related to algorithms that create “hot” or “cold” spots in particular parts of the biology. There are many more diseases listed in encyclopedia of illness that we will speak to. We will attempt to list the patterns and problems in an organ, gland or system basis rather than in the names that the medical professionals use for various diseases. Many of the disease names and diagnosis are actually from Alantean era and were drawn from Pleiadian thought-form and therefore not necessarily relevant to ascension.

Ascension is about ascending out of electrical biology and into magnetic biology that is resonant with Earth and nature. Many disease patterns are the result of trying to blend magnetic and electrical energy and biological systems. Electricity creates too much chi in a magnetic system; magnetism creates too little chi in an electrical system. Underlying the hot spots in the body will be electrical DNA that requires transmuting into a magnetic encoding from one’s more extended ancestry of genealogy. Underlying cold spots may be magnetic nerves that ran too much electrical energy and became scarred and now fail to deliver enough chi to the biology. As the scarring is transmuted through ascension, then the cold spots can also cease. As the entire biology hosts magnetic DNA, then there is an opportunity for a more even overall energy flow through the nervous system along with a more balanced temperature of each organ, gland or system leading again to greater health for the continued life and ascension ahead.

## BRAIN

### LEFT AND RIGHT LOBES OF THE BRAIN

**Over stimulation of the right side of the brain** leads to one who may be overly emotional or frequently overwhelmed. Over stimulation can also lead to aneurisms or cancerous growths in the brain over time or strokes in older age. The thought-form behind over stimulation of the right hemisphere is *“I feel too much, I am overwhelmed and cannot function in the dance of life.”* The Language of Light thought-form useful for transmutation is *“I intend peace and unconditional acceptance in the dance of life.”*

**Under stimulation of the right side of the brain** leads to one who may be depressed or lethargic much of the time. The lack of stimulation can lead to deterioration of the brain as not enough blood may flow to feed all brain cells. The lack of blood can also lead to an experience of “migraine headaches”. The thought-form behind under stimulation of the right hemisphere is *“I am melancholy and sad, I only perceive the negative side of the dance of life.”* The Language of Light thought-form useful for transmutation is *“I intend non-conditional love and hope in the dance of life.”*



**Over stimulation of the left side of the brain** leads to one who may be extremely analytical in nature and who despises those who are emotional. Over stimulation can also lead to aneurisms or cancerous growths in the brain over time or strokes in older age. The thought-form behind over stimulation of the left hemisphere is *"I analyze my circumstance to make myself safe, I find emotions frightening."* The Language of Light thought-form useful for transmutation is *"I intend non-conditional truth in the dance of life. I intend to open my heart."*

**Under stimulation of the left side of the brain** leads to one who has a hard time focusing upon any subject or learning new information. Some have considered such children of "Attention Deficit Order" in nature. The lack of stimulation can lead to deterioration of the brain as not enough blood may flow to feed all brain cells. The lack of blood can also lead to an experience of "migraine headaches". The thought-form behind under stimulation of the left hemisphere is *"I am confused, I am unable to sit still, I need to move."* The Language of Light thought-form useful for transmutation is *"I intend integrity and honor in the dance of life."*

### **CORPUS COLLOSUM (interconnects the right and left hemispheres)**

**Over stimulation of the corpus collosum** leads to a excessive communication or firing of nerves between right and left hemispheres. The movement of chi back and forth leads to one who may be very talkative or very creative in nature expressing well with both words and emotions. Over stimulation can also lead to an aneurism, stroke or brain tumor or cancer in this region of the brain. The thought-form behind over stimulation of the corpus collosum is *"I must express myself, I must be heard, I must create."* The Language of Light thought-form useful for transmutation is *"I intend co-creation with Earth, nature and my soul and over soul."*

**Under stimulation of the corpus collosum** leads to one who may have great difficulty putting words to their experiences or emotions and as a result may not say much in social circumstances. The lack of stimulation in the region can also lead to an experience of "migraine headaches" or deterioration of the region over time. The thought-form behind under stimulation of the corpus collosum is *"I cannot verbalize my thoughts or feelings, I am unable to communicate."* The Language of Light thought-form useful for transmutation is *"I intend honest communication in the dance of life."*

### **PAIN PLEASURE CENTER (core of the brain)**

**Over stimulation of the pain pleasure center** leads to one who likes the drama and trauma of life and may even seek to create drama out of the desire to emote. Over stimulation can lead to aneurisms or brain tumors over time. The thought-form behind over stimulation of the pain pleasure center is *"I come first, watch me, I want to be center stage."* The Language of Light thought-form useful for transmutation is *"I intend honor in the dance of life."*

**Under stimulation of the pain pleasure center** leads to one who may desire to drink excessively or seek out drugs as recreation or to divert boredom in the dance of life. The thought-form behind under stimulation of the pain pleasure center is *"I must escape, I am bored."* The Language of Light thought-form useful for transmutation is *"I intend a grounded state of being and to learn to live in present time. I intend my breath of life."*

## **BRAIN STEM AND NERVOUS SYSTEM**

### **BRAIN STEM**

**Over stimulation of the brain stem** leads to ongoing tension in the nerves of the parasympathetic nervous system. This creates a human that prefers to be active and has a hard time sitting still. Over stimulation of this region can lead to an aneurism in the brain stem over time. The thought-form behind over stimulation of the brain stem is *"I need to be physically active."* The Language of Light thought-form useful for transmutation is *"I intend peace and unity in my life as well as biology. I intend balance between physical activity and the need to rest the body for regeneration purposes."*

**Under stimulation of the brain stem** leads to a lack of enough stimulation throughout the parasympathetic nervous system. This can lead to lethargy and a desire to be inactive. The thought-form behind under stimulation of the brain stem is *"I am lazy and prefer not to work or be active."* The Language of Light thought-form useful for transmutation is *"I intend to retrieve my life force and breath of life."*

### **NERVOUS SYSTEM**

**Over stimulation of the entire nervous system** leads to scarring of the nerves and combustion of the molecular structure which can lead to diseases such as Multiple Sclerosis or Fibro Myalgia. The thought-form behind over stimulation of the nervous system is *"I want to die. I do not wish to live."* The Language of Light thought-form useful for transmutation is *"I intend to ascend and transcend death. I intend to retrieve my will to live."*

**Under stimulation of the nervous system** leads to a lack of overall stimulation of the entire body which can lead to the experience of chronic fatigue. The thought-form behind under stimulation of the nervous system is *"There is not enough chi or life force to exist."* The Language of Light thought-form useful for transmutation is *"I intend my breath of life and grounding unto the Earth Mother. I intend to retrieve my red ray so that I will always have enough life force."*

## ENDOCRINE SYSTEM

### PITUITARY GLAND

**Over stimulation of the pituitary gland** leads to the desire for sexual encounters or frequent masturbation. Over stimulation of this region can also cause the pursuit of the spiritual path. The thought-form behind over stimulation of the pituitary gland is *"I like to move my kundahlini and sexual energy flow."* The Language of Light thought-form useful for transmutation is *"I intend to develop a kundahlini flow that supports my ascension. I intend the fulfillment of my spiritual path."*

**Under stimulation of the pituitary gland** leads to one who may exhibit manic depressive tendencies due to the lack of production of hormones associated with this gland. The thought-form behind under stimulation of the pituitary gland is *"When I am high I am on top of the world; when I am low I sink into deep depression and even suicidal desires."* The Language of Light thought-form useful for transmutation is *"I intend balance in the dance of life."*

### PINEAL GLAND

**Over stimulation of the pineal gland** leads to more light emanating throughout the entire grid work of the body. The pineal gland absorbs light through the eyes and then relays the vibrations through the nervous system to the rest of the body. Those of this nature may feel good most of the time and be happy go lucky in nature. The thought-form behind over stimulation of the pineal gland is *"I have no worries, I am happy."* The Language of Light thought-form useful for transmutation is *"I intend honest communication with myself about my sincere state of being."*

**Under stimulation of the pineal gland** leads to depression and suicidal tendencies. The thought-form behind under stimulation of the pineal gland is *"I attune to dark thoughts and the dark entities around me."* The Language of Light thought-form useful for transmutation is *"I intend to ascend, I intend to anchor and attune to a light earth dream and the nonphysical forces that support ascension."*

## IMMUNE SYSTEM

### LYMPH NODES

**Over stimulation of the lymph nodes** leads to over production of white blood cells within the immune system. The white blood cells can then go to attack healthy tissue if they are malformed leading to autoimmune diseases. The thought-form behind over stimulation of the lymph nodes is *"I must fight for my life. I must fight for everything I have."* The Language of Light thought-form useful for transmutation is *"I intend to retrieve my will and power. I intend to stand in the power of my truth in action."*

**Under stimulation of the lymph nodes** leads to a lack of enough immune response if the body is under a biological attack. AIDs is one disease related to under stimulation of the lymph nodes. The thought-form behind under stimulation of the lymph nodes is ***"I do not fight back, I give in. I lose."*** The Language of Light thought-form useful for transmutation is ***"I intend to learn to run the red ray of life force and orange ray of power. I intend to embody authentic power in this lifetime."***

## **SPLEEN**

**Over stimulation of the spleen** leads to over production of white blood cells and other components of the blood. Sometimes the white blood cells become deformed in the overproduction and begin to attack cells of the body which is known as autoimmune diseases. The thought-form behind over stimulation of the spleen is ***"I give my holographic truth away. I take on the truth or identity of another."*** The Language of Light thought-form useful for transmutation is ***"I intend to become my ascending truth in action. I intend to stand in the truth of who I am."***

**Under stimulation of the spleen** leads to a lack of enough immune response if the body is under a biological attack as well as a lack of enough components in the blood as produced by the spleen. Autoimmune diseases in which not enough platelets or other components of the blood are produced are related. The thought-form behind under stimulation of the spleen is ***"I am a chameleon. I become what others need me to be, even if it makes me uncomfortable."*** The Language of Light thought-form useful for transmutation is ***"I intend to become my ascending truth in action. I intend to stand in the truth of who I am."***

## **CIRCULATORY SYSTEM**

### **HEART**

**Over stimulation of the heart** leads to ongoing stress in the heart muscle. Over time this can lead to heart attacks or heart disease. The thought-form behind over stimulation of the heart is ***"I give my love away. I need to make others feel loved and accepted."*** The Language of Light thought-form useful for transmutation is ***"I intend to learn to love myself. I intend the return of the inner beloved."***

**Under stimulation of the heart** leads to a lack of enough blood pressure to assure that all cells are fed within the crystalline biology. The thought-form behind under stimulation of the heart is ***"I am in fear of intimacy and love. I use my power to control those who love."*** The Language of Light thought-form useful for transmutation is ***"I intend mastery over non-conditional love in the dance of life. I intend to open my heart."***

## VEINS AND ARTERIES

**Over stimulation of the vascular system** leads to constricted veins and higher blood pressure than perhaps necessary to feed the cells of the body. Over time this can lead to hardening of the arteries and rips and tears that create clots that then lead to heart attacks. The thought-form behind over stimulation of the vascular system is ***"I must give five times what I receive. Giving is better than receiving."*** The Language of Light thought-form useful for transmutation is ***"I intend balanced giving and receiving in the dance of life."***

**Under stimulation of the vascular system** leads to a lack of enough blood pressure to assure that all cells are fed within the crystalline biology; blood may also pool in some regions and be sparse in others leading to deterioration of particular parts of the body. The thought-form behind under stimulation of the vascular system is ***"I am in fear of life, I am shy."*** The Language of Light thought-form useful for transmutation is ***"I intend to become my authentic truth in action. I intend the full self expression of my truth."***

## BONE MARROW

**Over stimulation of the bone marrow** leads to over production of red blood cells. Sometimes the blood cells can become deformed leading to diseases of the blood such as leukemia. The deformed blood cells may have a hard time carrying nutrients or wastes through the circulatory system leading to an inefficient circulatory system. The thought-form behind over stimulation of the bone marrow is ***"I determine the truth of others. I provide a foundation for others to stand upon."*** The Language of Light thought-form useful for transmutation is ***"I intend unconditional acceptance in the dance of life. I intend to become the dreamer and the dream."***

**Under stimulation of the bone marrow** leads to a lack of production of red blood cells. The lack of blood cells can limit the bloods capacity to provide nutrients or move waste to and from crystalline cells. The thought-form behind under stimulation of the bone marrow is ***"I do not know who I am. I allow others to determine my purpose."*** The Language of Light thought-form useful for transmutation is ***"I intend to embody my soul purpose. I intend to become my truth in action."***



## **METABOLISM**

### **THYROID**

**Over stimulation of the thyroid gland** leads to an overproduction of thyroid hormones which creates one who is thin and has a lot of energy and may be overly outer focused. The thought-form behind over stimulation of the thyroid gland is *"I need to be busy to divert the boredom. I run from myself."* The Language of Light thought-form useful for transmutation is *"I intend to balance the inner and outer focus in the dance of life. I intend to open to my unconscious for the purposes of transcendence and ascension."*

**Under stimulation of the thyroid gland** leads to a lack of enough thyroid hormone for good cellular metabolism. The end result may be a heavier human that tends to be lethargic or tired all the time but gifted at attuning to dreamtime and the unconscious. The thought-form behind under stimulation of the thyroid gland is *"I prefer dreamtime to reality. I prefer sleep to being awake. Dreamtime is the safer place to be."* The Language of Light thought-form useful for transmutation is *"I intend to consciously dream and open to the unconscious while awake. I intend to balance waking time with dreamtime."*

### **ADRENAL GLANDS**

**Over stimulation of the adrenal glands** leads to an overproduction of adrenal hormones which creates one who nervous much of the time. The thought-form behind over stimulation of the adrenal glands is *"I am not comfortable with myself. I am not comfortable in my own skin."* The Language of Light thought-form useful for transmutation is *"I intend unconditional acceptance of myself in the dance of life. I intend to embody my truth in action."*

**Under stimulation of the adrenal glands** leads to a lack of enough adrenal hormone for retention of consciousness over the course of the day, and leads to feeling tired or lethargic. The thought-form behind under stimulation of the adrenal gland is *"I am exhausted and burnt out."* The Language of Light thought-form useful for transmutation is *"I intend to retrieve my power and life force and learn to run the red and orange ray. I intend stealth in the dance of life."*

### **PANCREAS**

**Over stimulation of the pancreas** leads to an overproduction of insulin which tends to overfeed cells leading to low blood sugar if one does not eat enough over the course of the day. The over stimulation can also lead to cancer or hardening of the pancreas over time. The thought-form behind over stimulation of the pancreas is *"I consume the sweet dreams of others. I give my dark dreams away."* The Language of Light thought-form useful for transmutation is *"I intend to become the dreamer and the dream this lifetime."*



**Under stimulation of the pancreas** leads to a lack of enough insulin hormone to adequately feed the cells leading to diabetes over time. The thought-form behind under stimulation of the pancreas is *"I give my sweet dreams away. I take on the dark dream of others."* The Language of Light thought-form useful for transmutation is *"I intend to retain my sweet dreams. I intend to become the dreamer and the dream."*

## **DIGESTIVE SYSTEM**

### **ESOPHAGUS**

**Over stimulation of the esophagus** leads to the experience of heart burn. Over stimulation can cause cancer of the esophagus over time. The thought-form behind over stimulation of the esophagus is *"I swallow the anger of others."* The Language of Light thought-form useful for transmutation is *"I intend honest communication between all parties. I intend to speak my truth in the dance of life."*

**Under stimulation of the esophagus** leads to recurrent sore throats due to the lack of chi to the region. The thought-form behind under stimulation of the esophagus is *"I fail to speak my truth; I withhold what I think."* The Language of Light thought-form useful for transmutation is *"I intend honest communication in the dance of life."*

### **STOMACH**

**Over stimulation of the stomach** leads to over production of the digestive enzymes which can then cause problems such as stomach ulcers or cancer of the stomach. The thought-form behind over stimulation of the stomach is *"I take on the pain and shame of others. I digest the spiritual lessons of others."* The Language of Light thought-form useful for transmutation is *"I intend to only digest my own spiritual lessons in the dance of life."*

**Under stimulation of the stomach** leads to difficulty digesting one's meals as not enough digestive enzymes are produced and the stomach tends to run cold. This can lead to fermentation and gas along with constipation. The thought-form behind under stimulation of the stomach is *"I reject my spiritual lessons. I do not choose to assimilate my lessons in the dance of life."* The Language of Light thought-form useful for transmutation is *"I intend to embrace all my spiritual lessons and forgive all associated karma in ascension."*

## GALL BLADDER

**Over stimulation of the gall bladder** leads to over production of certain digestive enzymes mainly related to assimilation of fats. Over time this may lead to stones or hardened masses in the ducts of the gall bladder causing pain. The thought-form behind over stimulation of the gall bladder is ***"I consume others in the dance of life. I take the life force of others to sustain myself."*** The Language of Light thought-form useful for transmutation is ***"I intend to transcend consumption. I intend to become vegetarian this lifetime."***

**Under stimulation of the gall bladder** leads to under production of bile and other digestive enzymes causing foods to ferment in the intestines instead of break down properly. This can lead to gas and constipation. The thought-form behind under stimulation of the gall bladder is ***"I am consumed in the dance of life. I give life force to others to sustain themselves."*** The Language of Light thought-form useful for transmutation is ***"I intend to transcend the need to be consumed by others. I intend enough chi to subsist and ascend."***

## WASTE MANAGEMENT

### INTESTINES

**Over stimulation of the intestines** leads to a tendency to have bouts of diarrhea or loose stools recurrently. If the wastes do not remain in the intestines long enough, it may lead to lack of absorption of enough nutrients leading to malnutrition. Over stimulation can also lead to cancer of the bowels or tumors in the region over time. The thought-form behind over stimulation of the intestines is ***"I move or change frequently. I easily become bored if circumstances do not change."*** The Language of Light thought-form useful for transmutation is ***"I intend to allow change only with karmic completion in each circumstance in the dance of life."***

**Under stimulation of the intestines** leads to an inactive bowels that may be prone to constipation. If the wastes do not move regularly enough, then toxins can build up as they fail to be released from the form leading to an overly toxic system. The thought-form behind under stimulation of the intestines is ***"I hold on and do not change in ease. I tend to like things to remain the same."*** The Language of Light thought-form useful for transmutation is ***"I intend to embrace change as it occurs due to the karmic completion associated with ascension."***

## KIDNEYS

**Over stimulation of the kidneys** leads to a tendency to frequently urinate leading to dehydration of the cellular structure. Over time over stimulation can lead to kidney stones or hardening of the kidneys or kidney disease. The thought-form behind over stimulation of the kidneys is *"I am in fear of others and life. I allow others to control me. I am ungrounded and unsafe."* The Language of Light thought-form useful for transmutation is *"I intend to ground deeply into the aurora of the Earth Mother so that my body feels safe. I intend to take my power back to each I have given it unto and stand in my authentic truth."*

**Under stimulation of the kidneys** leads to a tendency to hold on to fluids leading to bloating and water retention in the body. The thought-form behind under stimulation of the kidneys is *"I am in fear of myself. I fear that I am inadequate to fulfill upon my purpose."* The Language of Light thought-form useful for transmutation is *"I intend to become my ascending purpose in this lifetime. I intend to embody my ascending truth in action."*

## BLADDER

**Over stimulation of the bladder** leads to hardening of this region and a leaky bladder with old age. Over stimulation can also lead to cancer or tumors in this region as well. The thought-form behind over stimulation of the bladder is *"I give away everything. I sacrifice what I need for others."* The Language of Light thought-form useful for transmutation is *"I intend balanced giving and receiving in the dance of life. I intend to complete with patterns of self sacrifice."*

**Under stimulation of the bladder** leads to deterioration that can also be related to frequent bladder infections. Over time the bladder may also leak due to inability to hold the fluid properly. The thought-form behind under stimulation of the bladder is *"I purchase and hoard many objects. I surround myself with many possessions to feel safe."* The Language of Light thought-form useful for transmutation is *"I intend to fill myself from within and in the communion with body soul and Earth, learn to feel safe. I intend to let go of those things that prevent my ascension "home".*

## LIVER

**Over stimulation of the liver** leads to hardening of this region and cancer over time. The thought-form behind over stimulation of the liver is ***"I create many fantasies that others attune unto and enjoy. I am a good entertainer."*** The Language of Light thought-form useful for transmutation is ***"I intend communion with body soul and Earth in the dance of life."***

**Under stimulation of the liver** leads to deterioration that can lead to infections such as hepatitis or cirrhosis of the liver over time. The thought-form behind under stimulation of the liver is ***"I do not like the reality of my life. I choose to escape through alcohol or drugs or other fantasy realities of choice."*** The Language of Light thought-form useful for transmutation is ***"I intend to learn to live in communion and with an open heart, and embrace life for the spiritual lessons that it has to offer."***

## REGENERATION SYSTEM

### THYMUS GLAND

**Over stimulation of the thymus gland** can lead to excessive production of the hormones that this gland produces, which may lead to regeneration in some regions but failed regeneration in other regions of the biology, which can lead to disease over time. The thought-form behind over stimulation of the thymus gland is ***"I must live life to the fullest even if it burns me out."*** The Language of Light thought-form useful for transmutation is ***"I intend balance in the dance of life. I intend to balance the need to rest with daily activities."***

**Under stimulation of the thymus gland** leads to a lack of enough stimulation to cause the crystalline blueprint to be embraced in ascension. If this occurs, the master hormones that manage the ascent of the body will also fail to be produced leading to failed or incomplete ascension. Those of this nature in ascension often schism or skip over genetic encoding and spiritual lessons due to lack of focus. The thought-form behind under stimulation of the thymus gland is ***"I am not thorough. I do not complete any project to the end."*** The Language of Light thought-form useful for transmutation is ***"I intend a complete ascension in this lifetime. I intend to learn each spiritual lesson that needs to be understood to forgive my karma in full."***

### REGENERATION GLANDS (develops by 3000 strands in the testes in men and labia minor in women)

**Over stimulation of the regeneration glands** can lead to excessive production of the hormones associated, which may lead to uneven regeneration in certain regions of the biology, which can lead to disease over time. The thought-form behind over stimulation of the regeneration glands is ***"I am larger than life, I am on top."*** The Language of Light thought-form useful for transmutation is ***"I intend unity and equality in the dance of life."***

**Under stimulation of the regeneration glands** leads to a lack of enough hormones to regenerate all parts of the biology also leading to disease over time. The thought-form behind under stimulation of the regeneration glands is ***"I am not enough, I am not worthy."*** The Language of Light thought-form useful for transmutation is ***"I am that I am. I intend my truth in action and my life purpose as an ascending human."***

## **REPRODUCTIVE SYSTEM**

### **UTERUS**

**Over stimulation of the uterus** can lead to growths such as polyps over time along with uterus cancer. The thought-form behind over stimulation of the uterus is ***"I give birth to life for others. I sustain the projects of others."*** The Language of Light thought-form useful for transmutation is ***"I intend to only create dreams for myself. I intend to become the dreamer and the dream."***

**Under stimulation of the uterus** leads to degeneration of the womb which may lead to early menopause. Sometimes the uterus falls following birth for those that receive too little stimulation leading to its removal through surgery. The thought-form behind under stimulation of the uterus is ***"I do not enjoy sex, I am not sexual, I do not have orgasms."*** The Language of Light thought-form useful for transmutation is ***"I intend the development of my sexual energy flow in support of my ascension."***

### **OVARIES**

**Over stimulation of the ovaries** can lead excessive production of eggs each month which can lead to fraternal twins or triplets upon conception. Over stimulation will also produce excessive female hormones leading to greater swings in moods with PMS. Over time ovarian cancer can develop due to over stimulation. The thought-form behind over stimulation of the ovaries is ***"I perceive myself as better than others. I am more beautiful, more entertaining, more more more."*** The Language of Light thought-form useful for transmutation is ***"I intend unity, honor, integrity and non conditional love in the dance of life."***

**Under stimulation of the ovaries** leads to degeneration of the female hormones and can lead to ovarian cysts as eggs fail to fully ripen each month. The thought-form behind under stimulation of the ovaries is ***"I cannot give birth to life. My projects and dreams do not come to fruition."*** The Language of Light thought-form useful for transmutation is ***I intend to become the dreamer and the dream."***



## BREASTS

**Over stimulation of the breasts** can lead to breast cancer or tumors over time. The thought-form behind over stimulation of the breasts is *"I give my heart away. I love but am not loved in return. I am rejected."* The Language of Light thought-form useful for transmutation is *"I intend non-conditional love in the dance of life. I intend to learn to commune with soul, Earth and nature and feel loved from within. I intend the return of the inner beloved."*

**Under stimulation of the breasts** leads to degeneration of the mammary glands which may cause difficulty in breast feeding. The thought-form behind under stimulation of the breasts is *"There is never enough love. I am deprived of love."* The Language of Light thought-form useful for transmutation is *"I intend non-conditional love in the dance of life. I intend to learn to commune with soul, Earth and nature and feel loved from within. I intend the return of the inner beloved."*

## PROSTATE

**Over stimulation of the prostate** can lead to cancer or tumors in this region over time. The thought-form behind over stimulation of the prostate is *"I give my sexual energy away. I use my sexual energy to create life and sustain projects for others."* The Language of Light thought-form useful for transmutation is *"I intend to develop a sovereign sexual energy flow that sustains my ascension."*

**Under stimulation of the prostate** leads to degeneration of the gland which may lead to difficulty with urination over time. The thought-form behind under stimulation of the prostate is *"I am not sexual. I have difficulty getting an erection. I have difficulty ejaculating."* The Language of Light thought-form useful for transmutation is *"I intend to develop a sovereign sexual energy flow that sustains my ascension."*

## RESPIRATORY SYSTEM

### LUNGS

**Over stimulation of the lungs** can lead to lung cancer over time. The thought-form behind over stimulation of the lungs is *"I give my breath of life to others, I create for others."* The Language of Light thought-form useful for transmutation is *"I intend to learn to circular breathe in this lifetime. I intend to embrace the breath of life in support of my ascension "home". I intend to become the dreamer and the dream."*



**Under stimulation of the lungs** leads to degeneration of the bronchial channels which can lead to bouts of bronchitis or asthma over time. The thought-form behind under stimulation of the lungs is *"I do not breathe or shallow breathe to avoid the pain that I am in."* The Language of Light thought-form useful for transmutation is *"I intend to ground fully into my body and to the Earth Mother. I intend to release the pain through the transmutative process of ascension."*

## **DIAPHRAM**

**Over stimulation of the diaphragm** can lead to cancer in this region over time. The thought-form behind over stimulation of the diaphragm is *"I must produce enough to support others. I must be the bread winner."* The Language of Light thought-form useful for transmutation is *"I intend balanced giving and receiving in the dance of life."*

**Under stimulation of the diaphragm** can lead to an inability to develop the crystalline diaphragm and "Buddha belly" in ascension. The thought-form behind under stimulation of the diaphragm is *"I do not want to get fat. I like my body as it is. I resist the growth of the body associated with ascension."* The Language of Light thought-form useful for transmutation is *"I intend to allow all the physical changes necessary to my evolutionary journey home. I intend to allow myself to eat all that I need to provide the necessary nutrients to my ascending biology."*

## **SKELETAL STRUCTURE**

### **CRANIUM**

**Over stimulation of the cranium** leads to those who seek to understand thought-form beyond the level of truth projected through the collective human consensus. Those of this nature may also seek a spiritual path and ascend. The thought-form behind over stimulation of the cranium is *"I seek a higher purpose."* The Language of Light thought-form useful for transmutation is *"I intend to ascend and develop the cranium to receive the Language of Light and language of one thought-form."*

**Under stimulation of the cranium** leads to lack of an ability to understand spiritual concepts. The thought-form behind under stimulation of the cranium is *"I am confused and lost. I cannot find my way. I seek a savior or guru to guide me."* The Language of Light thought-form useful for transmutation is *"I intend to become god goddess in form. I intend to discern my own truth and path."*

### **JOINTS**

**Over stimulation of the joints** can lead to inflammation over time and the symptoms of arthritis or gout. The thought-form behind over stimulation of the joints is *"I am rigid and prefer not to change."* The Language of Light thought-form useful for transmutation is *"I intend to embrace all the necessary changes that completion of karma creates in ascension."*

**Under stimulation of the joints** leads to other forms of arthritis that are related to deterioration of the region. The thought-form behind under stimulation of the joints is *"I feel disconnected. I do not feel connected to Earth or to my soul."* The Language of Light thought-form useful for transmutation is *"I intend to learn to commune with body, soul and Earth."*

## **SPINAL COLUMN**

**Over stimulation of the spinal column** can cause epileptic seizures. The thought-form behind over stimulation of the spinal column is *"I am overwhelmed by life. I leave my body to such a degree that anything and everything can enter my field and form."* The Language of Light thought-form useful for transmutation is *"I intend to learn to ground fully into my body and to the core of the Earth Mother. I intend to take responsibility for the physical vessel that I have created."*

**Under stimulation of the spinal column** leads to deterioration of the spine which can cause back pain and "slipped disks" over time. The thought-form behind under stimulation of the spinal column is *"I am rigid in my beliefs. I believe that I know the truth."* The Language of Light thought-form useful for transmutation is *"I intend to allow my thought-form to evolve through ascension. I intend to master the Language of Light to the degree I can in this lifetime and release all fear based beliefs."*

## **TEETH AND JAW**

**Over stimulation of the teeth and jaw** can cause tension that leads to grinding the teeth at night. The thought-form behind over stimulation of the teeth and jaw is *"I must keep my truth to myself. I watch but do not say anything."* The Language of Light thought-form useful for transmutation is *"I intend to embody my ascending truth in action. I intend to speak my truth and stand in my power in the dance of life."*

**Under stimulation of the teeth and jaw** leads to deterioration of the region and can cause excessive cavities or the loss of all teeth over time and the choice to wear dentures. The thought-form behind under stimulation of the teeth and jaw is *"I am in fear of speaking my truth. I tell others what they wish to hear."* The Language of Light thought-form useful for transmutation is *"I intend to embody my ascending truth in action. I intend to speak my truth and stand in my power in the dance of life."*

## SENSORY PERCEPTION

### EYES

**Over stimulation of the eyes** leads to flat eyes and a far sited state of being due to too much stimulation of the muscles that surround the eyes. Over time over stimulation can harden the eyes leading to the development of cataracts. The thought-form behind over stimulation of the eyes is ***"I do not wish to see the details. I prefer the big picture."*** The Language of Light thought-form useful for transmutation is ***"I intend to see the details along with the larger picture so that each layer of patterns and thought-form can be transmuted in ascension."***

**Under stimulation of the eyes** leads to eyes that are too round as the muscles do not receive enough stimulation. This leads to a state of near sightedness. The thought-form behind under stimulation of the eyes is ***"I become lost in the details and miss the larger picture in the dance of life."*** The Language of Light thought-form useful for transmutation is ***"I intend to perceive the larger picture so that the spiritual lessons can be better understood for the purposes of forgiveness of my karma in ascension."***

### EARS

**Over stimulation of the ears** leads to hearing sounds that may be nonphysical but in the physical, such as ringing in the ears. The thought-form behind over stimulation of the ears is ***"I want to hear everything. I do not wish to miss anything."*** The Language of Light thought-form useful for transmutation is ***"I intend to only hear that which resonates with my ascending truth in action and my purpose in the dance of life."***

**Under stimulation of the ears** will lead to deterioration over time and becoming hard of hearing in old age. Sometimes the ears will also develop infections due to yeast or other bacteria that grow in the region. The thought-form behind under stimulation of the ears is ***"I do not want to hear what I do not believe in."*** The Language of Light thought-form useful for transmutation is ***"I intend to hear all that I need to understand so that I can learn my spiritual lessons this lifetime."***

### NOSE

**Over stimulation of the nose** leads to smelling nonphysical odors in the physical. The thought-form behind over stimulation of the nose is ***"I want to smell everything."*** The Language of Light thought-form useful for transmutation is ***"I intend to smell what I need to smell so that the taste of my food can be beautiful. I intend to release those entities that smell bad and embrace those that smell sweet."***

**Under stimulation of the nose** leads to one who may not smell at all and do not taste their food much. *"I do not want to smell the deterioration and death around me."* The Language of Light thought-form useful for transmutation is *"I intend to transmute the decay so that the smell and taste becomes sweet and pleasant to experience. I intend to taste and enjoy my food that I eat to nurture my ascending body."*

## SKIN

**Over stimulation of the skin** leads to one who is very sensitive to the touch. Over stimulation can also create acne or breakouts upon the skin such as psoriasis. The thought-form behind over stimulation of the skin is *"I want to feel everything."* The Language of Light thought-form useful for transmutation is *"I intend to feel only what I need to feel in order to ascend before the energetic stuck points manifest as physical disease."*

**Under stimulation of the skin** leads to one who may not feel the energetic stuck points enough in ascension to clear them before manifesting a physical ailment. The thought-form behind under stimulation of the skin is *"I do not want to feel as it is too painful."* The Language of Light thought-form useful for transmutation is *"I intend to feel what I need to feel in order to ascend before the energetic stuck points manifest as physical disease."*

## SCALP AND HAIR

**Over stimulation of the scalp** leads to baldness over time. The thought-form behind over stimulation of the scalp is *"I want to know everything."* The Language of Light thought-form useful for transmutation is *"I intend to know only what I require knowing in order to learn my spiritual lessons and forgive my karma and ascend in this lifetime."*

**Under stimulation of the scalp** leads to loss of hair color over time. The thought-form behind under stimulation of the skin is *"I do not want to know too much. I will get into trouble if I know too much."* The Language of Light thought-form useful for transmutation is *"I intend to know what I require knowing in order to learn my spiritual lessons and forgive my karma and ascend this lifetime."*

## SUMMARY

We hope you have enjoyed our journey through physical ailment and thought-form or algorithms for disease. The important part in it all is to remember that the physical patterning associated with over or under stimulation in any part of the nervous system can be edited and changed through ascension in order to minimize hot or cold spots throughout the body. This we will focus upon in the worksheet section of this chapter.

You may also notice in reading the above information that you resonate with many of the thought-forms that are associated with particular over or under stimulation. It is these thought-forms that cause cold or hot spots in the energetic dynamics of ascending fields. Intending to transmute the thought-forms and integrate the Language of Light in their place will have the affect of evening out and balancing out the temperature and field rotation. The more balanced the field rotation, the easier it is to expand the field each initiation to be taken ahead.

We hope you have found this information of use upon your continued journey of ascension.

Namaste  
Earth Mother





*Polar Bear and Cubs by Anne Collins*



# CHAPTER 4 WORKSHEET

## *Transcending Imbalance*

### *Assessing Algorithmic Patterns of Disease*

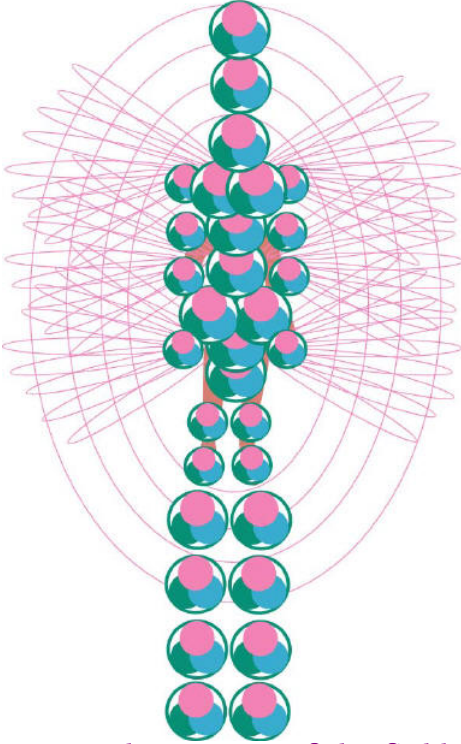
The Earth Mother through Karen Danrich "Mila" and Thomas Weber "Oa"  
December 6, 2006

## QUESTIONS FROM THE MATERIALS

<p><b>1. When was the last time you recall taking an initiation in your ascension to date?</b></p> <p><i>How did the initiation feel or what was your experience of an expansion of field?</i></p> <p><i>Generally as the field expands, you will feel energized and sometimes even blissful or peaceful for up to a few hours or more.</i></p>	<hr/> <hr/> <hr/> <hr/> <p><i>I intend to take initiations every 500 to 800 strands embodied in the etheric.</i></p> <p><i>I intend that each genetic modification made in the etheric steps down to physicality in full.</i></p> <p><i>I intend a complete ascension with cycles of expansion of field, genetic modifications to the crystalline form in the etheric, and then genetic modifications to the crystalline genetic structure in the physical.</i></p>
<p><b>NOTES</b></p>	

<p><b>2. Is there a gap of more than 100 strands between the vibration of the physical and etheric vessel in certain parts of the body?</b></p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><i>I intend that all parts of the physical and nonphysical ascension occur in syncopation with one another.</i></p> <p><i>I intend that no gap is created of more than 100 strands of DNA between the etheric and physical vessel and in each part of the biology.</i></p> <p><i>I intend that any gaps uncovered are corrected by bringing the entire genetic crystalline blueprint from the etheric down to the physical in all regions of the body.</i></p>	<p><b><input type="checkbox"/> Nervous System</b>  <input type="checkbox"/> Brain <input type="checkbox"/> Brainstem <input type="checkbox"/> Spinal Column  <input type="checkbox"/> Spinal Cord <input type="checkbox"/> Nerves <input type="checkbox"/> Pineal Gland  <input type="checkbox"/> Pituitary Gland</p> <p><b><input type="checkbox"/> Breath of Life</b>  <input type="checkbox"/> Lungs <input type="checkbox"/> Diaphragm <input type="checkbox"/> Rib Cage</p> <p><b><input type="checkbox"/> Digestion and Waste Management</b>  <input type="checkbox"/> Esophagus <input type="checkbox"/> Stomach <input type="checkbox"/> Small Intestine  <input type="checkbox"/> Large Intestine <input type="checkbox"/> Gall Bladder <input type="checkbox"/> Kidneys  <input type="checkbox"/> Bladder</p> <p><b><input type="checkbox"/> Circulatory System</b>  <input type="checkbox"/> Heart <input type="checkbox"/> Lymph Nodes <input type="checkbox"/> Veins <input type="checkbox"/> Lymph  <input type="checkbox"/> Spleen <input type="checkbox"/> Bone Marrow</p> <p><b><input type="checkbox"/> Reproduction or Regeneration</b>  <input type="checkbox"/> Uterus <input type="checkbox"/> Ovaries <input type="checkbox"/> Testes  <input type="checkbox"/> Regeneration Glands</p> <p><b><input type="checkbox"/> Metabolism</b>  <input type="checkbox"/> Thyroid <input type="checkbox"/> Thymus <input type="checkbox"/> Pancreas <input type="checkbox"/> Liver</p> <p><b><input type="checkbox"/> Sensory Organs</b>  <input type="checkbox"/> Skin <input type="checkbox"/> Eyes <input type="checkbox"/> Ears <input type="checkbox"/> Nose <input type="checkbox"/> Mouth</p> <p><b><input type="checkbox"/> Body Structure</b>  <input type="checkbox"/> Muscles <input type="checkbox"/> Bones  <input type="checkbox"/> Head <input type="checkbox"/> Neck  <input type="checkbox"/> Right Shoulder <input type="checkbox"/> Left Shoulder  <input type="checkbox"/> Right Arm <input type="checkbox"/> Right Elbow <input type="checkbox"/> Right Hand  <input type="checkbox"/> Right Leg <input type="checkbox"/> Right Knee <input type="checkbox"/> Right Foot  <input type="checkbox"/> Left Arm <input type="checkbox"/> Left Elbow <input type="checkbox"/> Left Hand  <input type="checkbox"/> Left Leg <input type="checkbox"/> Left Knee <input type="checkbox"/> Left Foot  <input type="checkbox"/> Chest <input type="checkbox"/> Solar Plexus <input type="checkbox"/> Hips</p>
<p><b>What Language of Light tones, minerals or herbs would be useful to assist in healing the gaps between my physical and nonphysical ascension to date?</b></p>	<hr/> <hr/> <hr/> <hr/> <hr/>

EXPANDED FIELD WITH SPACE BETWEEN REDUCED TO 25%



3. Are there parts of the field that tend to wobble recurrently as they are under developed?

*I intend to develop each chakra, subtle body and energy system to the proper blueprint and size given my level of evolution to date.*

*I intend to create a balanced field where each chakra, subtle body and energy system is sustained at the right size and parallel pace of rotation syncopated unto the heartbeat of Earth.*

### Chakra System

- ☐ Small Chakras inside the etheric body
- ☐ Regeneration chakras
- ☐ Grounding Chakras
- ☐ Root chakra
- ☐ Pelvic Chakra
- ☐ Pelvic Lotus
- ☐ Power Chakra
- ☐ Diaphragm chakra
- ☐ Heart Chakra
- ☐ Heart Lotus
- ☐ Communication chakra
- ☐ Dream weaving chakra
- ☐ Pituitary chakra
- ☐ Pineal chakra
- ☐ Crown Chakra
- ☐ Source connection chakras

### Subtle Bodies

- ☐ Mental Body
- ☐ Emotional Body
- ☐ Intuitive Body
- ☐ Creative Body

### Energetic Systems

- ☐ Breath of Life System
- ☐ Sexual Energy Flow
- ☐ Digestive System
- ☐ Dreamtime Self

**What Language of Light tones, minerals or herbs would be useful to assist in correcting wobbles in my field?**

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<p><b>4. What parts of the energy field do I tend to lose the easiest leading to extreme wobbles and "bad ascension days"?</b></p> <p><i>I intend to retain the space between to 25% or less to prevent the loss of large moving energy systems in a karmic encounter.</i></p> <p><i>I intend to release all karma within my ancestry that has caused one to give another large moving energy systems or chakras to sustain or extend the life of another.</i></p> <p><i>I intend to develop a solid moving energy field that is stable and supports my continued ascent.</i></p>	<p><b>___ Chakra System</b></p> <p>___ Small Chakras inside the etheric body</p> <p>___ Regeneration chakras</p> <p>___ Grounding Chakras</p> <p>___ Root chakra</p> <p>___ Pelvic Chakra</p> <p>___ Pelvic Lotus</p> <p>___ Power Chakra</p> <p>___ Diaphragm chakra</p> <p>___ Heart Chakra</p> <p>___ Heart Lotus</p> <p>___ Communication chakra</p> <p>___ Dream weaving chakra</p> <p>___ Pituitary chakra</p> <p>___ Pineal chakra</p> <p>___ Crown Chakra</p> <p>___ Source connection chakras</p> <p><b>___ Subtle Bodies</b></p> <p>___ Mental Body</p> <p>___ Emotional Body</p> <p>___ Intuitive Body</p> <p>___ Creative Body</p> <p><b>___ Energetic Systems</b></p> <p>___ Breath of Life System</p> <p>___ Sexual Energy Flow</p> <p>___ Digestive System</p>
<p><b>What Language of Light tones, minerals or herbs would be useful to assist me in balancing my field enough not to create extreme wobbles through loss of moving energy systems?</b></p>	<hr/> <hr/> <hr/> <hr/>

<p><b>5. Do I tend to split in time?</b></p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>	<p><i>I intend to learn to sit in present time.</i></p> <p><i>I intend to learn to retain my charkas in the center of my field and aligned above one another from the grounding beneath to the source connection above.</i></p> <p><i>I intend to develop my breath of life energy system to assist in retaining me in present time each day and all day long.</i></p>
<p><b>What Language of Light tones, minerals or herbs would be useful to assist me in ceasing to splinter in time?</b></p>	<hr/> <hr/> <hr/> <hr/>
<p><b>NOTES</b></p>	

<p><b>6. Have I developed my Breath of Life energy system?</b></p> <p><i>I intend to develop my breath of life energy system.</i></p> <p><i>I intend to research my ancestry and pull forward information on the breath of life system from my crystalline inheritance.</i></p> <p><i>I intend to remember to take a deep breath every five minutes to support retaining my field in present time and spinning as it should to sustain my vibration.</i></p> <p><i>I intend to remain in the NOW with past karma in the past and future karma in the future.</i></p> <p><i>I intend to erase all past karma that I have transcended in my ascent to date.</i></p> <p><i>I intend to erase all past energy patterns and algorithms that I have transcended in my ascent to date.</i></p>	<p><b>What Language of Light tones, minerals or herbs would be useful in developing my breath of life energy system?</b></p> <hr/> <hr/> <hr/> <hr/> <div data-bbox="829 690 1143 766" data-label="Section-Header"> <p><b>BREATH OF LIFE FRONT VIEW</b></p> </div> <div data-bbox="876 821 1104 1444" data-label="Image"> </div> <div data-bbox="634 1482 1333 1549" data-label="Text"> <p><b>3 BREATH OF LIFE CHAKRAS DEVELOPE IN FRONT AND 3 IN THE BACK (by 3000 strands)</b></p> </div>
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<p><b>7. Have I developed a land based Kundahlini that assists in stabilizing my field in the event of a severe wobble?</b></p>	<p><i>I intend to develop my land based kundahlini energy system.</i></p> <p><i>I intend to research my Polynesian ancestry and pull forward information on the land based kundahlini system from my crystalline inheritance.</i></p>
<p><b>What Language of Light tones, minerals or herbs would be useful to assist me developing a land based kundahlini system?</b></p>	<hr/> <hr/> <hr/> <hr/>

<p><b>8. What parts of the etheric body do I host a large enough amount of scar tissue to create an energetic wobble in my field?</b></p> <p><i>I intend to release each large pocket of scar tissue within my etheric vessel.</i></p> <p><i>I intend to release the emotional scarring associated.</i></p> <p><i>I intend to research the ancestors related to the emotional scars from this lifetime and release the karma associated.</i></p> <p><i>I intend to transmute the scar tissue to the physical bringing in new healthy crystalline cellular structure in its place.</i></p> <p><i>I intend to understand and forgive all the spiritual lessons surrounding the karma stored within the scar tissue of my biology.</i></p>	<p><b>___ Nervous System</b>          ___ Brain ___ Brainstem ___ Spinal Column          ___ Spinal Cord ___ Nerves ___ Pineal Gland          ___ Pituitary Gland</p> <p><b>___ Breath of Life</b>          ___ Lungs ___ Diaphragm ___ Rib Cage</p> <p><b>___ Digestion and Waste Management</b>          ___ Esophagus ___ Stomach ___ Small Intestine          ___ Large Intestine ___ Gall Bladder ___ Kidneys          ___ Bladder</p> <p><b>___ Circulatory System</b>          ___ Heart ___ Lymph Nodes ___ Veins ___ Lymph          ___ Spleen ___ Bone Marrow</p> <p><b>___ Reproduction or Regeneration</b>          ___ Uterus ___ Ovaries ___ Testes          ___ Regeneration Glands</p> <p><b>___ Metabolism</b>          ___ Thyroid ___ Thymus ___ Pancreas ___ Liver</p> <p><b>___ Sensory Organs</b>          ___ Skin ___ Eyes ___ Ears ___ Nose ___ Mouth</p> <p><b>___ Body Structure</b>          ___ Muscles ___ Bones          ___ Head ___ Neck          ___ Right Shoulder ___ Left Shoulder          ___ Right Arm ___ Right Elbow ___ Right Hand          ___ Right Leg ___ Right Knee ___ Right Foot          ___ Left Arm ___ Left Elbow ___ Left Hand          ___ Left Leg ___ Left Knee ___ Left Foot          ___ Chest ___ Solar Plexus ___ Hips</p>
<p><b>What Language of Light tones, minerals or herbs would be useful to assist me in transmuting biological scar tissue?</b></p>	<p>_____</p> <p>_____</p> <p>_____</p>

## ASSESSING DISEASE ALGORITHMS

**1. What parts of the body are severely over-stimulated creating a hot spot in which the molecular structure combusts? Generally you will find one to four extreme hot spots associated with your current genealogy.**

*I intend to release the karma for how the nervous system causes hot spots.*

*I intend to research my ancestry for genetic information that hosts balance in the nerves that over fire over the course of any given day.*

*I intend to erase and replace the DNA in the nervous system associated with each hot spot in my body.*

*I intend to integrate in its place DNA that allows for balanced energy flow through the nerves to each part of my biology.*

*I intend to erase each associated algorithms and thought-forms associated with each hot spot.*

*I intend to dissipate any disease machinery or programming associated with my biological hot spots. (See Chapter 3 for more information on deprogramming.)*

*I intend to integrate the Language of Light thought-form in lieu of the thought-form associated with each hot spot.*

### ☐ BRAIN

☐ Left Lobe ☐ Right Lobe  
☐ Corpus Collosum ☐ Pain Pleasure Center

### ☐ BRAIN STEM AND NERVOUS SYSTEM

☐ Brainstem ☐ Nervous System

### ☐ ENDOCRINE SYSTEM

☐ Pituitary Gland ☐ Pineal Gland

### ☐ IMMUNE SYSTEM

☐ Lymph Nodes ☐ Spleen

### ☐ CIRCULATORY SYSTEM

☐ Heart ☐ Veins and Arteries ☐ Bone Marrow

### ☐ METABOLISM

☐ Thyroid ☐ Adrenal Glands ☐ Pancreas

### ☐ DIGESTIVE SYSTEM

☐ Esophagus ☐ Stomach ☐ Gall Bladder

### ☐ WASTE MANAGEMENT

☐ Intestines ☐ Kidneys ☐ Bladder ☐ Liver

### ☐ REGENERATION SYSTEM

☐ Thymus ☐ Regeneration Glands

### ☐ REPRODUCTIVE SYSTEM

☐ Uterus ☐ Ovaries ☐ Breasts ☐ Prostate

### ☐ RESPIRATORY SYSTEM

☐ Lungs ☐ Diaphragm

### ☐ SKELETAL STRUCTURE

☐ Cranium ☐ Joints ☐ Spinal Column ☐ Teeth and Jaw

### ☐ SENSORY PERCEPTION

☐ Eyes ☐ Ears ☐ Nose ☐ Skin

### ☐ SCALP AND HAIR

☐ Scalp

<p><b>2. What thought-form is associated with each “hot spot” and what Language of Light thought-form aids in the transmutation process?</b></p> <p><i>I intend to transmute all thought-form, programming and patterning that are related to the fear based thoughts associated with each hot spot in my biology.</i></p> <p><i>I intend to integrate the necessary Language of Light in the transmutation of each hot spot within my body.</i></p>	<p>1. Thought-Form _____  Language of Light _____</p> <p>2. Thought-Form _____  Language of Light _____</p> <p>3. Thought-Form _____  Language of Light _____</p> <p>4. Thought-Form _____  Language of Light _____</p>
<p><b>3. What herbs or minerals are useful in the integration of new genetic material to balance out the hot spots in my biology?</b></p>	<p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>
<p><b>NOTES</b></p>	

<p><b>4. Are any of the above “Hot Spots” really not of my own sincere inheritance or ancestral karma to experience?</b></p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><b>Which Ones?</b> _____</p> <p><i>Sometimes humans trade disease algorithms. Sometimes some humans may take on the disease algorithms for 2 to 30 or more others. Those that do so tend to become very ill over time as the karma is not really one’s own to release.</i></p>	<p><i>I intend to cancel all algorithms and return to their source of origin all disease machinery that creates hot spots and that are not of my sincere inheritance.</i></p> <p><i>I intend to return all karma and associated thought-form for any disease algorithm that is not a sincerely part of my inheritance.</i></p> <p><i>I intend to release my ancestral karma for taking on the disease algorithms of others.</i></p> <p><i>I intend to forgive my ancestors for taking on the disease algorithms of others</i></p>
<p><b>5. Have I given my karma and algorithms for yet other hot spots to others?</b></p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><b>Which Ones?</b> _____</p> <p><i>At this time of ascension, it is important to transmute all thought-form patterns related to imbalance within the body. Because you can transmute your own patterning, there is no need to give your karma or thought-form away to another to experience.</i></p>	<p><i>I intend to retrieve all my algorithms and disease machinery that create hot spots and intend to transmute them in full.</i></p> <p><i>I intend to retrieve all karma and associated thought-form for any disease algorithm that is a sincere part of my inheritance and transmute it in full.</i></p> <p><i>I intend to release my ancestral karma for giving disease algorithms to others.</i></p> <p><i>I intend to forgive my ancestors for giving disease algorithms to others</i></p>
<p><b>6. How many algorithms do I run in my field that causes excessive energy to be sent into the crown or third eye chakra regions, leading to over stimulation and hot spots in the body?</b></p> <p># Algorithms _____</p>	<p><i>I intend to erase all algorithms in my field that create excessive energy in the crown and third eye region.</i></p> <p><i>I intend to research my ancestry for algorithms that cause balanced energy flow to the crown and third eye.</i></p> <p><i>I intend to integrate the new algorithms that lead to a more overall balance in energy flow.</i></p>

**7. What parts of the body are severely under-stimulated creating a cold spot in which the body may decay?**

*Generally you will find one to four extreme cold spots associated with your current genealogy.*

*I intend to release the karma for how the nervous system causes cold spots.*

*I intend to research my ancestry for genetic information that hosts balance in the nerves that under fire over the course of any given day.*

*I intend to erase and replace the DNA in the nervous system associated with each cold spot in my body.*

*I intend to integrate in its place DNA that allows for balanced energy flow through the nerves to each part of my biology.*

*I intend to erase each associated algorithm and thought-form associated with each cold spot.*

*I intend to dissipate any disease machinery or programming associated with my biological cold spots. (See Chapter 3 for more information on deprogramming.)*

*I intend to integrate the Language of Light thought-form in lieu of the thought-form associated with each cold spot.*

**\_\_\_ BRAIN**

\_\_\_ Left Lobe \_\_\_ Right Lobe  
\_\_\_ Corpus Collosum \_\_\_ Pain Pleasure Center

**\_\_\_ BRAIN STEM AND NERVOUS SYSTEM**

\_\_\_ Brainstem \_\_\_ Nervous System

**\_\_\_ ENDOCRINE SYSTEM**

\_\_\_ Pituitary Gland \_\_\_ Pineal Gland

**\_\_\_ IMMUNE SYSTEM**

\_\_\_ Lymph Nodes \_\_\_ Spleen

**\_\_\_ CIRCULATORY SYSTEM**

\_\_\_ Heart \_\_\_ Veins and Arteries \_\_\_ Bone Marrow

**\_\_\_ METABOLISM**

\_\_\_ Thyroid \_\_\_ Adrenal Glands \_\_\_ Pancreas

**\_\_\_ DIGESTIVE SYSTEM**

\_\_\_ Esophagus \_\_\_ Stomach \_\_\_ Gall Bladder

**\_\_\_ WASTE MANAGEMENT**

\_\_\_ Intestines \_\_\_ Kidneys \_\_\_ Bladder \_\_\_ Liver

**\_\_\_ REGENERATION SYSTEM**

\_\_\_ Thymus \_\_\_ Regeneration Glands

**\_\_\_ REPRODUCTIVE SYSTEM**

\_\_\_ Uterus \_\_\_ Ovaries \_\_\_ Breasts \_\_\_ Prostate

**\_\_\_ RESPIRATORY SYSTEM**

\_\_\_ Lungs \_\_\_ Diaphragm

**\_\_\_ SKELETAL STRUCTURE**

\_\_\_ Cranium \_\_\_ Joints \_\_\_ Spinal Column \_\_\_ Teeth and Jaw

**\_\_\_ SENSORY PERCEPTION**

\_\_\_ Eyes \_\_\_ Ears \_\_\_ Nose \_\_\_ Skin

**\_\_\_ SCALP AND HAIR**

\_\_\_ Scalp



<p><b>8. What thought-form is associated with each “cold spot” and what Language of Light thought-form aids in the transmutation process?</b></p> <p><i>I intend to transmute all thought-form, programming and patterning that are related to the fear based thoughts associated with each cold spot in my biology.</i></p> <p><i>I intend to integrate the necessary Language of Light in the transmutation of each cold spot within my body.</i></p>	<p>1. Thought-Form _____ Language of Light _____</p> <p>2. Thought-Form _____ Language of Light _____</p> <p>3. Thought-Form _____ Language of Light _____</p> <p>4. Thought-Form _____ Language of Light _____</p>
<p><b>9. What herbs or minerals are useful in the integration of new genetic material to balance out the cold spots in my biology?</b></p>	<p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>
<p><b>NOTES</b></p>	

<p><b>10. Are any of the above “Cold Spots” really not of my own sincere inheritance or ancestral karma to experience?</b></p> <p><b>___Yes ___No</b></p> <p><b>Which Ones?</b> _____</p> <p><i>Sometimes humans trade disease algorithms. Sometimes some humans may take on the disease algorithms for 2 to 30 or more others. Those that do so tend to become very ill over time as the karma is not really one’s own to release.</i></p>	<p><i>I intend to cancel all algorithms and return to their source of origin all disease machinery that creates cold spots and that are not of my sincere inheritance.</i></p> <p><i>I intend to return all karma and associated thought-form for any disease algorithm that is not a sincerely part of my inheritance.</i></p> <p><i>I intend to release my ancestral karma for taking on the disease algorithms of others.</i></p> <p><i>I intend to forgive my ancestors for taking on the disease algorithms of others</i></p>
<p><b>11. Have I given my karma and algorithms for yet other cold spots to others?</b></p> <p><b>___Yes ___No</b></p> <p><b>Which Ones?</b> _____</p> <p><i>At this time of ascension, it is important to transmute all thought-form patterns related to imbalance within the body. Because you can transmute your own patterning, there is no need to give your karma or thought-form away to another to experience.</i></p>	<p><i>I intend to retrieve all my algorithms and disease machinery that create cold spots and intend to transmute them in full.</i></p> <p><i>I intend to retrieve all karma and associated thought-form for any disease algorithm that is a sincere part of my inheritance and transmute it in full.</i></p> <p><i>I intend to release my ancestral karma for giving disease algorithms to others.</i></p> <p><i>I intend to forgive my ancestors for giving disease algorithms to others</i></p>
<p><b>12. How many algorithms do I run in my field that causes not enough energy to be sent into the crown or third eye chakra regions, leading to under stimulation and cold spots in the body?</b></p> <p><b># Algorithms</b>_____</p>	<p><i>I intend to erase all algorithms in my field that create not enough energy movement in the crown and third eye region.</i></p> <p><i>I intend to research my ancestry for algorithms that cause balanced energy flow to the crown and third eye.</i></p> <p><i>I intend to integrate the new algorithms that lead to a more overall balance in energy flow.</i></p>

<p><b>13. What parts of the body tend to run medium hot hosting too much fire element, but not extreme enough to cause combustion of the molecular structure?</b></p> <p><i>I intend to release the karma for how the nervous system causes medium sized hot spots.</i></p> <p><i>I intend to research my ancestry for genetic information that hosts balance in the nerves that over fire over the course of any given day.</i></p> <p><i>I intend to erase and replace the DNA in the nervous system associated with each medium hot spot in my body.</i></p> <p><i>I intend to integrate in its place DNA that allows for balanced energy flow through the nerves to each part of my biology.</i></p> <p><i>I intend to erase each associated algorithm and thought-form associated with each medium hot spot.</i></p> <p><i>I intend to integrate the Language of Light thought-form in lieu of the thought-form associated with each medium hot spot.</i></p>	<p><b>___ BRAIN</b>          ___ Left Lobe ___ Right Lobe          ___ Corpus Collosum ___ Pain Pleasure Center</p> <p><b>___ BRAIN STEM AND NERVOUS SYSTEM</b>          ___ Brainstem ___ Nervous System</p> <p><b>___ ENDOCRINE SYSTEM</b>          ___ Pituitary Gland ___ Pineal Gland</p> <p><b>___ IMMUNE SYSTEM</b>          ___ Lymph Nodes ___ Spleen</p> <p><b>___ CIRCULATORY SYSTEM</b>          ___ Heart ___ Veins and Arteries ___ Bone Marrow</p> <p><b>___ METABOLISM</b>          ___ Thyroid ___ Adrenal Glands ___ Pancreas</p> <p><b>___ DIGESTIVE SYSTEM</b>          ___ Esophagus ___ Stomach ___ Gall Bladder</p> <p><b>___ WASTE MANAGEMENT</b>          ___ Intestines ___ Kidneys ___ Bladder ___ Liver</p> <p><b>___ REGENERATION SYSTEM</b>          ___ Thymus ___ Regeneration Glands</p> <p><b>___ REPRODUCTIVE SYSTEM</b>          ___ Uterus ___ Ovaries ___ Breasts ___ Prostate</p> <p><b>___ RESPIRATORY SYSTEM</b>          ___ Lungs ___ Diaphragm</p> <p><b>___ SKELETAL STRUCTURE</b>          ___ Cranium ___ Joints ___ Spinal Column ___ Teeth and Jaw</p> <p><b>___ SENSORY PERCEPTION</b>          ___ Eyes ___ Ears ___ Nose ___ Skin</p> <p><b>___ SCALP AND HAIR</b>          ___ Scalp</p>
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<p><b>14. What thought-form is associated with each “medium hot spot” and what language of light thought-form aids in the transmutation process?</b></p> <p><i>I intend to transmute all thought-form, programming and patterning that are related to the fear based thoughts associated with each medium hot spot in my biology.</i></p> <p><i>I intend to integrate the necessary Language of Light in the transmutation of each medium hot spot within my body.</i></p>	<p>1. Thought-Form _____</p> <p>Language of Light _____</p> <p>2. Thought-Form _____</p> <p>Language of Light _____</p> <p>3. Thought-Form _____</p> <p>Language of Light _____</p> <p>4. Thought-Form _____</p> <p>Language of Light _____</p>
<p><b>15. What herbs or minerals are useful in the integration of new genetic material to balance out the medium hot spots in my biology?</b></p>	<p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>
<p><b>NOTES</b></p>	

<p><b>16. Are any of the above “Medium Hot Spots” really not of my own sincere inheritance or ancestral karma to experience?</b></p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><b>Which Ones?</b> _____</p>	<p><i>I intend to cancel all algorithms that are not my own that creates medium hot spots and return them to their source of origin.</i></p> <p><i>I intend to return all karma and associated thought-form for any algorithm associated with a medium hot spot that is not a sincerely part of my inheritance.</i></p> <p><i>I intend to release my ancestral karma for taking on the algorithms of others.</i></p> <p><i>I intend to forgive my ancestors for taking on the algorithms of others</i></p>
<p><b>17. Have I given my karma and algorithms for yet other medium hot spots to others?</b></p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><b>Which Ones?</b> _____</p>	<p><i>I intend to retrieve all my algorithms that create medium hot spots and intend to transmute them in full.</i></p> <p><i>I intend to retrieve all karma and associated thought-form for any medium hot spot that is a sincere part of my inheritance and transmute it in full.</i></p> <p><i>I intend to release my ancestral karma for giving algorithms to others.</i></p> <p><i>I intend to forgive my ancestors for giving algorithms to others</i></p>
<p><b>18. How many algorithms do I run in my field that causes somewhat excessive energy to be sent into the crown or third eye chakra regions, leading to too much stimulation and medium hot spots in the body?</b></p> <p># Algorithms _____</p>	<p><i>I intend to erase all algorithms in my field that create mildly excessive energy in the crown and third eye region.</i></p> <p><i>I intend to research my ancestry for algorithms that cause balanced energy flow to the crown and third eye.</i></p> <p><i>I intend to integrate the new algorithms that lead to a more overall balance in energy flow.</i></p>

<p><b>19. What parts of the body tend to run medium cold hosting too much water element, but not extreme enough to cause decay or disease in the body?</b></p> <p><i>I intend to release the karma for how the nervous system causes medium sized cold spots.</i></p> <p><i>I intend to research my ancestry for genetic information that hosts balance in the nerves that under fire over the course of any given day.</i></p> <p><i>I intend to erase and replace the DNA in the nervous system associated with each medium cold spot in my body.</i></p> <p><i>I intend to integrate in its place DNA that allows for balanced energy flow through the nerves to each part of my biology.</i></p> <p><i>I intend to erase each associated algorithm and thought-form associated with each medium cold spot.</i></p> <p><i>I intend to integrate the Language of Light thought-form in lieu of the thought-form associated with each medium cold spot.</i></p>	<p><b>___ BRAIN</b>          ___ Left Lobe ___ Right Lobe          ___ Corpus Collosum ___ Pain Pleasure Center</p> <p><b>___ BRAIN STEM AND NERVOUS SYSTEM</b>          ___ Brainstem ___ Nervous System</p> <p><b>___ ENDOCRINE SYSTEM</b>          ___ Pituitary Gland ___ Pineal Gland</p> <p><b>___ IMMUNE SYSTEM</b>          ___ Lymph Nodes ___ Spleen</p> <p><b>___ CIRCULATORY SYSTEM</b>          ___ Heart ___ Veins and Arteries ___ Bone Marrow</p> <p><b>___ METABOLISM</b>          ___ Thyroid ___ Adrenal Glands ___ Pancreas</p> <p><b>___ DIGESTIVE SYSTEM</b>          ___ Esophagus ___ Stomach ___ Gall Bladder</p> <p><b>___ WASTE MANAGEMENT</b>          ___ Intestines ___ Kidneys ___ Bladder ___ Liver</p> <p><b>___ REGENERATION SYSTEM</b>          ___ Thymus ___ Regeneration Glands</p> <p><b>___ REPRODUCTIVE SYSTEM</b>          ___ Uterus ___ Ovaries ___ Breasts ___ Prostate</p> <p><b>___ RESPIRATORY SYSTEM</b>          ___ Lungs ___ Diaphragm</p> <p><b>___ SKELETAL STRUCTURE</b>          ___ Cranium ___ Joints ___ Spinal Column ___ Teeth and Jaw</p> <p><b>___ SENSORY PERCEPTION</b>          ___ Eyes ___ Ears ___ Nose ___ Skin</p> <p><b>___ SCALP AND HAIR</b>          ___ Scalp</p>
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<p><b>20. What thought-form is associated with each “medium cold spot” and what Language of Light thought-form aids in the transmutation process?</b></p> <p><i>I intend to transmute all thought-form, programming and patterning that are related to the fear based thoughts associated with each medium cold spot in my biology.</i></p> <p><i>I intend to integrate the necessary Language of Light in the transmutation of each medium cold spot within my body.</i></p>	<p>1. Thought-Form _____</p> <p>Language of Light _____</p> <p>2. Thought-Form _____</p> <p>Language of Light _____</p> <p>3. Thought-Form _____</p> <p>Language of Light _____</p> <p>4. Thought-Form _____</p> <p>Language of Light _____</p>
<p><b>21. What herbs or minerals are useful in the integration of new genetic material to balance out the medium cold spots in my biology?</b></p>	<p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>
<p><b>NOTES</b></p>	

<p><b>22. Are any of the above "Medium Cold Spots" really not of my own sincere inheritance or ancestral karma to experience?</b></p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><b>Which Ones?</b> _____</p>	<p><i>I intend to cancel all algorithms that are not my own that creates medium cold spots in my biology and return them to their source of origin.</i></p> <p><i>I intend to return all karma and associated thought-form for any algorithm associated with a medium cold spot that is not a sincerely part of my inheritance.</i></p> <p><i>I intend to release my ancestral karma for taking on the algorithms of others.</i></p> <p><i>I intend to forgive my ancestors for taking on the algorithms of others</i></p>
<p><b>23. Have I given my karma and algorithms for yet other medium cold spots to others?</b></p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><b>Which Ones?</b> _____</p>	<p><i>I intend to retrieve all my algorithms that create medium cold spots and intend to transmute them in full.</i></p> <p><i>I intend to retrieve all karma and associated thought-form for any medium cold spot that is a sincere part of my inheritance and transmute it in full.</i></p> <p><i>I intend to release my ancestral karma for giving algorithms to others.</i></p> <p><i>I intend to forgive my ancestors for giving algorithms to others</i></p>
<p><b>24. How many algorithms do I run in my field that causes little energy to be sent to the crown or third eye chakra regions, leading to under stimulation and medium cold spots in the body?</b></p> <p># Algorithms _____</p>	<p><i>I intend to erase all algorithms in my field that create little energy in the crown and third eye.</i></p> <p><i>I intend to research my ancestry for algorithms that cause balanced energy flow to the crown and third eye.</i></p> <p><i>I intend to integrate the new algorithms that lead to a more overall balance in energy flow.</i></p>

## SUMMARY

We hope you can begin to see how hold and cold spots in the body is related to thought-form; and how the thought-form may be recorded as programming in the associated region or energy flow of the biology. This is the purpose of this section.

We invite each reading this worksheet to also return to Chapter 3 worksheet of Workbook II, and work with the deprogramming information for each hot and cold spot that you have uncovered in your continued exploration of your own internal and biological state of being. This is what ascension is all about from Earth's point of view.

Until our next communication,  
Namaste  
The Earth Mother



*Buffalo by Brigitte Rondeau*

## THE COMPLETE ASCENSION WORKBOOK PART II

# CHAPTER 5

*Transcending Usury, Ownership and Patterns of Non-Love*  
The Earth Mother through Karen Danrich "Mila" and Thomas Weber "Oa"  
April 5, 2007

Dear Beloved Ascending Human,

Today we write about patterns of usury and non-love. The human species has fallen into the belief that somehow being used and owned is love; and that owning and using others is also love. This was not the original casted nature of the Red Nations humans or Grand Masters as they were seeded upon Earth; although you could say that patterns of usury, ownership and non-love were imbedded in a hidden language within the DNA. As long as the hidden language remained buried, it did not act out in the dance of life. If the hidden language surfaced, suddenly Red Nations humans and Grand Master relations allowed themselves to be used and owned and perceived this as a loving thing to participate in.

How exactly does this work? First we must define what love is in Red Nation terms. Love is ongoing blessings that flow between the two or the many. The blessings contain the love of the human hologram, the love of the Earth Mother and the love of soul combined. Love sustains life, health, well being and longevity. When the communion was run in an ongoing and sustainable manner within red nation tribes, those existing in this type of flow lived 1000 to 2000 years upon the physical plane, as the love supported the regeneration of crystalline biology. The love also sustained the Earth Mother and those regions that the Red Nations' peoples lived also regenerated providing amply for their populations along with all other kingdoms residing upon the land. The love also sustained soul such that soul could continue to incarnate and dance with the human species.

Souls upon Earth are not innocent. The souls that came to dance with the humans that were seeded from Sirius had an alternative purpose. Over time they began to strip love from the dance of communion between humans and send this love to Sirius. This was to propel Sirius upwards in vibration but at the expense of humans upon Earth. As this occurred, the usury and ownership language hidden in the DNA was drawn to the foreground and then began to act out in tribal life. How does usury and ownership alter the dance of life? This is an interesting topic all of its own that we are going to thoroughly explore in this chapter.

## OWNERSHIP SIGNATURES

Long ago Mila wrote about ownership patterning that occurred between the nonphysical and physical. These signatures are a part of the hidden language in all human DNA upon Earth. The original set of signatures brought forth through Mila long ago were not a complete set, and all signatures of ownership whether they be earth related or multidimensional have been mapped and are available for review in the Temple of Ownership for all ascending sentient beings at this time in history. The signatures number into the thousands and therefore it is not possible to map them all in the physical for review as this would take too much time away from other more important information Mila and Oa have to bring through. However, they are available in the nonphysical and during dreamtime to aid in the release of ownership based language within all ascending human DNA.

For a long time these signatures remained invisible and in the background and did not affect Red Nation life upon Earth as they were hidden in the DNA. As the signatures asserted themselves as triggered by soul causing an imbalance in the communion energy flow, everything changed; suddenly there was not enough chi; not enough chi for humans and not enough chi for the land, as humans began to rely upon the love of the Earth Mother to subsist due to soul's choice to drain the love for another purpose in another creation (Sirius). The weather began to change over time; creating vast droughts wherever humans lived causing the flora and fauna to be deprived enough to produce fewer vegetables and fruits. Streams and rivers dried up causing lakes to shrink leaving the water kingdoms likewise deprived.

The droughts were not a global phenomenon at the time and only occurred wherever Red Nation humans lived. This dance occurred long before the Grand Masters were seeded upon Earth to manage the dream for the Red Nations' peoples. Our earliest record of droughts due to human interference occurred 15,000 years following the original seeding. Sirians seeded humans upon Earth approximately 60,000 years ago (240,000 years as humans measure time).

Earth had known starvation through freezing but not drought up until this time in the natural world. Six million years ago, Arcturian humans froze Earth to contain the sulfur dioxide that was poisoning one of their galaxies. The Arcturians transferred their poisons upon Earth causing her to go into a major ice age. This is the last major ice age that your scientist's measure and occurred 24 million years ago as humans measure time. Earth restored herself to the beautiful terrarium that she had always been since the last ice age. However Earth could not sustain the heat that she once knew before the Arcturian freeze; one of the reasons for this was the many glaciers that never fully thawed.

We now understand that frozen grid work from other planets was added to Terra's field to cause this to be so. The frozen grid work is being removed at this time and returned to its source of origin in Terra's ascent and as such, all glaciers are beginning to melt. This shall signify a restoration of a vibration that was inherent upon Terra prior to the arrival of the Arcturians; and may take another 1000



years of continued ascent to accomplish in full (4000 years as humans measure time).

The frozen grid work from many creations held thought-form that is ownership related upon Earth. As such, there are many cords of attachment from other creations such as Sirius that hook into Terra's glaciers. It was through these inter-creational cords of attachment that Terra continued to lose love and chi. This is the nature of ownership; if one is owned then one is used; and if one is used, one loses chi, information, moving energy systems, regeneration and ultimately love to another. As there is less and less love available unto the whole, a dream is caused to manifest that allows that which is loveless to appear within the dream. Humans are the loveless mirror for Earth to perceive her own loveless state within. As humans ascend into a state of love again, Earth shall also restore the love she has lost over time and return to love being the foundation of her existence.

### CAUSE OF DESTRUCTIVE CREATURES UPON TERRA

Red Nation humans were seeded upon Earth with a buried language of usury and ownership. This language connected to the regions that were owned by other creations near the glaciers. Humans over time moved to regions near the glaciers as this resonated with the hidden thought-form within their DNA. Humans also often relocated to regions once vastly populated by dinosaurs. Dinosaurs were another creature with vast destructive thought-form buried in the DNA. Dinosaurs arrived upon Earth at human cause via space craft from another creation known as Alpha Centauri, the home of the Reptilians.

The Reptilians were considering moving unto Earth and seeded another creature known as Dinosaurs to see how they would fair. Alas the creature turned destructive of all other kingdoms, consuming the birds, animals, flora and fauna natural unto Terra. Over time Terra decided to cause the dinosaurs to go extinct; and this occurred as a vast asteroid hit her surface near what is Death Valley California today, and caused the temperatures to sink just enough to cause their entire kingdom to instantly die overnight, as they required the subtropical climate for their blood to flow. As the blood cooled enough to cease to flow, all dinosaurs perished. This was a great relief unto Terra, but did not settle the original cause of why this type of destructive life form was attracted unto Earth in the first place; which was due to thought-form held in the destructive grid work that was frozen into Terra's glaciers.

For a long time Terra and her souls believed that they held no cause for the destructive nature of creatures like the dinosaurs appearing upon the scene. This was also so for the human species, that the souls of Terra decided to also cause to go extinct. The intent to cause human extinction manifest as a nuclear annihilation in the era of the Anu that almost caused all of Earth to go extinct; and this dance of cause and effect and nuclear annihilation has repeated each cycle since. Ultimately the cause of human nuclear annihilation however was Terra's desire to cause human extinction pressed back upon her. You see you cannot intend to destroy another without destroying yourself; and you cannot destroy a

part of the whole without destroying the whole. This is the spiritual lesson for Terra from these experiences; and it is due to this understanding that Terra now supports human evolution instead of extinction.

From supporting human ascension, the karma for nuclear warfare could be released in collaboration with the map carvers in recent years. To date the release of nuclear warfare karma has been fulfilled upon, and now the possibility of a nuclear war no longer lies ahead in Terra's dream. Ascension is only possible when all kingdoms pull together to learn their individual and collective spiritual lessons, and then forgive all that has transpired before. When what has transpired before is forgiven, the karmic repetition ceases and a new day can be born. This too has been a part of Terra's spiritual lessons.

### **TERRA AS A PART OF THE TAO INTERVENTION**

Terra recently has come to remember that she is a vessel that extended into this dance within the Great Central Sun as a part of a Tao based intervention to understand why this region of domain is going extinct. Inherent within Earth's biosphere are attractors to attract all experiences at cause of extinction. This has to be so, as the only way to understand a particular dance is to experience it; and then to gather records of the experience so that they can be analyzed and understood. The Tao extended a part of itself into this region of domain as Terra to understand. In so being, all destructive patterns have been experienced by Terra over time to allow for this understanding to be born.

Humans likewise chose to extend into this region of domain with Terra. Humans were not always a part of the Great Central Sun dreams of past contraction cycles in the Tao. Humans, dolphins and whales alike extended in to provide a fully conscious species to aid the understanding of the Tao in this experience so that it could be healed and all could be ascended "home". For twelve contraction cycles in the Tao, this region of domain has failed to go "home"; and this is one of billions of other regions with parallel troubles. The regions failing to go home are tearing at the Tao so vastly, that the Tao could go extinct. Therefore the Tao has no choice really but to extend in to correct this very dark and lost place, allowing all to be known and all ultimately to be gathered again unto itself. All creations ultimately emanate from the Tao; all creations must return therefore in the homecoming.

Humans, dolphins and whales like Terra have chosen to have all experiences at cause of why these regions of domain go extinct. Therefore each fully conscious species has experienced destruction and ownership that underlies their original agreements of why each extended into this region of domain, which is to understand. This may be hard to comprehend; as often Terra and humans or dolphins and whales alike believe that they are victims to something inherently much greater and larger than self that destroys us; alas we are actually extensions of that which is far greater than the largest darkness controlling creations in this region of domain known as the Tao, that has entered the dance to understand.

Now the understanding gained from Terra's ascent is beginning to flow back to the Tao; and the Tao is beginning to absorb the large forces that destroy and are at cause of Terra's demise over time. As such, and over time, the dark forces shall cease to be; and Terra and all upon her including humans, dolphins and whales shall return to where we came from; as we originated from the Heart of the Tao. As we accomplish this goal, all other creations shall follow and all shall be gathered up over time and return home.

Much has been lost since we exited the Great Central Sun dream. Earth left as a large 24<sup>th</sup> dimensional vessel and now returns as an itty bitty third dimensional vessel that is very dense and somewhat putrid due to the required detoxification from this era of human pollution and destruction of Terra's surface. However the inner earth is aglow with possibility and the inner earth's peoples are finding their way to technological resonance with Terra. If this can occur for the inner earth's peoples, so it can also occur for the outer earth's peoples. To a great degree, the discord upon the surface of the Earth is directly related and a mirror of the discord within the human species and all other species incarnate therein. As the discord ceases within through ascension, then it shall also cease without and humans will come into living in balance with Terra again, just as the inner earth peoples are accomplishing at this time in the physical.

## DISCORD AND OWNERSHIP

Terra's condition upon the surface of the Earth is a reflection of the dissonant biology that exists within humans, dolphins, whales along with other nature kingdoms currently incarnate. Humans, dolphins, whales and nature alike have become a hodgepodge of genealogy from other creations that does not resonate with the magnetic Great Central Sun dream we are about to enter. The hodgepodge of dissonant genealogies creates the dance of ownership in the first place. So what is required is a purification of genetics, and a purification of thought-form to allow for momentum out of the dance of ownership and into the dance of love. This is not a small feat to orchestrate, however those who are ascending in small numbers and carving the maps for other humans, dolphins and whales to follow, are succeeding at this goal.

What is required to purify the genetics of DNA that is non-resonant? First it requires intention. Then it requires researching the ancestry for resonant DNA to ascend into. Sometimes resonant DNA is unavailable in one region of the biology or another and in so one ascends into dissonant DNA for a time until the next vibratory bandwidth offers ancestors with DNA that is resonant. In so doing, one traces the discord of the many falls in one's ancestry backwards through time, re-experiencing what one's ancestry experienced in the dance of ownership, and then forgives what was experienced and learns the spiritual lessons behind the dance.

As the spiritual lesson is learned and forgiven, then another type of genetics becomes available, and one ascends into the next phase of DNA creating a different experience upon the physical plane that is more harmonious with others.

Harmony and non-ownership are synonymous. How can there ever be harmony if one is enslaved to another through ownership? It is only in ascending beyond the ownership and into a state of equality again that real resonance can be born. This can be accomplished through ascension and we can clearly perceive a path to this goal at this time. There are those in Mila and Oa's study program that are moving beyond ownership and into harmony and unity. This is how unity is to be born within the human species again along with dolphins and whales; by working backwards through time and clearing out the debris in the genetics that does not resonate, and anchoring instead unity based genetics from ancestors who faired well upon the physical plane together, living in non-ownership, unity, harmony, communion and love at the time that they were alive.

In any time period, there are those ancestors who lived in non-ownership, unity and harmony together. These are the ancestral memories that must be anchored and brought forth and fostered for the human species to ascend into ahead. However it has been a long era of many falls into dissonance. Ascension requires all dissonance also to be explored and healed and forgiven, as this too is how unity is born. One cannot simply enter a state of unity without understanding how the discord was created, as this would then assure that discord would occur again due to a lack of understanding of the energy dynamics at cause. Once the energetic dynamics of disunity are understood, then they can be transcended, and if they appear again in a future part of the tapestry of ancestry, they can be forgiven without the requirement to manifest the discord ahead. This is the gift of absolute forgiveness that the Rose Quartz Mineral Kingdom speaks to in their written materials. (See "From the Rose Quartz Mineral Kingdom" in Messages from the Mineral Realms upon the web site for more information.)

Ascending humans will continuously research ancestral archives for missing knowledge about sustaining non-ownership and unity based flow, and what DNA served in creating such an experience is the best DNA to ascend into. As one erases and replaces DNA that is discordant with that which is resonant and embodies it, then one comes to harmony within. The discord of humanity and in the life dance is only a reflection of the discord within the DNA, with one part moving energy in one configuration that causes the body to die; and other DNA moving in another configuration trying to regenerate and allow the life to be sustained.

As the DNA at cause of movements that lead to death is transmuted, then the movement of field can become harmonious enough to allow for regeneration of the physical vessel. Death is the ultimate end to the dance of ownership; if one is owned then one can be killed, take on the disease of another or sacrificed in the dance of life. Therefore death is also at the root of ownership; as humans transcend death through ascending into regenerative biology, then ownership can also be left behind. Many attaining Bodhisattva level evolution are purging enough of the discordant DNA to create a much deeper level of harmony and peace within along with physical regeneration; and this is the goal of Terra to foster, as it is only as humans restore harmony within that harmony within your civilization and relationship unto Earth shall also be born.

## THE NATURE OF OWNERSHIP AND DREAM

Non-resonant DNA creates stuck points of energy flow which either spin slowly or cease to spin at all. It is within the regions that do not spin at all that ownership is seated. Ownership is a brand or stamp that is imprinted into the etheric grid work and creates cords of attachment extending from one person to another person, object, plant, pet, land or other possessions. The cords of attachment create ongoing loss of chi between parties and therefore must be continuously released in order to ascend upwards in vibration in each phase of the ascent.

It is interesting to note that in the early days of exploring ownership patterns, Mila and Oa discovered that they owned objects related to the ownership patterns in their own field and etheric body. Many may wonder why they purchase the brands of clothing, food, toothpaste or laundry detergent or any other item that one does; or why one purchases this car or that car over time. One will discover that the car or brand that one prefers is related to the very patterns of ownership within one's own field. Sometimes the ownership signature appears in the logo of the company that distributes the brands that humans purchase. Mila and Oa laughed at the time as they saw that most car ornaments of this shape or that shape are also a part of the ownership signatures inherent in the people that purchase such cars as well as their manufacturers. So this is for any product that one purchases, or even the land that one owns or lives upon.

Here we point out that dreams are attracted to a particular vibration of movement and sound in the field. Ownership signatures have their own movement and sound run in the subtle bodies and chakra system of the field and tend to attract dreams that resonate. Therefore if one holds the signature and sound of say the Toyota car company, one will be more likely to attract a dream for a car that is of the Toyota brand than any other possible dream. For Mila long ago this was for the Mazda brand of car, and for Oa the Infinity brand. One will see that some car company's share the same signature, for Infinity it is related also to Nissan, and often Infinity and Nissan dealers share the same car lot or are a part of the same dealership. For those ascending, as you clear your ownership to any signature related to any manufacturer in present time, and then you will be free to purchase whatever you like as well as cease to attach to your possessions.

By and large, freeing yourself from ownership signatures in full requires transcendence of the Kumara planes that were created following the nuclear annihilation of Atlantis. The kumara planes of greed, lust, judgment, pain, suffering, fear and death were the result of other planes prevalent in the era of Atlantis falling into another bandwidth of density where they split into even greater polarity and non-joy in the vibration of antimatter. By and large, ownership signatures in the etheric grid work sit in antimatter tones of creation and it is for this reason that they create stuck points where the chi fails to move. Each signature within the etheric grid work is related to two of the above kumara dreamtime planes that is also a part of the thought-form of one's biological archetypal nature from birth.



Transcendence of the Kumara based thought-form occurs as one masters Bodhisattva level evolution (6000-9000 strands of DNA embodied.) Mastering Bodhisattva level takes one back in time to prior to the emergence of Atlantis technology, which is where ownership signatures originated and used in the mass marketing of merchandise, not unlike today. Prior to this time period, there was not technological advancement, other than for the family of Anu, who retained their knowledge for themselves fearing that the slaves would rise up against them otherwise. It may be from the desire of many slaves to have the technology of the Anu that the dream for technological advancement was then created en masse for the time period known as Atlantis.

## THE ERA OF ATLANTIS

Atlantis was far more greatly technologically advanced than anything known in present time. During Alantean times, humans were controlled through their technology. No one was immune from being spied upon in their own homes or offices or hotel rooms through the media devices with which Alanteans preoccupied themselves. In particular this occurred in the latter half of their civilization, from 10,000 to 11,000 years ago (40,000 to 44,000 years ago as humans measure time). This is where the concept of "Big Brother" comes from in human genetic memory.

Although technology could be used in parallel today, the remembrance of the fear that Big Brother generated has caused humans to rebel against the use of technology for this purpose and restrain the dance more or less through national and international laws. You will see in the times ahead that many of the terrorist laws passed in the US that have allowed a certain level of spying of their own people will be removed. This too comes from the remembrance of how information can be misused as it is collected to imprison or charge the wrong individuals for the crimes committed.

There were those inside the Big Brother system of Atlantis that were just as corrupt as those that they were spying upon; and often they doctored information to make it appear as though someone was committing a crime when they were not, to offset the guilty party who would carry on in the criminal game for profit and greed. Some of those today wrongly charged with crimes that they did not commit have karma in Atlantis for manipulating the gathering of records through technology to make others appear guilty when they were not. As such, such individuals are experiencing the return of their cause in Atlantis.

Much of the karma playing out in the world mirror today or even in the local mirror is really the return of Alantean karma, and humans are experiencing their own trauma in return incurred in this time period. As an ascending human, it is best to allow others to experience their karma as this then settles it for another era to be born in the human dream ahead that moves beyond the karma of Atlantis. As an ascending human you can choose to forgive your karma and step out of the cause in this manner, giving birth to a new day.



Mila recalls how her former spouse and father to her child desired to have her committed to an insane asylum and take their son away, considering her “nuts” due to her experience of opening to her unconscious. He tried to convince Mila’s parents that she was going insane. Mila’s parents defended Mila, and this was the result of releasing the karma from Atlantis, where his ancestry had thrown her ancestor into a mental hospital for parallel cause. Due to the clearing of the karma, the pattern reverted back upon the former spouse, who desired to take Mila’s child away. In the end, Mila met Oa and he relocated to California to co-direct the school, and together they were guided to give full custody of the child to the former spouse anyway, as there was no further karma for the dance in their lives.

However her former spouse’s next partner took him to court for his parenting style and tried to prevent him from seeing his second child, a baby girl. In the end, he wound up experiencing his own cause return with another calling him “nuts” and vying to take away his child away as a result. You see how karmic settlement works? The dance is thrown back upon those who have failed to forgive, and then they too must live to experience a parallel dream. “Live it or forgive it” as the Tao said last Conclave, and a few created a lovely song and chant unto this verse.

## ATTACHMENT AND PROGRAMS, DREAMS AND ALGORITHMS

Any predicament that one finds oneself in can be forgiven altering the outcome of the dance. This is the gift of forgiveness. Forgiveness also allows the ties of attachment through ownership signatures between oneself and others to dissolve and dissipate. One will find that the Language of Light dissolves the ownership signatures recorded in the etheric vessel or space between. The cords of attachment through the ownership skew the dream in a particular karmic direction.

How exactly does this work? The attachment will magnetize one dream to be drawn to one party in a particular polarity, and the other dream to be drawn to the other party. In the above example of a spouse that desired to have Mila considered insane, the dream was drawn to her through the attachment and due to the karmic cause held within the ownership signatures in her field. As she erased the ownership, released the attachment, and forgave the karma, the dream reversed onto the former spouse and then was lived to be experienced in the following seven year cycle. This is how dreams alter as one releases attachment, ownership signatures and karma associated with why a particular drama that is called into the life to be experienced.

Ownership patterns will also have program beads of cause and effect associated along with machinery and non-unity based beliefs. The program beads and machinery hook into the field through the ownership signatures. Erase the ownership signatures and the programming beads of cause and effect and machinery will also dissipate as the emotional trauma and karma is released. This is a level of work deeper than deprogramming mechanical thought-form spoken unto in chapter 3 of this workbook. Ownership is also related to disease

algorithms as explored in Chapter 4 and how they flow in an imbalanced manner leading to over and under stimulation of the nervous system. Underlying algorithms that are imbalanced will be ownership signatures recorded in the space between of the subtle bodies.

How does one erase ownership signatures? One can focus Language of Light movements and tones into the etheric body at the root of the etheric body level attachment associated between oneself and any other person, place or object. As the Language of Light spins, the ownership will be dissipated as the energy begins to flow or move more rapidly. As the ownership dissipates, then the cords of attachment can be dissipated between parties. As the attachment releases, serpents that extended outside of the etheric vessel can then be rewoven inside, leading to more chi moving through the etheric body over time, leading to a higher vibration form. This is how one recovers lost grid work that has extended outside of the etheric form in the game of attachment.

## THE ORIGINS OF ATTACHMENT

Where did attachment originate? Attachment was not a part of the Red Nations' peoples dance of life in the original seeding. Energy flowed in a rotational manner surrounding the field of each leading to the experience of "Ohana" or belonging in the early Red Nations' peoples. There was no attachment in the rotational flow. As the Grand Masters arrived, they shared an even larger rotational flow with the Red Nations' peoples. The Grand Masters tried to ascend a small number of those of Polynesian and Tibetan root race lineages and this failed. The group went into hidden destructive languages, and this led to patterns associated with attachment forming amongst Red Nations' peoples of related root race.

It may be the early forms of attachment occurring due to the emerging destructive language that is ownership based that then called another race of humans from the Pleiades to relocate unto Earth, as there was a language that they resonated with in the human dream. It may also be for this reason that the Reptilian race was called to Earth as well. Attachment occurred in the early Red Nation humans only in the space between and therefore went unnoticed. Space between attachment has its origins in the destructive languages inflated in these early human ascensions. As one erases the destructive hidden languages in the DNA, then space between attachments that are associated can also release, as it is all associated.

## THE BOOK OF DEATH AND THE BOOK OF ASCENSION

The destructive language associated with space between attachments originates with the false tao. The false tao is a part of the Tao left behind in many contraction cycles. The false tao has inflated itself into dominion and manipulates creations into extinction and life extension practices. The false tao believes itself to be the creator of all, and has manipulated all creations in this region of domain. In order to control creations and press them either towards life extension or extinction, the false tao has altered all genetic languages to carry a hidden

language of either life extension or extinction. Those creations receiving a language of life extension experience a long period of love and light; and those receiving the language of extinction fall and fall in consciousness much like Terra. As the destructive language of the false tao is erased, one can also step out of the game of how the false tao manipulates creations to extinction.

The destructive language is related to a "Book of Death" that holds scripts that humanity attunes unto. The scripts skew humanity into destructive patterns that lead to falls in consciousness. The Book of Death has recently been replaced upon the holographic planes with the "Book of Ascension" by those mastering the initiations to Bodhisattva. The Book of Ascension makes possible life scripts that allow for an evolutionary journey ahead with Terra into the Great Central Sun. As each chooses to attune to the new Book of Ascension, one will receive new life scripts that will better support your continued evolution ahead.

## **SPACE WITHOUT ATTACHMENT**

Space without attachment is the result of the Pleiadian Anu who created a Slave Nation of half Native American Root Race DNA and half Pleiadian DNA derived from the Anu biology. The Slave Nation was half magnetic or rotational in flow and half electrical or straight lined in geometry. The mixture of straight lined and rotational geometry created an energetic system that was inherently dissonant and caused the field and form to age and die in a much shorter lifespan than the Red Nations' peoples of the time experienced. The slaves aged and died in 300 to 500 years whereas the Red Nations' peoples with only magnetic flow lived to be 1000-1500 years on average in this time period.

The slaves themselves were inherently attached to one another. There was so little holographic knowledge available unto their nation to sustain enough rotation of field that the etheric bodies of all slaves intertwined. This was also the underlying cause of why they so rapidly aged. The intertwining is the root cause of positive energy attachment today between humans and their friends, family, pets, property, workmates and homes. Most ascending humans have some slave lineages that one utilized the DNA from to construct the body in the womb. As all slave lineages DNA is converted to red lineage DNA down to the physical vessel, the attachment that is associated with the positive lay lines of the etheric vessel can be released in full. Most ascending humans will transcend all Anu slave DNA in their journey to 3000 strands. As all attachment is released, one quite naturally will ascend into figure-8 energy flow in 100% of the energy field.

## **OWNERSHIP SIGNATURES AND THE LAND**

Over time and as the Anu proclaimed Earth their "kingdom", they sank ownership signatures deep into Terra. These signatures were pyramidal energetic formations that were foreign unto Terra up until their arrival. The Anu based pyramids run upon the land caused droughts and loss of life of all kingdoms, as the vibrations were from a foreign creation that cannot sustain life upon Earth.

The Anu thereby destroyed everything that they claimed as their own territory; however they were small enough in number that it more or less went unnoticed on the part of Terra and all other kingdoms.

It is as the slave nation populations grew into the millions and later billions that there were significant patterns of demise upon the land due to the energetic pyramids spinning in their culture. The pyramids were used by the Anu to feed off of in order to extend their lives; they also fed off the soul and chi of the land that their slaves existed upon. Over time large droughts caused starvation of certain slave cities as the food ceased to grow due to lack of water; the pyramids spinning upon the land combust the water element leading to droughts. This was long before the nuclear annihilation of the Anu.

The Anu intervened on behalf of the droughts and imported water from other regions to irrigate the slave farmlands. This then deprived the Red Nations' peoples of enough water to subsist as their own streams were diverted and lakes were drained to irrigate slave nation farms. This too is another reason why the Red Nations' peoples living nearby chose to relocate to the new land, building large boats and sailing half way around the world. Later and as the warfare between Merduk and Innana became the primary focus of the Anu, they ceased to intervene on behalf of the slaves over their droughts, and many slaves starved. This is also the origin of starvation in the human dream.

The ownership over the land continued in the era the Pharaohs. Parallel patterning of pyramidal formations began to occur to extend the lives of the Pharaohs, who were part Anu in archetypal nature, and this too led to droughts significant enough to cause starvation. In the era of the Pharaohs, starvation was pressed into neighboring valleys by inverting the dark side of each pyramid away from Pharaoh Island. Pyramids split into light and dark factions in this time period; those sitting in the dark pyramids not only aged and became ill, but struggled with droughts and lack as well as fear. The dark pyramids were host to severely radioactive energy flow and literally dried up the element of water to such a point that no rain would fall season after season; leaving the farmers empty handed to feed the local populace. This is the first time that starvation was experienced amongst Red Nations' peoples in human history. Although the Red Nations' peoples did experience droughts in their early history, none really starved as they simply moved into other regions that amply provided for each tribe in neighboring valleys.

The Red Nations' peoples did not own the land per se, but lived freely from the land as long as they paid their taxes to the Pharaohs. The Pharaohs however "owned the land" Anu style and opened massive pyramids over each region that they conquered. They also owned the people and harvested their chi to extend their lives. Over time the regions conquered were the equivalent of North America and half of South America and Mexico today. The configurations of light and dark pyramids split over the land, leaving some regions with enough and other regions with lack due to droughts. Those living in drought torn regions attempted to relocate, but the populations had multiplied to a point that even the abundant



regions could not support those without food, and lack for all in the attempt to share was the end result. This was the first time also that the Red Nations' peoples experienced extreme lack.

Ownership over the land carried on in the era of Atlantis. Alantean populations were primarily Anu or Anu slave in origins and repeated the same patterning with the land that had occurred in the Anu era. The ownership was less strong due to fracturing of field; however the pyramidal formations over their civilization did cause droughts in some regions and abundant rain in others. The droughts were handled by moving all farming underground so that the land above could be sold as real estate for expensive country living. Underground springs were tapped into or water was imported from elsewhere as necessary to assure that there was enough food supply. Food was liberally modified by scientific genetic manipulations to create the most tasty, fastest growing and beautiful food source possible. Underground, all attributes of farming were controlled, from the light that the plant received in a given day, to the water and fertilizer it received. Ultimately this created such a weakened food source that as the nuclear winter set in, Alantean food source dried up and could not self heal, as there was no nature kingdom directing the plants associated with their crops to allow for a healing. Billions starved as a result.

There is a strong remembrance of this experience in the land of Europe today which sits within the grids that once embraced the continent of Atlantis. Those in the EU therefore reject genetically modified crops as well as farming in such restrictive and controlled environments as a result. In North America, there is little recollection of how weakened food supplies caused starvation in times past, and so the karma repeats today. As the karma for human control over the natural world for the purposes of farming is released, humans will return to working with nature consciously again. The Red Nations' peoples did farm in many time periods; and the cycles of the farming drove the civilization. Each harvest was honored with celebrations in which love was exchanged with the land and plants that the Red Nations' peoples consumed. This insured another cycle of harvest ahead without the requirement for fertilizers, as love is the biggest fertilizer of all and the foundation of all life.

Atlantis took from all other continents drawing upon resources necessary to sustain the Earth or sustain other humans, leading to starvation in other countries. This is not unlike the United States today who consumes 1/3 of the world's resources. As a result of starving other nations, ultimately those in Atlantis experienced starvation themselves, as this is the nature of karma, it will return and you will experience what you have caused, both individually and collectively. In the times of cleansing ahead, there may also be much starvation in the US and other wealthy nations that have left others starving in other regions, such as South America and Africa. However there is also an opportunity for humanity to learn its lesson surrounding deprivation, and learn to share more greatly allowing enough resources for each population of humans global wide. This dream of balance shall also come more greatly to fruition as humans that spin pyramidal formations upon the land cease to exist in the coming times of cleansing ahead.

In Lemuria, the land was shared up until greater numbers of Alanteans arrived and chose to purchase land from the natives either to live or build lavish resorts for others to visit. As the Alanteans owned the Lemurian land, pyramids began to flow in the regions that the resorts were constructed. The more and more resorts were developed, the larger the pyramids that spun all told upon Lemurian land. Over time more land was owned by those from Atlantis than the remaining Lemurians. The pyramids split in light and dark and the dark pyramids were pressed to another part of the continent causing droughts and not enough for those living upon the land. The dark pyramids combust the water element leading to a massive drought, causing many Lemurians to starve. The cause of this was karma from the era of the Anu and Pharaohs repeating again in the Atlantean time period.

### OWNERSHIP OF THE LAND IN PRESENT TIME

Ownership of the land in present time human life is worse than in prior periods of human history. The reason for this is that humanity by and large has fallen into dogmatic thought-form of right and wrong. Dogmatic thought-form is founded upon the vibrations of antimatter. Antimatter creates holes in matter. As humans own the land with their dogmatic thought-form, they cause holes in Terra's molecular structure causing the energy to cease to move. This is why cities and suburbs in this timeframe are so dense compared with the countryside; too many humans living therein in dogma and causing holes in Terra's infrastructure of energetic flow.

Most reading these materials have most likely owned the land in this time period; either land one has purchased with the help of the banks, or land that one is renting from a landlord. Landlords also own their land with large non-moving ownership signatures, along with those who live in their own homes. The non-moving ownership signatures cause the energy to stick and not move very freely under the land. For ascending humans, this is very difficult, and the more non-moving energy upon the land surrounding oneself, the more difficult it is to ascend beyond a certain vibration in this time period. Ascending humans can learn to work with Terra's consciousness to free the energetic ownership from the land that one rents or owns; along with one's neighbors for as far as necessary to create enough free flowing energy to allow for continued upward momentum in ascension. In so doing, one causes the land to ascend and triggers ascension in others surrounding oneself.

Over time, Mila and Oa have through intention freed the ownership signatures from many properties that they have lived within and from the surrounding region. Generally, this caused the property to be remodeled and sold over time. Why was this so? The light and energy moving upon land without human ownership magnifies causing the imperfections of the property to come to the attention of the owners who then choose then to remodel as it does not appear as they wish or dreamt of. When the ownership is released, the owners no longer



“own” the land and they may feel called as a result to pass it on to another. If the next buyer cannot place his or her ownership stamp upon the land, the property may be sold again.

One of the hotels upon Kauai that Mila and Oa held their early Conclave within in 2000, and have continued to hold Conclaves within over the past few years has sold four times and been remodeled five times in eight years! More recently, the last owner chose to sell off individual hotel rooms as condos for profit, as they could not sustain a large enough ownership stamp over the entire resort. It remains to be seen how their condo for profit system works, and if the condo owners choose to retain their rooms or sell them off or back to the hotel, as the ownership of the individual owners cannot stick any more than the owner’s signature over the entire hotel.

Ownership is endemic to dream weaving in the current electrical paradigm. Dreams are attracted founded upon ownership. The larger the ownership stamp one can place upon a property, the larger the number of possessions and properties you can own in the current paradigm. Those who are the wealthiest of your human civilization and sit at the top of major pyramidal flow have the largest signatures of all, as they are made up of each in the pyramid adding their signature unto the one who sits upon the top, who then can own more than anyone else underneath, becoming the billionaires of your world.

In the new dream that Terra is weaving for the first phase of ascension of humanity ahead, figure-8 dreams shall prevail. These dreams do not lay ownership signatures upon the land that cause the energy to cease to move in Terra’s grid work; but rather allow for an ongoing movement of chi between those humans living upon the land and the land itself. The ongoing exchange of love between humans and the land will foster the ascent of each and the life of the land as well; as in the balance of the elements, it will restore a lack of water, allowing the rain to fall again if the region has been drought stricken. This dream will step down now in more rural regions that already spin a figure-8 dream; and into other regions as enough humans ascend into figure-8 flow in the collective ascent of humankind ahead.

## **POSSESSION AND USURY**

When one owns something, whether it is a person, place, object, possession, tree, plant or pet, one can use the other as one desires, as one is the master. Possession and usury are a master-slave paradigm in which one is the master and the other the slave. Often the nature in which humans treat pets is a good place to begin to understand usury. Pets are animal kingdoms that were once wild. Now they live indoors with humans. Some humans treat their pets better than they treat themselves or their family or spouse. This is the archetypal nature of Hestia and Hera who each enjoyed surrounding themselves with many small animals, giving and receiving the love with their pets that they did not experience in their loveless marriages or life in general.

Yet other humans treat their pets with great anger and out of the desire to control their every move. The pet cannot urinate or defecate at will; it must await going outdoors for a walk, even if this is hours and hours after the will to move the bladder and intestines has come and gone, and they are in great pain. In the ownership, the pet owner can demand when the animal relieves itself. If the pet misbehaves, it can be punished, which may include being left in the cold or without food, or beaten or threatened or even killed. The animal may cower in the exchange and subordinate to the “master’s” demands.

By and large, this type of treatment also occurred between the Anu and their slave nation servants and lovers as the Anu were the masters. The Anu perceived these humans as pets that could be punished if they misbehaved, tormented by determining when they could relieve themselves, and killed at will if they displeased the Anu enough. The Anu owned their slaves absolute just as humans own their pets or farm animals or zoo animals absolute in present time.

The Anu “possessed” their slaves. Now here we will get in the dynamics of running one’s will over another. The Anu would override each slave’s field that served the Anu, and bend the slave’s will unto doing their bidding. The slave could have no dream other than the one that the Anu determined. Those with slave lineages in present time may discover that there are those who you have related unto either in your family or in the workplace in this manner; if the Anu is the boss or parent and in charge, he or she will determine the fate of the family or many employed under them, sometimes treating those beneath with great disdain.

As one clears all karma in the slave lineages and seals them off as one is complete, the dance will change and one will no longer bend one’s will to any other; or so many in Mila and Oa’s program have discovered, along with Mila and Oa themselves. Generally it requires transcendence of 3000 strands to release all slave nation karma if this is a part of one’s inheritance. Then one will have more say over the dream that one can choose for oneself in the dance of life.

## RED NATION OWNERSHIP KARMA

Red nations’ folk did not respond to the Anu ownership patterns over their dream at the time that they were alive. However some red nation characters did subordinate unto the Anu and in particular this included Persephone, Rosetti and Onton. Onton was a red nation spouse to Athena and professor in Athena III’s university. Over time Onton lost his will to dream weave his own dream and subordinated in full to Athena’s spells; as did Rosetti with her adaptive mother Innana, and Persephone with her spouse Merduk. Those related unto these three cast of characters may discover that one subordinates unto the Anu in the dance of life as well due to karma within one’s red nation’s inheritance.

The Anu never possessed or owned the Red Nations’ people en mass. However as their slave nations grew in number, they collectively overran the Red Nations’ peoples living nearby pressing their dream further and further away, causing them to vacate the land and ultimately to move to the new world. The slave

nations possessed the land and the Anu possessed the slave nations, owning the land through their slaves. So this is for each at the top of the pyramid today; they own the masses within each pyramid and own the land through the masses. As each steps out of spinning pyramidal flow in one's field through ascension into figure-8 and triple lotus flow, then one frees oneself from being owned by those at the top of each pyramid that one associates with.

How does one associate with pyramids? Pyramids must spin inside one's field in order to associate with larger pyramidal structures spinning in the region that one exists and amongst the Anu who sit at the top. As one spins pyramids within one's own field, then one is subject to the spin of the entire mechanism, and if at the bottom will lose everything; if in the middle will fair a little better, and if closer to the top will fair better than most. Those closer to the top of the pyramids are generally others of Anu descent; those in the middle can often be certain privileged slave lineages such as those related to David who was Innana's husband and lover for 250 years. Often those of Rosetti, Onton and Persephone inheritance also will sit in the middle of the pyramid, fairing well, but never becoming wealthy as they were never allowed to be on top of the pyramid when they were alive. As one ceases to spin pyramids, then one is not subject to loss or gain of that which is not one's own truth. As such, one can learn to stand more in one's truth as an ascending human.

It was the Pharaohs that owned the Red Nations' peoples en mass. The Pharaohs are related to the gurus of today that also own those of Red Nation descent, whether they be white with ancient red ancestry or red in present time matters not. What occurs when one owns a group of others? One may use the others for one's own gain. Those on top of the guru pyramids strip those beneath of spiritual knowledge, magic, dreams, information, moving energy systems, and the capacity to ascend; just as the Anu stripped the slaves in the same manner and en mass. It is for this reason that those vying to ascend will desire to pull themselves out of any spiritual or religious pyramid, whether it is triangular or box shaped matters not, as one will continuously lose the knowledge necessary to ascend otherwise.

## OWNERSHIP OF OTHERS UPON A PERSONAL LEVEL

Personal ownership, usury and possession will follow the archetypal models related to the karma in all inheritances. Those of Anu descent will own those of slave descent absolute, with the one with slave descent bending their will and abiding by the dream that the one of Anu creates for one to experience. If in a family, it will be the one of Anu inheritance that will determine the dream for the rest. If the rest of the family is mostly slave inheritance, then the others will subordinate greatly to the one in charge, and then can be used.

Child factory laborers or prostitutes are examples of those who are of slave inheritance and bend their will to live the dream that the Anu has cast, whether it be the parents or some other outside force. Mila and Oa read about the slave trade in some countries like Cambodia where young girls are sold into prostitution rings by parents unable to feed them, and for profit. In the prostitution ring the

goal is to be so good that someone purchases the young girl as a slave. You see the slave dream goes on to this day, the dream moving from place to place over time and in the cyclic changes of geometrical patterns spun within the human dream.

Even if one is not sold in this life into prostitution or slavery, the dance with the Anu can feel like being prostituted and enslaved as well as used. How does this work? When one subordinates one's will to another, one is prostituted, and enslaved and used to create the dream of another. Perhaps the slavery is to the family business, as in Mila's case, where she worked much of her teenage years and young adulthood to provide for the family. So much of Mila's dream went into the family business that she struggled in Real Estate after she ceased to work for the family as a result; until she came to understand how she was keeping a dream alive for her parents. As she pulled all her energy out of the family dream, the family business went near bankrupt; until Mila's brother pulled in another associated with parallel karma who knew how to dream weave. Then the dream of the family business flourished again, and Mila was free to use her dream to weave her own tomorrow, which led over time to becoming a gifted psychic counselor and creating a school of ascension. It took transcending all slavery karma to fulfill upon this in Mila's life dance.

Perhaps the slavery is to one's mother, as in Oa's circumstance, where she determined his dream along with the dream of her three other sons. When Oa through his own freewill chose to marry someone that his mother disapproved of, and went against her will, she never associated with Oa or his new wife or her own grandchildren thereafter. Why? Oa had defied the will of an Anu; however the wife was also Anu and Oa found himself just as enslaved to another Anu as to his mother thereafter, until later breaking free in the completion of all slave karma. It was at this juncture that Oa moved on to a new life as director of SSOA at Mila's side.

The journey out of ownership and possession and allowing the Anu to determine one's dream is the path of the ascending map carver of sincere red nation descent, whether it be present day indigenous or white with ancient red ancestry. One will climb out of all karma associated with slavery, usury, possession and allowing others to determine one's dream and fate, and enter a new day in which one consciously dreams and then lives the dream to be fulfilled upon, without manipulation or distortion.

## **THE DANCE OF SUBORDINATION AND SHAME**

Each who is vying to move into their power and truth again and to reclaim their capacity to dream one's own dream will come up against many beliefs that restrain one in the current box or life dance that one has known. Working one's way out of the box of slavery based thought-form is not always easy, as there is more within that desires to subordinate unto another rather than take charge of one's life, determine your dream, rock the boat and make changes within and then over time, make changes that are related in the life dance. The Anu are very good at keeping the slaves or relations of Rosetti, Onton and Persephone in so much shame that

they do not feel powerful enough to rise up and choose their own dream. The dance of shame was so great that both Persephone and Rosetti committed suicide at the end of their lives as they felt so unworthy within.

We have yet to compile all the records for the lives of Persephone, Rosetti and Onton, however at the end of this workbook an entire chapter is set aside to explore how their experiences in living so close to the Anu created cause and effect so powerful that it has affected most Red Nations' peoples to this day. In present time we see that each of this cast of characters was kept subordinate unto the Anu through the dance of shame.

Electrical energy causes shame in a magnetic emotional body. Many reading these materials were born with magnetic biology, as this is what you required in order to fulfill upon your goal of ascension this lifetime. A magnetic body is very sensitive; and perhaps one cried often like Mila in her childhood and teenage years, or in the ascension to date. Ascension can be emotionally difficult for sensitive people, as one feels not only what your ancestors felt when they were alive, but also the emotions of others around you who do not like how one may be changing the energy flow surrounding oneself. Those in one's life dance that are not ready for the changes one is making within may rebel, and unconsciously project shame upon the field so that one contracts rather than continues to expand and ascend. This is how the Anu retained control over the slaves and those Red Nations' peoples that they married or spent time with.

How does one deal with the emotions of others projected upon oneself causing shame? The best way to handle projections is to "mirror them in return", sending them back to the field of the sender. In so doing, one will cease to feel the shame of others projected upon oneself, and find one's own truth within in greater ease. However in order for this to work most effectively, one must also transcend the shame based programming within one's thought-form. As there is little to no shame based patterning remaining within, then the projections of others have nothing to "stick" unto within one's field. Each time one feels ashamed therefore in a circumstance in the dance of life, one can seek to release the shame based programming and then return the projection of shame back upon the sender.

## **FINDING TRUTH WITHIN**

The largest struggle to find inner truth in ascension comes from allowing others to determine one's truth. The slave nation's peoples looked to the Anu, their gods, for their truth, and were told exactly what their truth was individually and collective, each day, month and year that they lived. So this is so today for the masses of slave descendents who look to the movie stars or media magnets or experts in this field or that to tell them what is true; as well as their parents or teachers or employers or spouses to tell them what their truth is and how they should behave in each circumstance.



Red Nations' peoples did not look to their elders to tell them what their truth was; Red Nations' peoples were born with an inherent truth within. The elders were only there to aid in counsel in times of crisis or loss, not to determine one's truth. Therefore there is greater truth inherent in the Red Nations' lineages than in the slave lineages. As one ascends out of the slave lineages and into Red Nations' lineages and DNA, then one quite naturally moves into a place where there is greater truth within. As one knows one's truth, then one will be more likely to make decisions in the life dance and intend dreams that resonate within.

Those Red Nations' peoples who lived in close proximity to the Anu however, such as Rosetti, Onton and Persephone, turned inside out and allowed the Anu to determine their truth over time. Those related to these three cast of characters therefore may discover that one looks to others to determine one's truth, rather than feeling the truth from within as a part of one's Red Nation inheritance. As one ceases to search for truth from outside of self, then it is a sign that one has turned right side out again and is discovering what is so for oneself or one's life dance from within.

What is truth? Truth is the foundation of vibration that allows one to know that one is worthy of existence and that one belongs. Humans belong unto the human hologram, the blueprint from which all human life extends. Humans belong unto one another in a dance of unity that does not shame or deprive. Humans cannot create a circumstance where all belong until they transcend the need to shame one another or compete with one another in any manner. As shame and competition are transcended through ascension, the unconditional acceptance of one another begins to emerge, and this creates a very different dance in any group. For if one accepts one another without question and without judgment, then the dance flows, and each will find one's way to contributing unto the group as they are most gifted in expressing.

## **BELONGING AND OWNERSHIP**

Most who have felt ashamed much of their life also feel owned. Feeling owned may create artificial sense of belonging. *"I belong because I am owned"* is a belief that extends out of the paradigm of ownership. As the Anu came to Earth, they did not belong, and so they owned a part of Earth claiming it as their own and then they could belong. The Anu owned the slaves and as long as they subordinated unto the dream woven for them, then they belonged. Rosetti, Onton and Persephone were owned by their Anu partners, and as such belonged in the family life dance. Stepping out of the belonging was too frightening for these three Red Nations' peoples to ever leave, even though they desired to, with two committing suicide in the end to create their departure from the Anu.

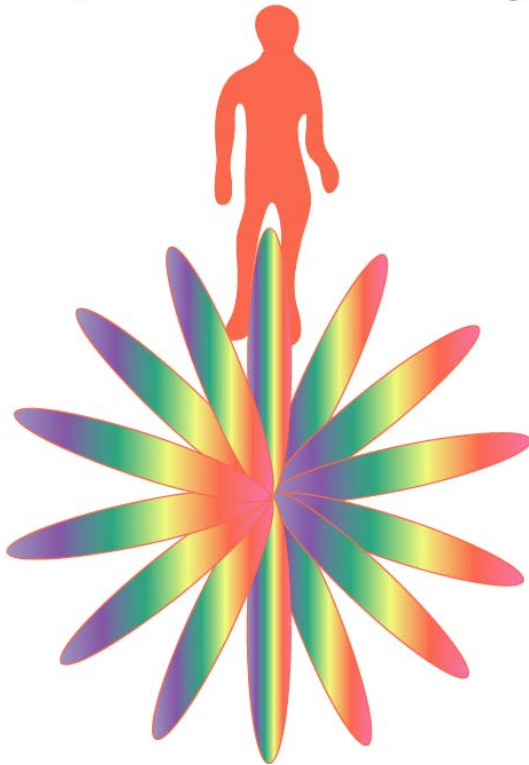
So what is the underlying cause of believing that ownership is belonging? In Terra's estimation, it has to do with feelings of safety. The Anu slave nations were never grounded unto the Earth Mother. Grounding is an energetic connection to the core or aurora of Earth that allows the body to feel safe upon the physical plane and know that it belongs. The slaves felt recurrently unsafe and the Anu



incubated this to be so. Why? As long as the slaves were in fear, they would subordinate and not rise up against their “gods” or masters. Therefore the choice to fail to add information on grounding to the DNA of the slaves was a deliberate choice so that the slaves could easily be controlled. The slaves also then looked to one another and to the Anu to feel as though they belonged.

Belonging is an inherent part of existence for species within the consensus. The nature kingdoms do not therefore question if they do or do not belong; only humans, dolphins and whales that have lost their connection unto the Earth Mother question belonging. As the connection to the Earth is restored in what is known as a state of grounding, then one will know that one belongs from within. In so being, one will cease to search for one’s truth as directed by others outside of oneself.

### *Polynesian Grounding*



Those letting go of slave nation programming therefore will have to gather records on grounding from one’s Red Nations’ ancestors. Once records of grounding are integrated, and one finds a magnetism that causes a relationship unto Earth, one will belong to Earth and nature, and need not belong unto another through ownership. Mila recalls how nice it felt to draw information on grounding from her Native American Root race ancestors. The grounding information allowed for a connection from her feet and tailbone unto the core of Earth that finally allowed her body to feel safe in the world. Later when Mila integrated yet another level of grounding from her Polynesian ancestry, yet a greater sense of safety over her physical body followed. Polynesian grounding is a magnetic rotation that flows from the base chakra and the aurora in a continuous flower like pattern.

For some of red nation inheritance related to Onton, Persephone and Rosetti, grounding also was lost during their incarnation and as they fell into pyramidal flow in their dance with the Anu. Spinning pyramids even if only in the space between will begin to reverse polarize the field, causing the sexual energy to move backwards. As the sexual flow moves backwards, the connection between the body and the core of Earth rolls up and one ceases to ground. Onton, Persephone and Rosetti ceased to ground as they became programmed significantly enough in pyramidal flow in their life with the Anu. As such, they too lost an internal sense of safety, and this then caused them to lack power within to leave their dismal circumstances with the Anu.

Many reading these materials may discover that they are caught in jobs or marriages or other relationships in which pyramidal flow occurs, and that one relies upon this flow in order to feel safe and feel as though one belongs. Some may even go so far as to believe that the sense of belonging is love. Alas this is not love, it is ownership; as the one on top of the pyramid owns all within it; and out of ownership can use, possess, prostitute oneself and determine one's dream to do so. In stepping out of the dance of participating in pyramidal flow, then one also ceases to be owned or possessed by any other.

## THE DANCE OF POSSESSION

Possession is a dance where the energy flow of another overrides one's own energy flow. In many relationships at two strands of DNA, one possesses the other's field. The other then feels suffocated and runs away. One chases and the other continues to run away, until one quits chasing and withdraws one's energy from the field. Then the one chased turns around and chases the one who withdrew, only to begin the entire dance again. Many single folk find themselves in this type of dance with a lover recurrently, and it is the dance of possession.

Although those who are single can dance in the possession of one field over another, so do many marital couples or those in longer term relationships also possess one another energetically speaking. Mila recalls long ago a lover who she missed terribly as they departed. She would possess his field, and he would then find a reason to return to his wife. She would withdraw, and he would return to Mila, longing for her company. She finally chose to step out of the game and he returned to his wife, finally divorcing her after Mila and Oa met.

In Oa's marriage, his wife possessed his field. This caused Oa to withdraw by creating reasons to live away from home, studying for his masters at University, and later procuring jobs in other states. The distance eased the feeling of being suffocated, until he finally had the courage to leave the dance altogether upon meeting Mila. Mila and Oa never possessed one another; they had already embodied enough rotational energy to learn to rotate their fields around one another rather than one field merge with another. This is the journey out of the game of possession between parties or beloveds; to cease to merge with one another and learn to rotate the field around each other. The rotation of field around each other allows each their own truth without one determining the other's identity.

In the dance of one smothering the other, one loses their identity and becomes what another desires in a partner. Many reading this may have found themselves on either side of this game in this lifetime. If one determines the identity of another, then one wonders why they always do what one wishes and becomes bored with the relationship over time. If one allows another to determine one's own identity, then one feels suffocated, unable to be whom one is within, unable to express how one feels and ultimately imprisoned in the dance of the relationship. Either side of this game does not allow for real love to be experienced or expressed; only ownership. It is out of ownership that one then sacrifices of one's

truth to the other that is the master or the one in charge of the relationship. It is in the sacrifice of one's truth that one loses one's identity in relationship to another, or in a group of others.

Many reading these materials have also belonged to other spiritual groups. By and large, it is the guru or leader or minister that determines the truth of each of their following. Each subordinates their truth; giving their spiritual knowledge to the guru. The guru then shows one their own knowledge, and one follows the guru as it appears as though he or she knows one's truth. The pathway out of this game is to retrieve one's truth from each spiritual group or organization that one has danced with, and along with one's knowledge; and then one will begin to know who one is from within, and stand in one's truth in the dance of life.

## IDENTITY MACHINERY

There is machinery that is associated with identity. The identity machinery ties into ownership signatures and programming one received at home, at school and in the workplace or with friends to determine one's identity in all four places. The original identity machines are actually psychic constructions of the Anu to provide a script and personification for their slave populations as they expanded in numbers. Identity entities, also known as personality entities, were imported from many creations to animate the persona of the slave nation. The personality entities are so fractured that they cannot evolve; and this was intended on the part of the Anu in the creation of the slave nation so that they would not evolve beyond Anu control. This is the origins of personality entities in present time.

The pyramidal dream supports identity machinery and personality. Outside of the pyramidal dream, one enters another type of identity or truth that is Red Nation based. Red Nations' peoples never relied upon persona to determine their identity or truth. Truth was an internal vibration held in the genealogy of the biology. Therefore the truth is genetic of the Red Nations' peoples. Red Nations' peoples may have channeled ancestors or soul, nature or Earth, but they did not channel personality entities. Therefore the entire game of channeling personality and the ego and negative ego that it creates is associated with slave nation lineages. As the slave lineages are transcended in full, one will also transcend the requirement to embody personality entities, which know so little that they really cannot guide anyone to ascend.

Identity machinery is founded upon ownership signatures and beliefs surrounding archetypal patterning of the slaves. The archetypes of the slaves are very limited and were spoken to in chapters 1 and 3 of workbook I. The Red Nation archetypes and truth were also limited, but less limited than the slaves as there was an inherent connection to an internal truth as well as a connection to the natural world and the Earth Mother.

Most reading these materials most likely have Grand Master archetypal nature which is the least limited and hosts the largest truth within. The truth of the Grand Masters is to evolve and lead consensus realities in their evolutionary

process; this is the purpose of their holographic nature, and those who are map carvers hold this nature as this is what is required for the process of ascension at this time. Most resonating deeply with these materials will discover that they have Grand Master body level holograms, or one would simply not understand from within the truth that Terra is expressing through these materials.

In order to move into the Grand Master truth that may be of one's inheritance, one will require dismantling all beliefs and thought-form associated with an identity founded upon ownership. The beliefs will vary from initiate to initiate; however most will host beliefs around shame, false belonging, false love and false truth. As one dismantles all programming and beliefs in these categories, one will begin to retrieve one's Red Nation truth within, and create a new dream for the dance of life that is associated.

## PYRAMIDAL FLOW AND PROJECTIONS

Pyramidal flow whether it be triangular or box shaped allows the one on top to project what he or she needs upon each underneath. This is how scripts and dreams are determined by the one on top for those underneath. It is the pyramids as they spin within the field that then catch the dream for how one is to behave and the dream that one is to have in the dance of life. As the pyramids cease to rotate in the transcendence of the associated thought-form and beliefs, then one can begin to catch the dream that one intends instead.

Humans spin pyramids in many places in the dance of life. There is the family pyramid that spins at home, and the work pyramid that spins at work. If one attends classes, then there are the school or university pyramids that spin. If one participates in spiritual gatherings, then there are religious pyramids that spin. There are also pyramids for other aspects of life, such as the food pyramids that spin surrounding grocery stores and restaurants; and the health and beauty pyramids that spin around shopping malls, and the monetary pyramids that spin surrounding banks. Each pyramid has projections for the dream that one has in association with how one relates to the family, work, school, food, one's environment and the banks as well as governments of your world. Any interaction with the dance can trigger pyramids to spin within the field that then catch another dream other than the one you are choosing for your life experience.

What to do? The best solution is to remove the pyramids spinning in the field, and then you will cease to catch another dream other than the one you are intending for in the dance of life. To the degree one can complete with the dance of pyramids and enter figure-8 flow, to such a degree one will be less limited in the types of dreams that one can call unto oneself. However even figure-8 dreams are polarized, and this too we wish to explain for those entering this flow at this time.



## FIGURE-8 POLARITY BASED PATTERNS

Figure-8 patterning has another type of flow that does not involve attachment, but rather movement of the figure-8 flow between or surrounding two parties or more. In the dance of polarity of figure-8 dreams, one dream is drawn to one party at the end of one part of the movement of the figure-8, and another dream to another in opposite. So in any group of 100 spinning figure-8 dreams, one party will sit in judgment while another accepts, one party will set in poverty while another sits in greed; one will sit in rejection while another lusts, one party will sit in peace while another is in fear; one party will suffer while another is excited; one will sit in pain while another is in pleasure, and one will live while another perishes or dies. Such is the nature of polarity based dreams within the figure-8 flow.

The figure-8 flow therefore is not the ideal flow to co-create unity within, as it polarizes some in the group into extremes. There are many polarities and so there will be those in any figure-8 dream that are not pressed into extremes. Out of 100 or more in any figure-8 dream, only 14 are polarized into extreme opposites. The extreme opposing life circumstances however may be very unpleasant for those existing in the negative side of the polarity.

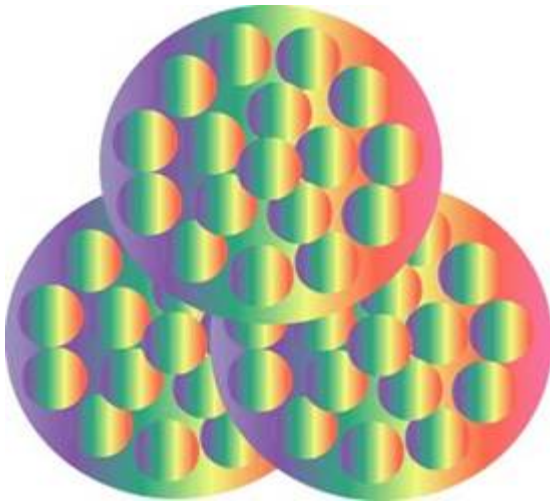
As the triple lotus flow is embraced in lieu of the figure-8, then the extreme polarities cease for the 14 in any group of 100.

Ascending humans shall first leave behind pyramidal flow, as this presses one to the top at the expense of all others, and it a most extreme polarity of all as a result. As humans enter the figure-8 flow, a less extreme form of polarity shall follow in which fewer in the dance of life are pitted against one another to extremes. It shall be as ascending humans master triple lotus flow however that the greatest unity shall be born in the human dream. This can be so now for each choosing to master their initiations moving into more ancient energy flow in this lifetime. To the degree one masters triple lotus flow, to such a degree one also shall enter the dance of unity in this lifetime.

In the triple lotus flow, a deeper level of acceptance of self and all others emerges. There are many truths and there are many manners of viewing one's truth within. If one focuses upon the inner family components and watches how one's inner children relate, this is one way to assess one's truth in the moment within. If one looks at one's inner beloved or parents, and assesses how they relate, this is

*Figure 8 Polarity*





another manner of assessing one's current truth within. One can also attune to the kinesthetic feelings of the body. The body knows what is true for itself if it is asked. For those who are sensitive and magnetic, they will feel the truth within their body and know what is so. For those who are less sensitive, one can muscle test the truth of the body.

One of the major problems with muscle testing or even knowing one's truth in a kinesthetic sense is due to the intermixing of energies between humans. Attachment causes energies to intertwine. When one

goes to assess truth and one's energy is mixed up with the family, workmates, or the spiritual group at a gathering, then one will attune to the truth of the clan or group and not one's own truth. As the energies of others are flushed from the field, then one will be better capable of assessing one's own truth within. It is for this reason that Mila and Oa offer up many recorded meditations to aid initiates in learning to self clear their fields to better understand one's truth within.

Intermixed energies do not subside with either figure-8 or triple lotus flow. However to the degree that one learns to wrap energy around others and cause others to wrap energy around oneself rather than blend or intermix, then the greater the individual knows their truth in a group environment. The energy flow of unity is experimented with in SSOA events to perceive what flow allows each their sovereign truth and yet allows for a unity dream and relationships together to flow. Over time these movements of energy that create sovereignty of truth will be the movements Terra incorporates in managing the human dream ahead, leading to a new day of unity for human civilization.

## SUMMARY

We have explored many patterns of usury, ownership and prostitution or self sacrifice in this section. The workbook section will go on to provide focuses for internal release work that has been triggered in the written materials from this section. We will close with saying that Terra has also been used, owned and possessed, sometimes at human hands. The usury is at an all time high now with humans taking more resources than Terra can regenerate. Terra also releases her karma and patterns and thought-form associated with usury as each ascending map carver does this same. This is how we work together to transcend, supporting one another and the whole simultaneously.

Until our next communication,  
Namaste  
Earth Mother



# THE COMPLETE ASCENSION WORKBOOK PART II

## CHAPTER 5 WORKSHEET

*Transcending Usury, Ownership and Patterns of Non-Love*  
 The Earth Mother through Karen Danrich "Mila" and Thomas Weber "Oa"  
 April 17, 2007

ASCENDING INTO HARMONIOUS GENEALOGIES	
<p><b>1. Out of the 144 lineages (or 288 for those mastering beyond 3800 strands), what percentage of inheritances are useful for ascension into harmonious, unity based magnetic DNA?</b></p> <p>% Useful for Ascension _____</p>	<p><i>I intend to ascend only into harmonious, unity based magnetic DNA from my Red Nation Ancestry.</i></p> <p><i>I intend to release the karma in other inheritances that are non-supportive of unity and harmony in the dance of life.</i></p> <p><i>I intend to seal all lineages that are disunity based as the karma is released so that future ascending generations also do not ascend into disharmonious DNA.</i></p> <p><i>I intend to release all karma in my tapestry of ancestry for how disharmonious DNA became blended with resonant DNA causing dissonance in the dance of life.</i></p>
<p><b>2. What time periods do I have ancestors who lived in harmony, unity and peace?</b></p> <p>Era of the Grand Masters? _____</p> <p>Era of the Anu? _____</p> <p>Era of the Pharaohs? _____</p> <p>Era of Atlantis? _____</p>	<p><i>I intend to bring forward those ancestors who understood unity, equality, peace and joy in the dance of life.</i></p> <p><i>I intend to request that these ancestors teach me about the energy flow of unity and peace.</i></p> <p><i>I intend to ascend into an energy flow that is founded upon unity and peace in this lifetime.</i></p> <p><i>I intend to draw others to my dance of life that share ancestors that experienced unity and joy together when they were alive.</i></p> <p><i>I intend to co-create ascending friends or communities founded upon unity, honor, peace and joy in this lifetime and in my future ascending ancestors' lifetimes.</i></p>

## OWNERSHIP AND THE KUMARA BASED PLANES

1. Given my inheritance, what Kumara based planes do I tend to have ownership signatures associated with?  
(Generally you have ownership associated with two of the planes more extensively than any others.)

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*I intend to erase all ownership signatures embedded in my etheric grid work each week and month of my ascension ahead.*

*I intend to burn the cords of attachment associated between myself and other persons, places or objects from end to end during my meditation or time of exercise.*

*I intend to transcend the planes of extreme polarity to the degree I can this lifetime, and conclude with the dance of ownership and the attachment that are caused.*



### THE PLANES OF LIFE AND DEATH

*Transmutative Tone: Forgiveness*



### THE PLANES OF PAIN AND PLEASURE

*Transmutative Tone: Structure*



### THE PLANES OF SUFFERING AND EXCITEMENT

*Transmutative Tone: Power*



### THE PLANES OF FEAR AND PEACE

*Transmutative Tone: Compassion*



### THE PLANES OF LUST AND REJECTION

*Transmutative Tones: Breath of Life  
and Non Conditional Love*



### THE PLANES OF JUDGMENT AND ACCEPTANCE















*Transmutative Tones: Freedom and Divine Union*









### THE PLANES OF GREED AND POVERTY

*Transmutative Tones: Unity  
and Non-Conditional Governance*

## LANGUAGE OF LIGHT DUAL TONE INTEGRATION

	<b>71. Unconditional Purpose</b> <i>Polarity Transcended: Self Interest - Other Interest</i>		<b>72. Unconditional Truth</b> <i>Polarity Transcended: Valid - Invalid</i>
	<b>73. Unconditional Service</b> <i>Self Service - Other Service</i>		<b>74. Unconditional Hope</b> <i>Polarity Transcended: Can - Cannot</i>
	<b>74. Unconditional Dance of Life</b> <i>Polarity Transcended: Fluid - Stuck</i>		<b>76. Unlimited Self Expression</b> <i>Polarity Transcended: Accomplish - Fail</i>
	<b>77. Unlimited Joy</b> <i>Polarity Transcended: Joyous - Joyless</i>		<b>78. Unlimited Expansion</b> <i>Polarity Transcended: Expansive - Contracted</i>
	<b>79. Unity of All Species</b> <i>Polarity Transcended: Human Species - Other Species</i>		<b>80. Communion of All Species</b> <i>Polarity Transcended: Human Form - Other Species Form</i>
	<b>81. Fruition</b> <i>Polarity Transcended: Manifest - Cannot Manifest</i>		<b>82. Boundaries</b> <i>Polarity Transcended: Entrance - Exit</i>
	<b>83. Alignment</b> <i>Polarity Transcended: Resonant - Non Resonant</i>		<b>84. Director</b> <i>Polarity Transcended: Producer - Actress or Actor</i>

	<b>85. Creation</b> <i>Polarity Transcended:  Movie or Dream -  Scene</i>		<b>86. Universe</b> <i>Polarity  Transcended: One  Movie or Dream-  Many Movies or  Dreams</i>
	<b>87. Production</b> <i>Polarity Transcended:  Movie or Dream -  Cast of Characters</i>		<b>88. Cast of Characters</b> <i>Polarity  Transcended:  Individual Dream -  Group Dream</i>
	<b>89. Civilization</b> <i>Polarity Transcended:  Cities or Group  Dream - Towns or  Many Group Dreams</i>		<b>90. One World</b> <i>Polarity  Transcended:  International  Dream- National  Dream</i>

**2. What of the above Language of Light Dual Tones have I mastered in my ascension to date?**

*The second section of Dual Tones is presented above for your assessment and focus. These particular dual tones (#71-#80) are useful in the transcendence of ownership and possession based patterns.*

***Dual Tones are mastered by demonstrating the combined tones and colors in one's chakra and subtle body energy flow.***

*The above Dual Tones are useful in erasing and releasing the ownership signatures in the etheric body along with the associated attachments, programming and mechanized thought-form.*

*I intend to embody each dual tone in the Language of Light fully and completely.*

[illegible]

*What minerals or herbs would be useful in supporting my mastery of the next level of the dual tone concepts of the Language of Light? (Note use the herb list from the Language of Light Single Tone list in chapter 1 worksheet in workbook II.)*

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## RELEASING THE BOOK OF DEATH

<p><b>1. What percentage of my DNA hosts hidden destructive language?</b></p> <p>% DNA _____</p>	<p><i>I intend to erase all hidden destructive languages behind the DNA I have embodied, and am to embody into the future.</i></p> <p><i>I intend to forgive my ancestors for embracing hidden destructive patterns.</i></p> <p><i>I intend to forgive the false tao for polarizing one creation into destruction and another into life extension through the use of such languages.</i></p>
<p><b>2. How many ancestors in my inheritance have been affected by the Book of Death, receiving scripts for destruction?</b></p> <p># Ancestors in the Era of the Anu? _____</p> <p># Ancestors in the Era of the Pharaohs? _____</p> <p># Ancestors in the Era of Atlantis? _____</p>	<p><i>I intend to forgive all my ancestors who lived their life founded upon a script for destruction due to the book of death that has prevailed over humanity upon Earth.</i></p> <p><i>I intend to release and erase the book of death and replace it with the book of ascension.</i></p> <p><i>I intend to erase all scripts that do not serve my evolutionary journey home in this lifetime.</i></p> <p><i>I intend to integrate new scripts for the best possible gentle ascending dream ahead.</i></p> <p><i>I intend to replace my holographic archives with new archives that support the book of ascension.</i></p>
<p><b>NOTES</b></p>	



## RELEASING ATTACHMENT AND OWNERSHIP

<p><b>1. Have I released 100% of the positive lay line attachment that connects my etheric body to other persons, places, objects, pets, plants, land or other possessions that I should have in my ascent to date?</b></p> <p>% Attachment failed to be released _____</p> <p><i>Following this intention, it would be good to utilize one of the healing meditation CDs to spin up the field and use the kundahlini energy flow to burn the attachments from end to end like a fuse.</i></p>	<p><i>I intend to release and erase the positive lay line attachment that interconnects my etheric body to other persons, places, objects, pets, plants, land or other possessions to the vibration I have attained in my ascent to date.</i></p> <p><i>I forgive those ancestors who are related to the slave nation that the Anu bred for being so holographically incomplete that they could not exist without intertwining with one another through attachment.</i></p> <p><i>I forgive those ancestors that chose to breed a slave race that is less than whole enough to ascend.</i></p> <p><i>I intend to erase the ownership signatures in the etheric grid work underlying each cord of attachment.</i></p> <p><i>I intend to anchor another pattern of figure-8 and triple lotus flow that causes my field to wrap around others rather than interconnect through cords of attachment.</i></p> <p><i>I intend to reweave the space without into the etheric grid work where it belongs so that the physical body may continue to rise in vibration and ascend.</i></p>
<p><b>2. Have I released 100% of the space between attachment that connects me to other persons, places, objects, pets, plants, land or other possessions that I should have in my ascent to date?</b></p> <p>% Space between attachment failed to be released _____</p>	<p><i>I intend to release the karma with the nonphysical for stripping the red nations' peoples of their love such that they needed to strip Terra of love to survive.</i></p> <p><i>I intend to forgive my red nations' ancestors for inflating the space between in their attempted ascensions long ago creating space between attachments.</i></p> <p><i>I intend to forgive the Grand Master ancestors for attempting to ascend genealogies that they did not fully understand leading to distortion.</i></p> <p><i>I intend to release all my space between attachments and recast this region of domain to the degree I can in each level of ascension ahead.</i></p>

## RELEASING PROGRAM LOOPS AND MECHANICAL THOUGHT-FORM OF OWNERSHIP

<p><b>1. How many program loops of mechanical thought-form are associated with the space without attachment I am releasing at this time in my ascension to date?</b></p> <p># Program Loops _____</p> <p><i>If need be go back to Chapter 3 Worksheet and work with the section on Mechanical Program Loops to release each that has surfaced at this time to be cleared. (See Page 13 in Chapter 3 Worksheet).</i></p>	<p><i>I intend to release all mechanical loops of programming related to the ownership signatures and attachment releasing at this time in my etheric body level grid work.</i></p> <p><i>I intend to forgive those in my current life who programmed me through the ownership inherent in my genealogy.</i></p> <p><i>I forgive myself for programming others in the unconscious through the ownership inherent in their biology.</i></p> <p><i>I intend to transcend the dance of programming and ownership in this lifetime.</i></p> <p><i>I forgive those ancestors who participated in the game of programming and ownership at the time that they were incarnate.</i></p> <p><i>I forgive the Anu for creating a slave race that they owned and a slave civilization founded upon ownership that repeated in many time periods thereafter.</i></p> <p><i>I forgive those ancestors who participated in the dance of ownership and programming in the era of the Anu, or the era of Atlantis.</i></p>
<p><b>2. How many program loops of mechanical thought-form are associated with the space between attachment I am releasing at this time in my ascension to date?</b></p> <p># Program Loops _____</p>	<p><i>I intend to forgive all red nations' ancestors who fell into space between attachment with one another and the land in order to ascend as a collective.</i></p> <p><i>I intend to cease to attach via the space between.</i></p> <p><i>I intend to embody the figure-8 and triple lotus patterning in the space between of the field as well as the space without.</i></p> <p><i>I intend to release all mechanical program loops and thought-form associated with my space between attachments.</i></p> <p><i>I forgive my red nations' ancestry for participating in ownership through the space between.</i></p>

## PROPERTY AND POSSESSION OWNERSHIP

<p><b>1. How many pieces of property have I lived upon or worked upon have I laid ownership signatures upon in this lifetime?</b></p> <p><b># Properties</b> _____</p>	<p><i>I intend to forgive those ancestors who "owned" the land causing the movement of chi to become stuck or cease to move in the grids of Earth.</i></p> <p><i>I intend to erase all ownership from the land that I have lived upon or worked upon this lifetime.</i></p> <p><i>I intend to erase all ownership from the land that my ancestors laid upon it so that all energies may freely move and the land can ascend.</i></p> <p><i>I intend to erase the ownership signatures of others surrounding where I work, travel or live for as far as my field can reach to assist in the ascent of Earth.</i></p>
<p><b>2. What other possessions do I continue to own and attach into and therefore lose energy through required to ascend?</b></p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><i>I intend to erase all ownership signatures on all possessions that I currently live with.</i></p> <p><i>I intend to erase all ownerships signatures upon all possessions that I have given away or sold or passed on over time.</i></p> <p><i>I forgive my ancestors for placing ownership upon all possessions that they held in their given lifetimes.</i></p> <p><i>I intend to erase the ownership upon any remaining possessions that my ancestors lived with that are still present upon Earth, perhaps in a museum or in an antique store.</i></p> <p><i>I intend to gather up my chi from all possessions that I formerly owned.</i></p> <p><i>I intend to gather up my chi from all possessions that my ancestors owned.</i></p>
<p><b>3. What pets, plants, minerals or other living things do I attach unto and own?</b></p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><i>I intend to cease to own other living things including plants, minerals, and pets.</i></p> <p><i>I intend to erase my ownership off all living things in my possession.</i></p> <p><i>I intend to forgive my ancestors for owning the plant, animal or mineral kingdom.</i></p> <p><i>I intend to erase my ancestors' ownership signatures off of all kingdoms that they owned in their lifetimes.</i></p>

## BENDING YOUR WILL TO ANOTHER

**1. Who have I bent my will unto playing the role of slave this lifetime?**

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*I intend to forgive the master slave dance in my ancestry.*

*I forgive all ancestors who played the role of slave, and each that played the role of master.*

*I forgive all ancestors who bent their will to another living the dream that another wished rather than the ancestor's own dream.*

*I intend to cease to bend my will to another in this lifetime.*

*I intend to retrieve all power to stand in my own truth and weave my own dream, and live to experience what I have intended.*

**2. What are the archetypal natures of those whom I bend my will for?**

     **Family of Anu?**

Innana, Merduk, Zeus, Athena, Apollo, Hestia, Hera, Dionysius, Ares, Demeter or Hermes

     **Slave?**

Thanatos, Eros, Hephesteous, Hercules, Poseidon, Oracle of Delphi, Helios, or Pan

     **Albyreon?**

God Goddess of Fire, Water, Air or Earth

     **Red Nation?**

God Goddess of Earth, Sexuality, Power, Love, Co-Creation, Vision, Knowledge or Sun

     **Grand Master?**

God Goddess of Time, Ancestral Knowledge, Human Species, Evolution, Solar Cycles or Ascension to the Fifth Dimension

*I intend to release my ancestral karma with those of specific archetypal nature that I bend my will unto, playing the role of slave.*

*I forgive those ancestors who bent their will to another of these archetypal natures.*

*I intend to embody unity and equality in the dance of life.*

*I intend to take back my power from each who I have bent my will unto this lifetime.*

*I intend to take back my ancestral power for each who they bent their will unto in their respective lifetimes.*

*I intend to return all power I have taken this lifetime that belongs unto another.*

*I intend to return all power my ancestors stripped from others in their lifetimes.*

*I intend authentic power and a restoration of truth in the dance of life.*

*I intend to become the dreamer and the dream.*

<p><b>3. Who have I bent the will of playing the role of master this lifetime?</b></p> <hr/> <hr/> <hr/> <hr/> <hr/>	<p><i>I intend to forgive the master slave dance in my ancestry.</i></p> <p><i>I forgive all ancestors who played the role of slave, and each that played the role of master.</i></p> <p><i>I forgive all ancestors who bent the will of another forcing them to live a dream other than their own.</i></p> <p><i>I intend to cease to bend the will of another in this lifetime.</i></p> <p><i>I intend to return all power so that others can stand in their own truth in the dance of life.</i></p>
<p><b>4. What are the archetypal natures of those whom I bend the will of?</b></p> <p><b>___Family of Anu?</b> Innana, Merduk, Zeus, Athena, Apollo, Hestia, Hera, Dionysius, Ares, Demeter or Hermes</p> <p><b>___Slave?</b> Thanatos, Eros, Hephesteous, Hercules, Poseidon, Oracle of Delphi, Helios, or Pan</p> <p><b>___Albyreon?</b> God Goddess of Fire, Water, Air or Earth</p> <p><b>___Red Nation?</b> God Goddess of Earth, Sexuality, Power, Love, Co-Creation, Vision, Knowledge or Sun</p> <p><b>___Grand Master?</b> God Goddess of Time, Ancestral Knowledge, Human Species, Evolution, Solar Cycles or Ascension to the Fifth Dimension</p>	<p><i>I intend to release my ancestral karma with those of specific archetypal nature that I bent the will of this lifetime.</i></p> <p><i>I forgive those ancestors who dominated over others bending their will.</i></p> <p><i>I intend to return all power I have taken this lifetime that belongs unto another.</i></p> <p><i>I intend to return all power my ancestors stripped from others in the ancestors' lifetimes.</i></p> <p><i>I intend authentic power and a restoration of truth in the dance of life.</i></p> <p><i>I intend to embody unity and equality in the dance of life.</i></p> <p><i>I intend to cease to weave the dream for others.</i></p> <p><i>I intend to allow all others to become the dreamer and the dream by retrieving their own information on dream weaving.</i></p> <p><i>I intend to only weave my own dream to stand in my own truth in the dance of life.</i></p>

## HEALING THE INNER FAMILY

### Master Slave Patterning

Question	Inner Male Child	Inner Female Child
<b>1. What ages did you experience feeling enslaved to another or caused another to feel enslaved in childhood?</b>	<div> <div>___ Age 0-1</div> <div>___ Age 6-7</div> <div>___ Age 1-2</div> <div>___ Age 7-8</div> <div>___ Age 2-3</div> <div>___ Age 8-9</div> <div>___ Age 3-4</div> <div>___ Age 9-10</div> <div>___ Age 4-5</div> <div>___ Age 10-11</div> <div>___ Age 5-6</div> <div>___ Age 11-12</div> </div>	<div> <div>___ Age 0-1</div> <div>___ Age 6-7</div> <div>___ Age 1-2</div> <div>___ Age 7-8</div> <div>___ Age 2-3</div> <div>___ Age 8-9</div> <div>___ Age 3-4</div> <div>___ Age 9-10</div> <div>___ Age 4-5</div> <div>___ Age 10-11</div> <div>___ Age 5-6</div> <div>___ Age 11-12</div> </div>
<i>I intend to release and erase all trauma from feeling enslaved or enslaving another in my childhood.</i>	<i>I intend to release and erase the trauma of feeling enslaved or enslaving another in my inner male child.</i>	<i>I intend to release and erase the trauma of feeling enslaved or enslaving another in my inner female child.</i>
<i>I intend to replace the memories of being enslaved or enslaving another with memories of acceptance of one another in each other's truth in my childhood.</i>	<i>I intend to retrieve all fractured pieces of my inner male child that shattered due to feeling enslaved or enslaving another.</i>	<i>I intend to retrieve all fractured pieces of my inner female child that shattered due to feeling enslaved or enslaving another.</i>
<i>I intend to forgive my parents or other adults or friends who enslaved me in childhood or myself for causing others to feel enslaved unto me as a child.</i>	<i>I intend to erase the experiences of feeling enslaved or enslaving another in my inner male child and replace them with new memories of acceptance, power, love, equality and truth.</i>	<i>I intend to erase the experiences of feeling enslaved or enslaving another in my inner female child and replace them with new memories of acceptance, power, love, equality and truth.</i>
<i>I intend to retrieve the power for my inner children to stand in their truth.</i>	<i>I intend to retrieve the power of my inner male child, and return power confiscated from another.</i>	<i>I intend to retrieve the power of my inner female child, and return power confiscated from another.</i>
<i>I intend to restore a sense of power and truth within my inner children so that a dance of equality may emerge in my inner family.</i>	<i>I intend that my inner male child learn to relate in power, equality, acceptance and truth within my inner family.</i>	<i>I intend that my inner female child learn to relate in power, equality, acceptance and truth within my inner family.</i>
<b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner child of master-slave experiences?</b>		



Question	Inner Male Teenager	Inner Female Teenager
<b>2. What ages did you experience feeling enslaved to another or caused another to feel enslaved as a teenager?</b>	<div> <div>___ Age 12-13</div> <div>___ Age 13-14</div> <div>___ Age 14-15</div> <div>___ Age 15-16</div> </div> <div> <div>___ Age 16-17</div> <div>___ Age 17-18</div> <div>___ Age 18-19</div> <div>___ Age 19-20</div> </div>	<div> <div>___ Age 12-13</div> <div>___ Age 13-14</div> <div>___ Age 14-15</div> <div>___ Age 15-16</div> </div> <div> <div>___ Age 16-17</div> <div>___ Age 17-18</div> <div>___ Age 18-19</div> <div>___ Age 19-20</div> </div>
<i>I intend to release and erase all trauma from feeling enslaved or enslaving another in my teenage years.</i>	<i>I intend to release and erase the trauma of feeling enslaved or enslaving another in my inner male teenager.</i>	<i>I intend to release and erase the trauma of feeling enslaved or enslaving another in my inner female teenager.</i>
<i>I intend to replace the memories of being enslaved or enslaving another with memories of acceptance of one another in each other's truth in my teenage years.</i>	<i>I intend to retrieve all fractured pieces of my inner male teenager that shattered due to feeling enslaved or enslaving another.</i>	<i>I intend to retrieve all fractured pieces of my inner female teenager that shattered due to feeling enslaved or enslaving another.</i>
<i>I intend to forgive my parents or other adults or friends who enslaved me in my teenage years or myself for causing others to feel enslaved unto me as a teenager.</i>	<i>I intend to erase the experiences of feeling enslaved or enslaving another in my inner male teenager and replace them with new memories of acceptance, power, love, equality and truth.</i>	<i>I intend to erase the experiences of feeling enslaved or enslaving another in my inner female teenager and replace them with new memories of acceptance, power, love, equality and truth.</i>
<i>I intend to retrieve the power for my inner teenager to stand in their truth.</i>	<i>I intend to retrieve the power of my inner male teenager, and return power confiscated from another.</i>	<i>I intend to retrieve the power of my inner female teenager, and return power confiscated from another.</i>
<i>I intend to restore a sense of power and truth within my inner teenager so that a dance of equality may emerge in my inner family.</i>	<i>I intend that my inner male teenager learn to relate in power, equality, acceptance and truth within my inner family.</i>	<i>I intend that my inner female teenager learn to relate in power, equality, acceptance and truth within my inner family.</i>
<b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner teenager of master-slave experiences?</b>		
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Question	Inner Male Adult	Inner Female Adult
<p><b>3. What ages did you experience feeling enslaved to another or caused another to feel enslaved as an adult?</b></p> <p><i>I intend to release and erase all trauma from feeling enslaved or enslaving another in my adult years.</i></p> <p><i>I intend to replace the memories of being enslaved or enslaving another with memories of acceptance of one another in each other's truth in my adult years.</i></p> <p><i>I intend to forgive each who enslaved me in my adult years or myself for causing others to feel enslaved unto me as an adult.</i></p> <p><i>I intend to retrieve the power for my inner adult to stand in their truth, and return all power that does not belong unto them.</i></p> <p><i>I intend to restore a sense of power and truth within my inner adult so that a dance of equality may emerge in my inner family.</i></p>	<p><i>I intend to release and erase the trauma of feeling enslaved or enslaving another in my inner male adult.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner male adult that shattered due to feeling enslaved or enslaving another.</i></p> <p><i>I intend to erase the experiences of feeling enslaved or enslaving another in my inner male adult and replace them with new memories of acceptance, power, love, equality and truth.</i></p> <p><i>I intend to retrieve the power of my inner male adult, and return power confiscated from another.</i></p> <p><i>I intend that my inner male adult learn to relate in power, equality, acceptance and truth within my inner family.</i></p>	<p><i>I intend to release and erase the trauma of feeling enslaved or enslaving another in my inner female adult.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner female adult that shattered due to feeling enslaved or enslaving another.</i></p> <p><i>I intend to erase the experiences of feeling enslaved or enslaving another in my inner female adult and replace them with new memories of acceptance, power, love, equality and truth.</i></p> <p><i>I intend to retrieve the power of my inner female adult, and return power confiscated from another.</i></p> <p><i>I intend that my inner female adult learn to relate in power, equality, acceptance and truth within my inner family.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner adult of the master-slave dance?</b></p> <hr/>		

Question	Inner Male Parent	Inner Female Parent
<p><b>4. What ages do you have memories of either your mother or father feeling enslaved to one another, others in their life dance or yourself?</b></p>	<hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/>
<p><i>I intend to release and erase all trauma from feeling enslaved within my inner parents.</i></p>	<p><i>I intend to construct a new inner father that is powerful yet gentle and related to my grand master or red nations' ancestors.</i></p>	<p><i>I intend to construct a new inner mother that is powerful yet gentle and related to my grand master or red nations' ancestors.</i></p>
<p><i>I intend to replace the memories of being enslaved with memories of being accepted in my truth as a parent or within my inner parent.</i></p>	<p><i>I intend to release the trauma of master-slave patterns recorded within my inner father.</i></p>	<p><i>I intend to release the trauma of master-slave patterns recorded within my inner mother.</i></p>
<p><i>I intend to forgive other adults or bosses who enslaved my parents causing a record of slavery in my inner parents.</i></p>	<p><i>I intend to erase each experience of master slave patterns within my inner father.</i></p>	<p><i>I intend to erase each experience of master slave patterns within my inner mother.</i></p>
<p><i>I intend to forgive myself for causing others to feel enslaved unto me as a parent.</i></p>	<p><i>I intend to replace the experiences of master slave games with the experiences where my inner father is accepting, loving, nurturing and supportive of the truth of each.</i></p>	<p><i>I intend to replace the experiences of master slave games with the experiences where my inner mother is accepting, loving, nurturing and supportive of the truth of each.</i></p>
<p><i>I intend to erase those experiences that caused others to feel enslaved to me as a parent and replace them with new memories of love, truth, equality and acceptance.</i></p>	<p><i>I intend that my inner father have all power that I have now.</i></p> <p><i>I intend that my inner father stand in his power to protect the inner family enough that they feel safe.</i></p>	<p><i>I intend that my inner mother have all power that I have now.</i></p> <p><i>I intend that my inner mother stand in her power to protect the inner family enough that they feel safe..</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner parents of the master-slave dance?</b></p>		

TRANSCENDING PROJECTION OF DREAM	
<p><b>1. Who has tended to project their dream of who they need me to be in this lifetime?</b></p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><i>I intend to forgive the dance of projection in my ancestry.</i></p> <p><i>I forgive all ancestors who projected upon others what they needed them to be.</i></p> <p><i>I forgive al ancestors that received the projections of others and became what they needed the ancestors to be.</i></p> <p><i>I intend to cease to receive the projections of others and mirror them back to their source of origin.</i></p> <p><i>I intend to embody my truth in action and freely express who I am upon the physical plane.</i></p> <p><i>I intend to become the dreamer and the dream.</i></p>
<p><b>2. What are the archetypal natures of those whom project upon me?</b></p> <p><b>___ Family of Anu?</b> Innana, Merduk, Zeus, Athena, Apollo, Hestia, Hera, Dionysius, Ares, Demeter or Hermes</p> <p><b>___ Slave?</b> Thanatos, Eros, Hephesteous, Hercules, Poseidon, Oracle of Delphi, Helios, or Pan</p> <p><b>___ Albyreon?</b> God Goddess of Fire, Water, Air or Earth</p> <p><b>___ Red Nation?</b> God Goddess of Earth, Sexuality, Power, Love, Co-Creation, Vision, Knowledge or Sun</p> <p><b>___ Grand Master?</b> God Goddess of Time, Ancestral Knowledge, Human Species, Evolution, Solar Cycles or Ascension to the Fifth Dimension</p>	<p><i>I intend to release my karma with each archetypal nature that projects upon me a dream that is not my own to live or experience.</i></p> <p><i>I intend to return the dreams that I have not intended for myself by mirroring them back to where they originated.</i></p> <p><i>I intend to retrieve and recast my intended dream for my life dance and ascension ahead.</i></p> <p><i>I forgive those ancestors who accepted without question the dreams of others as projected upon the ancestors.</i></p> <p><i>I forgive my ancestors for losing their dream weaving knowledge to others.</i></p> <p><i>I forgive those ancestors who projected dreams upon others.</i></p> <p><i>I intend to weave my own dream and live and walk my own truth.</i></p> <p><i>I intend to become the dreamer and the dream again and in this lifetime.</i></p>

<p><b>3. Who have I tended to project dreams upon in this lifetime?</b></p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<p><i>I intend to forgive the dance of projection of dream in my ancestry.</i></p> <p><i>I forgive all ancestors who projected upon others what the ancestors needed the others to be.</i></p> <p><i>I forgive al ancestors that received the projections of others and became what the others needed the ancestors to be.</i></p> <p><i>I intend to cease to project upon others allowing each their unique truth and expression in the dance of life.</i></p> <p><i>I intend to allow all others embody their truth in action and freely express who they are upon the physical plane.</i></p>
<p><b>4. What are the archetypal natures of those whom I project upon?</b></p> <p><b>___Family of Anu?</b> Innana, Merduk, Zeus, Athena, Apollo, Hestia, Hera, Dionysius, Ares, Demeter or Hermes</p> <p><b>___Slave?</b> Thanatos, Eros, Hephesteous, Hercules, Poseidon, Oracle of Delphi, Helios, or Pan</p> <p><b>___Albyreon?</b> God Goddess of Fire, Water, Air or Earth</p> <p><b>___Red Nation?</b> God Goddess of Earth, Sexuality, Power, Love, Co-Creation, Vision, Knowledge or Sun</p> <p><b>___Grand Master?</b> God Goddess of Time, Ancestral Knowledge, Human Species, Evolution, Solar Cycles or Ascension to the Fifth Dimension</p>	<p><i>I intend to release my karma with each archetypal nature that I tend to project dreams upon in this lifetime.</i></p> <p><i>I intend to retrieve the dreams that I have projected upon others.</i></p> <p><i>I forgive those ancestors who projected dreams upon others.</i></p> <p><i>I intend to retrieve all ancestral dreams projected upon others.</i></p> <p><i>I forgive the red nation race for losing their dream weaving knowledge and falling into the game of projection.</i></p> <p><i>I intend to allow all others to learn to weave their own dreams through ascension and in the retrieval of their own ancestral dream weaving knowledge.</i></p> <p><i>I intend to retrieve all dream weaving knowledge lost throughout my ancestry.</i></p> <p><i>I intend to weave my own dream and live and walk my own truth.</i></p> <p><i>I intend to become the dreamer and the dream again and in this lifetime and allow all others to do the same.</i></p>

## HEALING THE INNER FAMILY

### Projection of Dream

Question	Inner Male Child	Inner Female Child
<p><b>1. What ages in childhood do I recall receiving projected dreams upon me to fit into my parents or teachers dream, or projected dreams upon others to have them fit into my dream?</b></p> <p><i>I intend to release and erase all trauma from trying to fit into a dream that was projected upon me and not necessarily my truth in my childhood.</i></p> <p><i>I intend to replace the memories of accepting the projections of others with new memories of weaving my own dream founded upon my truth in childhood.</i></p> <p><i>I intend to forgive my parents or other adults or teachers that projected dreams upon me or myself for projecting dreams upon others.</i></p> <p><i>I intend to restore the capacity for my inner children to weave their own dream from their truth in action and then live to experience it.</i></p>	<p>           ___ Age 0-1    ___ Age 6-7            ___ Age 1-2    ___ Age 7-8            ___ Age 2-3    ___ Age 8-9            ___ Age 3-4    ___ Age 9-10            ___ Age 4-5    ___ Age 10-11            ___ Age 5-6    ___ Age 11-12         </p> <p><i>I intend to release and erase the trauma from trying to fit into a dream projected upon my inner male child that was not necessarily his truth.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner male child that shattered off due to not fitting into the dreams projected by others.</i></p> <p><i>I intend to forgive my inner male child for receiving the projections of others or projecting dreams upon others.</i></p> <p><i>I intend to give all the information I now have on dream weaving to my inner male child.</i></p> <p><i>I intend that my inner male child learn to dream weave for himself and in collaboration with the rest of my inner family.</i></p>	<p>           ___ Age 0-1    ___ Age 6-7            ___ Age 1-2    ___ Age 7-8            ___ Age 2-3    ___ Age 8-9            ___ Age 3-4    ___ Age 9-10            ___ Age 4-5    ___ Age 10-11            ___ Age 5-6    ___ Age 11-12         </p> <p><i>I intend to release and erase the trauma from trying to fit into a dream projected upon my inner female child that was not necessarily her truth.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner female child that shattered off due to not fitting into the dreams projected from others.</i></p> <p><i>I intend to forgive my inner female child for receiving the projections of others or projecting dreams upon others.</i></p> <p><i>I intend to give all the information I now have on dream weaving to my inner female child.</i></p> <p><i>I intend that my inner female child learn to dream weave for herself and in collaboration with the rest of my inner family f.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner child of the dance of projection of dream?</b></p>		



Question	Inner Male Teenager	Inner Female Teenager
<p><b>2. What ages in my teenage years do I recall receiving projected dreams upon me to fit into my parents or teachers dream, or projected dreams upon others to have them fit into my dream?</b></p> <p><i>I intend to release and erase all trauma from trying to fit into a dream that was projected upon me and not necessarily my truth in my teenage years.</i></p> <p><i>I intend to replace the memories of accepting the projections of others with new memories of weaving my own dream founded upon my truth in my teenage years.</i></p> <p><i>I intend to forgive my parents or other adults or teachers that projected dreams upon me or myself for projecting dreams upon others as a teenager.</i></p> <p><i>I intend to restore the capacity for my inner teenager to weave their own dream from their truth in action and then live to experience it.</i></p>	<p> <input type="checkbox"/> Age 12-13    <input type="checkbox"/> Age 16-17  <input type="checkbox"/> Age 13-14    <input type="checkbox"/> Age 17-18  <input type="checkbox"/> Age 14-15    <input type="checkbox"/> Age 18-19  <input type="checkbox"/> Age 15-16    <input type="checkbox"/> Age 19-20 </p> <p><i>I intend to release and erase the trauma from trying to fit into a dream projected upon my inner male teenager that was not necessarily his truth.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner male teenager that shattered off due to not fitting into the dreams projected by others.</i></p> <p><i>I intend to forgive my inner male teenager for receiving the projections of others or projecting dreams upon others.</i></p> <p><i>I intend to give all the information I now have on dream weaving to my inner male teenager.</i></p> <p><i>I intend that my inner male teenager learn to dream weave for himself and in collaboration with the rest of my inner family.</i></p>	<p> <input type="checkbox"/> Age 12-13    <input type="checkbox"/> Age 16-17  <input type="checkbox"/> Age 13-14    <input type="checkbox"/> Age 17-18  <input type="checkbox"/> Age 14-15    <input type="checkbox"/> Age 18-19  <input type="checkbox"/> Age 15-16    <input type="checkbox"/> Age 19-20 </p> <p><i>I intend to release and erase the trauma from trying to fit into a dream projected upon my inner female teenager that was not necessarily her truth.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner female teenager that shattered off due to not fitting into the dreams projected by others.</i></p> <p><i>I intend to forgive my inner female teenager for receiving the projections of others or projecting dreams upon others.</i></p> <p><i>I intend to give all the information I now have on dream weaving to my inner female teenager.</i></p> <p><i>I intend that my inner female teenager learn to dream weave for herself and in collaboration with the rest of my inner family.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner teenager of the dance of projection of dream?</b></p> <hr/>		

Question	Inner Male Adult	Inner Female Adult
<p><b>3. What ages in my adult years do I recall receiving projected dreams upon me to fit into my parents, teachers, bosses or children's dream, or projected dreams upon others to have them fit into my dream?</b></p> <p><i>I intend to release and erase all trauma from trying to fit into a dream that was projected upon me and not necessarily my truth in my adult years.</i></p> <p><i>I intend to replace the memories of accepting the projections of others with new memories of weaving my own dream founded upon my truth in my adult years.</i></p> <p><i>I intend to forgive all others that projected dreams upon me in my adult years.</i></p> <p><i>I intend to restore the capacity for my inner adult to weave their own dream from their truth in action and then live to experience it.</i></p>	<hr/> <hr/> <hr/> <hr/> <p><i>I intend to release and erase the trauma from trying to fit into a dream projected upon my inner male adult that was not necessarily his truth.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner male adult that shattered off due to not fitting into the dreams projected by others.</i></p> <p><i>I intend to forgive my inner male adult for receiving the projections of others or projecting dreams upon others.</i></p> <p><i>I intend to give all the information I now have on dream weaving to my inner male adult of all ages.</i></p> <p><i>I intend that my inner male adult learn to dream weave for himself and in collaboration with the rest of my inner family.</i></p>	<hr/> <hr/> <hr/> <hr/> <p><i>I intend to release and erase the trauma from trying to fit into a dream projected upon my inner female adult that was not necessarily her truth.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner female adult that shattered off due to not fitting into the dreams projected by others.</i></p> <p><i>I intend to forgive my inner female adult for receiving the projections of others or projecting dreams upon others.</i></p> <p><i>I intend to give all the information I now have on dream weaving to my inner female adult of all ages.</i></p> <p><i>I intend that my inner female adult learn to dream weave for herself and in collaboration with the rest of my inner family.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner adult of the dance of projection of dream?</b></p> <hr/>		

Question	Inner Male Parent	Inner Female Parent
<p><b>4. What memories do I have of my parents being projected upon by others and trying to fit into the dream of another, or of my parents projecting their dream upon me or others?</b></p> <p><i>I intend to release and erase all trauma recorded in my inner parents from trying to fit into a dream that was projected upon them and not necessarily their truth.</i></p> <p><i>I intend to replace the memories of accepting the projections of others with new memories of my parents weaving their own dream founded upon their truth.</i></p> <p><i>I intend to forgive all others that projected dreams upon my parents including myself.</i></p> <p><i>I intend to restore the capacity for my inner parents to weave their own dream from their truth in action and then live to experience it.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner father that is a gifted dream weaver related to my grand master or red nations' ancestors.</i></p> <p><i>I intend to release the trauma of the dance of projection of dream recorded within my inner father.</i></p> <p><i>I intend to erase each experience of projection of dreams within my inner father.</i></p> <p><i>I intend to replace the experiences of projection of dream with the experiences where my inner father weaves his own dream from his own truth and then lives to experience it.</i></p> <p><i>I intend that my inner father have all dream weaving knowledge that I have now.</i></p> <p><i>I intend that my inner father learns to dream weave for himself and in collaboration with the rest of my inner family.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner mother that is a gifted dream weaver related to my grand master or red nations' ancestors.</i></p> <p><i>I intend to release the trauma of the dance of projection of dream recorded within my inner mother.</i></p> <p><i>I intend to erase each experience of projection of dreams within my inner mother.</i></p> <p><i>I intend to replace the experiences of projection of dream with the experiences where my inner mother weaves her own dream from her own truth and then lives to experience it.</i></p> <p><i>I intend that my inner mother have all dream weaving knowledge that I have now.</i></p> <p><i>I intend that my inner mother learns to dream weave for herself and in collaboration with the rest of my inner family.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner parents of the dance of projection of dream?</b></p>		

FALSE BELONGING	
<p><b>1. Who has owned me this lifetime causing me to have an artificial sense of belonging?</b></p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><i>I intend to forgive all ancestors who only felt as if they belonged if they were owned.</i></p> <p><i>I intend to forgive myself for feeling as though I belonged through the dance of ownership.</i></p> <p><i>I intend to retrieve all my information on grounding from my red nation inheritance and integrate it in my ascent ahead.</i></p> <p><i>I intend to learn to belong unto the Earth Mother by mastering a state of ongoing grounded-ness.</i></p> <p><i>I intend to release the ownership of all others that cause me to feel as though I belong through their possession.</i></p>
<p><b>2. What are the archetypal natures of those whom own me and give me an artificial sense of belonging?</b></p> <p><u>    <b>Family of Anu?</b></u> Innana, Merduk, Zeus, Athena, Apollo, Hestia, Hera, Dionysius, Ares, Demeter or Hermes</p> <p><u>    <b>Slave?</b></u> Thanatos, Eros, Hephesteous, Hercules, Poseidon, Oracle of Delphi, Helios, or Pan</p> <p><u>    <b>Albyreon?</b></u> God Goddess of Fire, Water, Air or Earth</p> <p><u>    <b>Red Nation?</b></u> God Goddess of Earth, Sexuality, Power, Love, Co-Creation, Vision, Knowledge or Sun</p> <p><u>    <b>Grand Master?</b></u> God Goddess of Time, Ancestral Knowledge, Human Species, Evolution, Solar Cycles or Ascension to the Fifth Dimension</p>	<p><i>I intend to release my karma with each archetypal nature that provides an artificial sense of belonging through ownership and possession over my field.</i></p> <p><i>I intend to complete with the dance of belonging through ownership in this lifetime.</i></p> <p><i>I intend to forgive my inheritance for ceasing to ground to the Earth Mother and for losing their sense of belonging unto this consensus reality as a result.</i></p> <p><i>I intend to forgive the Anu and any in my inheritance involved in breeding a race of slaves inherently ungrounded to be better controlled.</i></p> <p><i>I intend to forgive any slave nation ancestors who due to being ungrounded looked to the Anu as their gods to provide them a sense of belonging.</i></p> <p><i>I intend to forgive any red nation ancestor who lost their information on grounding, and as a result looked to others for a sense or belonging upon Earth.</i></p> <p><i>I intend to forgive myself for relying upon others in order to belong in the dance of life.</i></p> <p><i>I intend to master a state of ongoing grounded-ness in which I inherently belong unto the Earth Mother and within this consensus reality.</i></p>

<p><b>3. Who have I owned and provided an artificial sense of belonging unto?</b></p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><i>I intend to forgive all ancestors who believed that they needed to own another and provide a sense of belonging for them.</i></p> <p><i>I intend to forgive myself for owning others to give them a sense of belonging in the dance of life.</i></p> <p><i>I intend to allow all others to retrieve their information on grounding in order to create a sense of belonging unto the Earth Mother.</i></p> <p><i>I intend to release the ownership of all others that cause others to feel as though they belong through my possession.</i></p>
<p><b>4. What are the archetypal natures of those whom I own and give an artificial sense of belonging unto?</b></p> <p><b>___Family of Anu?</b> Innana, Merduk, Zeus, Athena, Apollo, Hestia, Hera, Dionysius, Ares, Demeter or Hermes</p> <p><b>___Slave?</b> Thanatos, Eros, Hephesteous, Hercules, Poseidon, Oracle of Delphi, Helios, or Pan</p> <p><b>___Albyreon?</b> God Goddess of Fire, Water, Air or Earth</p> <p><b>___Red Nation?</b> God Goddess of Earth, Sexuality, Power, Love, Co-Creation, Vision, Knowledge or Sun</p> <p><b>___Grand Master?</b> God Goddess of Time, Ancestral Knowledge, Human Species, Evolution, Solar Cycles or Ascension to the Fifth Dimension</p>	<p><i>I intend to release my karma with each archetypal nature that I provide an artificial sense of belonging through ownership and possession over their field.</i></p> <p><i>I intend to complete with the dance of causing others to feel as though they belong through ownership in this lifetime.</i></p> <p><i>I intend to forgive the inheritances of all others for ceasing to ground to the Earth Mother and for losing their sense of belonging unto this consensus reality.</i></p> <p><i>I intend to forgive any slave nation ancestors who due to being ungrounded look to the Anu as their gods to provide them a sense of belonging.</i></p> <p><i>I intend to forgive any red nation ancestor who lost their information on grounding, and as a result looked to others for a sense or belonging upon Earth.</i></p> <p><i>I intend to forgive myself for allowing others to rely upon me in order to belong in the dance of life.</i></p> <p><i>I intend to allow all others to master a state of ongoing grounded-ness in which they too will belong unto the Earth Mother and within this consensus reality.</i></p>



## HEALING THE INNER FAMILY

### False Belonging

Question	Inner Male Child	Inner Female Child
<p><b>1. What ages in childhood do I recall allowing others to own me to give me my sense of belonging, or where I owned others to create their sense of belonging?</b></p> <p><i>I intend to release and erase all trauma from allowing others to create a false sense of belonging through ownership in my childhood.</i></p> <p><i>I intend to replace the memories of belonging through ownership with new memories of belonging due to grounding unto Earth in childhood.</i></p> <p><i>I intend to forgive my parents or other adults or teachers that owned me to cause me to belong or myself for owning others so that they too would belong in my childhood.</i></p> <p><i>I intend to restore the capacity for my inner children to belong through an ongoing state of grounded-ness unto the Earth Mother.</i></p>	<p> <input type="checkbox"/> Age 0-1    <input type="checkbox"/> Age 6-7  <input type="checkbox"/> Age 1-2    <input type="checkbox"/> Age 7-8  <input type="checkbox"/> Age 2-3    <input type="checkbox"/> Age 8-9  <input type="checkbox"/> Age 3-4    <input type="checkbox"/> Age 9-10  <input type="checkbox"/> Age 4-5    <input type="checkbox"/> Age 10-11  <input type="checkbox"/> Age 5-6    <input type="checkbox"/> Age 11-12 </p> <p><i>I intend to release and erase the trauma from being owned and finding a sense of belonging as a result within my inner male child.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner male child that shattered off due to the dance of ownership.</i></p> <p><i>I intend to forgive my inner male child for being owned in order to belong or owning others so that they too could belong.</i></p> <p><i>I intend to give all the information I now have on grounding to my inner male child.</i></p> <p><i>I intend that my inner male child learn to master an ongoing state of grounded-ness to belong unto the Earth Mother and the consensus reality that we reside within.</i></p>	<p> <input type="checkbox"/> Age 0-1    <input type="checkbox"/> Age 6-7  <input type="checkbox"/> Age 1-2    <input type="checkbox"/> Age 7-8  <input type="checkbox"/> Age 2-3    <input type="checkbox"/> Age 8-9  <input type="checkbox"/> Age 3-4    <input type="checkbox"/> Age 9-10  <input type="checkbox"/> Age 4-5    <input type="checkbox"/> Age 10-11  <input type="checkbox"/> Age 5-6    <input type="checkbox"/> Age 11-12 </p> <p><i>I intend to release and erase the trauma from being owned and finding a sense of belonging as a result within my inner female child.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner female child that shattered off due to the dance of ownership.</i></p> <p><i>I intend to forgive my inner female child for being owned in order to belong or owning others so that they too could belong.</i></p> <p><i>I intend to give all the information I now have on grounding to my inner female child.</i></p> <p><i>I intend that my inner female child learn to master an ongoing state of grounded-ness to belong unto the Earth Mother and the consensus reality that we reside within.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner child of the dance of belonging through ownership?</b></p>		



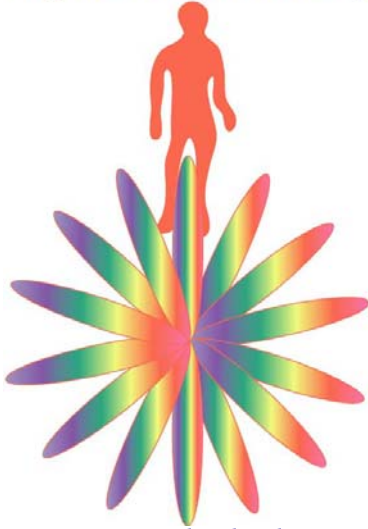
Question	Inner Male Teenager	Inner Female Teenager
<p><b>2. What ages in my teenage years do I recall allowing others to own me to give me my sense of belonging, or creating a sense of belonging for others through ownership?</b></p> <p><i>I intend to release and erase all trauma from allowing others to create a false sense of belonging through ownership in my teenage years.</i></p> <p><i>I intend to replace the memories of belonging through ownership with new memories of belonging due to grounding unto Earth in my teenage years.</i></p> <p><i>I intend to forgive my parents or other adults or teachers that owned me to cause me to belong or myself for owning others so that they too would belong in my teenage years.</i></p> <p><i>I intend to restore the capacity for my inner teenager to belong through an ongoing state of grounded-ness unto the Earth Mother.</i></p>	<p>           ___Age 12-13    ___Age 16-17            ___Age 13-14    ___Age 17-18            ___Age 14-15    ___Age 18-19            ___Age 15-16    ___Age 19-20         </p> <p><i>I intend to release and erase the trauma from being owned and finding a sense of belonging as a result within my inner male teenager.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner male teenager that shattered off due to the dance of ownership.</i></p> <p><i>I intend to forgive my inner male teenager for being owned in order to belong or owning others so that they too could belong.</i></p> <p><i>I intend to give all the information I now have on grounding to my inner male teenager.</i></p> <p><i>I intend that my inner male teenager learn to master an ongoing state of grounded-ness to belong unto the Earth Mother and the consensus reality that we reside within.</i></p>	<p>           ___Age 12-13    ___Age 16-17            ___Age 13-14    ___Age 17-18            ___Age 14-15    ___Age 18-19            ___Age 15-16    ___Age 19-20         </p> <p><i>I intend to release and erase the trauma from being owned and finding a sense of belonging as a result within my inner female teenager.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner female teenager that shattered off due to the dance of ownership.</i></p> <p><i>I intend to forgive my inner female teenager for being owned in order to belong or owning others so that they too could belong.</i></p> <p><i>I intend to give all the information I now have on grounding to my inner female teenager.</i></p> <p><i>I intend that my inner female teenager learn to master an ongoing state of grounded-ness to belong unto the Earth Mother and the consensus reality that we reside within.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner teenager of the dance of b?</b></p> <hr/>		

Question	Inner Male Adult	Inner Female Adult
<p><b>3. What ages in my adult years do I recall allowing others to own me to give me my sense of belonging, or creating a sense of belonging for others through ownership?</b></p> <p><i>I intend to release and erase all trauma from allowing others to create a false sense of belonging through ownership in my adult years.</i></p> <p><i>I intend to replace the memories of belonging through ownership with new memories of belonging due to grounding unto Earth in my adult years.</i></p> <p><i>I intend to forgive all others that owned me to cause me to belong or myself for owning others so that they too would belong in my adult years.</i></p> <p><i>I intend to restore the capacity for my inner adult to belong through an ongoing state of grounded-ness unto the Earth Mother.</i></p>	<hr/> <hr/> <hr/> <hr/> <p><i>I intend to release and erase the trauma from being owned and finding a sense of belonging as a result within my inner male adult.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner male adult that shattered off due to the dance of ownership.</i></p> <p><i>I intend to forgive my inner male adult for being owned in order to belong or owning others so that they too could belong.</i></p> <p><i>I intend to give all the information I now have on grounding to my inner male adult.</i></p> <p><i>I intend that my inner male adult learn to master an ongoing state of grounded-ness to belong unto the Earth Mother and the consensus reality that we reside within.</i></p>	<hr/> <hr/> <hr/> <hr/> <p><i>I intend to release and erase the trauma from being owned and finding a sense of belonging as a result within my inner female adult.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner female adult that shattered off due to the dance of ownership.</i></p> <p><i>I intend to forgive my inner female adult for being owned in order to belong or owning others so that they too could belong.</i></p> <p><i>I intend to give all the information I now have on grounding to my inner female adult.</i></p> <p><i>I intend that my inner female adult learn to master an ongoing state of grounded-ness to belong unto the Earth Mother and the consensus reality that we reside within.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner adult of the dance of belonging through ownership?</b></p> <hr/>		

Question	Inner Male Parent	Inner Female Parent
<p><b>4. What memories do I have of my parents finding their sense of belonging in the dance of ownership of others, or providing a sense of belonging by owning me or others?</b></p> <p><i>I intend to release and erase all trauma recorded in my inner parents from finding a sense of belonging in the dance of ownership with others.</i></p> <p><i>I intend to replace the memories of belonging through ownership in my inner parents with new memories of belonging due to grounding unto the Earth Mother.</i></p> <p><i>I intend to forgive all others that owned my parents so that they could belong including myself.</i></p> <p><i>I forgive myself for owning my children as a parent to give them a sense of belonging.</i></p> <p><i>I intend to restore the capacity for my inner parents to retaining an ongoing state of grounded-ness unto the Earth Mother in order to belong.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner father that knows that he belongs due to grounding unto the Earth Mother and who is related to my grand master or red nation ancestors.</i></p> <p><i>I intend to release the trauma of the dance of belonging through ownership within my inner father.</i></p> <p><i>I intend to erase each experience of ownership within my inner father.</i></p> <p><i>I intend to replace the experiences of ownership with the experiences where my inner father knows he belongs due to grounding unto the Earth Mother.</i></p> <p><i>I intend that my inner father have all the knowledge that I have now on grounding unto Earth.</i></p> <p><i>I intend that my inner father learns to ground along with the entire inner family creating a sense of belonging in the ohana.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner mother that knows that she belongs due to grounding unto the Earth Mother and who is related to my grand master or red nation ancestors.</i></p> <p><i>I intend to release the trauma of the dance of belonging through ownership within my inner mother.</i></p> <p><i>I intend to erase each experience of ownership within my inner mother.</i></p> <p><i>I intend to replace the experiences of ownership with the experiences where my inner mother knows she belongs due to grounding unto the Earth Mother.</i></p> <p><i>I intend that my inner mother have all the knowledge that I have now on grounding unto Earth.</i></p> <p><i>I intend that my inner mother learns to ground along with the entire inner family creating a sense of belonging in the ohana.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner parents of the dance of belonging through ownership?</b></p>		

## POLYNESIAN GROUNDING

*Polynesian Grounding*



**1. Have I embodied a magnetic form of grounding from my Polynesian Root Race?**

☐ Yes ☐ No

*I intend to gather ancestors from all root races that I am related unto.*

*I intend to bring in information on grounding from all root races that supports the magnetic energy flow that I am striving to master to be resonant unto Earth and the Great Central Sun dream that Earth is entering.*

*I intend to master a magnetic form of grounding in this lifetime.*

*I intend to cease to create cords of attachment into the Earth Mother's skin or aurora in order to ground.*

*I intend to release all cords of attachment that I have placed into the Earth through the ownership signatures I have spun upon the land.*

*I intend to create a moving energy system that causes a new relationship unto the land that allows for continued evolution of myself and the whole of Earth.*

*I intend to ascend and I intend that all others around me ascend including the plants, animals, trees and land.*

**NOTES**

## POSSESSION AND IDENTITY

<p><b>1. Who has possessed me this lifetime causing me to allow their field to overrun my own and to determine my identity?</b></p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><i>I intend to forgive those ancestors who allowed others to possess their field and determine their identity.</i></p> <p><i>I intend to forgive those ancestors who had no identity other than what others provided for them, such as the slave nation who were provided an identity by the Anu.</i></p> <p><i>I intend to forgive my red nations' ancestors for losing so much of their inner truth and worthiness that they fell into the dance of allowing others to provide their identity.</i></p> <p><i>I intend to retrieve my truth from my red nations' ancestors and express who I am sovereign upon the physical plane.</i></p>
<p><b>2. What are the archetypal natures of those whom I have allowed to possess my field, determining my identity this lifetime?</b></p> <p><b>___ Family of Anu?</b> Innana, Merduk, Zeus, Athena, Apollo, Hestia, Hera, Dionysius, Ares, Demeter or Hermes</p> <p><b>___ Slave?</b> Thanatos, Eros, Hephesteous, Hercules, Poseidon, Oracle of Delphi, Helios, or Pan</p> <p><b>___ Albyreon?</b> God Goddess of Fire, Water, Air or Earth</p> <p><b>___ Red Nation?</b> God Goddess of Earth, Sexuality, Power, Love, Co-Creation, Vision, Knowledge or Sun</p> <p><b>___ Grand Master?</b> God Goddess of Time, Ancestral Knowledge, Human Species, Evolution, Solar Cycles or Ascension to the Fifth Dimension</p>	<p><i>I intend to forgive those archetypal natures that determined my identity this lifetime.</i></p> <p><i>I intend to forgive those ancestors who allowed themselves to be overrun by others of certain archetypal nature that determined the ancestor's identity over time.</i></p> <p><i>I intend to forgive the Anu for creating identity for their slave nations and leaving no room for expression of truth.</i></p> <p><i>I intend to forgive those red nation ancestors who fell into the dance of identity with the Anu or with their slave nations over time.</i></p> <p><i>I intend to forgive my red nations' ancestors for sacrificing their truth unto the Anu and their slaves.</i></p> <p><i>I intend to step out of the game of allowing others to determine my identity.</i></p> <p><i>I intend to retrieve my red nation truth from all my red and grand master ancestors.</i></p> <p><i>I intend to become my truth upon the physical plane, expressing who I am in each moment in the dance of life.</i></p> <p><i>I intend to release all patterns and identity based machinery to the degree that I can in this lifetime and integrate the Language of Light as my new truth in action.</i></p>

<p><b>3. Who have I possessed this lifetime causing me to overrun the field of another determining their identity?</b></p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><i>I intend to forgive those ancestors who possessed the fields of others determining their identity.</i></p> <p><i>I intend to forgive those ancestors related to the Anu who determined the identity of their slave civilization.</i></p> <p><i>I intend to forgive my red nations' ancestors for falling into the same game of the Anu and determining the identity of another.</i></p> <p><i>I intend to all others to retrieve their truth and express who they are sovereign upon the physical plane.</i></p>
<p><b>4. What are the archetypal natures of those whom I have possessed the field of, determining their identity this lifetime?</b></p> <p><b>___Family of Anu?</b> Innana, Merduk, Zeus, Athena, Apollo, Hestia, Hera, Dionysius, Ares, Demeter or Hermes</p> <p><b>___Slave</b> Thanatos, Eros, Hephesteous, Hercules, Poseidon, Oracle of Delphi, Helios, or Pan</p> <p><b>___Albyreon?</b> God Goddess of Fire, Water, Air or Earth</p> <p><b>___Red Nation?</b> God Goddess of Earth, Sexuality, Power, Love, Co-Creation, Vision, Knowledge or Sun</p> <p><b>___Grand Master?</b> God Goddess of Time, Ancestral Knowledge, Human Species, Evolution, Solar Cycles or Ascension to the Fifth Dimension</p>	<p><i>I intend to forgive those archetypal natures that I have determined the identity of this lifetime.</i></p> <p><i>I intend to forgive those ancestors who overran the fields of others of certain archetypal nature determining their identity over time.</i></p> <p><i>I intend to step out of the game of determining the identity of others or a group of others.</i></p> <p><i>I intend to allow all others in the group to retrieve their red nation truth from all red and grand master ancestors.</i></p> <p><i>I intend to allow all others to become their truth upon the physical plane, expressing who they are in each moment in the dance of life.</i></p> <p><i>I intend to step out of the game of identity machinery and personality entities in this lifetime and the ego and negative ego based behavior that it causes.</i></p> <p><i>I intend to cease to possess the field of another or allow another to overrun my field.</i></p> <p><i>I intend that my boundaries hold through my truth in action and rotation of field.</i></p> <p><i>I intend unity in the dance of life with a group of all others standing in their truth upon the physical plane.</i></p>



## HEALING THE INNER FAMILY

### Possession and Identity

Question	Inner Male Child	Inner Female Child
<b>1. What ages in childhood do I recall allowing another to override my field and determine my identity, or where I over road the field of another determining their identity?</b>	<div> <div> <div>___ Age 0-1</div> <div>___ Age 1-2</div> <div>___ Age 2-3</div> <div>___ Age 3-4</div> <div>___ Age 4-5</div> <div>___ Age 5-6</div> </div> <div> <div>___ Age 6-7</div> <div>___ Age 7-8</div> <div>___ Age 8-9</div> <div>___ Age 9-10</div> <div>___ Age 10-11</div> <div>___ Age 11-12</div> </div> </div> <p><i>I intend to release and erase the trauma from being possessed within my inner male child.</i></p>	<div> <div> <div>___ Age 0-1</div> <div>___ Age 1-2</div> <div>___ Age 2-3</div> <div>___ Age 3-4</div> <div>___ Age 4-5</div> <div>___ Age 5-6</div> </div> <div> <div>___ Age 6-7</div> <div>___ Age 7-8</div> <div>___ Age 8-9</div> <div>___ Age 9-10</div> <div>___ Age 10-11</div> <div>___ Age 11-12</div> </div> </div> <p><i>I intend to release and erase the trauma from being possessed within my inner female child.</i></p>
<i>I intend to release and erase all trauma from allowing others to possess my field determining my identity in childhood.</i>	<i>I intend to retrieve all fractured pieces of my inner male child that shattered off due to the dance of possession.</i>	<i>I intend to retrieve all fractured pieces of my inner female child that shattered off due to the dance of possession.</i>
<i>I intend to replace the memories of allowing others to determine my identity with memories of knowing and expressing my truth in childhood.</i>	<i>I intend to forgive my inner male child for being possessed so that he could have an identity, or possessing others so that they could have an identity.</i>	<i>I intend to forgive my inner female child for being possessed so that she could have an identity, or possessing others so that they could have an identity</i>
<i>I intend to forgive all others that determined my identity through possession along with myself for determining the identity of others through possession in childhood.</i>	<i>I intend to erase all memories of possession and replace them with memories of inner truth in my inner male child.</i>	<i>I intend to erase all memories of possession and replace them with memories of inner truth in my inner female child.</i>
<i>I intend to restore a state of inner truth to all my inner children and a dance of truth within my inner family.</i>	<i>I intend to give all the information I now have on my inherited red nation and grand master truth to my inner male child.</i>	<i>I intend to give all the information I now have on my inherited red nation and grand master truth to my inner female child.</i>
	<i>I intend that my inner male child learn to stand in his truth in the dance of my inner family.</i>	<i>I intend that my inner female child learn to stand in her truth in the dance of my inner family..</i>
<b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner child of the dance of identity through possession?</b>		

Question	Inner Male Teenager	Inner Female Teenager
<p><b>2. What ages in my teenage years do I recall allowing another to override my field and determine my identity, or where I over road the field of another determining their identity?</b></p> <p><i>I intend to release and erase all trauma from allowing others to possess my field determining my identity in my teenage years.</i></p> <p><i>I intend to replace the memories of allowing others to determine my identity with memories of knowing and expressing my truth in my teenage years.</i></p> <p><i>I intend to forgive all others that determined my identity through possession along with myself for determining the identity of others through possession in my teenage years.</i></p> <p><i>I intend to restore a state of inner truth to my inner teenager and a dance of truth within my inner family.</i></p>	<p> <input type="checkbox"/> Age 12-13    <input type="checkbox"/> Age 16-17  <input type="checkbox"/> Age 13-14    <input type="checkbox"/> Age 17-18  <input type="checkbox"/> Age 14-15    <input type="checkbox"/> Age 18-19  <input type="checkbox"/> Age 15-16    <input type="checkbox"/> Age 19-20         </p> <p><i>I intend to release and erase the trauma from being possessed within my inner male teenager.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner male teenager that shattered off due to the dance of possession.</i></p> <p><i>I intend to forgive my inner male teenager for being possessed so that he could have an identity, or possessing others so that they could have an identity.</i></p> <p><i>I intend to erase all memories of possession and replace them with memories of inner truth in my inner male teenager.</i></p> <p><i>I intend to give all the information I now have on my inherited red nation and grand master truth to my inner male teenager.</i></p> <p><i>I intend that my inner male teenager learn to stand in his truth in the dance of my inner family.</i></p>	<p> <input type="checkbox"/> Age 12-13    <input type="checkbox"/> Age 16-17  <input type="checkbox"/> Age 13-14    <input type="checkbox"/> Age 17-18  <input type="checkbox"/> Age 14-15    <input type="checkbox"/> Age 18-19  <input type="checkbox"/> Age 15-16    <input type="checkbox"/> Age 19-20         </p> <p><i>I intend to release and erase the trauma from being possessed within my inner female teenager.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner female teenager that shattered off due to the dance of possession.</i></p> <p><i>I intend to forgive my inner female teenager for being possessed so that she could have an identity, or possessing others so that they could have an identity.</i></p> <p><i>I intend to erase all memories of possession and replace them with memories of inner truth in my inner female teenager.</i></p> <p><i>I intend to give all the information I now have on my inherited red nation and grand master truth to my inner female teenager.</i></p> <p><i>I intend that my inner female teenager learn to stand in her truth in the dance of my inner family.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner teenager of the dance of identity through possession?</b></p> <hr/>		

Question	Inner Male Adult	Inner Female Adult
<p><b>3. What ages in my adult years do I recall allowing another to override my field and determine my identity, or where I over road the field of another determining their identity?</b></p> <p><i>I intend to release and erase all trauma from allowing others to possess my field determining my identity in my adult years.</i></p> <p><i>I intend to replace the memories of allowing others to determine my identity with memories of knowing and expressing my truth in my adult years.</i></p> <p><i>I intend to forgive all others that determined my identity through possession along with myself for determining the identity of others through possession in my adult years.</i></p> <p><i>I intend to restore a state of inner truth to my inner adult and a dance of truth within my inner family.</i></p>	<hr/> <hr/> <hr/> <hr/> <p><i>I intend to release and erase the trauma from being possessed within my inner male adult.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner male adult that shattered off due to the dance of possession.</i></p> <p><i>I intend to forgive my inner male adult for being possessed so that he could have an identity, or possessing others so that they could have an identity.</i></p> <p><i>I intend to erase all memories of possession and replace them with memories of inner truth in my inner male adult.</i></p> <p><i>I intend to give all the information I now have on my inherited red nation and grand master truth to my inner male adult.</i></p> <p><i>I intend that my inner male adult learn to stand in his truth in the dance of my inner family.</i></p>	<hr/> <hr/> <hr/> <hr/> <p><i>I intend to release and erase the trauma from being possessed within my inner female adult.</i></p> <p><i>I intend to retrieve all fractured pieces of my inner female adult that shattered off due to the dance of possession.</i></p> <p><i>I intend to forgive my inner female adult for being possessed so that she could have an identity, or possessing others so that they could have an identity.</i></p> <p><i>I intend to erase all memories of possession and replace them with memories of inner truth in my inner female adult.</i></p> <p><i>I intend to give all the information I now have on my inherited red nation and grand master truth to my inner female adult.</i></p> <p><i>I intend that my inner female adult learn to stand in her truth in the dance of my inner family.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner adult of the dance of identity through possession?</b></p>		

Question	Inner Male Parent	Inner Female Parent
<p><b>4. What memories do I have of my parents finding their identity through the dance of possession, or determining the identity of others through possession?</b></p> <p><i>I intend to release and erase all trauma recorded in my inner parents from the dance of identity through possession.</i></p> <p><i>I intend to replace the memories of identity through possession with inner truth and fortitude in my inner parents.</i></p> <p><i>I intend to forgive all others that possessed my parents so that they could have an identity including myself.</i></p> <p><i>I forgive myself for possessing my children as a parent to provide them with an identity.</i></p> <p><i>I intend to restore the capacity for my inner parents to stand in their own truth becoming an example of truth in action for all other inner family members to learn from.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner father that knows his truth within that is related to his red nation and grand master ancestry.</i></p> <p><i>I intend to release within my inner father the trauma of the dance of identity through possession.</i></p> <p><i>I intend to erase each experience of possession within my inner father.</i></p> <p><i>I intend to replace the experiences of false identity with the experiences where my inner father knows his truth from within.</i></p> <p><i>I intend that my inner father have all the knowledge that I have now on my red nation and grand master truth.</i></p> <p><i>I intend that my inner father learns to lead the inner family founded upon his truth, allowing for the expression of each truth within the ohana.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner mother that knows her truth within that is related to her red nation and grand master ancestry.</i></p> <p><i>I intend to release within my inner mother the trauma of the dance of identity through possession.</i></p> <p><i>I intend to erase each experience of possession within my inner mother.</i></p> <p><i>I intend to replace the experiences of false identity with the experiences where my inner mother knows her truth from within.</i></p> <p><i>I intend that my inner mother have all the knowledge that I have now on my red nation and grand master truth.</i></p> <p><i>I intend that my inner mother learns to lead the inner family founded upon her truth, allowing for the expression of each truth within the ohana.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner parents of the dance of identity through possession?</b></p> <hr/>		

## FIGURE-8 POLARITY

Figure 8 Polarity



1. Do I tend to pull in one of the extreme polarities in the figure-8 dream?

☐ Yes ☐ No

If so, which one?

- ☐ Pain
- ☐ Pleasure
- ☐ Suffering
- ☐ Excitement
- ☐ Fear
- ☐ Peace
- ☐ Lust
- ☐ Rejection
- ☐ Greed
- ☐ Poverty
- ☐ Acceptance
- ☐ Judgment
- ☐ Life
- ☐ Death

*I intend to push beyond figure-8 magnetism and into the more greatly balanced magnetism of the triple lotus in this lifetime or my future ancestors' lifetime.*

*I intend to cease to polarize against another in the figure-8 system of intertwined energy flow.*

*I intend to replace each figure-8 movement with a triple lotus movement and release the associated thought-form that is polarity based.*

*I intend to move beyond extreme polarity to the degree I can this lifetime.*

*I intend to forgive those ancestors who fell into figure-8 flow.*

*I intend to forgive those ancestors who lost a portion of their DNA to the Anu in the creation of the slave race.*

*I intend to forgive those ancestors who participated in the incubation of the slave race along with the Anu.*

*I forgive those ancestors who were pulled into the extreme polarity of the figure-8 dream when they were alive, causing some to suffer and some to have a better life.*

*I intend to retrieve my knowledge of the triple lotus flow in each red nation ancestry that the information has been lost within over time.*

*I intend to embody the knowledge of a triple lotus rotational flow that is unity based and can hold the Language of Light in all parts of my field and to the degree I can this lifetime.*

<p><b>2. What percentage of my field spins a mechanical energy flow?</b></p> <p>_____ %</p> <p><i>What percentage of each part of the field spins in mechanical flow?</i></p> <p>___ <i>Grounding Chakras</i></p> <p>___ <i>Root Chakra (base of the spine)</i></p> <p>___ <i>Sexual Chakra (pelvis)</i></p> <p>___ <i>Sexual Lotus</i></p> <p>___ <i>Power Chakra (solar plexus)</i></p> <p>___ <i>Diaphragm Chakra (diaphragm)</i></p> <p>___ <i>Heart Chakra (chest)</i></p> <p>___ <i>Heart Lotus</i></p> <p>___ <i>Co-Creation Chakra (neck)</i></p> <p>___ <i>Occipital Chakra (back of neck)</i></p> <p>___ <i>Pineal Chakra</i></p> <p>___ <i>Pituitary Chakra</i></p> <p>___ <i>Male/Female Chakras</i></p> <p>___ <i>Spiritual Knowledge Chakra (crown region)</i></p> <p>___ <i>Crown Lotus</i></p> <p>___ <i>Connection to Source Chakras</i></p> <p>___ <i>Mental Body</i></p> <p>___ <i>Emotional Body</i></p> <p>___ <i>Intuitive Body</i></p> <p>___ <i>Creative Body</i></p> <p>___ <i>Dreamtime Light Body</i></p>	<p><i>I intend to release the mechanical energy flow and identity machines and fantasy realities to the degree I can this lifetime.</i></p> <p><i>I intend to the degree I can to replace the mechanical flow with figure-8 flow and thought-form that is more greatly unity based in this lifetime.</i></p> <p><i>I intend to transmute and transcend mechanical thought-form, programming and patterning to the degree I can this lifetime.</i></p> <p><i>I intend that my future ancestors carry on beyond where I can accomplish in the continued ascent of my inheritance ahead.</i></p> <p><i>I intend to forgive the Anu for creating a mechanical flow and thought-form for their slave nation to live within.</i></p> <p><i>I intend to forgive my red nations' ancestors for falling into the mechanical flow of the Anu slaves over time.</i></p> <p><i>I intend to retrieve all knowledge about figure-8 magnetic flow lost within my red nation inheritance over time.</i></p> <p><i>I intend to leave behind mechanical thought-form and embody figure-8 energy flow in each and every charka system within my field in my continued ascent ahead.</i></p>
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<p><b>3. What percentage of my field spins a figure-8 flow?</b></p> <p>_____ %</p> <p><b>What percentage of each part of the field spins in Figure-8 flow?</b></p> <p>___ Grounding Chakras</p> <p>___ Root Chakra (base of the spine)</p> <p>___ Sexual Chakra (pelvis)</p> <p>___ Sexual Lotus</p> <p>___ Power Chakra (solar plexus)</p> <p>___ Diaphragm Chakra (diaphragm)</p> <p>___ Heart Chakra (chest)</p> <p>___ Heart Lotus</p> <p>___ Co-Creation Chakra (neck)</p> <p>___ Occipital Chakra (back of neck)</p> <p>___ Pineal Chakra</p> <p>___ Pituitary Chakra</p> <p>___ Male/Female Chakras</p> <p>___ Spiritual Knowledge Chakra (crown region)</p> <p>___ Crown Lotus</p> <p>___ Connection to Source Chakras</p> <p>___ Mental Body</p> <p>___ Emotional Body</p> <p>___ Intuitive Body</p> <p>___ Creative Body</p> <p>___ Dreamtime Light Body</p>	<p><i>I intend to transcend mechanical energy flow and emerge into figure-8 flow to the degree I can this lifetime.</i></p> <p><i>I intend to forgive those ancestors who were slave nation in origin and only had mechanical energy flow available due to the limited nature of their DNA.</i></p> <p><i>I intend to forgive those ancestors who were involved with incubating a slave nation that was so limited that it was mechanical rather than rotational in movement.</i></p> <p><i>I intend to forgive those red nations' ancestors who fell from rotational flow and into mechanical flow in their respective lifetimes.</i></p> <p><i>I intend to retrace the steps of my ancestors backwards from mechanical flow into figure-8 flow to the degree I can.</i></p> <p><i>I intend to retrieve all knowledge lost over time on figure-8 flow in my red nation inheritance.</i></p> <p><i>I intend to spin figure-8 flow in my field and upon the land allowing myself and Earth to ascend simultaneously.</i></p> <p><i>I intend to enter the new figure-8 dream causing a dream of greater fluidity and unity to be born in my dance of life.</i></p>
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<p><b>4. What percentage of my field spins triple lotus flow at this time?</b></p> <p>_____ %</p> <p><b>What percentage of each part of the field spins in Triple Lotus flow?</b></p> <p>___ Grounding Chakras</p> <p>___ Root Chakra (base of the spine)</p> <p>___ Sexual Chakra (pelvis)</p> <p>___ Sexual Lotus</p> <p>___ Power Chakra (solar plexus)</p> <p>___ Diaphragm Chakra (diaphragm)</p> <p>___ Heart Chakra (chest)</p> <p>___ Heart Lotus</p> <p>___ Co-Creation Chakra (neck)</p> <p>___ Occipital Chakra (back of neck)</p> <p>___ Pineal Chakra</p> <p>___ Pituitary Chakra</p> <p>___ Male/Female Chakras</p> <p>___ Spiritual Knowledge Chakra (crown region)</p> <p>___ Crown Lotus</p> <p>___ Connection to Source Chakras</p> <p>___ Mental Body</p> <p>___ Emotional Body</p> <p>___ Intuitive Body</p> <p>___ Creative Body</p> <p>___ Dreamtime Light Body</p> <p><i>I intend to release the thought-form associated with the figure-8 and integrate the Language of Light in its place to the degree I can this lifetime. I intend to experience a dream of unity this lifetime.</i></p>	<p><i>I intend to embody triple lotus flow as I transcend figure-8 flow in my continued ascent towards Bodhisattva level evolution in this lifetime or my future ancestry.</i></p> <p><i>I intend to embody triple lotus flow throughout my energy field over time or in my future inheritance.</i></p> <p><i>I intend to retrieve all red nation triple lotus flow knowledge from all lineages related unto myself.</i></p> <p><i>I intend to forgive the Anu for stripping a part of the red nation knowledge to create their slave nations causing the red nations' peoples to fall from triple lotus to figure-8 flow.</i></p> <p><i>I intend to forgive my red nation ancestors who fell into a deep depression and poverty as they left behind triple lotus energy movement.</i></p> <p><i>I intend to restore the knowledge of triple lotus flow retrieving the DNA from the slave nations' archives and restoring the information where it belongs in each red nation hologram.</i></p> <p><i>I intend to forgive all red nations' peoples who fell from triple lotus flow into figure-8 flow due to the many nuclear annihilations upon Earth.</i></p> <p><i>I intend to forgive the Anu for causing the original nuclear annihilation.</i></p> <p><i>I intend to forgive those in Atlantis that caused the next nuclear annihilation in history.</i></p> <p><i>I intend to forgive the Pharaohs for creating so much radiation in their combustions in the era of Ancient Egypt that is mimicked a nuclear fallout.</i></p> <p><i>I intend a restoration of unity in the energy movement and DNA of myself and within the human species.</i></p> <p><i>I intend the birth of a new dream of unity to emerge as enough of humanity masters figure-8 and then triple lotus flow.</i></p>
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# THE COMPLETE ASCENSION WORKBOOK PART II

## CHAPTER 6

### *Transcending Seduction and Illusion* *Becoming the Authentic Self*

The Earth Mother through Karen Danrich "Mila" and Thomas Weber "Oa"  
June 1, 2007

Dear Beloved Ascending Human,

This chapter is devoted to the patterns of seduction and illusion in all the many and varied ways that it occurs amongst humans. Humans have fallen into the need to appear other than whom and what one is in order to please, make peace, unite others, or feel loved and accepted in the dance of life. This is the underlying cause of the need to seduce from the Earth Mother's point of view. Underneath the seduction however one can often feel incompetent or as though one must bend the truth in order to play the role that the seducer or seduced one participates in. So seduction is the underlying cause of why humans bend their will as explored in Chapter 5 of workbook II.

Seduction is so common in the human dance of life that there is hardly one relationship that does not sustain itself somewhat on the act of seduction. Those gifted at seduction are more popular than those who are not. Those the least gifted at seduction are the most disliked or even hated in the dance of life. Seduction does not rely upon abusive techniques that are verbal or behavioral in nature; instead they lure others to oneself but then abuse in the unconscious energetic dynamics instead; so one could say that seduction is abusive and destructive in the unconscious and not the physical

### **THE ORIGINS OF SEDUCTION**

Where does seduction originate? Seduction originated with Zeus and Innana primarily. Zeus and Innana archetypal natures seduce sexually, and through attracting others to them through the sexual flow. The sexual flow creates a mirror through which one is mirrored whatever one desires to perceive about Zeus or Innana archetype that portrays them in a favored manner. All the negative attributes of Zeus or Innana archetype are hidden behind the mirrors so that one simply does not perceive them; unless of course one lives or works closely with those of Zeus or Innana archetypal nature.

Seduction is difficult to sustain in an ongoing and recurrent manner, as it requires 100% more chi to sustain the mirrors or veils of illusion than spin a field. So in an ongoing living or work circumstance, the veils of seduction fall away and the real nature of the person underneath is revealed. It is for this reason that romance often only lasts as long as two do not live together, as once the truth of who the other is becomes revealed, the love founded upon seduction dissipates. Often amongst couples that are extremely variant in genealogies where one is primarily

red nation and the other Pleiadian or Anu, there is an ongoing misunderstanding of one another beyond the original seduction. This is where most conflictive partnerships arise from; the two simply do not understand one another upon a molecular level.

If two understand one another as the inheritance parallels from Sirius and is red nation in origins, then there is an innate acceptance of one another that leads to more greatly peaceful unions. It is for this reason that the Earth Mother advises that humans build ascending partnerships with those who inherently parallel and have harmonious ancestries, as ascension together requires more harmony in order to sustain a balanced divine union flow and field rotation. Relationships that are disharmonious take away from ascension and lead to failed ascension beyond a certain point, and therefore those devoted to mastery over Bodhisattva level evolution are guided to release those partnerships or associations that do not serve.

## **SEDUCTION OF LOVE SEX AND BEAUTY**

The seduction of love and beauty occurs through pelvic, heart and third eye charkas. Veils are constructed through a particular movement in the chakra system that creates a fan of mirrors. The fan of mirrors can be constructed in any and all chakras for the purpose of creating illusion. The most famous fashion models or actors and actresses often construct the fans in every chakra as this provides a whole body image that seduces. Most humans do not run veils in all chakras but rather only one to three for seduction related to love, sex or beauty. Generally the pelvic chakra, heart and head are the three charkas most humans run love, sex and beauty veils from.

### **PELVIC CHAKRA VEILS SEXUAL SEDUCTION**

Pelvic chakra veils are run for sexual purposes and used to seduce one into engaging with another's sexual flow. The veils are enticing and draw the movement of sexual energy to be exchanged in the seduction. As the sexual energy exchanges, manipulations can occur between two parties, with chi, information, inheritances and grid work flowing from one party to the other. Those most gifted at sexual seduction are often sex strippers who can seduce an entire audience with their veils of illusion, constructing a group sexual flow that is then used to strip each individually and the group as a whole. The kumara of lust sits behind the sex tease and uses the group flow to foster the planes of seduction.

The planes of seduction are a lust based set of dream time. Lust originated upon Earth as a series of dreams constructed by the Anu for their sex working slaves. For the first half of the Anu cycle of 10,000 years, and prior to the breaking of the ice shields that created your oceans, there were fourteen resorts global wide that were the Disneylands for entertainment of Pleiadian guests. Some were family resorts; and others were for adults with gambling and sexual activities of all kinds. The slaves were trained by Innana herself into how to pleasure Pleiadian men, and

all kinds of dance and strip tease as well as prostitution was orchestrated. Las Vegas and all of the shows associated is a part of the left over dream from one of the Anu resorts that was originally located upon the grids of Nevada. Family based resorts such as Disneyland were also located in grids nearby; hence the resorts of this nature in Los Angeles and Florida.

Lust planes were used for the sex slaves to run their veils of beauty and illusion, capturing the attention of the Pleiadian guests. Sex slaves were both male and female and engaged in both homo and heterosexual activities. Most of the slaves of this nature were of Eros archetype in both male and female form, and sometimes Hercules. The slaves enjoyed the sex and group endeavors as this was their nature. Many involved in strip tease or other sexual group endeavors such as prostitute houses or even tantric communities today are really reliving a slave nation dream of this nature from the era of the Anu. The group dream is for lust and engaging with sex along with trading partners, without long lasting relationship or the creation of offspring.

Lust planes were used for Innana and Zeus primarily to rejuvenate themselves through a group sexual flow of their slaves and the Pleiadian guests alike. Zeus and Innana engaged in sex with their slaves recurrently to sustain the group flow and draw upon their collective chi. Zeus had special rooms constructed with all kinds of devices for his pleasure and for the slaves to pleasure him. It was not until Zeus III that the sex turned abusive and destructive, which Zeus gaining pleasure in killing the female mid orgasm. Zeus I enjoyed sex but not in a destructive manner; two generations later and many falls in vibration and consciousness, the lust turned into very destructive patterning related to sadomasochism today. Those dancing in sadomasochism are really reliving a sex slave dram of Zeus III in present time. As the lust planes cease to be along with those of slave and Anu inheritance, the dream will be redirected for sexual exchanges that are harmless and loving in nature, both physically and energetically.

Innana would use her own seduction to seduce Pleiadian men always in hope that they would marry her. Alas this never was fulfilled upon. Perhaps her energy flow had gone into such great distortion that the relationship could never last beyond the initial seduction. There are many Innana's today that move from relationship to relationship much like the original archetype. Mila recalls another realtor that was always in a new relationship. No relationship lasted more than eight months or a few months after moving in together. In the decade she knew this individual they had eighteen relationships, none of which worked out. They were reliving Innana in her dance of seduction and relationship due to the lineages of their inheritance. Mila also pondered why this was so when this individual was not particularly beautiful; and yet in the seduction veils of beauty are spun over the face and body, and this is what the one attracted unto her perceived, and so was drawn into the dance for a time. As the veils ceased to be run in living together, or in spending too much time together, then the attraction ceased and they parted company.



## **THE NATURE OF SECOND CHAKRA SEDUCTION**

In seduction involving the pelvic region, often cords of attachment run between the uterus and prostate and become intertwined with many others seduced or who have seduced oneself over the lifetime. The ongoing loss of chi due to increasing cords of attachment can lead to prostate and uterus cancer over time as a result. The lust planes also host sticky energy that is like a poison or glue. In the ongoing exchange of sexual flow of this nature, it causes the sexual channels to eventually glue shut, particularly in later age, and then as not much energy flows in this region, sexual interest diminishes and disease can set in.

Those who tend to be seduced by second chakra seducers will tend to lose sexual energy in the exchange along with knowledge on how to run the sexual flow oneself. Therefore learning to retrieve all sexual chi and knowledge is an ongoing useful intention for those prone to falling into this pattern. Also disbanding the patterns, thought-form and programming that engage with the fan of mirrors associated with second chakra seduction fans will cause one to cease to be sexually seduced into the future. Generally one allows for sexual seduction due to the desire to be desirable. As one learns to be desirable from within and in opening to the love of the Tao, Terra and nature along with one's ancestors, there is no longer a requirement to feel desirable from the outside and in the dance of life.

Those using their own sexual chakra to seduce will be prone to weaknesses in the pelvic region, and so it is best to intend to disband the programming, thought-form and patterns associated, disbanding the geometry associated with the fan of mirrors. Then one will move more into one's authentic self and cease to seduce. Most often one seduces to fit in or be accepted or loved. As one learns to love oneself from within in the divine union unto nature and the Earth Mother along with soul and one's ancestors, then the requirement to feel loved from the outside in ceases and one can more readily disband the dance of seduction as a result.

## **HEART CHAKRA VEILS SEDUCTION OF LOVE**

Heart chakra veils are used to seduce another through love rather than sexual energy exchange. Many spiritual teachers in the current paradigm along with gurus are good heart chakra seducers. Mila's psychic teacher of long ago was good at heart chakra seduction. She too was related to Innana, and would cause others to believe that she really loved them; when in reality her heart was not open enough to do so. Those getting too close to her in relationship would ultimately perceive through the veils, and would leave. Her teacher was subject to relationship after relationship with red nation Hispanic men that never fulfilled her as a result, playing out karma for seduction between Innana and her red nation lovers over time.

Mila herself was seduced into her teacher's circle of love for almost a decade, until she rose above the vibration of the seduction and instead of love the relationship



began to feel like control, imprisonment and ownership. As Mila released the patterns of ownership at this level of her ascent, the relationship naturally ended and the karma was completed between their inheritances. Many in relationship to those of primarily Anu ancestry may discover that beyond the seduction of love is really ownership patterning. As you release the ownership with those of this nature, the relationship will end or the red nation ancestry will be called forth instead creating another dance that is more unity based.

One may discover that families and friends can be molded towards supporting ascension by bringing forward red nation inheritances and ancestors to dominate in relation to the group dynamics at home or at family gatherings or in gatherings with friends. This is useful and the ancestors are willing to assist as long as the inheritances can fulfill upon this goal. Those desiring to bring forth red nation patterns at home may require having at least 40% of the tapestry of each in the family to be red nation. If this is so, then a red nation family dynamics can be orchestrated in the ascent of the group ahead and as the other slave or Anu inheritances are completed upon. Many in SSOA with families that are ascending together are demonstrating this expression and it is supportive of each along with the map carver driving the ascent of the group forward. Just call upon the ancestors to support your goal if you are in an ascending family of your own.

For those living away from home and desiring to visit the family and create an experience that is more unity based, one must intend to complete all karma associated with the Anu inheritances in the various tapestry of ancestry of the family to your level of ascension. You can then call forward red nation ancestors in each to orchestrate a more greatly unity based time together in any family get together or holiday visit. Red nation patterns do not tend to seduce, and so in so doing, you rise above the game of seduction as an ascending human and are less likely to become stripped of chi, information, grid work or moving energy systems in the visit.

## **THE NATURE OF HEART BASED SEDUCTION**

In heart based seduction, cords are exchanged via the heart and some of the love of each that is seduced is pulled into the heart fan of veils. Then love is mirrored back to another and the other falls in love with themselves in the mirror. Interestingly enough, this dance caused Mila's former spiritual teacher to develop breast cancer. Over time she released enough of the patterning to transcend the cancer and self healed, but did not cease seducing as she had not enough red nation inheritance for the records to do so. Often those developing breast cancer are good heart based seducers and the ongoing exchange of cords of attachment in and out of the chest and breasts compromises the region extensively enough that the region decays and cancer forms.

Those that tend to be seduced by others running heart based seduction generally are looking for love from outside of self rather than from within. In the exchange of energies in the seduction, one will lose one's love along with chi and information on love. It is therefore best to intend to gather up all love lost along

with chi and information on love lost in heart seduction over time as an ascending human as a result. In learning to feel loved from within, the need to feel loved by another through seduction ceases; and one can then step out of the game, disbanding all thought-form, programming and patterns that create a flow of energy between two heart chakras founded upon seduction.

For those that tend to use the heart to seduce, you too desire to feel loved by others out of what they desire and you bend your will to be what others prefer rather than who you are within. As one disbands the dance of seduction through the heart by releasing all patterns, programs and thought-form, one can move one step closer to becoming your authentic self in the dance of life. The authentic self is the truth that your red nation ancestors expressed at another time before they fell into the dance of love through seduction. Truth need not seduce as it simply "is". Red nations' peoples accepted another's truth unconditionally in times past. As one moves more into the dance of truth with others who are likewise emerging into their truth from within, there is no need to seduce one another but rather simply "be yourself" in all circumstances, which is what the authentic self is.

There is another pattern that replaced seduction in the heart region that flows through the 1000 petal lotus of the Bodhisattva. This pattern begins as soon as the lotus opens at around 2600 strands of DNA. The lotus creates an ongoing shower of vibrations that blesses all around oneself and the land. The outer blessings allow others to feel loved around you by receiving the love of the Tao, Terra and nature through one's field. One also feels loved in return as the love flows through the heart from the nonphysical and unto others. Those that have lotuses opened in their ascensions can return the love also in blessing you through their field. It is the act of blessings that allows real love and unity to begin to be restored in the dance of life.

### **THIRD EYE CHAKRA SEDUCTION SEDUCTION OF BEAUTY AND VISION**

The seduction in the third eye region will create veils over the face so that the face can be perceived as beautiful. Many models and actresses display this type of seduction. The camera captures the veils and not the real sincere face underneath, as do the eyes which are miniature cameras of their own. Third eye chakra seduction can also be used to seduce one into perceiving the world from another's point of view. Many teachers of all kinds are gifted at this kind of seduction, including spiritual gurus. Athena was gifted at this type of seduction, and used it with her red nation spouse Onton and group that became professors in her university to cause them to view life from her perspective.

In the third eye seduction, a fan is created that calls for an exchange of energy between one's own third eye and another's. In the exchange, one perceives what the seducer desires, whether it is a beautiful face or a point of view. In the exchange between third eye chakras, information can be lost along with chi or visionary knowledge. Some who suffer from poor eyesight can actually be good third eye seducers; or in other cases it is those who are frequently seduced

through the third eye that also damages the visionary center leading to deterioration of the eyes. Stepping out of the game of allowing oneself to be seduced in the third eye region or to seduce others from this region is another means of improving eyesight.

The seduction of the third eye region can lead to cataracts in extreme cases and in old age. Oa found himself diminishing in eyesight due to all the third eye seduction that would occur between the web site and the audience that would affect his visionary chakras. Finally and as the web site was separated from his field and held by Terra in another manner, the damage ceased enough that he could resurrect and reconstitute his eyes. The information upon the web site causes those who wish to press their point of view back upon Mila and Oa to do so. This is an unconscious action, but unconscious patterns are felt in the energy dynamics between parties. Mila also struggled with pelvic deterioration due to those who were gifted second chakra seducers who would try and seduce her in reading the materials. Seduction is so common it goes off even if there is no one present in the physical.

### **THE NATURE OF THIRD EYE SEDUCTION**

Those prone to being seduced through another via the third eye region will discover patterns that allow for an exchange of energy between one's own third eye and another's. This will allow information on vision or perception to be transferred from one to another. Also one's own visionary capacity can be obstructed. Therefore it is best to dismantle the patterning, programming and thought-form associated with third eye exchanges so that one's own vision can remain clear to perceive the next steps upon one's spiritual path. Generally one allows this type of seduction in order to understand what another's point of view is. One need not exchange energy between visionary centers to understand another; one can read the other via the heart chakra or holograms, or request information from the ancestors, earth or nature about another in order to understand.

Those prone to seducing through the third eye tend to do so to make a point about what one believes is so, or in order to appear to have a beautiful face. There is no need to press one's truth upon another as each has a unique truth that is to be expressed. Beauty also comes from within the eyes as soul is perceived through human form. Therefore it is best to cease to seduce others through the third chakra region by dismantling all programs, patterns or thought form at cause of forcing your truth upon another or in order to appear beautiful. Then one will learn to allow all others their truth while expressing one's own, and to allow the beauty and truth of soul, Earth, nature and the ancestors to shine through one's face and eyes. This too results in a restoration of the authentic self.

### THIRD EYE MEDIA SEDUCTION

The media strips humans unconsciously even though there is no one physically present. Humans engage with those upon their television shows or in their movies or even in the books that one reads through the dance of seduction. As one reads or watches, the body responds as if the person in the show or in the book is a real person. The television, movies and books construct dream time planes associated with a dream of the characters represented, and then one is seduced or seduces in return in the unconscious with the cast of characters. The dream time planes are then used to move information and dream back and forth. This is how humans are losing dream to the media so extensively that in time if ascending humans did not call it all back, civilization would collapse over night.

This is what occurred at the end of the era of the Anu and Atlantis alike. So many dreams had been stripped to extend the lives of the Anu or famous in Atlantis through media based pyramids that the civilization based dream became very thread bare. As there were not enough threads in the dream to hold a dream together, a nuclear annihilation occurred as a reflection of the imploding dream of human civilization. In so doing, their eras ended over night, and all fell into chaos due to the nature of nuclear fission.

At this time upon Earth, so many dreams have been stripped again through the media pyramid that the human dream is becoming threadbare overall; those regions with the least dream end up with starvation occurring through extreme droughts; natural disasters or in war torn circumstances as this is the nature of an imploding dream. Implosion of dream creates natural disasters, lack and chaos. Chaos can be due to war or due to natural disasters. Lack is generally due to lack of enough water to grow anything leading to the formation of a desert. As ascending humans learn to call back the entire dream taken by the media for themselves, their neighbors, the region that one lives and your country of origin, one can begin to fill in the missing gaps so that chaos related to a financial collapse, war or a natural disaster or drought can be redirected into a different dream. This is how the ascending children of tomorrow will create enough for all and cause world peace, in filling in all human dreams enough that a dream for peace can be caught and then experienced.

Reweaving the human dream requires many more ascending children to be born. It also requires adults who are more conscious to aid in directing the dream from the physical. This is why this information is shared. As enough work with these materials and begin to gather back dream from the media, more dream will be available again, and people will begin to live their lives rather than watch possible life circumstances upon television or in the movies. This then will allow for greater inner fulfillment as well, and happier people tend to create peace with others wherever they go. So this also is a part of the dream for world peace ahead, and shall allow fulfillment in each culture and each region that humans live within.

Movies and movie makers rely mostly upon third eye seduction than any other part of the field to seduce. Why is this so? Well in watching a film there is no real

human in front of you physically to seduce you with; third eye seduction is therefore the best form of seduction to use in such a circumstance as it is not felt as much as perceived. Perception associated with movies can also include emotions, and the dream time planes of movies and books also host mental, emotional, intuitive and creative bodies of energy flow that enter the theater or living room as one watches, So this is also so for books. One then engages with a group set of subtle bodies and feels for the characters; but this is not seduction as much as group energy flow that is exchanged, often in a pyramidal rotation. Those watching in the bottom of the pyramidal group energy flow are stripped of dream during the movie or in reading the book; those in the middle fair better receiving parts of dreams of others and losing parts of dreams to the media; and those at the top receive the most dream, and these are generally the actors and actresses along with the producers of the movie one is watching or authors of the book one is reading. The actors, actresses, authors and producers then go on to live a rich and fulfilling life while everyone else has less and less dream and more and more non-fulfillment in the dance of life.

Interestingly enough, television shows or books unite people around the world in a pyramidal flow if enough engage in the movie or book from various countries. It is this union of fields that is then used to strip human dream giving it to the media giants who only then produce more movies and books founded upon human dreams that have been lost. Many reading these materials may have lost as much as 90% of your life dream over time to movies and books and you may wonder why you are so unfulfilled. Time to retrieve all dream lost and then you can begin to weave a fulfilling dream for yourself upon the physical plane.

In any case, participating in the media does not serve ascension as it only mixes up energy fields and dreams of the audiences. If you are vying to rise above the current consensus vibration, the ongoing watching of television or reading of books or going to movies will pull you down into consensus dogmatic thought-form and to a point that you cannot master much beyond 1024 strands of DNA. This is one of the largest reasons that the Earth Mother suggests that humans stop watching the TV, going to movies or reading books for recreation. Instead create recreation in open spaces and in the enjoyment of nature or with home based art projects that bring one joy and allow for co-creation with your ancestors; and of course spend your time doing your inner homework of ascension and reading those materials in support of this.

## **SEDUCTION OF POWER, CREATIVITY AND KNOWLEDGE**

The seduction of anchoring, power, creativity and knowledge occurs through movements in the grounding, power, co-creation and crown chakra regions. These types of seduction are different from the seduction of love, sex and beauty in many ways as they do not involve a fan of mirrors that reflect something back as much as an exchange or intertwining of energy flow. In the exchange, many can be united to give enough power, knowledge and co-creative energy unto a corporation to allow it to form and grow into a large business that employs thousands of people; or a president or prime minister to be elected to govern a



nation; or a queen or king to be born; or a spiritual group to grow into a world religion.

How does this type of seduction work? Humans are intertwined in group energy flow anywhere that they congregate in groups of three or more. We explored group dynamics in Chapter 4 of Workbook I, and showed how the dynamics of groups that tend to cause one to rise to the top in various positions around the clock, and others to fall to the bottom often experiencing travesties of one sort or another. This is extreme polarity in nature, and it involves pyramidal flow. Pyramidal flow does allow for a form of seduction that causes leadership to rise to the top and those who are unable to seduce the group move into positions of extreme dislike where they are then rejected, expelled, go into fear, or become diseased.

Generally the one who rises to the top has the capacity to seduce large groups of humans and this is why they are placed into a leadership role, whether it is leader of the family or leader of the neighborhood or region or country matters not, the same types of seduction allows for the game of extreme leadership and power. This is also so for the box pyramid system which creates its leaders who are singled out above and beyond all the rest, whether they are business leaders, spiritual leaders, governmental leaders or royal families.

### **GROUNDING CHAKRA SEDUCTION SEDUCTION OF ANCHORING**

There are those gifted at anchoring for groups. Oa was a good and gifted anchor for groups and was one of the reasons Mila really appreciated him joining her and co-managing the school with her long ago. What does an anchor do? The anchor provides stability for the dream of the group. The anchor may or may not have any recognition for what they do, and are often close to the leader in some capacity upon the physical plane. The leader knows that they rely upon this person or group of people more greatly than most, although they may not understand exactly why. It is the anchor that will form the geometry of pyramids or boxes or figure-8's to sustain the dream for each member of the group along with the leader.

Oa was gifted at pyramidal flow in the beginning and eventually the group evolved into figure-8 formation. Oa has a natural gift of using magnets to hold geometrical patterns along with creating sound tone and movement amongst the many, much like a conductor orchestrates a symphony. Oa's task of anchoring has been even more greatly expanded upon in the current formations of SSOA along with the human dream, and Earth is learning from Oa how to orchestrate music to create harmony, love, joy, fulfillment, hope, peace and unity amongst humans in the experiments of the SSOA Intensives and Conclave events each year.

From Terra's perspective anchors can have a positive purpose as well as a negative purpose depending upon geometry spun. As more anchor figure-8 and triple lotus anchoring in harmony with the new dream, then the groups will be



more supportive of global ascension. At this time only 30% of the human populations global wide spin figure-8 dreams, and only a few triple lotus dreams. This will change ahead as more ascending children are born that hold a figure-8 or triple lotus dream global wide. It is anticipated that this will take at least another decade of ascension to accomplish; but is coming and at such a time, Terra can enter the Great Central Sun dream more fully, as this require a bare minimum of a figure-8 dream that is global in order to accomplish.

Pyramidal anchoring has to do with setting up the triangular geometrical patterns within each quadrant that sustains those associated in their positions, some in the bottom, some in the middle and a few at the top or upper half. Box shaped pyramids are no different and those anchoring unite the boxes that each human sits within and places them in the region that they are suited in relation to dreams that are received due to their position in the box. The one at the outer edge receive the most dream, the middle layers less and those in the center of the box the least dream of all.

Over time Mila and Oa have mapped out pyramidal flow that tried to form at their Conclave events in times past. Generally one holds the center of the pyramid and rotates it, four others form the outside edges, another holds the base, and another casts the spells to sustain each in their position within the pyramidal flow. Box shaped pyramids are similar. There is one who holds the center and rotates the boxes; there are four that construct all the edges of the box in a third dimensional sense, there is another that manages the foundation, and one who casts the spells as to what position each receives in relation to the group. The geometry of each anchor is spun through their personal energy field.

The larger the group, the more anchors are required to sustain the pyramids or boxes as geometrical dream patterning. In large corporations, there may be as many as 100 to 1000 or more anchors necessary to sustain the pyramids as intricate formations that appear as a 6, 9, 12 or 18 pointed stars with bases that interconnect in the center. The same is true for larger eastern corporations that are an intricate interconnecting series of boxes or matrixes. Royalty over many nations can have thousands of anchors that create pyramidal or box formations in each town, region and nation associated. So this is so for Prime Ministers or Presidents of any country. All within the country are intertwined through the formations of complex geometry that interconnects each, and each in turn receives their positions within human civilization, whether they are poor, middle class or wealthy in the dance of life.

Many countries host figure-8 dreams in addition to pyramidal or box geometrical formations. Generally figure-8 dreams are at the bottom of the pyramid or outside the box and regions spinning such dreams have less wealth as a result. However the figure-8 dreams can also cause greater unity amongst those living in such regions, and they are good choices of places to live for ascending humans. Mila noticed that many regions in Greece spun figure-8s along with Italy. Resort regions also tend to spin figure-8s as this is considered a more nurturing dream for tourists. Figure-8 dreams can also occur out in the countryside and in the farmland. Why? Pyramids would destroy the crops due to all the electricity that is

associated, and so a figure-8 dream is required to sustain plant growth. It may be for this reason that farm towns are a good place for ascending humans to relocate unto.

Those who are gifted anchors can develop their skills in support of ascension of a group or the Earth Mother. Earth will foster the development of this role as it is required to anchor a figure-8 dream for humanity to ascend into; and in addition and into the future a triple lotus dream as enough humans spin this pattern to attune unto. It shall be as humanity ascends into the triple lotus pattern of geometry and dream in enough numbers that peace shall be restored upon Earth. This is coming in the next 25 years of continued ascent beloved, and each working with these materials supports this goal in the now, and will provide the genetic and energetic changes to allow for the incoming ascending Bodhisattva births. It will be as there are enough Bodhisattva children to anchor that the new dream shall become global wide, and this requires a minimum of 250,000 born in Terra's estimation.

### **SOLAR PLEXUS CHAKRA SEDUCTION SEDUCTION OF POWER**

There are those gifted at seducing through their power or will center. Many governmental leaders are examples of those who use their power center to seduce. How exactly does this work? The will center will inflate outside of the etheric body and generally in front. Sometimes this leads to indigestion and gastric distress for those who use their will center to seduce. In the seduction, an exchange of power spins between all that engages in a pyramidal or box shaped formation. Power flows to those at the top and upper half of each pyramid in an algorithmic pattern with the most at the top and the least in the bottom. Sometimes cords develop between the solar plexus of the seducer and another chakra region in the one seduced. This is how power, love, sexual energy generally is transferred to the one in power who then uses the chi and power to inflate themselves to the top of the pyramidal geometry or to the outside of the box geometry.

Those who take power of others generally are solar plexus seducers. Oa was once a solar plexus seducer, whereas Mila was more of a sexual energy seductress, until both released the associated patterning in their early years of ascension together. Oa would gather the power and Mila the sexual flow to sustain themselves at the top of a pyramidal formation of the early formations in SSOA, and until the group evolved as well as themselves into figure-8 flow. Over time Mila and Oa have learned not to strip those in their organization of power or chi as this then leaves those attempting to ascend too powerless and without enough chi to fulfill upon the task. Instead Oa has learned to retrieve his multidimensional power lost in many falls in his inheritance and this is enough power to sustain the geometry he supports within SSOA in collaboration with the Earth Mother. Mila has learned to use free energy to sustain a sexual flow without the requirement to take chi from the group; this leaves each with enough chi and power to continue to ascend. It

has only been in the past few years of ascension that this new type of movement has become possible leaving each free to ascend within the organization.

This is the map for all to follow and is a free energy map and free power map. Free energy is a blueprint from the Tao of an energetic flow that is self-empowered and self-sustaining. Within free energy there is always enough for whatever you are to accomplish without lack, whether it be love, power, sexual flow, chi or truth. In the new dynamics that free energy causes, group dynamics are going through a vast restructuring that will lead to a new day of abundance for humanity ahead. This all kingdoms look forward to as they too are undergoing parallel revisions of energy dynamics in their own ascent and in support of Terra's ascent.

## **THE NATURE OF THE SEDUCTION OF POWER**

Those gifted at seducing through power will tend to take ascending initiates power away in the exchange. Ascending initiates require all their power to hold their boundaries and continue to evolve. Therefore retrieval of power from all that you have given it unto throughout the course of one's life along with one's ancestry is an ongoing intention in ascension. The more power that one retrieves that was lost, the more one can return the power of nature and Earth that had been stripped over time to shore up your ancestors; and this allows Earth and nature to have enough power to also ascend.

Over time the Red Nations' Peoples lost their power to the family of Anu and later the Pharaohs. As the Red Nations' Peoples lost their power, they took power of the nature kingdoms to shore themselves up. Over time this depleted the land leading to starvation of the kingdoms due to lack and vast droughts. Mila recalls standing in a beautiful Native American shop in Banff Canada and looking at all the beautiful instruments created by the First Nation's Peoples of the region, and realizing how much power of nature was trapped in the instruments. Mila recognized that this was not right, and sought from this point forward to return nature's power and retrieve her own ancestral power from wherever it went. This was the beginning of the restoration of enough power for nature to begin its ascension journey. Now each of red nation descent can begin to restore nature's power by returning whatever was stripped over time and throughout one's inheritance, and retrieving the power lost to the Anu and Pharaohs in their time periods. In so doing, all may have enough power to ascend.

Those like Oa that are gifted at seducing others and taking power in the exchange of energies can choose to dismantle the programs, patterning, and thought-form associated and learn to allow all others their own power in the dance of life. Often those of red nation descent gifted at hoarding power are afraid of the misuse and abuse of those who also hoard power who are of Anu or Pharaoh Ancestry; and so they strip others of power to control unconscious abuse.

Mastery over power causes power to increase as one masters harmlessness and ceases to abuse in the unconscious. Therefore ascension takes care of the power mongers by reducing power that is misused in any manner over time. Ascension

counsels and ancestral counsels are now in place to reduce power of those who misuse their power in the unconscious against ascending humans. Therefore there are now checks and balances in the ascension movement and karmic boards that allow those ascending to release the requirement to hoard power to make themselves and others safe from those who unconsciously abuse. Ascending humans can also fill themselves with their own ancestral power as it is retrieved and this suffices to allow for enough power to fulfill upon one's intentions.

Power is necessary in the act of intention. The more power the more rapidly the intention will affect one's dream and energy field. Therefore power is required to sustain intentions and boundaries in the choice to ascend. Hoarding other humans' power does not empower intention however, and may even cause the intention to become confused. Why is this so? Power that comes from another has its own signatures and thought-form. If you rely upon others power to intend, then the thought-form associated with the false power also is relayed to the solar manifestation planes. This then can confuse the manifestation planes as to what you meant in the intention, leading to a confusing response. As one relies instead upon one's own power gathered up throughout one's inheritance, then the intention will remain pure to one's truth and have a more greatly likelihood of fulfilling upon the dream intended.

As one releases the requirement to control others to make oneself safe, a tremendous amount of energy frees up to further the ascension of the field and form ahead. One also begins to rely upon their power of command over the unity based thought-form to drive the dream and hold one's boundaries with others who tend to abuse in the nonphysical or are host to a load of nonphysical forces that abuse. There are many intentions that are helpful for this purpose that will be explored later in this chapter.

### **CO-CREATIVE CHAKRA SEDUCTION** **SEDUCTION OF SELF EXPRESSION**

Seduction of self expression occurs amongst those who are gifted orators that can sway the masses, or gifted speakers that can sway the audience; or gifted authors at expressing their perceived truths to cause many others to agree or follow them as teachers or leaders. Seduction of self expression can also occur in many forms related to the media from news anchor people to journalists to singers, actors and authors of all kinds. Seduction of self expression also occurs as a non-verbal artistic expression such as dance, music, paintings, landscape design, interior design, clothing design, jewelry making, pottery making and so on.

In the seduction of self expression, there is an exchange of energy between neck chakra centers. The seducer takes creative flow from the one seduced and then uses it to further their position in the art pyramids or the media pyramids, whether they be pyramidal in nature or box shaped in geometry matters not; the more creative flow that is taken, the higher the position in the art or media pyramid or box.



Mila was shocked at an artist that was really not very gifted and painted a blue dog in a cartoon like style that became a famous painter in San Francisco art galleries for a time. She came to understand that the fame was not due to how gifted or talented the artist was, but what position that they held in the art community. These silly paintings would sell for \$5000 at the time, and Mila thought that they held no artistic expression whatsoever, except perhaps if the artist had been five years old and painted something of this nature. It was the fact that the artist climbed to the near top of the art pyramid that they created such success. One could say that they were a gifted seducer of self expression as a result if not a talented artist.

Seduction of self expression is the result of laying veils of illusion or dreamtime surrounding one's art projects or books or dance or music that causes others to believe it is more talented and beautiful and gifted than any other expression. The veils are dreams of creative endeavors stripped from others that then cannot create as the dream no longer is present to do so. This leads to one famous musician instead of 10,000 musicians that each has a dream to express their music out of joy. This leads to one famous actor instead of thousands of story tellers gifted at expressing their truth and sharing their spiritual lessons for the benefit of others. This also leads to a few "New York Times Best Selling" books and hundreds of thousands of authors that receive little or no attention, but may have something important to say.

Amongst red nations' peoples, there is not seduction related to art, music, or oral traditions such as story telling. Red nation figure-8 dreams allow for the expression of each within the community or tribe. Each has a portion of the creative expression of the whole, and one's creation is not veiled with the dreams stripped from thousands of others to inflate it into a super gifted or talented position, thereby requesting thousands if not hundreds of thousands of dollars in exchange for the gifts offered. This is the interesting thing about the art pyramids as they will hoist one to the top who will get paid exorbitant amounts for a single concert or art piece, when thousands starve in the streets who are just as talented if not more talented than the one who is paid so well. This is what pyramidal and box shaped geometries do; they allow only a few to rise to the top leaving the majority struggling to get by or starving. This is where the concept of starving artists comes from.

In the 70s Mila recalls starving artists' shows where beautiful art was imported from around the world and sold for relatively small amounts, with most likely the distributor reaping most of the benefit for orchestrating the entire show. This dream was the result of a change in the energy flow that brought art to the forefront of western civilization for a time, with humans desiring real hand crafted items rather than prints or reproductions. Perhaps for a time humans began to see and perceive the love and energy in that which was hand crafted and desire this more. This also was the time that the art festivals began to occur and many more artisans began to prosper by selling their own wares at fairs and shows. This is a figure-8 dream where many can participate in artistic endeavors and be provided for, not greatly and not in great fame, but in receiving enough. This is a red nation artisan dream.

Most red nations' peoples never had a written tradition, only an oral one. Written tradition and all that accompanies this today including computers and CDs is really a Pleiadian dream that may fade in the next cycle. However Terra also perceives the gift of allowing written materials to be shared across continents of humans to foster awakening, and so it may be that written tradition also becomes a part of the future human dream ahead, and carries on from this cycle but in a new and revised format to foster human evolution rather than strip humans of dream.

Most written materials today strip humans of chi, sexual flow, creative flow and dream. This is causing human dreams to become hollowed out, until enough that recognize this and are ascending choose to retrieve all dreams lost over time in the engaging with the current written paradigm. So this is also so for art and theater; many theater and music productions of largely famous artisans strip the audience of dream just as greatly as television or movies. Mila and Oa recall going to see a famous acoustic guitar performer in Honolulu and were badly shattered in the dance. They also frequented Hawaiian performers recurrently that were not well known, and never experienced a shattering; only a lovely exchange of sexual flow that enhanced their ascension and the love between the artist and the following. This is red nation co-creational energy exchange, and it is harmless in nature.

Red nation co-creative flow occurs much like energy dynamics of the Ohana (family). The co-creative flow moves around each artist expressing in the band and each in the audience in a crescendo of movement that leads to each feeling good and energized at the end of the evening of entertainment, instead of only the artist feeling good and the audience shattered. This is the movement for co-creative flow that Terra is weaving into the new dream for humans to ascend into. In so doing, co-creativity will cease to be a harmful place to share within, and lead to another day when the love can be restored within all creative endeavors.

Many who try to place their love into their creative projects such as art, music, clothing, pottery or other endeavors may find that their hearts are stripped by those who really wish to take and not give anything in return. Therefore artisans will have to set up boundaries with those that one may sell one's creations unto or perform for; as others may strip one dry and leave one without enough energy to ascend. One way to accomplish this is to work with the ancestors who will use one's creations to reach others to trigger ascension instead. In so doing, the ancestors will create special planes to host one's creative expressions without the need to worry about losing too much chi to those who hoard to an excess in the current dance of life.



## THE NATURE OF CO-CREATIVE SEDUCTION

Those gifted at seducing through co-creativity may discover that the throat region is an ongoing irritation due to the exchange of energies associated between parties in this region. As Mila first began to express herself in written materials, she found herself coughing and having frequent sore throats as others gave her chi to allow her materials more exposure and interest. It took Mila years and years to move the co-creative flow of SSOA to an outside energy movement that no longer involved her throat region. The movement of co-creative flow outside of self was done in agreement with the Earth Mother and Nature who desired to rely upon the written materials to aid others in awakening. Therefore Terra now holds the energy dynamics behind all the written materials for the SSOA web site or audio CDs and other products that Mila and Oa have produced, and this has freed up Mila to ascend.

The ancestors will assist those who are guided to create to foster the ascent of others in creating parallel shifts so that one's co-creative chakra center is not increasingly debilitated in the dance of life and success of one's creative endeavors. The ancestors are learning from Mila and Terra's shifts how to orchestrate planes outside of one's field that host dreams that will allow one's creative endeavors to inspire as well as heal. Therefore if one has a creative project one desires to bring forth, intend to work with your ancestors as well as nature in your projects. This may even be more easily accomplished if the art, music or other projects themselves involve the mineral or plant kingdoms in their creations.

Learning to co-create outside of the pyramidal formation is also useful and less harmful to the throat and chakra system. Pyramids tend to press electrical flow through the throat. Figure-8 dreams will create an electromagnetic flow that is more greatly harmonious; and the most harmonious of all will be the completely magnetic triple lotus. It is the triple lotus that allows for a movement of energy around an audience that does not pierce through a field causing harm. Therefore the ancestors desire that artisans of all kind move towards triple lotus flow in all creative expressions, as this will then restore co-creativity into harmless and healing energetic movements.

Not too long ago, a famous opera singer video was playing in a restaurant Mila and Oa visited while upon the mainland. They watched the flow and the ancestors entered and proclaimed how they were very disappointed. Where are all the healing energies that should accompany such a beautiful voice? This the ancestors pondered, and also were very sad about. This singer used pyramids to draw the entire dream for fame unto herself and badly shatter many at the bottom during the performance. Once long ago the ancestors told Mila and Oa, voice was used to heal and sound tones that would heal the entire audience. Yes indeed records have been uncovered from very unity based civilizations that used music and song to help the masses remain in harmony with one another, or to heal those that were ailing.

How does music and sound heal the field? Disease is generally due to sour music in the blood and molecular structure of a particular part of the body. As sweet harmonious music is sung and reverberates through the body, that which has gone sour can turn sweet again and self heal. The civilizations we speak of existed in ancient times prior to the arrival of the Anu, and many living within them lived 1800 years due to the use of music to attune the body so that it could self heal out of any ailment. Alas with the arrival of the Anu and their exploitation of electrical flow that was launched globally to regenerate their own physical forms, all music went sour and the life spans of those who once lived 1800 years dropped and dropped over time.

In order to reverse this process of sour music that causes disease and shortened life spans, music must become sweet again. This requires the cessation of electrical geometrical patterns as this is the primary cause of why music has gone sour in human and earth based molecular rotation. As electrical geometry fades and figure-8 and later triple lotus geometry becomes the dominant dream for humans to attune to, it will be easier for humans to sustain sweet music within and self heal, as well as produce sweet music without in all forms of artistic self expression that allows others to tune up and self heal. This is the new dream for co-creative self expression ahead beloved.

### **CROWN CHAKRA SEDUCTION** **SEDUCTION OF KNOWLEDGE**

Seduction of knowledge occurs amongst those who possess the crown chakra of others determining what one will or will not think or believe. Athena was one of the main Anu family members that controlled the crown chakras of all other Anu, and also went into control patterns in her university system over the thoughts of the slaves. Athena III also went into control patterns with those of red nation descent and in her marriage to a red nation spouse known as Onton, as well as other red nation professors that came to teach in her university. The pharaohs fell into parallel patterning with the Mahavihsnu and also attempted to control their thoughts and beliefs as well through the crown chakra.

Long ago, Mila looked at the energy of a famous guru and saw beneath the veils. There was a large black octopus on top of his head that interconnected him to billions of others that followed this guru as their "god". The whole game shocked Mila who soon discovered that he also wished to control her knowledge and capacity to ascend. Over time Mila disassociated from the dream time of this guru as it would have prevented her ascension otherwise. Mila was determined that she as a spiritual leader would never control the crown of others as a result of her dreamtime experience with this guru.

Truth is a unique expression that emanates from the crown region in the 1000 petal lotus of the Bodhisattva. The truth flame rises up from the aurora and through the kundahlini flow igniting in the flame of divine union in the heart region and the flame of truth in the crown region. The hologram in the crown hosts the flame of truth. It was as the Mahavihsnu became heavily corded by the

Pharaohs that the flame of truth became extinguished over time, leading to delusion and another fall in consciousness. It is in igniting the truth flame again that humans will begin to restore themselves to a more fully conscious state of being.

Those who are ascending will need to free themselves of all others that desire to control you via the crown. Crown chakra seduction involves a series of planes constructed over the guru that makes it appear as though they know it all. Indeed there is much knowledge in the planes above the head as this is where all the knowledge that is stripped is stored. The octopus mechanism is veiled underneath and reaches into the crown of the following drawing the knowledge of each into the planes above the guru's head. Those following the guru admire their own knowledge that sits within his or her crown chakra; however it is not the guru's knowledge but compiled information from many others. Therefore the guru has no truth of his or her own; only a compiled truth of the following. The truth of the guru is also not a reflection of his or her mastery.

There are many types of gurus. There are gurus in business that function from the same seduction of the crown, stripping technological knowledge from all that they cord into to foster the products that their company manufactures and markets. There are gurus in the media that also seduce via the crown chakra, stripping knowledge from the audience to create more and more fame. Often media gurus are producers, but not always. Some actors and actresses can be just as gifted at crown chakra based seduction, and will appear wise and knowledgeable as well as gifted and talented. Some politicians or prime ministers are also gifted crown chakra seducers, and the following conclude that they are the wisest to lead the region clan or country. Athena often plays the role of the one who seduces via the crown and appears wise due to everyone else's knowledge that she has acquired in the dance of life. This is the origins of this pattern upon Earth.

Innana and Zeus did not seduce via the crown chakra but Apollo did. Often Apollo will appear also as a wise leader of one sort or another, especially in relation to business or art. Apollo was a talented artist and this is one of the reasons Rosetti fell in love with him and married him. He used his power of seduction to take the knowledge for various talents of many others and then express it in art and business.

The Pharaohs are related to Innana and Zeus having been the descendents of a larger headed human incubated with Innana's eggs or Zeus' sperm in a laboratory by Merduk. As such the Pharaohs were by in large more gifted at sexual seduction or love based seduction than in seduction of knowledge. The pharaohs surrounded themselves however with those related to Athena and Apollo who provided the wisdom behind their leadership.

Innana and Zeus also relied upon Apollo and Athena for their wisdom and called them often into their business deals in the Pleiades as a result. Later it was Athena that took on the task of educating the masses of slaves that were bred to extend their lives way beyond where they would have naturally lived. It was

Athena that controlled the family through a web hooked between her crown chakra along with each crown of the growing slave civilization. Over time so many cords formed that Athena III ended up with epileptic seizures trying to retain control over it all.

## **THE NATURE OF THE SEDUCTION OF KNOWLEDGE**

Those studying these materials generally are not crown chakra seducers, as you would have the wrong inheritance for the inner work that ascension entails otherwise. Those of genealogies related to Athena, Apollo and the Pharaohs are prohibited from map carving as they have the wrong thought-form from another creation associated, and spin geometries non-resonant with the great central sun. However many spiritual aspirants have known one or more that are crown chakra seducers in the dance of life, or studied their materials.

Often crown chakra seducers will publish famous self-help, psychology or spiritual materials. Through the materials, the seduction occurs nonetheless, even if one has never met in person. Much like third eye seduction, crown chakra seduction can occur without the physical presence in the exchange. Therefore one may discover that one has lost a load of spiritual knowledge due to the spiritual or self help books you have studied over time, and there may be cords into the crown region from the associated gurus.

In order to step out of the game of giving your truth and spiritual knowledge away to the gurus, one must release all programming, patterning and thought-form associated with seeking truth outside of self. Most look to others for one's truth as truth has become externalized in the dance of seduction of knowledge. As one retrieves all truth lost over time and ceases to participate in the dance of seduction of knowledge, then one will have enough information not only to ascend, but recall one's truth within.

There is a dance of how knowledge was extrapolated from others that has recently come to be understood by the map carvers in association with SSOA. What has been uncovered is that Athena moved holographic information in the human holographic planes into pyramidal formations to understand it all herself. Alas as human holographic planes became pyramidal, those related to the grand masters and with larger heads ceased to be able to access their own holographic information. This led to a vast fall in consciousness, as incoming children also ceased to be able to access all genetic information in all bandwidths associated with the Grand Master holograms. As such, the larger headed children were born with missing segments of DNA and failed to develop a fully crystalline cranium; and this created the first major fall in consciousness of the grand master descendents in the era of the Anu.

The knowledge Athena moved into pyramidal formations is in the process of being restored to the proper formations for magnetic holographic energy flow. As this occurs, many missing archives will suddenly become available to propel humanity into an era of awakening ahead. In particular those of red nation descent directly

or from more ancient times will awaken more unto their truth. This will allow another type of leadership to come forth in which truth is recognized, appreciated and expressed rather than illusion. Humans are concluding with the last Anu Cycle related to Dionysus, who is the “God of Illusion”. It is perhaps for this reason that leaders are powerful if they are gifted at running veils and hiding the truth of their intentions and actions alike. As this cycle concludes, the era of illusion will fade and the next Grand Master cycle is born, all wisdom will be available again for humans to recall; and this is the result of the work of the map carvers who have ascended and are restoring the holographic planes as the karma is released.

## **POWERFUL INTENTIONS**

The map carvers have anchored powerful intentions that support and sustain the authentic self. The intentions are a form of algorithm that spins within the field to support and sustain one’s boundaries. Algorithms cause the energy to flow in a particular manner in any field. Movements either support and sustain ascension or cause one to break a part. Algorithms that cause the field to break a part are erased or released over time as they are non-supportive of ascension.

Algorithms can be edited through intention, however they are also related to the DNA; and so the DNA must also be edited to support and sustain the new algorithms one is learning in ascension. Sometimes there are ancestors that are related unto oneself that were gifted at algorithms one is attempting to learn; it is these ancestors that offer the best genetic records to draw into the field to replace old algorithms that are non-supportive. One can also request that one’s ancestor enters the field and teaches one how to move one’s energy in another algorithmic manner that is more conducive to the continued ascent.

One can think of seduction as a series of algorithms that causes exchanges in the energy flow between humans. The algorithms will be directly related to thought-form, programs and mechanized parts of the field that are also related. As one not only intends to remove all thought-form, programs and mechanization related to seduction, one can also intend to remove or erase the algorithms for seduction as well. As one releases algorithms for seduction, or any pattern for that matter, one must replace what is leaving with something new that will create a new flow or movement within the field. This is what the dual tones of the language of light cause as they are the movements that will allow for the emergence of the authentic self and the transcendence of all patterns of seduction.

We have created intentions related to particular dual tones that are the most useful in the transcendence of seduction. As seduction patterns release, the new algorithms will allow for the anchoring of energetic flow between body soul and earth, increasing the capacity to bless others around oneself and feel blessed from within. As seduction patterns release, one will find a means of expressing oneself founded upon one’s truth in action as an ascending human, and this is what the authentic self is from Terra’s point of view. This is the purpose of the following intentions, to allow the emergence of one’s authentic self..



## INTENTIONS FOR THE EXPRESSION OF THE AUTHENTIC SELF



**I INTEND ABSOLUTE COMPASSION.** Absolute compassion is a command that is related to the **dual tone #50 Unconditional Compassion**. The absolute compassion command allows for movement out of guilt and into forgiveness as an ascending human. Humans like to blame and shame one another as if somehow one is not also responsible for the current dance as it is expressed in human form. Absolute compassion allows those who are ascending to cease to feel blamed or blame and shame others, recognizing that we have all participated in this dance and it is only through forgiveness that the dance may change. ***This is a useful algorithm in the transcendence of pelvic heart and vision chakra seduction of sex love and beauty.***



**I INTEND ABSOLUTE LOVE.** The absolute love is a command that is related to the **dual tone #51 Omnipresent Love**. The absolute love command causes the field to align unto itself in a manner that is self-sustaining in rotation. Love is the glue that holds creations together, and your field is your creation and love is the vibration that allows your creation to flow and ascend. The absolute love command was also spoken to greatly in an article from the Amethyst mineral kingdom. ***This is a useful algorithm in the transcendence of pelvic heart and vision chakra seduction of sex love and beauty.***



**I INTEND ABSOLUTE RESONANCE.** Absolute resonance is a command that is related to the **dual tone #52 Omnipresent Jurisdiction**. Absolute resonance command causes that which has not come together in resonance to disband itself. It is the law of the Tao that only that which resonates can be drawn together. Electrical geometry often brings others together founded upon non-resonance. It is often the non-resonant patterns of others that creates discord within one's field. As the absolute resonance command is intended, that which is dissonant within one's field must leave as it is not one's own creation. ***This is a useful algorithm in the transcendence of pelvic heart and vision chakra seduction of sex love and beauty.***



**I INTEND ABSOLUTE DREAM.** The absolute dream is a command that is related to **dual tone #56 Absolute Magnitude**. The absolute dream command allows for the freewill choice to choose one's own dream. Often those who are related to the Anu or Pharaohs in an archetypal sense confiscate dream and exchange it for dreams that they do not desire. The absolute dream command allows your dreams to remain in your field, dreams that have gone to others to be retrieved and the dreams of others to be returned to their fields. ***This is a useful algorithm in the transcendence of grounding, solar plexus throat or crown chakra seduction of anchoring, power, co-creation or knowledge.***





**I INTEND ABSOLUTE SERVICE.** The absolute service is a command is related to **dual tone #58 Service**. The absolute service command allows for one's ascension to support the ascent of all other humans, all other species and the Earth Mother consciousness. The absolute service command will cause one's dream to align with the dreams of all other ascending sentient species so that one's continued ascension is supported by the dream of the whole. ***This is a useful algorithm in the transcendence of grounding, solar plexus throat or crown chakra seduction of anchoring, power, co-creation or knowledge.***



**I INTEND ABSOLUTE TRUTH.** The absolute truth is a command is related to **dual tone #62 Unity Based Truth**. The absolute truth command allows for the full expression of one's truth in action. Truths were often swapped between those of red nation and Anu archetypes. As such truth tends to be swapped again leading to feeling as though one does not know who one is. The absolute truth command will assist in retrieving one's truth and returning truth that is not one's sincere inheritance so that one can experience one's truth in action in the danced of life. ***This is a useful algorithm in the transcendence of grounding, solar plexus throat or crown chakra seduction of anchoring, power, co-creation or knowledge.***



**I INTEND ABSOLUTE FREEDOM.** The absolute freedom command is related to **dual tone #63 Evolution**. The absolute freedom command creates an energetic configuration that allows each to free themselves from the ties of attachment that prevent continued evolution. It is the law of the Tao that no force can prevent evolution home. Often there are forces that like to reinstate sticky cords of attachment through shattering of ones' field causing one to drop back into patterning previously transcended. The absolute freedom command will push such forces off enough that one can recover; and also prevent back sliding into earlier thought-form or patterning in ones' ascent. ***This is a useful algorithm in the transcendence of grounding, solar plexus throat or crown chakra seduction of anchoring, power, co-creation or knowledge.***



**I INTEND ABSOLUTE INHERITANCE.** Absolute inheritance is a command that is related to **dual tone #64 Region of Domain**. The absolute inheritance command allows for real ancestral lineages to be present at any phase of one's evolution home. The absolute inheritance command will also call one's Ancestral Counsel and the Ancestral Planes into one's field to support and sustain one's true genealogy as an ascending human. The ancestral counsels and planes are newly restored as the karma from Atlantis was released on the part of Terra this year. ***This is a useful algorithm in the transcendence of pelvic heart and third eye chakra seduction of sex love and beauty.***



**I INTEND ABSOLUTE CONSCIOUSNESS.** Absolute consciousness is a command related to *dual tone #65 I Am that I Am*. The absolute consciousness command allows for only the consciousness sincere to one's truth to be present surrounding one's field. Consciousness has become vastly manipulated in the dance of the Anu and Pharaohs alike that traded consciousness with others to extend their lives. Consciousness is the energy flow that is generated in the rotation of field. The rotation of field also catches consciousness as it emanates from the light of the sun in the form of waves. The intent of absolute consciousness will have the affect of purifying one's consciousness unto one's truth in action and then will allow one to more readily catch a life dream associated with one's truth as an ascending being. *This is a useful algorithm in the transcendence of all patterns of seduction.*



**I INTEND ABSOLUTE FORGIVENESS.** Absolute forgiveness is a command related to *dual tone #78 Unlimited Expansion*. Absolute forgiveness was spoken to in depth by the rose quartz kingdom in an entire article written in recent years; it is the law of the Tao that spiritual lessons only need to be learned once and not a multitude of times in the dance of ascension. As absolute forgiveness is invoked the mineral kingdom will open the archives of one's future and multidimensional ancestries and allow the slate to be wiped clean and clear of parallel karma that would affect the future ascent of oneself or one's ancestors otherwise. *This is a useful algorithm in the transcendence of all patterns of seduction.*



**I INTEND ABSOLUTE CONSENSUS.** The absolute consensus command is related to *dual tone #80 Communion of All Species*. The absolute consensus command allows for the power of the consensus group to hold the group together through group boundaries. Each ascending human is a part of a consensus of ascending others and also a part of the larger consensus known as Earth and all species therein. Sometimes ascending humans fall out of the ascension consensus when one becomes distorted enough to do so. As one commands absolute consensus, one will be restored to the consensus and the boundaries held therein by the group will then be invoked within one's field allowing the support that the group and Earth can offer in one's continued expansion of field. *This is a useful algorithm in the transcendence of all patterns of seduction.*



**I INTEND ABSOLUTE POWER.** The absolute power command is related to **dual tone #84 Director**. The absolute power command allows for all the power that one requires in the intent to ascend, direct one's dream and hold one's boundaries. Power is often manipulated and passed on to gurus or other perceived leaders in the dance of life that use one's power for the purposes pressing themselves to the top of the pyramid. As the absolute power command is invoked, one's own power is retrieved from wherever it has gone so that one has enough power behind one's intentions to direct one's dream and dance of life. *This is a useful algorithm in the transcendence of all patterns of seduction.*



**I INTEND ABSOLUTE COMMAND.** The absolute command is related to **dual tone #85 Creation**. The absolute command allows for the power of command that one has mastered in one's ascension to date to be available to command one's creation and cease to be tampered with by nonphysical forces. Often nonphysical forces like to strip one's power of command and then use it to command one's own field into distortion. Absolute command states that it is the law of the Tao that all power of command resides with the physical in relation to the physical plane and not the nonphysical. As such, the nonphysical has no right confiscating one's power of command and using it against oneself. This command shall dissipate all manipulations associated. *This is a useful algorithm in the transcendence of all patterns of seduction.*



**I INTEND ABSOLUTE UNITY.** The absolute unity command is related to **dual tone #90 One World**. The absolute unity command causes one's field to align with all others in unity and in a flow of energy that allows for the experience of Ohana. Ohana is a state of being in which no one is excluded and all are honored as a part of the clan. Each in the clan holds a particular position in the dream of unity that expresses its inherent truth. Each truth gives something back to the ohana that the ohana requires to sustain itself or celebrate its joyful moments. One is also a part of a greater ohana known as Earth and this command allows one's own ohana to align with all other species as ohana in the dance of life. *This is a useful algorithm in the transcendence of all patterns of seduction.*

## HOW TO WORK WITH THE COMMANDS

Each of the above commands is related to a Language of Light dual tone that must be mastered in order for the command to have a continual and ongoing effect over one's field and boundaries. Therefore learning the dual tone is the first step to mastering the above algorithms. The Language of Light is also a scale that builds upon itself, and therefore one must also learn all other notes upon the scale preceding the one associated with each of the above intention in order for the command to have an ongoing effect over one's field.

Ascending humans in Terra's observation often lose the Language of Light that one has mastered. Sometimes it is the earlier notes in the single octave scale that become lost, and then wherever such notes are represented in the dual tones, they also are not present inhibiting learning the new tone or mastery over the algorithm associated. Therefore calling back all single tones and dual tones in the Language of Light scale that one has mastered to date is a good daily or weekly focus to assure that all notes are present to sustain one's rotation of field for the continued ascent.

Each single tone and dual tone creates a particular movement within one's field. Some tones unite as dual tones creating yet another movement or series of movements that sustains the rotation of the ascending field. Missing notes create gaps in the algorithmic flow of the field and if the gaps are great enough, it will lead to a shattering or a sensation of falling a part rather than continuing to build towards one's next level of ascension and expansion outward. Therefore each note upon the scale must be mastered and then two notes can be combined to create dual tone algorithms and further movements that support and sustain ascension.

The above commands are dual tone algorithms; however they are key to sustaining an ascending field. Each command also requires all tones that precede the one associated with the command to properly sustain the movement associated. Movements build upon one another, much like the intricate movement of the gears of a clock. If one part of the movement fails, then many other parts fail leading to a wobble or shattered feeling in the dance of life. Learning to cease to give your thought-form and Language of Light away is a good way therefore to offset most of the struggle associated with bad ascension days.

The entire family of Anu exchanged thought-form with red nations' peoples over time. The red nations' peoples found themselves giving up their unity so that the Anu could retain peace in their household. The red nations' peoples found themselves giving up their love and compassion so that the Anu could feel loved. The red nations' peoples found themselves giving up their power so that the Anu could extend their lives. The red nations' peoples took on dark dreams of disease, depression and struggle in exchange.

Most reading these materials will be much like the red nation ancestors that you represent in present time. One will have the tendency to give one's tones away to the Anu archetypes in one's life dance and then will not have the movement necessary to ascend over time. Therefore learning to cease to give your tones away and provide for those of Anu archetypal nature will foster your ascension. This is accomplished as each layer of karma that causes the dance to go in one particular direction is released allowing another dream for one's field to retain it's sovereignty to be experienced instead.

Karma causes the dream to skew in a particular direction. If there is karma in the inheritance for giving certain dual tones to Innana or another of Anu inheritance, then each time those of this archetypal nature cross your path, you will give the same tones yet again unto them. Release the karma and the dream will cease to be skewed in such a direction and one will retain one's own tones necessary to hold one's boundaries and carry on in the ascent ahead.

Karma is released through forgiveness. Forgiveness is an act of love. Absolute forgiveness can also wipe the slates clean and clear for all times in all inheritances that your ancestry experienced the same dance, over and over again like a merry-go-round. As you learn the absolute forgiveness command, future and repeated experiences of the same nature can be washed clean and clear allowing an easier time of ascension ahead. (See "From the Rose Quartz Kingdom" in the Messages from the Mineral Kingdom II section for a lovely essay about absolute forgiveness.)

We leave you with these thoughts  
Namaste  
The Earth Mother





Giraffe by Ann Collins



































# THE COMPLETE ASCENSION WORKBOOK PART II











## CHAPTER 6 WORKSHEET

*Transcending Seduction and Illusion*  
*Becoming the Authentic Self*

The Earth Mother through Karen Danrich "Mila" and Thomas Weber "Oa"  
 June 28, 2007

LANGUAGE OF LIGHT DUAL TONE INTEGRATION			
	49. Unconditional Forgiveness <i>Polarity Transcended:</i> <i>Heaven - Hell</i>		50. Unconditional Compassion <i>Polarity Transcended:</i> <i>Acquitted - Condemned</i>
	51. Omnipresent Love <i>Polarity Transcended:</i> <i>God-Satan</i>		52. Omnipresent Jurisdiction <i>Polarity Transcended:</i> <i>God - Human</i>
	53. Unconditional Stealth <i>Polarity Transcended:</i> <i>Almighty - Underdog</i>		54. Unconditional Integrity <i>Polarity Transcended:</i> <i>Righteous - Evil</i>
	55. Unconditional Life Force <i>Polarity Transcended:</i> <i>Fulfilled - Deprived</i>		56. Unconditional Magnitude <i>Polarity Transcended:</i> <i>Beautiful - Ugly</i>
	57. Bounty <i>Polarity Transcended:</i> <i>Enough - Not Enough</i>		58. Service <i>Polarity Transcended:</i> <i>Contribution - Leech</i>
	59. Unconditional Union <i>Polarity Transcended:</i> <i>Grounded - Disconnected</i>		60. Unconditional Community <i>Polarity Transcended:</i> <i>One World - Separate Nations</i>
	61. Fortitude <i>Polarity Transcended:</i> <i>Full - Empty</i>		62. Unity Based Truth <i>Polarity Transcended:</i> <i>The Truth - Non Truth</i>

	<b>63. Evolution</b> <i>Polarity Transcended:</i> <i>Creation - Destruction</i>		<b>64. Region of Domain</b> <i>Polarity Transcended:</i> <i>Contains - Fills</i>
	<b>65. Being-ness or I Am that I Am</b> <i>Polarity Transcended:</i> <i>Self Conscious - Other Conscious</i>		<b>66. Unity Based Relations</b> <i>Polarity Transcended:</i> <i>In Unity - Disunity</i>
	<b>67. Journey</b> <i>Polarity Transcended:</i> <i>On the Path - Detour</i>		<b>68. Map or Pathway of Evolution</b> <i>Polarity Transcended:</i> <i>Path - Roadblock</i>
	<b>69. Enlightenment</b> <i>Polarity Transcended:</i> <i>All Knowing - Knows Nothing</i>		<b>70. Ascension</b> <i>Polarity Transcended:</i> <i>Evolution - Non-Evolution</i>
	<b>71. Unconditional Purpose</b> <i>Polarity Transcended:</i> <i>Self Interest - Other Interest</i>		<b>72. Unconditional Truth</b> <i>Polarity Transcended:</i> <i>Valid - Invalid</i>
	<b>73. Unconditional Service</b> <i>Polarity Transcended:</i> <i>Self Service - Other Service</i>		<b>74. Unconditional Hope</b> <i>Polarity Transcended:</i> <i>Can - Cannot</i>
	<b>74. Unconditional Dance of Life</b> <i>Polarity Transcended:</i> <i>Fluid - Stuck</i>		<b>76. Unlimited Self Expression</b> <i>Polarity Transcended:</i> <i>Accomplish - Fail</i>
	<b>77. Unlimited Joy</b> <i>Polarity Transcended:</i> <i>Joyous - Joyless</i>		<b>78. Unlimited Expansion</b> <i>Polarity Transcended:</i> <i>Expansive - Contracted</i>
	<b>79. Unity of All Species</b> <i>Polarity Transcended:</i> <i>Human Species - Other Species</i>		<b>80. Communion of All Species</b> <i>Polarity Transcended:</i> <i>Human Form - Other Species Form</i>

	<b>81. Fruition</b> <i>Polarity Transcended:</i> <b>Manifest - Cannot Manifest</b>		<b>82. Boundaries</b> <i>Polarity Transcended:</i> <b>Entrance - Exit</b>
	<b>83. Alignment</b> <i>Polarity Transcended:</i> <b>Resonant - Non Resonant</b>		<b>84. Director</b> <i>Polarity Transcended:</i> <b>Producer - Actress or Actor</b>
	<b>85. Creation</b> <i>Polarity Transcended:</i> <b>Movie or Dream - Scene</b>		<b>86. Universe</b> <i>Polarity Transcended:</i> <b>One Movie or Dream- Many Movies or Dreams</b>
	<b>87. Production</b> <i>Polarity Transcended:</i> <b>Movie or Dream - Cast of Characters</b>		<b>88. Cast of Characters</b> <i>Polarity Transcended:</i> <b>Individual Dream - Group Dream</b>
	<b>89. Civilization</b> <i>Polarity Transcended:</i> <b>Cities or Group Dream - Towns or Many Group Dreams</b>		<b>90. One World</b> <i>Polarity Transcended:</i> <b>International Dream- National Dream</b>

<p><b>Which Dual Tones am I the strongest in expressing?</b></p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p><i>I intend to embody all dual tones and express them equally for a balanced and stable field that can more readily ascend.</i></p>	<p><b>Which Dual Tones am I the weakest in expressing or missing? (Am I also weak in expressing either single tone related?)</b></p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p><i>I intend to embody all single and dual tones so that a full scale is embraced in full, leading to a complete ascension this lifetime.</i></p>
<p><b>NOTES</b></p>	

## SEXUAL SEDUCTION



### ASSOCIATED WITH THE PLANES OF LUST AND REJECTION

1. Do I seduce others through the construction of a second chakra set of veils of illusion?

\_\_\_ Yes \_\_\_ No

2. If yes, what age did I begin to seduce sexually speaking?

Age \_\_\_\_\_

3. If yes, who have I tended to seduce sexually this lifetime?

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What are their archetypal natures?

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What Dual Tones would be useful in the transcendence of sexual seduction?

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What programs and beliefs or thought-form do I hold at cause of why I sexually seduce? (If need be go back to chapter 3 worksheet to deprogram each associated program loop and mechanical belief.)

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*I intend to transcend the need to sexually seduce others into perceiving me as beautiful or something that I am not in order to feel loved and accepted.*

*I intend to release all programming and mechanical thought-form at cause of the patterns of sexual seduction.*

*I intend to become my authentic self expressing my truth in action from within. I intend to learn to feel loved from within through the act of communion between body, soul, nature and earth.*

*I forgive myself for sexually seducing others this lifetime. I forgive those ancestors who sexually seduced others in their respective lifetimes. I intend to transcend the patterns of sexual seduction.*

*I forgive myself and my ancestors for dancing with the planes of lust and rejection for the purposes of sexual seduction. I intend to cease to dance with the planes of lust and rejection in this lifetime.*



<p><b>4. Do I allow others to seduce me through a second chakra set of veils?</b>        ___Yes ___No</p>	<p><b>What programs and beliefs or thought-form do I hold at cause of why I allow others to sexually seduce me?</b></p>
<p><b>5. If yes, what age did I begin to be sexually seduced?</b>        Age _____</p>	
<p><b>6. If yes, who have I allowed to sexually seduce me this lifetime?</b></p>	
<p><b>What are their archetypal natures?</b></p>	<p><i>I intend to transcend the need to allow others to sexually seduce me in order to feel that I am loved.</i></p> <p><i>I intend to release all programming and mechanical thought-form at cause of allowing others to sexually seduce me to feel loved.</i></p> <p><i>I intend to allow others the full expression of their authentic self without the requirement to seduce or veil anything about themselves.</i></p> <p><i>I intend to master unconditional acceptance and love of self and all others in this lifetime.</i></p>
<p><b>What Dual Tones would be useful in the transcendence of sexual seduction?</b></p>	<p><i>I forgive myself for being sexually seduced this lifetime.</i></p> <p><i>I forgive my ancestors for being sexually seduced in their respective lifetimes.</i></p> <p><i>I forgive myself and my ancestors for dancing with the planes of lust and rejection related to sexual seduction patterning.</i></p> <p><i>I intend to transcend all patterns of seduction giving birth to the authentic self.</i></p>

<p><b>7. How much of my present time sexual energy flow is connected to the planes of lust and rejection?</b> _____ %</p>	<p><i>I intend to retrieve all the knowledge on sexual energy flow that I have lost this lifetime.</i></p> <p><i>I intend to learn to run my sexual flow sovereign from the planes of lust and rejection this lifetime.</i></p> <p><i>I intend to forgive those to whom I have given my sexual knowledge unto this lifetime.</i></p>
<p><b>8. Out of the 100% possible of the sexual information that I should have to spin my own sexual flow sovereign at my current level of ascension, how much information is missing?</b> _____ %</p>	<p><i>I intend to retrieve all information on sexual energy flow from each that I have given it unto this lifetime and throughout my ancestry.</i></p> <p><i>I intend to forgive those ancestors who gave their sexual knowledge away falling into relying upon the planes of lust and rejection to procreate.</i></p> <p><i>I intend to forgive those ancestors who stripped others or were used to strip others of their sexual information.</i></p>
<p><b>9. Who have I given my sexual information unto this lifetime?</b> _____ _____</p> <p><i>What are their archetypal natures?</i> _____ _____</p>	<p><i>I intend to forgive myself for taking sexual knowledge of others in this lifetime.</i></p> <p><i>I intend to return the sexual knowledge that is not my own as it is non-resonant with my genealogy.</i></p> <p><i>I intend to gather ancestors unto me who understood ohana based sexual flow that was filled with love and unity at the time that they were alive, and request that they teach me a new sexual flow that honors self and all others in the dance of life.</i></p>
<p><b>10. Who have I taken sexual knowledge from this lifetime?</b> _____ _____</p> <p><i>What are their archetypal natures?</i> _____ _____</p>	<p><b>What Dual Tones would be useful in learning to run my sexual energy sovereign and free of the planes of lust and rejection and in honor of self and all others?</b> _____ _____ _____ _____</p>

## HEALING THE INNER FAMILY

### Sexual Seduction

Question	Inner Male Child	Inner Female Child
<p><b>1. What ages in childhood did you begin to seduce others or allow others to seduce you through sexual veils of illusion?</b></p> <p><i>I intend to release and erase each experience of sexual seduction of myself or others in my childhood.</i></p> <p><i>I intend to replace the memories of sexual seduction with interactions between the authentic selves of all others in my childhood.</i></p> <p><i>I intend to forgive myself and all others for relying upon sexual seduction to feel loved and accepted in my childhood.</i></p> <p><i>I intend to allow my inner children to feel loved and accepted for who they really are in their authentic selves and truth in action.</i></p> <p><i>I intend to restore unconditional acceptance and love of the authentic self in my inner child.</i></p>	<p> <input type="checkbox"/> Age 0-1    <input type="checkbox"/> Age 6-7  <input type="checkbox"/> Age 1-2    <input type="checkbox"/> Age 7-8  <input type="checkbox"/> Age 2-3    <input type="checkbox"/> Age 8-9  <input type="checkbox"/> Age 3-4    <input type="checkbox"/> Age 9-10  <input type="checkbox"/> Age 4-5    <input type="checkbox"/> Age 10-11  <input type="checkbox"/> Age 5-6    <input type="checkbox"/> Age 11-12         </p> <p><i>I intend to retrieve all parts of my inner male child at all age ranges that I can now perceive as fractured or missing due to the dance of sexual seduction and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of sexual seduction at the above ages within my inner male child.</i></p> <p><i>I intend to replace the memories of sexual seduction with other memories that allowed my inner male child to be loved and accepted for his authentic self and truth in action.</i></p> <p><i>I intend to send all information that I now know as an adult about unconditional acceptance, my authentic self and my truth in action back in time throughout my childhood years.</i></p>	<p> <input type="checkbox"/> Age 0-1    <input type="checkbox"/> Age 6-7  <input type="checkbox"/> Age 1-2    <input type="checkbox"/> Age 7-8  <input type="checkbox"/> Age 2-3    <input type="checkbox"/> Age 8-9  <input type="checkbox"/> Age 3-4    <input type="checkbox"/> Age 9-10  <input type="checkbox"/> Age 4-5    <input type="checkbox"/> Age 10-11  <input type="checkbox"/> Age 5-6    <input type="checkbox"/> Age 11-12         </p> <p><i>I intend to retrieve all parts of my inner female child at all age ranges that I can now perceive as fractured or missing due to the dance of sexual seduction and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of sexual seduction at the above ages within my inner female child.</i></p> <p><i>I intend to replace the memories of sexual seduction with other memories that allowed my inner female child to be loved and accepted for her authentic self and truth in action.</i></p> <p><i>I intend to send all information that I now know as an adult about unconditional acceptance, my authentic self and my truth in action back in time throughout my childhood years.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner child of the need to sexually seduce or be seduced?</b></p> <hr/>		

Question	Inner Male Teenager	Inner Female Teenager
<p><b>2. What ages in your teenage years did you begin to seduce others or allow others to seduce you through sexual veils of illusion?</b></p> <p><i>I intend to release and erase each experience of sexual seduction of myself or others in my teenage years.</i></p> <p><i>I intend to replace the memories of sexual seduction with interactions between the authentic selves of all others in my teenage years.</i></p> <p><i>I intend to forgive myself and all others for relying upon sexual seduction to feel loved and accepted in my teenage years.</i></p> <p><i>I intend to allow my inner teenager to feel loved and accepted for who they really are in their authentic selves and truth in action.</i></p> <p><i>I intend to restore unconditional acceptance and love of the authentic self in my inner teenager.</i></p>	<p>           ___ Age 12-13    ___ Age 16-17            ___ Age 13-14    ___ Age 17-18            ___ Age 14-15    ___ Age 18-19            ___ Age 15-16    ___ Age 19-20         </p> <p><i>I intend to retrieve all parts of my inner teenager male at all age ranges that I can now perceive as fractured or missing due to the dance of sexual seduction and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of sexual seduction at the above ages within my inner male teenager.</i></p> <p><i>I intend to replace the memories of sexual seduction with other memories that allowed my inner male teenager to be loved and accepted for his authentic self and truth in action.</i></p> <p><i>I intend to send all information that I now know as an adult about unconditional acceptance, my authentic self and my truth in action back in time throughout my inner male teenage years.</i></p> <p><i>I intend to restore a state of unconditional acceptance and love in my inner male teenager.</i></p>	<p>           ___ Age 12-13    ___ Age 16-17            ___ Age 13-14    ___ Age 17-18            ___ Age 14-15    ___ Age 18-19            ___ Age 15-16    ___ Age 19-20         </p> <p><i>I intend to retrieve all parts of my inner female teenager at all age ranges that I can now perceive as fractured or missing due to the dance of sexual seduction and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of sexual seduction at the above ages within my inner female teenager.</i></p> <p><i>I intend to replace the memories of sexual seduction with other memories that allowed my inner female teenager to be loved and accepted for her authentic self and truth in action.</i></p> <p><i>I intend to send all information that I now know as an adult about unconditional acceptance, my authentic self and my truth in action back in time throughout my inner female teenage years.</i></p> <p><i>I intend to restore a state of unconditional acceptance and love in my inner female teenager.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner teenager of the requirement to participate in the dance of sexual seduction?</b></p> <hr/>		

Question	Inner Male Adult	Inner Female Adult
<p><b>3. What ages in your adult years did you begin to seduce others or allow others to seduce you through sexual veils of illusion?</b></p> <p><i>I intend to release and erase each experience of sexual seduction of myself or others in my adult years.</i></p> <p><i>I intend to replace the memories of sexual seduction with interactions between the authentic selves of all others in my adult years.</i></p> <p><i>I intend to forgive myself and all others for relying upon sexual seduction to feel loved and accepted in my adult years.</i></p> <p><i>I intend to allow my inner adult to feel loved and accepted for who they really are in their authentic selves and truth in action.</i></p> <p><i>I intend to restore unconditional acceptance and love of the authentic self in my inner adult.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to retrieve all parts of my inner adult male at all age ranges that I can now perceive as fractured or missing due to the dance of sexual seduction and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of sexual seduction at the above ages within my inner adult male.</i></p> <p><i>I intend to replace the memories of sexual seduction with other memories that allowed my inner adult male to be loved and accepted for his authentic self and truth in action.</i></p> <p><i>I intend to send all information that I now know as an ascending initiate about unconditional acceptance, my authentic self and my truth in action back in time throughout my inner male adult years.</i></p> <p><i>I intend to restore a state of unconditional acceptance and love in my inner male adult.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to retrieve all parts of my inner female adult at all age ranges that I can now perceive as fractured or missing due to the dance of sexual seduction and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of sexual seduction at the above ages within my inner adult female.</i></p> <p><i>I intend to replace the memories of sexual seduction with other memories that allowed my inner female adult to be loved and accepted for her authentic self and truth in action.</i></p> <p><i>I intend to send all information that I now know as an ascending initiate about unconditional acceptance, my authentic self and my truth in action back in time throughout my inner female adult years.</i></p> <p><i>I intend to restore a state of unconditional acceptance and love in my inner female adult.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner adult of the need to participate in the dance of sexual seduction?</b></p> <hr/>		



Question	Inner Male Parent	Inner Female Parent
<p><b>4. What memories do you have of either or both of your parents sexually seducing one another or others, or being sexually seduced by one another or others?</b></p> <p><i>I intend to release and erase all memories of my parents sexually seducing others or one another or being sexually seduced.</i></p> <p><i>I intend to replace the memories of sexual seduction within my inner parents with memories of a relationship founded upon unconditional acceptance of the authentic self between one another and with all others.</i></p> <p><i>I intend to forgive my parents for participating in the dance of sexual seduction.</i></p> <p><i>I intend to forgive myself as a parent for participating in the dance of sexual seduction.</i></p> <p><i>I intend to restore unconditional acceptance and love of the authentic self in my inner parents.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner father who unconditionally accepts himself and all others and fully expresses his authentic self.</i></p> <p><i>I intend to erase each experience of sexual seduction within my inner father.</i></p> <p><i>I intend to replace the experiences of sexual seduction with experiences where my inner father expresses his authentic self in relationship to all others.</i></p> <p><i>I intend that my inner father have all information that I understand now in my ascension to date.</i></p> <p><i>I intend that my inner father learn to relate and guide the rest of my inner family from his authentic self and a state of unconditional acceptance and love of all others.</i></p> <p><i>I intend to restore a state of unconditional acceptance and love in my inner father.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner mother who unconditionally accepts herself and all others and fully expresses her authentic self.</i></p> <p><i>I intend to erase each experience of sexual seduction within my inner mother.</i></p> <p><i>I intend to replace the experiences of sexual seduction with experiences where my inner mother expresses her authentic self in relationship to all others.</i></p> <p><i>I intend that my inner mother have all information that I understand now in my ascension.</i></p> <p><i>I intend that my inner mother learn to relate and guide the rest of my inner family from her authentic self and a state of unconditional acceptance and love of all others.</i></p> <p><i>I intend to restore a state of unconditional acceptance and love in my inner mother.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner parents of the dance of sexual seduction?</b></p> <hr/>		

## THE SEDUCTION OF LOVE



### ASSOCIATED WITH THE PLANES OF GREED AND POVERTY

1. Do I seduce others through the construction of a heart chakra set of veils of illusion?

\_\_\_Yes \_\_\_No

2. If yes, what age did I begin to seduce others through the heart?

Age \_\_\_\_\_

3. If yes, who have I tended to seduce through the heart this lifetime?

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What are their archetypal natures?

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What Dual Tones would be useful in the transcendence of the seduction of love?

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What programs and beliefs or thought-form do I hold at cause of why I seduce others through the heart? (If need be go back to chapter 3 worksheet to deprogram each associated program loop and mechanical belief.)

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*I intend to transcend the need to seduce others through my heart in order to cause others to believe that I love them so that I will be accepted.*

*I intend to release all programming and mechanical thought-form at cause of the patterns of heart seduction.*

*I intend instead to open my heart in ascension and learn to commune with body, soul and Earth for the purposes of blessing others and the land with the love of soul, Earth and nature.*

*I forgive myself for seducing others through the heart this lifetime. I forgive those ancestors who seduced others through the heart in their respective lifetimes. I intend to transcend the patterns of heart based seduction.*

*I forgive myself and my ancestors for dancing with the planes of greed and poverty related to heart based seduction. I intend to cease to dance with the planes of greed and poverty in this lifetime.*

<p><b>4. Do I allow others to seduce me through a heart chakra set of veils?</b>  <input type="checkbox"/> Yes   <input type="checkbox"/> No</p>	<p><b>What programs and beliefs or thought-form do I hold at cause of why I allow others to seduce me with their heart?</b></p>
<p><b>5. If yes, what age did I begin to be seduced through the heart of another?</b>  Age _____</p>	
<p><b>6. If yes, who have I allowed to seduce me through their heart this lifetime?</b></p>	
<p><b>What are their archetypal natures?</b></p>	<p><i>I intend to transcend the need to allow others to seduce me through their heart in order to feel loved by another.</i></p> <p><i>I intend to release all programming and mechanical thought-form at cause of the patterns of heart seduction.</i></p> <p><i>I intend instead to open my heart in ascension and learn to commune with body, soul and Earth so that I may begin to feel loved from within.</i></p>
<p><b>What Dual Tones would be useful in the transcendence of heart based seduction?</b></p>	<p><i>I forgive myself for allowing others to seduce me through the heart this lifetime.</i></p> <p><i>I forgive those ancestors who allowed others to seduce them through the heart in their respective lifetimes. I intend to transcend the patterns of heart based seduction.</i></p> <p><i>I forgive myself and my ancestors for dancing with the planes of greed and poverty related to heart based seduction.</i></p> <p><i>I intend to cease to dance with the planes of greed and poverty in this lifetime.</i></p>

<p><b>7. How much of my present time heart based energy flow is connected to the planes of greed and poverty?</b> _____ %</p>	<p><i>I intend to retrieve all the knowledge on communion and love that I have lost this lifetime.</i></p> <p><i>I intend to open my heart and learn to commune between body, soul, nature and Earth to feel loved from within this lifetime.</i></p>
<p><b>8. Out of the 100% possible of the information on communion and love that I should have at my current level of ascension, how much information is missing?</b> _____ %</p>	<p><i>I intend to forgive those to whom I have given knowledge on communion and love unto this lifetime.</i></p> <p><i>I intend to retrieve all information on communion and love from each that I have given it unto this lifetime and throughout my ancestry.</i></p> <p><i>I intend to forgive those ancestors who gave their knowledge on communion and love away falling into relying upon the planes of greed and poverty to feel loved within.</i></p>
<p><b>9. Who have I given my knowledge on love and communion unto this lifetime?</b> _____ _____</p>	<p><i>I intend to forgive those ancestors who stripped others or were used to strip others of their knowledge on communion and love. I intend to forgive myself for taking the knowledge on communion or love of others in this lifetime.</i></p>
<p><i>What are their archetypal natures?</i> _____ _____</p>	<p><i>I intend to return the knowledge on communion and love that is not my own as it is non-resonant with my genealogy.</i></p> <p><i>I intend to gather ancestors unto me who understood love and communion at the time that they were incarnate and request that they teach me how to move my energy so that communion and inner love may be opened unto and flourish.</i></p>
<p><b>10. Who have I taken knowledge on love and communion from this lifetime</b> _____ _____</p>	<p><i>I intend to restore a state of inner love and communion this lifetime and separate in full from the plane of greed and poverty.</i></p> <p><b>What Dual Tones would be useful in restoring a state of communion and inner love and separating my field from the planes of greed and poverty?</b> _____</p>
<p><i>What are their archetypal natures?</i> _____</p>	

## HEALING THE INNER FAMILY

### Seduction of Love

Question	Inner Male Child	Inner Female Child
<p><b>1. What ages in childhood did you begin to seduce others or allow others to seduce you through heart based veils of illusion?</b></p> <p><i>I intend to release and erase each experience of heart based seduction of myself or others in my childhood.</i></p> <p><i>I intend to replace the memories of heart based seduction with communion between the authentic selves of all others in my childhood.</i></p> <p><i>I intend to forgive myself and all others for relying upon heart based seduction to feel loved and accepted in my childhood.</i></p> <p><i>I intend to allow my inner children to feel loved and accepted for who they really are in their authentic selves and truth in action.</i></p> <p><i>I intend to restore a state of communion between authentic selves in my inner child.</i></p>	<p> <input type="checkbox"/> Age 0-1    <input type="checkbox"/> Age 6-7  <input type="checkbox"/> Age 1-2    <input type="checkbox"/> Age 7-8  <input type="checkbox"/> Age 2-3    <input type="checkbox"/> Age 8-9  <input type="checkbox"/> Age 3-4    <input type="checkbox"/> Age 9-10  <input type="checkbox"/> Age 4-5    <input type="checkbox"/> Age 10-11  <input type="checkbox"/> Age 5-6    <input type="checkbox"/> Age 11-12         </p> <p><i>I intend to retrieve all parts of my inner male child at all age ranges that I can now perceive as fractured or missing due to the dance of heart based seduction and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of heart based seduction at the above ages within my inner male child.</i></p> <p><i>I intend to replace the memories of heart based seduction with other memories that allowed my inner male child to commune with body, soul and Earth and feel loved from within.</i></p> <p><i>I intend to send all information that I now know as an adult about communion and unconditional acceptance, back in time throughout my inner male childhood years.</i></p> <p><i>I intend to restore a state of communion with body, soul and Earth in my inner male child.</i></p>	<p> <input type="checkbox"/> Age 0-1    <input type="checkbox"/> Age 6-7  <input type="checkbox"/> Age 1-2    <input type="checkbox"/> Age 7-8  <input type="checkbox"/> Age 2-3    <input type="checkbox"/> Age 8-9  <input type="checkbox"/> Age 3-4    <input type="checkbox"/> Age 9-10  <input type="checkbox"/> Age 4-5    <input type="checkbox"/> Age 10-11  <input type="checkbox"/> Age 5-6    <input type="checkbox"/> Age 11-12         </p> <p><i>I intend to retrieve all parts of my inner female child at all age ranges that I can now perceive as fractured or missing due to the dance of heart based seduction and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of heart based seduction at the above ages within my inner female child.</i></p> <p><i>I intend to replace the memories of heart based seduction with other memories that allowed my inner female child to commune with body, soul and earth and feel loved from within.</i></p> <p><i>I intend to send all information that I now know as an adult about communion and unconditional acceptance, back in time throughout my childhood years.</i></p> <p><i>I intend to restore a state of communion with body, soul and Earth in my inner female child.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner child of the need to participate in the seduction of love?</b></p>		

Question	Inner Male Teenager	Inner Female Teenager
<p><b>2. What ages in your teenage years did you begin to seduce others or allow others to seduce you through heart based veils of illusion?</b></p> <p><i>I intend to release and erase each experience of heart based seduction of myself or others in my teenage years.</i></p> <p><i>I intend to replace the memories of heart based seduction with communion between the authentic selves of all others in my teenage years.</i></p> <p><i>I intend to forgive myself and all others for relying upon heart based seduction to feel loved and accepted in my teenage years.</i></p> <p><i>I intend to allow my inner teenager to feel loved and accepted for who they really are in their authentic selves and truth in action.</i></p> <p><i>I intend to restore communion with body, soul and Earth in my inner teenager.</i></p>	<p> <input type="checkbox"/> Age 12-13    <input type="checkbox"/> Age 16-17  <input type="checkbox"/> Age 13-14    <input type="checkbox"/> Age 17-18  <input type="checkbox"/> Age 14-15    <input type="checkbox"/> Age 18-19  <input type="checkbox"/> Age 15-16    <input type="checkbox"/> Age 19-20 </p> <p><i>I intend to retrieve all parts of my inner teenage male at all age ranges that I can now perceive as fractured or missing due to the dance of heart based seduction and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of heart based seduction at the above ages within my inner male teenager.</i></p> <p><i>I intend to replace the memories of heart based seduction with other memories that allowed my inner male teenager to commune with body soul and earth and feel loved from within.</i></p> <p><i>I intend to send all information that I now know as an adult about communion, unconditional acceptance, my authentic self and my truth in action back in time throughout my teenage years.</i></p> <p><i>I intend to restore a state of communion with body, soul and Earth in my inner teenage male.</i></p>	<p> <input type="checkbox"/> Age 12-13    <input type="checkbox"/> Age 16-17  <input type="checkbox"/> Age 13-14    <input type="checkbox"/> Age 17-18  <input type="checkbox"/> Age 14-15    <input type="checkbox"/> Age 18-19  <input type="checkbox"/> Age 15-16    <input type="checkbox"/> Age 19-20 </p> <p><i>I intend to retrieve all parts of my inner female teenager at all age ranges that I can now perceive as fractured or missing due to the dance of heart based seduction and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of heart based seduction at the above ages within my inner female teenager.</i></p> <p><i>I intend to replace the memories of heart based seduction with other memories that allowed my inner female teenager to commune with body soul and earth and feel loved from within.</i></p> <p><i>I intend to send all information that I now know as an adult about communion, unconditional acceptance, my authentic self and my truth in action back in time throughout my teenage years.</i></p> <p><i>I intend to restore a state of communion with body, soul and Earth in my inner teenage female.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner teenager of the requirement to participate in the seduction of love?</b></p>		



Question	Inner Male Adult	Inner Female Adult
<p><b>3. What ages in your adult years did you begin to seduce others or allow others to seduce you through heart based veils of illusion?</b></p> <p><i>I intend to release and erase each experience of heart based seduction of myself or others in my adult years.</i></p> <p><i>I intend to replace the memories of heart based seduction with a state of communion between the authentic selves of all others in my adult years.</i></p> <p><i>I intend to forgive myself and all others for relying upon heart based seduction to feel loved and accepted in my adult years.</i></p> <p><i>I intend to allow my inner adult to feel loved and accepted for who they really are in their authentic selves and truth in action.</i></p> <p><i>I intend to restore a state of communion and unconditional acceptance of the authentic self in my inner adult.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to retrieve all parts of my inner adult male at all age ranges that I can now perceive as fractured or missing due to the dance of heart based seduction and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of heart based seduction at the above ages within my inner adult male.</i></p> <p><i>I intend to replace the memories of heart based seduction with other memories that allowed my inner adult male to commune with body, soul and Earth and feel loved from within.</i></p> <p><i>I intend to send all information that I now know as an ascending initiate about communion back in time throughout my adult years.</i></p> <p><i>I intend to restore a state of communion in my inner male adult.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to retrieve all parts of my inner female adult at all age ranges that I can now perceive as fractured or missing due to the dance of heart based seduction and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of heart based seduction at the above ages within my inner female adult.</i></p> <p><i>I intend to replace the memories of sexual seduction with other memories that allowed my inner female adult to commune with body, soul and Earth and feel loved from within.</i></p> <p><i>I intend to send all information that I now know as an ascending initiate about communion back in time throughout my adult years.</i></p> <p><i>I intend to restore a state of communion in my inner female adult</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner adult of the need to be seduced or seduce others via the heart?</b></p> <hr/>		

Question	Inner Male Parent	Inner Female Parent
<p><b>4. What memories do you have of either or each of your parents seducing one another or others, or being sexually seduced by one another or others via heart based veils of illusion?</b></p> <p><i>I intend to release and erase all memories of my parents seducing others or one another or being seduced through the heart.</i></p> <p><i>I intend to replace the memories of heart based seduction within my inner parents with memories of a relationship founded upon real love and unconditional acceptance of one another.</i></p> <p><i>I intend to forgive my parents for participating in the dance of heart based seduction.</i></p> <p><i>I intend to forgive myself as a parent for participating in the dance of heart based seduction.</i></p> <p><i>I intend to restore a state of real love and unconditional acceptance within my inner parents.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner father who loves all others and himself unconditionally.</i></p> <p><i>I intend to erase each experience of heart based seduction within my inner father.</i></p> <p><i>I intend to replace the experiences of heart based seduction with experiences of communion with body, soul and Earth so that my inner father feels loved from within.</i></p> <p><i>I intend that my inner father have all information that I understand now in my ascension to date.</i></p> <p><i>I intend that my inner father learn to relate and guide the rest of my inner family from real love and unconditional acceptance of all others.</i></p> <p><i>I intend to restore a state of unconditional love in my inner father.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner mother who loves all others and herself unconditionally.</i></p> <p><i>I intend to erase each experience of heart based seduction within my inner mother.</i></p> <p><i>I intend to replace the experiences of heart based seduction with experiences of communion with body, soul and Earth so that my inner mother feels loved from within.</i></p> <p><i>I intend that my inner mother have all information that I understand now in my ascension to date.</i></p> <p><i>I intend that my inner mother learn to relate and guide the rest of my inner family from real love and unconditional acceptance of all others.</i></p> <p><i>I intend to restore a state of unconditional love in my inner mother.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner parents of the need to participate in the dance of heart based seduction?</b></p>		

## THE SEDUCTION OF VISION



### ASSOCIATED WITH THE PLANES OF JUDGMENT AND ACCEPTANCE

1. Do I seduce others through the construction of a visionary chakra set of veils of illusion?

\_\_\_Yes \_\_\_No

2. If yes, what age did I begin to seduce others through the visionary chakra?

Age\_\_\_

3. If yes, who have I tended to seduce through the visionary chakra this lifetime?

\_\_\_\_\_  
\_\_\_\_\_

What is their archetypal nature?  
\_\_\_\_\_  
\_\_\_\_\_

What Dual Tones would be useful in the transcendence of the seduction of vision?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What programs and beliefs or thought-form do I hold at cause of why I seduce others through the visionary center? (If need be go back to chapter 3 worksheet to deprogram each associated program loop and mechanical belief.)

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*I intend to transcend the need to seduce others through my visionary center in order to cause others to perceive my point of view.*

*I intend to release all programming and mechanical thought-form at cause of the patterns of visionary seduction.*

*I intend to open my vision and psychic awareness such that the visionary center is utilized to perceive the next steps upon my spiritual path as well as into the unconscious dance around me.*

*I forgive myself for seducing others through the visionary center this lifetime. I forgive those ancestors who seduced others through the visionary center in their respective lifetimes. I intend to transcend the patterns of visionary based seduction.*

*I forgive myself and my ancestors for dancing with the planes of acceptance and judgment related to vision based seduction. I intend to cease to dance with the planes of acceptance and judgment in this lifetime.*

<p><b>4. Do I allow others to seduce me through a visionary chakra set of veils?</b>  <input type="checkbox"/> Yes <input type="checkbox"/> No</p>	<p><b>What programs and beliefs or thought-form do I hold at cause of why I allow others to seduce me with their visionary center?</b></p>
<p><b>5. If yes, what age did I begin to be seduced through the visionary center of another?</b>  Age _____</p>	
<p><b>6. If yes, who have I allowed to seduce me through their visionary center this lifetime?</b></p>	
<p><i>What is their archetypal nature?</i></p>	<p><i>I intend to transcend the need to allow others to seduce me through their visionary center in order to perceive another's point of view.</i></p>
	<p><i>I intend to release all programming and mechanical thought-form at cause of the patterns of visionary center seduction.</i></p>
<p><b>What Dual Tones would be useful in the transcendence of vision center based seduction?</b></p>	<p><i>I intend instead to open my visionary center in ascension and learn to perceive my own truth from within and stand in my truth in relation to all others..</i></p>
	<p><i>I forgive myself for allowing others to seduce me through their visionary center this lifetime.</i></p>
	<p><i>I forgive those ancestors who allowed others to seduce them through the visionary center in their respective lifetimes. I intend to transcend the patterns of vision based seduction.</i></p>
	<p><i>I forgive myself and my ancestors for dancing with the planes of acceptance and judgment related to vision based seduction. I intend to cease to dance with the planes of acceptance and judgment in this lifetime.</i></p>

<p><b>7. How much of my present time vision based energy flow is connected to the plane of judgment and acceptance?</b> _____ %</p>	<p><i>I intend to retrieve all the knowledge on vision and psychic awareness that I have lost this lifetime.</i></p> <p><i>I intend to open my visionary center to allow for adequate perception of the next steps upon my path and the unconscious that surrounds me.</i></p>
<p><b>8. Out of the 100% possible of the information on visionary and psychic capabilities that I should have at my current level of ascension, how much information is missing?</b> _____ %</p>	<p><i>I intend to forgive those who I have given visionary knowledge and psychic information unto this lifetime.</i></p> <p><i>I intend to retrieve all information on vision and psychic awareness from each that I have given it unto this lifetime and throughout my ancestry.</i></p> <p><i>I intend to forgive those ancestors who gave their knowledge on vision and psychic awareness away and fell into relying upon the planes of judgment and acceptance for perception.</i></p>
<p><b>9. Who have I given my knowledge on vision unto this lifetime?</b> _____ _____</p>	<p><i>I intend to forgive those ancestors who stripped others or were used to strip others of their knowledge on vision and psychic awareness. I intend to forgive myself for taking the knowledge on vision and psychic awareness of others in this lifetime.</i></p>
<p><i>What are their archetypal natures?</i> _____ _____</p>	<p><i>I intend to return the knowledge on vision and psychic awareness that is not my own as it is non-resonant with my genealogy.</i></p>
<p><b>10. Who have I taken knowledge on vision and psychic awareness from this lifetime</b> _____ _____</p>	<p><i>I intend to gather ancestors unto me who understood vision and psychic awareness at the time that they were incarnate and request that they teach me how to move my energy so that my inner perception may be opened unto and flourish.</i></p>
<p><i>What are their archetypal natures?</i> _____ _____</p>	<p><i>I intend to restore a state of inner perception this lifetime and separate in full from the plane of judgment and acceptance.</i></p> <p><b>What Dual Tones would be useful in restoring a state of vision and psychic awareness and separating my field from the planes of judgment and acceptance?</b> _____ _____</p>

<p><b>11. How much of my dream have I lost to media based preoccupations this lifetime?</b></p> <p>_____ %</p>	<p><i>I intend to retrieve all dreams that I have given to any form of media this lifetime.</i></p> <p><i>I intend to cease to participate in the dance of stripping that occurs in any media based preoccupation.</i></p> <p><i>I intend to forgive myself for losing so many dreams to the media this lifetime.</i></p>
<p><b>12. To what forms of media have I lost dream over time?</b></p> <p>Books _____ %</p> <p>Magazines _____ %</p> <p>Educational Materials _____ %</p> <p>Television _____ %</p> <p>Movies _____ %</p> <p>Other _____ %</p>	<p><i>I intend to forgive my ancestors for giving so many dreams to the media in their respective lifetimes.</i></p> <p><i>I intend to retrieve all the dreams lost to the media throughout my ancestry.</i></p> <p><i>I intend to cease to participate in the geometrical patterns associated with the media that strip my dream.</i></p> <p><i>I intend to find other preoccupations that support my ascension and learning to master my living dream.</i></p> <p><i>I invite my ancestors to join me and share with me those preoccupations that were fulfilling when they were alive.</i></p> <p><i>I intend to open to the possibility of creative projects of all kinds in collaboration with my ancestors, the Earth Mother and nature.</i></p>
<p><b>13. What percentage of any given day or week do I spin media based pyramids or box geometry in my field?</b></p> <p>Daily _____ %</p> <p>Weekly _____ %</p>	<p><i>I intend to find passion in my creative projects such that they create fulfilling experiences upon the physical plane.</i></p>



## HEALING THE INNER FAMILY

### Seduction of Vision

Question	Inner Male Child	Inner Female Child
<p><b>1. What ages in childhood did you begin to seduce others or allow others to seduce you through the visionary based veils of illusion?</b></p> <p><i>I intend to release and erase each experience of vision based seduction of myself or others in my childhood.</i></p> <p><i>I intend to replace the memories of vision based seduction with experiences in which psychic awareness is available to guide my inner child from within.</i></p> <p><i>I intend to forgive myself and all others for relying upon vision based seduction to agree with one another in my childhood.</i></p> <p><i>I intend to allow my inner children to see that each perspective matters and that each should have the right to express their truth within the inner family.</i></p> <p><i>I intend to restore a state of psychic awareness to my inner children.</i></p>	<p> <input type="checkbox"/> Age 0-1    <input type="checkbox"/> Age 6-7  <input type="checkbox"/> Age 1-2    <input type="checkbox"/> Age 7-8  <input type="checkbox"/> Age 2-3    <input type="checkbox"/> Age 8-9  <input type="checkbox"/> Age 3-4    <input type="checkbox"/> Age 9-10  <input type="checkbox"/> Age 4-5    <input type="checkbox"/> Age 10-11  <input type="checkbox"/> Age 5-6    <input type="checkbox"/> Age 11-12         </p> <p><i>I intend to retrieve all parts of my inner male child at all age ranges that I can now perceive as fractured or missing due to the dance of vision based seduction and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of vision based seduction at the above ages within my inner male child.</i></p> <p><i>I intend to replace the memories of vision based seduction with other memories in which psychic awareness is available to guide my inner male child from within.</i></p> <p><i>I intend to send all information that I now know as an adult about psychic awareness back in time throughout my childhood years.</i></p> <p><i>I intend to restore a state of psychic awareness to my inner male child.</i></p>	<p> <input type="checkbox"/> Age 0-1    <input type="checkbox"/> Age 6-7  <input type="checkbox"/> Age 1-2    <input type="checkbox"/> Age 7-8  <input type="checkbox"/> Age 2-3    <input type="checkbox"/> Age 8-9  <input type="checkbox"/> Age 3-4    <input type="checkbox"/> Age 9-10  <input type="checkbox"/> Age 4-5    <input type="checkbox"/> Age 10-11  <input type="checkbox"/> Age 5-6    <input type="checkbox"/> Age 11-12         </p> <p><i>I intend to retrieve all parts of my inner female child at all age ranges that I can now perceive as fractured or missing due to the dance of vision based seduction and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of vision based seduction at the above ages within my inner female child.</i></p> <p><i>I intend to replace the memories of vision based seduction with other memories in which psychic awareness is available to guide my inner female child from within.</i></p> <p><i>I intend to send all information that I now know as an adult about psychic awareness back in time throughout my childhood years.</i></p> <p><i>I intend to restore a state of psychic awareness to my inner female child.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner child of the need to seduce with the visionary center or be seduced by others via their visionary center?</b></p>		

Question	Inner Male Teenager	Inner Female Teenager
<p><b>2. What ages in your teenage years did you begin to seduce others or allow others to seduce you through the visionary based veils of illusion?</b></p> <p><i>I intend to release and erase each experience of vision based seduction of myself or others in my teenager.</i></p> <p><i>I intend to replace the memories of vision based seduction with experiences in which psychic awareness is available to guide my inner teenager from within.</i></p> <p><i>I intend to forgive myself and all others for relying upon vision based seduction to agree with one another in my teenage years.</i></p> <p><i>I intend to allow my inner teenager to see that each perspective matters and that each should have the right to express their truth within the inner family.</i></p>	<p> <input type="checkbox"/> Age 12-13      <input type="checkbox"/> Age 16-17  <input type="checkbox"/> Age 13-14      <input type="checkbox"/> Age 17-18  <input type="checkbox"/> Age 14-15      <input type="checkbox"/> Age 18-19  <input type="checkbox"/> Age 15-16      <input type="checkbox"/> Age 19-20 </p> <p><i>I intend to retrieve all parts of my inner male teenager at all age ranges that I can now perceive as fractured or missing due to the dance of vision based seduction and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of vision based seduction at the above ages within my inner male teenager.</i></p> <p><i>I intend to replace the memories of vision based seduction with other memories in which psychic awareness is available to guide my inner male teenager from within.</i></p> <p><i>I intend to send all information that I now know as an adult about psychic awareness back in time throughout my teenage years.</i></p> <p><i>I intend to restore a state of psychic awareness to my inner teenage male.</i></p>	<p> <input type="checkbox"/> Age 12-13      <input type="checkbox"/> Age 16-17  <input type="checkbox"/> Age 13-14      <input type="checkbox"/> Age 17-18  <input type="checkbox"/> Age 14-15      <input type="checkbox"/> Age 18-19  <input type="checkbox"/> Age 15-16      <input type="checkbox"/> Age 19-20 </p> <p><i>I intend to retrieve all parts of my inner female teenager at all age ranges that I can now perceive as fractured or missing due to the dance of vision based seduction and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of vision based seduction at the above ages within my inner female teenager.</i></p> <p><i>I intend to replace the memories of vision based seduction with other memories in which psychic awareness is available to guide my inner female teenager from within.</i></p> <p><i>I intend to send all information that I now know as an adult about psychic awareness back in time throughout my teenage years.</i></p> <p><i>I intend to restore a state of psychic awareness to my inner teenage female.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner teenager of the requirement to seduce others or be seduced by other via the visionary center?</b></p> <hr/>		

Question	Inner Male Adult	Inner Female Adult
<p><b>3. What ages in your adult years did you begin to seduce others or allow others to seduce you through visionary center?</b></p> <p><i>I intend to release and erase each experience of vision based seduction of myself or others in my adult years.</i></p> <p><i>I intend to replace the memories of vision based seduction with experiences in which psychic awareness is available to guide my inner adult from within.</i></p> <p><i>I intend to forgive myself and all others for relying upon vision based seduction to agree with one another in my adult years.</i></p> <p><i>I intend to allow my inner adult to see that each perspective matters and that each should have the right to express their truth within the inner family.</i></p> <p><i>I intend to restore a state of psychic awareness to my inner adult.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to retrieve all parts of my inner male adult at all age ranges that I can now perceive as fractured or missing due to the dance of vision based seduction and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of vision based seduction at the above ages within my inner male adult.</i></p> <p><i>I intend to replace the memories of vision based seduction with other memories in which psychic awareness is available to guide my inner male adult from within.</i></p> <p><i>I intend to send all information that I now know as an adult about psychic awareness back in time throughout my adult years.</i></p> <p><i>I intend to restore a state of psychic awareness to my inner adult male.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to retrieve all parts of my inner female adult at all age ranges that I can now perceive as fractured or missing due to the dance of vision based seduction and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of vision based seduction at the above ages within my inner female adult.</i></p> <p><i>I intend to replace the memories of vision based seduction with other memories in which psychic awareness is available to guide my inner female adult from within.</i></p> <p><i>I intend to send all information that I now know as an adult about psychic awareness back in time throughout my adult years.</i></p> <p><i>I intend to restore a state of psychic awareness to my inner adult female.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner adult of the need to be seduced or seduce others via the visionary center?</b></p>		

Question	Inner Male Parent	Inner Female Parent
<p><b>4. What memories do you have of either or both of your parents seducing one another or others, or being seduced by one another or others via the visionary center?</b></p> <p><i>I intend to release and erase all memories of my parents seducing others or one another or being seduced through the visionary center.</i></p> <p><i>I intend to replace the memories of vision based seduction within my inner parents with memories of having full psychic awareness and guidance from within.</i></p> <p><i>I intend to forgive my parents for participating in the dance of vision based seduction.</i></p> <p><i>I intend to forgive myself as a parent for participating in the dance of vision based seduction.</i></p> <p><i>I intend to restore a state of psychic awareness within my inner parents.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner father who has full psychic awareness to guide himself and others from within.</i></p> <p><i>I intend to erase each experience of vision based seduction within my inner father.</i></p> <p><i>I intend to replace the experiences of vision based seduction with experiences of having full psychic awareness and the capacity for my inner father to be guided from within.</i></p> <p><i>I intend that my inner father have all information that I understand now in my ascension to date about psychic awareness.</i></p> <p><i>I intend that my inner father learn to relate and guide the rest of my inner family from unconditional acceptance of all truths and perspectives.</i></p> <p><i>I intend to restore a state of psychic awareness for my inner father.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner mother who has full psychic awareness to guide herself and others from within.</i></p> <p><i>I intend to erase each experience of vision based seduction within my inner mother.</i></p> <p><i>I intend to replace the experiences of vision based seduction with experiences of having full psychic awareness and the capacity for my inner mother to be guided from within.</i></p> <p><i>I intend that my inner mother have all information that I understand now in my ascension to date about psychic awareness.</i></p> <p><i>I intend that my inner father learn to relate and guide the rest of my inner family from unconditional acceptance of all truths and perspectives.</i></p> <p><i>I intend to restore a state of psychic awareness for my inner mother.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner parents of the need to participate in the dance of vision based seduction?</b></p>		

## THE SEDUCTION OF ANCHORING



### ASSOCIATED WITH THE PLANES OF LIFE AND DEATH

1. Do I anchor for others through my grounding and in spinning a specific set of energetic geometry?

\_\_\_Yes \_\_\_No

2. If yes, what age did I begin to anchor for others?

Age\_\_\_\_\_

3. If yes, who have I tended to anchor for this lifetime?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What is their archetypal nature?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What Dual Tones would be useful in the transcendence of anchoring in geometry that is non-unity based?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What programs and beliefs or thought-form do I hold at cause of why I anchor for others in a specific geometry that may not be conducive to Earth or my ascension ahead? (If need be go back to chapter 3 worksheet to deprogram each associated program loop and mechanical belief.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*I intend to transcend the need to anchor in pyramidal or box pyramidal formations and instead embrace a unity foundation of anchoring that is figure-8 or triple lotus in energy flow.*

*I intend to release all programming and mechanical thought-form at cause of the patterns of electrical geometrical anchoring*

*I intend to learn to ground and anchor in a manner that is harmonious with Earth and the new Great Central Sun dream.*

*I forgive myself for anchoring in a disharmonious manner unto Earth this lifetime. I forgive those ancestors who anchored disharmonious patterns unto Earth in their respective lifetimes.*

*I forgive myself and my ancestors for dancing with the planes of life and death related to the seduction of anchoring. I intend to cease to dance with the planes of life and death in this lifetime.*

<p>4. Do I allow others to anchor for me in geometrical electrical formations that are non-unity based?            ___Yes ___No</p>	<p>What programs and beliefs or thought-form do I hold at cause of why I allow others to anchor for me instead of anchoring for myself my own geometrical patterns of grounding?</p> <hr/> <hr/>
<p>5. If yes, what age did I begin to allow others to anchor for me in electrical geometry?            Age _____</p>	<hr/> <hr/> <hr/>
<p>6. If yes, who have I allowed to anchor for me in electrical geometry this lifetime?</p> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/>
<p>What is their archetypal nature?</p> <hr/> <hr/> <hr/>	<p><i>I intend to transcend the need to allow others to anchor in pyramidal or box pyramidal formations for me. I intend to master a unity foundation of anchoring that is figure-8 or triple lotus in energy flow.</i></p>
<p>What Dual Tones would be useful in learning to anchor my own unity based grounding?</p> <hr/> <hr/> <hr/>	<p><i>I intend to release all programming and mechanical thought-form at cause of why I allow others to anchor for me in electrical geometrical formations.</i></p> <p><i>I intend to learn to ground and anchor for myself and in a manner that is harmonious with Earth and the new Great Central Sun dream.</i></p>
<p>What Dual Tones would be useful in learning to anchor my own unity based grounding?</p> <hr/> <hr/> <hr/>	<p><i>I forgive myself for allowing others to anchor for me in electrical geometrical patterns this lifetime. I forgive those ancestors who allowed others to anchor form them in electrical geometry in their respective lifetimes.</i></p> <p><i>I forgive myself and my ancestors for dancing with the planes of life and death related to electrical anchoring.</i></p> <p><i>I intend to cease to dance with the planes of life and death in this lifetime.</i></p>



<p><b>7. How much of my present time capacity to anchor is connected to the planes of life and death?</b></p> <p>_____ %</p>	<p><i>I intend to retrieve all the knowledge on anchoring and grounding that I have lost this lifetime.</i></p> <p><i>I intend to open to my capabilities to anchoring for myself in all circumstances so that I retain a state of grounding in the dance of life.</i></p>
<p><b>8. Out of the 100% possible of the information on unity based anchoring that I should have at my current level of ascension, how much information is missing?</b></p> <p>_____ %</p>	<p><i>I intend to forgive those who I have given knowledge on anchoring unto this lifetime.</i></p> <p><i>I intend to retrieve all information on anchoring from each that I have given it unto this lifetime and throughout my ancestry.</i></p> <p><i>I intend to forgive those ancestors who gave their knowledge on anchoring away and fell into relying upon the planes of life and death to feel safe.</i></p>
<p><b>9. Who have I given my knowledge on unity based anchoring unto this lifetime?</b></p> <p>_____</p> <p>_____</p>	<p><i>I intend to forgive those ancestors who stripped others or were used to strip others of their knowledge on anchoring. I intend to forgive myself for taking the knowledge on anchoring of others in this lifetime.</i></p> <p><i>I intend to return the knowledge on anchoring that is not my own as it is non-resonant with my genealogy.</i></p>
<p><i>What are their archetypal natures?</i></p> <p>_____</p> <p>_____</p>	<p><i>I intend to gather ancestors unto me who understood anchoring in unity based geometrical energy flow at the time that they were incarnate and request that they teach me how to move my energy so that I may learn to anchor for myself in unity.</i></p>
<p><b>10. Who have I taken knowledge on anchoring from this lifetime</b></p> <p>_____</p> <p>_____</p>	<p><i>I intend to restore my capacity to anchor in unity this lifetime and separate in full from the plane of life and death.</i></p> <p><b>What Dual Tones would be useful in restoring a state of unity based anchoring and separate my field from the planes of life and death?</b></p>
<p><i>What are their archetypal natures?</i></p> <p>_____</p> <p>_____</p>	<p>_____</p> <p>_____</p> <p>_____</p>

## HEALING THE INNER FAMILY

### Seduction of Anchoring

Question	Inner Male Child	Inner Female Child
<b>1. What ages in childhood did you begin to anchor for others or allow others to anchor for you?</b>  <i>I intend to release and erase each experience of anchoring for others or others anchoring for me in my childhood.</i>  <i>I intend to replace the memories of anchoring in electrical geometrical flow with those of unity based anchoring in my childhood.</i>  <i>I intend to forgive myself and all others for relying upon non-unity based anchoring to feel as though I belonged in my childhood.</i>  <i>I intend to allow my inner children to anchor for themselves in collaboration with the entire family in a unity based magnetic energy flow and geometrical pattern.</i>  <i>I intend to restore a state of unity based anchoring in my inner children.</i>	<div> <div> <div>___ Age 0-1</div> <div>___ Age 1-2</div> <div>___ Age 2-3</div> <div>___ Age 3-4</div> <div>___ Age 4-5</div> <div>___ Age 5-6</div> </div> <div> <div>___ Age 6-7</div> <div>___ Age 7-8</div> <div>___ Age 8-9</div> <div>___ Age 9-10</div> <div>___ Age 10-11</div> <div>___ Age 11-12</div> </div> </div> <i>I intend to retrieve all parts of my inner male child at all age ranges that I can now perceive as fractured or missing due to the dance of non-unity based anchoring and send them for recasting.</i>  <i>I intend to release and erase the memories of non-unity based anchoring in the above ages within my inner male child.</i>  <i>I intend to replace the memories of non-unity based anchoring with other memories of unity based anchoring in a group magnetic energetic flow within my inner male child.</i>  <i>I intend to send all information that I now know as an adult about unity based anchoring back in time throughout my childhood years.</i>  <i>I intend to restore a state of unity based anchoring in my inner male child.</i>	<div> <div>___ Age 0-1</div> <div>___ Age 1-2</div> <div>___ Age 2-3</div> <div>___ Age 3-4</div> <div>___ Age 4-5</div> <div>___ Age 5-6</div> </div> <div> <div>___ Age 6-7</div> <div>___ Age 7-8</div> <div>___ Age 8-9</div> <div>___ Age 9-10</div> <div>___ Age 10-11</div> <div>___ Age 11-12</div> </div>

Question	Inner Male Teenager	Inner Female Teenager
<p><b>2. What ages in the teenage years did you begin to anchor for others or allow others to anchor for you?</b></p> <p><i>I intend to release and erase each experience of anchoring for others or others anchoring for myself in my teenage years.</i></p> <p><i>I intend to replace the memories of anchoring in electrical geometrical flow with unity based anchoring in my teenage years.</i></p> <p><i>I intend to forgive myself and all others for relying upon non-unity based anchoring to feel as though I belonged in my teenage years.</i></p> <p><i>I intend to allow my inner teenagers to anchor for themselves in collaboration with the entire family in a unity based magnetic energy flow and geometrical pattern.</i></p> <p><i>I intend to restore a state of unity based anchoring within my inner teenager.</i></p>	<p>           ___ Age 12-13    ___ Age 16-17            ___ Age 13-14    ___ Age 17-18            ___ Age 14-15    ___ Age 18-19            ___ Age 15-16    ___ Age 19-20         </p> <p><i>I intend to retrieve all parts of my inner male teenager at all age ranges that I can now perceive as fractured or missing due to the dance of non-unity based anchoring and send them for recasting.</i></p> <p><i>I intend to release and erase the memories non-unity based anchoring in the above ages within my inner male teenager.</i></p> <p><i>I intend to replace the memories of non-unity based anchoring with other memories of unity based anchoring in a group magnetic energetic flow within my inner male teenage years.</i></p> <p><i>I intend to send all information that I now know as an adult about unity based anchoring back in time throughout my inner male teenage years.</i></p> <p><i>I intend to restore a state of unity based anchoring within my inner teenage male.</i></p>	<p>           ___ Age 12-13    ___ Age 16-17            ___ Age 13-14    ___ Age 17-18            ___ Age 14-15    ___ Age 18-19            ___ Age 15-16    ___ Age 19-20         </p> <p><i>I intend to retrieve all parts of my inner female teenager at all age ranges that I can now perceive as fractured or missing due to the dance of non-unity based anchoring and send them for recasting.</i></p> <p><i>I intend to release and erase the memories non-unity based anchoring in the above ages within my inner female teenager.</i></p> <p><i>I intend to replace the memories of non-unity based anchoring with other memories of unity based anchoring in a group magnetic energetic flow within my inner female teenage years.</i></p> <p><i>I intend to send all information that I now know as an adult about unity based anchoring back in time throughout my inner female teenage years.</i></p> <p><i>I intend to restore a state of unity based anchoring within my inner teenage female.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner teenager of the requirement to spin non-unity based anchoring?</b></p> <hr/>		

Question	Inner Male Adult	Inner Female Adult
<p><b>3. What ages in the adult years did you anchor for others or allow others to anchor for you?</b></p> <p><i>I intend to release and erase each experience of anchoring for others or others anchoring for myself in my adult years.</i></p> <p><i>I intend to replace the memories of anchoring in electrical geometrical flow with unity based anchoring in my adult years.</i></p> <p><i>I intend to forgive myself and all others for relying upon non-unity based anchoring to feel as though I belonged in my adult years.</i></p> <p><i>I intend to allow my inner adults to anchor for themselves in collaboration with the entire inner family in a unity based magnetic energy flow and geometrical pattern.</i></p> <p><i>I intend to restore a state of unity based anchoring within my inner adults.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to retrieve all parts of my inner male adult at all age ranges that I can now perceive as fractured or missing due to the dance of non-unity based anchoring and send them for recasting.</i></p> <p><i>I intend to release and erase the memories non-unity based anchoring in the above ages within my inner male adult.</i></p> <p><i>I intend to replace the memories of non-unity based anchoring with other memories of unity based anchoring in a group magnetic energetic flow within my inner male adult years.</i></p> <p><i>I intend to send all information that I now know as an ascending initiate about unity based anchoring back in time throughout my inner male adult years.</i></p> <p><i>I intend to restore a state of unity based anchoring within my inner male adult.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to retrieve all parts of my inner female adult at all age ranges that I can now perceive as fractured or missing due to the dance of disunity based anchoring and send them for recasting.</i></p> <p><i>I intend to release and erase the memories disunity based anchoring in the above ages within my inner female adult.</i></p> <p><i>I intend to replace the memories of disunity based anchoring with other memories of unity based anchoring in a group magnetic energetic flow within my inner female adult years.</i></p> <p><i>I intend to send all information that I now know as an ascending initiate about unity based anchoring back in time throughout my inner female adult years.</i></p> <p><i>I intend to restore a state of unity based anchoring within my inner female adult.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner adult of the need to anchor or be anchored for in disunity?</b></p> <hr/>		

Question	Inner Male Parent	Inner Female Parent
<p><b>4. What memories do you have of either or both of your parents anchoring in non-unity or electrical geometry or allowing others to anchor in non-unity for them?</b></p> <p><i>I intend to release and erase all memories of my parents anchoring for one another, the family or others in non-unity electrical based geometrical patterns.</i></p> <p><i>I intend to replace the memories of electrical anchoring with patterns of magnetic unity based energy flow within my inner parents.</i></p> <p><i>I intend to forgive my parents for participating in the dance of non-unity based anchoring.</i></p> <p><i>I intend to forgive myself as a parent for participating in the dance of non-unity based anchoring.</i></p> <p><i>I intend to restore a state of unity based anchoring within my inner parents.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner father who knows how to anchor for the inner family in unity based geometrical patterns.</i></p> <p><i>I intend to erase each experience of non-unity based anchoring within my inner father.</i></p> <p><i>I intend to replace the experiences of non-unity based anchoring with experiences of unity based anchoring within my inner father.</i></p> <p><i>I intend that my inner father have all information that I understand now in my ascension to date about unity based anchoring.</i></p> <p><i>I intend that my inner father learn to relate and guide the rest of my inner family from unity.</i></p> <p><i>I intend to restore a state of unity or ohana based energy flow within my inner father.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner mother who knows how to anchor for the inner family in unity based geometrical patterns.</i></p> <p><i>I intend to erase each experience of non-unity based anchoring within my inner mother.</i></p> <p><i>I intend to replace the experiences of non-unity based anchoring with experiences of unity based anchoring within my inner mother.</i></p> <p><i>I intend that my inner mother have all information that I understand now in my ascension to date about unity based anchoring.</i></p> <p><i>I intend that my inner mother learn to relate and guide the rest of my inner family from unity.</i></p> <p><i>I intend to restore a state of unity or ohana based energy flow within my inner mother.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner parents of the need to participate in the dance of disunity based anchoring?</b></p> <hr/>		



## THE SEDUCTION OF POWER



### ASSOCIATED WITH THE PLANES OF SUFFERING AND EXCITEMENT

1. Do I seduce others via the power chakra center, stripping the power of others?

\_\_\_Yes \_\_\_No

2. If yes, what age did I begin to seduce with my power center?

Age \_\_\_\_\_

3. If yes, who have I tended to seduce with my power center this lifetime?

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\_\_\_\_\_

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What is their archetypal nature?

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What Dual Tones would be useful in the transcendence of the need to seduce with my power center?

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What programs and beliefs or thought-form do I hold at cause of why I seduce with the power chakra? (If need be go back to chapter 3 worksheet to deprogram each associated program loop and mechanical belief.)

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*I intend to transcend the need to seduce others with my power center in order to feel empowered or control the darkness within the unconscious of others.*

*I intend to release all programming and mechanical thought-form at cause of the patterns of power based seduction.*

*I intend to retrieve all power lost in my inheritance to date to empower my field.*

*I intend to master my power of command to hold my boundaries rather than taking the power of others.*

*I forgive myself for seducing others with my power center this lifetime. I forgive those ancestors who seduced others with their power centers in their respective lifetimes.*

*I forgive myself and my ancestors for dancing with the planes of suffering and excitement related to the seduction of power.*

*I intend to cease to dance with the planes of suffering and excitement in this lifetime.*



<p>4. Do I allow others to seduce me with their power center and lose my power and will to ascend in so doing?            ___Yes ___No</p>	<p>What programs and beliefs or thought-form do I hold at cause of why I allow others to seduce me with their power causing me to lose my power and will to ascend?</p> <hr/> <hr/>
<p>5. If yes, what age did I begin to allow others seduce me with their power?            Age_____</p>	<hr/> <hr/> <hr/>
<p>6. If yes, who have I allowed to seduce me with their power this lifetime?</p> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/>
	<p><i>I intend to transcend the need to allow others to seduce me with their power.</i></p>
<p>What is their archetypal nature?</p> <hr/> <hr/> <hr/>	<p><i>I forgive myself for allowing others to seduce me with their power. I forgive those ancestors who allowed others to seduce them with power in their respective lifetimes.</i></p> <p><i>I intend to retrieve all power I have given to others who seduce in this manner over the course of my lifetime.</i></p>
<p>What Dual Tones would be useful in learning to cease to be seduced by the power of others?</p> <hr/> <hr/> <hr/>	<p><i>I intend to release all programming and mechanical thought-form at cause of why I allow others to seduce with their power.</i></p> <p><i>I intend to retrieve all the power my ancestors have lost over time.</i></p> <p><i>I forgive myself and my ancestors for dancing with the planes of suffering and excitement related to the seduction of power.</i></p>
	<p><i>I intend to cease to dance with the planes of suffering and excitement in this lifetime.</i></p>

<p><b>7. How much of my present time sense of empowerment is connected to the planes of suffering and excitement?</b> _____ %</p>	<p><i>I intend to retrieve all the knowledge on authentic power or unity based power that I have lost this lifetime.</i></p> <p><i>I intend to forgive those who I have given knowledge on power unto this lifetime.</i></p> <p><i>I intend to retrieve all information on power from each that I have given it unto this lifetime and throughout my ancestry.</i></p>
<p><b>8. Out of the 100% possible of the information on unity based power or authentic power that I should have at my current level of ascension, how much information is missing?</b> _____ %</p>	<p><i>I intend to forgive those ancestors who gave their knowledge on power away and fell into relying upon the planes of suffering and excitement to feel empowered.</i></p> <p><i>I intend to forgive those ancestors who stripped others or were used to strip others of their knowledge on power. I intend to forgive myself for taking the knowledge on power of others in this lifetime.</i></p> <p><i>I intend to return the knowledge on power that is not my own as it is non-resonant with my genealogy.</i></p>
<p><b>9. Who have I given my knowledge on authentic power unto this lifetime?</b> _____ _____</p> <p><i>What are their archetypal natures?</i> _____ _____</p>	<p><i>I intend to gather ancestors unto me who understood unity based power at the time that they were incarnate and request that they teach me how to move my energy so that I may learn to stand empowered in my truth in the dance of life.</i></p> <p><i>I intend to restore my capacity to be empowered in unity this lifetime and separate in full from the plane of suffering and excitement.</i></p> <p><b>What Dual Tones would be useful in restoring a state of unity based power and separate my field from the planes of suffering and excitement?</b></p>
<p><b>10. Who have I taken knowledge on power from this lifetime</b> _____ _____</p> <p><i>What are their archetypal natures?</i> _____ _____</p>	<p>_____ _____ _____</p>

## HEALING THE INNER FAMILY

### Seduction of Power

Question	Inner Male Child	Inner Female Child
<b>1. What ages in childhood did you begin to seduce others with your power or be seduced by the power of others?</b>	<div> <div> <div>___ Age 0-1</div> <div>___ Age 1-2</div> <div>___ Age 2-3</div> <div>___ Age 3-4</div> <div>___ Age 4-5</div> <div>___ Age 5-6</div> </div> <div> <div>___ Age 6-7</div> <div>___ Age 7-8</div> <div>___ Age 8-9</div> <div>___ Age 9-10</div> <div>___ Age 10-11</div> <div>___ Age 11-12</div> </div> </div>	<div> <div> <div>___ Age 0-1</div> <div>___ Age 1-2</div> <div>___ Age 2-3</div> <div>___ Age 3-4</div> <div>___ Age 4-5</div> <div>___ Age 5-6</div> </div> <div> <div>___ Age 6-7</div> <div>___ Age 7-8</div> <div>___ Age 8-9</div> <div>___ Age 9-10</div> <div>___ Age 10-11</div> <div>___ Age 11-12</div> </div> </div>
<p><i>I intend to release and erase each experience of seducing others with my power or being seduced by the power of others in my childhood.</i></p> <p><i>I intend to replace the memories of seduction of power with memories of each standing tall in authentic and unity based power in my childhood.</i></p> <p><i>I intend to forgive myself and all others for relying upon seduction of power to feel empowered in my childhood.</i></p> <p><i>I intend to allow my inner children to master unity based power in which each is empowered in the ohana or inner family.</i></p> <p><i>I intend to restore a state of authentic power within my inner child.</i></p>	<p><i>I intend to retrieve all parts of my inner male child at all age ranges that I can now perceive as fractured or missing due to the dance of the seduction of power and send them for recasting.</i></p> <p><i>I intend to release and erase the memories seduction of power in the above ages within my inner male child.</i></p> <p><i>I intend to replace the memories of the seduction of power with other memories of unity based power in group relations within my inner male child.</i></p> <p><i>I intend to send all information that I now know as an adult about unity based power back in time throughout my inner male childhood years.</i></p> <p><i>I intend to restore a state of authentic power within my inner male child.</i></p>	<p><i>I intend to retrieve all parts of my inner female child at all age ranges that I can now perceive as fractured or missing due to the dance of the seduction of power and send them for recasting.</i></p> <p><i>I intend to release and erase the memories seduction of power in the above ages within my inner female child.</i></p> <p><i>I intend to replace the memories of the seduction of power with other memories of unity based power in group relations within my inner female child.</i></p> <p><i>I intend to send all information that I now know as an adult about unity based power back in time throughout my inner female childhood years.</i></p> <p><i>I intend to restore a state of authentic power within my inner female child.</i></p>
<b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner child of the need to participate in the seduction of power?</b>		

Question	Inner Male Teenager	Inner Female Teenager
<p><b>2. What ages in your teenage years did you begin to seduce others with your power or be seduced by the power of others?</b></p> <p><i>I intend to release and erase each experience of seducing others with my power or being seduced by the power of others in my teenage years.</i></p> <p><i>I intend to replace the memories of seduction of power with memories of each standing tall in authentic and unity based power in my teenage years.</i></p> <p><i>I intend to forgive myself and all others for relying upon seduction of power to feel empowered in my teenage years.</i></p> <p><i>I intend to allow my inner teenager to master unity based power in which each is empowered in the ohana or inner family.</i></p> <p><i>I intend to restore a state of authentic power within my inner teenager.</i></p>	<p> <input type="checkbox"/> Age 12-13    <input type="checkbox"/> Age 16-17  <input type="checkbox"/> Age 13-14    <input type="checkbox"/> Age 17-18  <input type="checkbox"/> Age 14-15    <input type="checkbox"/> Age 18-19  <input type="checkbox"/> Age 15-16    <input type="checkbox"/> Age 19-20 </p> <p><i>I intend to retrieve all parts of my inner male teenager at all age ranges that I can now perceive as fractured or missing due to the dance of the seduction of power and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of the seduction of power in the above ages within my inner male teenager.</i></p> <p><i>I intend to replace the memories of the seduction of power with other memories of unity based power in group relations within my inner male teenager.</i></p> <p><i>I intend to send all information that I now know as an adult about unity based power back in time throughout my inner male teenage years.</i></p> <p><i>I intend to restore a state of authentic power within my inner teenage male.</i></p>	<p> <input type="checkbox"/> Age 12-13    <input type="checkbox"/> Age 16-17  <input type="checkbox"/> Age 13-14    <input type="checkbox"/> Age 17-18  <input type="checkbox"/> Age 14-15    <input type="checkbox"/> Age 18-19  <input type="checkbox"/> Age 15-16    <input type="checkbox"/> Age 19-20 </p> <p><i>I intend to retrieve all parts of my inner female teenager at all age ranges that I can now perceive as fractured or missing due to the dance of the seduction of power and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of the seduction of power in the above ages within my inner female teenager.</i></p> <p><i>I intend to replace the memories of the seduction of power with other memories of unity based power in group relations within my inner female teenager.</i></p> <p><i>I intend to send all information that I now know as an adult about unity based power back in time throughout my inner female teenage years.</i></p> <p><i>I intend to restore a state of authentic power within my inner teenage female.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner teenager of the requirement to participate in the dance of the seduction of power?</b></p> <hr/>		

Question	Inner Male Adult	Inner Female Adult
<p><b>3. What ages in your adult years did you begin to seduce others with your power or be seduced by the power of others?</b></p> <p><i>I intend to release and erase each experience of seducing others with my power or being seduced by the power of others in my adult years.</i></p> <p><i>I intend to replace the memories of seduction of power with memories of each standing tall in authentic and unity based power in my adult years.</i></p> <p><i>I intend to forgive myself and all others for relying upon seduction of power to feel empowered in my adult years.</i></p> <p><i>I intend to allow my inner adult to master unity based power in which each is empowered in the ohana or inner family.</i></p> <p><i>I intend to restore a state of authentic power within my inner adult.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to retrieve all parts of my inner male adult at all age ranges that I can now perceive as fractured or missing due to the dance of the seduction of power and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of the seduction of power in the above ages within my inner male adult.</i></p> <p><i>I intend to replace the memories of the seduction of power with other memories of unity based power in group relations within my inner male adult.</i></p> <p><i>I intend to send all information that I now know as an ascending initiate about unity based power back in time throughout my adult years.</i></p> <p><i>I intend to restore a state of authentic power within my inner adult male.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to retrieve all parts of my inner female adult at all age ranges that I can now perceive as fractured or missing due to the dance of the seduction of power and send them for recasting.</i></p> <p><i>I intend to release and erase the memories or the seduction of power in the above ages within my inner female adult.</i></p> <p><i>I intend to replace the memories of the seduction of power with other memories of unity based power in group relations within my inner female adult.</i></p> <p><i>I intend to send all information that I now know as an ascending initiate about unity based power back in time throughout my adult years.</i></p> <p><i>I intend to restore a state of authentic power within my inner adult female.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner adult of the need to participate in the dance of seduction of power?</b></p> <hr/>		

Question	Inner Male Parent	Inner Female Parent
<p><b>4. What memories do you have of either or both of your parents participating in the seduction of power with one another or others?</b></p> <p><i>I intend to release and erase all memories of my parents participating in the seduction of power.</i></p> <p><i>I intend to replace the memories of the seduction of power with new memories of each standing in their authentic and unity based power with all associations of my inner parents.</i></p> <p><i>I intend to forgive my parents for participating in the dance of the seduction of power.</i></p> <p><i>I intend to forgive myself as a parent for participating in the dance of the seduction of power.</i></p> <p><i>I intend to restore a state of unity based power within my inner parents.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner father who is empowered from within in his truth.</i></p> <p><i>I intend to erase each experience of the seduction of power within my inner father.</i></p> <p><i>I intend to replace the experiences of seduction of power with experiences of being empowered from within in my inner father.</i></p> <p><i>I intend that my inner father have all information that I understand now in my ascension to date about authentic and unity based power.</i></p> <p><i>I intend that my inner father learn to relate and guide the rest of my inner family from an empowered state within.</i></p> <p><i>I intend to restore a state of authentic power within my inner father.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner mother who is empowered from within in her truth.</i></p> <p><i>I intend to erase each experience of the seduction of power within my inner mother.</i></p> <p><i>I intend to replace the experiences of seduction of power with experiences of being empowered from within in my inner mother.</i></p> <p><i>I intend that my inner mother have all information that I understand now in my ascension to date about authentic and unity based power.</i></p> <p><i>I intend that my inner mother learn to relate and guide the rest of my inner family from an empowered state within.</i></p> <p><i>I intend to restore a state of authentic power within my inner mother.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner parents of the need to participate in the dance of the seduction of power?</b></p> <hr/>		



## THE SEDUCTION OF SELF EXPRESSION



### ASSOCIATED WITH THE PLANES OF PAIN AND PLEASURE

1. Do I seduce others via the throat chakra center, stripping the co-creative energies and dream of others?

\_\_\_Yes \_\_\_No

2. If yes, what age did I begin to seduce with my co-creative center?

Age \_\_\_\_\_

3. If yes, who have I tended to seduce with my co-creative center this lifetime?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What is their archetypal nature?

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What Dual Tones would be useful in the transcendence of the need to seduce with my co-creative center?

\_\_\_\_\_

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What programs and beliefs or thought-form do I hold at cause of why I seduce through self expression? (If need be go back to chapter 3 worksheet to deprogram each associated program loop and mechanical belief.)

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*I intend to transcend the need to seduce others with my co-creative center in order to manifest enough upon the physical plane.*

*I intend to release all programming and mechanical thought-form at cause of the patterns of co-creative based seduction.*

*I intend to return all co-creative energy and dream taken from others to empower my dreams. I intend to master my capacity to dream weave in a more conscious manner.*

*I forgive myself for seducing others with my co-creative center this lifetime. I forgive those ancestors who seduced others with their co-creative centers in their respective lifetimes.*

*I forgive myself and my ancestors for dancing with the planes of pain and pleasure related to the seduction of co-creation.*

*I intend to cease to dance with the planes of pain and pleasure in this lifetime.*

<p><b>4. Do I allow others to seduce me with their self expression and lose my creative energy and dream in so doing?</b>  <input type="checkbox"/> Yes <input type="checkbox"/> No</p>	<p><b>What programs and beliefs or thought-form do I hold at cause of why I allow others to seduce me through their co-creative center causing me to lose creative energy and dream?</b></p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p><b>5. If yes, what age did I begin to allow others seduce me with their self expression?</b>  Age _____</p>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p><b>6. If yes, who have I allowed to seduce me with their self expression this lifetime?</b></p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p><i>What is their archetypal nature?</i></p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<p><i>I intend to transcend the need to allow others to seduce me with their self expression.</i></p> <p><i>I forgive myself for allowing others to seduce me with their self expression. I forgive those ancestors who allowed others to seduce them with self expression in their respective lifetimes.</i></p>
<p><b>What Dual Tones would be useful in learning to cease to be seduced by the self expression of others?</b></p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<p><i>I intend to retrieve all co-creative energy and dreams I have given to others who seduce in this manner over the course of my lifetime.</i></p> <p><i>I intend to release all programming and mechanical thought-form at cause of why I allow others to seduce with their self expression.</i></p> <p><i>I intend to retrieve all the co-creative energy and dreams my ancestors have lost over time.</i></p> <p><i>I forgive myself and my ancestors for dancing with the planes of pain and pleasure related to the seduction of self expression.</i></p> <p><i>I intend to cease to dance with the planes of pain and pleasure in this lifetime.</i></p>

<p><b>7. How much of my present time sense of self expression is connected to the planes of pain and pleasure?</b> _____ %</p>	<p><i>I intend to retrieve all the knowledge on unity based co-creation and dream weaving that I have lost this lifetime.</i></p> <p><i>I intend to forgive those who I have given knowledge on unity based co-creation and dream weaving unto this lifetime.</i></p>
<p><b>8. Out of the 100% possible of the information on unity based co-creation and dream weaving that I should have at my current level of ascension, how much information is missing?</b> _____ %</p>	<p><i>I intend to retrieve all information on unity based co-creation and dream weaving from each that I have given it unto this lifetime and throughout my ancestry.</i></p> <p><i>I intend to forgive those ancestors who gave their knowledge on unity based co-creation and dream weaving away falling into relying upon the planes of pain and pleasure to manifest upon the physical plane.</i></p> <p><i>I intend to forgive those ancestors who stripped others or were used to strip others of their knowledge on unity based co-creation and dream weaving. I intend to forgive myself for taking the knowledge on unity based co-creation and dream weaving of others in this lifetime.</i></p>
<p><b>9. Who have I given my knowledge on unity based co-creation and dream weaving unto this lifetime?</b> _____ _____</p>	<p><i>I intend to return the knowledge on co-creation and dream weaving that is not my own as it is non-resonant with my genealogy.</i></p>
<p><i>What are their archetypal natures?</i> _____ _____</p>	<p><i>I intend to gather ancestors unto me who understood unity based co-creation and conscious dream weaving at the time that they were incarnate and request that they teach me how to move my energy so that I may become the dreamer and the dream.</i></p>
<p><b>10. Who have I taken knowledge on co-creation from this lifetime</b> _____ _____</p>	<p><b>What Dual Tones would be useful in restoring a state of conscious dream weaving and separate my field from the planes of pain and pleasure?</b></p>
<p><i>What are their archetypal natures?</i> _____ _____</p>	<p>_____ _____ _____</p>

## HEALING THE INNER FAMILY

### Seduction of Self Expression

Question	Inner Male Child	Inner Female Child
<b>1. What ages in childhood did you begin to seduce others with your self expression or be seduced by the self expression of others?</b>	<div> <div> <div>___ Age 0-1</div> <div>___ Age 1-2</div> <div>___ Age 2-3</div> <div>___ Age 3-4</div> <div>___ Age 4-5</div> <div>___ Age 5-6</div> </div> <div> <div>___ Age 6-7</div> <div>___ Age 7-8</div> <div>___ Age 8-9</div> <div>___ Age 9-10</div> <div>___ Age 10-11</div> <div>___ Age 11-12</div> </div> </div>	<div> <div> <div>___ Age 0-1</div> <div>___ Age 1-2</div> <div>___ Age 2-3</div> <div>___ Age 3-4</div> <div>___ Age 4-5</div> <div>___ Age 5-6</div> </div> <div> <div>___ Age 6-7</div> <div>___ Age 7-8</div> <div>___ Age 8-9</div> <div>___ Age 9-10</div> <div>___ Age 10-11</div> <div>___ Age 11-12</div> </div> </div>
<p><i>I intend to release and erase each experience of seducing others with my self expression or being seduced by the self expression of others in my childhood.</i></p> <p><i>I intend to replace the memories of seduction of self expression with memories unity based creativity and dream weaving in my childhood.</i></p> <p><i>I intend to forgive myself and all others for relying upon seduction of self expression to manifest my needs in my childhood.</i></p> <p><i>I intend to restore a state of unity based creativity and conscious dream weaving within my inner child.</i></p>	<p><i>I intend to retrieve all parts of my inner male child at all age ranges that I can now perceive as fractured or missing due to the dance of the seduction of self expression and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of the seduction of self expression in the above ages within my inner male child.</i></p> <p><i>I intend to replace the memories of the seduction of self expression with other memories of unity based dream weaving within my inner male child.</i></p> <p><i>I intend to send all information that I now know as an adult about unity based dream weaving back in time throughout my childhood years.</i></p> <p><i>I intend to restore a state of conscious dream weaving within my inner male child.</i></p>	<p><i>I intend to retrieve all parts of my inner female child at all age ranges that I can now perceive as fractured or missing due to the dance of the seduction of self expression and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of the seduction of self expression in the above ages within my inner female child.</i></p> <p><i>I intend to replace the memories of the seduction of self expression with other memories of unity based dream weaving within my inner female child.</i></p> <p><i>I intend to send all information that I now know as an adult about unity based dream weaving back in time throughout my childhood years.</i></p> <p><i>I intend to restore a state of conscious dream weaving within my inner female child.</i></p>
<b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner child of the need to participate in the seduction of self expression?</b>		

Question	Inner Male Teenager	Inner Female Teenager
<p><b>2. What ages in your teenage years did you begin to seduce others with your self expression or be seduced by the self expression of others?</b></p> <p><i>I intend to release and erase each experience of seducing others with my self expression or being seduced by the self expression of others in my teenage years.</i></p> <p><i>I intend to replace the memories of seduction of self expression with memories unity based creativity and dream weaving in my teenage years.</i></p> <p><i>I intend to forgive myself and all others for relying upon seduction of self expression to manifest my needs in my teenage years.</i></p> <p><i>I intend to restore a state of conscious dream weaving and unity based creativity within my inner teenager.</i></p>	<p> <input type="checkbox"/> Age 12-13      <input type="checkbox"/> Age 16-17  <input type="checkbox"/> Age 13-14      <input type="checkbox"/> Age 17-18  <input type="checkbox"/> Age 14-15      <input type="checkbox"/> Age 18-19  <input type="checkbox"/> Age 15-16      <input type="checkbox"/> Age 19-20 </p> <p><i>I intend to retrieve all parts of my inner male teenager at all age ranges that I can now perceive as fractured or missing due to the dance of the seduction of self expression and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of the seduction of self expression in the above ages within my inner male teenager.</i></p> <p><i>I intend to replace the memories of the seduction of self expression with other memories of unity based dream weaving within my inner male teenager.</i></p> <p><i>I intend to send all information that I now know as an adult about unity based dream weaving back in time throughout my inner male teenage years.</i></p> <p><i>I intend to restore a state of conscious dream weaving within my inner male teenager.</i></p>	<p> <input type="checkbox"/> Age 12-13      <input type="checkbox"/> Age 16-17  <input type="checkbox"/> Age 13-14      <input type="checkbox"/> Age 17-18  <input type="checkbox"/> Age 14-15      <input type="checkbox"/> Age 18-19  <input type="checkbox"/> Age 15-16      <input type="checkbox"/> Age 19-20 </p> <p><i>I intend to retrieve all parts of my inner female teenager at all age ranges that I can now perceive as fractured or missing due to the dance of the seduction of self expression and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of the seduction of self expression in the above ages within my inner female teenager.</i></p> <p><i>I intend to replace the memories of the seduction of self expression with other memories of unity based dream weaving within my inner female teenager.</i></p> <p><i>I intend to send all information that I now know as an adult about unity based dream weaving back in time throughout my inner female teenage years.</i></p> <p><i>I intend to restore a state of conscious dream weaving within my inner female teenager.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner teenager of the requirement to participate in the dance of the seduction of self expression?</b></p> <hr/>		

Question	Inner Male Adult	Inner Female Adult
<p><b>3. What ages in your adult years did you begin to seduce others with your self expression or be seduced by the self expression of others?</b></p> <p><i>I intend to release and erase each experience of seducing others with my self expression or being seduced by the self expression of others in my adult years.</i></p> <p><i>I intend to replace the memories of seduction of self expression with memories unity based creativity and dream weaving in my adult years.</i></p> <p><i>I intend to forgive myself and all others for relying upon the seduction of self expression to manifest my needs in my adult years.</i></p> <p><i>I intend to restore a state of conscious dream weaving and unity based creativity within my inner adult.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to retrieve all parts of my inner male adult at all age ranges that I can now perceive as fractured or missing due to the dance of the seduction of self expression and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of the seduction of self expression in the above ages within my inner male adult.</i></p> <p><i>I intend to replace the memories of the seduction of self expression with other memories of unity based dream weaving within my inner male adult.</i></p> <p><i>I intend to send all information that I now know as an ascending initiate about unity based dream weaving back in time throughout my inner male adult years.</i></p> <p><i>I intend to restore a state of conscious dream weaving within my inner male adult.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to retrieve all parts of my inner female adult at all age ranges that I can now perceive as fractured or missing due to the dance of the seduction of self expression and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of the seduction of self expression in the above ages within my inner female adult.</i></p> <p><i>I intend to replace the memories of the seduction of self expression with other memories of unity based dream weaving within my inner female adult.</i></p> <p><i>I intend to send all information that I now know as an ascending initiate about unity based dream weaving back in time throughout my inner female adult years.</i></p> <p><i>I intend to restore a state of conscious dream weaving within my inner female adult.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner adult of the need to participate in the dance of seduction of self expression?</b></p> <hr/>		



Question	Inner Male Parent	Inner Female Parent
<p><b>4. What memories do you have of either or both of your parents participating in the seduction of self expression with one another or others?</b></p> <p><i>I intend to release and erase all memories of my parents participating in the seduction of self expression.</i></p> <p><i>I intend to replace the memories of seduction of self expression with new memories of unity based conscious dream weaving within my inner parents.</i></p> <p><i>I intend to forgive my parents for participating in the dance of the seduction of self expression.</i></p> <p><i>I intend to forgive myself as a parent for participating in the dance of the seduction of self expression.</i></p> <p><i>I intend to restore a state of unity based co-creation and dream weaving within my inner parents.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner father who is a gifted dream weaver capable of manifesting all the inner family's needs.</i></p> <p><i>I intend to erase each experience of the seduction of self expression within my inner father.</i></p> <p><i>I intend to replace the experiences of seduction of self expression with experiences of conscious dream weaving within in my inner father.</i></p> <p><i>I intend that my inner father have all information that I understand now in my ascension to date about unity based co-creation and dream weaving.</i></p> <p><i>I intend that my inner father learn to consciously dream weave for the inner family.</i></p> <p><i>I intend to restore a state of conscious dream weaving within my inner father.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner mother who is a gifted dream weaver capable of manifesting all the inner family's needs.</i></p> <p><i>I intend to erase each experience of the seduction of self expression within my inner mother.</i></p> <p><i>I intend to replace the experiences of seduction of self expression with experiences of conscious dream weaving within in my inner mother.</i></p> <p><i>I intend that my inner mother have all information that I understand now in my ascension to date about unity based co-creation and dream weaving.</i></p> <p><i>I intend that my inner mother learn to consciously dream weave for the inner family.</i></p> <p><i>I intend to restore a state of conscious dream weaving within my inner mother.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner parents of the need to participate in the dance of the seduction of self expression?</b></p> <hr/>		

## THE SEDUCTION OF KNOWLEDGE



### ASSOCIATED WITH THE PLANES OF FEAR AND PEACE

1. Do I seduce others via the crown chakra center?

\_\_\_Yes \_\_\_No

2. If yes, what age did I begin to seduce with my crown center?

Age \_\_\_\_\_

3. If yes, who have I tended to seduce with my crown center this lifetime?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What is their archetypal nature?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What Dual Tones would be useful in the transcendence of the need to seduce with my crown center?

\_\_\_\_\_  
\_\_\_\_\_

What programs and beliefs or thought-form do I hold at cause of why I seduce through knowledge?  
(If need be go back to chapter 3 worksheet to deprogram each associated program loop and mechanical belief.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*I intend to transcend the need to seduce others with my crown center in order to know enough upon the physical plane.*

*I intend to release all programming and mechanical thought-form at cause of the patterns of crown based seduction.*

*I forgive myself for seducing others with my crown center this lifetime. I forgive those ancestors who seduced others with their crown centers in their respective lifetimes.*

*I intend to return all spiritual knowledge taken from others in order to know or understand. I intend to master my capacity to access the spiritual knowledge of my ancestors that is pertinent to my inheritance and ascension ahead.*

*I intend to return all spiritual knowledge taken by my ancestors in the dance of seduction of knowledge and in their respective lifetimes.*

*I forgive myself and my ancestors for dancing with the planes of fear and peace related to the seduction of knowledge. I intend to cease to dance with the planes of fear and peace in this lifetime.*

<p>4. Do I allow others to seduce me with their knowledge and lose my spiritual information in so doing?  <input type="checkbox"/> Yes <input type="checkbox"/> No</p>	<p>What programs and beliefs or thought-form do I hold at cause of why I allow others to seduce me through their crown center causing me to lose spiritual knowledge?</p> <hr/> <hr/>
<p>5. If yes, what age did I begin to allow others seduce me with their knowledge?  Age _____</p>	<hr/> <hr/> <hr/>
<p>6. If yes, who have I allowed to seduce me with their knowledge this lifetime?</p> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/>
<p>What is their archetypal nature?</p> <hr/> <hr/> <hr/>	<p><i>I intend to transcend the need to allow others to seduce me with their knowledge.</i></p> <p><i>I forgive myself for allowing others to seduce me with their knowledge. I forgive those ancestors who allowed others to seduce them with knowledge in their respective lifetimes.</i></p>
<p>What Dual Tones would be useful in learning to cease to be seduced by the knowledge of others?</p> <hr/> <hr/> <hr/>	<p><i>I intend to retrieve all spiritual knowledge I have given to others who seduce in this manner over the course of my lifetime.</i></p> <p><i>I intend to release all programming and mechanical thought-form at cause of why I allow others to seduce with their knowledge.</i></p> <p><i>I intend to retrieve all spiritual knowledge my ancestors have lost over time in the dance of the seduction of knowledge.</i></p> <p><i>I forgive myself and my ancestors for dancing with the planes of fear and peace related to the seduction of knowledge. I intend to cease to dance with the planes of fear and peace in this lifetime.</i></p>

<p><b>7. How much of my present time energy flow is connected to the planes of fear and peace?</b> _____ %</p>	<p><i>I intend to retrieve all the spiritual knowledge that I have lost this lifetime.</i></p>
<p><b>8. Out of the 100% possible of the spiritual knowledge that I should have at my current level of ascension, how much information is missing?</b> _____ %</p>	<p><i>I intend to forgive those who I have given spiritual knowledge unto this lifetime.</i></p>
<p><b>9. Who have I given my spiritual knowledge unto this lifetime?</b> _____ _____</p>	<p><i>I intend to retrieve all spiritual knowledge from each that I have given it unto this lifetime and throughout my ancestry.</i></p>
<p><i>What are their archetypal natures?</i> _____ _____</p>	<p><i>I intend to forgive those ancestors who gave their spiritual knowledge away and fell into relying upon the planes of fear and peace to know and understand.</i></p>
<p><b>10. Who have I taken spiritual knowledge from this lifetime</b> _____ _____</p>	<p><i>I intend to forgive those ancestors who stripped others or were used to strip others of their spiritual knowledge. I intend to forgive myself for taking the spiritual of others in this lifetime.</i></p>
<p><i>What are their archetypal natures?</i> _____ _____</p>	<p><i>I intend to return the spiritual knowledge that is not my own as it is non-resonant with my genealogy.</i></p>
	<p><i>I intend to gather ancestors unto me who understood physical ascension and the spiritual journey associated at the time that they were incarnate and request that they teach me how to transmute my thought-form and ascend.</i></p>
	<p><i>I intend to restore my capacity to ascend and separate in full from the plane of pain and pleasure.</i></p>
	<p><b>What Dual Tones would be useful in restoring a state of ascension and separate my field from the planes of pain and pleasure?</b></p>
	<p>_____ _____ _____</p>

## HEALING THE INNER FAMILY

### Seduction of Knowledge

Question	Inner Male Child	Inner Female Child
<b>1. What ages in childhood did you begin to seduce others with your knowledge or be seduced by the knowledge of others?</b>	<div> <div> <div>___ Age 0-1</div> <div>___ Age 1-2</div> <div>___ Age 2-3</div> <div>___ Age 3-4</div> <div>___ Age 4-5</div> <div>___ Age 5-6</div> </div> <div> <div>___ Age 6-7</div> <div>___ Age 7-8</div> <div>___ Age 8-9</div> <div>___ Age 9-10</div> <div>___ Age 10-11</div> <div>___ Age 11-12</div> </div> </div>	<div> <div> <div>___ Age 0-1</div> <div>___ Age 1-2</div> <div>___ Age 2-3</div> <div>___ Age 3-4</div> <div>___ Age 4-5</div> <div>___ Age 5-6</div> </div> <div> <div>___ Age 6-7</div> <div>___ Age 7-8</div> <div>___ Age 8-9</div> <div>___ Age 9-10</div> <div>___ Age 10-11</div> <div>___ Age 11-12</div> </div> </div>
<i>I intend to release and erase each experience of seducing others with my knowledge or being seduced by the knowledge of others in my childhood.</i>	<i>I intend to retrieve all parts of my inner male child at all age ranges that I can now perceive as fractured or missing due to the dance of the seduction of knowledge and send them for recasting.</i>	<i>I intend to retrieve all parts of my inner female child at all age ranges that I can now perceive as fractured or missing due to the dance of the seduction of knowledge and send them for recasting.</i>
<i>I intend to replace the memories of seduction of knowledge with memories unity based ascension in my childhood.</i>	<i>I intend to release and erase the memories of the seduction of knowledge in the above ages within my inner male child.</i>	<i>I intend to release and erase the memories of the seduction of knowledge in the above ages within my inner female child.</i>
<i>I intend to forgive myself and all others for relying upon seduction of knowledge to know enough in my childhood.</i>	<i>I intend to replace the memories of the seduction of knowledge with other memories of unity based ascension within my inner male child.</i>	<i>I intend to replace the memories of the seduction of knowledge with other memories of unity based ascension within my inner female child.</i>
<i>I intend to retrieve the spiritual knowledge of my ancestors so that my inner child can know enough to ascend.</i>	<i>I intend to send all information that I now know as an adult about ascension back in time throughout my inner male childhood years.</i>	<i>I intend to send all information that I now know as an adult about ascension back in time throughout my inner female childhood years.</i>
<i>I intend to restore a state of real ascension within my inner child.</i>	<i>I intend to restore a state of real physical ascension within my inner male child.</i>	<i>I intend to restore a state of real physical ascension within my inner female child.</i>
<b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner child of the need to participate in the seduction of knowledge?</b>		

Question	Inner Male Teenager	Inner Female Teenager
<p><b>2. What ages in your teenage years did you begin to seduce others with your knowledge or be seduced by the knowledge of others?</b></p> <p><i>I intend to release and erase each experience of seducing others with my knowledge or being seduced by the knowledge of others in my teenage years.</i></p> <p><i>I intend to replace the memories of seduction of knowledge with memories unity based ascension in my teenage years.</i></p> <p><i>I intend to forgive myself and all others for relying upon seduction of knowledge to know enough in my teenage years.</i></p> <p><i>I intend to retrieve the spiritual knowledge of my ancestors so that my inner teenager can know enough to ascend.</i></p> <p><i>I intend to restore a state of real ascension within my inner teenager.</i></p>	<p>           ___ Age 12-13      ___ Age 16-17            ___ Age 13-14      ___ Age 17-18            ___ Age 14-15      ___ Age 18-19            ___ Age 15-16      ___ Age 19-20         </p> <p><i>I intend to retrieve all parts of my inner male teenager at all age ranges that I can now perceive as fractured or missing due to the dance of the seduction of knowledge and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of the seduction of knowledge in the above ages within my inner male teenager.</i></p> <p><i>I intend to replace the memories of the seduction of knowledge with other memories of unity based ascension within my inner male teenager.</i></p> <p><i>I intend to send all information that I now know as an adult about unity based ascension back in time throughout my inner male teenage years.</i></p> <p><i>I intend to restore a state of real physical ascension within my inner male teenager.</i></p>	<p>           ___ Age 12-13      ___ Age 16-17            ___ Age 13-14      ___ Age 17-18            ___ Age 14-15      ___ Age 18-19            ___ Age 15-16      ___ Age 19-20         </p> <p><i>I intend to retrieve all parts of my inner female teenager at all age ranges that I can now perceive as fractured or missing due to the dance of the seduction of knowledge and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of the seduction of knowledge in the above ages within my inner female teenager.</i></p> <p><i>I intend to replace the memories of the seduction of knowledge with other memories of unity based ascension within my inner female teenager.</i></p> <p><i>I intend to send all information that I now know as an adult about unity based ascension back in time throughout my inner female teenage years.</i></p> <p><i>I intend to restore a state of real physical ascension within my inner female teenager.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner teenager of the requirement to participate in the dance of the seduction of knowledge?</b></p> <hr/>		



Question	Inner Male Adult	Inner Female Adult
<p><b>3. What ages in your adult years did you begin to seduce others with your knowledge or be seduced by the knowledge of others?</b></p> <p><i>I intend to release and erase each experience of seducing others with my knowledge or being seduced by the knowledge of others in my adult years.</i></p> <p><i>I intend to replace the memories of seduction of knowledge with memories unity based ascension in my adult years.</i></p> <p><i>I intend to forgive myself and all others for relying upon seduction of knowledge to know enough in my adult years.</i></p> <p><i>I intend to retrieve the spiritual knowledge of my ancestors so that my inner adult can know enough to ascend.</i></p> <p><i>I intend to restore a state of real ascension within my inner adult.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to retrieve all parts of my inner male adult at all age ranges that I can now perceive as fractured or missing due to the dance of the seduction of knowledge and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of the seduction of knowledge in the above ages within my inner male adult.</i></p> <p><i>I intend to replace the memories of the seduction of knowledge with other memories of unity based ascension within my inner male adult.</i></p> <p><i>I intend to send all information that I now know as an ascending initiate about unity based ascension back in time throughout my inner male adult years.</i></p> <p><i>I intend to restore a state of real physical ascension within my inner male adult.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to retrieve all parts of my inner female adult at all age ranges that I can now perceive as fractured or missing due to the dance of the seduction of knowledge and send them for recasting.</i></p> <p><i>I intend to release and erase the memories of the seduction of knowledge in the above ages within my inner female adult.</i></p> <p><i>I intend to replace the memories of the seduction of knowledge with other memories of unity based ascension within my inner female adult.</i></p> <p><i>I intend to send all information that I now know as an ascending initiate about unity based ascension back in time throughout my inner female adult years.</i></p> <p><i>I intend to restore a state of real physical ascension within my inner female adult</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner adult of the need to participate in the dance of seduction of knowledge?</b></p> <hr/>		

Question	Inner Male Parent	Inner Female Parent
<p><b>4. What memories do you have of either or both of your parents participating in the seduction of knowledge with one another or others?</b></p> <p><i>I intend to release and erase all memories of my parents participating in the seduction of knowledge.</i></p> <p><i>I intend to replace the memories of seduction of knowledge n with new memories of unity based ascension within my inner parents.</i></p> <p><i>I intend to forgive my parents for participating in the dance of the seduction of knowledge.</i></p> <p><i>I intend to forgive myself as a parent for participating in the dance of the seduction of knowledge.</i></p> <p><i>I intend to retrieve the spiritual knowledge of my ancestors so that my inner parents can know enough to ascend.</i></p> <p><i>I intend to restore a state of biological ascension within my inner parents.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner father who is gifted at the spiritual path of ascension and the inner transformation that it entails</i></p> <p><i>I intend to erase each experience of the seduction of knowledge within my inner father.</i></p> <p><i>I intend to replace the experiences of seduction of knowledge with experiences of physical ascension within my inner father.</i></p> <p><i>I intend that my inner father have all information that I understand now in my ascension to date about ascension.</i></p> <p><i>I intend that my inner father learn to consciously direct the ascension of the inner family.</i></p> <p><i>I intend to restore a state of real biological ascension within my inner father.</i></p>	<hr/> <hr/> <hr/> <p><i>I intend to construct a new inner mother who is gifted at the spiritual path of ascension and the inner transformation that it entails</i></p> <p><i>I intend to erase each experience of the seduction of knowledge within my inner mother.</i></p> <p><i>I intend to replace the experiences of seduction of knowledge with experiences of physical ascension within my inner mother.</i></p> <p><i>I intend that my inner mother have all information that I understand now in my ascension to date about ascension.</i></p> <p><i>I intend that my inner mother learn to consciously direct the ascension of the inner family.</i></p> <p><i>I intend to restore a state of real biological ascension within my inner mother.</i></p>
<p><b>What herbs, minerals or Language of Light tones would be useful in the healing of my inner parents of the need to participate in the dance of the seduction of knowledge?</b></p>		

# THE COMPLETE ASCENSION WORKBOOK PART II

## CHAPTER 7

### *Forgiving the Spiritual Lessons of our Grand Master Ancestors*

#### *Defining Guru Archetypes*

The Earth Mother through Karen Danrich "Mila" and Thomas Weber "Oa"

March 9, 2008

Dear Beloved Ascending Human,

This is the last chapter of Workbook II and all of its explorations into the emotional make up of humans at this time in history, and what requires transcending to come into the middle path of greater unity and integrity within. Unity within and integrity within are intricately intertwined; without unity there can be no integrity; and without integrity there can be no unity. Integrity is a state of being that states "I honor you, I honor me, I honor the group, I honor nature and I honor Earth". It is in the honor of all things that real unity comes forth in the dance of the two or the many.

There are many time periods in which honor and integrity flourished in the human dream. Honor and integrity was the foundation of dream that the Grand Masters came to Earth within; and anchored for the other red nations' tribes to flow within. This is the karma we are to explore within this section along with a host of other relations that were the descendents of the Grand Masters and created karma that has influenced the archetypal patterns in all related unto them over time.

### **EARLIEST RECORDS OF COMBUSTION REVEALED**

At the time that chapters 1 and 3 of The Complete Ascension Workbook I were written, less was known about the lives of the Grand Masters than today. So we now give a greater overview of their purpose and nature. We have uncovered records of larger headed humans that came to exist upon Earth prior to the era of the Grand Masters. These humans appear to have come to exist within the inner earth to explore the possibility of relocating unto Terra from Sirius A. They worked with the energy dynamics of Earth and appear to also have combust in attempted ascensions. We have no record of any fourth dimensional human remaining from this time period which dates to 80,000 years ago (160,000 human years) and 30,000 years (120,000 human years) prior to the arrival of the Grand Masters, and 5,000 years (15,000 human years) prior to seeding of the 18 red nations' tribes.

The combustions of these larger headed humans that came to Earth occurred in small groups of five or less and so had minimal impact upon Terra's energy flow of the time. However the records of combustion appear to have influenced the larger headed Grand Masters to follow the same deadly path in a later time period. It is unclear that the Sirian larger headed humans of the time understood that

those that appeared to have ascended actually combust. This type of combustion may have gone on upon Sirius but we do not know this for sure. It is the lack of having a clear communication and connection to the fourth dimensional realities that this type of pattern can occur and go unknown as to the truth of the deaths of those that combust, much as it did with the Pharaohs of ancient Egypt who assumed that the ashes remaining from those that combust meant that they had actually ascended.

Combustion is a form of fission that occurs in ascension due to mismatched fire element from strongly variant creations. If the genealogies host too variant fire element from too variant DNA and from opposing creations, then the body may combust in the attempt to ascend into a fourth dimensional vessel. We know that Sirius as two planets barely made it to the next dimension of thought-form in their global ascensions; and almost combust as they were running perhaps the bare minimum of variances of fire element that would allow for ascension to occur. We also know from Ancestor Buddha's ascent that he also almost combust as he too was running variant fire element from Sirian and Arcturian DNA.

We see that Arcturian DNA is too strong of a magnetism for ascension in this Great Central Sun that Earth is a part of. It is for this reason that Arcturian DNA will be transmuted in the ascension beyond Bodhisattva to Mahavihsnu level that the map carvers shall carry on towards in the coming years ahead. There are always other possibilities of genetics to ascend into the further that one evolves as the larger parts of the tapestry of ancestry open up unto ascending initiates. The further one ascends, the greater number of the lineages from more ancient times or other dimensions of experience become available. Other genetic information was also probably available unto these larger headed humans that combust long ago; however something interfered with their vision and capacity to understand the deadly path that they were on. This too we have been exploring as the records have been gathered from combust ascensions of the Grand Masters.

Those larger headed humans that came from Sirius and combust in attempted ascensions upon Earth are not considered Earth related karma. Why is this so? Such humans although they may have produced offspring while they were living upon Earth did not leave any remaining offspring in the history of Earth. After about 800 human years, they appear to have returned to Sirius as a group. Some of the descendents of this early group may have returned to Earth as a part of the Grand Masters that were seeded 30,000 years later however. This may be another contributing factor of why many Grand Masters also combust in attempted ascensions at a later time.

## THE HISTORY OF THE GRAND MASTERS FROM A GLOBAL PERSPECTIVE

The Grand Masters arrived upon Earth numbering only 52 larger headed humans of three variant genealogies. One genetic package was 96% Sirian DNA, 1% Orion, 1% Pleiadian and 2% Arcturian DNA. The second package was 86% Sirian DNA, 10% Orion, 4% Pleiadian and 6% Arcturian DNA. The last package was 70% Sirian, 20% Pleiadian, 5% Orion and 5% Arcturian DNA. It is the last genetic package in particular that hosted enough foreign DNA to create mismatched fire element in the attempted ascensions; this led to combustions of humans that were related rather than momentum to the next dimension of thought-form in ascension.

The Grand Masters arrived upon Earth with two apparent goals in mind. One was to manage the dream of the Red Nations' peoples that had been seeded upon Terra 25,000 years prior; for Sirius was no longer going to hold on to this responsibility in the choice to ascend to the next dimension as a consensus reality. The other goal was to create a path of ascension for the human species and the Earth Mother alike. The Grand Masters came unto Earth with vast spiritual knowledge the likes of which nature had never witnessed in recent memory upon the third dimension. The Grand Masters were capable of shape shifting their molecular structure into any other form. For the first year or two upon Earth, they spent time shape shifting into almost every kingdom that they witnessed near them in the crown center region of Earth (North Pole). It appeared to nature that they were gathering information about each kingdom in their shape shifting focus.

The Grand Masters chose the North Pole as their initial residence and in a deep enough valley that they could also move into the inner earth through a relatively short tunnel of about a mile long. They could see the light of the inner earth at the end of the tunnel and went through to explore. Here, just near an opening to the outer earth, is where the Grand Masters chose to settle. The region was a lovely valley with waterfalls, small lakes and tall trees that rose to the minerals hanging from the ceiling above. The minerals refracted the light of the aurora and so there were beautiful rainbows that would shimmer day and night in this region. It was sincerely a Shangri-La and so the hearts of the Grand Masters felt about this beautiful place to live along with for the Earth herself.

The Grand Masters rearranged the valley to their liking growing large mineral dwellings to exist within, causing the water to flow in between and creating small bubbling streams around their homes along with beautiful floral gardens that were pleasing to the eye as well as nose. The minerals were programmed with movements that they learned from Sirius in order to hold their own flow and dreams. The other kingdoms watched in interest as this highly knowledgeable group of humans altered the landscape to suit their needs. The knowledge that they gained in the act of shape shifting appeared to allow them to alter the landscape in this manner.



The Grand Masters anchored many patterns into the core of Earth that had not been prevalent before upon Earth. These patterns caused a warming for a time and momentum upwards in vibration. Terra did not understand the full nature of why this was occurring as the languages that the Grand Masters spoke were not entirely similar to what Terra and the natural world understood as nonverbal communication. As a result, a rift developed between Terra, nature and the Grand Masters that eventually pitted one against the other.

The energies that were anchored by the Grand Masters were not entirely resonant with Terra or the other kingdoms incarnate upon her. The Dolphin and Whale kingdoms were the primary fully conscious species upon Earth up until this point in time, and attempted to communicate with the Grand Masters to relay the problems that they were causing unto the whole. Alas the Grand Masters did not hear them well enough to understand and therefore took no action to rectify the discord that they were causing. It was at this point that Terra intended to cause the Grand Masters to leave or go extinct as they were manipulating her in manners that she could not control or correct.

Some of the dolphins and whales began to become ill due to the movements that the Grand Masters anchored into the oceans and waterways. It was at this point that a full on war between the fully conscious species began. Several pods of whales banded together sending blows towards the Grand Masters. Many were shattered apart in short order and died. This reduced the population of the Grand Masters from 52 to 38. The Grand Masters did not understand where the blows came from or why they were targeted so.

Although those that died did allow the whales to rectify their flow back into health again, the remaining group of Grand Masters continued to alter the energy flow of Terra. The flow began to affect the aurora itself which began to flare. The flares burnt the landscape near the aurora which had never occurred in Terra's recollection in this dimension of life. The flares caused instability in Earth's chakra movement that led to a wobble. Several pods of dolphins chose at this time to also project shattering blows towards the Grand Masters who were perceived as the underlying cause of the global problem. Many more grand masters died following this battle. Those that remained moved closer to the aurora where they were unable to be manipulated into death.

Those Grand Masters that survived interbred with red nations' peoples that lived in the inner earth to leave behind a legacy of their knowledge that has traveled down the human tapestry of ancestry into present time. Perhaps if all Grand Masters had died the necessary knowledge for ascension would not be available at this time in history. So Terra is now grateful that those of this nature did survive. Those few Grand Masters that remained in the inner earth chose to ascend and did manage to create a fourth dimensional Terra in the inner earth. Many more have ascended to the fourth dimension over the years, and this does prepare the pathway for another dimension of life form to take hold at another time ahead in Terra's global ascension. And therefore Terra forgives the early Grand Masters for their inability to understand or communicate with the whole of the consensus that they came to live upon.



## THE GLOBAL SPIRITUAL LESSONS OF THE GRAND MASTERS

We now perceive and better understand the early Grand Master experience as a major spiritual lesson. Without a common language, it is difficult to flow with the whole of the consensus in a supportive manner. It is easy in the non-communication to do something that appears resonant in a small region of the planet but may not resonate with the whole. The Grand Masters were disconnected from the whole, and only learned the movements of a small region along Terra's crown. This is not enough information to vie to direct the energy of the whole; nor is it humanity's purpose to direct the consensus at large, even those with great spiritual knowledge. It is the job of the consciousness of Earth to direct her own energy flow; and the job of humans to direct their own energy flow and dream. This Earth perceives now more clearly from these more ancient records of the Grand Masters. As a result and under the guidance of the Tao, Terra is orchestrating another type of relationship between ascending humans and Earth.

Under the guidance of the Tao, humans are learning to manage their own fields and dreams in collaboration with Earth; and point out dissonant patterns that they observe upon the land. The observations are taken in by Terra and then commanded to be released from her global field as the karma is released. In this manner, a working relationship between ascending humans and Terra is being constructed and through the Language of Light. Had there been a working relationship between the Grand Masters in a language that all could understand, this entire series of falls in consciousness over the past 50,000 years of global history may have been avoided altogether. However it does not matter when a lesson is learned; only that it has come to be understood and changes flow forward that alter the dynamics at cause of a particular problem.

Today we have constructed one language known as the Language of Light for all kingdoms and all of Terra to understand. This language has come to be from the problems of the past in which miscommunication between kingdoms and between regions has led to mistakes that then escalated the pace of falling consciousness upon Earth rather than allowing for a rise that would have concluded the game of the dark long ago. Ultimately it is the dark behind human, dolphin, whale and Terra's form that are the real cause of the patterns of falling consciousness, and this too we speak to next.

## THE DANCE OF THE FALSE CREATORS

There is a group of nonphysical and their angels that have worked with Earth for a long time under the guise that they were present to sustain her existence and support her ascension. The Tao now calls these false creators as they tend to destroy one creation in order to extend another creation's existence for a time. This dance of pitting one creation against another is a large part of why creations fall to extinction in this region of domain. This region is a designated extinction quadrant for yet other creations upon upper dimensions that extend their existence by raping other creations beneath them in vibration. This has been occurring for so long in the Tao's estimation that it goes back twelve Tao based contraction cycles, which is so long in current time that it is impossible to measure. Earth therefore befell the dance of the destructive false creators that are used by yet other false creators upon upper dimensions to pull creations a part to extinction and then use the information, chi and sexual flow harvested to extend their own existence between contraction cycles of the Tao.

The real problem of this region of domain is that nothing has returned "home" to the Tao in twelve cycles. The false creators seek to extend their existence and must "feed off" other creations between cycles, just as humans and other kingdoms feed off the flesh of yet other kingdoms to continue to exist. The entire dance of carnivorous behavior is only a recreation of the behavior of the false creators of the nonphysical in physicality. In parallel, the false creators war upon one another through physical form. It was the false creators behind the Grand Masters that altered the energy flow in a non-conductive manner to set up Earth for an extinction cycle. The Grand Masters did not understand how they were being used or why they were really directed to come to live upon Earth; they came to set up an extinction cycle so that Sirius could ascend.

In this region of domain, in order for any creation to ascend upwards in dimension, many other creations must go extinct. This is because of extreme polarity in which one creation is set up against another to allow for momentum up the dimensions of thought-form of another creation. However we will also point out that the real purpose of ascension is not to climb up the dimensions but to return "home" to the Tao when the lessons in any cycle of experience are complete. This region of domain is so lost it has forgotten to return home, and thinks that ascending up the dimensions will take them someplace worthy of returning. Alas this is a false dream as in the long haul Sirius is just as likely to go extinct as Terra, and all to sustain the existence of a group of nonphysical creators who forget each cycle to go "home" to the Tao themselves. Without the return journey home, there is no chi to sustain creations between cycles, and each must pull a part a creation like Earth and Sirius alike to extend their existence until the next cycle begins.

It is the false creators that choose to remain behind and not return "home to the Tao". They are in such forgetfulness that they do not perceive that there is a Tao or "home" to return unto. It is the false creators that cause conflict in all creations and all kingdoms over time. Behind all human conflict are the false creators.

Humans in and of themselves tend to be benevolent if they have enough spiritual information available unto them to understand the requirement for peace and unity to sustain existence. The Grand Masters came unto Terra with great knowledge and understood the need to create peace and unity. They meant no harm and thought that they were helping Terra; alas due to miscommunication and a lack of full understanding of all global needs, the Grand Masters wound up causing a problem for themselves and Earth alike. However behind the problem were a load of false creators at cause. This is the global karma of the original Grand Masters that most focused upon ascension today are related unto.

## **THE HISTORY OF THE GRAND MASTERS FROM AN ANCESTRAL PERSPECTIVE**

The Grand Masters themselves came in twelve pairs and twenty-eight that were single in nature. There were eight couples that were heterosexual and four couples that were homosexual, two that were feminine couples and two that were masculine couples. The need for hetero and homosexual relationship is related to balance. It created balance to have couples united of variant gender based relationship. Those that were single and those who were in relationship created a different spiritual path and truth as well as perspective that could be offered up to the whole of the group to retain them on course in their collective purpose.

The Grand Masters came to Earth with specific focuses that were guided by the spiritual elite of Sirius as well as a force of creators that ensouled their field and form that also came from Sirius. The Grand Masters were guided to first shape shift into every perceived kingdom in the region that they had located unto upon Earth. The shape shifting occurred to gather records of each kingdom so that they could better guide Terra in her choice to ascend ahead. Humans were very arrogant from Sirius; for they have guided everything that has occurred upon Sirius A and B and even to the point of directing global energy movement with their thought-form. Humans perceived themselves as not only god goddess in form but god goddess over the consensus. For Sirian consciousness, this was accepted and in agreement. For Earth, she had been in existence for millions of years upon this dimension without the aid of human support, and so it was not accepted or in agreement to have humans determine her energy flow. The Grand Masters were therefore outside of the law to determine Earth's energy flow, or in other terms were lawless.

The Grand Masters loved Earth and loved the freedom that they felt here that they could not experience under the watchful eye of the Sirian spiritual elite. As a result and in the first few hundred years upon Terra, the Grand Masters expanded into a state of joy. The joy concluded shortly after a visit from a counsel of spiritual elite from Sirius. During this visit, all the creators behind the Grand Masters were removed and replace by other forces that had another agenda. This the Grand Masters did not understand. Many were offered an opportunity to return to Sirius, and six chose to return with the spiritual elite. All six perished before they returned home dying of extreme shattering of field through the unconscious of the elite. Those that remained suffered parallel fates due to

shattering blows through the unconscious of Terra and the dolphins and whales shortly thereafter.

The few Grand Masters that remained interbred with the red nations' peoples to shore up populations of larger headed humans. Most of such populations remain in the inner earth to this day. A few ventured back to the outer earth and interbred with one another and later other red nations' peoples incarnate on the surface of the Earth. Those upon the surface of the Earth befell other travesties such as the era of the Pharaohs that we have written about in earlier chapters of Workbook I.

The few original Grand Masters remaining from the Sirian seeding all ascended together to the fourth dimension where a population of larger headed humans remains to this day. They fulfilled upon their dreams however not without creating vast problems for Earth; each of which is to be straightened out now at this time of real ascension "home" to the Great Central Sun dream and Tao. *(See Chapter 1 and 3 of Workbook 1 for an entire history of the human species upon Earth.)*

## **ASCENSION PROBLEMS FOR EARTH**

So what are the problems that the original Grand Masters caused unto Earth in their ascensions? To date there are records that show Earth that those attempting a complete ascension to the next dimension in this time period also had to construct a fourth dimensional plane or reality to reside upon, as there was nothing remaining of Terra in this dimension of thought-form. So this small group of six ascending Grand Masters took elements from the outer earth to construct a fourth dimensional inner earth for them to reside upon as they ascended. This shows you how capable the Grand Masters were in terms of understanding consensus realities, as they knew enough about each kingdom to create an entire fourth dimensional consensus in the physical that ascended with them.

The fourth dimensional consensus includes to this day valleys and lakes, waterfalls and trees, nature kingdoms of all kinds that prevail in the inner earth, and many minerals that sustain fourth dimensional frequencies. Alas those ascending in this time period also stripped third dimensional outer earth to do so. This led to a sinking of vibration on the outer earth while the inner earth rose in vibration, tearing at Terra's energy flow. These records began to surface some time ago and Terra has been recasting and reweaving the outer earth elements so that ascension of the outer earth can now come forth.

The ascensions of these Grand Masters were about 87% complete. 12% of their consciousness was left behind and became a part of the forces of the false gods of the inner earth. What was the cause of their incomplete ascension? Ultimately it was the need to ascend the Earth Mother along with themselves to the fourth dimension that caused their ascensions to be so incomplete. If something other than one's own field must be ascended, then a part of oneself is also left behind. And so it was that the requirement to create a fourth dimensional plane to reside upon caused the original Grand Masters ascensions to be incomplete. Perhaps

had they had a working relationship and communication with Earth, Terra would have ascended this part of herself for them and then the incomplete ascensions would have been avoided. This we now understand due to the review of these early ascension records.

A false god is only a portion of the consciousness remaining behind from an incomplete ascension; as a result the false god does not recall all of the information known that created the original ascension; and therefore is subject to a vast lack of knowledge. A vast lack of knowledge leads to extreme arrogance in the examination of the Tao. There is a point at which any consciousness becomes extremely arrogant and believes that they know it all. Your human scientists today and humans in general and the nonphysical persona that run them think that they know it all; in reality humans know so little that it is a wonder that you exist at all in the third dimension. False gods fall into the same problematic patterning as they know so little that they think that they know it all and then go on to mislead those who are willing to allow them to lead the way due to their lack of information.

The inner earth also has its false gods and they host different names from those that you know upon the outer of the Earth. The inner earth false gods went on to guide yet other ascending larger headed humans in vastly complicated manners that led to combustion rather than real ascension to the fourth dimension. There are also genealogies more subject to arrogance and false ascension than others. We have records now surfacing of groups of humans in the inner earth that were so severely misled in their ascensions that many groups of humans combust.

Records have been gathered as of late showing combustions that occurred from 42,000 to 45,000 years ago (168,000 to 180,000 years ago as humans measure time) and generally in a cavern near the surface of the Earth. The misled leaders left the enclave of larger headed humans near the aurora because they felt that they knew better than those in leadership roles; and many others also did follow them. Alas the new leaders were guided by false gods who caused them to ascend too many variant geometrical patterns and forms of fire element. The variant patterns caused a drag upon the ascension as it was launched causing the body to burn up in the wake. The force of the combustions of this nature not only burnt up their own bodies, but also all other kingdoms on the surface of the Earth caught on fire for a 1000 miles or more on the land above each cavern. The combustions also created vast wobbles in Terra's overall energy flow.

The wobble following the group combustions led to a collapse of Terra's entire field. Holes in the aurora were ripped open to other dimensions and creations of life. Time was warbled and fission related to nuclear annihilation was anchored as global thought-form. Dream was shattered and never did come together as it once was prior to the combustions. All told and so far the records of nineteen groups that combust in this manner have been uncovered with a total of 800 plus humans dying in such an experience. The combustions created large portions of human consciousness that fractured with each group leading to the birth of even more false gods than prior to such experiences. The false gods went on to mislead



humans yet further to a point that the entire experience spoken to in Chapters 1 and 3 of Workbook I became Terra's fate.

## **FORGIVING ANCESTRAL COMBUSTION**

At this time, Terra and all kingdoms are in the process of forgiving the combustion of humans in their false ascensions of the past. It is not only humans that combust, but often many pods of dolphins and whales united with human ascensions in this time period that also combust. All told there were more dolphins and whales that died in this manner than humans, numbering 1400 so far in the records gathered upon Earth. The dolphins and whales are also seeking to forgive the false ascensions of the past so that real ascension "home" to the Tao can be born. Combustion has also led to the war between fully conscious species, whether that warfare is expressed in hunting dolphins or whales for food source, or hunting humans upon the battlefield matters not. As the karma for combustion is released, all warfare in all of its expressions can be forgiven and a new dream can be woven for humans, dolphins and whales alike. Peace upon Earth can then become the future dream for all kingdoms.

So what is it about combustion that leads to warfare? One can think of combusting the body as the ultimate war upon the cellular structure. Instead of the cells expanding up to unite with a fourth dimensional self where one will carry on in life, the cells implode upon themselves burning up into ashes. The cells feel so totally unloved and hated in such an experience that the emotions of hatred and non-love then fill the cells of each who is related to those who combust thereafter. The cellular hatred then leads to expressions of warfare and disease in all of its varied circumstances currently experienced upon Earth.

So what occurred within those who combust that they could not perceive the truth of where they were headed? Mila and Oa and those in their school have been compiling records of this nature in an attempt to understand. Those who left the larger circle of larger headed governance were guided to do so from false god forces that had possessed their fields. These forces had another agenda of pressing their own consciousness up the dimensions; and this is something that combustion or fission causes. Fission will expand the unconscious and propel that which sits within the unconscious up the dimensions, growing in size and power. This is how most of the false creators came to be; they were propelled up the dimensions in combustions of fully conscious species in yet other consensus realities like Earth long come and gone. These forces sincerely think that they are "god".

As false gods or creators possess the field, there is a type of guidance that is extremely arrogant that comes forth. Mila and Oa have had many false gods and creators possess them over time, and in their inner observations the guidance never leads to forgiveness of karma or peace, but rather judgment of others who are deemed inferior and incompetent and inflation of one's own ego as one is deemed better than all else. Mila in particular became tired of hearing such things as it created emotional turmoil for her, and learned to cut off the false gods and



false creators by removing her telepathic channels next to each ear. Then she would attune to her heart and listen to her ancestors, the Earth Mother and nature, and her own holographic wisdom from within. Over time she also opened to the Tao within, a related part of herself remaining outside of this experience that she will return “home” unto as this experience is complete. It is the Tao within that has provided the most incredible information for continued ascension as it knows more and has experienced more than anything in this region of domain. Ultimately it is the Tao within that guides the journey “home” to the Tao through ascension.

The false gods and false creators are outside of oneself and Terra. They are also out of place as everything must exist within the holographic experience in order to return “home”. The false gods and creators have left the holographic experience and become something that exists outside and then tries to guide fully conscious species from the outside in. The larger headed humans guided by such forces never did create a complete ascension. Why is this so? There was no focus upon forgiveness or transformation of the denser vibrations and DNA that they sat within. Without transformation of density upwards towards a fourth dimensional frequency, there can be no physical ascension to the next dimension. In attempting to launch a physical ascension through the ignition of the kundahlini, the unprepared bodies burnt up in combustion instead of ascending as they were too dense and not ready for the goal.

The nonphysical always receives from the combustion what was intended. Each group of combustions launched propelled the false gods further up the dimensions and into greater capacity to manipulate Terra to extinction. This too is human karma from combustion that must be forgiven. Humans are not to be used to destroy the consensus that they reside upon; and yet this is what combustion and false ascension causes. Humans have big karma as a result of how they have caused Terra to fall and fall in vibration over the time that humans have existed upon her. This karma can be forgiven as it is understood and a new day of real ascension launched ahead instead.

## **THE REAL PURPOSE OF ASCENSION**

The real purpose of ascension is not to climb the dimensions. In climbing the dimensions, one is only restoring the distortion that one existed within at another time. The real purpose of ascension is to return “home” as a conscious expression to where one originated. All humans and all creations originated from within the Tao. Ascension is really about returning “home” to the Tao. The Tao is not an external experience; the Tao will only be discovered through one’s own holographic connection to oneself and through an open heart chakra. The real connection within and to one’s hologram will lead one home.

It is interesting to note that those Grand Masters that did ascend along with subsequent generations thereafter did focus inward and were guided by their own holographic knowing as to how to restore another dimension of thought-form that had been experienced at another time in the inheritance. Those that created more

or less complete ascensions to the next dimension to follow including Buddha and Quan Yin also followed their own truth from within and were not misled by the false gods per se. However they did not discover the Tao within or perhaps their ascensions would not have created the struggle in the fourth dimension that they did experience upon arrival. *(See the essays from Ancestor Buddha and Quan Yin for more information.)*

Ascending does not require climbing the dimensions to return home. It only requires forgiving the karma that has transpired in all experiences in this creation; and through forgiveness one can complete and then return to the "Tao" within. The Tao within is a holographic projection that has been sent into this region of domain as nothing has returned "home" in so long. If nothing returns after a time, the Tao projects itself in to help retrieve what has become lost. This is the purpose of the Tao based intervention. However the Tao is not a savior; one must still ascend oneself and through this process not only forgive, but gather the records of understanding that allow for the transformation of thought-form from disunity to unity and then into Tao based love.

Everything within the Tao is founded upon love. The journey "home" therefore will occur through the open heart chakra and not one's telepathic channels. From within, one will navigate one's own journey to greater understanding, love, and forgiveness and ultimately "home". Forgiveness is pivotal as it is through forgiveness that the love of the Tao begins to flow within one's heart. It is the love of the Tao that will aid in the healing of any ailment, emotional charge, or pattern at cause of dissonance within one's form or field. Releasing the dissonance leads to greater inner peace. Peace within is a form of "homecoming" that can be experienced in each initiation mastered in one's ascension.

Under the guidance of the Tao, Terra is learning that she may never climb the dimensions as she once thought was her path of ascension ahead. Instead all the lessons from this experience can be learned in the dimension that she already resides within; and when complete she will simply step out of physicality and return home as consciousness to the Tao within. This is real ascension from the Tao's point of view. As everything is understood, physicality can simply be dissolved through intention returning "home" with the nonphysical attributes of Terra. This is also so for each ascending human that chooses the path of ascension "home" to the Tao within.

Death is an illusion. The physical is an illusion. There is only really the Tao and the love of the Tao; and this is all that has ever been. Creators come and creators go but each is a part of the Tao expressing itself in its chosen dance. This dance upon Earth is a sour dance and often feels like an experience one would rather not create. So the first steps of ascension are to begin to alter the dream from sourness to sweetness again; also to restore the understanding of how to manage the field and dream to create a sweeter life experience filled with love.

Humans are conscious creators and draw to yourself any experience you intend. The largest problem really is the unconscious intentions that you did not know that you made that then lead to a travesty or greatly sour dream in the dance of

life. In learning to manage the unconscious and deprogram the beliefs, thought-forms and patterns that one holds while anchoring new unity based thoughts, one can more greatly sway one's dreams in a direction one desires, and into sweeter times ahead.

## **HOW COMBUSTION RELATES TO CURRENT HUMAN THOUGHT-FORM AND DREAMS**

The act of combustion through false ascensions affected all thought-form upon Earth. Thought-form responds to ascension. As one ascends, one inflates the thought-form that one exists within and this affects all of humanity and Earth. For those who are ascending at this time, one exists increasingly in unity based Language of Light, and as such the Language of Light becomes global thought-form again. As this occurs then unity based thought-form is restored for humanity and Earth alike. As unity thought-form has been integrated enough over the past eight years of ascension, the natural world has been able to also ascend into the Language of Light allowing for communication to be restored in all parts of Earth's field.

Combustion caused vast distortion in Terra's thought-form that is only just beginning to be understood at this time. The distortion of combustion altered the human and global dream to become one of destruction rather than continued existence in the vibration that was once was and in harmony. All energy movements were effected in the combustions including Terra's chakra system, subtle bodies and aurora. The combustions ripped holes in her entire field leaving her wobbly. The wobble caused other forces and density to enter her field as there was a place for them to rest. The density caused a different thought-form to take hold. This is how thought-form from the Pleiades, Orion, and Arcutrius along with many other creations increased upon Earth adding to her distortion following each combustion.

The false ascensions also hosted Pleiadian, Orion and Arcturian DNA in many cases and within their own genealogies. Without purification of foreign DNA, the thought-form associated also becomes inflated upon Earth and in humanity and nature alike. Pleiadian and Orion based thought-form is the most dissonant to Earth. Each of these languages are considered opposite enough that the word love in their language translates into hate in Terra's language; and love in Terra's language translates into hate within Pleiadian and Orion thought-form. As thought-form of hatred is inflated, destruction became anchored into Terra's dreams, as hatred causes disease and warfare in all of its expressions known throughout history.

How does thought-form of hatred cause warfare or disease? The dreams of Terra are woven founded upon the thought-form that is sustained upon planes of reality associated with the hologram of each species. The human holograms seeded upon Earth were once only related to Sirius, although they contained some Orion, Pleiadian and Arcturian DNA within each. As the holograms were seeded, it added another thought-form upon Terra that was not originally a part of her

language. The Grand Masters not only modified Terra's energy flow in a manner that did not feel good unto her, but anchored Sirian thought-form. Sirian thought-form then became a part of the dreams Terra wove as some of every thought-form is always used in the act of dream weaving.

As the Grand Masters of the third genetic package of 70% Sirian, 20% Pleiadian, 5% Orion and 5% Arcturian DNA attempted to ascend, and without purifying their foreign thought-form, Pleiadian thought-form was vastly inflated upon Earth in their expansions; as those ascending of this nature continued to inflate Pleiadian thought-form in their own field as well as upon Earth, the destruction associated with love translating into hatred in the genetic language led to their own deaths through combustion. The combustions also anchored fission thought-form as global thought-form, igniting the hatred associated with Pleiadian thought-form into the dreams of Terra.

## WHAT IS FISSION THOUGHT-FORM

What is fission thought-form? Fission thought-form is about atoms and molecules splintering apart rather than remaining united and whole. Prior to the combustions, Earth experienced a form of wholeness to her energy flow and field rotation that retained her vibration without moving upward or sinking beneath it in vibration. Terra sustained her health and well being in a state of wholeness. As fission became global thought-form, Terra was pressed into the extreme polarity of either breaking apart to a point of falling to another smaller threshold of vibration and field rotation; or attempting to rise back into what she knew at an earlier time period through ascension.

Nature has desired to return to the wholeness that was known prior to the inflation of fission thought-form; and has attempted to launch ascension to return to this state in eighteen time periods since the seeding of the Grand Masters. Alas any period of ascension was then followed by extreme fracturing of field in the next cycle and anything gained was lost in the time to follow due to fission thought-form. Nature was never capable of retrieving the thought-form of wholeness lost following the combustions of the nineteen groups of humans 42,000 to 46,000 years ago. Ascension has generally been pressed into disease upon the surface of the Earth ever since. In the inner earth, ascension has gone into greater and greater distortion, and in particular following the nuclear annihilation of the Anu.

As we begin to forgive the combustions of the human Grand Master ancestors, we will be able to remove the thought-form at cause of fission; and then an extreme cycle of fracturing need not follow this cycle of ascension currently underway. Terra is working upon this, but requires more ascending humans to intend to forgive fission thought-form as well so that the associated karma may be completely and absolutely forgiven in the years ahead. As karma is absolutely forgiven, it is erased from all bandwidths of thought-form in dimensions that Terra once resided upon, and then need not repeat. Karma tends to repeat like a broken record, and it is only as it is absolutely forgiven that a new day can be born.

## THE ANU AND PLEIADIAN THOUGHT FORM

The family of Anu arrived upon Earth around the time that combustions ceased amongst the inner earth peoples. The family of Anu was attracted to the inflated Pleiadian thought-form that they resonated with upon a biological level. They added their holograms and the holograms of their slaves to the holographic wheel of Earth. This led to greater Pleiadian thought-form that would then become the dominant thought-form in certain cycles throughout history. As the Anu holograms cycles around, Pleiadian thought-form or fission thought-form becomes dominant leading again to a time period of warfare and disease.

The family of Anu fell into their own fission thought-form over time. The longer that Merduk and Innana extended their lives, the more greatly the extreme polarity of fission befell their dreams. Fission thought-form drives dreams into black holes due to how the threads of the dreams actually implode upon themselves. Fission thought-form causes atoms and molecules to splinter. Dreams are constructed of etheric atoms and molecules just as there are atoms and molecules that hold the threads of serpents that weave one's etheric body and field. Fission thought-form will cause the molecules to implode and the threads of the dream to invert and invert until they become a black hole. Black hole dreams cause warfare and torture, murder and abuse. The more greatly inverted the dream, the more difficult the circumstance for the one or many sitting within such a dream.

Innana and Merduk sat in such a dream and went to war upon one another. The dreams were pressed upon the slaves who in entering the black hole dream, rallied up to become soldiers and were given weapons and then went off to destroy one another. Innana and Merduk also sat in their own fission dream, but it was turned inward upon each of their bodies. For both Innana and Merduk this led to greater insanity and caused the war between them to carry on for 1000 years. In the end Merduk was so insane that he blew up Earth in a nuclear holocaust and blew himself up as he crashed landed his craft into Mars. Innana sped off in her craft to the Pleiades where her health failed so greatly and rapidly that she chose euthanasia in the end. Each died of inflated fission thought-form that caused imploding atoms, molecules and cells leading to insanity, disease and then death.

## DISEASE AND FISSION THOUGHT-FORM

Disease today is related to fission thought-form. Those with enough Pleiadian DNA will enter fission thought-form at some time in the life and as this thought-form dominates they will become ill if they are inwardly harmful. Those who are outwardly harmful project their disease on to others causing fission thought-form to dominate in those around them that then become diseased instead. Over time however polarity reverses in any lifetime and primarily following middle age; and then the fission thought-form inverts back upon the individual. This is generally what causes disease later in life and ultimately death of all humans.



How exactly does this work? The fission thought-form triggers combustion of the molecules in a particular part of the body that was drawn from Pleiadian DNA. As the molecules underlying the part of the body combust, the organ, gland or system begins to implode in upon itself. In the implosion, the organ gland or system begins to fail. If the failure is of a major organ, gland or system necessary to sustain life, death is the result. Fission thought-form also leads to war and abuse in the dance of life. As the Pleiadian DNA is called to weave a dream for any human, it will call a dream of conflict due to the nature of how Pleiadian language relates to Terra's language. Remove the Pleiadian DNA through ascension and the conflict will subside in the dream as there is a consistently resonant language with Terra. Disease will also fade as all disease is an internal form of warfare.

Today there are few genetic packages that do not have some Pleiadian genetics remaining upon Earth due to the interbreeding of humanity over time. Therefore most humans experience either abuse or disease in any circle or group, even if the group is one's extended family. It shall be in a thorough release of all Pleiadian DNA out of all ascending humans ahead that the end of disease and warfare can be born.

Most humans do not construct the body evenly from all DNA they inherit. As Mila discovered, most of her body was constructed from Sirian DNA from birth except her uterus, nervous system, kidneys, liver and spleen. The nervous system, kidneys, liver and spleen were constructed from Pleiadian DNA from her mother's side of the family and the rest of her body from her father's side and Sirian DNA; the uterus was oddly enough constructed from slave DNA. It was the uterus in particular that was the most difficult to alter and became continuously sick during her ascension to full consciousness vibration. All other DNA was relatively easy to transmute. She finally discovered that in altering the underlying languages to Sirian based atomic and molecular thought-form, this finally allowed the cells then to be modified into a Sirian blueprint within her uterus, and it recovered its health as a result.

Oa was primarily Sirian, Orion and Arcturian DNA from birth. It was the Arcturian DNA that posed problems in his journey to full consciousness however. The Arcturian DNA creates a magnetic pull that is very strong compared to Sirian magnetism. Although this was positive at an earlier time as it afforded Oa great power to move energy and hold boundaries for larger events such as Masters Conclave, over time the magnetism actually pulled upon his cellular structure leading to problems with his breath of life. Oa also developed a larger body than may have been otherwise as a result of how Arcturian magnetism pulled his etheric vessel horizontally causing him to "spread" or grow. As all Arcturian magnetism and DNA has been finally transmuted in his ascension to date, Oa is downsizing rapidly and may come back to his original early ascension size over time. The Sirian magnetism allows Oa to stand taller and leaner. So this Mila has discovered and she has downsized to her early ascension size over the past few years as well. This also was the result of an alteration to her magnetism that went from electro-magnetic in nature to purely magnetic in the release of all foreign DNA.



Arcturian DNA is destined to be released in all who shall attempt to ascend to Mahavihsnu level along with Full Consciousness level in adult form; and the earlier that all foreign DNA can be left behind the better from Terra's point of view. If Oa had understood this he probably would have replaced Arcturian DNA earlier in his ascension, however sometimes the larger picture requires understanding in order to make better ascension decisions. Earth also likes the heavy push that Arcturian thought-form can generate in her favor due to the pressure of density in the current universal dream. Within the Great Central Sun dream however the Arcturian magnetism causes too great of a push and pull leading to imbalance. This is also what Oa discovered as he crossed into the new dream but carried on in his Arcturian magnetism; it caused such great imbalance that it led to a wobble in his heart chakra leading to conjunctive heart failure symptoms. As the magnetism and DNA at cause was replaced with Sirian DNA, the symptoms disappeared and he is on his way to a better state of health than ever perhaps in his inheritance. He has also come into great harmony with the new dream in so being.

Dreams are designed to retain one in health. Dreams can only fulfill upon this goal if they are resonant. Resonant dreams are best cast from resonant DNA. As the DNA is all of Sirian format that is harmonious with the Great Central Sun, then a more resonant dream can be cast that shall lead to an overall unity based dance of life as well as good health. Therefore the goal of creating harmonious and resonant DNA in all parts of the body is a good goal for each ascending map carver at this time.

Health dreams are often traded and one who might host resonant DNA may discover over time that they wind up with a dream for disease anyway. How and why did this come to be? This has to do with how the Anu propelled their dreams of disease upon not only their Anu slaves but also some of red nation inheritance. The dance of the Anu was explored heavily throughout the chapters of Workbook I. Now we now speak to another group of humans that are related to the Guru Archetype that also strip dreams for health and extend their lives not unlike the Anu or Pharaohs of Ancient Egypt.

## **THE FORMATION OF THE GURU ARCHETYPE**

The Grand Masters went into distortion following the visit of the High Priest and due to new creators that had in mind something other than sustaining their health and well being or allowing them to ascend. The Grand Masters decided to ascend some of red nation smaller headed peoples too in an attempt to understand their own predicament. They were guided to do so from within by the very creators that were vying to destroy them; and so they were misled into doing something that perhaps they would have been far better off not attempting.

The Grand Masters ascended sixteen red nation humans, eight of Tibetan Root Race and eight of Polynesian Root Race, with four each of God Goddess of the Sun and God Goddess of the Heart holographic blueprints. The ascensions inflated the unconscious of the red nation initiates leading to a second shattering of the Grand Masters and not from dolphin and whale consciousness. This time the ascending

red nations' peoples were used to shatter the remaining Grand Masters, and the six that did not die went further into the inner earth choosing to remain near the aurora and escaped death in so doing.

The red nations' holograms received much Grand Master holographic blueprint in the shattering of the sixteen who died. Those related to these two archetypes of God Goddess of Ascension and God Goddess of Love then went into a dance of holding more dream and power than any others in their tribe due to hosting Grand Master knowledge. Those of this nature rose to power but in great arrogance becoming gurus that reigned over large regions in the inner and surface of the Earth alike.

This is the pattern of the Guru that continues to rise to power to this day. The Guru tends to be arrogant as he or she has Grand Master knowledge without really having Grand Master archetype or hologram as their birth inheritance. Knowledge is holographic and genetic; if the genes or the body does not understand the knowledge contained in the hologram, then arrogance is the result where one thinks that one knows it all. Such is the nature of the Gurus of ancient and present time alike.

The Guru pattern is similar to the Pharaohs but different as the Pharaohs were the result of the blending of Pleiadian and Grand Master holograms in the incubation of children from the sperm and eggs of two larger headed humans with Innana and Zeus. The mixing of genetic blueprints in this manner on the part of Merduk caused each associated hologram to fracture and intermix. As any human inherited the splintered hologram that was part Innana and God Goddess of Ancestral Knowledge or Zeus and God Goddess of the Human Species, they too would rise to power becoming the Pharaoh and behave much like the Anu in their life extension predisposition. (See Chapter 3 of Workbook I for more information on the Pharaohs).

Many spiritual leaders today host the Guru Archetype. Those of Grand Master archetype may lose information to the Gurus that they follow just as one's ancestors also lost information to the red nations' initiates and their archetypes at the time that they attempted to ascend. Mila and Oa being one of God Goddess of Solar Ascension and one of God Goddess of Ascension archetypes have been shattered many a time through those of God Goddess of Love or God Goddess of the Sun archetypes within their own school due to karma that was unknown at the time and acted out amongst them. Over time the karma has come to be better understood and resolved through forgiveness on Mila and Oa's part along with the school.

The Gurus like the Pharaohs rise to power in a particular configuration of truth confiscated from those of Grand Master archetype and then are perceived as all knowing by their followers. The Guru pattern confiscates dream that should be appropriated by the Grand Master archetype for the existence of all humans worldwide. In the large accrual of dream, Gurus often become excessively wealthy in present time not unlike those of Pharaoh or Anu archetypal nature. The Guru archetype however rarely desires to war; and so they are not involved in anything

other than spiritual pursuits. Those of Pharaoh along with Anu nature in present time will illicit wars as this is their nature as well as karmic history.

The Guru archetype is also often subject to extreme arrogance rather than love and humility in the dance of life. Why is this so? If one acquires knowledge but does not understand the information that has been acquired, it also can lead to arrogance and the belief that one knows it all. The reality is that one knows what one knows; and one will never know as much as the Tao who is the creator of all. Therefore no one knows it all and there is something always to learn in the dance of life. The pattern of the Guru will cease as the holographic planes are restored to their original casting at the time of the arrival of the Grand Masters. This is rapidly coming and in time there will not be those rising to extreme power founded upon spiritual pursuits.

## THE HUMAN HISTORY OF SIGNIFICANT GURUS

We have written extensively of the history of humanity from the perspective of the Anu, Red Nations' Peoples and Pharaohs of Ancient Egypt in Chapter 1 and 3 of Workbook 1. All the spiritual lessons from these circumstances were explored in the worksheet following this chapter. Now in parallel vein we explore the history of the Gurus that have influenced human experiences to this day. Much of this information on the lives of key Gurus has been gathered in just this past year due to the ascension of the land upon which the ancient ones once lived. There are six significant gurus that influence human karma to be explored as Guru archetypes.

### 1. MOHAMMAD

*Archetype of God Goddess of Solar Ascension and God Goddess of the Sun*

There was a famous guru known as Mohammad that lived upon the grids related to the land now known as Australia. This region was far away from the Anu and did not fall into the disputes with their slave nation as a result. Mohammad was born 38,000 years ago (144,000 human years) and following the great floods.

Mohammad began his life as a warrior and held no guilt about chopping the head off another. He traveled to many regions that were engaging in warfare between red nation tribes. Warfare excited Mohammad. Red nations' tribes had fallen into disputes over territory and provisions as without the ice shields, weather patterns were inconsistent. Those that survived the floods and upon the continental shelves went into lack in many regions; and then tribes that had lived in such regions for thousands of years became deprived. Out of fear, they chose to war upon and conquer other tribes overtaking their land so that they could survive.

Mohammad had a deeply profound spiritual experience in which a false god known as Sananda presented himself to him as an energetic formation. Mohammad was so inspired by Sananda and agreed to allow this false god and false creator to embody his form. Sananda guided him to understand how warfare

and spirituality were related and this became the foundation of his teachings, to become the warrior for Sananda.

From the Tao's point of view, war and spirituality have little to do with one another. War is fission thought-form and spirituality about momentum towards peace and peaceful occupations as well as evolution into DNA that causes peace. Sananda being a false creator really does not understand such principals and therefore creates thought-form that is fission based and makes it appear as though it is filled with spiritual concepts. You will find this type of thought-form in most metaphysical material today and there will most always be a hidden language of fission buried underneath the language of peace. What does this cause? The hidden language of fission causes unconscious wars between those subscribing to the teachings. The unconscious wars allow false creators related to Sananda and other forces to battle it out for dominion over humanity. This is how the false gods run their battles through humans leading to disease.

Mohammad became very popular in his time period and caused masses of humans to gather any time he stepped out to teach. There were auditoriums in this time period that amplified the voice enough that thousands could gather and hear what Mohammad had to say. Sananda stepped through and spoke about love, unity, peace and other ascension based concepts; but behind the words was another language of fission based thought-form. The hidden language caused energetic formations to occur that were less than conducive to sincere peace. Many became ill and others got into disagreements with spouses, families or between families as a result of the unconscious wars between Sananda and other false gods vying to "own" humans or groups of humans.

Mohammad married a beautiful larger headed female that was of God Goddess of Solar Ascension archetype. Sananda stripped the wife through the union causing more information to be displaced upon the red nation hologram of God Goddess of the Sun. Mohammad became even more popular as a result due to greater dream that was stripped from humankind that those of larger headed ancestries were holding. The wife died in childbirth of their son. The son like the father was named Mohammad but did not rise to power in his lifetime as he too had been stripped by Sananda becoming sickly in his early 20's and dying of a brain tumor at age 36.

Mohammad extended his life well beyond where he should have lived dying at the ripe old age of 860. He took the long life to translate into a truth that he was "god" or a representative of the "god" that appeared in front of him long ago. Mohammad went into extreme arrogance about himself and his purpose. Following his wife's death, he married six others over time with each befalling parallel problems to wife number one and dying a relatively short time into the marriage. Mohammad not only extended his life off his deceased wives, but had eight children all told, and his fourth child and son did rise to power somewhat before Mohammad perished. The son however did not live long enough to take over Mohammad's position.

Mohammad founded a university of sorts under the guidance of Sananda. The university had those attending focus upon many things that would be considered red nation interest. There was focus upon meditation and prayer; there was focus upon chants and song; there was focus upon certain rituals. The ritual of sacrificing animals to take on the warfare of humankind became popular in this time period. This began to transfer human warfare karma upon the nature kingdoms who subsequently became carnivores when they had been vegetarian leading up to this time period.

As human warfare was transferred onto nature, humans went into a peaceful state together. Mohammad was believed to be the leader that led humanity to peace. He continued to be worshipped as a sort of god with the continuation of his university and animal sacrifice for 8000 years and until the nuclear annihilation of the Anu removed the recollection of his existence.

## 2. RAMA

### *Archetype of God Goddess of Ascension and God Goddess of the Sun*

Rama was born 30,000 Earth years ago (120,000 human years) and about 1000 human years preceding the nuclear annihilation of the Anu in the grids related to North America in present time. Rama was also a violent warrior that much like Mohammed experienced an apparition of false god Rama who also told him to put down his sword and become a leader instead. Rama agreed to embody false god Rama and took on his name as well. Rama also became a popular teacher and he taught other warriors to put down their swords and follow him to a new way of being. Rama and his former warriors founded a new type of religion under the guidance of false god Rama.

In this religion, the beliefs of equality and honor, truth and freedom were expounded upon. Other leaders were overthrown that were militant in nature and in their place leaders under the Rama movement took over. The new governance created peace and then set up a taxation system to gather funds to build palaces for their own elite. Rama had a compound built for him that was exquisite and reminiscent of a the Anu in nature, with many pools for bathing and fountains along with running streams; flowers and trees of all kinds imported from neighboring regions, and beautiful arched rooms not unlike Middle Eastern construction to this day. The interiors were filled with mosaics and elaborate stained glass along with wooden carvings that were quite stunning. The artisans donated their time in exchange for life inside the palace grounds.

Elaborate farming was developed in this time period with terraced fields and water was diverted from neighboring rivers for irrigation. The farming led to plentiful food source for all related to the Rama movement. People went from suffering into greater harmony in this time period. Alas what was unknown was that upon another continent and amongst others related to Innana and Merduk, a great catastrophe was brewing that would lead to the conclusion of their lovely creation.



Rama married four times bearing six children. Each of his wives continued to exist and he was guided by the false god Rama to take a second, third and fourth wife over time. Each of the wives learned to live in relative harmony with one another and rotated time with their spouse as he had it available to give them. Rama traveled throughout the regions that he deployed leadership unto, carrying on with meetings and teachings to support them related to false god Rama. More than not felt that Rama had improved conditions in their homelands and so they supported his governance.

Rama was guided by false god Rama to ascend. Rama withdrew from all other preoccupations and went inward to transform thought-form under false god Rama guidance. Rama like many inner earth larger headed humans that combust was of an extremely variant genealogy that hosted more Pleiadian and Arcturian DNA than Sirian DNA. At a particular time that the Anu were inflating their electrical geometrical patterns in an attempt to continue to regenerate, Rama rose into pyramidal flow and combust, but appearing to have launched an ascension in the midst of a large annual meeting of the leadership that followed him. All present thought he ascended; actually Rama's combustion added to the inflation of fission thought-form of Earth that then led to the nuclear annihilation of the Anu in less than 250 years to follow. False god Rama inflated himself up the dimensions into greater dominion in both the combustion of Rama and the nuclear annihilation of the Anu.

### 3. CONFUCIOUS

#### *Archetype of God Goddess of Solar Ascension and God Goddess of Love*

Confuscious was born in a region related to the grids known as China today around 28,000 years ago and 2,000 years following the nuclear winter of the Anu. Confuscious began his life in poverty and over time chose to become a monk of sorts in the local religion. Monks in this time period did not have a place to live; instead they would roam the streets exchanging teaching for food or shelter. Sananda also appeared to Confuscious one day while in meditation and he agreed to allow Sananda use over his field and form. Over time his teachings became very popular as this is often what occurs for Sananda channels. Mila understands this well as the popularity of her early teachings were all Sananda based.

Over time Confuscious ingratiated the wealthier in his community with his teachings and they chose to create a temple on his behalf. Many contributed to the funds and energy required to create this elaborate temple, that was designed not unlike Eastern shrines today, with beautiful tiled roofs and manicured grounds. The grounds were immaculately cared for with ponds and bonsai, and sand that could be pushed into various designs pleasing the gardener; or used as a form of meditation. Walking meditation became popular under Confuscious guidance and often groups of humans would follow him up the trails into the woods for the entire day; or for a week or more. The walking meditation was often in silence and each was guided inward to listen within. In the evenings they would gather around the fire and Confuscious would teach with story telling as a modality of sharing.



Confucious never married as he believed firmly in abstinence preaching that sexuality took humans away from the inward spiritual focus. He gathered male and female monks that moved into his shrine and also abstained; and the grounds expanded to accommodate those who chose to become his personal following. The shrine had weekly rituals, meditation, toning and chanting, as well as teachings of Confucious. Those receiving his teaching were deployed to other shrines built in his honor in other regions as a sort of minister of Confucious. Generally those holding the position of minister of his other temples had the same archetypal guru nature as Confucious. Each deployed of this nature also channeled Sananda and so the teachings often resembled one another.

Confucious grew a long beard that was never trimmed and hair that was never cut. He was told by Sananda that hair held consciousness and that the longer the hair grew the more consciousness of Sananda the "god" he had embodied. His beard and hair touched the floor towards the end of his life. He also had elaborate silk robes with beautiful designs of nature woven into the fabric that he wore and those following him were impressed by.

Confucious stripped the consciousness and information of those of Grand Master inheritance that came to study with him and many became ill and died; he extended his life 900 years as a result. Confucious' seeming immortality at a time that most humans rarely lived beyond 150 years made him a real "god" in the region that he lived. His memory carries on in Chinese myths as a result today.

#### 4. ALLAH

##### *Archetype of God Goddess of Ascension and God Goddess of Love*

Allah was born 25,000 years ago as a sheep herder that migrated with his flocks all over what are now the grids of Turkey, Greece and Spain. Allah also had a vision of Sananda while out in one of his pastures. He thought he had drunk too much of a local cocktail made of the roots of a special plant of the time. So he ignored the vision. This made Sananda angry and so Sananda appeared in front of him a little later even larger than before. Again Allah thought he had really had way too much to drink the night before, and disregarded whatever was said. The next time Sananda appeared as large as a mountain and now Allah paid attention. He listened and was told that he was to stop herding animals and start herding humans willing to listen to what his "god" Sananda had to say. Allah bowed to his knees in absolute subordination and false god Sananda embodied him.

Allah was guided into a small village where he sold his sheep for a small profit. Under the guidance of Sananda, he then purchased a horse for transportation. He rode into the neighboring village and was advised to enter the temple and free all the sheep and goats restrained for sacrifice. He took the stand that sacrifice was wrong and led to the bloodshed of humans and had to be stopped. This gained enough attention that people would turn out for his sermons.

The numbers listening to Allah grew, and one day a wealthy resident of this village showed up for some personal guidance due to disturbances within his family. Allah and Sananda guided him to donate all his fortune to their cause and leave the family behind. The family was angry but felt powerless to do anything about it, and resorted to begging on the streets thereafter as all the money went into building Allah's temples.

Allah's temples grew to be 500 in number across a region of over 1000 miles today. He would travel year round visiting as many temples as he could, preaching to others, and assigning those who studied with him heartily to the role of managing each regional temple. The temples believed in vegetarianism and each that committed to the path of Allah could not eat flesh. Flesh had become popular following the nuclear winter of the Anu; and so those in this region returned to vegetarianism due to Allah's (Sananda's) teaching. Animal sacrifice was also outlawed in this time period.

A lovely form of bartering and trading came to be during this era and there were ample supplies from other regions that were prolific in the creation of food, herbs, teas and other necessities for such things as basket weaving or other crafts. Those living in the remoter regions would harvest the resources and bring them to the cities of Allah and sell them; and then take the money for a holiday where they were waited upon after a long season's work spent to harvest the resources.

Allah attracted many types of students some of which became his personal lovers. Allah was gay and preferred sex with males. This was hidden as he preached a dream of the good marriage with many children and many wives to sustain those who were wealthier in their needs and their sexual hunger. Allah believed in sexuality although he preferred men to women. He claimed that he was the lover of his god Sananda and did not require a wife, and this was believed although many a beautiful female was presented to him over time. Beautiful men also abounded in his temples and they were seduced, but never did share of their truth with the public, and even if they had they may not have been believed.

Allah attracted and seduced many a Grand Master ancestor and stripped them of information to extend his life. Many of his lovers became ill and he nurtured them until death feeling somehow responsible, but not bringing to consciousness why. Allah lived to a ripe old age of 495 and died on the day he was born. The region mourned Allah and inflated his presence even greater following his death, creating stories of his life that were really not so; but that they loved to believe and share.

## 5. THOTH

### *Archetype of God Goddess of Solar Ascension and God Goddess of the Sun*

Thoth was born in the grids of the land known as Europe today. Thoth was a beautiful male that was very lazy. His family was wealthy and he was waited upon hand and foot as he was the next "heir" to the family fortune. Thoth traveled to other regions that his family owned property and had many a lover. Some of his lovers were married women who were lonely; some were young women in waiting; some were single and desired his hand in marriage; but he would not give it to any of them, although they may have had a good time and great sex together.

One day Thoth was walking out in the country side. The day was beautiful and he had a vision of a grand golden being that called himself Thoth that appeared before him. Thoth told him to take on his name and at this point he did, although the family never understood, and would always call him by his birth name, Romaly. Thoth left the land of his birth and took a long boat ride to another continent now related to Egypt. Upon this continent he was greeted by others who were wealthy. Thoth began to preach another way of being unto them and they took heed. Soon those believing in Thoth chose to create temples in his honor.

The temples were quite beautiful with gardens, fountains, small lakes and trees and small thatched dwellings to sleep, cook or visit within. Thoth began an ascension group over time that gathered for this purpose. Initiates were all male and they focused upon that which false god Thoth guided them to focus upon. The unconscious of the group arose into great power and energetically slaughtered all other spiritual groups until most other leaders of the land and of other false gods perished. Thoth the false god won dominion over human spirituality in Egypt and Europe in this time period

Thoth married eight women and had sixteen children. Sexuality was often on his mind and having a variety of women kept him quite happy. False god Thoth knew that if he did not marry them all that his following would be unhappy, and so the idea of multiple wives took hold and the wealthier following married many women as a result, and bore many more children too. This created a sort of harem style life for the wealthiest who would entertain others with all of their wives' gifts and talents. Often wives were loaned to special guests for sex. Children born of this were given to the visitor for adaption upon birth to expand their family. Sex and procreation was the main focus of Thoth's era.

Thoth also gathered to himself those of Grand Master knowledge and stripped them; however they were rarely wives or children but those who believed in his teachings and lived in his temples. Those of this nature became ill and died with others in the temples nursing them to the end. Thoth extended his life 380 years and into seeming immortality. His songs and dances and rituals of love spread to regions that did not have a Thoth temple, and he was loved for over 800 years beyond his death due to how the love that was felt by others. However the feeling of love Thoth expressed was really only a pattern of group seduction as he was actually a very lonely and sad man who spent his time drinking and having sex so

that he did not feel so bad. Thoth the false god created false love that everyone attune unto in a group seduction and this empowered Thoth as a teacher in the physical in his time period.

## 6. QUETZLCOATL

### *Archetype of God Goddess of Solar Ascension and God Goddess of Love*

Quetzlcoatl was born in the grids related to South America 22,000 years ago. Quetzlcoatl was born to a wealthy land baron of the time that was most interested in his son's education not only in a learned sense but a spiritual sense as well. He was sent off with many learned people along with religious monks for months on end. Quetzlcoatl would return and share with his father what he had learned; his father had spent so much time earning the vast family fortune that he had not the time for the things he would really enjoy including spiritual pondering.

Quetzlcoatl became a monk of sorts before the age of twenty and went off for five years spending time with spiritual groups and visiting many lands of variant cultures and learned many spiritual practices. After his journeys he returned home only to discover his father was dying. Quetzlcoatl felt bad and tried to save his father; but he could not even though he elicited the support of all the spiritual people he had come to know in his childhood studies. His father begged that he let him go as he was done with this life; and so Quetzlcoatl did and his father died peacefully in his sleep that night.

Quetzlcoatl inherited the family fortune but felt that it was not gathered inside spiritual law; and so he sought to give most of it away to those who were hungry or in need. His one and only sister had married into a wealthy family herself and was not in need. And so he left with his fortune on countless mules and visited 900 other cities over time. Quetzlcoatl not only shared of his wealth but preached a particular vision of truth that was over lighted by Sananda. Those that were wealthy themselves came out and invested their funds into Quetzlcoatl who donated it all away unto those who were poorer or less fortunate than themselves.

Quetzlcoatl would often visit regions that were war torn or experiencing plagues and disease run rampant and would enter the hospitals hosting their victims. He felt that his love would make a difference and sometimes it did and sometimes not. There was great bitterness amongst those perishing of wounds upon the battlefield and Quetzlcoatl did not really understand their experience and could not really help as a result. For those who could forgive, Quetzlcoatl appeared to be able to help and they could die more easily in their sleep.

Over time Quetzlcoatl settled in a particular region near Chile today and was embraced as a returning god. The locals opened their homes and threw parties in his appearance. Quetzlcoatl himself did not believe he was a reappearance of this god but accepted their adoration. Temples were built and he was worshipped for a time. Quetzlcoatl was not sexual and was not interested in the local women who presented themselves unto him. Over time he got bored with the role and left returning to his home region but without fortune. The region he left continued to

worship him and did not know where he had gone, and assumed he had gone “home to the gods” and this is why he had disappeared again. In his home region Quetzlcoatl was remembered and embraced for his teachings and he died at the age of 225.

## ANALYSIS OF THE GURUS

Each of the Gurus were embodied and overseen by a particular false god that desired dominion over other false gods. In causing the Guru to rise to power, the false god could control and manipulate along with strip the dream and information of more humans. The dreams stripped from others were pressed into the Guru’s life that rose to great fame as a result, and those giving of their dream fell into less dream as a result. A large portion of the dreams stripped were also kept by the false gods to weave their nonphysical planes. The end result was less dream over time for the whole and overall.

Earth estimates that she has lost 95% of her dream over time to the nonphysical forces that work through the Gurus, Anu, and Pharaoh Archetypes. Such false god and creator forces are not benevolent nor are they working to sustain Earth; nor are they really working to sustain humans in the long haul. They are a self centered consciousness that is so infinitely small and knows so little that they would destroy the whole for their own self gain. Over time Mila and Oa ceased to work with any of the false creators and gods as they really did not support and sustain real biological ascension.

Mila came into contact with another force within herself that she calls the Tao within. This force will sustain and support ascension as it is from a consciousness which all has come to exist from and must return home unto. The Tao does desire to understand and weave a dream for homecoming; as it is only as this occurs that other problems in the Tao that are caused by this experience can also be rectified. Therefore Mila has discovered along with Terra the best support arises from the Tao within for her continued choice to ascend.

Finding the Tao within requires opening the heart and creating holographic communication within. The hologram that is of the human form also has a Tao based hologram that is related. It is through the holographic connection within that one will also discover the Tao within as it is all related holographically speaking. The false gods will not communicate from within as they are not of the holographic tapestry associated with humanity, Earth, nature or the Tao. Those of Grand Master inheritance appear to have the capacity to access the Tao within when many others of other holographic natures may not find such a connection at this time. This is due to the truth that their hologram is from another creation; or is so paired down that it has lost the connection to the Tao.

We invite each not to judge the nature of others. In understanding the original cause and why one or another is so, and why one or others act and behave as they do due to their archetypal nature, one can forgive; and in the forgiveness one can learn and master unconditional acceptance. It is only as we learn to accept one



another as we are that there is the possibility of peace and compassion in action to be born. This is the path of the Bodhisattva; to master forgiveness, to open the heart and love and allow compassion to become the beacon of one's existence and for all others to perceive and experience.

It shall be as compassion becomes global thought-form that humans will begin to collectively act more compassionately towards one another and towards the differences between cultures and cultural dreams. As humans begin to act compassionately towards differences in cultures, then negotiation can begin to settle disputes and wars can begin to cease to be necessary in the new dream ahead.

## **RESTRAINTS IN ASCENSION AND ARCHETYPAL NATURE**

It has been in the examination of each archetypal nature in ascension that the Earth Mother and Tao have chosen particular restraints that best support the ascent of the whole. Those of Anu descent tend to rise into extreme power and are limited to 1800 strands at this time as a result. If for not for this restraint, the Anu descendents would retain their power in the coming cycle and the possibility of a mass awakening of the human species would be lost.

Those of Red Nation archetypes tend to ascend into greater attachment beyond a threshold of about 3000 strands of DNA in present time. This is also so for those of Guru and Pharaoh Archetypes. Therefore those of this nature are restrained at this level at this time. Why is this so? The red nation holograms were seeded on the part of Sirian scientists and were duplicates of holograms from the Sirian holographic planes and not original blueprints. Duplicates tend to be thread bare and it is due to the gaps in the holographic knowledge that humans ascending of this nature tend to unite with one another in the unconscious rather than ascend more greatly towards non-attachment. The increasing attachment would lead to disease amongst those of red nation nature otherwise if not held at a vibration that best served their ascent.

In the attempted ascensions as directed by the Earth Mother through SSOA, only those with direct Grand Master holographic nature and lineage appear to be capable of ascension into greater non-attachment beyond 3000 strands. It is the non-attachment that retains the health of the physical vessel the higher the vibration of the genetics evolves. The higher the vibration, the more quickly the field and molecules spin, and the more greatly small levels of dissonance become exaggerated within the field and form. If those who retained great attachment ascended up into higher vibrations, the dissonance of the attachment itself would cause disease in one or more parts of the body leading to death rather than further ascension.

Allowing ascension to lead to death rather than fulfillment of dream does not serve. Ascension has led to death in many time periods in lieu of a restoration of another level of thought-form that was held at an earlier time in history. Ascending into death only translates into inflation of death based thought-form

yet again, which leads to another cycle of greater destruction than the one preceding it. It is for this reason that Terra places restrictions upon ascension as she does, as it does not serve to allow ascension to lead to another time of destruction ahead.

Those of Grand Master nature can begin to understand why many others around you may not ascend as far as you, and why perhaps they do not understand the information presented in this workbook quite the way you may. Those of Grand Master descent will feel the truth of the information presented in their cells. The cellular recognition is one of simply "Oh, I know that". This information is designed to awaken your own cellular and holographic knowing. The purpose of this knowing is to ascend into another thought-form that is more greatly unity based, through which unity based thought-form may be inflated to become the main global thought-form available for Terra's dreams.

As the main global thought-form is unity based, only unity based dreams will be woven for humankind and nature alike. As unity based dreams are woven and then catch, a new day of great awakening and world peace ahead will be born. There is no other way to this goal than the map carvers fulfilling upon their goal of ascending into harmonious DNA and in so being, restoring unity within and without.

## SUMMARY

We hope you enjoyed the information presented in the last chapter of this workbook, Mastering Integrity Within. We will go on to explore the spiritual lessons of the Grand Masters and gurus in the last worksheet. We will continue to write articles for the web site that will support those studying these materials.

We also hope that you will join us at a Masters Conclave event sometime ahead. Our events are created to support those map carving and following alike and provides healing from the Heart of the Tao that shall support your mastery ahead. Terra will hold a dream for your attendance and for safe journeys to and from and a magical time together; and will help weave dreams for financing the journey too. Just request and intend this so and so it will come to be.

Mila and Oa hope that many more studying these materials come and meet them and those forging the path within the school. It is only as the school widens that the possibility of co-creating ascending community can also be born. And so we hope you will join us ahead!

Many Blessings  
The Earth Mother  
The Tao  
Mila and Oa



*Lion and Cubs by Anne Collins*

# CHAPTER 7 WORKSHEET

*Forgiving the Spiritual Lessons of our Grand Master Ancestors*  
The Earth Mother through Karen Danrich "Mila" and Thomas Weber "Oa"

March 20, 2007

Dear Beloved,

This worksheet is focused upon addressing those issues related to the Grand Master ancestors with the large craniums that came to Earth 50,000 years ago (200,000 years as humans measure time) and set in motion a series of patterns that have been problematic unto Terra along with humanity alike throughout time. As the lessons of those of this nature are understood and forgiven, the pattern of false ascension and incomplete ascension will also be forgiven, and then the path of real complete ascension "home" to the Tao can open up to all humans as their future destiny upon Earth.

Before this can come to be so, the map carvers who are working with this information must carve a complete map without schisms or gaps in the DNA, and to a destination that creates peace within and without. Therefore this information is also devoted to the path of the peacemaker as map carver who will find unity and integrity within and then create unity and integrity based relationships outside of self in the dance of life as a result of your ascension. Unity and integrity as it has been expressed in the past can be brought forward into the NOW and experienced. However we now understand that the Grand Master dance of unity and integrity was very short lived in their time upon Earth; and the sour nature of the dance of disunity that followed set in motion a dream in which disunity and non-integrity has recurred again and again throughout history.

Throughout human history there have been sweet times of balance, unity and joy followed by very sour times of disunity, struggle, lack, and often warfare, in particular as the cycles of the Anu have rolled around creating conflict to an extreme. As the dance of swinging between the polarity of sweet and sour dreams is forgiven, then sweeter dreams can be woven overall in the continued dance of life. Sweeter dreams appear sweeter only against the tapestry of what sour dreams make manifest. In the new languages anchored related to the Language of ONE and Language of the Tao that is now entering Terra's core, there is no sweet or sour music; there is only the constant dream and music of truth to be expressed as a result of one's thought-form. Over time and as ascending humans embody the music of the Tao, a constant and harmonious dream will be called into the dance of life.

Dream swapping has occurred in many time periods. Ultimately the dreams of the Grand Masters that were sweet were swapped out on the part of the Sirian Spiritual Elite and the forces behind them for very sour dreams leading to the demise of Terra through their energy flow, and then the demise of themselves as well. The dance of sour dreams leading to death rather than ascension, harmony, peace, unity and joy can be put behind the ascending map carvers. This is really the purpose of this particular section of this workbook. In the manifestation of sweeter dreams, the map carvers will find their way to fulfillment and joy; and as this occurs, a very sad tale can also be put behind in the human dream. For as ascending map carvers anchor global thought-form for fulfillment, peace and joy, then all other humans will also find their way to the same destination. We can call this destination "home"; and a dance of unity amongst humans "heaven upon Earth". This too becomes possible as the greater karma for why humans swing from period of joy into periods of grief is put behind all of us. This is our goal. Perhaps you will make it your goal and then you too will find your way to a sweeter time ahead.

Namaste  
The Earth Mother



# SPIRITUAL LESSONS OF THE GRAND MASTER EXPERIENCE

SHAPE SHIFTING AS A MEANS TO UNDERSTANDING OTHER KINGDOMS	
LESSON	INTENTIONS
<p><b>1. I can rearrange my molecules appearing as another kingdom to understand the kingdom in full and in all of their expressions and energy flow upon Earth.</b></p> <p>The Grand Masters came to Earth and shape shifted into every structure of each kingdom that surrounded them within the beautiful caverns of Terra that they lived within. The Grand Masters were of Sirian holographic archetypal nature and not a part of Terra's holographic planes. And so they gathered data via the shape shifting and added it to their own holograms. Alas this was not a complete set of information that would have been available if they had participated in the holographic planes of Earth.</p> <p>The lack of information was non problematic as long as the Grand Masters did not attempt to manage the energy of Earth. In the beginning and in the first 300 years, the Grand Masters only spun their energy in the crown region and mimicked the flow from the information gathered in their shape shifting. This resonated with Terra and caused a rise in temperatures of the times.</p> <p>Following the visit of the High Priests of Sirius, the nonphysical behind the Grand Masters changed and these forces began to expand their mastered rotation to be global in size in an attempt to override Earth as a consensus. It was in this that the Grand Masters went out of sync with Earth and a war broke out between fully conscious species that were compromised in the flow anchored.</p>	<p><i>I intend to forgive my grand master ancestors for coming to Earth as a pawn to press Terra into extinction.</i></p> <p><i>I intend to forgive my grand master ancestors for shape shifting into each kingdom and believing that they then understood everything upon Earth.</i></p> <p><i>I intend to forgive my grand master ancestors for failing to communicate with Earth in a language that she and other kingdoms understood.</i></p> <p><i>I intend to forgive Earth for failing to learn the Grand Master language and building a bridge through which conscious communication could flow forth.</i></p> <p><i>I intend to forgive my Grand Master ancestors for allowing themselves to be manipulated through the High Priests of Sirius into a vastly dark dream and under the control of dark false creators.</i></p> <p><i>I intend to forgive my Grand Master ancestors for allowing their fields to be used by the false creators.</i></p> <p><i>I intend to forgive my Grand Master ancestors for believing that the false creators that embodied them knew more than themselves.</i></p>

## MANAGING THE DREAM OF OTHERS OR TERRA

LESSON	INTENTIONS
<p><b>2. It is the job of the human species to manage the energy flow and dreams of the consensus that they reside upon.</b></p> <p>The Grand Masters came to Earth with a great deal of arrogance about the import of larger headed humans to the consensus upon which they reside. The Grand Masters believed that Terra could not possibly ascend without human guidance, and so came to Earth not only to manage the human dream seeded upon Earth 25,000 years earlier, but also to manage the dream for Terra.</p> <p>The Grand Masters believed that they had the right as a human to manage the energy flow of Earth. They began in the crown region and expanded the energy flow without agreement and without understanding as to what they were doing as far as Earth was concerned. The net result was that they intertwined themselves in a manner that Earth could not control or prevent and later were used by other forces to set in motion a downward cycle leading to fall after fall in consciousness.</p> <p>We are redefining human purpose in the current movement of ascension. Human purpose is to ascend, and humans sometimes do help redirect the energy flow of the land near where one resides. However it is not human purpose to direct the global energy flow as Terra manages this as it is needed and from a vantage point that only she can perceive. Mila and Oa do not manage global flow as a result; although they do aid the land where they live in releasing density; and sometimes work with Earth pointing out regional or global patterns so that she too may transcend. Human purpose is to be a steward of Earth along with all other kingdoms. Human purpose is to ascend with Earth and support the global ascension of the whole. This is the lesson of this experience.</p>	<p><i>I intend to forgive my Grand Master ancestors for their arrogance and predisposition to attempt to manage the regional and global energy movements upon Earth.</i></p> <p><i>I intend to forgive my Grand Master ancestors for allowing themselves to be used by an outside force to manipulate Terra into extinction patterns.</i></p> <p><i>I intend to become a conscious steward of Earth working with her towards global ascension.</i></p> <p><i>I intend to help the land where I reside to learn new patterns that cause ascension.</i></p> <p><i>I intend to not blend my energy with the land but instead run my ascending energy in collaboration but in a separate dream so that the land's dream and my dream create a greater upward momentum of vibration than either of us alone.</i></p> <p><i>I intend to report patterns perceived that are global in nature unto Terra's attention so that they can be released in my region or those regions that I travel.</i></p> <p><i>I intend to work closely with the other nature kingdoms living upon the land that I reside so that they may ascend, and we may work together in unity towards the common goal of global ascension.</i></p> <p><i>I forgive my Grand Master ancestors for perceiving themselves as greater than Terra or nature.</i></p>

## VARIET HOLOGRAMS AND LANGUAGES

LESSON	INTENTIONS
<p><b>3. I can operate from a foreign hologram upon Earth without understanding the associated language of the consensus and exist within creational law.</b></p> <p>The Grand Masters were outside creational law in entering a creation without sharing in the holographic planes or speaking the language of the consensus. As a result the Grand Masters anchored a cycle of lawlessness when all was in the law up until this point within Terra. The lawlessness then rolled over the Grand Masters leading to their demise, as this is what lawlessness is; it allows for destruction.</p> <p>Although the Sirian Elite flipped the polarity of the Grand Masters into a destructive cycle, their own lawlessness in relation to their relationship unto Terra set them up to be manipulated. The Sirian Elite only pressed the Grand Masters into the lawlessness that they had gone into with Terra, and then the dolphins, whales and Terra herself chose to be lawless with the Grand Masters intending their extinction and sending shattering blows towards their fields. The Grand Masters were not victims; they were in lawlessness from the manner in which they did not belong within the consensus. If they had requested a presence and offered to contribute in a language Terra could understand, then they could have upheld the law and perhaps the Sirian Elite could not have manipulated them into their own demise.</p> <p>Ascending map carvers today are learning to hold the law in conjunction with all kingdoms upon Earth. Ascending map carvers have created a place upon Terra and within her holographic planes; and are learning to speak a language that resonates with the whole known as the Language of Light and Language of ONE.</p>	<p><i>I intend to forgive my Grand Master ancestors for coming to Earth with a foreign hologram and language.</i></p> <p><i>I intend to forgive my Grand Master ancestors for failing to learn the language of Earth.</i></p> <p><i>I intend to forgive my Grand Master ancestors for existing upon Earth outside of creational law due to failing to participate in the consensus with all other kingdoms.</i></p> <p><i>I intend to forgive my Grand Master ancestors for failing to make agreements with Earth or communicating with her the Grand Master intensions.</i></p> <p><i>I intend to forgive the Sirian Elite for pressing my Grand Master ancestors into their own lawlessness.</i></p> <p><i>I intend to forgive the lawless forces that worked through my Grand Master ancestors that set up Earth in an extinction cycle.</i></p> <p><i>I intend to make agreements now to participate in the consensus known as Earth and through the human holographic planes.</i></p> <p><i>I intend to make agreements now to hold and work within creational law in collaboration with Earth and nature.</i></p> <p><i>I intend to make agreements now to only speak the language of the consensus so that all kingdoms and Earth may understand one another.</i></p>

## THE WAR BETWEEN FULLY CONSCIOUS SPECIES

LESSON	INTENTIONS
<p><b>4. I can exist within creational law and host a dream for war amongst fully conscious species upon Earth.</b></p> <p>The forces that came to use the Grand Masters known as false creators anchored a dream for war between fully conscious species pitting them against one another. They also anchored a dream for war in the consensus which pitted Terra against the Grand Masters. Had the Grand Masters perceived the full dance that these forces were behind, they may have cast them out and found other forces more benevolent to dance with. However they could not perceive all that was anchored in their dreams until it was too late and the deadly blows flowed through from the dolphins and whales killing many of their group.</p> <p>The Grand Masters tried to understand but could not as they blindly trusted the nonphysical and were conned into believing they were victims and not at cause. What was it that had occurred? Their own Sirian unconscious and the unconscious of all of Sirius had been rolled over them; and now they were falling into the opposite of the love and light known upon Sirius. Alas the unconscious was such foreign territory that they could not navigate into anything but into greater destruction, and in so doing, anchoring destruction upon Earth.</p> <p>At this time of ascension, humans are forgiving their historical past and learning the lessons that your inheritance failed to understand. Human map carvers are learning to navigate through the difficult unconscious and remove non-benevolent forces from Earth so that all may ascend. Sometimes it is a difficult dance for the map carvers and they feel punished or like a victim; however just like your Grand Master ancestors, you are not a victim. It is through forgiveness that all that has occurred that is destructive shall self heal.</p>	<p><i>I intend to forgive my Grand Master ancestors for anchoring a dream for warfare between fully conscious species without awareness.</i></p> <p><i>I forgive my Grand Master ancestors for not perceiving enough to cast out the false creator forces that desired the demise of the Grand Masters and Earth.</i></p> <p><i>I intend to forgive the dolphin and whale kingdom to attuning to the dream for warfare and acting it out in the death of my ancestors.</i></p> <p><i>I intend to forgive the Earth for acting upon the dream for warfare and intending to cause my Grand Master ancestors to go extinct.</i></p> <p><i>I forgive my Grand Master ancestors for not being able to hear the dolphin and whale communications about the problems that their energy flow was causing so that they could have taken action to rectify the circumstance and bring themselves inside creational law.</i></p> <p><i>I forgive my Grand Master ancestors for not being able to communicate with Terra so that their energy flow would align with her global flow.</i></p> <p><i>I intend to anchor only dreams of unity and peace upon Earth and with other fully conscious species.</i></p> <p><i>I intend to cease to allow forces to use my field to create harm or anchor dreams that do not support the ascension of myself, other kingdoms or the whole of Earth.</i></p>



DANCE OF THE FALSE CREATORS	
LESSON	INTENTIONS
<p><b>5. I should blindly trust the nonphysical. I can allow my field to be used by any force that so wishes and will not accrue karma for myself.</b></p> <p>The Grand Masters allowed their fields to be used by vast forces that had another agenda than the Grand Masters came to Earth to fulfill upon. These forces have used humans upon many dimensions of life to enforce extinction in one place so that another can extend its life or ascend. The Grand Masters came to Earth with absolute blind faith in the creators that ran their field and did not pay attention, nor did they ever think that there might be forces that desired to destroy in the opposite of what the Grand Masters had known. And so they blindly trusted the new forces that took over after the Sirian Spiritual elite's visit. Blind trust is a pattern that many ascending map carvers have fallen into. In the dance of ascension, no nonphysical force is to be trusted; each force must prove its support and that it will sustain ascension or be removed. Many forces working through Earth have often been detrimental to the map carvers' experience of ascension. It is the lawless dance that causes forces of this nature to come to Earth as they have a place to exist within a lawless dream. The Grand Masters anchored a lawless dance that then attracted a lawless bunch of false creators to dance in the human dream and upon Earth. Lawlessness is a particular vibration of anti-creational thought form that destroys rather than sustains existence.</p> <p>At this time ascending map carvers are learning to cease to blindly trust and test each nonphysical force that they work with casting out what does not resonate. Ascending map carvers are also learning to hold algorithms and vibrations that sustain and support creational law. In so being, ascending humans are learning to support global ascension.</p>	<p><i>I forgive my Grand Master ancestors for blindly trusting the nonphysical that ensouled them.</i></p> <p><i>I forgive my Grand Master ancestors for not perceiving how the nonphysical was using them to create greater lawlessness upon Earth.</i></p> <p><i>I forgive my Grand Master ancestors for expanding the dream of lawlessness and propelling Earth into extinction in so doing.</i></p> <p><i>I forgive my Grand Master ancestors for not perceiving enough of the unconscious to navigate in a manner that was conducive of the whole.</i></p> <p><i>I intend to anchor true spiritual law.</i></p> <p><i>I intend to cease to work with forces that flow in lawlessness.</i></p> <p><i>I intend to remove all forces that are lawless from my field.</i></p> <p><i>I intend to cease to blindly trust my guidance.</i></p> <p><i>I intend to lift all veils and look again at what the nonphysical is doing in my field and remove those that are non resonant with my choice to sustain true spiritual law or ascend.</i></p> <p><i>I intend to master the algorithms that hold true spiritual law and anchor them into the land around where I live.</i></p>



## ASCENDING THE RED NATION PEOPLES

LESSON	INTENTIONS
<p><b>6. It is acceptable to ascend another race of humans without the agreement of the Earth Mother or the consensus upon which I reside.</b></p> <p>The Grand Masters chose to ascend a limited number of red nations' humans to attempt to understand the distortion that they had gone into, and due to the advice of the false creators. The ascensions occurred outside of the law as there was no agreement with Earth to allow ascension to come forth. The ascensions of this limited group inflated the unconscious in the human dream allowing more lawless forces to enter the dance. The lawlessness caused forces to shatter and strip the Grand Masters and transfer holographic information from them into the red nations' peoples, dolphins and whales, and into the false creators. The net result was that vast knowledge flowed to lawless forces that then could be used against humanity, against Earth and ultimately to drive Terra to extinction.</p> <p>Today the holographic planes are under repair as the karma from this time period is forgiven. The forces behind the dance of manipulation and lawlessness are leaving Earth. This is due to humans who have ascended and forgiven their own ancestral experience and then repaired the holographic planes of the damage of the past. Map carvers today are learning to ascend only as far as there is agreement for with Terra and are restoring true spiritual law to the dance of ascension. Everything is in agreement within this consensus and as long as all flows in agreement, then the law holds as well as harmlessness; and forces that are lawless have no place to dance. Ascending humans are learning to operate in the boundaries of agreement also with the Tao. Tao based law is also beginning to be anchored at this time and will lead to a new day of harmlessness ahead.</p>	<p><i>I forgive my Grand Master ancestors for going into deeper and deeper distortion due to the false creators guiding them and manipulating their fields and truth.</i></p> <p><i>I forgive my Grand Master ancestors for listening to the false creators and choosing to ascend a limited number of red nation peoples without agreement of the consensus.</i></p> <p><i>I forgive my Grand Master ancestors for allowing the unconscious to become inflated in the ascension of the few red nations' peoples leading to greater lawlessness for the whole.</i></p> <p><i>I forgive my Grand Master ancestors for allowing other destructive forces to be anchored upon Earth in the inflation of the human unconscious that have driven Terra towards extinction.</i></p> <p><i>I intend to only ascend myself and only to the level that there is agreement for this lifetime and into the lifetimes of my future inheritance.</i></p> <p><i>I intend to ascend only with the help of forces that will mind the law and sustain agreements of the law upon Terra.</i></p> <p><i>I intend to uphold true spiritual law and the law of the Tao in the dance of ascension and support the upholding of the law upon Earth.</i></p> <p><i>I intend that my future ancestors uphold the law of the Tao in ascension and upon Earth.</i></p>

## DREAM BARTERING WITH THE FALSE CREATORS

LESSON	INTENTIONS
<p><b>7. It is acceptable to allow the false creators to cast or trade dark dreams for my life experience and Earth's global experience.</b></p> <p>The false creators and false gods have run the dreams of the human species since exiting the Great Central Sun dream a very long time ago. The false creators of the light are supportive and nurturing in nature aiding creations in sustaining their vibration and humans in sustaining their dreams for health. The Grand Masters arrived upon Earth with false creators of the light, and Terra in this time period also hosted false creators of parallel nature. Something occurred as the Sirian Spiritual Elite visited the Grand Masters that turned everything upside down and inside out. Suddenly the false creators of the light that the Grand Masters knew departed; and that which took charge of their fields anchored dark dreams. All began to become ill and their energies were used to shatter and remove the other false creators of the light in the dolphin whale kingdom and upon Earth. The new dark creators took over and guided Terra to intend extinction of the Grand Masters and guided the dolphins and whales to shatter them to death. The false dark creators have directed the dreams of Earth into downward destructive dreams unendingly.</p> <p>At this time dark creators are being removed and uncast from the dream of Earth. The dark dreams are also being removed that they anchored over time. Earth is casting new creators of her own to replace the dark false creators that better support and sustain her ascending field as well as guide ascending humans in a direction supportive of personal ascension. The new creators uphold true spiritual law and are also being cast at this time to uphold Tao based law. In so being, in time Terra will return to a state of law in which harmlessness may prevail.</p>	<p><i>I forgive my Grand Master ancestors for bargaining with the false creators and allowing them the use of their Grand Master field creating great karma in so being.</i></p> <p><i>I forgive the nature of creation that has splintered existence into light and dark, the light extending its life and the dark falling to extinction.</i></p> <p><i>I forgive those ancestors who exist upon Sirius today that continue to carry on in a light dream extending their lives and at the expense of all related to them upon Earth.</i></p> <p><i>I forgive my ancestors for falling into greater and greater forgetfulness due to the dance of the dark false creators.</i></p> <p><i>I intend to retrieve all my holographic knowledge from the false creators that stripped my inheritance over time.</i></p> <p><i>I intend to retrieve all the consensus knowledge stripped from Earth by the false creators and help her restore her consensus based holographic planes.</i></p> <p><i>I intend to cease to dance with the false creators or false gods and instead choose to dance with Earth, nature and her casted creators and angels.</i></p> <p><i>I intend to replace all the creators and angels in my field with those cast by Earth and allow a new type of guidance to flow through as a result that is supportive of my ascension ahead.</i></p>

COMBUSTION AND INCOMLETE ASCENSION	
LESSON	INTENTIONS
<p><b>8. It is acceptable to allow a group of false creators to guide you into false ascension leading to combustion and anchoring global fission thought-form.</b></p> <p>There were those who were born in the following generations related to the Grand Masters that had larger heads but were of red nation hologram and were generally also related to the package hosting very variant magnetism and fire element in genealogy. Those of this nature often went into great arrogance and were then misguided by false dark creators into false ascensions that when launched combust the physical body. Those who fell into the pattern of allowing guidance of the false creators were greatly arrogant and believed that they knew it all, just as the false creators believed that they also knew it all. They ceased to accept guidance from the elders in their larger headed communities, and preached what they believed gathering other larger headed humans who followed them to the same deadly fate. The combustions created greater karma for the larger headed inheritance than any other action due to all the damage to Terra's field.</p> <p>At this time the karma for human combustion is being compiled and forgiven. It has taken time for Earth to rise in vibration enough that the records of the time period of combustion could be gathered and reviewed. As the records are gathered, understood and forgiven, then the damage done to Terra's field can be repaired; and she will be better prepared to carry on in her ascent home into the new dream as well as home to the Tao. Those in human form are also gathering their personal ancestral records of combustion and choosing to forgive them at this time. As combustion is forgiven in full, then the pattern of false ascension can be put behind humanity and Earth alike.</p>	<p><i>I forgive my Grand Master relations that fell into such great arrogance that they knew better than their elders, and chose to lead movements that led to combustion and fission thought-form upon Earth.</i></p> <p><i>I forgive my Grand Master relations for failing to purify genealogies that were constructed of such variant fire element and magnetism that fission and combustion was the result of the attempted ascension.</i></p> <p><i>I forgive my Grand Master ancestors for following guidance that had no real interest or understanding of biological ascension to the fourth dimension, but had another agenda in the nonphysical that was non-conducive to life upon Earth.</i></p> <p><i>I forgive my Grand Master ancestors who combust for tearing at Terra's global energy field.</i></p> <p><i>I intend to cease to participate in any pattern associated with false ascension or the guidance related unto such movements.</i></p> <p><i>I intend to create as complete a biological ascension as I can in this lifetime.</i></p> <p><i>I intend to help Terra repair and reweave her field to the best that I am capable and in my own ascension so that she may self heal of the experience of combustion and fission in human history.</i></p>

## FISSION THOUGHT FORM

LESSON	INTENTIONS
<p><b>9. It is acceptable to allow the body to burn up in combustion anchoring fission thought-form and hatred that is cellular and global in so doing.</b></p> <p>The larger headed ancestors who combust were misled into ascending genetics that were best transmuted into other more resonant DNA that hosted harmonious magnetism and fire elements together. In ascending dissonant DNA, their fields became surrounded with veils of illusion that projected back non-truth and caused the misguidance of the false creators to align with what was perceived as so. As such, these humans were misled into burning up the body rather than ascending to another dimension of thought-form and fourth dimensional biology. The combustions anchored fission thought form within the cellular structure of all genealogies related which translates into cellular hatred, disease and ultimately warfare and discord in all of its variety of expressions in the human dream. The fission thought-form also became global in this experience leading to the ongoing breaking apart of Terra's field in the cycles to follow. The fission thought-form attracted a war dream that culminated in a nuclear annihilation at the end of the era of the Anu and Atlantis alike.</p> <p>At this time, the karma for how fission thought-form inflated into power during the false ascensions and combustions of humans, dolphins and whales misled by the false creators is being forgiven on the part of Terra. As the karma is released, humans will purify their genetics through generational ascension ahead to be as resonant as possible. In so doing, humans will ascend out of aging and disease, and move into a resonant dream that is peaceful and supports the whole of the consensus known as Earth in her choice to ascend.</p>	<p><i>I intend to forgive those Grand Master related ancestors that allowed themselves to combust their bodies due to incomplete ascension.</i></p> <p><i>I intend to forgive my Grand Master relations for creating so many veils of illusion due to ascending dissonant genealogies that they could be misled by the false creators into false ascension and combustion of the physical.</i></p> <p><i>I intend to forgive the pain that the combustions put into the cellular structure of all others related.</i></p> <p><i>I intend to forgive the cellular hatred and allow it to release from my etheric vessel to the degree that I can.</i></p> <p><i>I intend to replace the cellular hatred with the love of the Tao.</i></p> <p><i>I intend to forgive my ancestors for inflating fission thought-form upon Earth and in the human expression leading to nuclear warfare in later time periods.</i></p> <p><i>I intend to anchor global thought-form of unity, joy, and peace by ascending into increasingly resonant genetics each level of evolution mastered.</i></p> <p><i>I intend that fission thought-form be erased from the human and global energy flow and be replaced by new ascending thought-form of unity, peace, joy, love and truth.</i></p>



ASCENDING NON-RESONANT GENETICS	
LESSON	INTENTIONS
<p><b>10. It is acceptable to ascend genetics from other creations and alter the human dream and geometrical patterns in so doing.</b></p> <p>The larger headed human descendents that became arrogant chose to ascend Pleiadian genetics into dominion rather than cleansing such non-resonant genealogies through ascension. This anchored a Pleiadian dream upon Earth which attracted the family of Anu, a Pleiadian family to relocate unto Earth. Had the genetic patterns of Pleiadian DNA not been inflated, the Anu would have probably chosen another creation to strip mine of gold. The family of Anu was used collectively to move light or golden dreams and information from Earth unto the Pleiades along with the gold that they mined, and receive in return unconscious darkness and dark dreams that they anchored upon Earth. This is how the dream for nuclear annihilation came to exist upon Earth; however had there been no inflation of fission thought-form, the dream for nuclear annihilation would have been propelled into the unconscious rather than becoming a conscious and physical experience for Terra.</p> <p>At this time the karma for how Pleiadian thought-form was inflated through false ascension that has caused a Pleiadian dream to catch upon Earth is being forgiven. Most humans that are dissonant unto Earth at this time are of Pleiadian descent and carry on in a Pleiadian dream, fulfilling upon the same patterns of consumption of global resources and pollution along with war mongering as the Anu did when they were alive. As the karma for how Pleiadian dreams dominate upon Earth is forgiven in full, those of this nature shall complete their karma and perish in the times of cleansing ahead, giving birth to a new form of leadership and focus of unity along with rising consciousness within the human dream.</p>	<p><i>I intend to forgive those Grand Master related ancestors that inflated Pleiadian thought-form in their false ascensions allowing a Pleiadian dream to catch upon Earth.</i></p> <p><i>I intend to forgive those Grand Master related ancestors for inflating electrical sacred geometrical patterns due to false ascension of Pleiadian DNA and all the conflict that this has caused.</i></p> <p><i>I intend to forgive the Anu for being drawn unto Earth due to inflated Pleiadian patterns from those Grand Master relations who combust in vastly incomplete ascensions.</i></p> <p><i>I intend to forgive the Anu for sending light and golden dreams to the Pleiades and anchoring dreams of darkness and nuclear annihilation in their place.</i></p> <p><i>I intend to forgive those Grand Master related ancestors for inflating fission thought-form enough that a dream for nuclear annihilation could catch upon the physical plane.</i></p> <p><i>I intend that fission and combustion karma and all that at cause of the continued Pleiadian dream be forgiven in full so that a new dream of awakening and ascension home can catch ahead within the human species.</i></p>



FISSION THOUGHT-FORM AND DISEASE	
LESSON	INTENTIONS
<p><b>11. It is acceptable to ascend genetics from other creations that are so dissonant that fission occurs within the molecular structure leading to disease in future generations.</b></p> <p>The larger headed human descendents that combust inflated two types of languages within their genealogies and in their false ascensions that are extremely opposite in nature. In the Pleiadian language, love translates into hatred within the Sirian language. In inflating Pleiadian thought-form, hatred was also inflated and called a dream for warfare, abuse, conflict, judgment, pain, suffering, torture and travesty to be experienced by humanity. It also caused a dream for disease and shortened life span to catch. Many diseases are the result of combustion of the molecular structure that occurs when the thought-form related translates into hatred. Combust molecules translate into failing biological systems that cannot sustain their health, life or well being over time. Pleiadian DNA creates fission thought-form within the molecular structure of those who are primarily magnetic hosting Sirian DNA.</p> <p>As the Pleiadian DNA is transmuted in the act of ascension, diseases related to combusted molecules will cease to be in the human experience ahead. At this time Terra is forgiving how disease became so prevalent in her experience within the human species and nature alike. As all fission based karma is forgiven and released, all kingdoms will ascend out of any remaining foreign DNA including Pleiadian DNA, and all kingdoms shall cease to become ill or consume one another. Consuming another kingdom is equivalent to outer hatred or destroying another to survive. This too shall be left behind as Pleiadian thought-form is released in full and in the continued ascent ahead.</p>	<p><i>I intend to forgive those Grand Master related ancestors that inflated Pleiadian thought-form through false ascension that created hatred in the human experience.</i></p> <p><i>I intend to forgive those ancestors who became diseased due to a combusted molecular structure and fission thought-form in their DNA.</i></p> <p><i>I intend to forgive those ancestors who depressed their disease upon others turning their fission thought-form inside out.</i></p> <p><i>I intend to forgive those ancestors who embraced the fission thought-form of others and became diseased even though they had inherited more resonant DNA.</i></p> <p><i>I intend to forgive my ancestors for causing the nature kingdoms to experience fission thought-form as disease and consumptive behavior.</i></p> <p><i>I intend to forgive my ancestors for expressing fission thought-form as abuse, torture and warfare in the dance of life.</i></p> <p><i>I intend to forgive my ancestors for expressing fission thought-form in the consumption of Earth and in the consumption of flesh.</i></p> <p><i>I intend to transmute fission thought-form and the DNA at cause of the dissonance in my continued ascent ahead. I intend this also for my future ancestors ahead.</i></p>

GLOBAL HARM	
LESSON	INTENTIONS
<p><b>12. It is acceptable create a false ascension and combust causing great harm to the Earth Mother.</b></p> <p>The combustions of the larger headed humans ripped holes into Terra's aurora and energy flow; shattered and fragmented time; anchored dark false creators even more destructive than those that had been residing upon Earth up until this time; and sent Terra propelling downward in vibration so rapidly that she has yet to recover even at this time of global ascension. The land above the combustions caught on fire causing all kingdoms to burn up for thousands of miles. The harm created is great and there is great karma incurred in the experience of combustion. Not only larger headed humans were involved in the combustions; actually far more pods of whales and dolphins combust than humans over time. Regardless of how many combust, both fully conscious species share in the karma incurred as ascension was horribly misdirected into combustion on the part of the false creators. The karma can be forgiven now that the records of the occurrence of combustion are being gathered and compiled enough to release.</p> <p>At this time Terra is forgiving all fully conscious species for being misled into false ascension and combustion. Although Terra was not personally involved, nature was involved and was equally misled by the false creators as humans, dolphins and whales. The false creators will be removed as the karma is completed upon and as such the era of the dark that has plagued Earth since the arrival of the Grand Masters shall cease. Terra, as well as human map carvers, will be on to a new day of greater peace, understanding, forgiveness and joy. Terra is casting her own creators to replace those which are destructive to allow this to be so. The new creators will uphold the law in harmlessness.</p>	<p><i>I intend to forgive those Grand Master related ancestors who created false ascension and combust causing such great harm unto Terra.</i></p> <p><i>I intend to forgive the dolphin and whale kingdoms for falling into false ascension and combustion patterns along with my Grand Master related ancestors.</i></p> <p><i>I intend to forgive the nature kingdoms for also falling into false ascension and combustion patterns along with my Grand Master related ancestors.</i></p> <p><i>I intend that the karma for false ascension and combustion is forgiven absolute and complete.</i></p> <p><i>I intend to create a complete and thorough biological ascension to whatever level I may accomplish this lifetime.</i></p> <p><i>I intend that my future ancestors create as complete and thorough a biological ascension to whatever level that they may accomplish in their given lifetimes.</i></p> <p><i>I intend to undo and reverse any harm that remains upon Earth due to my ancestral combustions.</i></p> <p><i>I intend to cease to work with the false creators at cause of the misguidance of my ancestors.</i></p> <p><i>I intend to listen only unto Earth, nature and the Tao within for the guidance upon my path of ascension ahead.</i></p>

## ASCENSION AS CLIMBING THE DIMENSIONS

LESSON	INTENTIONS
<p><b>13. It is acceptable ascend to another dimension of thought-form without forgiving all the lessons associated with the dimension beneath.</b></p> <p>The original remaining Grand Masters chose to ascend to the fourth dimension believing that this is what ascension is; to return to a dimension of existence that one's ancestors once existed upon. Alas they ascended without fully clearing all their personal karma as the archives or records of karma from Sirius were missing upon Earth. They also stripped the outer Earth of elements and grid work in order to construct a fourth dimensional Earth, and without agreements or the support the consensus known as Terra. The end result was that incomplete ascensions were constructed in which a portion of the consciousness of the Grand Masters was left behind creating false gods that later misled other ascending aspirants into combustion.</p> <p>Ascension home to the Tao has been a missing recollection upon the part of the human species not only in this region of domain but also within the Great Central Sun. Ascension is not about climbing the dimensions as much as it is to do with returning home to the Tao through the gradual modification of thought-form to be fully Tao based. As all thought-form is restored to be Tao based, one simply steps out of the dream or illusion one has created with another thought-form and returns home to the Tao. This requires not ascension up the dimensions as much as restoring communication with the Tao so that one can be guided home from within. There is a movement now upon Earth and within the fully conscious species that offers Tao based guidance unto each for the homecoming ahead. So ascending humans, dolphins and whales and the Earth mother are redirecting themselves at this time for a homeward journey to the Tao within.</p>	<p><i>I intend to forgive the Grand Masters for becoming confused about the purpose of ascension and choosing to climb the dimensions rather than going home to the Tao.</i></p> <p><i>I intend to forgive the Grand Masters who damaged the outer Earth by drawing upon grid work and elements to construct a fourth dimensional plane of reality to ascend into.</i></p> <p><i>I intend to forgive the Grand Masters for failing to forgive all karma from Sirius as it was unknown at the time that they ascended.</i></p> <p><i>I intend to forgive the Grand Master ancestors for creating such an incomplete ascension that they left a large part of self behind that became a false god, and then went on to mislead yet other humans into vastly incomplete ascension and combustion.</i></p> <p><i>I intend to forgive the Grand Masters and all other humans upon all other dimensions including those within the Great Central Sun for failing to ascend into Tao based thought-form returning to the Tao at the end of each creational cycle.</i></p> <p><i>I intend to open to the Tao within and receive clear guidance to aid in the transformation of my thought-form increasingly into Tao based concepts.</i></p> <p><i>I intend that my future ancestors ascend home to the Tao from within.</i></p>

## SPIRITUAL LESSONS OF GURU EXPERIENCE

SUBORDINATION TO A FALSE GOD	
LESSON	INTENTIONS
<p><b>1. If a false god appears before you, agree to allow him to embody you and redirect your life to become a God that governs through spiritual teachings and accumulated wealth and power.</b></p> <p>Each of the guru archetypes had an apparition of a false god appear before them and felt so overwhelmed that they accepted the agreements to represent this god in the physical; who in exchange promised wealth, sex or whatever they wished to dream weave in exchange. As a result the gurus did indeed rise to power and rule over a large region in each time period they rose to power. The dream for the regions associated flourished for a time; and this was set in motion in polarity to a dream for great destruction to occur in other regions, and in some cases destruction that occurred for all of Earth in experiences of nuclear annihilation. The false gods and creators know how to manipulate polarity into extremes so that one extreme is expressed in one region and the other in the other region or for the whole of Earth. Therefore although the guru's reign appears benevolent and helpful or peaceful, in reality it is used to press other regions or Earth into extinction thought-form.</p> <p>At this time human map carvers and Terra alike have come to understand the dance of the false gods and their manipulation of polarity alike. They are learning to reweave and recast the dream surrounding Earth to move towards greater unity within the whole. In time polarity based thought-form shall be transmuted and as such, the extremes between regions will cease leading to world peace. As the guru karma is forgiven, then the dance of splintering light and dark between variant regions shall cease leading to a new day ahead.</p>	<p><i>I intend to forgive those ancestors who subordinated to a false god and rose into power as a guru.</i></p> <p><i>I intend to forgive those ancestors who blindly followed the guru and the false gods that they represented believing that the dance was helpful and benevolent in nature.</i></p> <p><i>I intend to forgive those ancestors who became gurus for not understanding the game themselves and how they accrued great karma for manipulating the polarity of the human dream into extremes through their reign.</i></p> <p><i>I intend to forgive the gurus of today whose following also propels certain regions into light dreams of prosperity and peace and then create in exchange dark dreams of torture and warfare elsewhere.</i></p> <p><i>I intend to forgive the world mirror of extreme polarity within myself.</i></p> <p><i>I intend to unify the two poles of extreme variant polarity within myself by modifying my genetics to be of one thought-form and language within.</i></p> <p><i>I intend to walk the middle path of peace, unity, joy, love and fulfillment, anchoring this as global thought-form for all humans to ascend into one day ahead.</i></p>



EXTREME ARROGANCE	
LESSON	INTENTIONS
<p><b>2. If a false god chooses you to embody and lead through, you must be god-like yourself and beyond repute.</b></p> <p>Each of the guru archetypes became extremely arrogant over time personifying the extreme arrogance of the false gods that the gurus embodied. Each felt that they were beyond repute and were the best possible leader in either a governmental and or spiritual sense. Each of these red nation archetypes associated became as a result as arrogant and self centered as the Anu in their given lives. As a result, arrogance in red nation thinking was launched, and as Rama and Thoth attempted to ascend themselves or a group of others, arrogance became global thought-form. The global thought-form created arrogance as a human predisposition that carries on to this day in all walks of life and not just amongst those of leadership or wealth in present time. Arrogance leads to believing that one knows it all, and from such a position, awakening, evolution, change are extremely difficult to launch.</p> <p>As the karma for the gurus is released through understanding and forgiveness, ascending humans will erase and replace the global thought-form of arrogance with the global thought-form of real humility, awareness, respect for Earth and nature, and the desire to understand and ascend "home" within. As this occurs, gurus will cease to rise to power and a new form of leadership will be born of many leaders in any group expressing variant gifts and talents while contributing unto the whole. Humans will move increasingly towards unity allowing each in the group to express and contribute. Humans will also focus inward listening to the Tao, nature and Earth within rather than to the false gods without; and as such find their way "home" to the Tao.</p>	<p><i>I intend to forgive those ancestors who became so arrogant that they believed themselves beyond repute.</i></p> <p><i>I intend to forgive those ancestors who followed those who were arrogant believing also that they were better than themselves or knew more than themselves in the dance of life.</i></p> <p><i>I intend to forgive those ancestors who rose to power as gurus and attempted to ascend, launching arrogance as global thought-form.</i></p> <p><i>I intend to forgive those ancestors who followed the gurus and their false gods in creating false ascension and also launching arrogance as global thought-form.</i></p> <p><i>I intend to cease to follow others and instead open to my own knowing within and follow the guidance of my own Tao within in all that I do.</i></p> <p><i>I intend to embrace another type of dance in which equality and unity and many types of leadership may come forth in group dynamics.</i></p> <p><i>I intend to inflate the equality and unity as well as a willingness to grow, understand and evolve into global thought-form so that humanity may awaken ahead and move in a new direction as a whole.</i></p>



MANIPULATION OF SLAUGHTER THOUGHT FORM	
LESSON	INTENTIONS
<p>3. If a false god says to slaughter and eat animals in spiritual rituals, then do so. If a false god says not to slaughter animals, then do not do so.</p> <p>Under the guidance of Sananda, the gurus either adapted the practice of slaughtering and consuming flesh or abstained for such practices becoming vegetarian and guiding others to do the same. The movement of slaughter thought-form of humans who were warring upon one another on to nature then created peace for humanity, but the nature kingdoms became consumptive with one another with one species eating the flesh of another in turn. Humans hailed the guru for creating peace, however the movement of slaughter thought-form upon nature set up Earth for another annihilation which occurred in the cycle to follow and the nuclear winter of Atlantis. In turn the gurus guided to cease to slaughter animals as spiritual ritual and become vegetarian, although it appeared as a peaceful thing to do, warfare karma returned to the human species so that they would go to war in the following cycle. In either case the false gods manipulated consumptive thought-form in one direction or another to lead to continued momentum downward and towards extinction upon Terra.</p> <p>At this time the karma for slaughter and warfare is being forgiven by those who are map carving ascension. As the karma is forgiven, there is no karma to depress upon nature to cause the continued annihilation of Earth; nor is there karma to press back upon humans to cause them to continue to war to the extreme of a nuclear annihilation. It is in the complete forgiveness of karma that the dance of moving karma about to create extreme polarity in one region over another or upon Earth as a whole shall cease ahead, leading to a day of greater peace and the awakening of the human species.</p>	<p><i>I intend to forgive those ancestors that became gurus and manipulated warfare karma by choosing to slaughter and eat animals in spiritual rituals while transferring warfare karma upon the nature kingdoms.</i></p> <p><i>I intend to forgive those ancestors who followed the gurus believing in what they said and who also chose to slaughter animals and eat flesh, while transferring warfare karma upon the nature kingdoms.</i></p> <p><i>I intend to forgive those ancestors who became gurus and led others to believe that slaughtering animals was wrong and to become vegetarian while transferring warfare karma back upon humanity so that they would go to war and create nuclear annihilation ahead.</i></p> <p><i>I intend to forgive those ancestors who blindly followed the gurus and became vegetarian but also were used to transfer warfare karma back upon humanity leading to a nuclear annihilation.</i></p> <p><i>I intend to forgive all karma in my inheritance including the karma for warfare and slaughter.</i></p> <p><i>I intend to become vegetarian fromf the love and respect of nature and Earth.</i></p> <p><i>I intend to inflate the thought-form of vegetarianism and the requirement to forgive all warfare karma in one's personal ascension as the real pathway to peace.</i></p>

## ACCUMULATION OF WEALTH AND POWER

LESSON	INTENTIONS
<p><b>4. If you are sincerely a god in human form, then you will have great wealth and power to lead and direct other humans or human civilization.</b></p> <p>Each of the guru archetypes either were born unto or acquired great fortune and power in their given lifetimes. The dream for amassing a fortune and having physical plane power was directed by the false gods that ensouled or over lighted the incarnation. The human themselves had no real power or dream outside of what was given to them via the false gods who stripped power and dream from those of Grand Master descent and the human species, giving it to the guru to appear all powerful and all knowing. Those who believed in the power and knowledge then gave of their wealth and followed the guru. The dreams stripped were taken from other regions that fell into great poverty and starvation or lack; or were taken from Earth who then lost so much dream that a global catastrophe of nuclear winter followed. Most of the power and dream stripped however were retained by the false gods to create other nonphysical planes elsewhere that they enjoyed while starving the physical plane of what it requires to subsist.</p> <p>At this time the ascending map carvers are taking back the dreams and power stripped through the gurus and false gods alike and restoring the holographic planes with information on power and dream weaving. Over time those of Grand Master inheritance will take back so much of the human power and dream that was stripped by the false gods that a new dream will be able to be woven and take hold for the whole of humanity. As this occurs the warfare and poverty related to extreme polarity will cease and unity will be born for the whole, and an awakening shall occur for the human species leading to a day of ascension ahead.</p>	<p><i>I intend to forgive those ancestors who became the gurus and gained great wealth and power from the false gods to propel them into their leadership role.</i></p> <p><i>I intend to forgive those ancestors who gave their power and dreams to the gurus and the false gods behind them.</i></p> <p><i>I intend to forgive those ancestors who lived a life of ease and comfort and the expense of others in other regions who suffered due to the polarity manipulations and associated loss of dream.</i></p> <p><i>I intend to forgive those ancestors who suffered in a loss of dream and power in their dream and the struggle that this caused to retain another region and set of ancestors in a life of ease.</i></p> <p><i>I intend to forgive those ancestors who allowed the global dream to be stripped causing Earth to have so little dream that nuclear annihilation was the result.</i></p> <p><i>I intend to retrieve all dreams given to the gurus and false gods in my current life and throughout time in my inheritance.</i></p> <p><i>I intend to retrieve all power given to the gurus and false gods in my current life and throughout time in my inheritance.</i></p> <p><i>I intend to empower a dream for ascension for myself and my future inheritance.</i></p>

LOSS OF GRAND MASTER HOLOGRAPHIC TRUTH	
LESSON	INTENTIONS
<p><b>5. If you are perceived as god and all knowing, it is all right to strip inherent information and knowledge from others with grand master genealogy.</b></p> <p>Each of the guru archetypes was used to strip those of Grand Master descent, taking of their inherent holographic information and transferring such knowledge to red nation holograms related to the gurus. Those of grand master descent lost more and more information on dream weaving along with power and information to ascend the biology over time. The dance continues with those of grand master lineages losing information and power to the gurus incarnate in present time. The entire dance of loss of holographic information goes back to a few red nation peoples that the Grand Masters attempted to ascend, and the unconscious inflated allowing for false gods to transfer information between holographic archives. The loss of information created confusion in future ascension to a point that real ascension could not take off, karma could not be released, the falls in consciousness could not be rectified, and those attempting to ascend became ill and died.</p> <p>At this time human map carvers and Terra alike are restoring the holographic planes returning information and power that belongs to the Grand Master archetypes; and forgiving the karma for how those who are incompetent at human leadership in a spiritual and evolutionary sense became powerful spiritual leaders in times past, leading those who followed astray. The real purpose of human spiritual leadership is to direct ascension and evolution home to the Tao and not to direct humanity in a manner that leads to wealth, power and fame. Those of Grand Master inheritance are restoring their truth to direct the evolutionary dream of oneself and humanity in so being.</p>	<p><i>I intend to forgive those ancestors who became gurus and were used by the false gods to strip those of grand master inheritance of their truth, information on ascension and dream weaving knowledge.</i></p> <p><i>I intend to forgive those ancestors related to the grand masters for giving of their holographic information and truth to the gurus and their false gods over time.</i></p> <p><i>I intend to cease to give of my holographic information, truth or dream weaving knowledge to the gurus that I know or have studied with in this lifetime.</i></p> <p><i>I intend to retrieve all holographic knowledge on truth, dream weaving and power back from the gurus and their inheritance throughout my ancestry.</i></p> <p><i>I intend to forgive those grand master relations who were used to strip the dream, truth and power of Terra.</i></p> <p><i>I intend to retrieve all the dream truth and power of Terra and restore it unto the consensus based holographic planes.</i></p> <p><i>I intend to cease to share of my holographic information with any other human of any archetype.</i></p> <p><i>I intend to use my knowledge to ascend and to aid in the ascension and dream weaving of the whole of Earth and my species.</i></p>

## ANNIHILATION OF EARTH THROUGH THE COLLECTIVE HUMAN DANCE

LESSON	INTENTIONS
<p><b>6. I allow the false gods to unite the following through me as guru so that the collective energies can be used to propel Terra to extinction.</b></p> <p>Each guru allowed the false gods to unite them and their following into a collective unconscious dance that was harmful not only to humans but also Earth. The false gods ran their wars upon one another through the collective unconscious of those united under their jurisdiction, causing humans to become ill or die in so doing. The collective warfare between false gods was amplified and then used to shatter the nature kingdoms and their dream to further expand upon the human dream upon Earth. This is how over time humans have come to over breed and then over run the natural habitat of other kingdoms leading to their extinction. This is recurring again in present time where the false gods again have united many groups in the metaphysical movement and have been stripping the natural world dream leading to increasing numbers of humans that Terra cannot sustain as it costs her too many resources.</p> <p>At this time, the false gods are being suppressed and diminished and removed from human dominion. Over time this shall cause the human dream to shrink and the times of cleansing take hold, minimizing the numbers to a sustainable group that will not plunder Terra leading to her extinction. A holographic retraction has been launched and this will cause a retraction of those humans that are not consciously ascending and contributing to the ascent of whole. In time there will only be those left that choose to contribute to the ascension of humankind and Earth alike. This is coming in the next 100 years of cleansing ahead and a new day shall be born thereafter.</p>	<p><i>I intend to forgive those ancestors who became gurus and were used to unite the collective unconscious of their following in a manner that wars between false gods could be run through the fields of the following.</i></p> <p><i>I intend to forgive those ancestors who became ill due to the false god wars run through the gurus and their following.</i></p> <p><i>I intend to forgive those ancestors who contributed to the stripping of the natural world dream as a united collective related to the gurus and their following.</i></p> <p><i>I intend to forgive how the expanding human dream depleted the natural world order causing extinction of many species both now and throughout history.</i></p> <p><i>I intend to forgive how my species over bred due to the expansion of human dreams on the part of the false gods and their gurus.</i></p> <p><i>I intend to have just the right number of humans related to my hologram that survive and contribute to the ascension of my species and Earth alike.</i></p> <p><i>I intend more of my ancestry awaken and consciously choose to ascend and support global ascension as well as direct their dream "home" to the Tao.</i></p>



## SUMMARY

This chapter is about the real lessons of those of Grand Master inheritance at this time within the ascension movements. The lessons are heavy and difficult and painful to hear for many within SSOA and those studying this information alike. The pain is only the understanding that humans have contributed to a very difficult dance of annihilation due to forces driving Earth to extinction so that other creations can be extended for a time in their dance of love and light. The real underlying cause of all of this experience is even greater perhaps than we have shared, and involves the Tao and creators outside of this region of domain that experimented with thought-form that led to this experience. This is the Tao's karma, and the Tao is taking responsibility for its karma and in the clearing of what is here and what is there through forgiveness that has contributed to all the destruction, the self healing can begin for all associated. The self healing has begun; and self healing cannot occur unless there is understanding, and in the understanding, one chooses to forgive all parties for what each has caused in the dance of life.

Forgiveness is not just an intention; it is an act of love. One must love one's ancestors who danced any particular dance even if it turned out terribly destructive, and then in the love of what appears to be unlovable, forgiveness takes flight. In the forgiveness, the slates of karmic debt are wiped clear, and in absolute forgiveness, the karma is cleared all the way up the dimensions and into the Great Central Sun where some patterns began long ago and before Terra fell out of its dream. Now we return to the dream of the Great Central Sun, and before we can accomplish this goal, all karma accrued outside of its experience must be forgiven. As all is forgiven, then we can return, and then we can begin to work upon the karma at cause of why any creation leaves its dream. This too is a part of the future ascension "home" into the new dream, and ultimately "home" to the Tao.

The Tao is where all came from and what all shall return to, even after a long journey into forgetfulness that has occurred for eons of time. It matters not how long we have forgotten, only that we remember and only that we return "home". Home is not a fantasy nor is it some place to go to after death that is offered up by the false gods. Home is an internal place known as the "Core of the Tao" where one's consciousness originated from; and it is also the place where your consciousness returns unto after each experience has been completed upon throughout time and space and form. It matters not how long we forget to return; the core of the Tao has infinite patience and is awaiting our return; awaiting our understanding; awaiting our experience, so that all that has been created here can be understood and forgiven, and contribute to the continued evolution of the Tao.

No one can direct you home to the Tao other than you; no one can open you to the connection and communion to your personal Core of the Tao other than you. Those of Grand Master hologram appear to have a connection remaining to the Tao within. Many other holograms do not have this holographic connection; however this does not mean that it cannot be constructed through intention. And so we will turn our attention now to helping those of red nation hologram in



particular in constructing a connection to the Tao within so that guidance may flow through to each that chooses to ascend ahead, regardless of archetypal predisposition. As those of Grand Master holographic inheritance find their connection to the Tao within, it will be easy to direct the holographic planes into constructing parallel connections for all other holograms. So this too is a future possible dream we perceive ahead as the map carvers carry on in your carving; creating the pathway next to Mahavihsnu level evolution (15,000 strands embodied).

For those that have taken the time and trouble to digest this information, we thank you for bringing to consciousness the spiritual lessons underway through ascension of the human species, nature and Earth alike at this time. We thank you for intending to forgive and hope that you come to understand enough within to allow this to take hold for your genealogy. We invite you to carry on in your ascension returning to the chapters of this workbook along with workbook I whenever needed to highlight the next layer of patterning to release. This is the purpose of these materials.

Terra recognizes that there are not many ready for this information yet at this time. The indigos and pale indigos as they mature in the coming decade or so will be more attracted to this information, mostly because they have been seeded with agreements to study with the Earth Mother. Some may study this information and never attend an event ahead; many others may join us as the times of cleansing begin to gain a better understanding of all the shifts in the human dream, and to work with a group of humans learning to consciously direct their dream in a new direction that may have little to do with the trauma in the current world mirror. We invite you to join us ahead if you feel so called within.

There are many in our association that have studied with Mila and Oa a long time that offer consultations if you find yourself in need of support in working with these materials. Please see the web site [www.ascendpress.org](http://www.ascendpress.org) and the "consultations" section for more information. Some of those offering healing will step out to teach workshops of their own. Many also co-direct our Masters Conclave events each year. See our "events" section on the web site for more information.

Mila and Oa offer guided audio meditations that help in the karmic release, retrieving lost knowledge and mastering new energy flow in ascension. See the "products" section of the web site for more information. Mila and Oa will continue to bring through new information from nature, Earth and the Heart of the Tao. Stay tuned to the web site for the latest explorations within the movement of ascension ahead.

Many blessings upon your continued journey  
Namaste  
The Earth Mother



*For each that is willing to walk this path  
Forgiving each ancestor who without awareness  
Caused the demise of Terra and humanity alike  
A new day ahead may be born  
In which a restoration of full consciousness becomes possible  
Not only for the human species  
But for each kingdom upon earth  
And also a return journey then becomes possible  
Into the New Dream and home to the Tao  
And so I thank you . . .*

*Namaste  
The Earth Mother*

*Special thanks to  
Anne Collins and Brigitte Rondeau for the art offered in this workbook  
Please see the web site and Community Products section for more information*